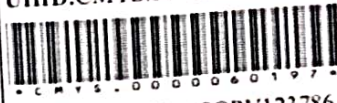


Name : Mr. NAGARAJU ~~XXXXXXXXXX~~ NAYAKANTI

Age: 41 Y

Sex: M

UHID:CMYS.0000060197



OP Number:CMYSOPV123786

Bill No :CMYS-OCR-22801

Date : 23.03.2024 10:10

Address : MYSORE

 Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN  
 INDIA OP AGREEMENT

Department

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	
3	2 D ECHO → P	
4	LIVER FUNCTION TEST (LFT)	
5	GLUCOSE, FASTING	
6	HEMOGRAM + PERIPHERAL SMEAR	
7	DIET CONSULTATION → P	
8	COMPLETE URINE EXAMINATION	
9	URINE GLUCOSE(POST PRANDIAL)	
10	PERIPHERAL SMEAR	162
11	ECG	79.1
12	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	100/70
13	DENTAL CONSULTATION	
14	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
15	URINE GLUCOSE(FASTING)	
16	HbA1c, GLYCATED HEMOGLOBIN	
17	X-RAY CHEST PA	
18	ENT CONSULTATION → P	
19	FITNESS BY GENERAL PHYSICIAN → P	
20	BLOOD GROUP ABO AND RH FACTOR	
21	LIPID PROFILE	
22	BODY MASS INDEX (BMI)	
23	OPHTHAL BY GENERAL PHYSICIAN	
24	ULTRASOUND - WHOLE ABDOMEN → P	
25	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	



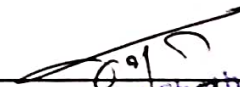
## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of NAGARAJU NAYAKANTJ on 23/03/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	<input type="checkbox"/>

  
 Dr. Ravi Chethan Kumar A  
 M.B.B.S., MD (General Medicine)  
 Reg. No. 82359  
 K.D. Road, Mysore.  
**The Apollo Clinic, Mysore.**

**Apollo Health and Lifestyle Limited**

ICPN UA5110TG2000PLC115810  
Mysore Office: 110 RD 62, Anubala Raghupathi Channarayana Nagar, Mysore  
Ph No: 0824 4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Online appointments: www.apolloclinic.com

*This certificate is not meant for medico-legal purposes*

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Date : 23-03-2024  
MR NO : CMYS.0000060197

Department : GENERAL  
Doctor :

Name : Mr. NAGARAJU NAYAKANTI

Registration No :

Age/ Gender : 41 Y / Male

Qualification :

Consultation Timing: 10:10

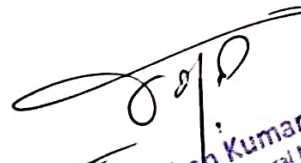
Height : 162	Weight : 160 79.1	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

AHC  
No Complaint  
No Sx  
Cp  
r  
o h  
Can Cough

~~AHC~~  
Lifestyle modification

  
Dr. Ravi Chethan Kumar A.N.  
M.B.B.S., MD (General Medicine)  
KMC Reg. No. 82099  
Clinic, K.D. Road, Mysore

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 23-03-2024  
MR NO : CMYS.0000060197

Department : GENERAL  
Doctor : ENT

Name : Mr. NAGARAJU NAYAKANTI  
Age/ Gender : 41 Y / Male

Registration No :  
Qualification :

Consultation Timing: 10:10

Height : 162	Weight : 79.1	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

B/L eom - Post hypomastoid  
to gladdies.

Adv  
1.) T. Betaverl 16mg sos.

meeth

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41



Date : 23-03-2024  
MR NO : CMYS.0000060197

Department : GENERAL Dietetics  
Doctor : Madhura. B.P

Name : Mr. NAGARAJU NAYAKANTI

Registration No :

Age/ Gender : 41 Y / Male

Qualification : M.Sc Nutrition & Dietetics  
PhD\*

Consultation Timing: 10:10

Height: 162	Weight: 79.1	BMI: 30 kg/m <sup>2</sup>	Waist Circum: 100
Temp:	Pulse:	Resp:	B.P: 100/70


General Examination /  
Allergies History

Total cholesterol - 213  
NON HDL - 169  
LDL - 141.18

Clinical Diagnosis & Management Plan

⇒ Advised low fat diet with fiber rich foods.  
⇒ Dietary guidelines chart is given.

