

FINDINGS: Normal Sinus Rhythm
Vent Rate : 82 bpm PR Interval : 176 ms
P-QRS-T axis: 75 • 57 • 96 • (Deg)

M. Rajendran

THE MEDIHUB



University School of Medicine & Obesity Consultant
Cardiologist & Obesity Consultant
Regd. No: 72228
www.themedihub.in

normal
Dr. RAMESH PALLA PRABHOO
MD, FRCS (Cardiac), FRCG (ACC), FRCG (ACC), FRCG (ACC), FRCG (ACC)
PG (Card), Johns Hopkins - USA

Advice:

GENERAL MEDICAL CLINIC

ESTD 2015 CERTIFIED COMPANY

123457215 / MR. M. RAJENDRAN / 59 YRS / M

Date: 23 - 03 - 2024 08:34:28 AM

METS: 1.0

HR: 84 bpm 52% Tgtl

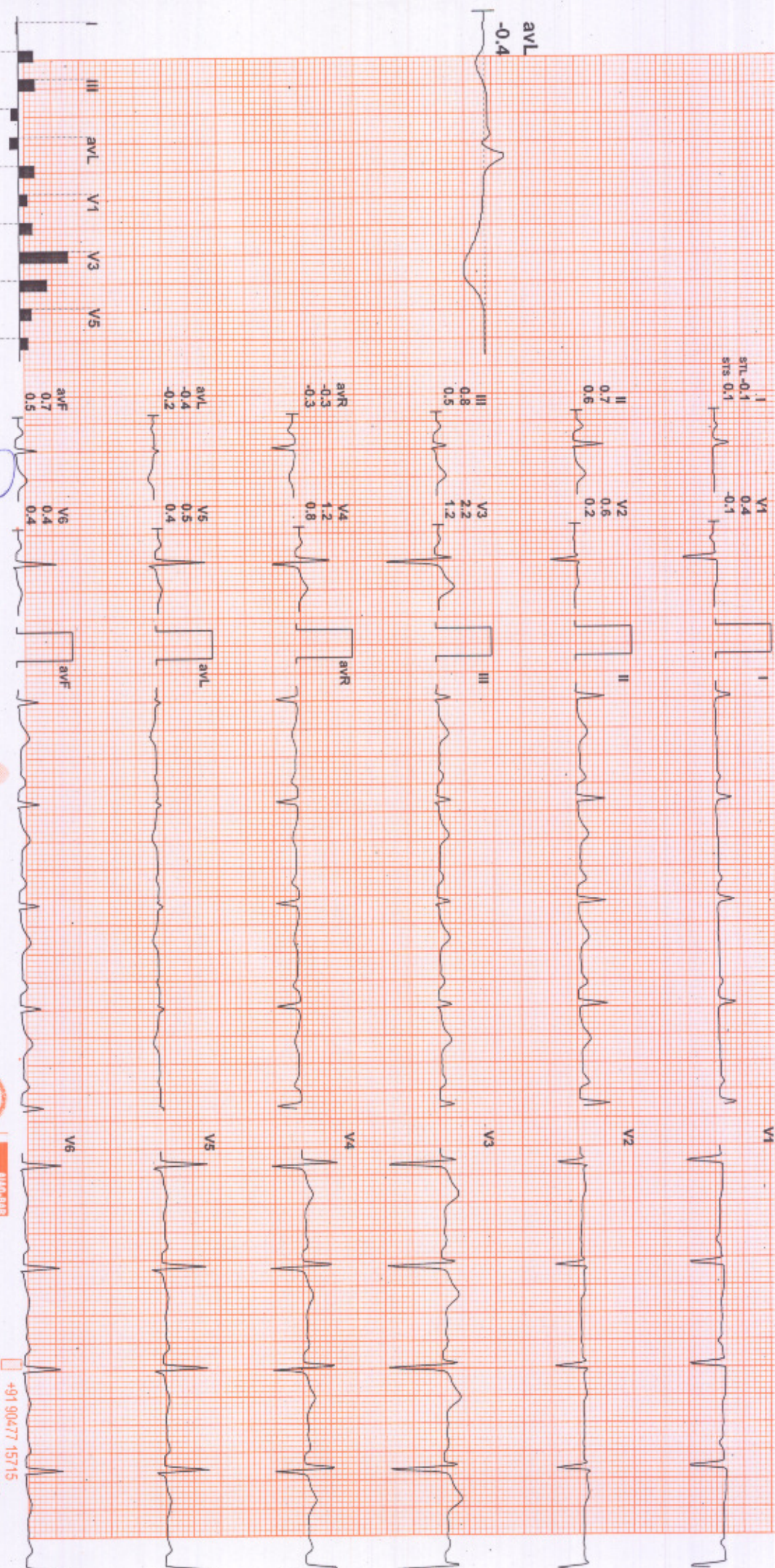
BP: 120/80

Raw ECG: BLC: Notch. (0.05-100)Hz

4X 80 ms Post J

ExTime: 00:00 1.1 mph. 0.0%
25 mm/Sec. 1.0 Cm/mV

Resting ECG



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COMMENTS: RMS TMT MARK-II(4.0.1)RECORDERS AND MEDICARE SYSTEMS (P) Ltd, CHANDIGARH

