





: Mrs.JOSHNA VINOLIN T

Age/Gender

: 29 Y 10 M 27 D/F

UHID/MR No

: CANN.0000235677

Visit ID

: CANNOPV400567

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 22S28475

Collected : 09/Apr/2024 08:57AM

Received : 09/Apr/2024 12:04PM

Reported : 09/Apr/2024 01:20PM

Status : Final Report

: ARCOFEMI HEALTHCARE LIMITED Sponsor Name

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

METHODOLOGY

: Microscopic.

RBC MORPHOLOGY

: Predominantly normocytic normochromic RBC's noted.

WBC MORPHOLOGY

: Normal in number, morphology and distribution. No abnormal cells seen.

PLATELETS

: Adequate in number.

PARASITES

: No haemoparasites seen.

IMPRESSION

: Normocytic normochromic blood picture.

NOTE/ COMMENT

: Please correlate clinically.

Page 1 of 16

M.B.B.S, M.D (Pathology) Consultant Pathologist

SIN No:BED240097528

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)









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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA			14	
HAEMOGLOBIN	12.4	g/dL	12-15	Spectrophotometer
PCV	37.60	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.35	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	86.5	fL	83-101	Calculated
MCH	28.6	pg	27-32	Calculated
MCHC	33.1	g/dL	31.5-34.5	Calculated
R.D.W	13.4	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,900	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			'
NEUTROPHILS	63.1	%	40-80	Electrical Impedance
LYMPHOCYTES	28.3	%	20-40	Electrical Impedance
EOSINOPHILS	1.8	%	1-6	Electrical Impedance
MONOCYTES	6.4	%	2-10	Electrical Impedance
BASOPHILS	0.4	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4984.9	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2235.7	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	142.2	Cells/cu.mm	20-500	Calculated
MONOCYTES	505.6	Cells/cu.mm	200-1000	Calculated
BASOPHILS	31.6	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.23		0.78- 3.53	Calculated
PLATELET COUNT	249000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	9	mm/hour	0-20	Capillary photometry
PERIPHERAL SMEAR				

METHODOLOGY

: Microscopic.

RBC MORPHOLOGY

: Predominantly normocytic normochromic RBC's noted.

Page 2 of 16

Dr THILAGA M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BED240097528

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ddress: No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102, hone - 044-26224504 105









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Reported Status

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: Final Report

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

WBC MORPHOLOGY

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PLATELETS

: Adequate in number.

PARASITES

: No haemoparasites seen.

IMPRESSION

: Normocytic normochromic blood picture.

NOTE/ COMMENT

: Please correlate clinically.

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Reported Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD EDT	A	*	
BLOOD GROUP TYPE	0			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY

Page 4 of 16

M.B.B.S, M.D (Pathology) Consultant Pathologist

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Collected

: 09/Apr/2024 08:57AM

Received

: 09/Apr/2024 12:42PM

Reported Status : 09/Apr/2024 01:38PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

OLUGOOF FACTING MAF DIAGMA		
GLUCOSE, FASTING, NAF PLASMA 94 mg/dL	70-100 HEX	OKINASE

Comment:

As per American Diabetes Guidelines, 2023

is per rimerican Diabetes Guidennes, 2020				
Fasting Glucose Values in mg/dL	Interpretation			
70-100 mg/dL	Normal			
100-125 mg/dL	Prediabetes			
≥126 mg/dL	Diabetes			
<70 mg/dL	Hypoglycemia			

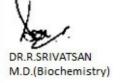
Note:

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

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SIN No:PLF02142959

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Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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Phone - 044.26224504 / 05







: Mrs.JOSHNA VINOLIN T

Age/Gender

: 29 Y 10 M 27 D/F

UHID/MR No

: CANN.0000235677

Visit ID

: CANNOPV400567

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 22S28475

Collected

: 09/Apr/2024 01:16PM

Received

: 09/Apr/2024 02:57PM

Reported Status : 09/Apr/2024 05:31PM

O N

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA	102	mg/dL	70-140	HEXOKINASE	
(2 HR)					

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

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M.D.(Biochemistry)

SIN No:PLP1444160

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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Emp/Auth/TPA ID

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: 09/Apr/2024 08:57AM

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Reported

: 09/Apr/2024 01:24PM

Status Sponsor Name : Final Report

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN), W	HOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	114	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 - 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 – 10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 7 of 16

Dr.MARQUESS RAJ M.D,DipRCPath,D.N.B(PATH) Consultant Pathologist

SIN No:EDT240045005

This This Hest bas been performed at Appella Health and Lifestyla deta Achennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

