



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012404270071	Reg No/BarcodeNo	: 749458/01618110
Patient Name	: Mrs.NEHA SHUKLA	Reg. Date	: 27/Apr/2024 11:41AM
Age/Sex	: 30 Y / Female	Sample Taken Date	: 27/Apr/2024 12:13PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 27/Apr/2024 04:09PM
Referred By Doctor	: Dr. BANK OF BARODA		

**BIOCHEMISTRY**

**MEDIWHEEL FEMALE BELOW 40**

Test Name	Result	Unit	Biological Ref.Interval
<b>Blood Sugar (Fasting)</b>			
Blood Sugar Fasting Hexokinase	99	mg/dl	70 - 100
<b>Blood Sugar (PP)</b>			
Blood Sugar PP (2 Hr.) Hexokinase	105	mg/dL	70 - 140
<b>GAMMA GT/GGT</b>			
GAMMA GT / GGT	16	IU/l	9 - 36
<b>*Not in NABL Scope*</b>			
<b>BUN / BLOOD UREA NITROGEN</b>			
BLOOD UREA NITROGEN Urease	8.0	mg/dl	7.0 - 18.7
<b>CREATININE SERUM</b>			
CREATININE, Serum Kinetic Alkaline Picrate	1.05	mg/dl	0.50 - 1.20
<b>URIC ACID</b>			
URIC ACID, Serum Uricase	5.2	mg/dl	2.5 - 6.2



*A Gupta*

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M.D. Chief Pathologist  
(Reg No. 34930)



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Test Name	Result	Unit	Biological Ref.Interval
<b>LFT/LIVER FUNCTION TESTS</b>			
BILIRUBIN TOTAL Diazonium Salt	0.77	mg/dl	0.10 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.41	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.36	mg/dl	0.10 - 1.1
SGOT /AST Enzymatic (NADH(Without P-5-P))	22	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	16	U/L	0.0 - 55
Alk. Phosphatase, Serum Para-nitrophenyl phosphate	70	U/L	46 - 122
PROTEIN TOTAL Biuret	8.0	g/dl	6.4 - 8.3
ALBUMIN BCG	4.6	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.4	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.35	Ratio	1.5 - 2.5



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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
<b>Lipid Profile</b>			
CHOLESTEROL TOTAL Enzymetic	159	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	41	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	69	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	81.8	mg/dl	100 - 130
VLDL CALCULATED Calculated	8.2	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	2.3	Ratio	Less than 4.0
LDL / HDL RATIO	1.19		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of HDL to predict the development of coronary atherosclerosis has been estimated to be four times greater than LDL and eight times greater than TC. Treatment is recommended for those with a HDL level below 40 mg/dL. An HDL of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	8.0	mg/dl	7.0 - 18.7
CREATININE, Serum Kinetic Alkaline Picrate	1.05	mg/dl	0.50 - 1.20
Ratio	7.62	mg/dl	5 - 20



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Test Name	Result	Unit	Biological Ref.Interval
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Patient Name :	<b>Mrs.NEHA SHUKLA</b>	Reg. Date :	27/Apr/2024 11:41AM
Age/Sex :	30 Y / Female	Sample Taken Date :	27/Apr/2024 05:00PM
Client Code/Name :	<b>MEDIWHEEL FULL BODY CHECKUP</b>	Report Date :	27/Apr/2024 05:23PM
Referred By Doctor :	<b>Dr. BANK OF BARODA</b>		

**CLINICAL PATHOLOGY**

**MEDIWHEEL FEMALE BELOW 40**

Test Name	Result	Unit	Biological Ref.Interval
<b>URINE ROUTINE EXAMINATION</b>			
<b>Method -Dipstick And Microscopy</b>			
<b>PHYSICAL EXAMINATION</b>			
COLOUR	STRAW		
SPECIFIC GRAVITY (Based on pka change)	1.020		1.001 - 1.030
pH ( methylred/Bromothymol blue method )	6.0		4.6 - 8.0
TURBIDITY	ABSENT		
Deposit (UR)	PRESENT		
<b>Chemical</b>			
PROTEIN	NIL		Nil
<small>Dipstick/Tetra bromophenol blue/ Heat &amp; Acid Test method).</small>			
GLUCOSE (Oxidase Peroxidase method)	NIL		Nil
KETONE (Nitroprusside Method)	NEGATIVE		Nil
BILL PIGMENT (Diazo Method)	NEGATIVE		Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE		Normal
Nitrite (Based on presence of bacteria )	NEGATIVE		Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE		Negative
BLOOD	ABSENT		Negative
<b>After Centrifugation at 2500 R.P.M. For 5 Minutes</b>			
<b>MICROSCOPIC EXAMINATION</b>			
RBC (Microscopic)	NIL	per HPF	
PUS CELLS (Microscopic)	2-4	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	20-30	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

**URINE SUGAR (PP)**

URINE SUGAR (PP) NIL

(\*Not in NABL Scope\*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
<b>MEDIWHEEL FEMALE BELOW 40</b>			
<b>CBC / COMPLETE BLOOD COUNT</b>			
HEMOGLOBIN (Hb) Photometry Cyanide Free	12.60	g/dl	12.0 - 15.0
TLC Impedence	5800	/cumm	4000-10000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	47	%	40-80
LYMPHOCYTE DHSS/Microscopic	42	%	24-44
EOSINOPHIL DHSS/Microscopic	3	%	01-06
MONOCYTE DHSS/Microscopic	8	%	3-6
Platelet Impedance/Microscopic	201	10 <sup>3</sup> /μL	140 - 440
RBC COUNT Impedance	4.10	10 <sup>6</sup> /μL	3.8 - 5.5
PCV (HCT) Numeric Integration	40.3	%	36-46
MCV Calculated	98.3	fL	83-91
MCH Calculated	30.7	pg	27-32
MCHC Calculated	31.3	g/dL	31.5-34.5
RDW-CV Calculated	13.5	%	11.6 - 14.0
MPV	12.9	fL	8 - 12
IG	0.2	%	0 - 0.5
ABSOLUTE LEUCOCYTE COUNT	2.44		
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	2.73	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.44	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.46	10 <sup>3</sup> /μL	0.0.20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.17	10 <sup>3</sup> /μL	0.02 - 0.50
N/L Ratio	1.12	Ratio	Normal: 1 - 3 Mildly High: 4 - 6 Moderately High: 7 - 9 Severly High: >9.0