COORDINATE WELLNESS CLINIC

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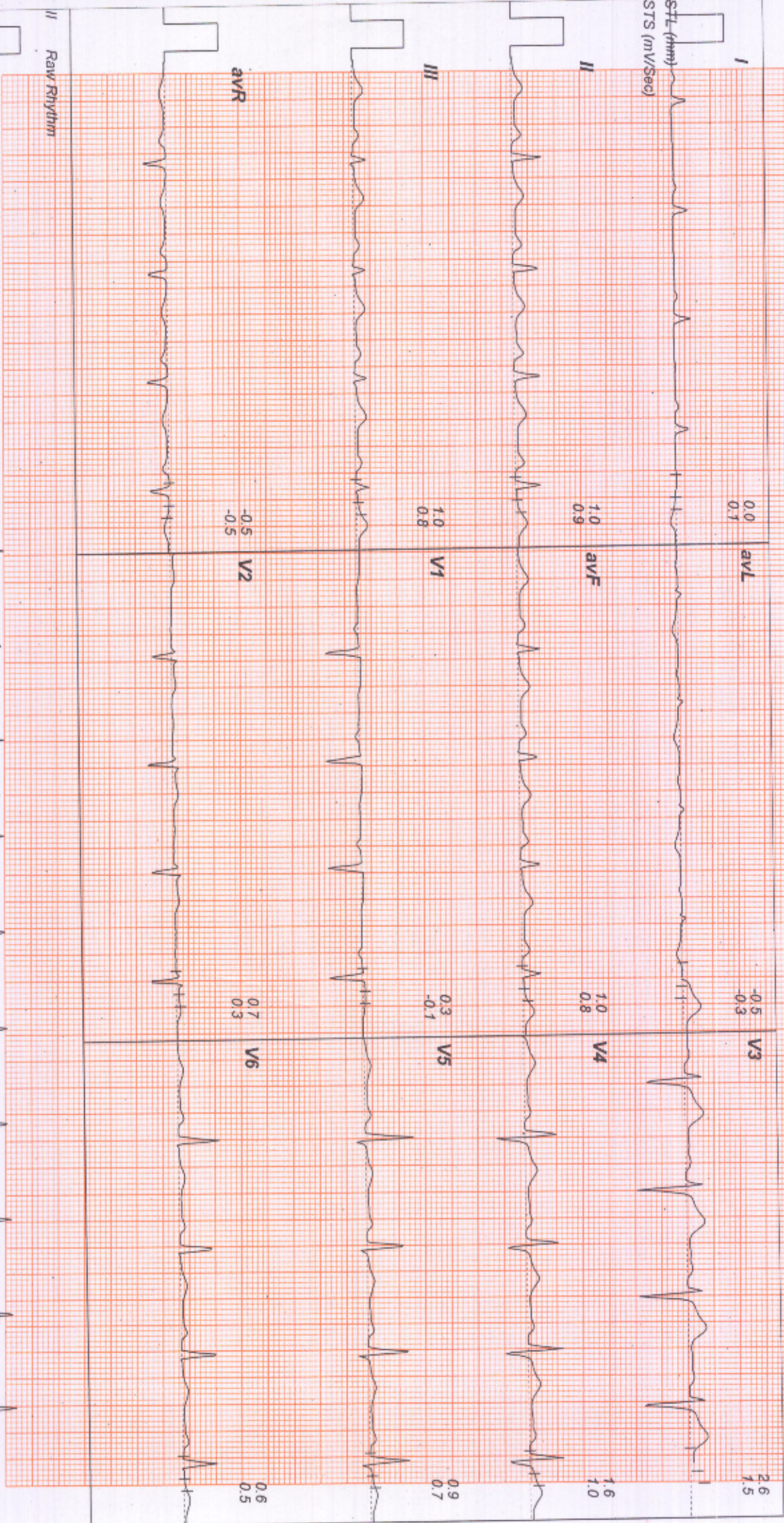
Linked Medians Report



SUPINE

123457215 / MR. M. RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 08:34:28 AM METs : 01:00 HR : 87 Target HR : 54% of 161 BP : 120/80 PosU @80ms ExTime : 00:58 Speed : 00:00 mph Grade : 00:00 % 25 mm/Sec. 1.0 Cm/mV



