

PATIENT NAME : MR. VARGHESE M S

REF. DOCTOR : DR. MEDIWHEEL

CODE/NAME & ADDRESS : CA00010147 -
 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : **4053XC002964**
PATIENT ID : VARGM1504684053
CLIENT PATIENT ID:
ABHA NO :

AGE/SEX : 55 Years Male
DRAWN :
RECEIVED : 23/03/2024 09:29:36
REPORTED : 23/03/2024 15:28:27

Test Report Status	<u>Preliminary</u>	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

TREADMILL TEST

TREADMILL TEST COMPLETED

DENTAL CHECK UP

DENTAL CHECK UP COMPLETED

OPHTHAL

OPHTHAL COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED

**DR.INDUSARATH.S , MBBS, MD,
 DNB (Reg.No:41964)
 CONSULTANT PATHOLOGIST**



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PERFORMED AT :
 DDRC AGILUS PATHLABS LIMITED

KANNUR
 KERALA, INDIA
 Tel : 93334 93334
 Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600008307905

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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**ECG WITH REPORT****REPORT**

COMPLETED

USG ABDOMEN AND PELVIS**REPORT**

COMPLETED

CHEST X-RAY WITH REPORT**REPORT**

COMPLETED

HAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT****GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.4	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal

More stringent goal : < 6.5 %.

General goal : < 7%.

Less stringent goal : < 8%.

Glycemic targets in CKD :-

If eGFR > 60 : < 7%.

If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	108.3	< 116.0	mg/dL
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SREENA A
LAB TECHNOLOGISTDR.INDUSARATH.S , MBBS, MD,
DNB (Reg.No:41964)
CONSULTANT PATHOLOGISTDR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry &
Immunology

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BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN	15.1	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.28	4.5 - 5.5	mil/ μ L
WHITE BLOOD CELL COUNT	6.14	4.0 - 10.0	thou/ μ L
PLATELET COUNT	217	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	45.1	40 - 50	%
MEAN CORPUSCULAR VOL	85.5	83 - 101	fL
MEAN CORPUSCULAR HGB.	28.6	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	33.5	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	12.7	11.6 - 14.0	%
MENTZER INDEX	16.2		
MEAN PLATELET VOLUME	8.2	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	45	40 - 80	%
LYMPHOCYTES	48 High	20 - 40	%
MONOCYTES	3	2 - 10	%
EOSINOPHILS	2	1 - 6	%
BASOPHILS	2	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	2.76	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	2.95	1 - 3	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.18 Low	0.20 - 1.00	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.12	0.02 - 0.50	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	0.9		

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ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

SEDIMENTATION RATE (ESR)	5	0 - 14	mm at 1 hr
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SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
-----------------------------	--------------	--------------

SUGAR URINE - FASTING

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE O
RH TYPE	POSITIVE

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY


DR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry &
Immunology



JINSHA KRISHNAN
LAB TECHNOLOGIST



DR.INDUSARATH.S , MBBS, MD,
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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 11 Adult(<60 yrs) : 6 to 20 mg/dL

BUN/CREAT RATIO

BUN/CREAT RATIO 9 5.00 - 15.00

CREATININE, SERUM

CREATININE 1.20 18 - 60 yrs : 0.9 - 1.3 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 79 Diabetes Mellitus : > or = 200. mg/dL
Impaired Glucose tolerance/
Prediabetes : 140 - 199.
Hypoglycemia : < 55.

GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 97 Diabetes Mellitus : > or = 126. mg/dL
Impaired fasting Glucose/
Prediabetes : 101 - 125.
Hypoglycemia : < 55.

LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL 1.40 General Range : < 1.1 mg/dL
BILIRUBIN, DIRECT 0.37 High General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT 1.03 High 0.00 - 0.90 mg/dL

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TOTAL PROTEIN		6.9	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL
ALBUMIN		4.6	20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN		2.3	General Range : 2 - 3.5 Premature Neonates : 0.29 - 1.04 g/dL
ALBUMIN/GLOBULIN RATIO		2.0	1.0 - 2.0 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		25	Adults : < 40 U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)		45	Adults : < 45 U/L
ALKALINE PHOSPHATASE		52	Adult(<60yrs) : 40 - 130 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)		30	Adult(male) : < 60 U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN 6.9 Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL

URIC ACID, SERUM

URIC ACID 5.8 Adults : 3.4-7 mg/dL

BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

LIPID PROFILE, SERUM

CHOLESTEROL 171 Desirable : < 200 mg/dL
Borderline : 200-239
High : >or= 240

TRIGLYCERIDES 97 Normal : < 150 mg/dL
High : 150-199
Hypertriglyceridemia : 200-499
Very High : > 499



