

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. SHINEMON V
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	29/11/1983 Gender: M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height 163 (cms)	b. Weight 60 (Kgs)	c. Girth of Abdomen 80 (cms)
d. Pulse Rate 70 (/Min)	e. Blood Pressure:	Systolic 115 Diastolic 76
	1 st Reading	
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		/ NS	
Mother			
Brother(s)			
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

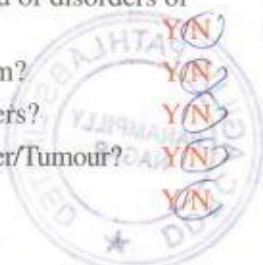
Tobacco in any form	Sedative	Alcohol
—	—	—

PERSONAL HISTORY

- | | |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N |
| b. Have you undergone/been advised any surgical procedure? Y/N | d. Have you lost or gained weight in past 12 months? Y/N |

Have you ever suffered from any of the following?

- | | |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? Y/N | • Any disorder of Gastrointestinal System? Y/N |
| • Any disorders of Respiratory system? Y/N | • Unexplained recurrent or persistent fever, and/or weight loss Y/N |
| • Any Cardiac or Circulatory Disorders? Y/N | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N |
| • Enlarged glands or any form of Cancer/Tumour? Y/N | • Are you presently taking medication of any kind? Y/N |
| • Any Musculoskeletal disorder? Y/N | |



• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

NA

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below:

Adv. medical consult

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Seal of Medical Examiner :

Dr. GEORGE THOMAS
MD, FCSI, FIAE
MEDICAL EXAMINER
Reg: 86614

Name & Seal of DDRC SRL Branch :



Date & Time :

27/04/2024



भारत सरकार
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

Enrollment No. : 2003/34399/33510

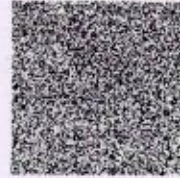
To
Shinemon V

PALEPPARAMBIL,
CHERUVARANAM,
VARANAM P O,
VTC: Varanam S.O,
District: Alappuzha,
State: Kerala, PIN Code: 688555,
Mobile: 9447000401

52364820



KF523648208FI



आपका आधार क्रमांक / Your Aadhaar No. :

8058 4365 7538

मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



Issue Date: 16/01/2013



Shinemon V
DOB: 29/11/1983
Male

8058 4365 7538

मेरा आधार, मेरी पहचान

TO DDRC

Shinemon V



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App Now



motion test not required.


Shinemon V

26/4/24





MC-5897

PATIENT NAME : SHINEMON.V

REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

CODE/NAME & ADDRESS : CA00010147 -
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
DELHI,
SOUTH DELHI 110030
8800465156

ACCESSION NO : 4126XD008004
PATIENT ID : SHINM1401844126
CLIENT/PATIENT ID:
ABHA NO

AGE/SEX : 40 Years Male
DRAWN :
RECEIVED : 26/04/2024 08:37:05
REPORTED : 26/04/2024 14:41:09

Test Report Status Final

Results

Biological Reference Interval Units

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

TREADMILL TEST

TREADMILL TEST

COMPLETED

DENTAL CHECK UP

DENTAL CHECK UP

COMPLETED

OPHTHAL

OPHTHAL

COMPLETED



Smitha
DR. SMITHA PAULSON, MD
(PATH), DPB
(Reg No - TCMC:35960)
**LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY**

Nilad
DR. NILA THERESA DAVIS, MBBS
MD(PATH)
(Reg No - TCMC:47450)
CONSULTANT PATHOLOGIST

Tejas
DR. TEJAS PRASAD
VIDWANS, MBBS MD(PATH) (Reg
No - MMC 2017/08/3919)
CONSULTANT PATHOLOGIST



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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

ECG WITH REPORT
REPORT
 COMPLETED

USG ABDOMEN AND PELVIS
REPORT
 COMPLETED

CHEST X-RAY WITH REPORT
REPORT
 COMPLETED

HAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT
GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD
 HBA1C

5.7

Normal : 4.0 - 5.6%
 Non-diabetic level : < 5.7%
 Diabetic : > 6.5%

Glycemic control goal
 More stringent goal : < 6.5 %
 General goal : < 7%
 Less stringent goal : < 8%.

Glycemic targets in CKD :-
 If eGFR > 60 : < 7%
 If eGFR < 60 : 7 - 8.5%.