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: Dr.SELF : 22S28475 Collected

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: 09/Apr/2024 12:43PM

Reported Status : 09/Apr/2024 03:16PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	150	mg/dL	<200	CHO-POD
TRIGLYCERIDES	70	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	48	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	102	mg/dL	<130	Calculated
LDL CHOLESTEROL	88	mg/dL	<100	Calculated
VLDL CHOLESTEROL	14	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.13		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	< 0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21	

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine

Page 8 of 16

M.D.(Biochemistry) SIN No:SE04691130

DR.R.SRIVATSAN

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

eligibility of drug therapy.

- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 9 of 16





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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
IVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.64	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.13	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.51	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	9	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	16.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	63.00	U/L	30-120	IFCC
PROTEIN, TOTAL	6.90	g/dL	6.6-8.3	Biuret
ALBUMIN	4.50	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.40	g/dL	2.0-3.5	Calculated
A/G RATIO	1.87		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 10 of 16



DR.R.SRIVATSAN M.D.(Biochemistry)

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SEF	RUM		
CREATININE	0.50	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	14.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	6.5	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.10	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.60	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.30	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.4	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	103	mmol/L	101–109	ISE (Indirect)
PROTEIN, TOTAL	6.90	g/dL	6.6-8.3	Biuret
ALBUMIN	4.50	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.40	g/dL	2.0-3.5	Calculated
A/G RATIO	1.88		0.9-2.0	Calculated

Page 11 of 16



DR.R.SRIVATSAN M.D.(Biochemistry)

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL	11.00	U/L	<38	IFCC
TRANSPEPTIDASE (GGT), SERUM				

Page 12 of 16



DR.R.SRIVATSAN M.D.(Biochemistry)

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Visit ID





Patient Name : Mrs.JOSHNA VINOLIN T

Age/Gender : 29 Y 10 M 27 D/F UHID/MR No : CANN.00002356

: CANN.0000235677 : CANNOPV400567

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 22S28475 Collected : 09/Apr/2024 08:57AM

Received : 09/Apr/2024 12:46PM Reported : 09/Apr/2024 02:58PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM	<u>'</u>		
TRI-IODOTHYRONINE (T3, TOTAL)	1.03	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	9.83	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	1.380	μIU/mL	0.34-5.60	CLIA

Comment:

S VIIII VIII			
For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)		
First trimester	0.1 - 2.5		
Second trimester	0.2 - 3.0		
Third trimester	0.3 - 3.0		

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 13 of 16



DR.R.SRIVATSAN M.D.(Biochemistry)

SIN No:SPL24066009

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address: D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102, Phone - 044-26224504 / 05









: Mrs.JOSHNA VINOLIN T

Age/Gender

: 29 Y 10 M 27 D/F

UHID/MR No

: CANN.0000235677

Ref Doctor

Visit ID

: CANNOPV400567

Emp/Auth/TPA ID

: Dr.SELF : 22S28475 Collected

: 09/Apr/2024 08:57AM

Received

: 09/Apr/2024 04:06PM

Reported

: 09/Apr/2024 05:37PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (C	CUE) , URINE		¥	
PHYSICAL EXAMINATION				
COLOUR	PALE STRAW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	7.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOP	Υ		
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 14 of 16

Dr THILAGA M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UR2327765

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:
D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102,
Phone - 044-26224504 / 05







: Mrs.JOSHNA VINOLIN T

Age/Gender

: 29 Y 10 M 27 D/F

UHID/MR No Visit ID

: CANN.0000235677

Ref Doctor

: CANNOPV400567

Emp/Auth/TPA ID

: Dr.SELF : 22S28475

Reported Status

Collected

Received

: 09/Apr/2024 08:57AM

: 09/Apr/2024 04:05PM : 09/Apr/2024 05:39PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
Test Name	Result	Unit	Bio. Ref. Range	Method

Page 15 of 16

M.B.B.S, M.D(Pathology) Consultant Pathologist

SIN No:UF011623

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)









: Mrs.JOSHNA VINOLIN T

Age/Gender

: 29 Y 10 M 27 D/F

UHID/MR No

: CANN.0000235677

Visit ID

: CANNOPV400567

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 22S28475

Collected

: 09/Apr/2024 08:57AM

Received

: 10/Apr/2024 11:44AM

Reported Status

: 10/Apr/2024 07:07PM : Final Report

Sponsor Name

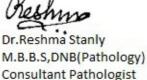
: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

