

Name : Ms. SOMA NAG (37 /F)

Date : 20/04/2024

Address :

Examined by: Dr .SHARMISTHA MALLIK

UHID : AMHL.0002162352

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH203670



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke
Asthma Control - good;
Medication - when needed



DRUG ALLERGY

NO KNOWN ALLERGY :19/06/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 26.3.24; Periods - regular

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- allergic rash



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Coronary artery
disease - mother
Cancer - grandmother
Type - Breast

PHYSICAL EXAMINATION



General

Build - over weight
Height - 156
Weight - 63
BMI - 25.89
Pallor - No
Oedema - no



Cardiovascular system

Name : Ms. SOMA NAG (37 /F)

UHID : AMHL.0002162352

Date : 20/04/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH203670

Heart rate (Per minute) - 80
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 104
Diastolic(mm of Hg) - 66
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
NCT(RE):21 (LE):22
ADVICE:*To continue
present glass Rx*Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

Name : Ms. SOMA NAG (37 /F)

UHID : AMHL.0002162352

Date : 20/04/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH203670

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	10.3 *	g/dl	●	12.0-15.0
RBC COUNT	4.81 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	33.0 *	%	●	36-46
MCV	68.5 *	fl	●	83-101
MCH	21.4 *	pg	●	27-32
MCHC	31.3 *	%	●	31.5-34.5
RDW	17.7 *	%	●	11.8-14.0
WBC Count	7200	/cu mm	●	4000-10000
Platelet Count	2.15	lacs/cu mm	●	1.5-4.0
Neutrophils	67	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Microcytic Hypochromic.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	13	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	60	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	3-5	/hpf		

Epithelial Cells	3-5
Casts:	Not Found
Crystals:	Found
Ca-oxalate	4-6 /lpf

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	0-35
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	59	U/L	●	33-98

AST (SGOT) - SERUM	21	U/L	●	0-35
--------------------	----	-----	---	------

BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.3-1.2
----------------------------	-----	-------	---	---------

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	143	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

Name : Ms. SOMA NAG (37 /F)

UHID : AMHL.0002162352

Date : 20/04/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH203670

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	8	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	85	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	122	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.1	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

Note Hemoglobin variant is present. HbA1c cannot be measured accurately by HPLC method. Hemoglobin electrophoresis/ Hb typing by HPLC method is suggested to rule out the presence of hemoglobinopathy.

Recommendation: Suggested follow up by other method (like-immunoturbidimetry) or glycated albumin / fructosamine test in such cases.

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	38	mg/dL	●	30-70

LDL CHOLESTEROL -SERUM 96 mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 9 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.9	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.31	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	12.49	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	50	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.97	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.2	mg/dL	●	2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	4.0 *	mg/dL	●	7.0-18.0

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Ms. SOMA NAG (37 /F)

UHID : AMHL.0002162352

Date : 20/04/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH203670

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5		●	1.0-2.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	5.5			

PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2403358

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no organism

*

Dense mixed inflammation is also present

Seen in Consultation With:

DR. SANJIBAN PATRA

MBBS (CAL), MD (PATHOLOGY),

DM (ONCOPATHOLOGY)

SENIOR CONSULTANT.

ECG

SINUS RHYTHM.

SHORT PR INTERVAL(110ms)

LOW QRS & T WAVE AMPLITUDES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fibroids in uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.



Within Normal Range



Borderline High/Low



Out of Range

Name : Ms. SOMA NAG (37 /F)

UHID : AMHL.0002162352

Date : 20/04/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH203670

Printed By :

Dr.SHARMISTHA MALLIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515