Follow up date :

  
Doctor Signature 23/2/2024

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 23-03-2024 Department : GENERAL [Dental]  
 MR NO : CMYS.0000060197 Doctor :  
 Name : Mr. NAGARAJU NAYAKANTI Registration No :  
 Age/ Gender : 41 Y / Male Qualification :

Consultation Timing: 10:10

Height : 162	Weight : 79.1	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

O/E

65 / 6

H/O RGT

Adv:- crown-

cutt, Stt

Adv:- oral prophylaxis

Follow up date :

*[Signature]*

Doctor Signature

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

Date : 23-03-2024 Department : GENERAL [ophthal]  
 MR NO : CMYS.0000060197 Doctor :  
 Name : Mr. NAGARAJU NAYAKANTI Registration No :  
 Age/ Gender : 41 Y / Male Qualification :

Consultation Timing: 10:10

Height: 162	Weight: 79.1	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 100/70

General Examination /  
Allergies History

-NO-

Clinical Diagnosis & Management Plan

Wearing corrected Spectacle.  
 No fresh complaints.  
 No H/o T2DM / HTN.

vision (R) (L)  
 far 6/6 6/6

Near Wearing corrected Spectacle

colour vision Not affected

Follow up date :

Doctor Signature

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

Regular follow up.

Patient Name : Mr. NAGARAJU NAYAKANTI  
UHID : CMYS.0000060197  
Reported on : 23-03-2024 15:27  
Adm/Consult Doctor :

Age : 41 Y M  
OP Visit No : CMYSOPV123786  
Printed on : 23-03-2024 15:28  
Ref Doctor : SELF

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY .**

Printed on:23-03-2024 15:27

---End of the Report---



**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
Radiology

---

**Apollo Health and Lifestyle Limited**

(CIN: U85110TG2000PLC115819)

Head Office: 1, 10/60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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TO BOOK AN APPOINTMENT

 **1860 500 7788**



Patient's Name : Mr. NAGARAJU NAYAKANTI	Age & Sex; 41 Yrs /Male
Date : 23.03.2024	UHID No:060197

## 2D ECHOCARDIOGRAPHY STUDY

### Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 61 %
- No clots. No pericardial effusion

### Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

#### Apollo Health and Lifestyle Limited

CIN: URS110TG2000PLC115819

Regd Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mr. NAGARAJU NAYAKANTI	Age & Sex : 41 Yrs / Male
Date : 23.03.2024	UHID No:060197

Measurements

AO : 2.5 cm  
LA : 2.2 cm

RV : 2.3 cm  
LVIDd : 4.51 cm  
LVIDs : 3.02 cm  
IVSd : 0.89 cm  
IVSs : 1.17 cm  
PWd : 0.95 cm  
PWs : 1.27 cm  
EF : 61.0 %  
FS : 33.0 %

Doppler

	MV		TV		AV		PV	
E	0.93 m/s	E	---	m/s	V max	1.44 m/s	V max	0.91 m/s
:								
A:	0.81 m/s	A	---	m/s				

**Dr. GURU PRASAD. B. V, MBBS, PGDCC**  
**CONSULTANT - NON-INVASIVE CARDIOLOGY**

MBBS, PGDCC (CARDIO)  
CCMR, EFCC (ICCP), FACC, EF (FJ)M  
Consultant- Non Invasive Cardiology

**Apollo Health and Lifestyle Limited**

REGD. CO. NO. 110/2011/2008/MS/1158110  
Apollo Clinic # 110/2011/2008/MS/1158110 Apollo Nagarajupeth (Rampura) 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
Ph: New Delhi 011 4610 7777 Fax: New Delhi 011 4610 7744 | E-mail: RD@apollohospitals.com | www.apollohospitals.com

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Chennai: Anna Nagar | Anna Salai | Apollo | Mylapore | VV Mohalla

Online appointment through Apollo Health and Lifestyle

TO BOOK AN APPOINTMENT

**1860 500 7788**

ID: 60197

23-03-2024 12:06:20 PM

MR NAGARAJU NAYAKANTI

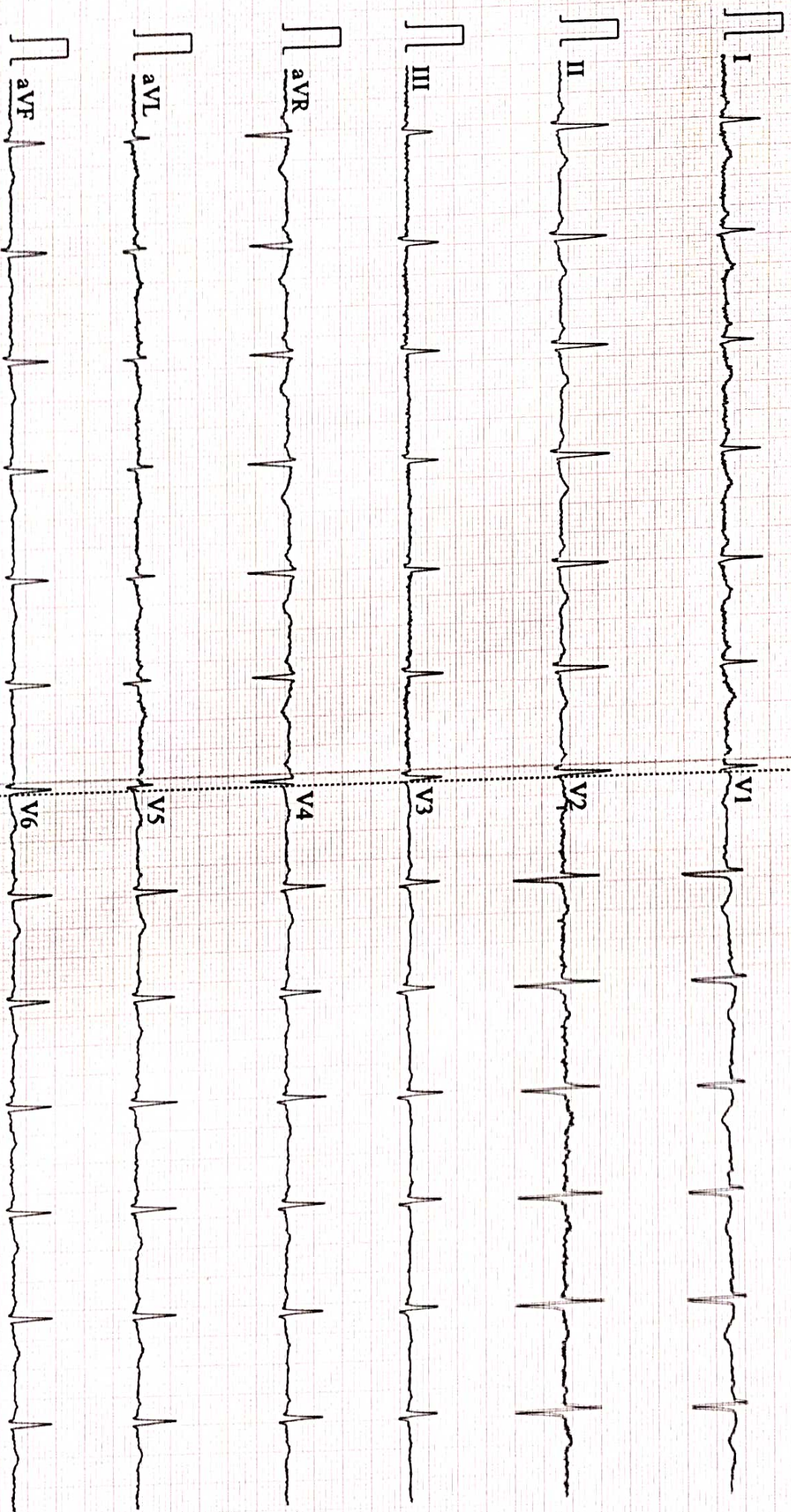
Male 41Years

162cm 79kg 100/70 mmHg

Diagnosis Information:

**Apollo Clinic**  
# 23, 1st Floor,  
Kallidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Unconfirmed Report.



0.5-45Hz AC50 25mm/s 10mm/mV 2\*5.0s 80 CARDIART 8 D V1.43 Glasgow V28.6.0 APOLLO CLINIC MYSURU

Patient Name: Mr. NAGARAJU NAYAKANTI	Date: 23.03.2024	Referring Doctor: Self
Age / Sex : 41yrs /Male	UHID :0060197	
<b>ULTRASONOGRAPHY – ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size, outline and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is distended and normal. No evidence of calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It measures 9.5x5.1 cm with parenchymal thickness of 1.8 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 9.3x4.7 cm with parenchymal thickness of 1.5 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

**IMPRESSION: GRADE I FATTY LIVER.**

  
**Dr. Chetan H, DNB**  
Consultant Radiologist.

**Apollo Health and Lifestyle Limited**

(CIN: U85110TG2000PLC115819)

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 **1860 500 7788**