	CYTOLOGY NO.	8759/24
Ι	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
П	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/ malignancy.
Ш	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***



Consultant Pathologist

SIN No:CS079004

This test has been performed at Apollo Health & Lifestyle Ltd. Global Reference Laboratory, Hyderabad



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COLLEGE of AMERICAN PATHOLOGISTS



Name: Mrs. JOSHNA VINOLIN T

Age/Gender: 29 Y/F

Address: NO 160 A, AYYAVOO STREET, AYYAVOO COLONY,

AMINJIKARAI

Location: CHENNAI, TAMIL NADU
Doctor: Dr. ANUSHA ARUMUGAM

Department: General Practice

Rate Plan: ANNANAGAR_06042023

Sponsor: ARCOFEMI HEALTHCARE LIMITED Consulting Doctor: Dr. ANUSHA ARUMUGAM

DRUG ALLERGY

DRUG ALLERGY: 1. C/o SOB (+) with minimal exertion (+) since - 3 yrs

2. C/o Pain in Left LQ after waking up (+) - 6 months ,

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Corporate Health Checkup,

Present Known Illness

No history of: No History of diabetes / Hypertension / Heart Disease,

SYSTEMIC REVIEW

Cardiovascular System

CHEST PAIN: No,

GastroIntestinal System

APPETITE.: (+),

BOWEL HABITS: regular,

GenitoUrinary System

-: Nil,

Central Nervous System

SLEEP-: Normal,

Gynaecology and Obstetrics

LAST MENSTRUAL PERIOD: 28.03.2024,

PERIODS: regular,

**Weight

--->: Stable,

HT-HISTORY

MR No: Visit ID: Visit Date: CANN.0000235677 CANNOPV400567 09-04-2024 08:55

Discharge Date:

Referred By:

SELF

Past Medical History

**Cancer: No,

Personal History

Marital Status	Married,
>	
No. of Children	1,
>	
Diet	Mixed Diet,

Family History

Father	Alive,
>	
Mother	Alive,
>	
Diabetes	mother ,

PHYSICAL EXAMINATION

General Examination

Height (in cms): 159,
Weight (in Kgs): 60.2,

Waist: **88**, Hip: **76**,

SYSTEMIC EXAMINATION

CardioVascularSystem

Heart Rate (Per Minute): 78,

Systolic: **100**, Diastolic: **70**,

Central Nervous system:

>: No neurological deficit,

Gynaecology and Obstetrics:

Gynec Findings: Done By: Dr. Sandhya K,

Breasts: Normal,

Uterus: Normal Size and Anteverted FF,

IMPRESSION

Apollo Health check

Findings: 1. Within Normal Limits,

RECOMMENDATION

DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

Doctor's Signature



Age/Gender : 29 Y/F **Patient Name** : Mrs. JOSHNA VINOLIN T

UHID/MR No.

: CANN.0000235677

Sample Collected on :

LRN#

: RAD2296679

Ref Doctor : SELF Emp/Auth/TPA ID : 22S28475

Reported on

Specimen

OP Visit No

: CANNOPV400567 : 09-04-2024 17:40

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver shows uniform echopattern with no evidence of focal or diffuse pathology. Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus. Wall thickness appear normal.

Pancreas and spleen appear normal. Spleen measures 10cms.

Portal and splenic veins appear normal. No evidence of ascites or lymphadenopathy.

Diaphragmatic movements are satisfactory.

There is no evidence of sub diaphragmatic pathology or pleural effusion.

Right kidney measures 10.2 x 3.8 cms.

Left kidney measures 10.5 x 3.9cms.

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Uterus measures 7.0 x 5.3 x 3.9cms and shows normal endometrial and myometrial echoes.

The endometrial thickness 10mm.

Right ovary measures 3.1 x 1.8cms.

Left ovary measures 3.1 x 2.0cms.

Both ovaries are normal in size and echotexture.

No mass lesion seen in the pelvis.

Bladder is normal in contour.

IMPRESSION:

*NO SIGNIFICANT ABNORMALITY DETECTED



DISCLAIMER: THIS US SCNRRENING STUDY IS BASED ON SOUND WAVES AND REFLECTION. NOT A DIRECT VISUALISATION OF ORGANS. BASED ON PATIENT HABITUS, BOWEL GAS OBSCURATION AND OTHER FACTORS, MANY CONDITIONS MAY NOT BE PICKED UP BY US STUDY AND SHOULD BE TREATED WITH CLINICAL CORRELATION. NOT AN MLC DOCUMENT. MANY INCIDENTAL FINDINGS OF LOW PRIORITY MIGHT NOT BE MENTIONED AS IT IS NOT A FOCUSED STUDY.