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Referred By Doctor : Dr. BANK OF BARODA

HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL FEMALE BELOW 40

**ESR WESTERGREN (Automated)**

ESR WESTERGREN ( Automated) WESTERGREN	8	mm	0 - 14
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\*Not in NABL Scope\*

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

ABO	B	.	-
Reverse & Forward			
Rh	POSITIVE	.	-
Reverse & Forward			

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HbA1C/GLYCATED HEMOGLOBIN	5.3	%
Average of Glucose Level	105.41	mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:

$$eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$$

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Referred By Doctor	: Dr. BANK OF BARODA		

IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
<b>MEDIWHEEL FEMALE BELOW 40</b>			
<b>T3 / TRIDOTHYRONINE TOTAL</b>			
T3 TOTAL CMIA	1.22	ng/mL	0.35 - 1.93
<b>T4 / THYROXIN TOTAL</b>			
T4 TOTAL CMIA	10.45	µg/dl	4.50 - 10.9

*Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism. Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders*



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL FEMALE BELOW 40

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) CMIA	0.47	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism



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Client Code/Name	: <b>MEDIWHEEL FULL BODY</b>	Report Date	: 27/Apr/2024 05:49PM
	: <b>CHECKUP</b>		
Referred By Doctor	: Dr. BANK OF BARODA		

**X-RAY**

**MEDIWHEEL FEMALE BELOW 40**

**MEDIWHEEL FEMALE BELOW 40**

**X RAY CHEST PA VIEW**

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

**Hilar shadow are heavy.**

**Broncho-vascular markings are prominent ----- Bronchitis.**

No parenchymal lesion is seen.

**Advise :-** Correlate Clinicaly.

DR. S. KHURANA  
 M.B.B.S., D.M.R.E.

\*\*\* End Of Report \*\*\*





Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	21:05	0:01	00.0	00.0	01.0	92	100/60	092	04	
Standing	21:17	0:01	00.0	00.0	01.0	91	100/60	091	00	
HV	21:25	0:01	00.0	00.0	01.0	101	100/60	101	00	
ExStart	21:34	0:01	00.0	00.0	01.0	099	100/60	099	00	
BRUCE Stage 1	24:34	3:00	01.7	10.0	04.7	145	110/64	159	00	
BRUCE Stage 2	27:34	3:00	02.5	12.0	07.1	158	122/68	192	00	
PeakEx	28:35	1:01	03.4	14.0	08.2	173	122/68	211	00	
Recovery	29:34	1:00	00.0	00.0	01.2	130	118/66	204	00	
Recovery	30:34	2:00	00.0	00.0	01.0	138	114/64	157	00	
Recovery	31:00	2:25	00.0	00.0	01.0	120	114/64	136	00	

**Findings :**

Exercise Time : 07:02  
 Max HR Attained : 173 bpm 91% of Target 190  
 Max BP Attained : 122/68  
 Max WorkLoad Attained : 8.2 Fair response to induced stress  
 Max ST Dep Lead & Value : III & -0.8 mm  
 Duke Treadmill Score : 12.4  
 Test Objective : For Testing  
 History : Nil  
 Test End Reasons : Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

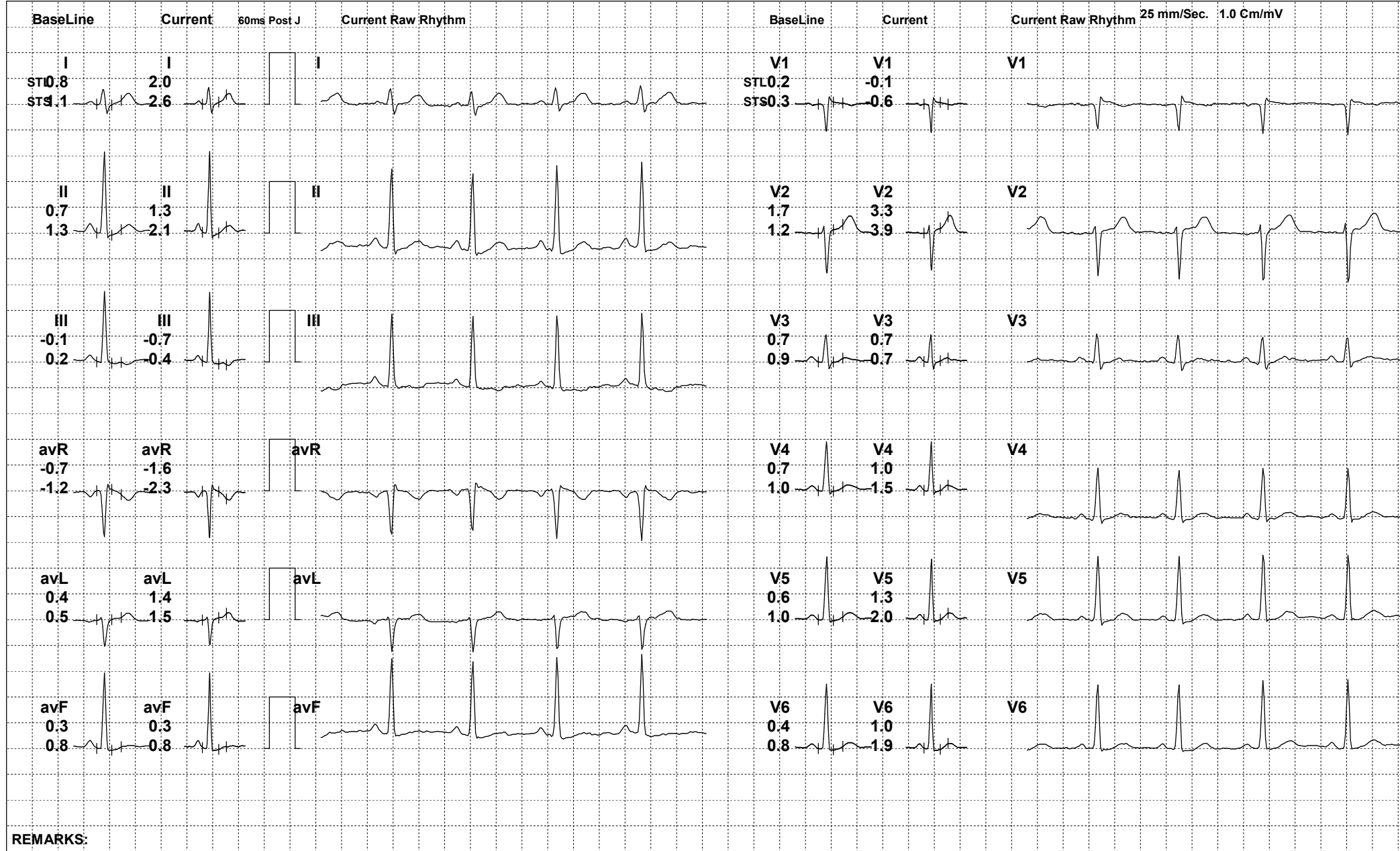
STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 91% ACHIEVED,  
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