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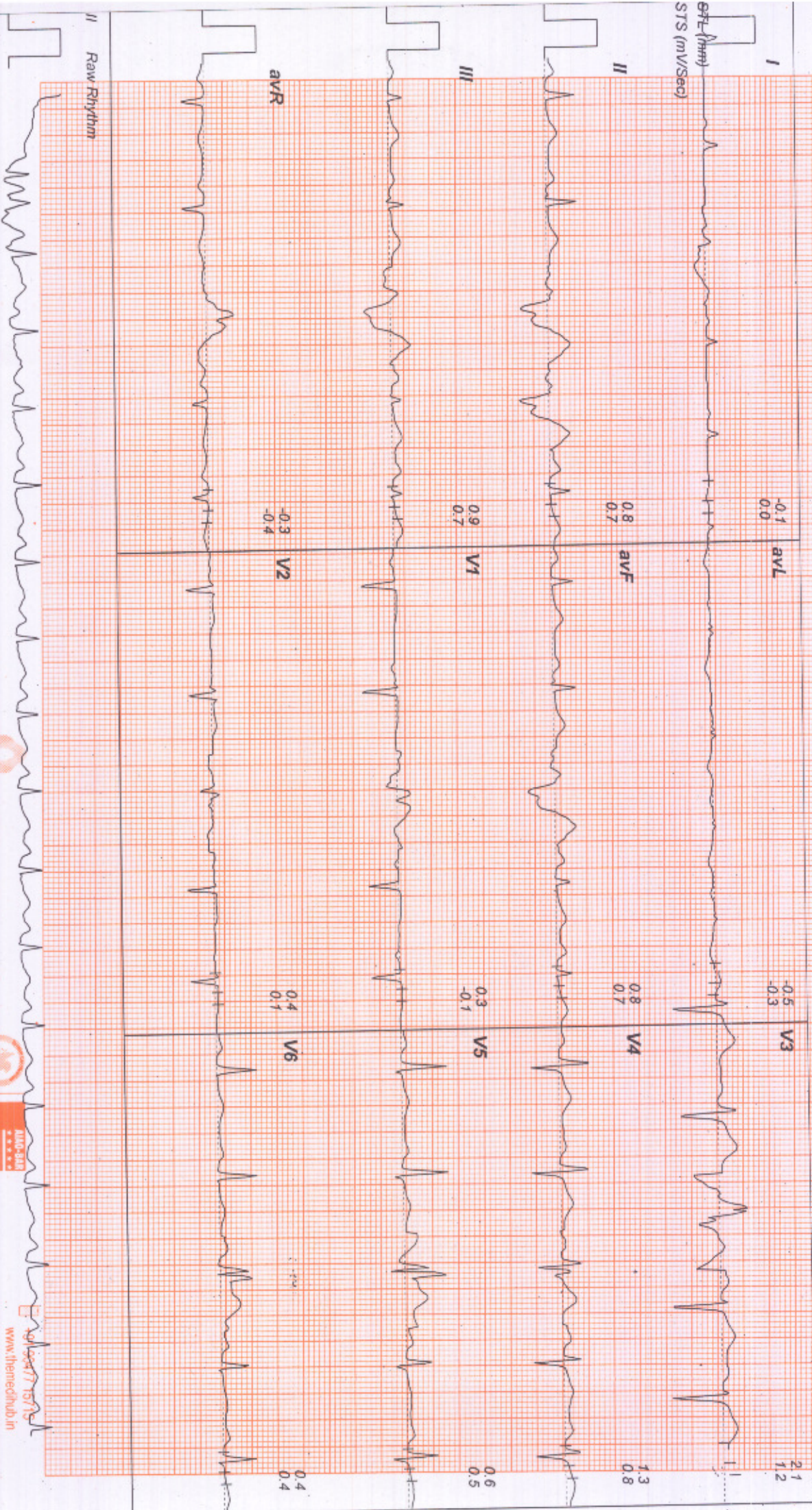
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Linked Medians Report STANDING



123457215 / MR. M. RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 08:34:28 AM METS: 01:00 HR: 94 Target HR: 68% of 161 BP: 120/80 PostU @80ms ExTime: 01:56 Speed: 00:00 mph Grade: 00:00% 25 mm/Sec 1.0 Cm/mV



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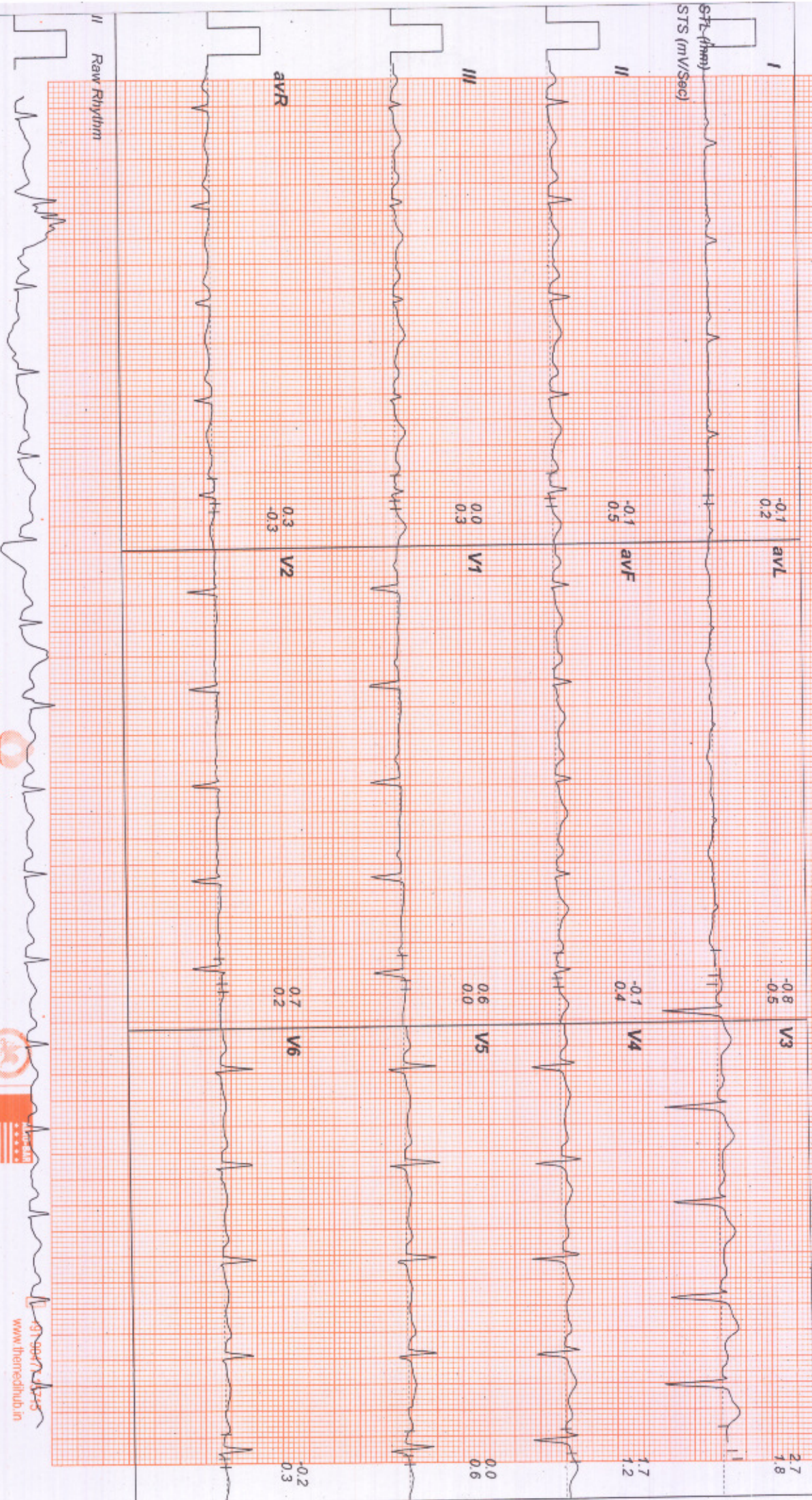
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Linked Medians Report



