

PATIENT NAME : VINYA RAJAN

REF. DOCTOR : DR.SINDHU

CODE/NAME & ADDRESS : CA00010147 -
 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : **4177XC000012**
PATIENT ID : VINYF0104874177
CLIENT PATIENT ID:
ABHA NO :

AGE/SEX : 36 Years Female
DRAWN :
RECEIVED : 01/03/2024 08:51:55
REPORTED : 02/03/2024 09:28:48

Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

TREADMILL TEST

TREADMILL TEST COMPLETED

OPHTHAL

OPHTHAL ATTACHED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED

JINCY P J
RADIOGRAPHER



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PERFORMED AT :

DDRC AGILUS PATHLABS LIMITED
 Room A1, Ground Floor, Sitaram Tejal,
 Opp.110KV Substation, Ashwini Junction
 TRICHUR, 680022
 KERALA, INDIA
 Tel : 93334 93334
 Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600008046106

PATIENT NAME : VINYA RAJAN		REF. DOCTOR : DR.SINDHU	
CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156		ACCESSION NO : 4177XC000012	AGE/SEX : 36 Years Female
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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

ECG WITH REPORT

**REPORT
COMPLETED**

USG ABDOMEN AND PELVIS

**REPORT
COMPLETED**

CHEST X-RAY WITH REPORT

**REPORT
COMPLETED**

HAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	4.7	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal
 More stringent goal : < 6.5 %.
 General goal : < 7%.
 Less stringent goal : < 8%.

Glycemic targets in CKD :-
 If eGFR > 60 : < 7%.
 If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	88.2	< 116.0	mg/dL
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TINTU MARIYA
LAB TECHNOLOGIST

RESHMA K R
LAB TECHNOLOGIST

DR. SINDHU GEORGE, MBBS, MD
(Reg No TCMC:28380)
QUALITY MANAGER



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BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN	14.3	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.85 High	3.8 - 4.8	mil/ μ L
WHITE BLOOD CELL COUNT	4.57	4.0 - 10.0	thou/ μ L
PLATELET COUNT	266	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	44.8	36 - 46	%
MEAN CORPUSCULAR VOL	92.3	83 - 101	fL
MEAN CORPUSCULAR HGB.	29.4	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	31.9	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	13.3	11.6 - 14.0	%
MENTZER INDEX	19.0		
MEAN PLATELET VOLUME	7.7	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	56	40 - 80	%
LYMPHOCYTES	31	20 - 40	%
MONOCYTES	06	2 - 10	%
EOSINOPHILS	07 High	1 - 6	%
BASOPHILS	00	< 1 - 2	%
ABSOLUTE NEUTROPHIL COUNT	2.56	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	1.42	1 - 3	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.27	0.20 - 1.00	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.32	0.02 - 0.50	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.0		

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Patient Ref. No. 66600008046106

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Test Report Status **Final**

Results

Units

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

SEDIMENTATION RATE (ESR)	11	0 - 20	mm at 1 hr
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SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
-----------------------------	--------------	--------------

SUGAR URINE - FASTING

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE O
RH TYPE	POSITIVE

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY


TINTU MARIYA
LAB TECHNOLOGIST



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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 9 Adult(<60 yrs) : 6 to 20 mg/dL

BUN/CREAT RATIO

BUN/CREAT RATIO 9.8 5.00 - 15.00

CREATININE, SERUM

CREATININE 0.91 18 - 60 yrs : 0.6 - 1.1 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 89 Diabetes Mellitus : > or = 200. mg/dL
 Impaired Glucose tolerance/
 Prediabetes : 140 - 199.
 Hypoglycemia : < 55.

GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 86 Diabetes Mellitus : > or = 126. mg/dL
 Impaired fasting Glucose/
 Prediabetes : 101 - 125.
 Hypoglycemia : < 55.

LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL 0.87 General Range : < 1.1 mg/dL
 BILIRUBIN, DIRECT 0.30 General Range : < 0.3 mg/dL
 BILIRUBIN, INDIRECT 0.57 0.00 - 1.00 mg/dL

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TOTAL PROTEIN	6.4	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.4	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.0	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	2.2 High	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	28	Adults : < 33	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	22	Adults : < 34	U/L
ALKALINE PHOSPHATASE	43	Adult(<60yrs) : 35 - 105	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	7	Adult (female) : < 40	U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN	6.4	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	3.0	Adults : 2.4-5.7	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	157	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	75	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	59	General range : 40-60	mg/dL

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LDL CHOLESTEROL, DIRECT	96	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	98	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO	15.0	< or = 30.0	mg/dL
LDL/HDL RATIO	2.7 Low	3.30 - 4.40	
	1.6	0.5 - 3.0	

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

THYROID PANEL, SERUM

T3	101.66	Non-Pregnant : 60-181 Pregnant Trimester-wise 1st : 81-190 2nd : 100-260 3rd : 100-260	ng/dL
T4	7.60	3.2 - 12.6	µg/dl
TSH 3RD GENERATION	4.290	18-49 yrs(Non-Pregnant) : 0.4-4.2 Pregnant (Trimester wise): 1st : 0.1-2.5 2nd : 0.2-3.0 3rd : 0.3-3.0	µIU/mL

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CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

PHYSICAL EXAMINATION, URINE

COLOR	PALE YELLOW
APPEARANCE	SLIGHTLY HAZY

CHEMICAL EXAMINATION, URINE

PH	6.5	4.7 - 7.5
SPECIFIC GRAVITY	1.010	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	3-5	0-5	/HPF
EPITHELIAL CELLS	10-15	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	DETECTED (FEW)	NOT DETECTED	

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RESHMA K R
LAB TECHNOLOGIST



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Patient Ref. No. 66600008046106

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. VENYA RAJAN
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): front of chest
3. Age/Date of Birth	:	36, 01-04-1987 Gender: F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height 163 (cms)	b. Weight 58 (Kgs)	c. Girth of Abdomen 77 (cms)
d. Pulse Rate (/Min)	e. Blood Pressure:	Systolic Diastolic
	1 st Reading	90 60
	2 nd Reading	90 60

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	69	Good	
Mother	60	Good	
Brother(s)	39	Good	
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
No	No	No

PERSONAL HISTORY

- | | |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N ✓ | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N ✓ |
| b. Have you undergone/been advised any surgical procedure? Y/N ✓ | d. Have you lost or gained weight in past 12 months? Y/N ✓ |

Have you ever suffered from any of the following?

- | | |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? Y/N ✓ | • Any disorder of Gastrointestinal System? Y/N ✓ |
| • Any disorders of Respiratory system? Y/N ✓ | • Unexplained recurrent or persistent fever, and/or weight loss Y/N ✓ |
| • Any Cardiac or Circulatory Disorders? Y/N ✓ | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N ✓ |
| • Enlarged glands or any form of Cancer/Tumour? Y/N ✓ | • Are you presently taking medication of any kind? Y/N ✓ |
| • Any Musculoskeletal disorder? Y/N ✓ | |

• Any disorders of Urinary System?

Y/N ✓

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N ✓

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N ✓

d. Do you have any history of miscarriage/abortion or MTP

Y/N ✓

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N ✓

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N ✓

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N ✓

f. Are you now pregnant? If yes, how many months?

Y/N ✓

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N ✓

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N ✓

➤ Are there any points on which you suggest further information be obtained?

Y/N ✓

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

.....
.....

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

LT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

[Handwritten Signature]
Dr. Srinivasan S
MBBS, MD (Biochemistry)
Reg. No: 28380
Consultant Biochemist

Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :

Date & Time :



DDRC agilus Pathlabs Limited.