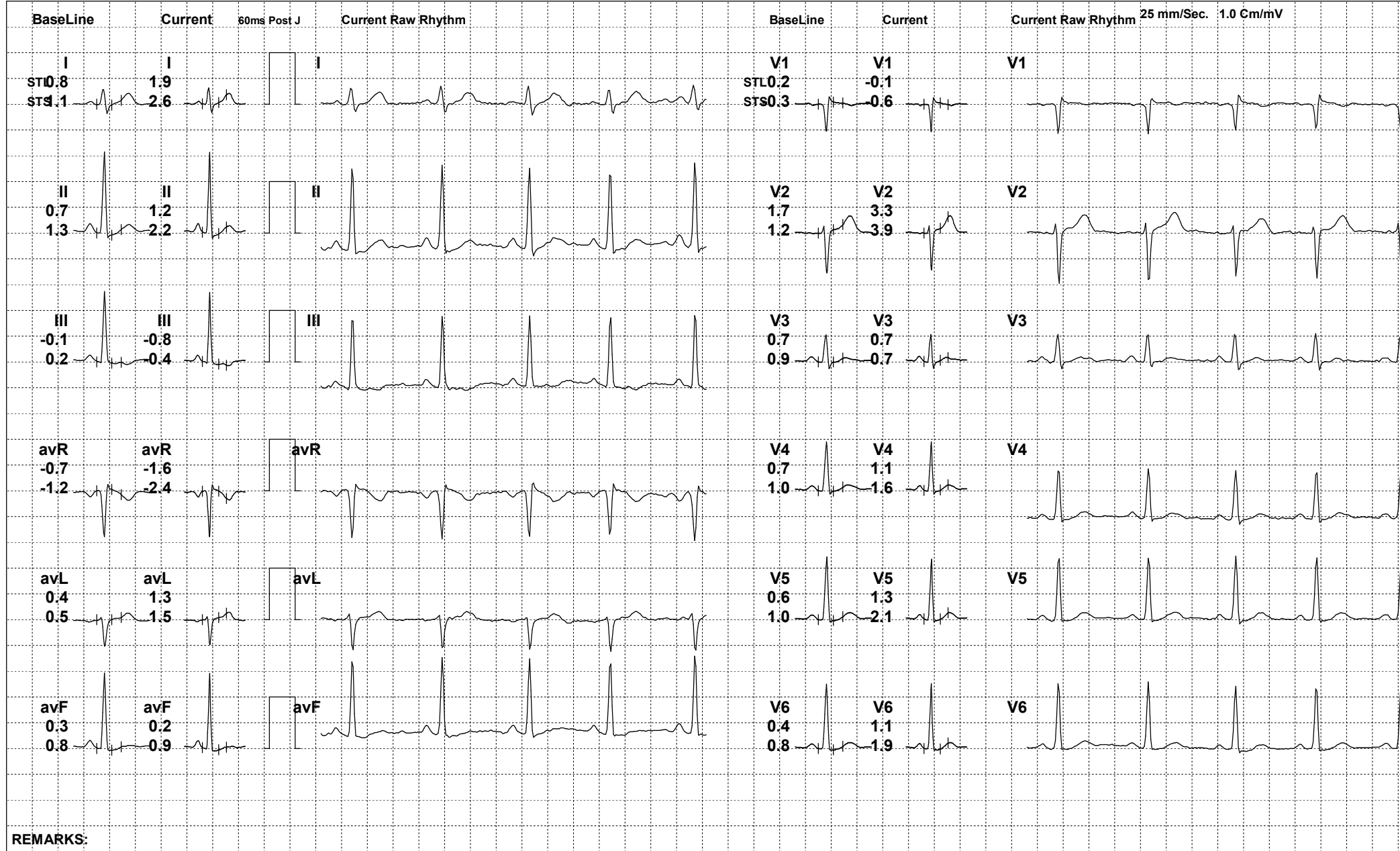
REMARKS:



319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 1.0/ 91 bpm 47% of THR BP: 100/60 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 21:16 0.0 mph, 0.0%



REMARKS:

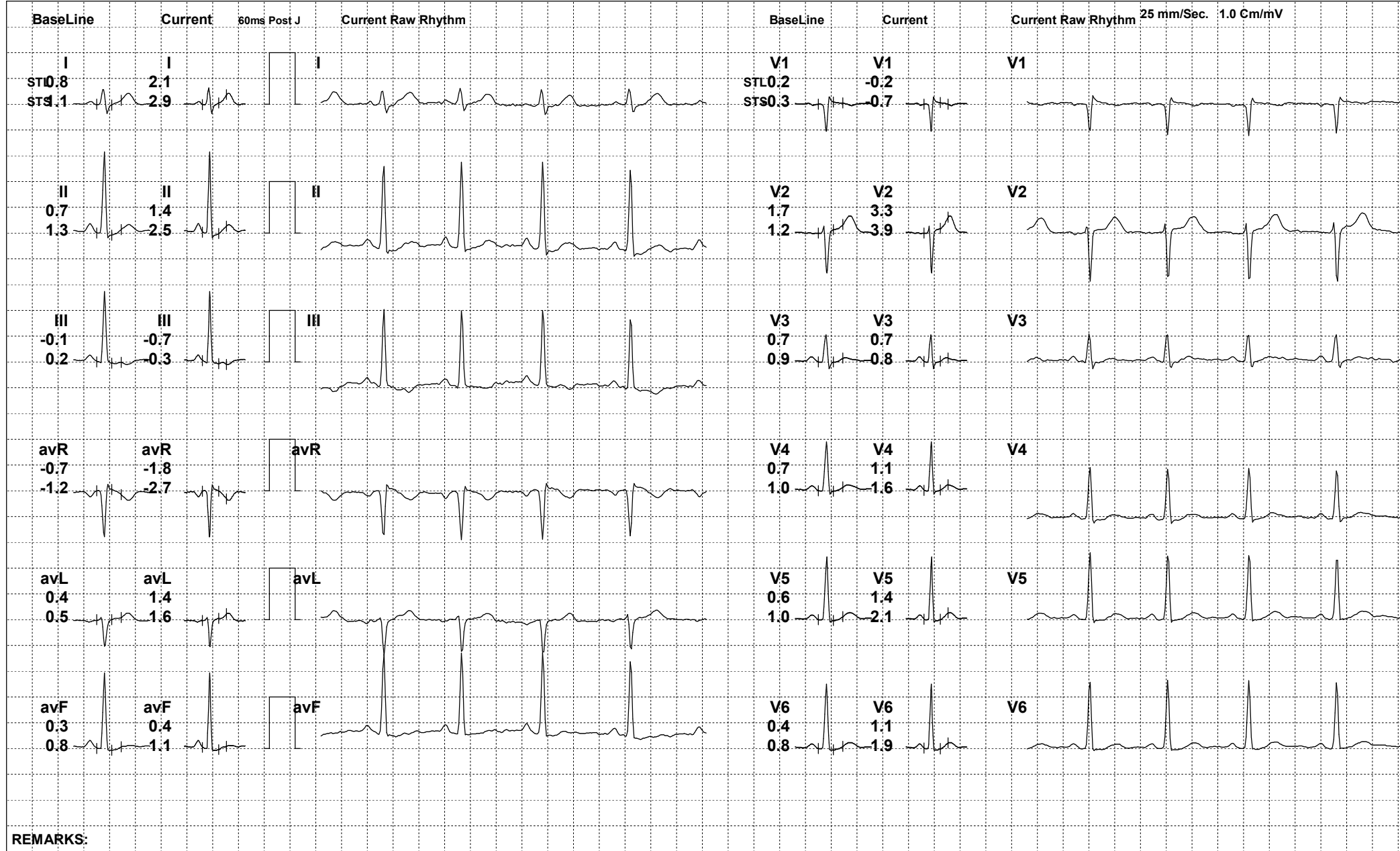




319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 1.0/ 95 bpm 50% of THR BP: 100/60 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 21:24 0.0 mph, 0.0%



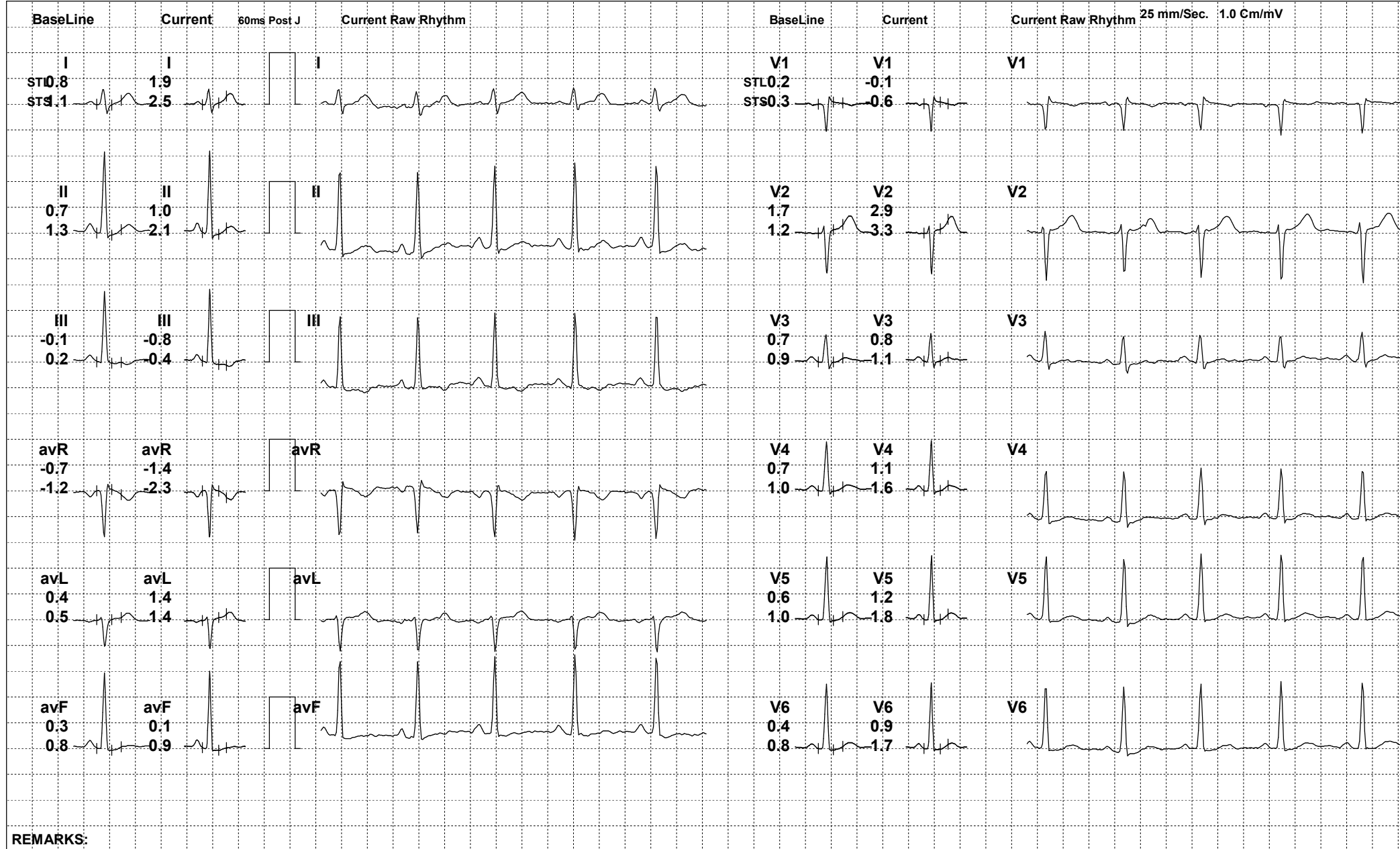
REMARKS:



319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 1.0/ 96 bpm 50% of THR BP: 100/60 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 21:33 0.0 mph, 0.0%



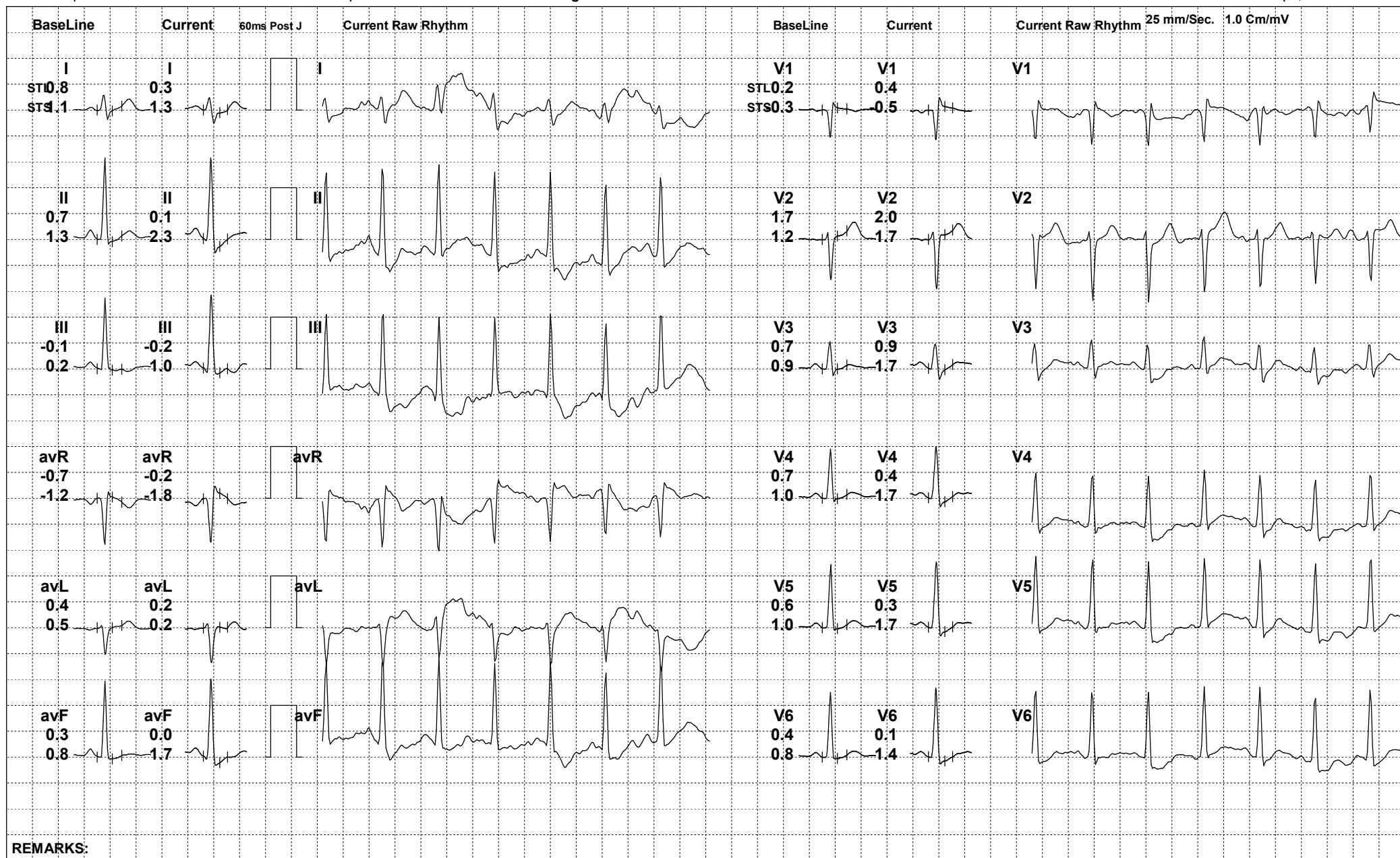
REMARKS:



319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 4.7/ 141 bpm 74% of THR BP: 110/64 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%