123457215 / MR M. RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 08:34:28 AM METs: 01.00 HR: 93 Target HR: 57% of 161 BP: 120/80 Pqstid @57ms Ex Time: 02:45 Speed: 00:00 mph Grade: 00:00 % 25 mm/Sec: 1.0 Cm/mV



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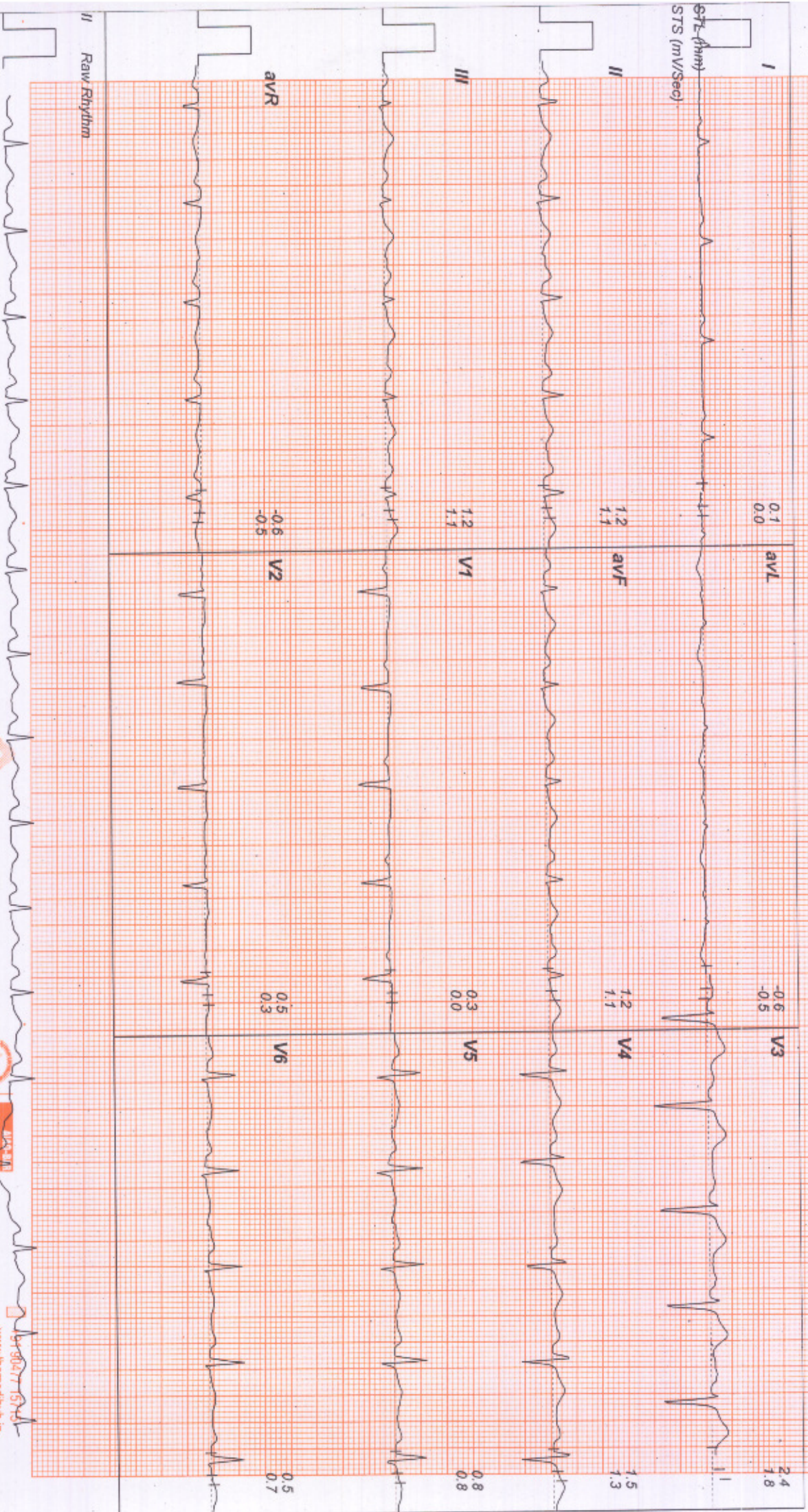
www.themediuhub.in

Linked Medians Report



123457215 / MR. M. RAJENDRAN / 59 yrs / Male / 0 Kg / 0 Cm / Non Smoker
 Date: 23 - 03 - 2024 08:34:28 AM METs : 01:00 HR : 94 Target HR : 58% of 161 BP : 120/80 Postd @60ms

