

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mr. Nikhil Bodele Date: 8/3/24

Age: 41y Sex: M/F Weight: 71.1 kg Height: 164.3 inc BMI: 26.3

BP: 136/86 mmHg Pulse: 68/m bpm RBS: _____ mg/dl
SpO2: 99%

41/M

- LDL - 137
- Non HT
- Non DM
- FH - Mother - HT, DM

Inr → moved

OLE

JVP°

Cx
ly
P/A / N

Adv.

- Diet control
- Daily exercise
- weight reduction
- Rpt. FLP after 3mths
- R/A 3mths

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant Non Invasive Cardiology
Reg. No.: 2014/01/0113

Name: Mr. Nikhil Badele Date: 08.03.24

Age: 41yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

PMH :- Nil.

O/E Mild calculus
Stain

RP: 6+

Deep caries: 7+

H/O Rec, Amalgam restoration, Dislodged cap: 7+

Adv - scaling

Topa X Ray 7+

Vishu



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NIKHIL BODELE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:45 am	Report Date : 08-Mar-24 11:36 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.3	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		45.4	40.0 - 50.0 %	Calculated
RBC Count		5.66	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		80	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.9	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.6	31.5 - 35.0 g/l	Calculated
RDW		15.1	11.5 - 14.0 %	Calculated
Platelet count		287	150 - 450 10^3 /cumm	Impedance
WBC Count		5700	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	47.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	46.2	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.0	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	4.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	2718.9	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NIKHIL BODELE **Age / Gender** : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:45 am **Report Date** : 08-Mar-24 11:36 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2633.4	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		114	20 - 500 /cumm	Calculated
Absolute Monocyte Count		233.7	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		02	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NIKHIL BODELE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:44 am	Report Date : 08-Mar-24 11:30 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	96	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		106	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HbA1c)

HbA1c	5.3	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
--------------	-----	--	------

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NIKHIL BODELE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:45 am	Report Date : 08-Mar-24 11:30 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	221 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		135 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		39 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		137.18 < 100 mg/dl	Enzymatic
VLDL Cholesterol		27 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		6 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk>20%		<100
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190,optional at 160-189
		<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NIKHIL BODELE
Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:45 am
Report Date : 08-Mar-24 11:30 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.71	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.15	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.56	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		54	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		33	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		29	15 - 40 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.41	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.45	3.5 - 5.0 gm/dl	Calculated
Globulin		2.96	2.0 - 4.0 gm/dl	
A/G Ratio		1.5		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NIKHIL BODELE **Age /Gender** : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:45 am **Report Date** : 08-Mar-24 11:30 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	18	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		1.1	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		86.5	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		141	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.62	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NIKHIL BODELE **Age /Gender** : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:45 am **Report Date** : 08-Mar-24 11:30 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
THYROID PROFILE				
T3	Serum	1.24	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.06	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.83	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)		0.570	< 4 ng/ml	Enhanced chemiluminenscence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NIKHIL BODELE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 12:27 pm	Report Date : 08-Mar-24 01:56 pm

URINE SUGAR

Parameter

Urine Glucose

NOTE:

Result Values

Negative

urine sugar post meal

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100908

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS, MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NIKHIL BODELE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 10:28 am	Report Date : 08-Mar-24 12:44 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>		<u>Method</u>
<u>PHYSICAL EXAMINATION</u>				
Volume	Urine	20 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<u>CHEMICAL EXAMINATION</u>				
Reaction (pH)		5	4.6 - 8.0	Indicators
Specific gravity		1.015	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	
Urobilinogen		Normal	Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>				
Epithelial Cells		0-1	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	
Pus Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NIKHIL BODELE	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 10:28 am	Report Date : 08-Mar-24 12:44 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100908

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. NIKHIL BODELE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324083288/UMR2324039828	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Mar-24 09:45 am	Report Date : 08-Mar-24 12:29 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" A "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	NIKHIL BODELE	STUDY DATE	08-03-2024 11:34:40
AGE/ SEX	41Y 1D / M	HOSPITAL NO.	UMR2324039828
ACCESSION NO.	BIL2324083288-17	MODALITY	DX
REPORTED ON	08-03-2024 12:53	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.

PATIENT NAME:	MR. NIKHIL BODELE	AGE /SEX:	41Y/M
UMR NO:	2324039828	BILL NO:	2324083288
REF BY	DR. VIMMI GOEL	DATE:	08/03/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. Wt. 19.7 gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant abnormality seen.

Suggest clinical correlation / further evaluation.



DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

Report prepared by Farzana (MT)

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Nikhil, Bodele
Patient ID: 039828
Height:
Weight:
Study Date: 08.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 18.03.1982
Age: 41 yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

Nil

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:47	0.00	0.00	80	130/80	
	STANDING	00:01	0.00	0.00	82		
	WARM-UP	00:12	1.00	0.00	81		
EXERCISE	STAGE 1	03:00	1.70	10.00	113	130/80	
	STAGE 2	03:00	2.50	12.00	134	140/80	
	STAGE 3	02:54	3.40	14.00	169	140/90	
RECOVERY		01:00	0.00	0.00	131	140/80	
		02:00	0.00	0.00	110	130/80	
		00:39	0.00	0.00		130/80	

The patient exercised according to the BRUCE for 8:53 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 77 bpm rose to a maximal heart rate of 169 bpm. This value represents 94 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 140/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: Insignificant ST-T changes seen.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Insignificant ST-T changes seen.

Dr. Vimmi Goel
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg. No.: 2014/01/0113

MR NIKHIL BODELE
Male

41 Years

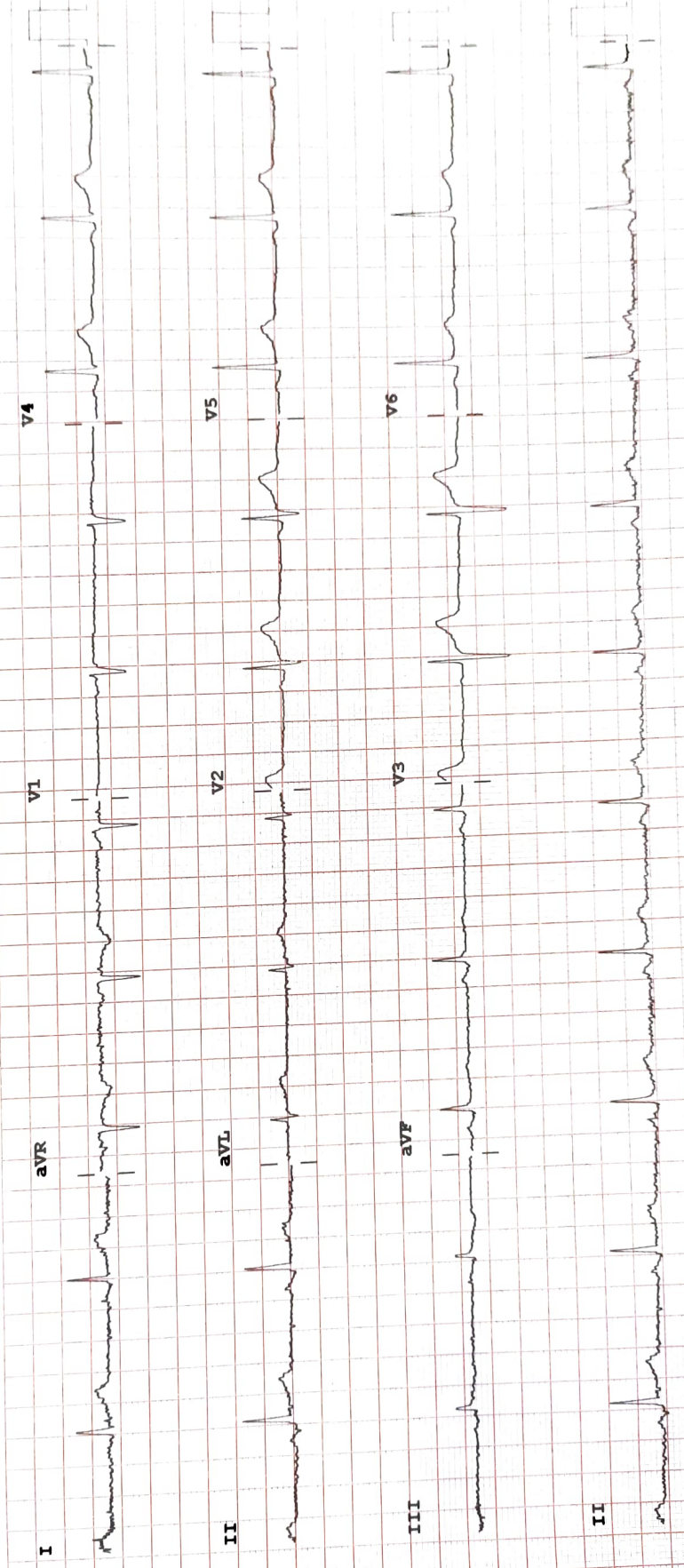
Rate 60 Sinus rhythm.....normal P axis, V-rate 50-99
 PR 153 Abnormal R-wave progression, early transition.....QRS area>0 in V2
 QRSD 79 ST elevation suggests acute pericarditis.....ST >0.05mV, ant/lat/inf
 QT 387
 QTc 387

--AXIS--
 P 59
 QRS 52
 T 20

12 Lead; Standard Placement

Unconfirmed Diagnosis

- ABNORMAL ECG -



Device:
 Speed: 25 mm/sec
 Limb: 10 mm/mV
 Chest: 10.0 mm/mV
 F 50~ 0.50-150 Hz W 100B CL? P?
 PHILIPS

RECUPERM3700A