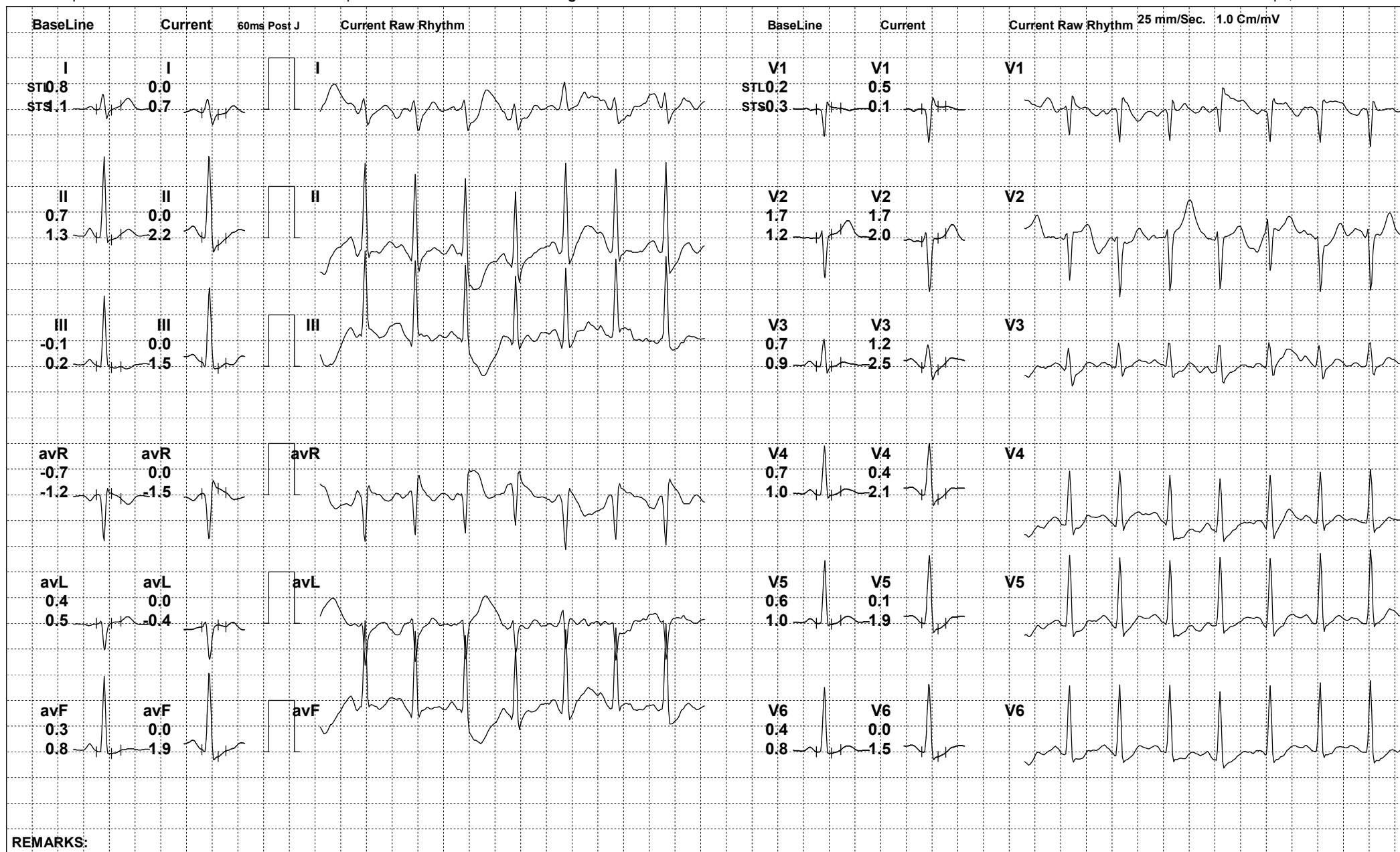




319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 7.1/ 154 bpm 81% of THR BP: 122/68 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%



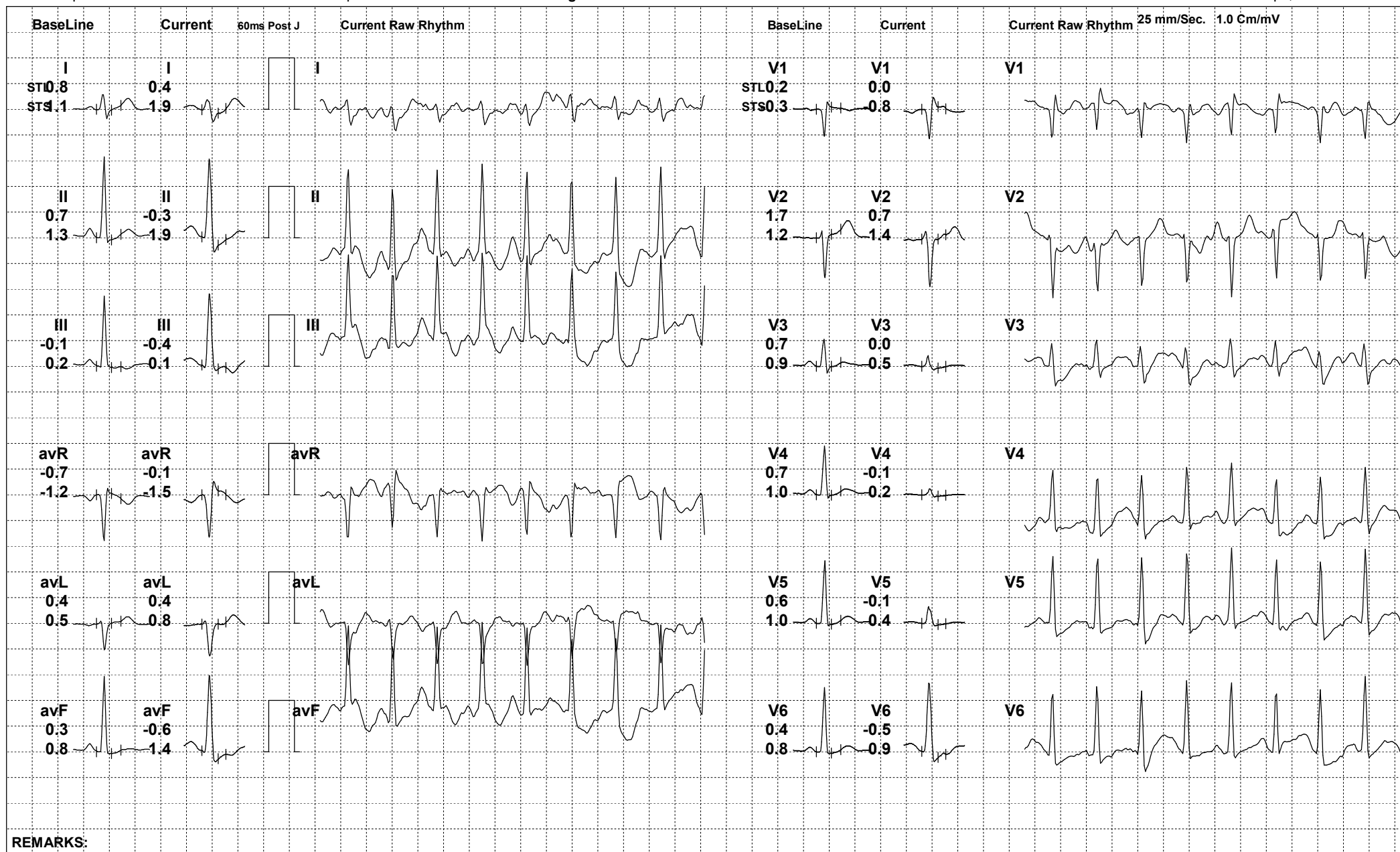
REMARKS:



319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 8.2/ 173 bpm 91% of THR BP: 122/68 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:01 3.4 mph, 14.0%



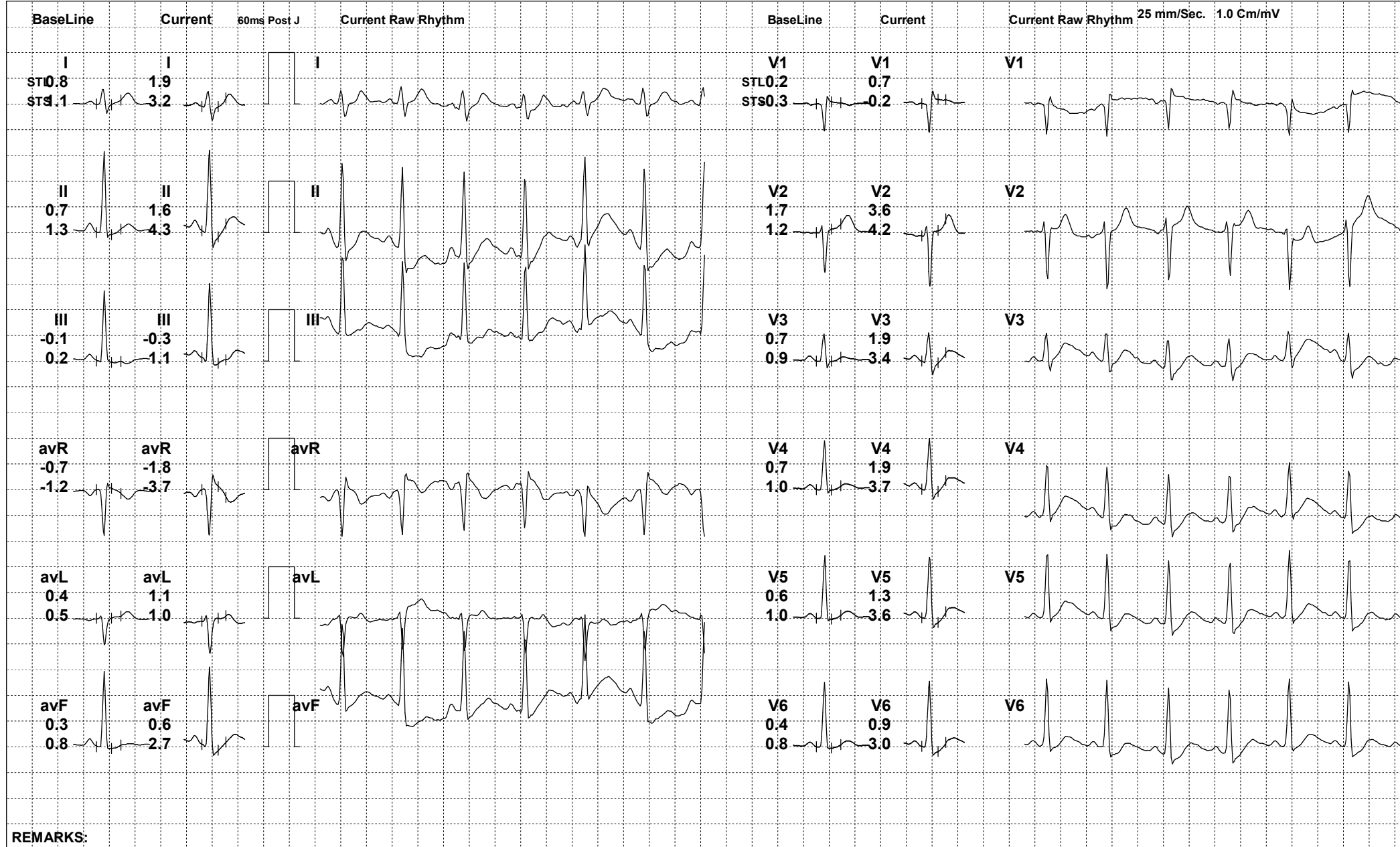
REMARKS:



319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 1.2/ 130 bpm 68% of THR BP: 118/66 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:02 0.0 mph, 0.0%