ExTime : 00:00 Speed : 01:70 mph Grade : 10:00 % 25 mm/Sec. 1.0 Cm/mV



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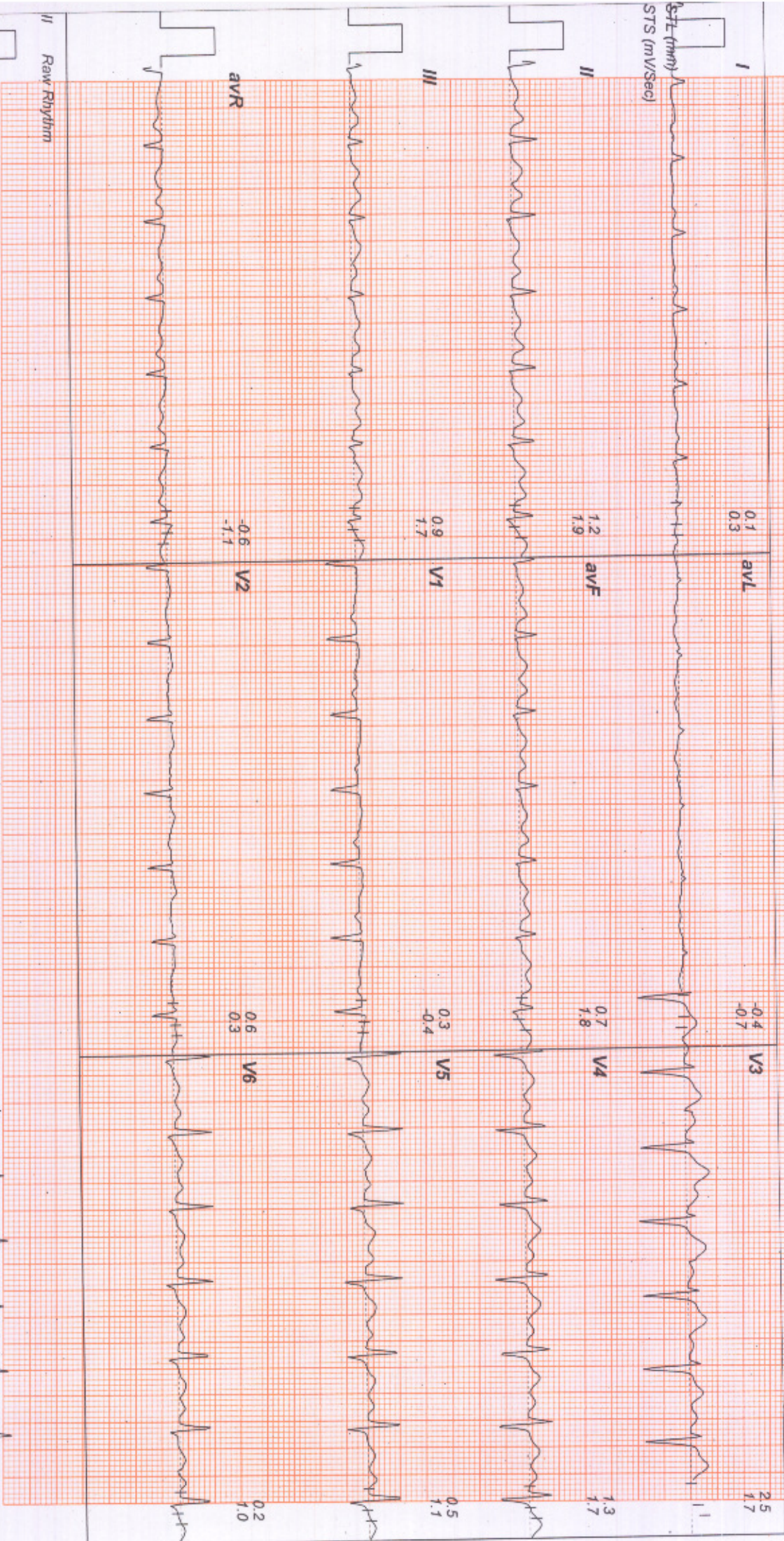
www.Dermidhub.in

Linked Medians Report
BRUCE : Stage 1 (03:00)



123451215 / MR. M. RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 08:34:28 AM METS : 04.70 HR : 125 Target HR : 77% of 161 BP : 130/90 PostU @70ms EX Time : 03:00 Speed : 01.70 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/1V



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Linked Medians Report

BRUCE : Stage 2 (03:00)



123457215 / MR M.RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 08:34:28 AM METs : 07.10 HR : 149 Target HR : 92% of 161 BP : 140/100 PostU @60ms EXTime : 06:00 Speed : 02.50 mph Grade : 12.00 % 25 mm/Sec 1.0 Cm/mv