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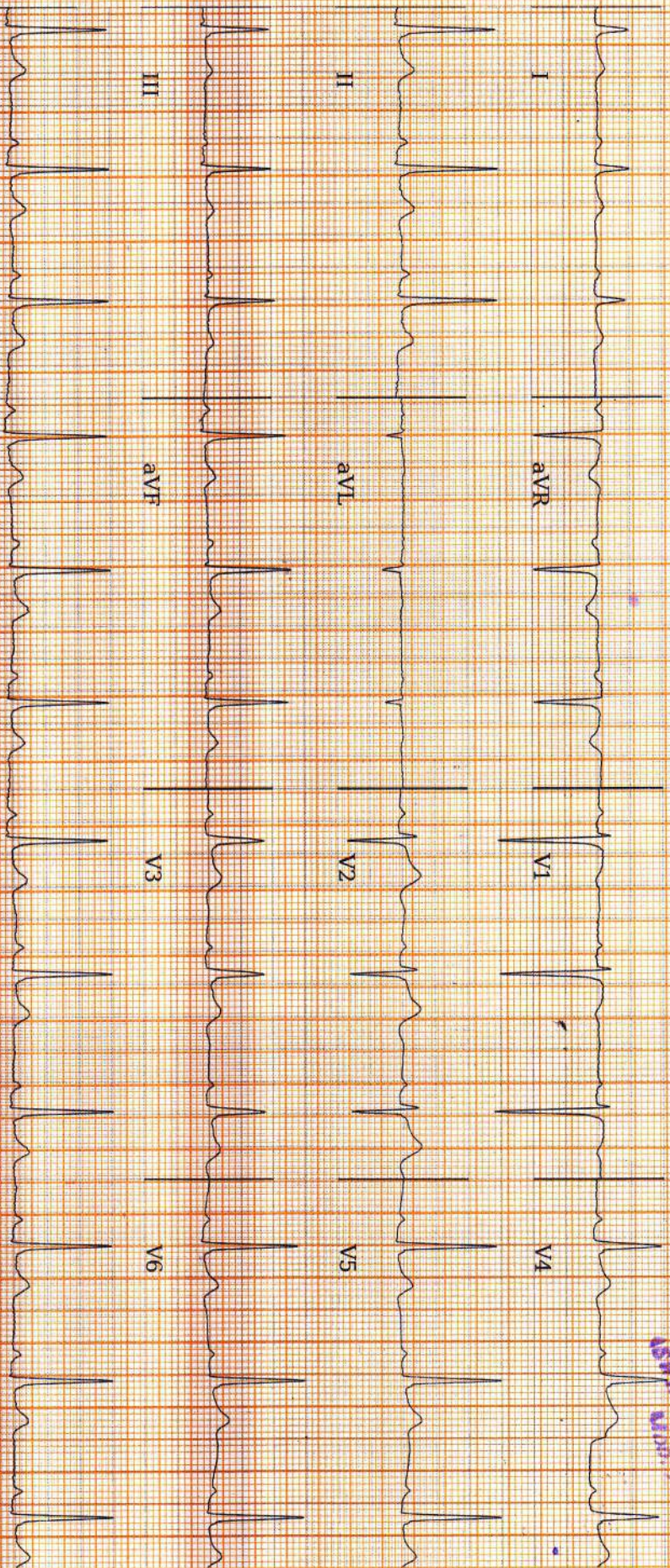
Age / Gender: 36/Female
 Patient ID: 0012
 Patient Name: Vinya rajan

Date and Time: 1st Mar 24 10:25 AM

eg wnt

Dr. PRANOD V V A
 MD(Medicine), DM(Cardiac)
 Reg. No: 27265

Reg. No: 27265
 Consultant Cardiologist
 THRISSUR
 COMBINED HOSPITAL
 ISMAIL ABDUL KADIR
 175248900



ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

AR: 73bpm

VR: 72bpm

QRS: 90ms

QT: 358ms

QTcB: 39.2, 17ms

25.0 mm/s, 10.0 mm/mV

0.20HZ, 50HZ



P-R-T: 54° 70° 57°

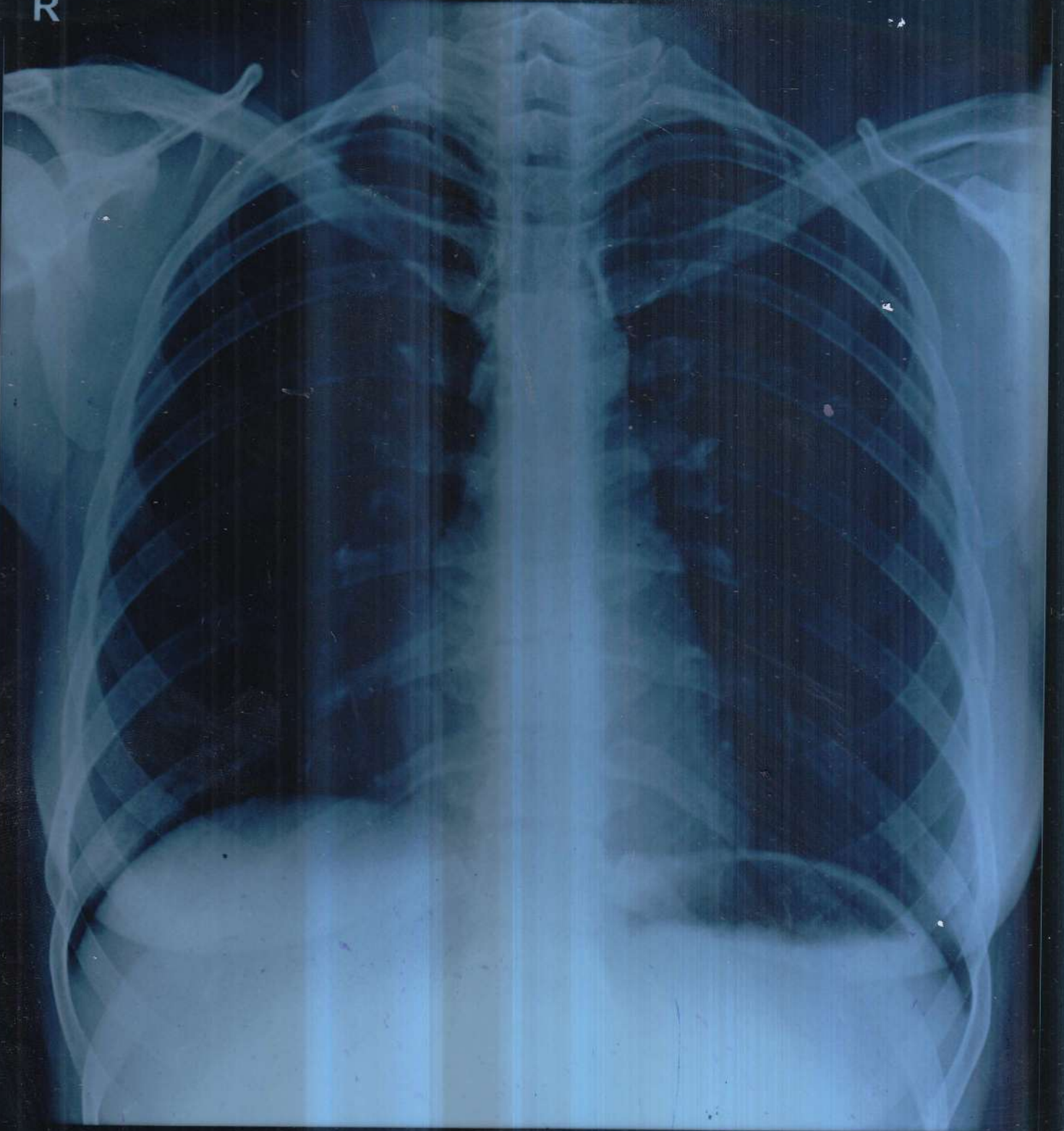
REPORTED BY

Dr. Prasad R
 MBBS

KMG 72270

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.

