

Patient Name : Mr. Nitish Nayan Age/Gender : 31 Y/M

UHID/MR No.

: CVIM.0000237821

.

Sample Collected on LRN#

: RAD2270804

Ref Doctor : SELF **Emp/Auth/TPA ID** : 395027

OP Visit No

: CVIMOPV596882

Reported on

: 18-03-2024 11:06

Specimen

.

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

X-RAY CHEST PA

Trachea appears normal.

Both the lung fields are clear.

Cardiac shadows appear apparently normal.

Both domes of diaphragm appear normal.

Both costophrenic angles are clear.

Bony thoracic cage shows no deformity. Visualised bones appear normal.

Soft tissues appear normal.

Impression: Essentially Normal Study.

Dr. PREETI P KATHE
DMRE, MD, DNB

Radiology



Plan

Name : Mr. Nitish Nayan

Age: 31 Y

Sex: M

Address: pune

: ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN

INDIA OP AGREEMENT

UHID:CVIM.0000237821

OP Number: CVIMOPV 596882 Bill No :CVIM-OCR-63628

Date: 17.03.2024 09:45

Sno	Serive Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY	72324
	GAMMA GLUTAMYL TRANFERASE (GGT)	
2	2 D ECHO	
3	LIVER FUNCTION TEST (LFT)	
4	GLUCOSE, FASTING	
5	HEMOGRAM + PERIPHERAL SMEAR	
(DIET CONSULTATION	
	COMPLETE URINE EXAMINATION	
8	URINE GLUCOSE(POST PRANDIAL)	
9	PERIPHERAL SMEAR	
10	ECG	
11	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
12	DENTAL CONSULTATION	
13	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
14	URINE GLUCOSE(FASTING)	
15	HbA1c, GLYCATED HEMOGLOBIN	
16	X-RAY CHEST PA	
17	ENT CONSULTATION	
18	FITNESS BY GENERAL PHYSICIAN	
19	BLOOD GROUP ABO AND RH FACTOR	
20	LIPID PROFILE	
21	BODY MASS INDEX (BMI)	
22	OPTHAL BY GENERAL PHYSICIAN	
23	ULTRASOUND - WHOLE ABDOMEN	
24	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I had	OF WEDICAL FITNESS
This is to certify that I have conducted to	he clinical examination
After reviewing the medical history and one/she is	on 17/03/24

After reviewing the medical history and on clinical examination it has been found that

	examination it has been found that	
• Medically Fit		Ti
• Fit with root		-
 Fit with restrictions/recommendations 		V
Though following roots:		-
Though following restrictions have been reveal impediments to the job.	led, in my opinion, these are not	
4.000	,	
3	,	
2		
January and the state of the st		
However the employee should follow the advice/communicated to him/her.	medication that has been	
Review after		
• Currently Unfit.		
Review after		\dashv
Unfit	recommended	
	Dr. Archana V. MBBS	\dashv
	Registration No. 103429	

Dr. Medical Officer

The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes



MR NO

CVIM.0000237821

Department

Doctor

: GENERAL

Name

: Mr. Nitish Nayan

Registration No

Age/ Gender

: 31 Y / Male

Qualification

Consultation Timing:

09:43

Height: 150 W	Weight: C 9	DM 21)	
Temp: 97 P	Pulse: 90	BMI: 24 Resp: 20	Waist Circum:
General Examination / Allergies	S Clinia at Di		B.P: 120/80

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature





Temp:	Teight: 59 BMI: Waist Circum:
General Examination / Allergies	

History

Clinical Diagnosis & Management Plan

Em gaminater L

Follow up date:

Doctor Signature

Whatsapp Number: 970 100 3333 Toll Number : 1860 500 7788 Website

: www.apolloclinic.com

EYE EXAMINATION

DATE: 77/3

MOBILE NO: -)

CORPORATE:-

		The state of the s
	Right Eye	Left Eye
Distant vision	6/6	6/6
Near vision	N/6	N/6
Color vision	Normal	Normal
Fundus examination	Hormal	Normal
Intraocular pressure	Normal	Normal
Slit lamp exam.	Normal	Normal

Speaks

Impression - Normal Eye Check Up.