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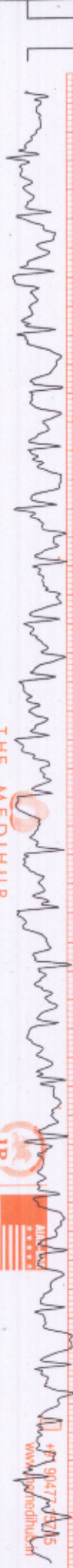
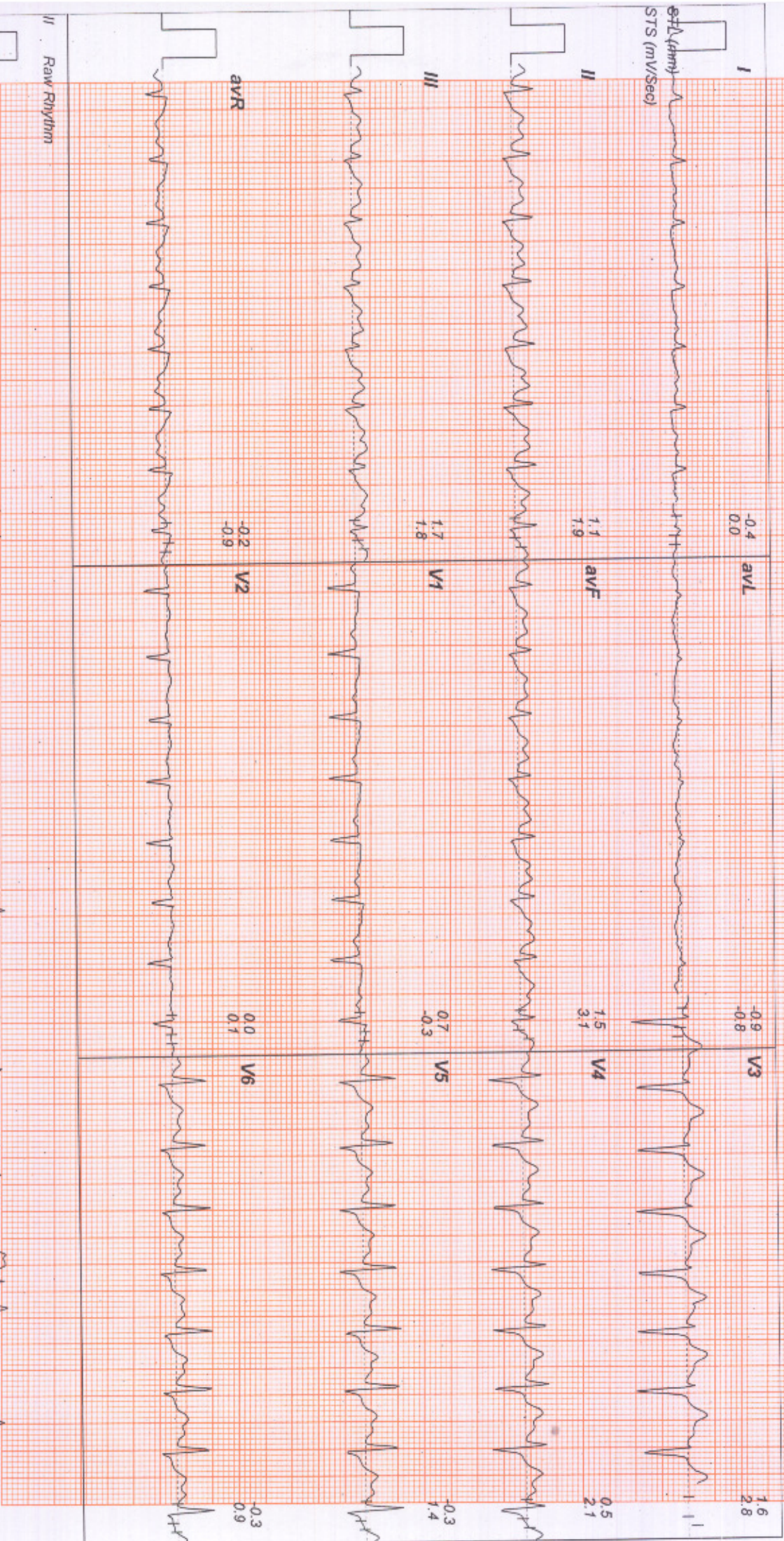
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Linked Medians Report



PeakEx

123457215 / MR M RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker
 Date: 23 - 03 - 2024 08:34:28 AM METs: 07.90 HR: 155 Target HR: 96% of 161 BP: 140/100 PostU @60ms EXTime: 06:43 Speed: 03.40 mph Grade: 14.00% 25 mm/Sec 1.0 Cm/mV



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Linked Medians Report Recovery: (01:00)



123457215 / MR M. RAJENDRAN / 59 Yrs / Male / 70 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 08:34:28 AM METs: 01:10 HR: 136 Target HR: 84% of 161 BP: 140/100 PostU @60ms ExTime: 06:43 Speed: 01:10 mph Grade: 00:00 % 25 mmVSec: 1.0 Cm/mV



Linked Medians Report
Recovery: (02:00)



123457215 / MR M. RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker
 Date: 23 - 03 - 2024 08:34:28 AM METs: 01.00 HR: 124 Target HR: 77% of 161 BP: 130/90 Postl @ 73ms Ex Time: 06:43 Speed: 01.10 mph Grade: 00.00 % 25 mm/Sec 1.0 Cm/mV



Raw Rhythm

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Linked Medians Report

Recovery: (03:00)



23457215 / MR M. RAJENDRAN / 59 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 08:34:28 AM METs: 01:00 HR: 119 Target HR: 73% of 161 BP: 120/80 PostU @80ms EXTime: 06:43 Speed: 01:10 mph Grade: 00:00% 25 mm/Sec. 1.0 Cm/mV



Raw Rhythm

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123457215 / MR M. RAJENDRAN / 59 Yrs / M / 0 Kg / 0 Cms / NonSmoker

Date: 23 - 03 - 2024

Protocol : BRUCE

Medication : Nil
Ref. By : SELF

Objective : FOR TESTING PURPOSE ONLY
History : Nil

Stage	StageTime (Min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine				1.0	86	120/80	103	-	
Standing				1.0	100	120/80	120	-	
HV				1.0	96	120/80	115	-	
Standing				1.0	93	120/80	111	-	
HV				1.0	92	120/80	110	-	
ExStart				1.0	96	120/80	115	-	
Stage 1	3:00	1.7	10.0	4.7	125	130/90	162	-	
Stage 2	3:00	2.5	12.0	7.1	149	140/100	208	-	
PeakEx	0:43	3.4	14.0	7.9	155	140/100	217	-	
Recovery	1:00	1.1	0.0	1.2	136	140/100	190	-	
Recovery	2:00	1.1	0.0	1.0	124	130/90	161	-	
Recovery	3:00	1.1	0.0	1.0	119	120/80	142	-	
Recovery	3:04	1.1	0.0	1.0	120	120/80	144	-	

Findings :

Exercise Time : 06:44
Max HR Attained : 155 bpm 96% of Target 161
Max BP : 140/100
Max Workload attained : 7.9(Fair Effort Tolerance)

That is Negative for Inducible Ischemic

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FC (Diab), Sports Medicine
PG (Diab), Sports Medicine - USA

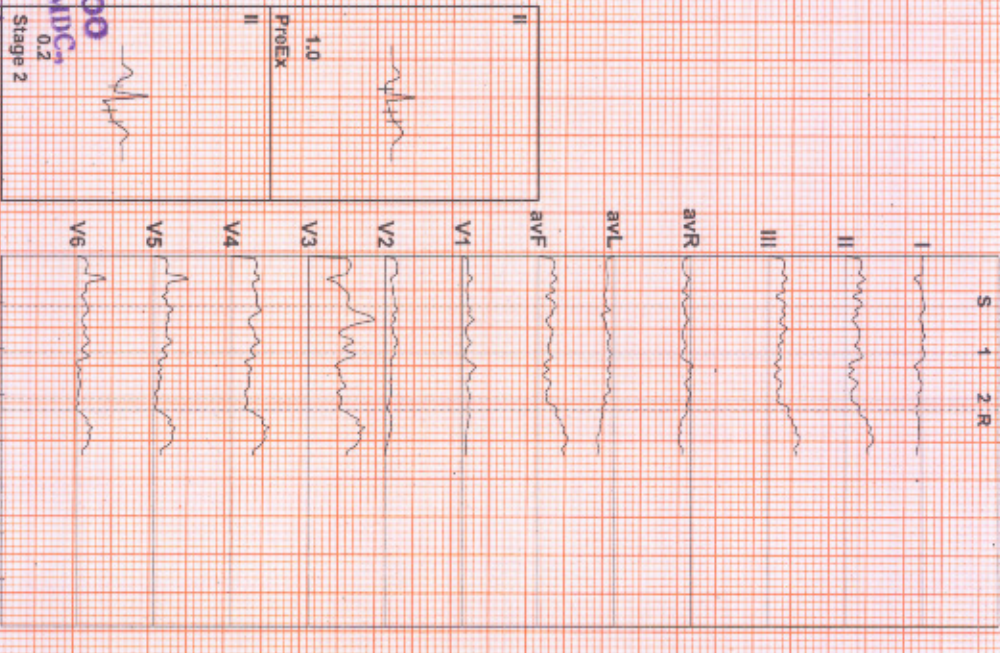
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Name: MR .M.RAJENDRAN

Age: 59 YRS

ID No: PDF 1317/2024 Sex: Male

Ref By: Dr. RAMESH RAJA PRABHOO M.B.B.S; F.R.S.H.

Date : 23.03.2024

ULTRA SOUND SCAN OF ABDOMEN

Clinical status: Routine clinical examination.

Liver:

Liver is normal in size with normal echoes.
Intrahepatic biliary radicles are not dilated.
Portal and hepatic veins are normal.
No focal lesion.

Gallbladder: Gallbladder is normal in size.
No calculi or sludge seen in the gallbladder.
Wall is not thickened.

Spleen: Normal in size and echo pattern.

Pancreas: Head, body and tail of pancreas is normal.

Kidneys:

Right kidney is normal in size with normal echoes.
Left kidney is normal in size with normal echoes.
Corticomedullary differentiation is maintained.

There is no free fluid in peritoneal cavity.

Urinary Bladder: is Normal.

Prostate: is Normal.

IMPRESSION:

NORMAL STUDY

Dr. Rajalakshmi.C
M.B.B.S; D.M.R.D.

Registration No:58990



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Patient Name	MR.RAJENDRAN.M	Age / Sex	58 Years/ M
Ref. by	APOLLO	Sample Date	23.03.2024

HAEMOTOLOGY

COMPLETE HAEMOGRAM (CBC)			
Total WBC Count	8000	cells/cumm	4000 - 11000
Diff.Count			
Polymorphs	66	%	45 - 75
Lymphocytes	29	%	22 - 45
Eosinophil	02	%	00 - 08
Monocytes	03	%	00 - 06
Basophils	00	%	00 - 02
Hemoglobin	17.2	gms %	M:13 - 18, F:12 - 16
ESR-1 hr	11	mm	M-15/1 hr.F-20/1 hr
Hematocrit(PCV)	53.9	%	M:40 - 56, F:36 - 50
Total RBC Count	5.14	million cells/cumm	4.0 - 6.0
Platelet Count	1.93	lakhs/cumm	1.5 - 4.0
MCV	87.7	fL	76 - 96
MCH	28.0	pg/cell	25 - 33
MCHC	31.9	g/dl	30 - 36
Blood Group & Rh Type	" A1 " Positive		

BIO CHEMISTRY

TEST NAME	RESULTS	UNITS	NORMAL RANGE
Fasting Blood Sugar	207.8	mg/dl	70 - 110
Post Prandial 2 hrs Sugar	218.5	mg/dl	80 - 160

RENAL FUNCTION TEST

TEST NAME	RESULTS	UNITS	NORMAL RANGE
BUN	9.4	mg/dl	5 - 25
Creatinine	1.20	mg/dl	0.5 - 1.5
Uric acid	3.9	mg %	2.6 - 6.0
Urea	18.9	mg/dl	10 - 45
Calcium	10.9	mg/dl	8.0 - 11.0

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Patient Name	MR.RAJENDRAN.M	Age / Sex	58 Years/ M
Ref. by	APOLLO	Sample Date	23.03.2024

LIPID PROFILE

TEST NAME	RESULTS	UNITS	NORMALRANGE
Total Cholesterol	218.3	mg/dl	Desirable : Below 200 Borderline : 201 – 240 Undesirable: Above 241
Serum Triglycerides	183.6	mg/dl	Desirable : Below 160 Borderline : 161 – 180 Undesirable: Above 181
HDL Cholesterol	59.5	mg/dl	Desirable : Above 41 Borderline : 35 – 40 Undesirable: Below 34
LDL Cholesterol	122.1	mg/dl	Desirable : Below 140 Borderline : 141 – 160 Undesirable: Above 161
VLDL Cholesterol	36.7	mg/dl	20 - 45