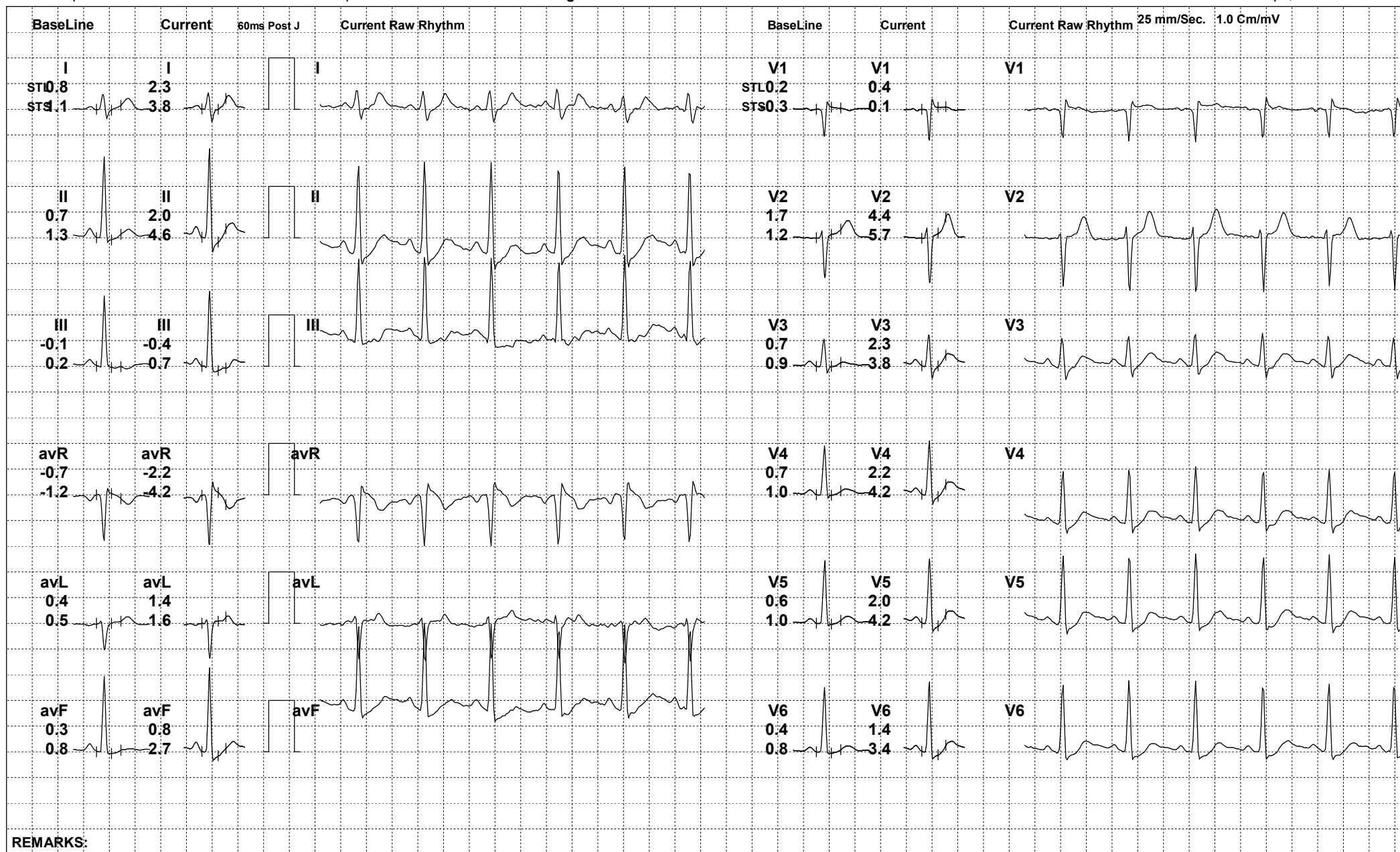




319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 1.0/ 115 bpm 60% of THR BP: 114/64 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:02 0.0 mph, 0.0%



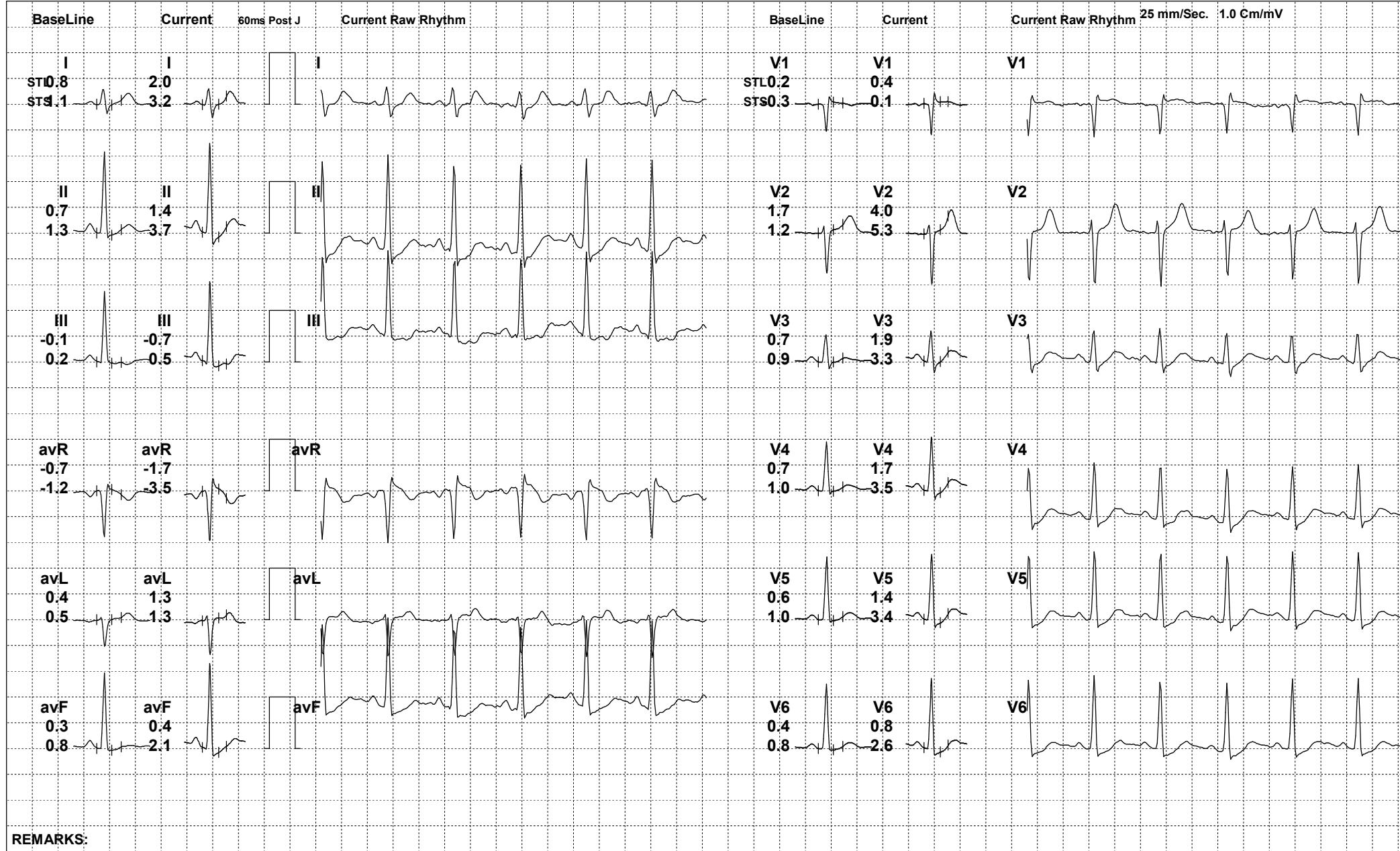
REMARKS:



319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM METS: 1.0/ 117 bpm 61% of THR BP: 114/64 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:02 0.0 mph, 0.0%



REMARKS:







319 (749458) / NEHA SHUKLA / 30 Yrs / F

Date: 27-Apr-2024 04:04:21 PM