(,U; (D)

(Ophthalmology)

Ast Snot En

The Apollo Clinica DR. NV. D. ALAVANTO

-2.55b

MBBS, DO.WS.

COT LIG TYO SUIGOT Ref. - U.S. 30319



V6 V5	F VI. Limb: 10 mm/mv Chest: 10	IIII IIII Speed: 25 mm/seed
Uniconfirmed Diagnosis V4	AND	
	- BORDERLINE ECG -	AXIS P 62 QRS 71 T 37 12 Lead; Standard Placement
Normal P axis, V-rate 50- 99	rtrial enlargementrin lead(s) I,III,aVL,aVF,V1,V2,V3,V4,	Rate 82 Sinus rhythm PR 124 Probable left at QRSD 76 QT 347 QTC 406
17-Mar-24 11:45:27 AM	nitish nayan(v n) Male	31 Years







: Mr.NITISH NAYAN

Age/Gender

: 31 Y 6 M 8 D/M

UHID/MR No

: CVIM.0000237821

Visit ID

: CVIMOPV596882

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 395027

Collected

: 17/Mar/2024 12:10PM

Received

: 17/Mar/2024 04:22PM

Reported

: 17/Mar/2024 06:00PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

RBC's are Normocytic Normochromic WBC's are normal in number and morphology Platelets are Adequate No hemoparasite seen.

Page 1 of 12

DR. MANISH T. AKARE M.B.B.S, MD(Path.) Consultant Pathologist

SIN No:BED240072377

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

legd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | Nyw.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

elangana: **Hyderabad** (AS Rao Nagar | Chanda Nag









: Mr.NITISH NAYAN

Age/Gender

: 31 Y 6 M 8 D/M

UHID/MR No Visit ID

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name HEMOGRAM , WHOLE BLOOD EDTA	Result	Unit	Bio. Ref. Range	Method
HAEMOGLOBIN	45.4			The state of the s
PCV	15.1	g/dL	13-17	Spectrophotometer
PPC COLINE	44.00	%	40-50	Electronic pulse &
RBC COUNT	4.86	Million/cu.mm		Calculation
MCV	90.7		1.0 0.0	Electrical Impedence
MCH	31.2	fL	83-101	Calculated
MCHC	34.4	pg	27-32	Calculated
R.D.W	14.3	g/dL	31.5-34.5	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	0.040	%	11.6-14	Calculated
DIFFERENTIAL LEUCOCYTIC COUNT	(DLC)	cells/cu.mm	4000-10000	Electrical Impedance
NEUTROPHILS				in podance
LYMPHOCYTES	57.5	%	40-80	Flectrical Impact
EOSINOPHILS	31.2	%	20-40	Electrical Impedance
MONOCYTES	1.1	%	1-6	Electrical Impedance
BASOPHILS	9.7	%	2-10	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT	0.5	%	<1-2	Electrical Impedance
NEUTROPHILS				Electrical Impedance
-YMPHOCYTES	3588	Cells/cu.mm	2000-7000	
EOSINOPHILS	1946.88	Cells/cu.mm		Calculated
MONOCYTES	68.64	Cells/cu.mm	1000-3000	Calculated
BASOPHILS	605.28	Cells/cu.mm	20-500	Calculated
	31.2	Cells/cu.mm	200-1000	Calculated
leutrophil lymphocyte ratio (NLR)	1.84	00110704.111111	0-100	Calculated
LATELET COUNT	219000	cells/cu.mm	0.78- 3.53	Calculated
RYTHROCYTE SEDIMENTATION ATE (ESR)	7	mm at the end	150000-410000	Electrical impedence
RIPHERAL SMEAR		of 1 hour	0-15	Modified Westergren
C's are Normocytic Normochromic				

WBC's are normal in number and morphology

Platelets are Adequate

Page 2 of 12

DR. MANISH T. AKARE M.B.B.S, MD(Path.) Consultant Pathologist

SIN No:BED240072377

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Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | yww.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744 slangana: **Hyderabad** (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | N











: Mr.NITISH NAYAN

Age/Gender

: 31 Y 6 M 8 D/M

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Ref Doctor

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: 17/Mar/2024 12:10PM

Received

: 17/Mar/2024 04:22PM

Reported

: 17/Mar/2024 06:00PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

No hemoparasite seen.