Dr. ASHIQ MOHAMMED JEFFREY

MD Radiology



UHID/MR No.

: CANN.0000235677

Sample Collected on :

LRN#

: RAD2296679

Ref Doctor : SELF **Emp/Auth/TPA ID** : 22S28475
 OP Visit No
 : CANNOPV400567

 Reported on
 : 09-04-2024 17:04

Specimen :

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardiophrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

IMPRESSION:

*NO SIGNIFICANT ABNORMALITY DETECTED.

Dr. PRAVEENA SHEKAR T

MBBS, DMRD, FAGE

Radiology

Radiology





ENT check up

Joshna Vinolin

29/F

9/4/24

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies History

No complaints of ENT (N)

Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.



OPHTHALMOLOGY



Name: Joshna VinoLin	Date: 9 14 124	Reg. No.: 235677
Occupation:		
Age: Sex: Male ☐ Female		
Address:		
Ph:		
REPORT ON OPH	ITHALMIC EXAMINATION	l .
History:		
	Nu	
Present Complaint:		
	NU	
ON EXAMINATION:	RE	LE
Ocular Movements :		
Anterior Segment :	hu	Ru
Intra-Ocular-Pressure :		
Visual Acuity: D.V. :	^	1.
Without Glass:	.616	6/6
With Glass:	90	
N.V.:	No	Nb
Visual Fields :	16	•
Fundus:		0.
Impression:	Frue	Ruf
Advice:	N (\mathcal{N}
Colour Vision :	14	**************************************







CAMM 235677 OLA-102212



John

Your appointment is confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Mon 4/8/2024 2:29 PM

To:hansimmanuel01@gmail.com <hansimmanuel01@gmail.com>

Cc:Annanagar Apolloclinic <annanagar@apolloclinic.com>;Haranath S <haranath.s@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>



Dear Joshna Vinolin,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **ANNA NAGAR clinic** on **2024-04-09** at **08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.

- 3. Please bring all your medical prescriptions and previous health medical records with you.
- 4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

- 1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: APOLLO MEDICAL CENTRE,NO-30,F- BLOCK,2ND AVENUE, ANNANAGAR EAST,CHENNAI - 600102.

Contact No: 7358392880/7305702537.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards, Apollo Clinic





Apollo Clinic

CONSENT FORM

Patient Name: To show Age: 29 F UHID Number: 235677 Company Name: A 8120 Fem.
UHID Number: 238677 Company Name: A YGOPEN'
I Mr/Mrs/Ms Souther Employee of Den tal On
(Company) Want to inform you that I am not interested in getting
Tests done which is a part of my routine health check package.
And I claim the above statement in my full consciousness.
Patient Signature: John Date: 09-04-2024
contre
Apollo Medical Centre No. 30, F-Block, 2nd Avenue, No. 30, F-Block, 2nd Avenue, Chennai-600 102 Anna Nagar East, Chennai-600 7358392880 Anna Nagar East, Mobile: 7358392880 Toll No. 1860 500 7788
Tel: 044 Toll No. 1800