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HDL CHOLESTEROL		39	mg/dL
LDL CHOLESTEROL, DIRECT		120	mg/dL
		General range : 40-60	
		Optimum : < 100	
		Above Optimum : 100-129	
		Borderline High : 130-159	
		High : 160-189	
		Very High : >or= 190	
NON HDL CHOLESTEROL		132 High	mg/dL
		Desirable-Less than 130	
		Above Desirable-130-159	
		Borderline High-160-189	
		High-190-219	
		Very High- >or =220	
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		19.4	mg/dL
		4.4	
		</= 30.0	
		3.3 - 4.4 Low Risk	
		4.5 - 7.0 Average Risk	
		7.1 - 11.0 Moderate Risk	
		> 11.0 High Risk	
LDL/HDL RATIO		3.1 High	
		0.5-3 Desirable/Low risk	
		3.1-6 Borderline/Moderate risk	
		>6.0 High Risk	

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

THYROID PANEL, SERUM

T3	111.20	80.0 - 200.0	ng/dL
T4	7.23	5.10 - 14.10	µg/dl
TSH 3RD GENERATION	1.990	50-80 yrs : 0.35 - 4.5	µIU/mL

SPECIALISED CHEMISTRY - TUMOR MARKER

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LAB TECHNOLOGIST



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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

PROSTATE SPECIFIC ANTIGEN, SERUM

PROSTATE SPECIFIC ANTIGEN	1.960	Age Specific cut-off :- < 49 yrs : < 2.5 50-59 yrs : < 3.5 60-69 yrs : < 4.5 > 70 yrs : < 6.5	ng/mL
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CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

PHYSICAL EXAMINATION, URINE

COLOR	PALE YELLOW
APPEARANCE	CLEAR

CHEMICAL EXAMINATION, URINE

PH	7.0	4.8 - 7.4
SPECIFIC GRAVITY	1.010 Low	1.015 - 1.030
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
CASTS	NOT DETECTED		

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CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	

CLINICAL PATH - STOOL ANALYSIS

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT	RESULT PENDING
PHYSICAL EXAMINATION,STOOL	RESULT PENDING
CHEMICAL EXAMINATION,STOOL	RESULT PENDING
MICROSCOPIC EXAMINATION,STOOL	RESULT PENDING



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Patient Ref. No. 66600008307905

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr/Mrs./Ms. <u>Varghese</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): <u>Scar on left index finger</u>
3. Age/Date of Birth	:	<u>55yr, 15-4-1968</u> Gender: <u>F/M</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height <u>169.5</u> (cms)	b. Weight <u>84</u> (Kgs)	c. Girth of Abdomen <u>98</u> (cms)
d. Pulse Rate <u>68</u> (/Min)	e. Blood Pressure: <u>130/80</u>	Systolic Diastolic
		1 st Reading <u>130</u>
		2 nd Reading <u>80</u>

FAMILY HISTORY:

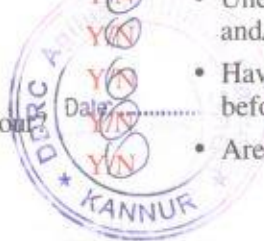
Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father			<u>91, heart attack</u>
Mother			<u>85, DM</u>
Brother(s) <u>(3)</u>		<u>3 died of heart attack</u>	<u>1 died of Ca lung</u>
Sister(s) <u>(2)</u>			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<u>No</u>	<u>No</u>	<u>No</u>

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N
- b. Have you undergone/been advised any surgical procedure? Y/N
Hernia repair - 2003
Hemorrhoidectomy - 1/2 yr back
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N
- d. Have you lost or gained weight in past 12 months? Y/N
Hemorrhoidectomy - 1/2 yr back
- Have you ever suffered from any of the following?
- Psychological Disorders or any kind of disorders of the Nervous System? Y/N
 - Any disorders of Respiratory system? Y/N
 - Any Cardiac or Circulatory Disorders? Y/N
 - Enlarged glands or any form of Cancer/Tumour? Y/N
 - Any Musculoskeletal disorder? Y/N
 - Any disorder of Gastrointestinal System? Y/N
 - Unexplained recurrent or persistent fever, and/or weight loss? Y/N
 - Have you been tested for HIV/HBsAg / HCV before? If yes attach reports? Y/N
 - Are you presently taking medication of any kind? Y/N



• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

→

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

.....