Page 3 of 12



DR. MANISH T. AKARE M.B.B.S, MD(Path.)

Consultant Pathologist

SIN No:BED240072377

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab pollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

d. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 j w.apoilohl.com | Email ID: enquiry@apoilohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744 ngana: **Hyderabad** (AS Rao Nagar i Ch

Nyati Millenium Premises, Cooperative Society Limited, Shop No.S1 & Stilt Floor, Building "C", Viman Nagar, Pune, Maharashtra, India - 411014

1860 500 7788







Patient Name Age/Gender

: Mr.NITISH NAYAN

UHID/MR No

:31 Y 6 M 8 D/M

Visit ID

: CVIM.0000237821 : CVIMOPV596882

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 395027

Collected

Received Reported

: 17/Mar/2024 12:10PM

: 17/Mar/2024 04:22PM

Status

: 17/Mar/2024 06:41PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA Unit Bio. Ref. Range BLOOD GROUP TYPE Method Rh TYPE Microplate Positive Hemagglutination Microplate Hemagglutination

Page 4 of 12



DR. MANISH T. AKARE M.B.B.S, MD(Path.) Consultant Pathologist

SIN No:BED240072377

gana: Hyderabad (AS R

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab ollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

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: Mr.NITISH NAYAN

Age/Gender UHID/MR No

:31 Y 6 M 8 D/M

Visit ID

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Ref Doctor

: Dr.SELF

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: 395027

Collected

Received

: 17/Mar/2024 12:10PM

: 17/Mar/2024 04:35PM

Reported Status

: 17/Mar/2024 04:54PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name GLUCOSE, POST PRANDIAL (PP), 2 HOURS . SODWATEL (PP), 2	Result	Unit	Die D	
HOURS, SODIUM FLUORIDE PLASMA	90	mg/dL	Bio. Ref. Range	Method
Comment:		···g/uL	70-140	HEXOKINASE
It is recommended that EDG				

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 12



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:PLP1432965







: Mr.NITISH NAYAN

Age/Gender

: 31 Y 6 M 8 D/M

UHID/MR No Visit ID

: CVIM.0000237821 : CVIMOPV596882

Ref Doctor

Emp/Auth/TPA ID

: Dr.SELF : 395027

Collected

: 17/Mar/2024 12:10PM

Received Reported

: 17/Mar/2024 04:25PM : 17/Mar/2024 07:01PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name				
HBA1C (GLYCATED HEMOGLOBIN) 14/4	Result HOLE BLOOD EDTA	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN ESTIMATED AVERAGE GLUCOSE (eAG)	5.7	%		HPLC
Comment:	117	mg/dL		Calculated

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	defation (ADA) 2023 Guidelines:	
NON DIABETIC	HBA1C %	Andrew or Association of the
PREDIABETES	<5.7	
DIABETES	5.7 – 6.4	
DIABETICS	≥ 6.5	
EXCELLENT CONTROL	the state of the s	
FAIR TO GOOD CONTROL	6 – 7	
JNSATISFACTORY CONTROL	7-8	
OOR CONTROL	8 – 10	
Note: Dietary preparation or fasting is not requi	>10	THE RESERVE AND

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 12

DR. MANISH T. AKARE M.B.B.S, MD(Path.) Consultant Pathologist

SIN No:EDT240033209

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab oollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

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: Mr.NITISH NAYAN

Age/Gender

: 31 Y 6 M 8 D/M

UHID/MR No

: CVIM.0000237821

Visit ID

: CVIMOPV596882

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 395027

Collected

: 17/Mar/2024 12:10PM

Received Reported

: 17/Mar/2024 04:44PM : 17/Mar/2024 06:00PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

v.			
Result	Unit	Bio. Ref. Range	Method
0.56	mg/dL	0.3-1.2	DPD
	mg/dL	<0.2	DPD
		0.0-1.1	Dual Wavelength
24.9	U/L	<50 <50	IFCC
75.00	117		IFCC
			IFCC
			Biuret
2.89			BROMO CRESOL GREEN
1.42	g/dL	0.0.0.0	Calculated Calculated
	0.56 0.09 0.47 30.39 24.9 75.00 6.99 4.10	0.56 mg/dL 0.09 mg/dL 0.47 mg/dL 30.39 U/L 24.9 U/L 75.00 U/L 6.99 g/dL 4.10 g/dL	Result Unit Bio. Ref. Range 0.56 mg/dL 0.3–1.2 0.09 mg/dL <0.2

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2. 2. Cholestatic Pattern:
- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels.• Correlation with PT (Prothrombin Time) helps.