R



VINYA RAJAN 36Y/F XC0012 O CHEST-PA 01-Mar-24 10:07 AM

DDRC AGILUS, THRISSUR. PH9446425900

Name: VINYA RAJAN**Date: 01.03.2024****Age/Sex: 54 Y /FEMALE****CHEST X-RAY (PA View):**

Trachea is central.

Cardiac shadow appears normal in size and configuration.

Both lung fields are clear.

Bilateral costophrenic and cardiophrenic angles are clear.

No focal consolidation, effusion, pulmonary edema or pneumothorax.

Both hila appear normal.

Bony thorax and soft tissues are unremarkable.

IMPRESSION:

➤ No significant abnormality detected.



DR. BHARATH CHANDRAN G.
MBBS, MD-REG NO: 53107(TCMC)
CONSULTANT RADIOLOGIST



VISION CERTIFICATE

This is to certify that..... VINYA RAJAN 36/F has been
examined and results are as follows

	Right Eye	Left Eye
Distant Vision :	6/6 (UN AIDED)	6/6
Near vision :	N6 (UN AIDED)	N6
IOP(Intra ocular pressure) :	13 (mm of Hg) WNL	13
Anterior segment :	NORMAL	NORMAL
Fundus :	NORMAL	NORMAL
Squint :	NIL	NIL
Colour Vision :	NORMAL	NORMAL

Doctor's Signature

Reshmi

DR. RESHMI E. GEORGE
M.B.B.S., MS(OPH)
CONSULTANT OPHTHALMOLOGIST
Reg.No : 44076



Place : Thrissur
Date : 1/3/2024

Patient Name: MRS. VINYA RAJAN	Age: 36Y	Sex: Female
Ref. Consultant :	AC No:	Date: 01.03.2024
Clinical details: Health check up		

USG ABDOMEN AND PELVIS

Liver measures 11.7cm, normal in size and echotexture. No focal lesions seen. PV and CBD are normal in course and calibre. No dilatation of intrahepatic biliary radicals seen. Subphrenic spaces are normal.

Gall bladder is distended and appears normal.

Spleen measures 6.7cm, normal in size and echotexture. No focal or diffuse lesions seen.

Pancreas head normal body and tail is obscured.

Right kidney measures 7.5 x 3.3 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Left kidney measures 7.7 x 4.4 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Urinary bladder is distended. Wall appears normal. No calculus or mass seen.

Uterus is anteverted and measures 5.8 x 5.1 x 7.8cm, normal in size and echotexture. No focal myometrial lesions. Endometrial thickness 4 mm.

Right ovary measures 1.4 x 1.2cm. Left ovary measures 1.9 x 1.6 cm. Both ovaries are normal in size and echotexture.

No adnexal mass seen. No free fluid noted in POD.

No ascites. Upper para aortic area normal. No significant bowel wall thickening noted.

IMPRESSION

➤ **No significant abnormalities detected in the present study.**

Dr. BHARATH CHANDRAN G
 MBBS, MD
 CONSULTANT RADIOLOGIST
 Reg. No. : 53107 (TCMC)

DR. BHARATH CHANDRAN G
 MBBS, MD-REG NO: 53107 (TCMC)
 CONSULTANT RADIOLOGIST

Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.



INDIAN UNION
KERALA STATE
DRIVING LICENSE



No.: 64/7584/2016 Date: 03/10/2016
Name : VINYA RAJAN
SA/D of : SHYJU
Address : CHULLIPARAMBAN HOUSE
PARIYARAM P.O. THRISSUR
680721

Date of Birth : 01/04/1987
Blood Group : O+
Category : Valid from Valid To
Non-Transport : 03/10/2016 02/10/2036
Transport



[Handwritten signature]

mob : -9048167534



VINYA RAJAN (36 F)

DDRC Agilus Thriissur

HR: 75 bpm

Brice Protocol
STLevel(mm) STSlope(mV/s)

ID: XC0012
Stage: Supine

Date: 01-03-2024
Speed: 0 km/h

Exec Time: 0:00:00
Slope: 0%

Stage Time: 00:20
THR: 156 bpm

BP: 90/60 mmHg
STLevel(mm) STSlope(mV/s)

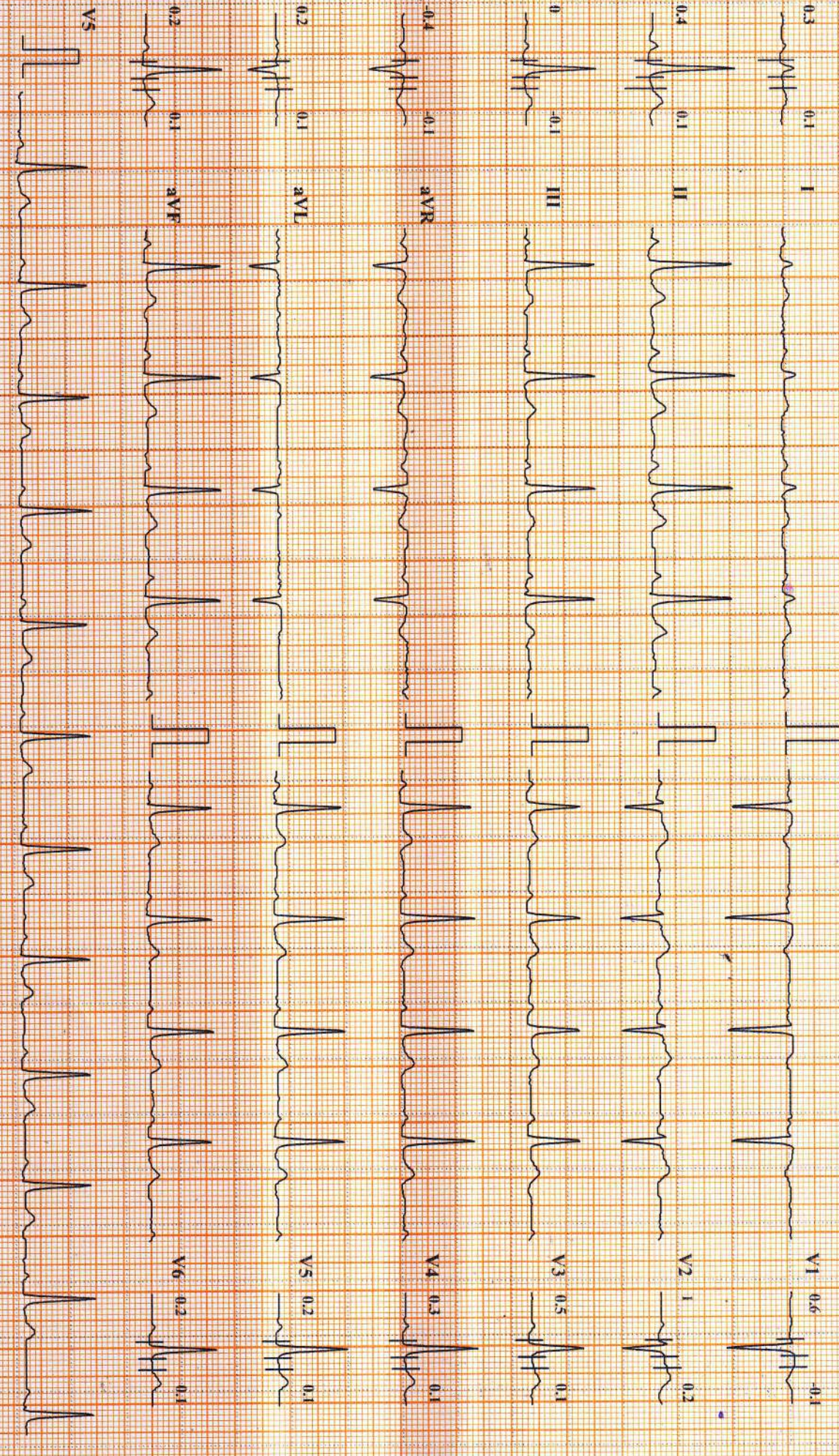


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovt GS-10 Version 3.5

VINVA RAJAN (36 F)