THYROID PROFILE

TEST NAME	RESULTS	UNITS	NORMALRANGE
Total Triiodothyronine (T3)	126.16	ng/dL	58-159
Total Thyroxine (T4)	8.10	ug/dL	4.87-11.72
Thyroid StimulatinHormone(TSH)	1.89	uIU/mL	0.35-4.94

T3 : Competitive Chemi Luminescent Immuno Assay

T4 : Competitive Chemi Luminescent Immuno Assay

TSH :Ultra Sensitive Sandwich Chemi Luminescent Immuno

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Patient Name	MR.RAJENDRAN.M	Age / Sex	58 Years/ M
Ref. by	APOLLO	Sample Date	23.03.2024

LIVER FUNCTION TEST

TEST NAME	RESULTS	UNITS	NORMAL RANGE
Bilirubin Total	0.7	mg/dl	0.2 - 1.2
Bilirubin Direct	0.3	mg/dl	Up to 0.6
Bilirubin Indirect	0.4	mg/dl	Up to 0.8
SGOT (AST)	37.5	U/L	Up to 39
SGPT (ALT)	40.9	U/L	Up to 40
Alkaline Phosphatase	123.5	U/L	50 - 128
Total Protein	7.5	gm/dl	6.0 - 8.0
Albumin	4.2	gm/dl	3.5 - 5.5
Globulin	3.3	gm/dl	2.3 - 3.5
A/G Ratio	1.27:1	gm/dl	1.5 - 2.5
Gamma GT	39.4	U/L	Upto 45
Serum PSA	2.12	ng/ml	Up to 4

Diabetes Screen (Blood)			
HbA1c	6.5	%	Below 6.0 – Non-Diabetic 6.1 – 7.4 – Good Control 7.5 – 8.0 – Fair Control 8.1 – 10.0 – Unsatisfactory Control Above 10.0 – Poor Control

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Patient Name	MR.RAJENDRAN.M	Age / Sex	58 Years/ M
Ref. by	APOLLO	Sample Date	23.03.2024

URINE ROUTINE ANALYSIS

Microscopic Examination

Colour	Yellow
Appearance	Clear
Reaction	Acidic
Albumin	Nil
Sugar	Greenish (Trace)
Acetone	Negative
Bile Salt	Negative
Bile Pigments	Negative
Urobilinogen	Not Increased
Specific Gravity	1.019

Microscopic Examination

Pus Cells	0-3/ hpf
RBC's	Nil
Epithelial Cells	1-4/ hpf
Casts	Nil
Crystal	Nil
Bacteria	Nil

Body Mass Index:

BMI : 26.4

BMI Categories: Underweight = <18.5

Normal weight = 18.5-24.9

Overweight = 25-29.9

Obesity = BMI of 30 or greater

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Patient Name	MR.RAJENDRAN.M	Age / Sex	58 Years/ M
Ref. by	APOLLO	Sample Date	23.03.2024

PERIPHERAL SMEAR

PERIPHERAL SMEAR REPORT :

RBCs : RBC's are normocytic normochromic. No nucleated Red

CellsAre seen.

Platelets : Adequate.

WBC : Total count and differential count are within normal limits.

DC - (P 66 L 29 M 3 E 2 B 0)

DIAGNOSIS : NORMOCHROMIC NORMOCYTIC BLOOD PICTURE

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MEDICAL CENTRE

SSS | SHANTHI

Social Services

A Registered Public Charitable Trust

Name : Mr. Rajendran.

Regn. No : 1679152

Age / Gender : 58/m Date : 23/3/2024

Height :

Weight :

Temp :

BP :

23/3/2024
APS-8

SIB. DR. Abinaya Pragas

C/C :- Check up.

O/E :- Gen. atition. + + +

RS $\frac{1}{7}$

Mising $\frac{6}{7}$

GIRD-10

Optometry OP - Case Record

Name : Mr. Rajendran

Age/Gender : 58/m

Date : 23/3/24

Reg.No.: 1679152

Occupation :

602 83438

Complaints of

PG months/years old

Regular Check-up / Broken / Missed Spectacle

Fall of Foreign body Redness / Watering / Irritation

Pain LE RE Duration

Defective Vision DV NV Duration

Headache Duration

Systemic Diseases :

Present Spectacle Power

Diabetes	Hypertension	Cardiac Diseases
5y		
Others		

- None

Relevant Lab Report :

RFBs - 154mg/dl

Automated Refractometry

R +0.25 / +1.50 x 165

L +1.00 / -1.50 x 90

Parameters	OD	OS
Unaided Vision	e.12	e.12
Pin Hole Vision	e.9	
Vision With PG		
NCT	14	15

+ +

Subjective Refraction :

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV	±	+1.00	170	e.9	±	+1.15	180	e.9
NV ADD			e.0	2.25	0.6	0	0	

Need Dilation / Cycloplegic Refraction
Tropicamide Plus / Cyclopentolate

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV								

Lens Prescription

Need PMT

MR. Chel

Optometrist Signature



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Name **MR RAJENDRAN**

Date **23.03.2024**

AGE/SEX **59/M**

CHEST X- RAY (PA VIEW)

- Both the lung fields are clear.
- Hilar shadows are normal.
- CP recesses are free bilaterally.
- Cardiac size and contour within normal limits.
- Diaphragmatic domes are regular bilaterally.

Impression: Normal X-Ray Chest.

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