Page 7 of 12

DR. MANISH T. AKARE M.B.B.S, MD(Path.)

Consultant Pathologist

SIN No:SE04665400

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab pollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

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Patient Name Age/Gender

: Mr.NITISH NAYAN

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:31 Y 6 M 8 D/M : CVIM.0000237821

Ref Doctor

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: Dr.SELF Emp/Auth/TPA ID : 395027

Collected

: 17/Mar/2024 12:10PM

Received Reported

: 17/Mar/2024 04:44PM : 17/Mar/2024 06:00PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

				TOTA - FY2324
Test Name RENAL PROFILE/KIDNEY FUNCTION CREATININE	Result	Unit	D:	
BLOOD UREA NITROGEN	0.85 19.96	mg/dL mg/dL	Bio. Ref. Range	Method Modified Jaffe, Kineti
URIC ACID CALCIUM PHOSPHORUS, INORGANIC	9.3 6.48 9.28	mg/dL mg/dL mg/dL	17-43 8.0 - 23.0 3.5-7.2	GLDH, Kinetic Assay Calculated Uricase PAP
SODIUM POTASSIUM	3.20 141.02	mg/dL mmol/L	2.5-4.5 Arsenazo III Phosphomol	
CHLORIDE PROTEIN, TOTAL ALBUMIN	4.0 104.62 6.99	mmol/L mmol/L	136-146 3.5-5.1 101-109	ISE (Indirect) ISE (Indirect)
GLOBULIN	4.10	g/dL g/dL	6.6-8.3	ISE (Indirect) Biuret
A/G RATIO	2.89 1.42	g/dL	2.0-3.5	BROMO CRESOL GREEN Calculated
				Calculated

Page 8 of 12

DR. MANISH T. AKARE M.B.B.S, MD(Path.) Consultant Pathologist

SIN No:SE04665400

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Reported

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Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name

GAMMA GLUTAMYL TRANSPEPTIDASE (GGT), SERUM Result

21.27

Unit U/L

Bio. Ref. Range

Method

<55

IFCC

Page 9 of 12

DR. MANISH T. AKARE M.B.B.S, MD(Path.) Consultant Pathologist

SIN No:SE04665400

elangana: Hyderabad (AS R

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab Apollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744 APOLLO CLINICS NETWORK









: Mr.NITISH NAYAN

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: Dr.SELF : 395027

Collected

: 17/Mar/2024 12:10PM

Received

: 17/Mar/2024 04:34PM

Reported Status

: 17/Mar/2024 05:31PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name				
THYROID PROFILE TOTAL (T3, T4, TSH), TRI-IODOTHYRONINE (T3, TOTAL)	Result SERUM	Unit	Bio. Ref. Range	Method
THIROXINE (T4. TOTAL)	0.94 11.13	ng/mL	0.7-2.04	CLIA
THYROID STIMULATING HORMONE (TSH)	1.7340	µg/dL µIU/mL	5.48-14.28	CLIA
Comment:			0.34-5.60	CLIA

For pregnant female	S	Bio Ref Range for TS	H in uIU/ml (As per American
First trimester		Thyroid Association)	(13 per American
Second trimester		0.1 - 2.5	
hird trimester		0.2 - 3.0	The second secon
TSH is a glycoprotei	n hormone secreted by the anterior	0.3 - 3.0	the course is when he may be made at the department of the same and improve a second

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine).
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thursid
High	N	N	N	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement
N/Low	Low	Low	Low	Therapy. Secondary and T.
ow	High	High	High	Secondary and Tertiary Hypothyroidism Primary Hyperthyroidism
ow	N	N	N	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy Subclinical Hyperthyroidism
ow	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
OW	N	High	High	Thyroiditis, Interfering Antibodies
Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
igh	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 10 of 12