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CONSULTANT PATHOLOGIST

DR. TEJAS PRASAD VIDWANS, MBBS MD(PATH) (Reg No - MMC 2017/08/3919)
CONSULTANT PATHOLOGIST



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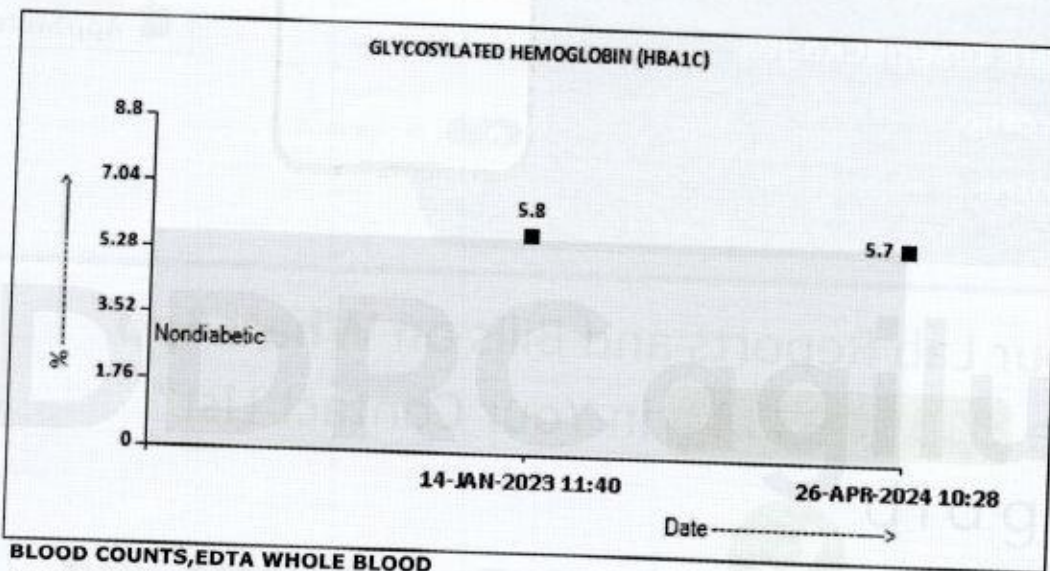
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MEAN PLASMA GLUCOSE **116.9 High** < 116.0 mg/dL



BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN	15.8	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.38	4.50 - 5.50	mil/ μ L
WHITE BLOOD CELL COUNT	8.96	4.0 - 10.0	thou/ μ L
PLATELET COUNT	293	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	47.5	40.0 - 50.0	%
MEAN CORPUSCULAR VOL	88.3	83.0 - 101	fL
MEAN CORPUSCULAR HGB	29.4	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	33.3	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	12.0	11.60 - 14.0	%
MENTZER INDEX	16.4		

DR. HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry & Immunology

DR. NISHA G, MBBS MD (PATH),
(Reg No - TCMC:45399)
CONSULTANT PATHOLOGIST

DR. SMITHA PAULSON, MD
(PATH), DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY



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MEAN PLATELET VOLUME	8.7	6.80 - 10.90	fL
WBC DIFFERENTIAL COUNT			
SEGMENTED NEUTROPHILS	65	40.0 - 80.0	%
LYMPHOCYTES	28	20.0 - 40.0	%
MONOCYTES	5	2.0 - 10.0	%
EOSINOPHILS	2	1.0 - 6.0	%
BASOPHILS	0	0.0 - 1.0	%
ABSOLUTE NEUTROPHIL COUNT	5.79	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	2.52	1.0 - 3.0	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.41	0.20 - 1.0	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.21	0.02 - 0.50	thou/ μ L
ABSOLUTE BASOPHIL COUNT	0.00	0.00 - 0.10	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.3		

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

SEDIMENTATION RATE (ESR)	08	0 - 14	mm at 1 hr
METHOD : WESTERGRENN METHOD			

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
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SUGAR URINE - FASTING


SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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IMMUNOHAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD


DR. HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry & Immunology


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(Reg No - TCMC:45399)
CONSULTANT PATHOLOGIST


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HISTOPATHOLOGY & CYTOLOGY





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ABO GROUP	TYPE B
RH TYPE	POSITIVE