DDRC Agilus Thriissur

HR: 91 bpm

ID: XC0012

Date: 01-03-2024

Exec Time: 0:00:00

Stage Time: 00:26

Stage: Standing

Speed: 0

Slope: 0%

THR: 156 bpm

BP: 90/60 mmHg

STLevel(mm) STSlope(mV/s)

Brice Protocol

STLevel(mm) STSlope(mV/s)

0.3 0.2 I



V1 0.6 -0.1

0.3 0.1 II



V2 0.6 0.2

0.3 0.1 III



V3 0.4 0.1

0.3 0.2 aVR



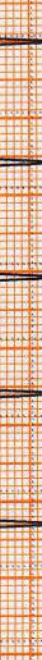
V4 0.2 0

0.3 0.3 aVL



V5 0.1 -0.1

0.3 0.1 aVF



V6 0.1 -0.2



Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms

Schiller Cardioart CS-10 Version 3.5

VINYA RAJAN (36 F)

DDRC Agilus Thrissur

HR: 86 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XC0012
Stage: PreTest

Date: 01-03-2024
Speed: 1.6

Exec Time: 0:00:00
Slope: 0%

Stage Time: 00:12
THR: 156 bpm

BP: 90/60 mmHg
STLevel(mm) STSlope(mV/s)

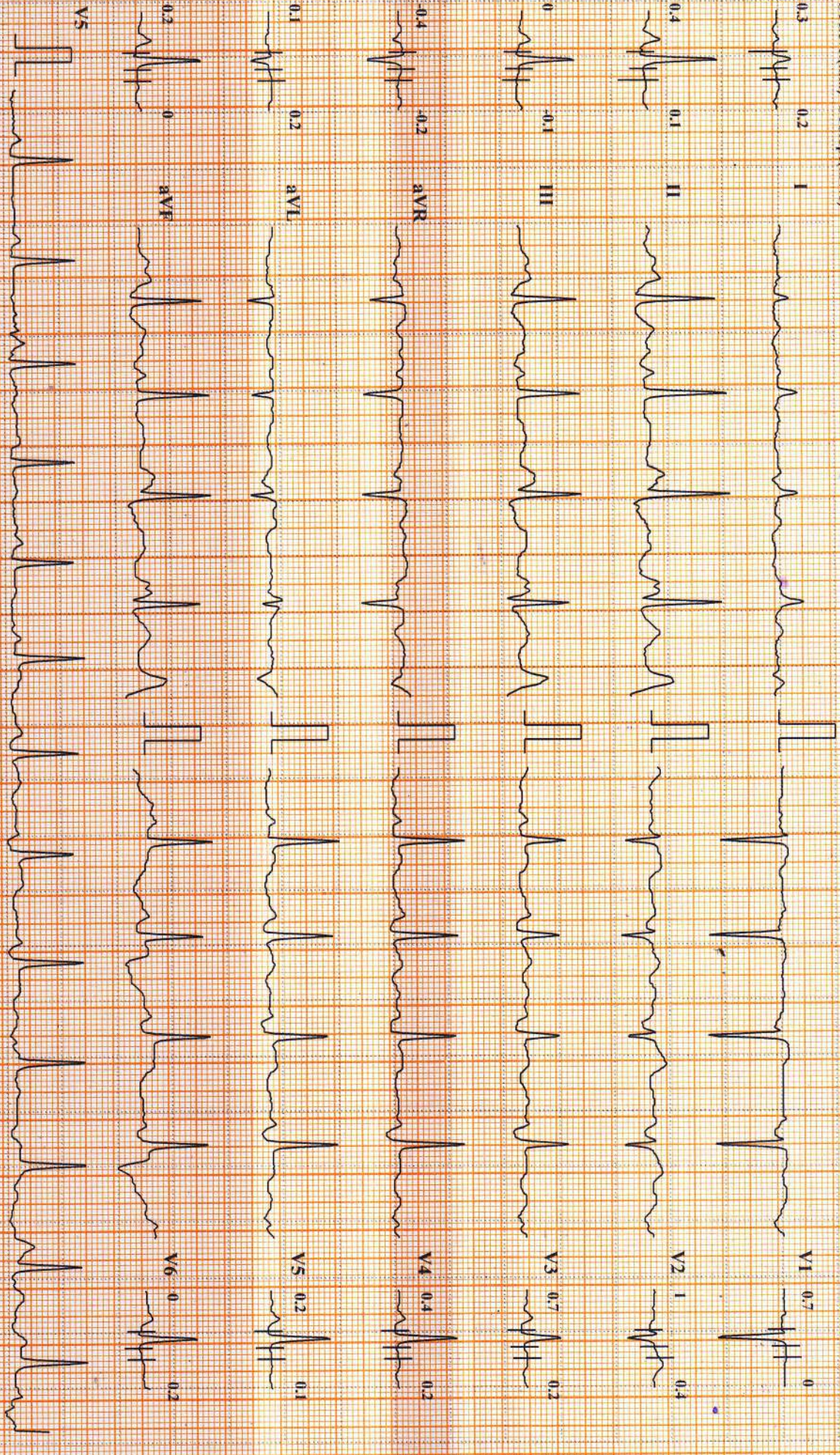


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms; J = R + 60 ms; Post J = J + 80 ms

Schiller Cardiovt. CS-10 Version: 3.5

VINYA RAJAN (36 F)

DDRC Agilus Thrissur

HR: 111 bpm

Bruce Protocol
 ID: XC0012
 Date: 01-03-2024
 Stage: 1
 Speed: 2.7 kmph
 Slope: 10%
 Exec Time: 0:03:00
 Stage Time: 03:00
 THR: 156 bpm
 BP: 95/66 mmHg
 STLevel(mm) STSlope(mV/s)

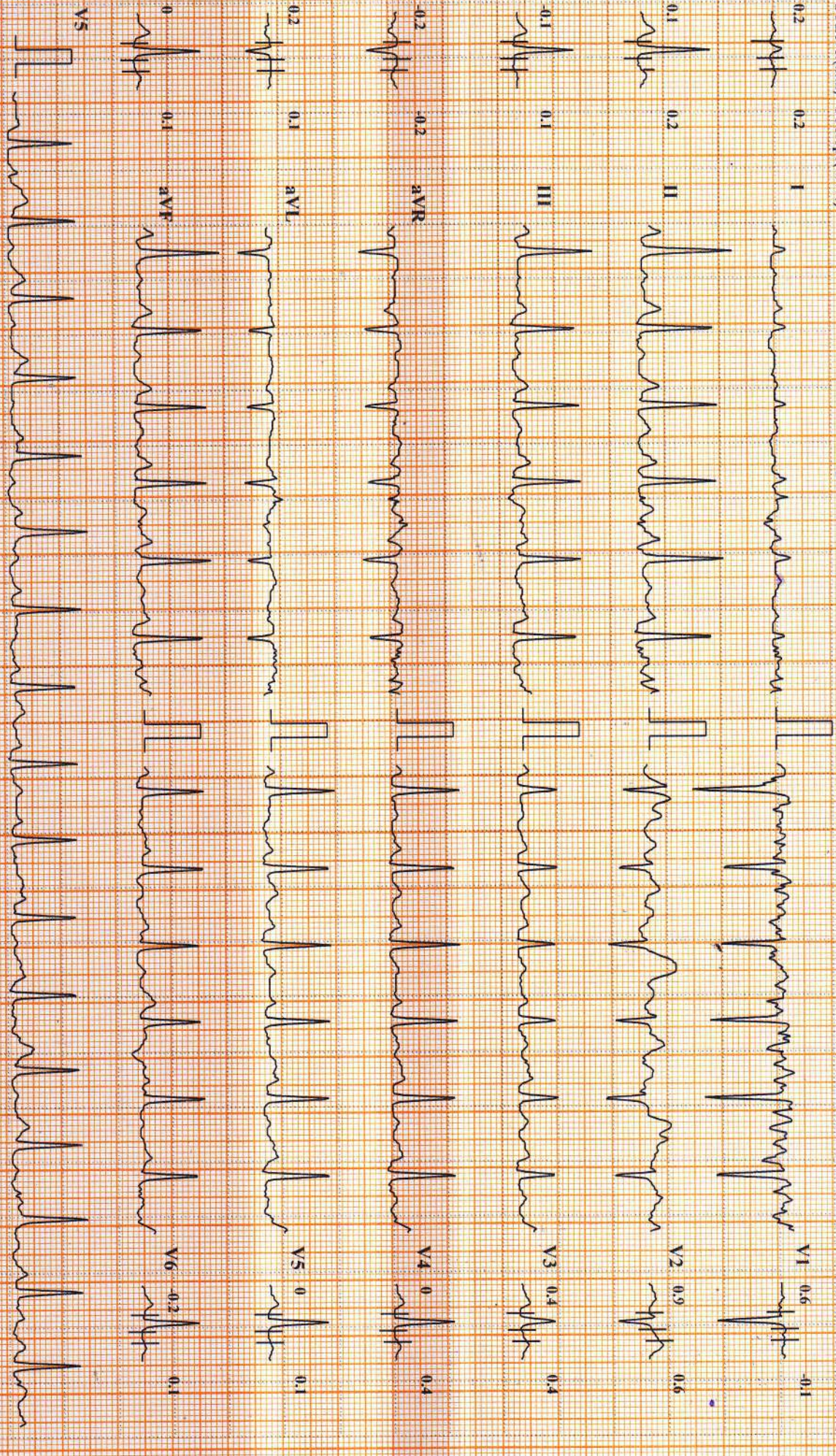


Chart Speed 25 mm/sec
 Amplitude: 10mm/mV
 Filter: 35 Hz
 Mains Filter: ON
 ISO - R - 60 ms, J - R + 60 ms, Post J = J + 80 ms
 Schiller CardioT CS-10 Version 3.5

DDRC Agilus Thrissur

VINYA RAJAN (36 F)

HR: 135 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)
ID: XC0012
Stage: 2
Date: 01-03-2024
Speed: 4 kmph
Exec Time: 0:06:00
Slope: 12 %
Stage Time: 03:00
THR: 156 bpm
BP: 105/70 mmHg
STLevel(mm) STSlope(mV/s)

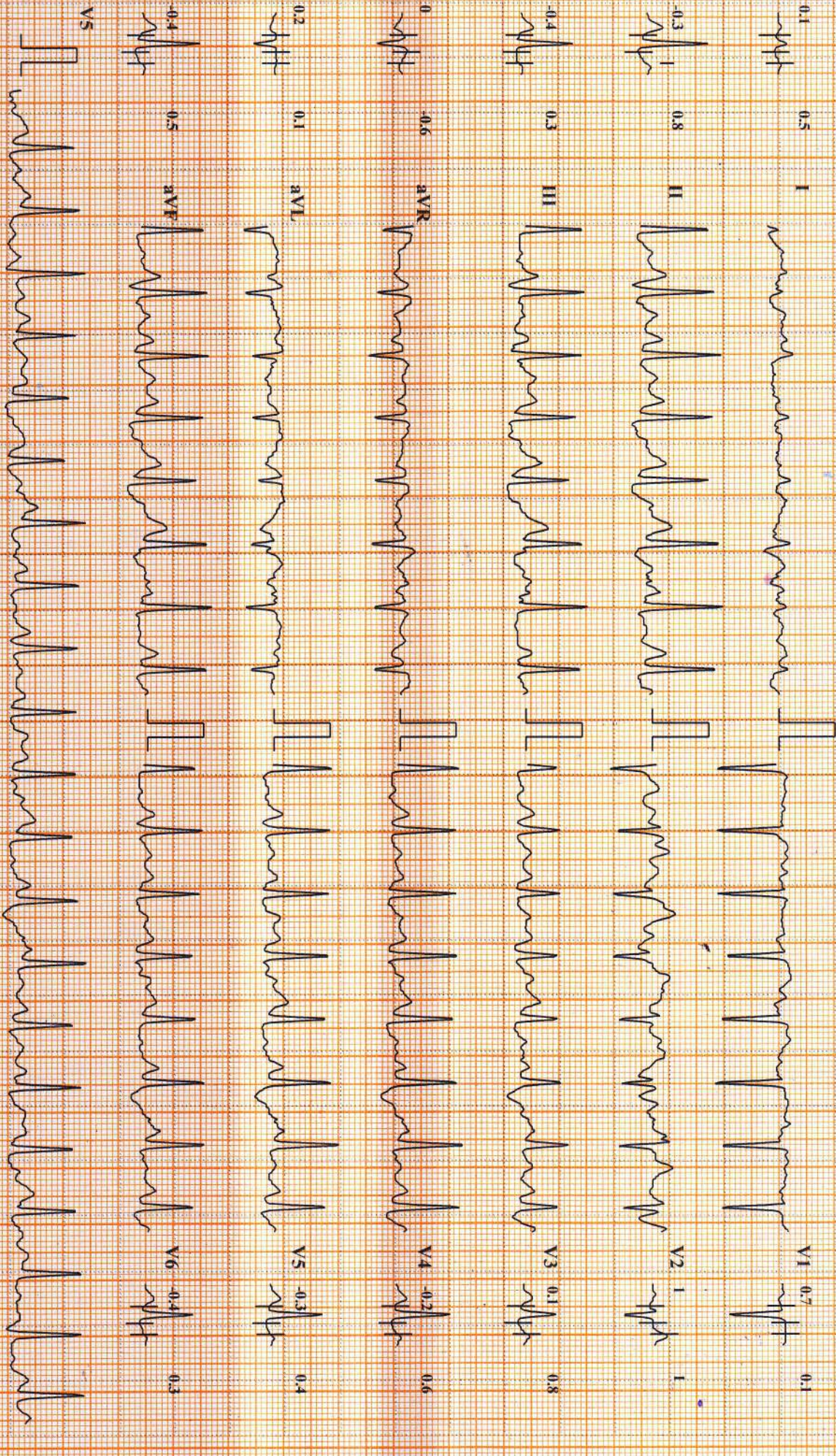


Chart Speed 25 mm/sec
Amplitude: 10mm/mV
Filter: 3.5 Hz
Main Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms
Schiller Cardiovt CS-10 Version 3.5

VINYA RAJAN (36 F)

DDRC Agilus Thrissur

HR: 163 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XC0012
Stage: 3 Peak Exercise
Speed: 5.5 kmph

Date: 01-03-2024
Exec Time : 0:07:57
Slope: 14 %
Stage Time: 01:57
THR: 156 bpm

BP: 124/84 mmHg
STLevel(mm) STSlope(mV/s)

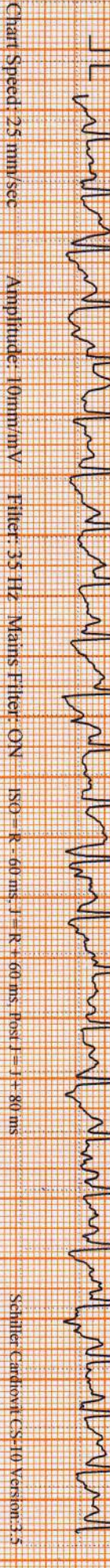
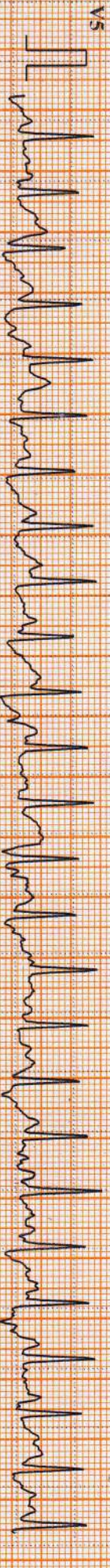
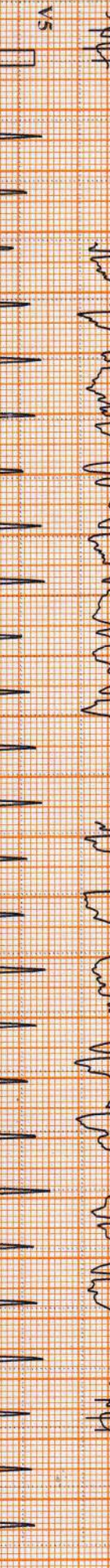
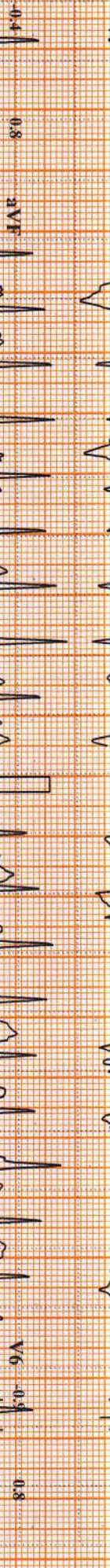
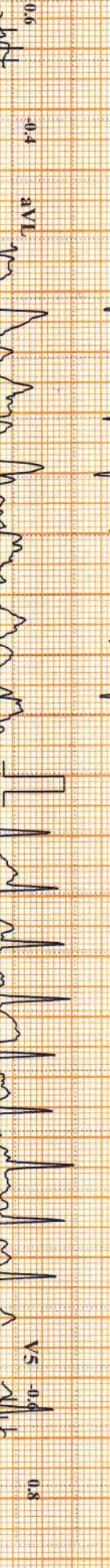
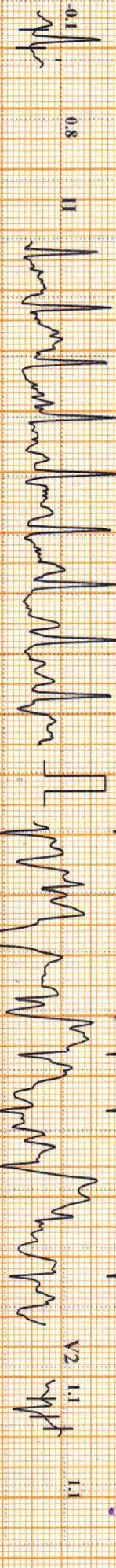
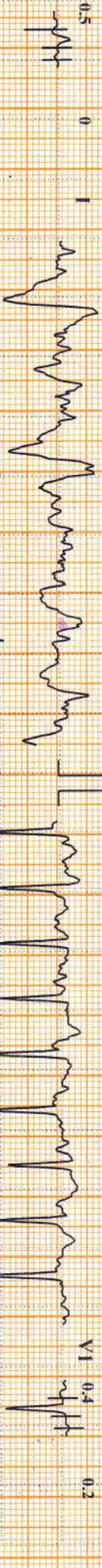


Chart Speed: 25 mm/sec
Amplitude: 10mm/mV
Filter: 35 Hz
Mains Filter: ON
ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms

VINYA RAJAN (36 F)

DDRC Agilus Thrissur

HR: 104 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XCC0012
Stage: Recovery 1

Date: 01-03-2024
Speed: 0 kmph

Exec Time : 00:00
Slope: 0%

Stage Time: 02:00
THR: 156 bpm

BP: 115/75 mmHg
STLevel(mm) STSlope(mV/s)

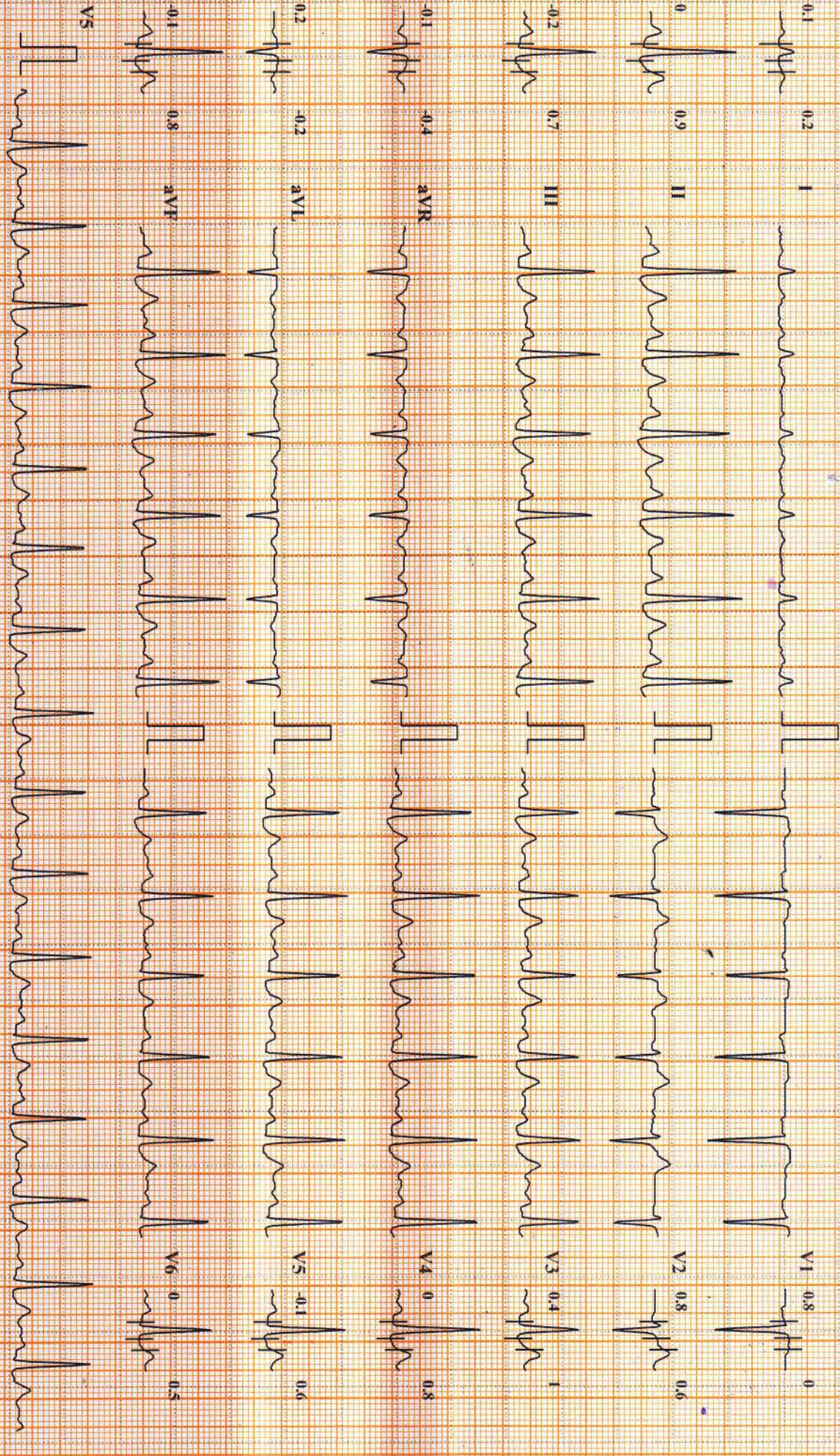


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Main Filter: ON ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms Schiller Cardiovt CS-10 Version 3.5

VINYA RAJAN (36 F)

DDRC Agilus Thrissur

HR: 92 bpm

Bruce Protocol

ID: XC0012

Date: 01-03-2024

Exec Time: 00:00

Stage Time: 02:00

BP: 105/68 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Speed: 0 kmph

Slope: 0%

THR: 156 bpm

STLevel(mm) STSlope(mV/s)

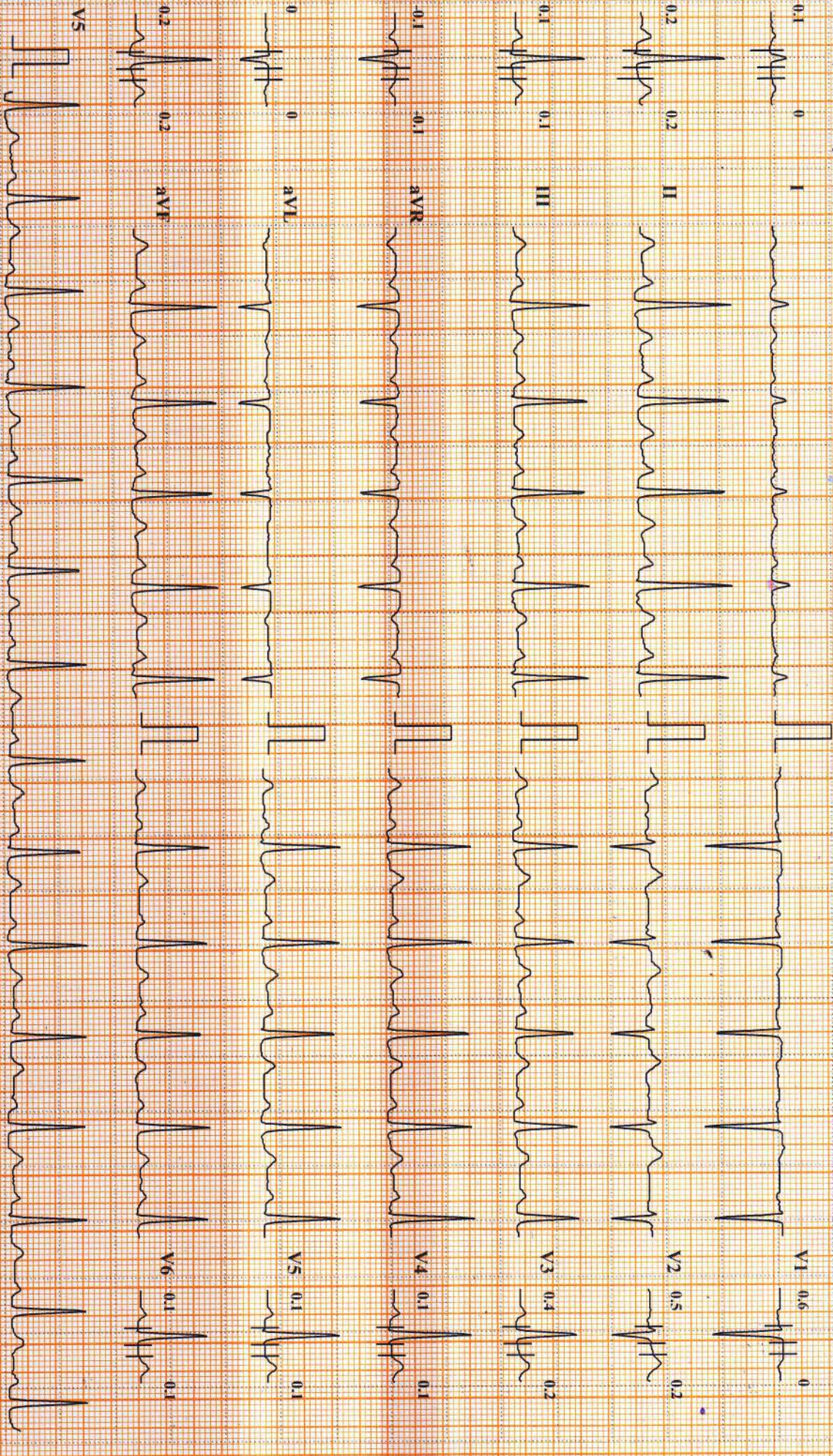


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms

Schiller CardioVt CS-10 Version 3.5

VINYA RAJAN (36 F)

DDRC Agilus Thrissur

HR: 89 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XC0012
Stage: Recovery3

Date: 01-03-2024
Speed: 0 kmph

Exec Time: 00:00
Slope: 0%

Stage Time: 02:00
THR: 156 bpm

BP: 92/62 mmHg
STLevel(mm) STSlope(mV/s)