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:SPL24048590

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | ppollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744 ana: **Hyderabad** (AS Rao Nagar | Chanda Nagar | Kondapur | Nallak









: Mr.NITISH NAYAN

Age/Gender UHID/MR No

:31 Y 6 M 8 D/M

Visit ID

: CVIM.0000237821

Ref Doctor

: CVIMOPV596882

Emp/Auth/TPA ID

: Dr.SELF : 395027

Collected

: 17/Mar/2024 12:10PM

Received

: 17/Mar/2024 04:17PM

Reported Status

: 17/Mar/2024 04:43PM

Sponsor Name

: Final Report

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result				
COMPLETE URINE EXAMINATION (CUE)	LIDING		Unit	Bio. Ref. Rang	Α
PHYSICAL EXAMINATION	, ORINE				e Method
COLOUR					
TRANSPARENCY	PALE YELLOW			DALE	
рН	CLEAR			PALE YELLOW	Visual
SP. GRAVITY	7.0			CLEAR	Visual
BIOCHEMICAL EXAMINATION	>1.025			5-7.5	DOUBLE INDICATOR
URINE PROTEIN				1.002-1.030	Bromothymol Blue
THOTEIN	NEGATIVE				
GLUCOSE	_			NEGATIVE	PROTEIN ERROR OF
URINE BILIRUBIN	NEGATIVE			NI	INDICATOR
	NEGATIVE			NEGATIVE	GLUCOSE OXIDASE
URINE KETONES (RANDOM)				NEGATIVE	AZO COUPLING
	NEGATIVE			NEGATIVE	REACTION
UROBILINOGEN	MODALL	A		NEGATIVE	SODIUM NITRO
BLOOD	NORMAL	ſ,		NORMAL	PRUSSIDE
NITRITE	NEGATIVE			TOTAL	MODIFED EHRLICH
	NEGATIVE			NEGATIVE	REACTION Peroxidase
LEUCOCYTE ESTERASE	NEGATIVE			NEGATIVE	
CENTRIFLIGED SERVICE	HEORIVE			NEGATIVE	Diazotization
CENTRIFUGED SEDIMENT WET MOUNT AN	ND MICROSCOP	,			LEUCOCYTE ESTERASE
	2 - 3				- OTEIVAGE
EPITHELIAL CELLS	1-2	/h	of	0-5	Mioro
RBC		/hj	of		Microscopy
CASTS	NIL	/hp	of	0.0	MICROSCOPY
CRYSTALS	NIL			0.211	MICROSCOPY
	ABSENT			ADOLLI	MICROSCOPY
				, DOLIVI	MICROSCOPY

Page 11 of 12



DR. MANISH T. AKARE M.B.B.S, MD(Path.)

Consultant Pathologist SIN No:UR2308260

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab llo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | pollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744 ana: **Hyderabad** (AS Rao Nagar | Chanda Nagar | Kondapur | Nalla









Age/Gender

: Mr.NITISH NAYAN

UHID/MR No

:31 Y 6 M 8 D/M : CVIM.0000237821

Visit ID

: CVIMOPV596882

Ref Doctor Emp/Auth/TPA ID

: Dr.SELF : 395027

Collected

: 17/Mar/2024 12:10PM

Received Reported

: 17/Mar/2024 04:18PM

Status

: 17/Mar/2024 04:47PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name URINE GLUCOSE(POST PRANDIAL)

Result **NEGATIVE**

Unit

Bio. Ref. Range

Method

NEGATIVE

Dipstick

*** End Of Report ***

Page 12 of 12



R. MANISH T. AKARE 1.B.B.S, MD(Path.) onsultant Pathologist

N No:UPP017154

his test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab lo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

ffice: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Nyati Millenium Premises, Cooperative Society Limited, Shop No.S1 & Still Floor, Building "C".

1860 500 7799



: Mr. Nitish Nayan

UHID

: CVIM.0000237821

Reported on

: 17-03-2024 11:47

Adm/Consult Doctor

Age

:31 Y M

OP Visit No.

: CVIMOPV596882

Printed on

: 18-03-2024 16:22

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver appears normal in size and shows normal echogenicity. No focal lesion is noted. No e/o IHBR dilatation is seen. Portal vein apeears normal in size, flow & phasicity. Hepatic veins & their confluence appears normal.