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

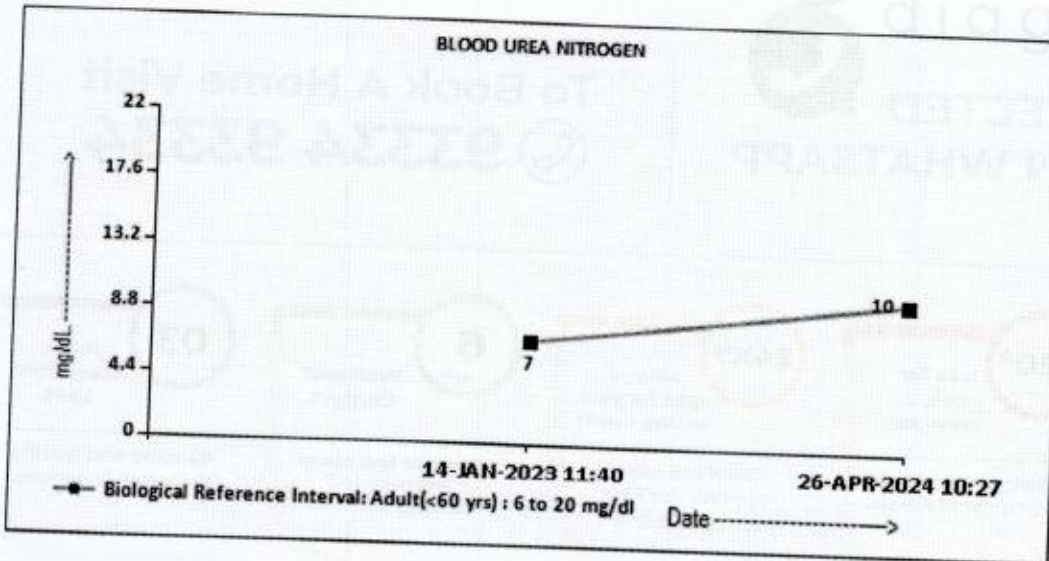
The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 10 Adult(<60 yrs) : 6 to 20 mg/dL



DR. SMITHA PAULSON
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(PATH), DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY

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DR. HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry &
Immunology



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KERALA, INDIA
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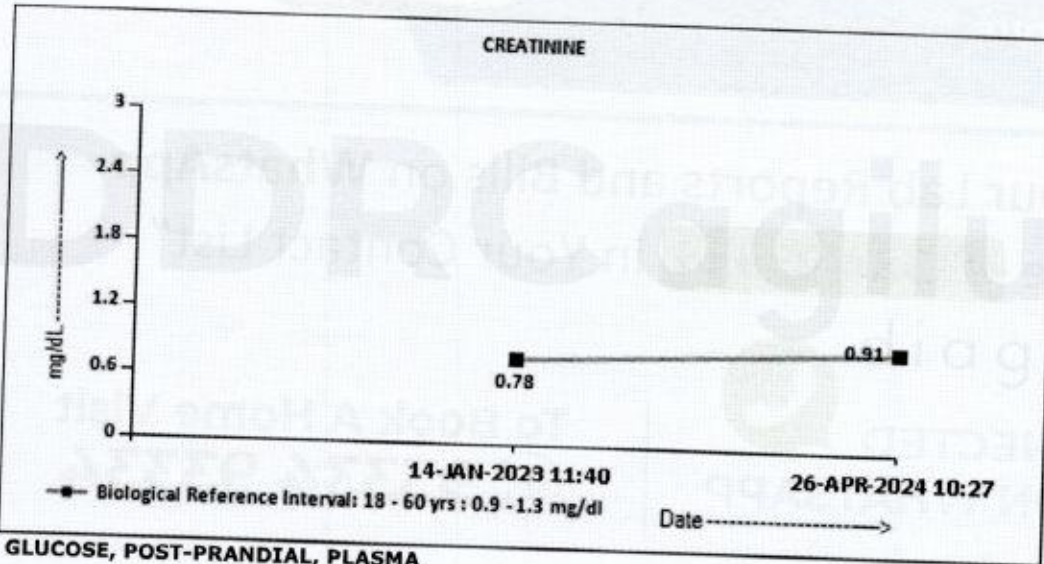
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BUN/CREAT RATIO			
BUN/CREAT RATIO		10.9	
CREATININE, SERUM			
CREATININE		0.91	mg/dL
		18 - 60 yrs : 0.9 - 1.3	



GLUCOSE, POST-PRANDIAL, PLASMA
GLUCOSE, POST-PRANDIAL, PLASMA 122

Diabetes Mellitus : > or = 200. mg/dL
Impaired Glucose tolerance/
Prediabetes : 140 - 199.
Hypoglycemia : < 55.

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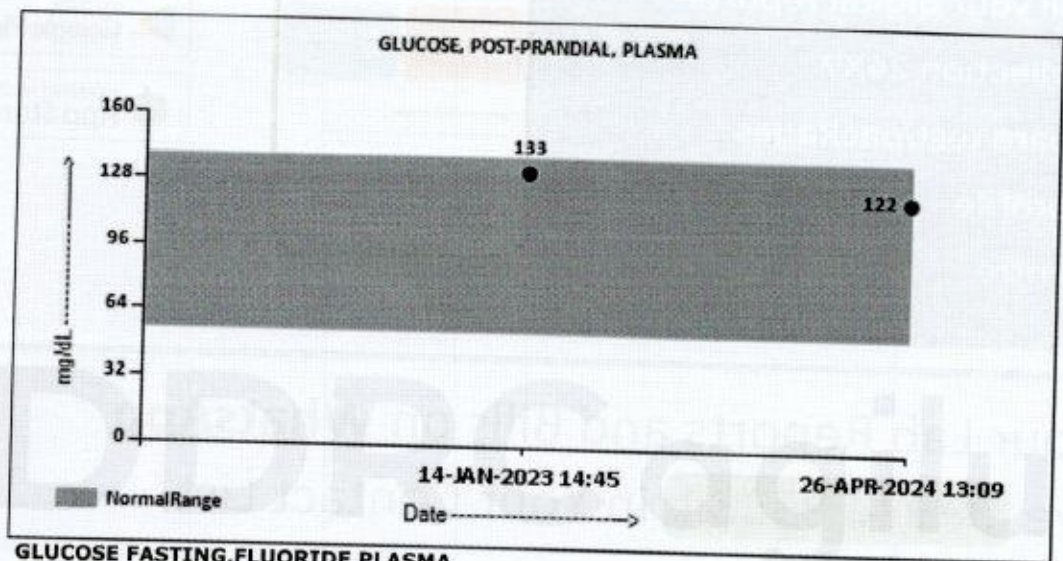