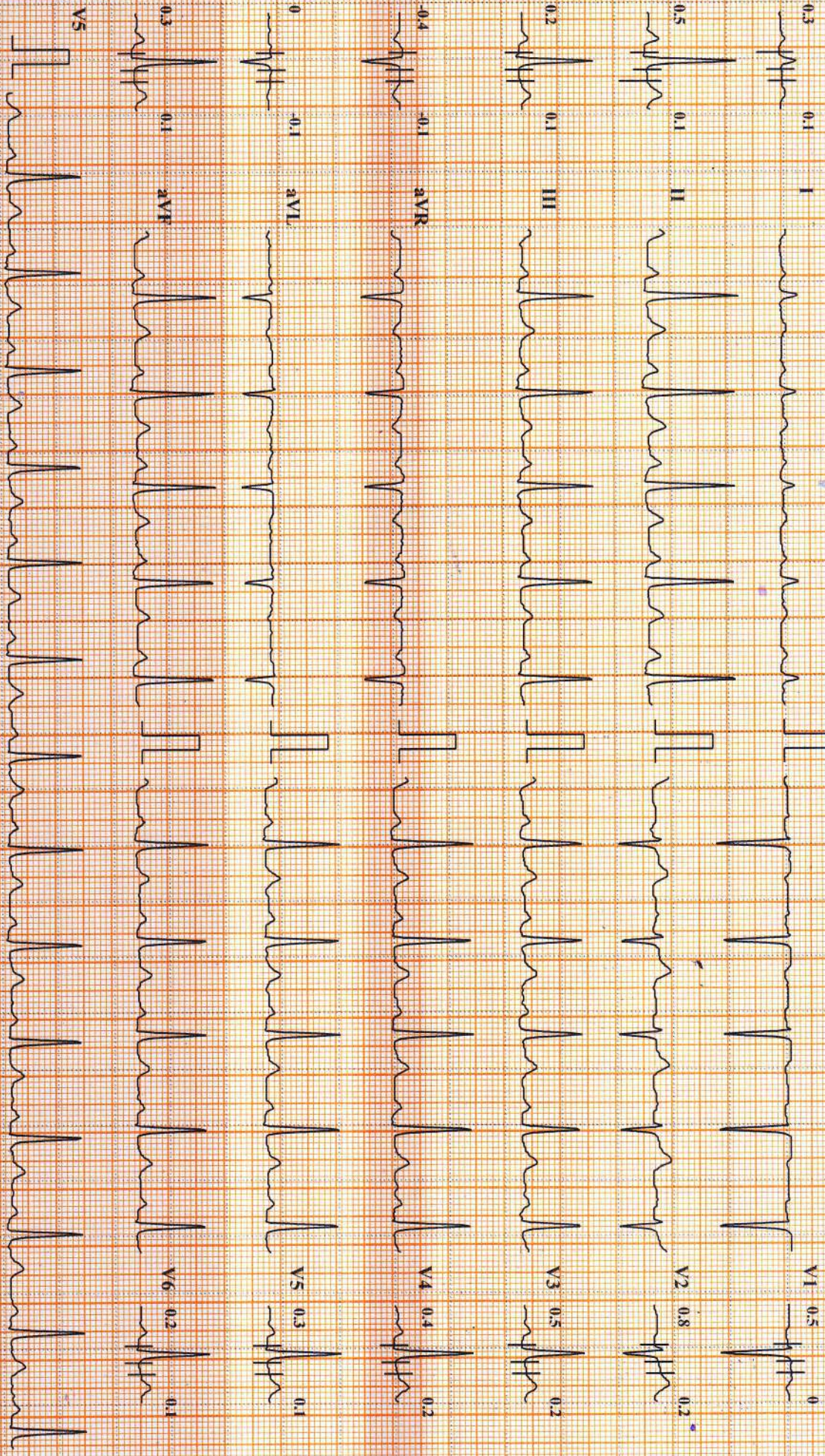


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Main Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J + 80 ms

Schiller CardioTr CS-10 Version 3.5

DDRC Agilus Thrissur

VINYA RAJAN (36 F)

HR: 91 bpm

Bruce Protocol

ID: XC0012

Date: 01-03-2024

Exec Time: 00:00

Stage Time: 00:04

BP: 92/62 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Recovery4

Speed: 0 kmph

Slope: 0%

THR: 156 bpm

STLevel(mm) STSlope(mV/s)

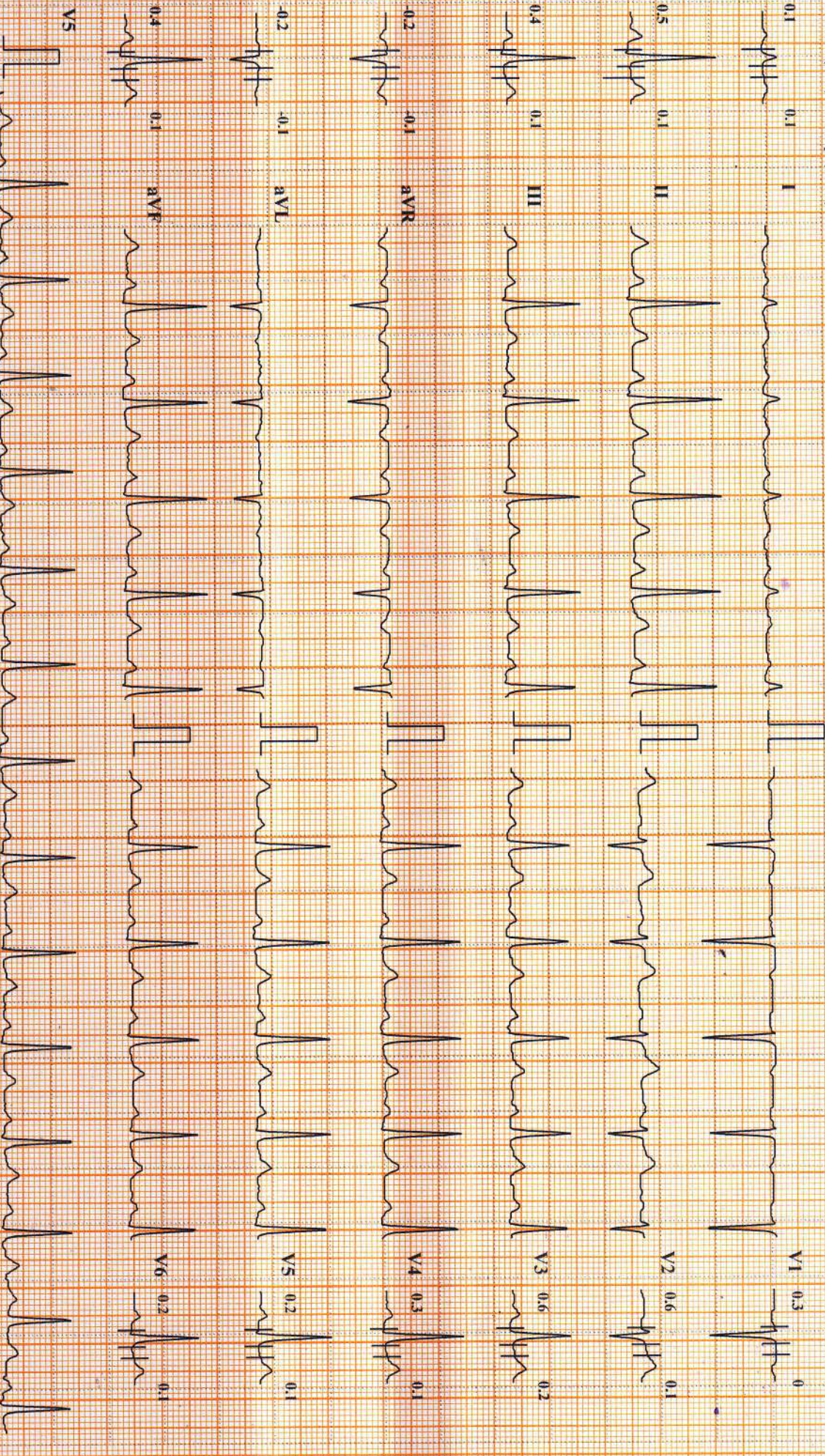


Chart Speed 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J = J + 80 ms

Schiller CardioT CS-10 Version 3.5

DDRC Agilus Thrissur

Name: VINYA RAJAN

Date: 01-03-2024 **Time:** 10:48

Age: 36

Gender: F

Height: 163 cms

Weight: 58 Kg

ID: XC0012

Clinical History:

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 184

Target HR: 156 (85% of Pr. MHR)

Exercise Time: 0:07:57

Achieved Max HR: 163 (89% of Pr. MHR)

Max BP: 124/84

Max BP x HR: 20212

Max Mets: 8.9

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:20	1	0	0	75	90/60	6750	1 V2	0.2 V2
Standing	00:26	1	0	0	91	90/60	8190	0.6 V1	0.3 aVL
PreTest	00:14	1	1.6	0	85	90/60	7650	0.9 II	0.5 II
Stage: 1	03:00	4.7	2.7	10	111	95/66	10545	0.9 V2	0.6 V2
Stage: 2	03:00	7	4	12	135	105/70	14175	1 V2	1 V2
Peak Exercise	01:57	8.9	5.5	14	163	124/84	20212	1.1 V2	1.1 V2
Recovery1	02:00	1	0	0	104	115/75	11960	0.8 V1	1 V3
Recovery2	02:00	1	0	0	92	105/68	9660	0.6 V1	0.2 II
Recovery3	02:00	1	0	0	89	92/62	8188	0.8 V2	0.2 V2
Recovery4	00:04	1	0	0	91	92/62	8372	0.6 V2	0.2 V3

Interpretation

Exercised upto 7 minutes 57 sec

No angina

No arrhythmias

No ST depression

TMT negative for inducible ischemia.



Ref. Doctor: ----

Doctor: ----

SCHILLER

The Art of Diagnostics

Dr. PRAMOD. V. K.
MD (Medicine), DM (Card)

Reg. No: 27263

Consultant Cardiologist

SWINI HOSPITAL, THRISSUR
At P.O. Swini, P.S. Ernad

(Summary Report edited by User)

Cardiovit CS-10 Version:3.5