Gall bladder is minimally distended. No obvious pericholecystic fluid is noted. Follow up in fasting state.

Spleen appears normal in shape and echotexture. No obvious focal lesion is noted.

Visualized pancreas appears normal in size, shape and echotexture. No focal lesion / pancreatic ductal dilatation / calcification noted.

Both kidneys appear normal in size, shape, location with smooth outlines and normal echotexture. CM differentiation is well maintained. No obvious calculus, focal lesion, hydronephrosis or hydroureter noted on either side.



Urinary bladder is partially distended. No echoreflective calculus or soft tissue mass noted.

Prostate grossly unremarkable

No e/o any free fluid noted.

Visualized bowel loops are unremarkable. No obvious dilatation noted at present. Excessive bowel gases noted. Colons are loaded with excessive gas and fecal matter

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016. Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments were applied in it com

Page 1 of 2





: Mr. Nitish Nayan

UHID

: CVIM.0000237821

Reported on Adm/Consult Doctor

: 17-03-2024 11:47

Age

:31 Y M

OP Visit No

: CVIMOPV596882

Printed on

: 18-03-2024 16:22

Appendix could not be assessed due to bowel gases. However no probe tenderness / inflammatory changes / collection in RIF t present/. Follow up is advised

IMPRESSION:

No significant abnormality detected at present scan

Suggest: clinical correlation and further evaluation / imaging This report is professional opinion and not the final diagnosis. However clinical correlation is always advisable. Second radiologist opinion can be advocated if required. Not valid for medicolegal purpose.

Printed on:17-03-2024 11:47

---End of the Report---

Dr. BHUSHANA SURYAWANSHI

MBBS, DMRE

Radiology

TO BOOK AN APPOINTMENT2





: Mr. Nitish Nayan

UHID

: CVIM.0000237821

Reported on

: 18-03-2024 11:05

Adm/Consult Doctor

Age

:31 Y M

OP Visit No.

: CVIMOPV596882

Printed on

: 18-03-2024 16:22

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

X-RAY CHEST PA

Trachea appears normal.

Both the lung fields are clear.

Cardiac shadows appear apparently normal.

Both domes of diaphragm appear normal.

Both costophrenic angles are clear.

Bony thoracic cage shows no deformity. Visualised bones appear normal.

Soft tissues appear normal.

Impression: Essentially Normal Study.

Printed on:18-03-2024 11:05

---End of the Report---

Dr. PREETI P KATHE DMRE, MD, DNB Radiology

Presti

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016. Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments were applicable com

Page 1 of 1 TO BOOK AN APPOINTMENT



NO SAMPLE GIVEN

TO, APOLLO CLINIC			
VIMAN NAGAR			
Dear sir / madam			
1_ Mitish	Mayer	la.	
Company Name		relediwhy	_working at
Have not given the	20	Sample do no	t wish given it.
I AGREE			
UHID=			

SIGN -



NAME: NITISH NAYAN

AGE: 30 YRS/M

DATE: 18/03/2024

ECHOCARDIOGRAPHY REPORT

<u>MITRAL VALVE</u>: Normal trileaflets,. normal subvalvular apparatus . . No MR

AORTIC VALVE: Normal trileaflets, normal gradients across the valve. No AS/AR.

PULMONARY VALVE: normal.

TRICUSPID VALVE: normal gradients . Mild tricuspid regurgitation. Rvsp- 29 mm hg .No pulmonary hypertension.

<u>Left Ventricle</u>: LV is normal in size with normal wall thickness. No regional wall motion

abnormality. Good LV systolic function. LVEF 60%. **<u>Left Atrium</u>**: is normal and free of clots.

RA/RV : are normal

<u>IAS/IVS</u>: intact with normal thickness.

No clot/veg/ pericardial effusion.