Patient Ref. No. 666000008685511



PATIENT NAME : SHINEMON.V		REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED	
CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156		ACCESSION NO : 4126XD008004	AGE/SEX : 40 Years Male
		PATIENT ID : SHINM1401844126	DRAWN :
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GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 93

Diabetes Mellitus : > or = 126. mg/dL
 Impaired fasting Glucose/
 Prediabetes : 101 - 125.
 Hypoglycemia : < 55.

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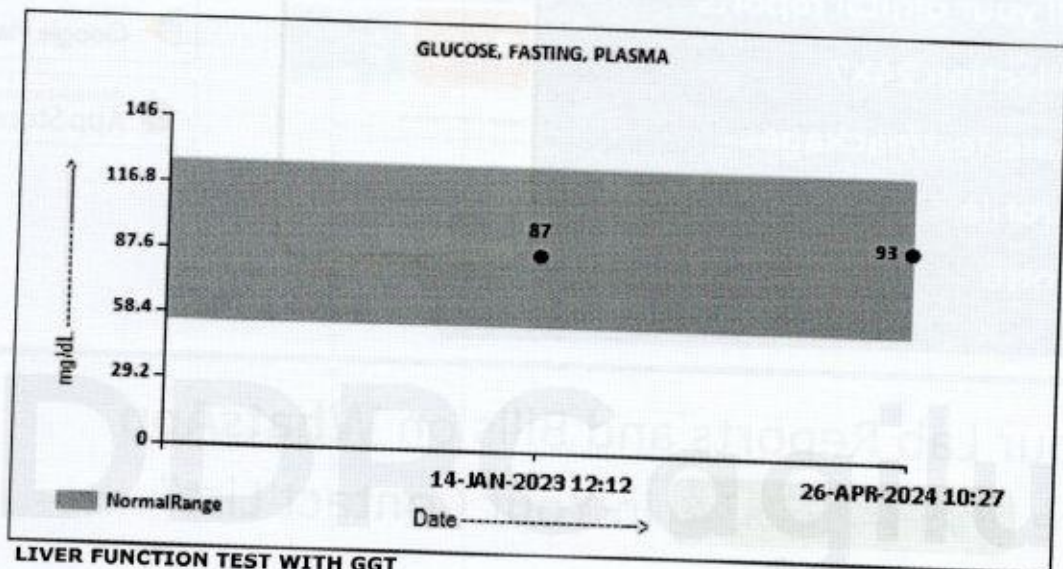
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LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.76	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.38 High	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.38	General Range : < 0.85	mg/dL
TOTAL PROTEIN	7.2	Ambulatory : 6.4 - 8.3	g/dL
ALBUMIN	4.6	Recumbant : 6 - 7.8	g/dL
GLOBULIN	2.6	20-60yrs : 3.5 - 5.2	g/dL
		General Range : 2 - 3.5	g/dL
		Premature Neonates : 0.29 - 1.04	
ALBUMIN/GLOBULIN RATIO	1.8	General Range : 1.1 - 2.5	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	22	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	36	Adults : < 45	U/L
ALKALINE PHOSPHATASE	72	Adult (<60yrs) : 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	30	Adult (Male) : < 60	U/L

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TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	7.2	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
URIC ACID, SERUM			
URIC ACID	6.3	Adults : 3.4-7	mg/dL

BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	161	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	208 High	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	37 Low	General range : 40-60 Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
LDL CHOLESTEROL, DIRECT	91		mg/dL
NON HDL CHOLESTEROL	124	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO	41.6 High 4.4	</= 30.0 Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0	mg/dL

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Test Report Status	Final	Results	Units
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LDL/HDL RATIO

2.5

Moderate Risk : 7.1 - 11.0
High Risk : > 11.0
Desirable/Low Risk - 0.5-3
Borderline/Moderate Risk- 3.1-6
High Risk- >6.0

Comments

Factors that can influence triglyceride level in blood include diet (non-12 hrs. fasting status), Alcohol, Drug intake, Pregnancy, Smoking, Obesity, Stress and inflammation. So, if clinically not correlating contact lab within 24 hours.