.....

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

medically fit


MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : 

Seal of Medical Examiner : 

Name & Seal of DDRC SRL Branch :

Date & Time : 

DDRC agilus Pathlabs Limited.

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017
Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in

**Indian Union Driving Licence
Issued by Government of Kerala**

KL

DL No. KL59 20180007230

Issue Date: 05-04-2008 Validity (NT): 30-07-2028 Validity (TR):

Name: VARGHESE M S

Date Of Birth: 15-04-1968 Blood Group: O+

Organ Donor: No

S / D / W of : M P SCARIA

Permanent Address
MAPPALAKAYIL HOUSE,
KALLAMVALLY ROAD EZHILODE,
CHERUTHAZHAM (CT), KANNUR, 670309

Present Address
MAPPALAKAYIL HOUSE,
KALLAMVALLY ROAD EZHILODE,
CHERUTHAZHAM (CT), KANNUR, 670309

Holder's Signature

Date Of First Issue: 05-04-2008

KLA001177037

DL No. KL59 20180007230 [RENEWED DL -31-07-2023]

QR Code

Badge No.	Badge Date
MCWG	05-04-2008
LMV	05-04-2008

Class of Vehicle

Issued by: KL59

Date of issue: 05-04-2008

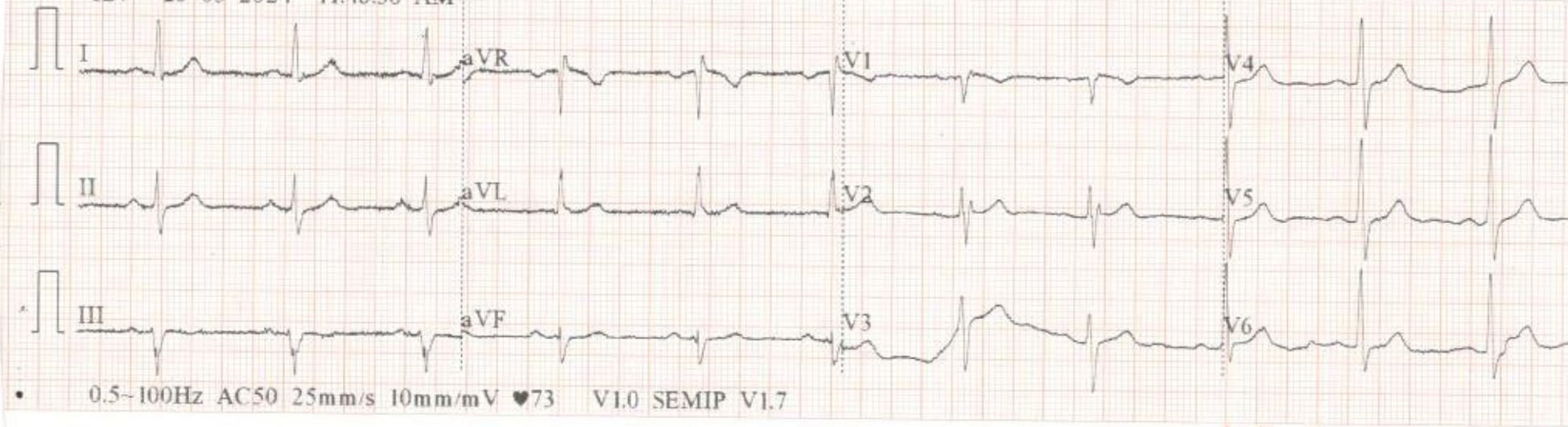
Emergency Contact Number

Licencing Authority
SRTO, THALIPARAMBA

Form 7 Rule 16(2)

Varghese MS
8281455680



Standard	L I	L II	L III	L III Inspiration
	<p data-bbox="376 571 837 608">ID: 23-03-2024 11:46:38 AM</p>  <p data-bbox="376 1070 1249 1114">• 0.5-100Hz AC50 25mm/s 10mm/mV ♥73 V1.0 SEMIP V1.7</p>			
	A-W CE			

ion

V1	V2	V3	
	V6	Standard	



ID: VARGHESE MS
 Male / mmHg
 Years /
 cm kg

Tb in V₁
 Sinus rhythm

HR : 68 bpm
 P : 122 ms
 PR : 177 ms
 QRS : 101 ms
 QT/QTc : 380/406 ms
 P/QRS/T : 57/-37/27 °
 RV5/SV1 : 1.39/0.455 mV



Dr. INDUSARATHI S MBBS, MD, DNB
 Reg. No: 41964
 DDRG Agilus Pathlabs Limited, Kannur

OPHTHALMOLOGY REPORT

TO WHOM-SO-EVER IT MAY CONCERN

This is to certify that I have examined Mr. VARGHESE . M . S , 55 years Male on 23.03.2024 and his visual standards are as follows:

	OD	OS
UNCORRECTED DISTANCE VISUAL ACUITY	6/9	6/9(P)
UNCORRECTED NEAR VISUAL ACUITY	N8	N8
VISION WITH PRESENT GLASS (PROGRESSIVE)	6/6	6/6
BEST CORRECTED VISUAL ACUITY	6/6 , N6	6/6 , N6
COLOUR VISION	NORMAL	NORMAL

NOTE :

- HISTORY OF SPECS USING SINCE 10 YEARS ; LAST CHANGED 6 MONTHS BACK.
- NO RELEVANT MEDICAL HISTORY.
- NO HISTORY OF ALLERGY.


 SHEHZIYA V P
 OPTOMETRIST



Name	Mr. VARGHESE.M.S	Age/Sex	55Yrs/Male
Ref: By:	MEDIWHEEL	Date	23.03.2024

ULTRASOUND SCAN OF ABDOMEN AND PELVIS

(With relevant image copies)

LIVER: Normal in size and shows diffusely increased echotexture. No e/o focal parenchymal lesions / IHBD. PV, HV & IVC are within normal limits.

GB: Well distended, normal wall thickness. No e/o calculi/polyps/ pericholecystic collections.

CBD: Normal

PANCREAS: Head and body visualized, and are of normal size and echotexture. No e/o focal/diffuse parenchymal lesions/ductal dilatation/calculi. Tail could not be visualized due to poor acoustic window.

SPLEEN: Normal in size and echotexture. Splenic vein shows normal diameter.

KIDNEYS: Both kidneys are normal in size and echotexture. No e/o hydronephrosis/ focal lesions/ perinephric collections.

RIGHT KIDNEY: Measures 121 x 45 mms shows a tiny calculus measuring 3.5mm in the mid pole calyx.

LEFT KIDNEY: Measures 113 x 55 mms shows a tiny calculus measuring 3mm in the mid pole calyx.

UB: Well distended, shows normal wall thickness. No e/o calculi/ growth/ diverticulae. Both UV junctions are within normal limits.

Pre void: 675cc Post void: 113 cc

PROSTATE: 31 cc, mildly enlarged in size.

No e/o intraperitoneal free fluid/ abdominal lymphadenopathy /mass lesion.

IMPRESSION:

- **GRADE I PROSTATOMEGALY WITH SIGNIFICANT POST VOID URINE RETENTION.**
- **BILATERAL TINY RENAL CALCULI.**
- **GRADE I FATTY LIVER.**



Dr. P.NIYAZI NASIR
MBBS, DMRD

(Because of technical and technological limitation complete diagnosis cannot be assured on imaging sonography. Clinical correlation, consultation if required repeat imaging required in the event of controversies. This document is not for legal purposes).

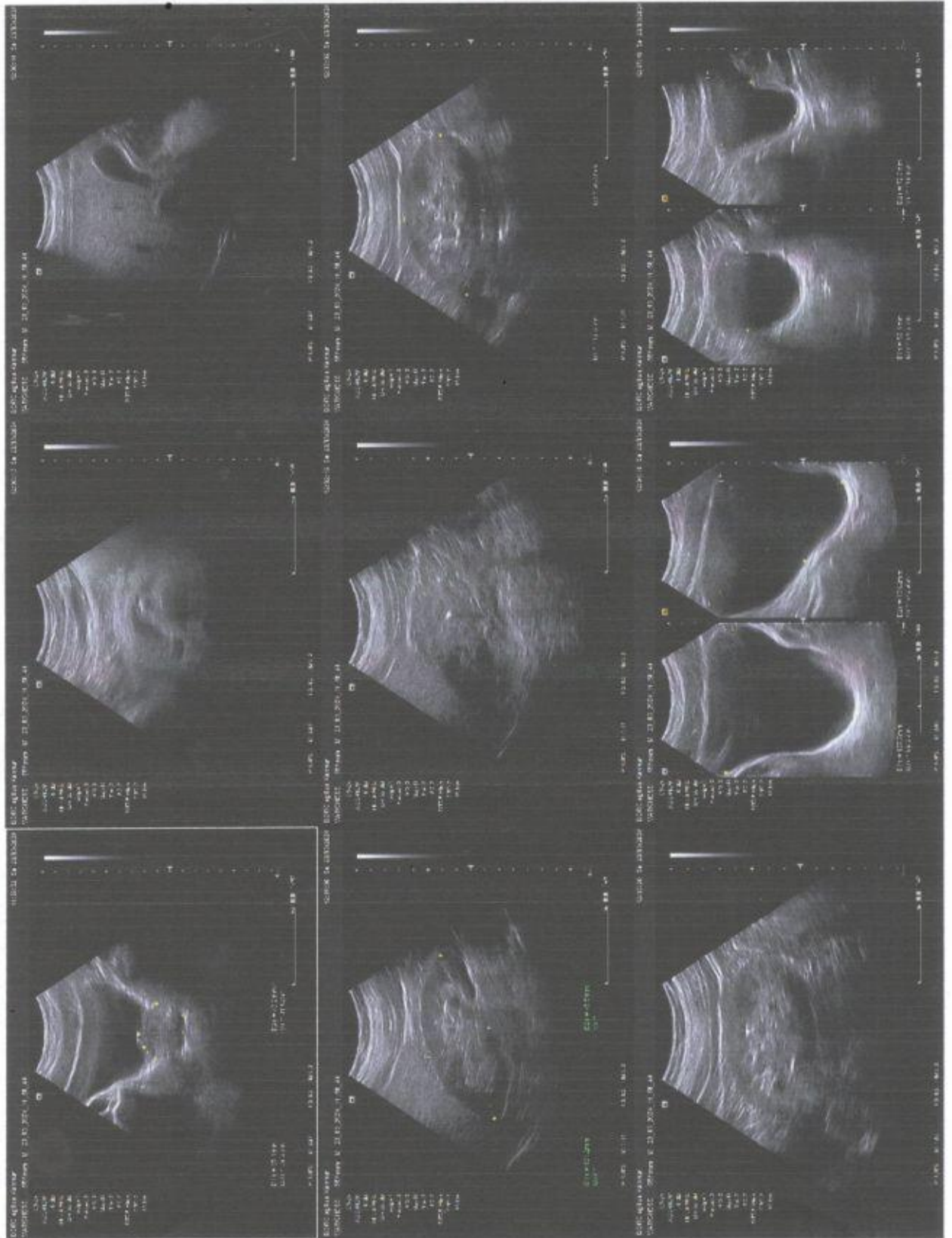


Dr. P. NIYAZI NASIR, MBBS, DMRD
 REG. No. 41419
CONSULTANT RADIOLOGIST
DDRC Agilus Pathlabs Limited
KANNUR

DDRC agilus Kannur

20240323

VARGHESE : 23_03_2024_11_58_44



Name	Mr. VARGHESE.M.S	Age/Sex	55Yrs/Male
Ref: By:	MEDIWHEEL	Date	23.03.2024

Thanks for referral

CHEST X-RAY – PA VIEW

Trachea is central. Carina and principal bronchi are normal.
 Cardio-thoracic ratio is within normal limits.
 Both lungs show normal Broncho-vascular markings. No definite focal opacities noted.
 No volume loss in either hemithorax.
 No definite mediastinal widening or other abnormalities noted.
 CP angles, diaphragm, bony cage and soft tissue shadows - not remarkable.

IMPRESSION:

- **Normal X-ray chest**



**DR. P. NIYAZI NASIR,
 MBBS, DMRD**

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 KANNUR



R

VARGHESE M S 55Y/M MEDIWHEEL CHEST.P-A 23-Mar-24 11:50 AM

DDRC agilus Kannur

DATE: 23 / 3 / 24

NAME : Varghese

AGE : 55

SEX : Male Female

C/C: Pt came for Routine dental check up.

RELEVANT MEDICAL HISTORY

Systemic Illness :	} NIKH.
Drug History Allergy :	
Pregnancy/Lactation :	
Family History :	
Habits (Smoking etc) :	
Others :	

<i>Supraerupted</i>																<i>N</i>	
	E	D	C	B	A	A	B	C	D	E							
18	17	16	15	14	13	12	11	21	22	23	24	25	26	27	28		
48	47	46	45	44	43	42	41	31	32	33	34	35	36	37	38		<i>usim</i>
	E	D	C	B	A	A	B	C	D	E							

c⁺ s⁺
Attrition.

DIAGNOSIS & TREATMENT PLAN / EXPLAINED OPTION :

Adv Fmop
Adv prosthetic Rehabilitation.

Dr. Naja