MEASUREMENTS

AORTA

:24MM

LEFT ATRIUM

26MM

IVSd

:10 MM

PWd

LVIDd

:10MM

LVIDs

:39 MM

:28 MM

LVEF

: 60 %

IMPRESSION:

GOOD LV SYSTOLIC FUNCTION, LVEF 60% NO PAH

DR.PRAMÓD NARKHEDE

DNB(Medicine), DNB(Cardiology) Consultant Interventional Cardiologist Apollo clinic, Viman Nagar

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016. Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

TO BOOK AN APPOINTMENT 1860 500



Patient Name	: Mr. Nitish Nayan	Age/Gender	: 31 Y/M
UHID/MR No.	: CVIM.0000237821	OP Visit No	: CVIMOPV596882
Sample Collected on	:	Reported on	: 17-03-2024 11:48
LRN#	: RAD2270804	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 395027		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

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No e/o any free fluid noted.

Visualized bowel loops are unremarkable. No obvious dilatation noted at present . Excessive bowel gases noted. Colons are loaded with excessive gas and fecal matter Appendix could not be assessed due to bowel gases. However no probe tenderness / inflammatory changes / collection in RIF t present/. Follow up is advised

IMPRESSION:

• No significant abnormality detected at present scan



Patient Name : Mr. Nitish Nayan Age/Gender : 31 Y/M

Suggest: clinical correlation and further evaluation / imaging

This report is professional opinion and not the final diagnosis. However clinical correlation is always advisable. Second radiologist opinion can be advocated if required. Not valid for medicolegal purpose.

Dr. BHUSHANA SURYAWANSHI MBBS, DMRE

Radiology



SUGGESTIVE LIST OF MEDICAL TESTS

MALE	ELIST OF MEDICAL TESTS	
CBC	FOR	
ESR	FOR FEMALE	
Blood Group & RH Factor Blood and Urine R	CBC	
Blood and Urine Sugar Fasting Blood and Urine Sagar Fasting	ESR	
Blood and Urine Sugar Fasting Stool Pourti	Blood Group & RH Factor	
Stool Routine		
Lipid D. St.		
Lipid Profile	Stool Routine	
Total Cholesterol	Lipid Profile	
HDL	Total Cholesterol	
LDL	HDL	
VLDL	LDL	
Triglycerides	VLDL	
HDL / LDL ratio	Tright	
Liver Profile	Triglycerides	
AST	HDL / LDL ratio	
ALT	Liver Profile	
CCT	AST	
Bilirubin (total, direct, indirect)	ALT	
ALD ALD	GGT	
	Bilirubin (total, direct, indirect)	
Proteins (T, Albumin, Globulin)	AID	
Muney Profile	Proteins (T, Albumin, Globulin)	
Serum creatinine	Nigney Profile	
Blood Urea Nitrogen	Serum creatining	
Uric Acid	Blood Urea Nitrogen	
HBA1C	Uric Acid	
Routine urine analysis	HBA1C	
USG Whole Abdomen	Routine urine analysis	
General Tests	USG Whole Abdomen	
X Ray Chest	General Tests	
ECG	X Ray Chest	
2D/3D ECHO / TMT	ECG	
Strong To 1	2D/3D ECHO / TMT	
Stress Test	Thyroid Profile (T3, T4, TSH)	
PSA Male (above 40 years)	Mammography (above 40 years)	
Thyroid Destill (To	and Pap Smear (above 30 years).	
Thyroid Profile (T3, T4, TSH)	Dental Check up assett it	
Dental Check-up consultation	Dental Check-up consultation Physician Consultation	
Physician Consultation	Physician Consultation	
Eye Check-up consultation	Eye Check-up consultation	
Skin/ENT consultation	Skin/ENT consultation	
	Gynaec Consultation	

WART TOOL

Mame College College

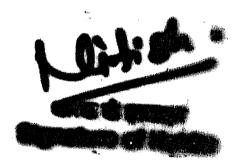
The state of the s

NO. **186778**











LETTER OF APPROVAL / RECOMMENDATION

To.

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011-41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

	by you in terms of our agreement.
ARTICII APE	o -mont,
MAINE	EMPLOYEE DETAILS
EC NO.	MR. NAYAN NITISH
DESIGNATION	124776
PLACE OF WORK	REGIONAL HR
BIRTHDATE	PUNE RO PUNE BY
PROPOSED DATE OF HEALTH	29-09-1991
1	17-03-2024
BOOKING REFERENCE NO.	17 00-2024
ENCHOE NO.	23M124776100099422E
This lotter is	

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 12-03-2024 till 31-03-2024 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager **HRM Department** Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi