

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Flo - Betul
KIMS-KINGSWAY
HOSPITALS

Name: Mrs. Nidhi Sahu Date: 13/4/23

Age: 32y Sex: M/F Weight: 57.0 kg Height: 154.4 inc BMI: 23.9

BP: 103/73 mmHg Pulse: 80/m bpm RBS: _____ mg/dl

SpO2: 98%

LMP - 5/4/24

KIMS
CUD DLES™
MOTHER & CHILD CENTRE

Dr. Mugdha Jungari (Gill)
MBBS, MS, DNB (OBGY), FMAS
Sr. Consultant Obstetrics & Gynaecology
High Risk Pregnancy Expert & Laparoscopic Surgeon
Reg. No: 2020126915

Name: Mrs Nidhi Sahu. Date: 13/1/24

Age: 32 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

P₁ L₁ - 4 yrs - Lscs

USA - NAD

M/H - Lmp - 5/1/24

P/H - Nil

B/E - Gc fair

P/A - soft

P/S - cx } H
vg }

P/R - fungal patch

Adv

) candid oint L/A.

SOS

✓

Name: Ms. Nidhi Sahu Date: 13/04/24.
Age: 32yrs Sex: M/F ✓ Weight: _____ kg Height: _____ inc BMI: _____
BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine dental checkup.

PDH:- Ret/Crown \bar{c} 12.

O/E:- Ellis class II # \bar{c} 11.

Secondary caries \bar{c} 47

Stains +

Calculus +

Advice- CBCT upper arch.

Restoration \bar{c} 47.

Complete oral prophylaxis.

Dr. Megha

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

NIDHI SAHU 32Y(S) 0M(S) 0D(S)/F MRNP2425001434 9424949049 MARRIED	CONSULT DATE : 13-04-2024	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
	CONSULT ID : OPC2425004963	
	CONSULT TYPE :	
	VISIT TYPE : NORMAL	
	TRANSACTION TYPE :	

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 - °F - /min - %RA - /10 - cms
 Weight : BMI :
 - kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

NOTES

GLASS PRESCRIPTION :-
 DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6
NEAR ADDITION				
RIGHT EYE			00	N6
LEFT EYE			00	N6

REMARK-



Dr. Ashish Prakashchandra Kamble
 MBBS,MS, FVRS,FICO
 Consultant

Printed On : 13-04-2024 15:19:07



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. NIDHI SAHU	Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:34 am	Report Date : 13-Apr-24 12:57 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	10.9	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		33.3	36.0 - 46.0 %	Calculated
RBC Count		4.26	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		78	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		25.6	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.8	31.5 - 35.0 g/l	Calculated
RDW		15.3	11.5 - 14.0 %	Calculated
Platelet count		325	150 - 450 10 ³ /cumm	Impedance
WBC Count		5400	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	60.3	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	33.4	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	3.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3256.2	2000 - 7000 /cumm	Calculated



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Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		1803.6	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		145.8	20 - 500 /cumm	Calculated
Absolute Monocyte Count		194.4	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
E S R		23	0 - 20 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NIDHI SAHU
Age /Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:34 am
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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	82	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		5.3	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NIDHI SAHU	Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 02:53 pm	Report Date : 13-Apr-24 03:53 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	91	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting \geq 126 mg/dl

Random/2Hrs. OGTT \geq 200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NIDHI SAHU	Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:34 am	Report Date : 13-Apr-24 12:57 pm

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	153	< 200 mg/dl Enzymatic(CHE/CHO/PO D)
Triglycerides		65	< 150 mg/dl Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		57	> 50 mg/dl Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		92.89	< 100 mg/dl Enzymatic
VLDL Cholesterol		13	< 30 mg/dl Calculated
Tot Chol/HDL Ratio		3	3 - 5 Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<160

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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Report Date : 13-Apr-24 12:57 pm

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.61	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.18	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.43	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		93	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		14	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		24	13 - 35 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.22	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.23	3.5 - 5.0 gm/dl	Calculated
Globulin		2.99	2.0 - 4.0 gm/dl	
A/G Ratio		1.41		

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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Age / Gender : 32 Y(s)/Female
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Report Date : 13-Apr-24 12:57 pm

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	10	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.54	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		125.4	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		144	136 - 145 mmol/L	Direct ion selective electrode
Potassium		3.83	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434
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Report Date : 13-Apr-24 12:57 pm

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.47	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.10	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		0.577	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. NIDHI SAHU	Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:43 am	Report Date : 13-Apr-24 12:45 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		7.0	
Specific gravity		1.010	4.6 - 8.0
Urine Protein		Negative	1.005 - 1.025
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Negative	Negative
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		Normal	Normal
R.B.C.		0-1	
Pus Cells		Absent	0 - 4 /hpf
Casts		0-1	0 - 4 /hpf
		Absent	0 - 4 /hpf
			Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

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Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:43 am
Report Date : 13-Apr-24 12:45 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. NIDHI SAHU
Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:43 am
Report Date : 13-Apr-24 12:45 pm

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. NIDHI SAHU	Age /Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2425003536/MRNP2425001434	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:34 am	Report Date : 13-Apr-24 01:51 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" A "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MRS. NIDHI SAHU	AGE /SEX:	32 YRS/F
UMR NO:	MRNP2425001434	BILL NO:	2425003536
REFERRED BY	DR. VIMMI GOEL	DATE	13/04/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.

Angalia

DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

PATIENT NAME:	MRS. NIDHI SAHU	AGE /SEX:	32 YRS/F
UMR NO:	MRNP2425001434	BILL NO:	2425003536
REFERRED BY	DR. VIMMI GOEL	DATE	13/04/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 6.3 x 3.1 x 5.1 cm.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal. ET – 5 mm.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Nidhi Sahu
 Age : 32 years / Female
 UMR : MRNP2425001434
 Date : 13/04/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 103/73 mm Hg (Right arm, Supine position)
 BSA : 1.56 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 61%
Normal LV diastolic function
E/A is 1.4
E/E' is 5.9 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 61%. Normal LV diastolic function. E Velocity is 76 cm/s, A Velocity is 56 cm/s. E/A is 1.4. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 10.2 cm/sec & at lateral mitral annulus is 19.5 cm/sec. E/E' is 5.9 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	
Aortic root	20-37	7-28	32
LVIDd	35-55	8-47	26
LVIDs	23-39	6-28	41
IVS (d)	6-11	4-8	28
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	09
Fractional Shortening			61%
			31%

Dr. Vimmi Goel
Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

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