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

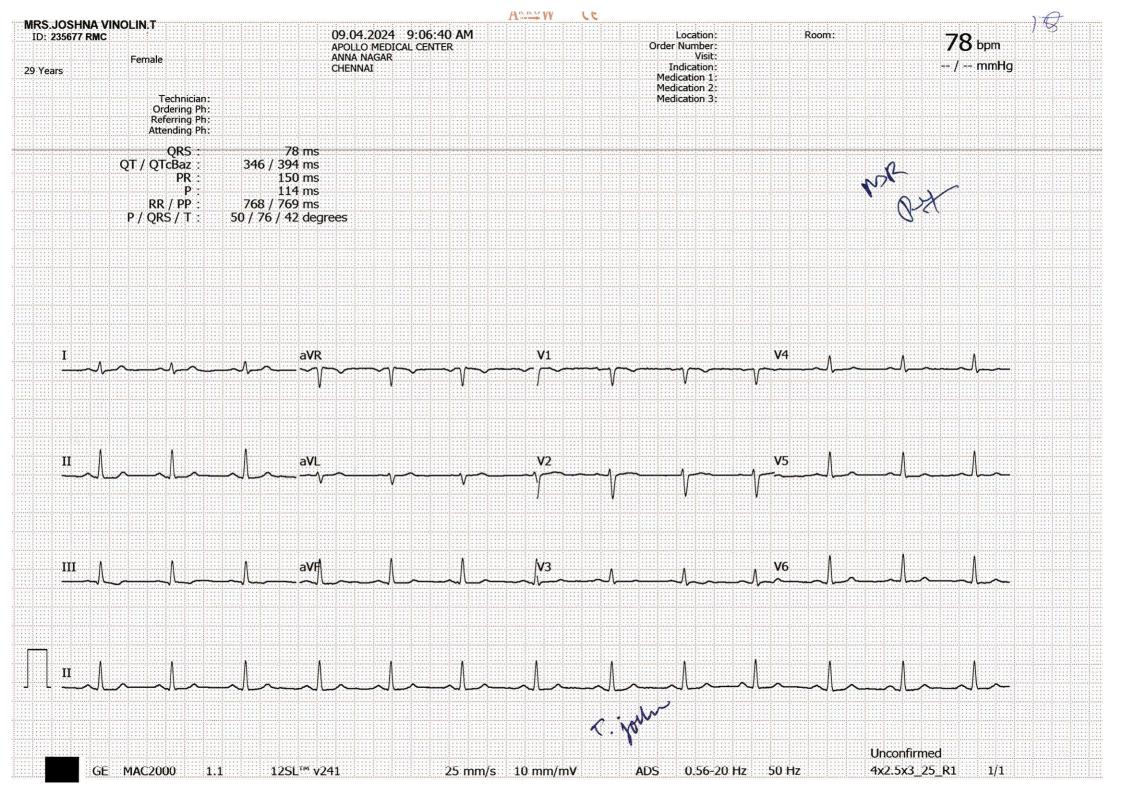
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APOLLO CLINICS NETWORK

Address: D No.30, F - Block 2nd Avenue, Anna Neger East, Cheanal 600 102, Phone - 044-26224504 r 05





UHID : CANN.0000235677 OP Visit No : CANNOPV400567 Conducted By: : Dr. RAKESH P GOPAL Conducted Date : 09-04-2024 12:33

Referred By : SELF

2D-ECHO WITH COLOUR DOPPLER

Dimensions:

Ao (ed) 2.9CM LA (es) 3.6CM LVID (ed) 3.2CM LVID (es) 2.0CM IVS (Ed) 0.5CM LVPW (Ed) 0.6CM EF 66% %FD 36%

MITRAL VALVE:

AML

PML

AORTIC VALVE

NORMAL

NORMAL

NORMAL

NORMAL

NORMAL

NORMAL

PULMONARY VALVE NORMAL RIGHT VENTRICLE NORMAL

INTER ATRIAL SEPTUM INTACT

INTER VENTRICULAR SEPTUM INTACT

PULMONARY ARTERY NORMAL

AORTA NORMAL

RIGHT ATRIUM NORMAL

LEFT ATRIUM NORMAL

LEFT VENTRICLE NORMAL

PERICARDIUM NORMAL

UHID : CANN.0000235677 OP Visit No : CANNOPV400567 Conducted By: : Dr. RAKESH P GOPAL Conducted Date : 09-04-2024 12:33

Referred By : SELF

DOPPLER STUDIES MITRAL INFLOW:

E: 0.9m/sc A: 0.5 m/sc

Velocity / Gradient Across Pulmonic Valve: 0.8m/sc

Velocity / Gradient Across Aortic Valve: 1.0m/sc

IMPRESSION:

NO RWMA

NORMAL LEFT VENTRICULAR FUNCTION(EF - 66%)

NORMAL CARDIAC CHAMBERS & VALVES

TRIVIAL TRICUSPID REGURGITATION

NO PAH / CLOT / PE.

Dr. RAKESH P GOPAL

UHID : CANN.0000235677 OP Visit No : CANNOPV400567 Conducted By: : Dr. RAKESH P GOPAL Conducted Date : 09-04-2024 12:33

Referred By : SELF

UHID : CANN.0000235677 OP Visit No : CANNOPV400567 Reported By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 09-04-2024 18:42

Referred By : SELF

ECG REPORT

\sim 1	servation :-			
Ob	serv	vatı	on	:-

- 1. Normal Sinus Rhythm.
- 2. Heart rate is 78 beats per minutes.

Impression:

NORMAL RESTING ECG.

---- END OF THE REPORT -----

Dr. ARULNITHI AYYANATHAN