

Patient Name	: Mr.GAGAN AS	Collected	: 23/Dec/2023 09:27AM
Age/Gender	: 33 Y 8 M 2 D/M	Received	: 23/Dec/2023 11:20AM
UHID/MR No	: CMYS.0000058988	Reported	: 23/Dec/2023 01:37PM
Visit ID	: CMYSOPV120673	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 176256		

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED230318749



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DEPARTMENT OF HAEMATOLOGY

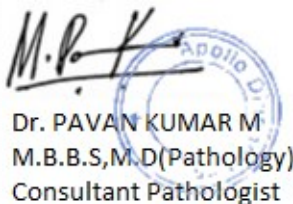
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.2	g/dL	13-17	Spectrophotometer
PCV	46.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.1	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	91	fL	83-101	Calculated
MCH	29.8	pg	27-32	Calculated
MCHC	32.8	g/dL	31.5-34.5	Calculated
R.D.W	12	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,100	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	47.9	%	40-80	Electrical Impedance
LYMPHOCYTES	44.3	%	20-40	Electrical Impedance
EOSINOPHILS	2.4	%	1-6	Electrical Impedance
MONOCYTES	5.2	%	2-10	Electrical Impedance
BASOPHILS	0.2	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	1963.9	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1816.3	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	98.4	Cells/cu.mm	20-500	Calculated
MONOCYTES	213.2	Cells/cu.mm	200-1000	Calculated
BASOPHILS	8.2	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	188000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

R.B.C: Majority are normocytic normochromic.

W.B.C: Are normal in number, morphology and relative increase in lymphocytes and absolute reduction in neutrophils.

Page 2 of 16



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Platelets: Adequate and are seen in singles and clumps.

Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH RELATIVE LYMPHOCYTOSIS.


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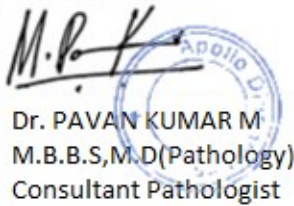


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Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	AB			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination


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Patient Name : Mr.GAGAN AS	Collected : 23/Dec/2023 01:18PM
Age/Gender : 33 Y 8 M 2 D/M	Received : 23/Dec/2023 02:09PM
UHID/MR No : CMYS.0000058988	Reported : 23/Dec/2023 03:48PM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	96	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

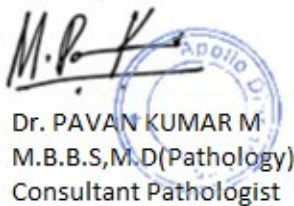
- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	101	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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Patient Name : Mr.GAGAN AS	Collected : 23/Dec/2023 09:27AM
Age/Gender : 33 Y 8 M 2 D/M	Received : 23/Dec/2023 11:44AM
UHID/MR No : CMYS.0000058988	Reported : 23/Dec/2023 12:32PM
Visit ID : CMYSOPV120673	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	4.8	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	91	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

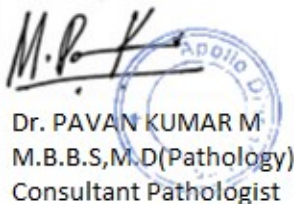
Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	171	mg/dl	0-200	CHOD
TRIGLYCERIDES	58	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	46	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	125	mg/dL	<130	Calculated
LDL CHOLESTEROL	113.86	mg/dL	<100	Calculated
VLDL CHOLESTEROL	11.54	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.75		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.95	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.27	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.68	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	19	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	62.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.70	g/dl	6.4-8.3	Biuret
ALBUMIN	4.45	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.25	g/dL	2.0-3.5	Calculated
A/G RATIO	1.37		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

Page 9 of 16



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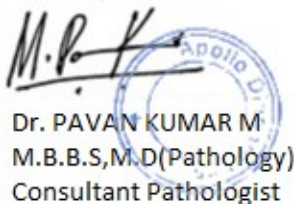


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- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.


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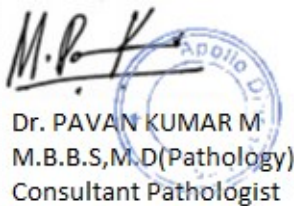


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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.82	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	23.41	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	10.9	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.50	mg/dL	3.5-8.5	Uricase
CALCIUM	9.88	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	3.92	mg/dl	2.7-4.5	Molybdate
SODIUM	142	mmol/L	135-145	Direct ISE
POTASSIUM	4.2	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	101	mmol/L	98 - 107	Direct ISE



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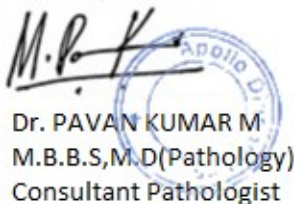


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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	15.00	U/l	0-55	IFCC



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

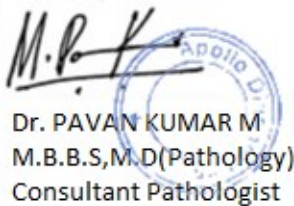
Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	0.94	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	6.86	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	1.720	µIU/mL	0.35-4.94	CMIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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SIN No:SPL23189062



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324


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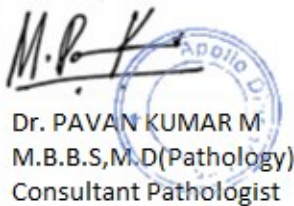


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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	5.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr. PAVAN KUMAR M
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:UR2248325



Patient Name : Mr.GAGAN AS	Collected : 23/Dec/2023 09:27AM
Age/Gender : 33 Y 8 M 2 D/M	Received : 23/Dec/2023 01:31PM
UHID/MR No : CMYS.0000058988	Reported : 23/Dec/2023 01:56PM
Visit ID : CMYSOPV120673	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 176256	

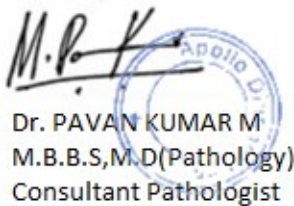
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UF010060



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Gagan . AS on 22/12/2015

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

Dr. [Signature]
Medical Officer
Apollo Clinic
The Apollo Clinic, Mysore

23, 1st Floor,
Kallidasa Road, Mysore - 02
PH : 0821-4006040/41

Apollo Health and Lifestyle Limited

ICIN : URS110TG2000PLC1158191

Regd. Office : 110-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: 040-4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore : Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indra Nagar | JP Nagar | Kundalahalli |

Koramangala | Sarjapur Road | **Mysore** | VV Mohalla

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Date : 23-12-2023
MR NO : CMYS.0000058988

Department : GENERAL
Doctor :

Name : Mr. GAGAN AS

Registration No :

Age/ Gender : 33 Y / Male

Qualification :

Consultation Timing: 09:14

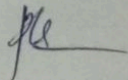
Height : 165	Weight : 55.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/60

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Came for regular health checkup
TMT - negative for exercise induced
ischemia.
Blood test - LDL - 113.88
Urine - R/E - normal
Chest Xray - normal study
USG Abdomen & Pelvis - normal
As
Life style modification

Follow up date :


Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 23-12-2023
MR NO : CMYS.0000058988
Name : Mr. GAGAN AS
Age/ Gender : 33 Y / Male

Department : GENERAL
Doctor : *Neelesh Bhat*
Registration No :
Qualification :

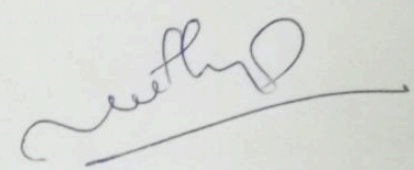
Consultation Timing: 09:14

Height : 165	Weight : 55.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/60

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Exam - normal
exam - NAD
throat - NAD



Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0822-4606040/41

Follow up date :

Doctor Signature

Date : 23-12-2023
MR NO : CMYS.0000058988

Department : GENERAL Dietetics
Doctor : Madhura. B.P

Name : Mr. GAGAN AS
Age/ Gender : 33 Y / Male

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PhD*

Consultation Timing: 09:14

IBW - 65 kg

Height : 1.65	Weight : 55.9	BMI : 20.5 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/60

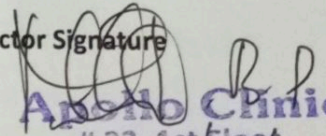
General Examination /
Allergies History

LDL - 113.86

Clinical Diagnosis & Management Plan

- ⇒ Advised high calorie & high protein diet.
- ⇒ Cooking oil - 1/2 liter / person / month. change the oil every month or 2 months once.
- ⇒ Use combination of oils like Rice bran oil, Groundnut oil, Gengelly oil, Mustard oil, coconut oil & etc. But do not mix the oils.
- ⇒ Avoid maida, sugar, too much of salt, baking soda & creams.
- ⇒ Avoid bakery products, chate, junk foods, deep fried foods, packed & processed foods.
- ⇒ Use skimmed milk instead of whole fat milk.

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore
Ph : 0822-4006040/41

Date : 23-12-2023
MR NO : CMYS.0000058988

Department : GENERAL
Doctor :

Name : Mr. GAGAN AS
Age/ Gender : 33 Y / Male

Registration No :
Qualification :

Consultation Timing: 09:14

Height : 165	Weight : 55.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/60

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Near
vism

Distant
vism.

Colour
vism.

Rt eye

n/6

6/6

(N)

lf eye

n/6

6/6

(N)

Follow up date :

Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-400940/41

ID: 58988

MR GAGAN A S

Male 33Years

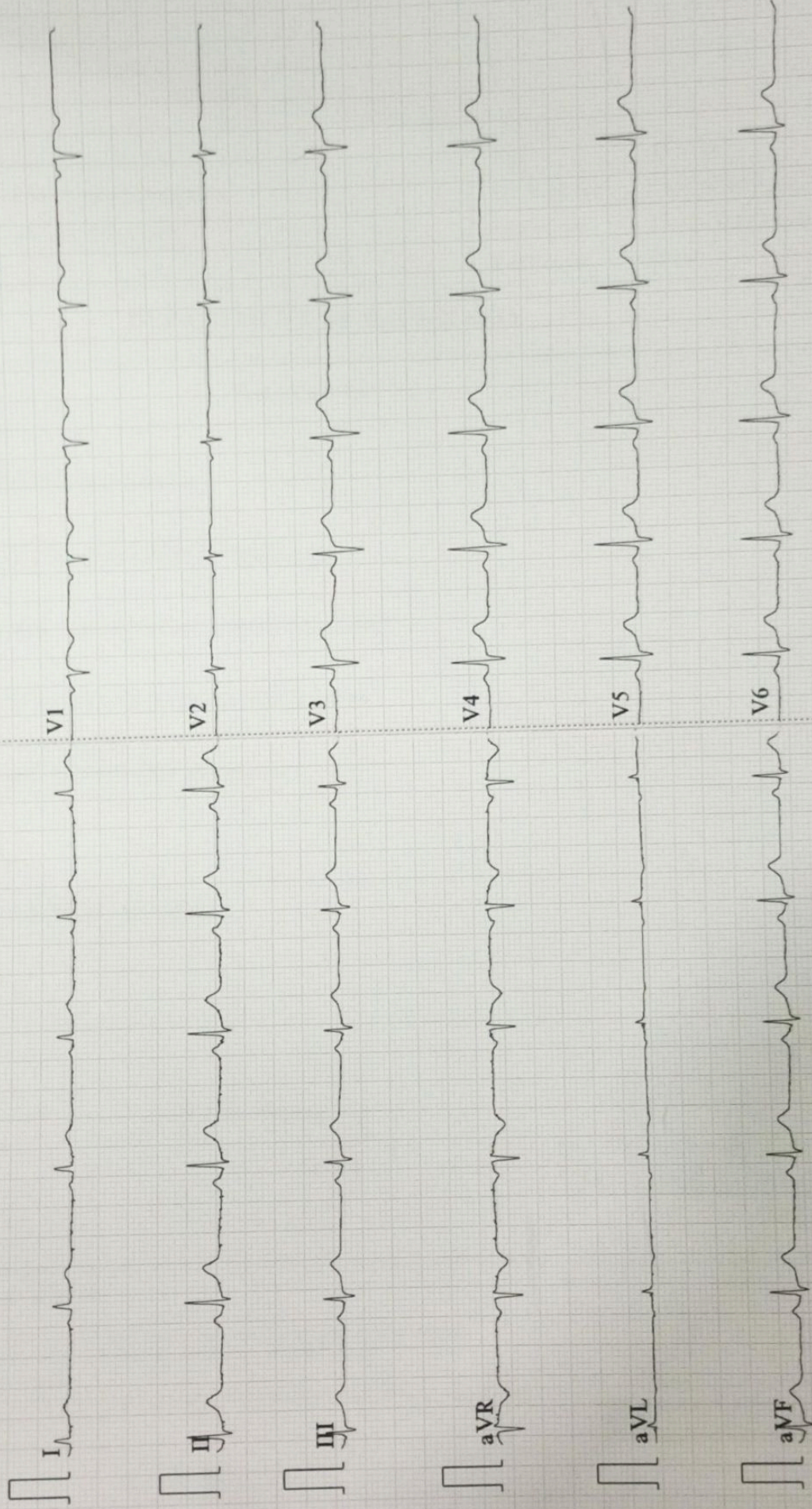
165cm 55kg 100/60 mmHg

23-12-2023 12:24:33 PM

Diagnosis Information:

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Unconfirmed Report.



ID: 58988

MR GAGAN A S

Male 33Years

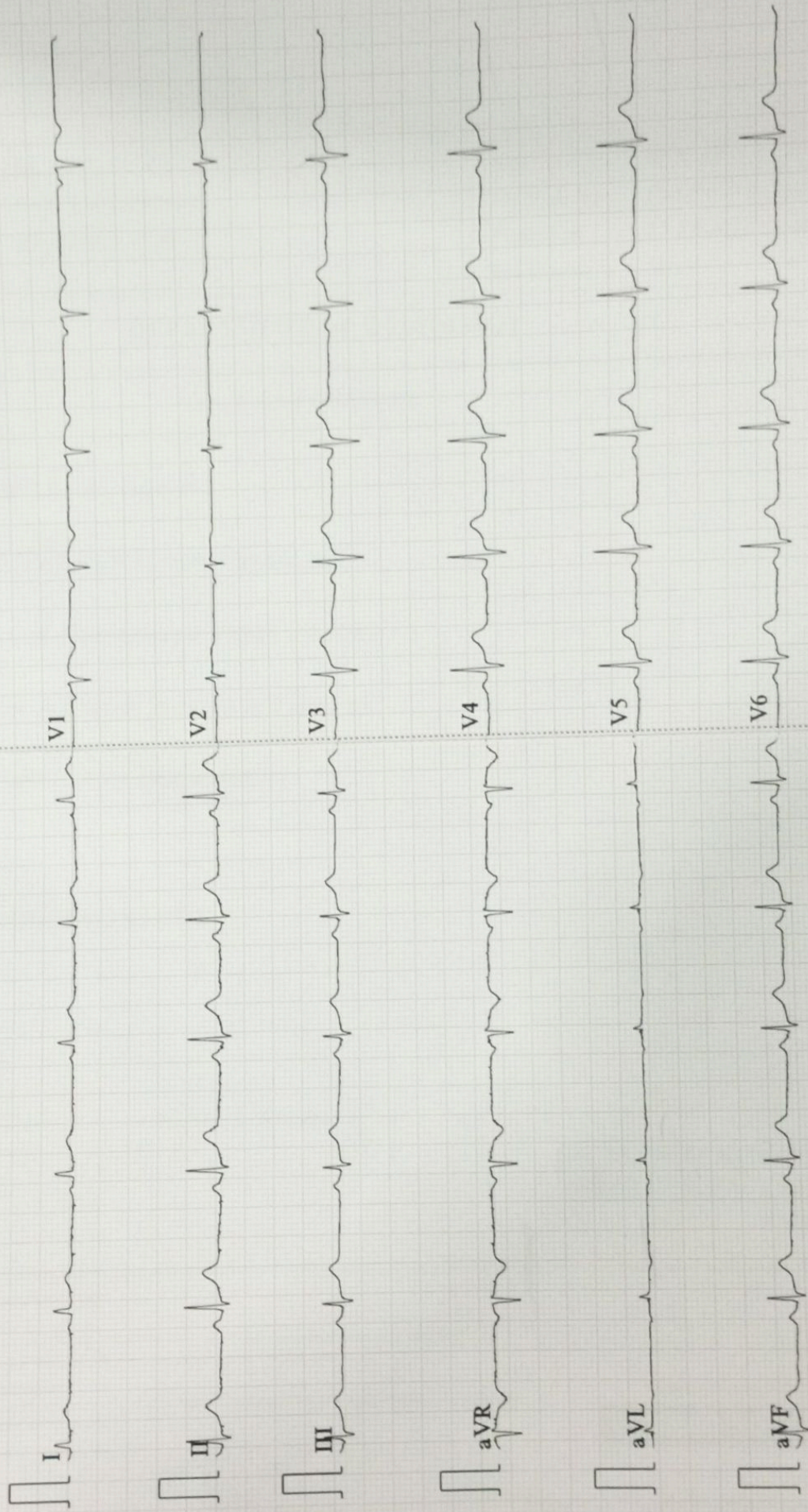
165cm 55kg 100/60 mmHg

23-12-2023 12:24:33 PM

Diagnosis Information:

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Unconfirmed Report.



0.5-45Hz AC50 2.5mm/s 10mm/mV 2*5.0s ♡66 CARDIART

D V1.43 Glasgow V28.6.0 APOLLO CLINIC MYSURU

Patient Name	: Mr. GAGAN AS	Age	: 33 Y M
UHID	: CMYS.0000058988	OP Visit No	: CMYSOPV120673
Reported on	: 23-12-2023 15:49	Printed on	: 23-12-2023 15:49
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.

Pradeep

Printed on:23-12-2023 15:49

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

ICPN : U85110TG2000PLC1158191


Regd. Office: 1, 10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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Koramangala | Sarjapur Road | **Mysore** | VV Mohalla

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name	: Mr. GAGAN AS	Age	: 33 Y M
UHID	: CMYS.0000058988	OP Visit No	: CMYSOPV120673
Reported on	: 23-12-2023 11:38	Printed on	: 23-12-2023 11:40
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 102x43 mm with parenchymal thickness of 16 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 112x52mm with parenchymal thickness of 16mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It measures 28x33x28 mm with a volume of 15 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C. N. DNB

Consolidated and Lifestyle Limited

ICIF: UR5110TG2000PLC115819

Regd. Office: 1, D-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: 040 4904 7777, Fax No: 4904 7744 | E-mail ID: enquiry@apollohi.com | www.apollohi.com

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

EXERCISE STRESS TEST REPORT



Apollo Clinic
Expertise. Closer to you.

Patient Name : Mr. GAGAN AS
UHID : CMYS.0000058988
Reported on : 23-12-2023 11:38
Adm/Consult Doctor :

Age : 33 Y M
OP Visit No : CMYSOPV120673
Printed on : 23-12-2023 11:40
Ref Doctor : SELF

Printed on:23-12-2023 11:38

---End of the Report---

Pradeep

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

ICPN: UR5110TG2000PLC115819
Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No: 040-4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore | Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
Koramangala | Sarjapur Road | **Mysore** | VV Mohalla

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

APOLLO CLINIC
KALIDASA ROAD
MYSORE

EXERCISE STRESS TEST REPORT

Patient Name: MR GAGAN A S,
Patient ID: 58988
Height: 165 cm
Weight: 55.9 kg

DOB: 21.01.1990
Age: 33 yrs
Gender: Male
Race:

Study Date: 23.12.2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR GURUPRASAD B V
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [mph]	Grade [%]	HR [bpm]	BP [mmHg]	Comment
PRETEST	SUPINE	02:16	1.00	0.00	75	100/60	
EXERCISE	STAGE 1	03:00	1.70	10.00	101	100/60	
	STAGE 2	03:00	2.50	12.00	111	130/90	
	STAGE 3	02:08	3.40	14.00	127	130/90	
RECOVERY		03:05	0.00	0.00	72		

The patient exercised according to the BRUCE for 8:08 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 68 bpm rose to a maximal heart rate of 129 bpm. This value represents 68 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/60 mmHg, rose to a maximum blood pressure of 130/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

GOOD EFFORT TOLERANCE
NORMAL HR AND BP RESPONSE
NO SIGNIFICANT ST T CHANGES NOTED DURING EXERCISE AND
RECOVERY
NO ANGINA, OR NO ARRHYTHMIAS.
TMT NEGATIVE FOR EXERCISE INDUCED ISHCHEMIA

Physician _____


Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Technician _____

Patient Name	: Mr. GAGAN AS	Age/Gender	: 33 Y/M
UHID/MR No.	: CMYS.0000058988	OP Visit No	: CMYSOPV120673
Sample Collected on	:	Reported on	: 23-12-2023 15:49
LRN#	: RAD2188277	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 176256		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

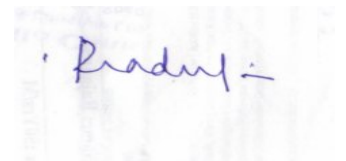
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Patient Name	: Mr. GAGAN AS	Age/Gender	: 33 Y/M
UHID/MR No.	: CMYS.0000058988	OP Visit No	: CMYSOPV120673
Sample Collected on	:	Reported on	: 23-12-2023 11:40
LRN#	: RAD2188277	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 176256		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

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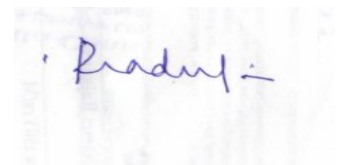
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LIVER: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C N, DNB
Consultant Radiologist.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Name: Mr. GAGAN AS
Age/Gender: 34 Y/M
Address: MYSORE
Location: MYSORE, KARNATAKA
Doctor:
Department: GENERAL
Rate Plan: MYSORE_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000058988
Visit ID: CMYSOPV120673
Visit Date: 23-12-2023 09:14
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Annual Health Checkup,

SYSTEMIC REVIEW

**Weight

--->: Stable,

Number of kgs: 55.9,

-=: 165,

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

**Cancer: NILL,

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

IMPRESSION

Finding Category : within normal limits,

ECG

: NORMAL,

RECOMMENDATION

DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

Doctor's Signature



बैंक ऑफ बड़ोदा
Bank of Baroda

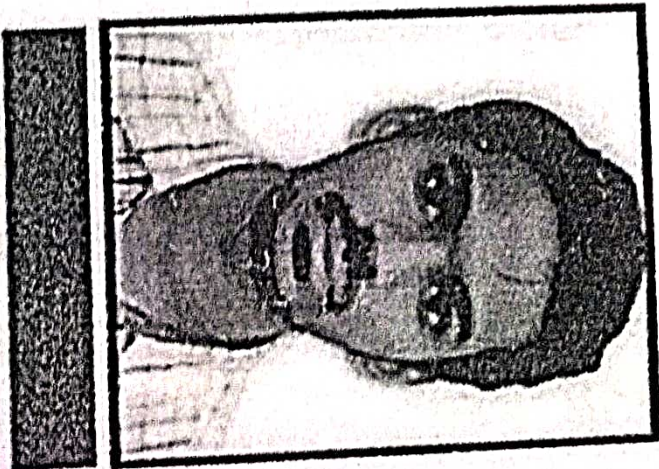
नाम
Name

गगन ए एस
Gagan A S

E.C. No.

176256

जारीकर्ता प्राधिकारी
Issuing Authority



धारक के हस्ताक्षर
Signature of Holder

Health Check up Booking Confirmed Request(bobE2769),Package Code-
PKG10000366, Beneficiary Code-294406

GAGAN A S <gaganas21@yahoo.in>

Sat 23-12-2023 08:39

To:Mysore Apolloclinic <mysore@apolloclinic.com>

Sent from Yahoo Mail for iPhone

Begin forwarded message:

On Thursday, December 21, 2023, 3:25 PM, Mediwheel <wellness@mediwheel.in> wrote:

011-41195959

payment_mode == 'Credit' || \$bookingDetails->payment_mode == 'Cashless') {'; } -->

Dear **GAGAN A S**,

We are pleased to confirm your health checkup booking request with the following details.

Booking Date : 14-12-2023
Hospital Package Name : Mediwheel Full Body Annual Plus
Patient Package Name : Mediwheel Full Body Health Checkup Male Below 40
Name of Diagnostic/Hospital : Apollo Clinic
Address of Diagnostic/Hospital : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore - 570002
City : Mysore
State :
Pincode : 570002
Appointment Date : 23-12-2023
Confirmation Status: Booking Confirmed
Preferred Time : 8:00am-9:00am
Booking Status : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
MR. S GAGAN A	33 year	Male

Note - Please note to not pay any amount .

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.