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

THYROID PANEL, SERUM

T3	101.00	Adult : 80-200	ng/dL
T4	7.72	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	0.743	21-50 yrs : 0.4 - 4.2	µIU/mL

SPECIALISED CHEMISTRY - TUMOR MARKER

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

PROSTATE SPECIFIC ANTIGEN, SERUM

PROSTATE SPECIFIC ANTIGEN	0.689	Age Specific :- <49yrs : <2.5 50-59yrs : <3.5 60-69yrs : <4.5 >70yrs : <6.5	ng/mL
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DR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry &
Immunology

DR.SMITHA PAULSON,MD
(PATH),DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY



View Details



View Report

PERFORMED AT :

DDRC AGILUS PATHLABS LIMITED
DDRC agilus TOWER, G-131,PANAMPILLY NAGAR,
ERNAKULAM, 682036
KERALA, INDIA
Tel : 93334 93334
Email : customercare.ddrc@agilus.in





PATIENT NAME : SHINEMON.V

REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

CODE/NAME & ADDRESS : CA00010147 -
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
DELHI,
SOUTH DELHI 110030
8800465156

ACCESSION NO : 4126XD008004
PATIENT ID : SHINM1401844126
CLIENT PATIENT ID:
ABHA NO

AGE/SEX : 40 Years Male
DRAWN :
RECEIVED : 26/04/2024 08:37:05
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Test Report Status	Final	Results	Units
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CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT

PHYSICAL EXAMINATION, URINE

COLOR : AMBER
APPEARANCE : CLEAR

CHEMICAL EXAMINATION, URINE

PH	5.0	4.8 - 7.4
SPECIFIC GRAVITY	1.025	1.015 - 1.030
PROTEIN	DETECTED (TRACE)	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NOT DETECTED	NOT DETECTED
NITRITE	NORMAL	NORMAL
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED
	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	3 - 5	NOT DETECTED	
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
CASTS	NOT DETECTED		/HPF
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	

DR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry & Immunology

DR.NISHA G,MBBS MD(PATH),
(Reg No - TCMC:45399)
CONSULTANT PATHOLOGIST

DR.SMITHA PAULSON,MD
(PATH),DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD- HISTOPATHOLOGY & CYTOLOGY



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ERNAKULAM, 682036
KERALA, INDIA

Tel : 93334 93334
Email : customercare.ddrc@anilus.in



Date: 26/4/24

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms: Shinemon V. Aged 40 and his /-her

visual standards is as follows :

Visual Acuity:

For far vision

R: 6/6

L: 6/6


For near vision

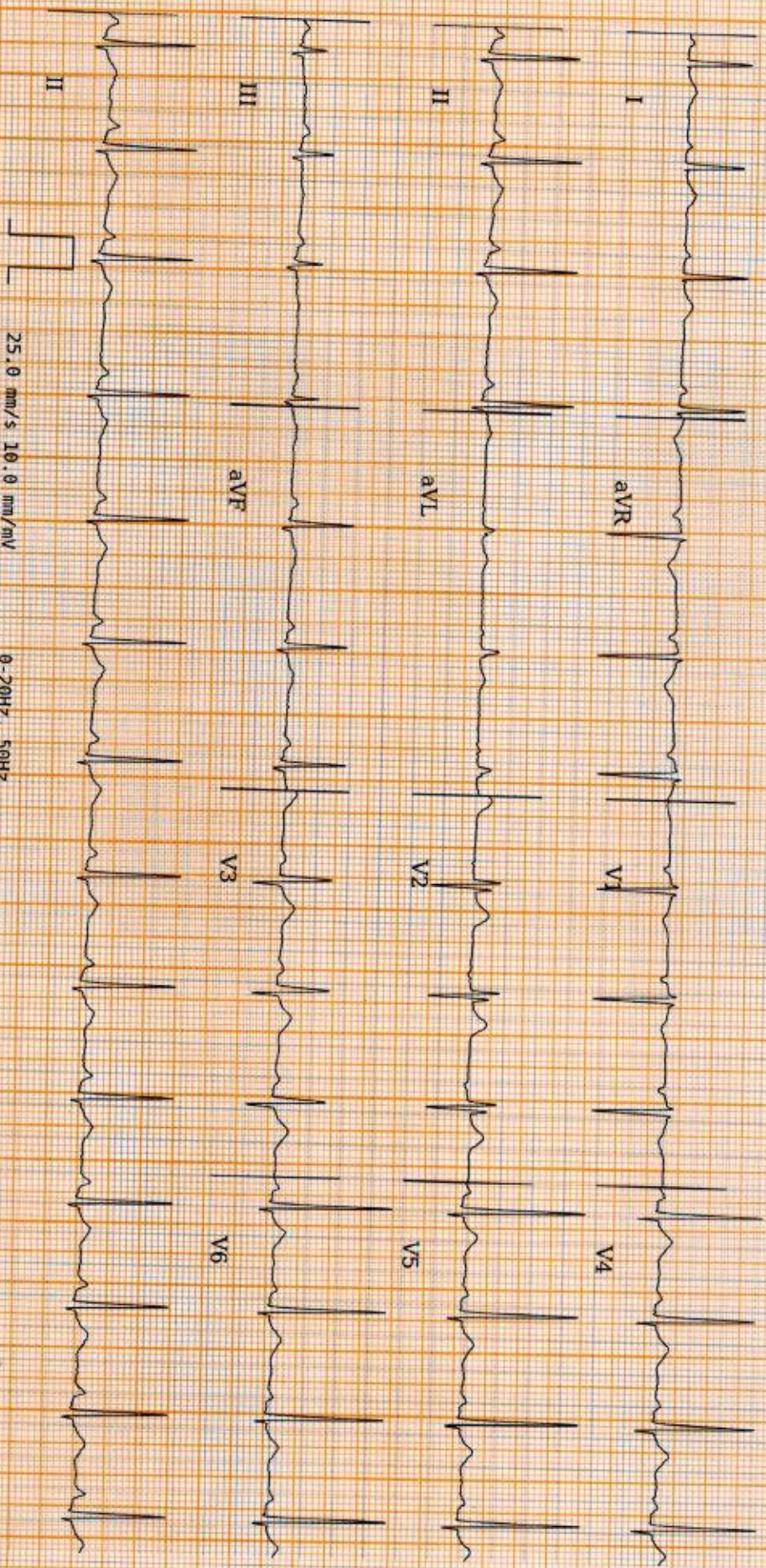
R: N6

L: N6

Color Vision : Normal




CIYA MARY P ROCKY
(OPTOMETRIST)



AR: 86bpm

VR: 85bpm

QRSD: 74ms

QT: 312ms

QTcB: 371.35ms

PRI: 152ms

P-R-T: 58° 46° 28°

25.0 mm/s 10.0 mm/mV

0-20Hz, 50Hz

ECG Within Normal Limits: Sinus Rhythm, Sinus Arrhythmia Seen. rsr' Pattern in V1, V2. Please correlate clinically.

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and result of other invasive and non-invasive tests and must be interpreted by a qualified physician.

Tricog

REPORTED BY

Dr. Binod R
 MBBS

KMC-72470



NAME	MR SHINEMON V	AGE	40 YRS
SEX	MALE	DATE	April 26, 2024
REFERRAL	MEDIWHEEL	ACC NO	4126XD008004

USG ABDOMEN AND PELVIS

LIVER	Measures ~ 13.4 cm, shows increased echoes. Smooth margins and no obvious focal lesion within. No IHBR dilatation. Portal vein normal in caliber .
GB	Partially distended, shows few polyps of size upto ~ 4 mm. Normal GB wall caliber.
SPLEEN	Measures ~ 9.2 cm, normal to visualized extent. Splenic vein normal.
PANCREAS	Normal to visualized extent. PD is not dilated.

KIDNEYS	RK: 9.1 x 4.5 cm, normal in size and echotexture. LK: 9.5 x 5.5 cm, normal in size and echotexture. Small echogenic focus of size ~ 4 mm in right kidney with no PAS . Maintained corticomedullary differentiation and normal parenchymal thickness. No hydroureteronephrosis.
----------------	--

BLADDER Partially distended, no internal echoes/calculus within.

PROSTATE Normal in volume and echopattern.

FLUID Nil to visualized extent.

BOWEL Visualized bowel loops appear normal.

IMPRESSION

- ⚡ **Grade I/II Fatty liver.**
- ⚡ **GB polyps.**
- ⚡ **? Right renal soft calculus/concretion.**

Kindly correlate clinically.

Dr. Hrishikesh C
Dr. HRISHIKESH C MBBS DMRD
 Consultant Radiologist

Thank you for referral. Your feedback will be appreciated.

In case of typing error please bring the report back for correction



This is to certify that I have examined

MR / MS S.H.NEMDAN Vaged 40.....and

his / her oral findings are as follows

D - Decay

M - Missing

F - Filling

M.															
8	7	6	5	4	3	2	1	1	2	3	4	5	6	7	8
8	7	6	5	4	3	2	1	1	2	3	4	5	6	7	8
M															

Oral hygiene status : Good / Fair / Poor

Calculus / Stains : Calculus

Any other findings : Adv. Scaling

Date : 26/4/24

Dr. K C Jose

[Signature]
Dr. Seem Teresa



NAME: MR SHINEMON V	STUDY DATE: 26.04.2024
AGE / SEX : 40 YRS / M	REPORTING DATE : 26.04.2024
REFERRED BY: MEDIWHEEL ARCOFEMI	ACC NO: 4126XD008004

X - RAY - CHEST PA VIEW

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardiac thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

IMPRESSION: NORMAL STUDY.**Kindly correlate clinically**

Dr. Hrishikesh
Dr. HRISHIKESH C MBBS DMRD
Consultant Radiologist



DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

SHINEMON V (40 M)

HR: 100 bpm

Bruc Protocol ID: XDD008004 Date: 26-04-2024 Exec Time: 0:00:00 Stage Time: 01:14
STLevel(mn) STSIlope(mV/s) Stage: Supine Speed: 0 kmph Grade: 0% THR: 153 bpm
BP: 90/60 mmHg
STLevel(mn) STSIlope(mV/s)

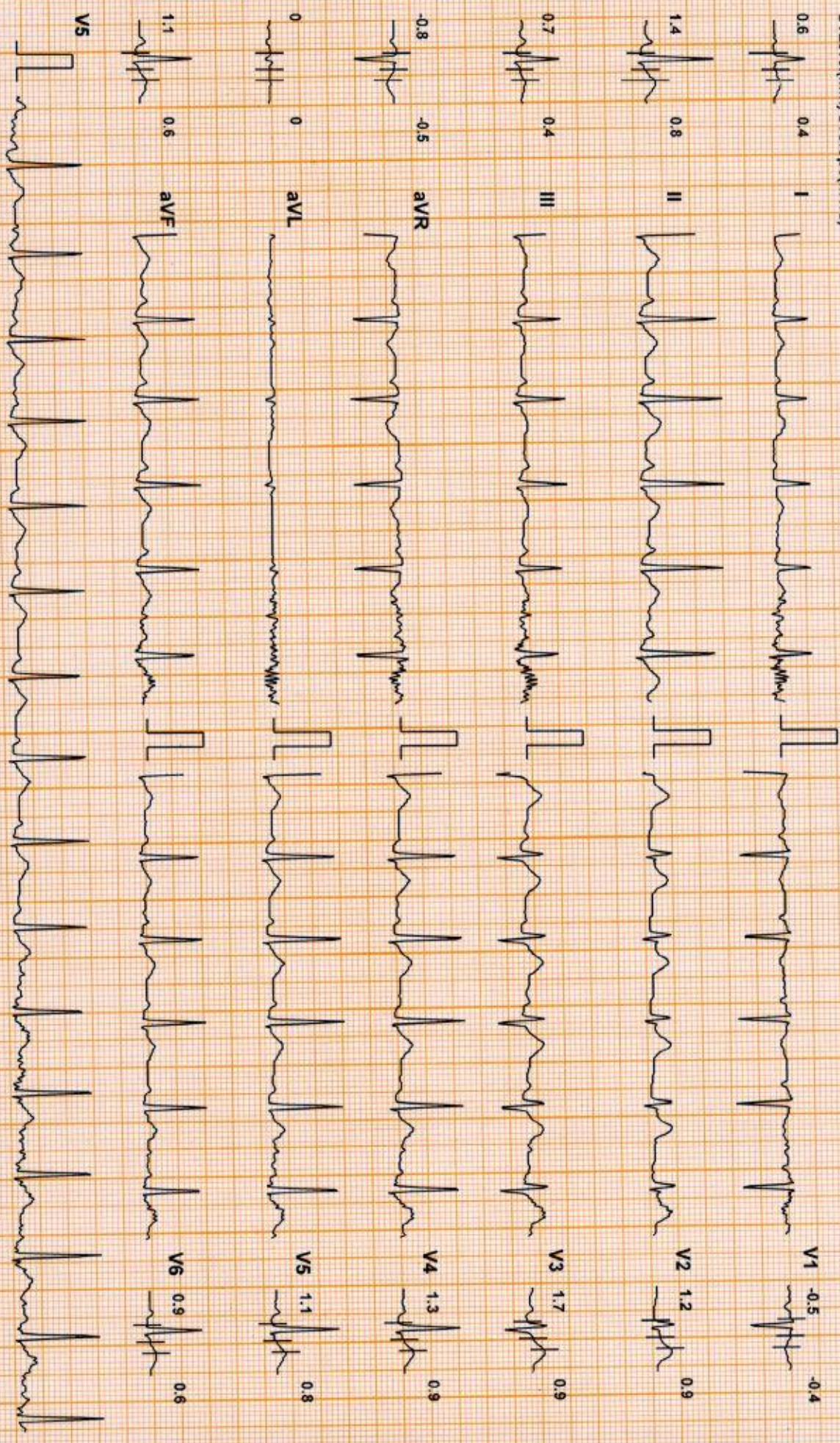


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms
Schiller Cardiovit CS-10 Version: 3.5

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SHINEMON V (40 M)

HR: 111 bpm

Bruce Protocol

ID: XD008004

Date: 26-04-2024

Stage: Standing

Speed: 0 kmph

Exec Time: 0:00:00

Grade: 0%

BP: 90/60 mmHg

STLevel(mm) STSlope(mV/s)

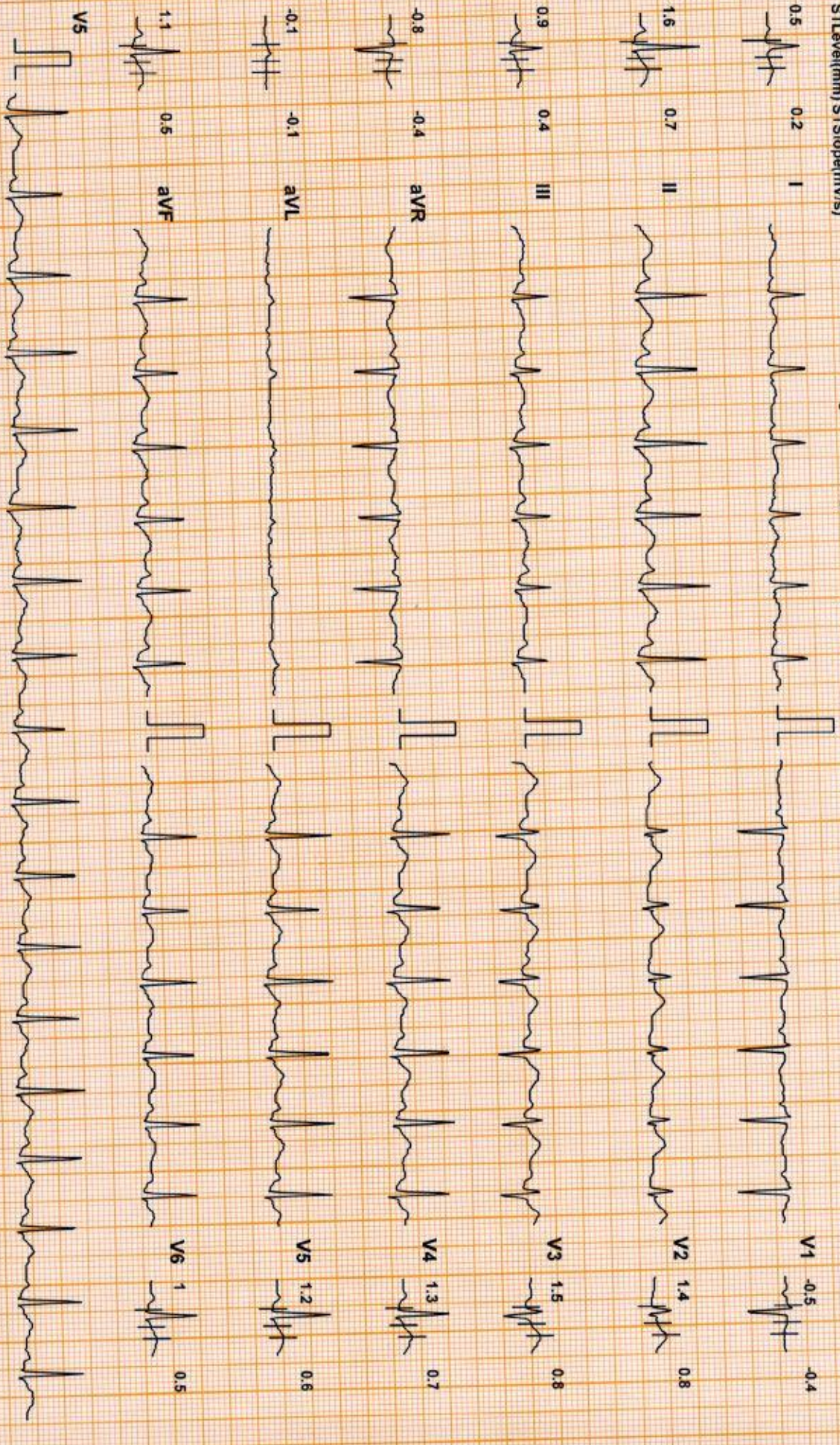


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version 3.5

SHINEMON V (40 M)

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HR: 105 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XD008004
Stage: PreTest

Date: 26-04-2024
Speed: 1.6 kmph

Exec Time : 0:00:00
Grade: 0%

Stage Time: 00:16
THR: 153 bpm

BP: 90/60 mmHg
STLevel(mm) STSlope(mV/s)

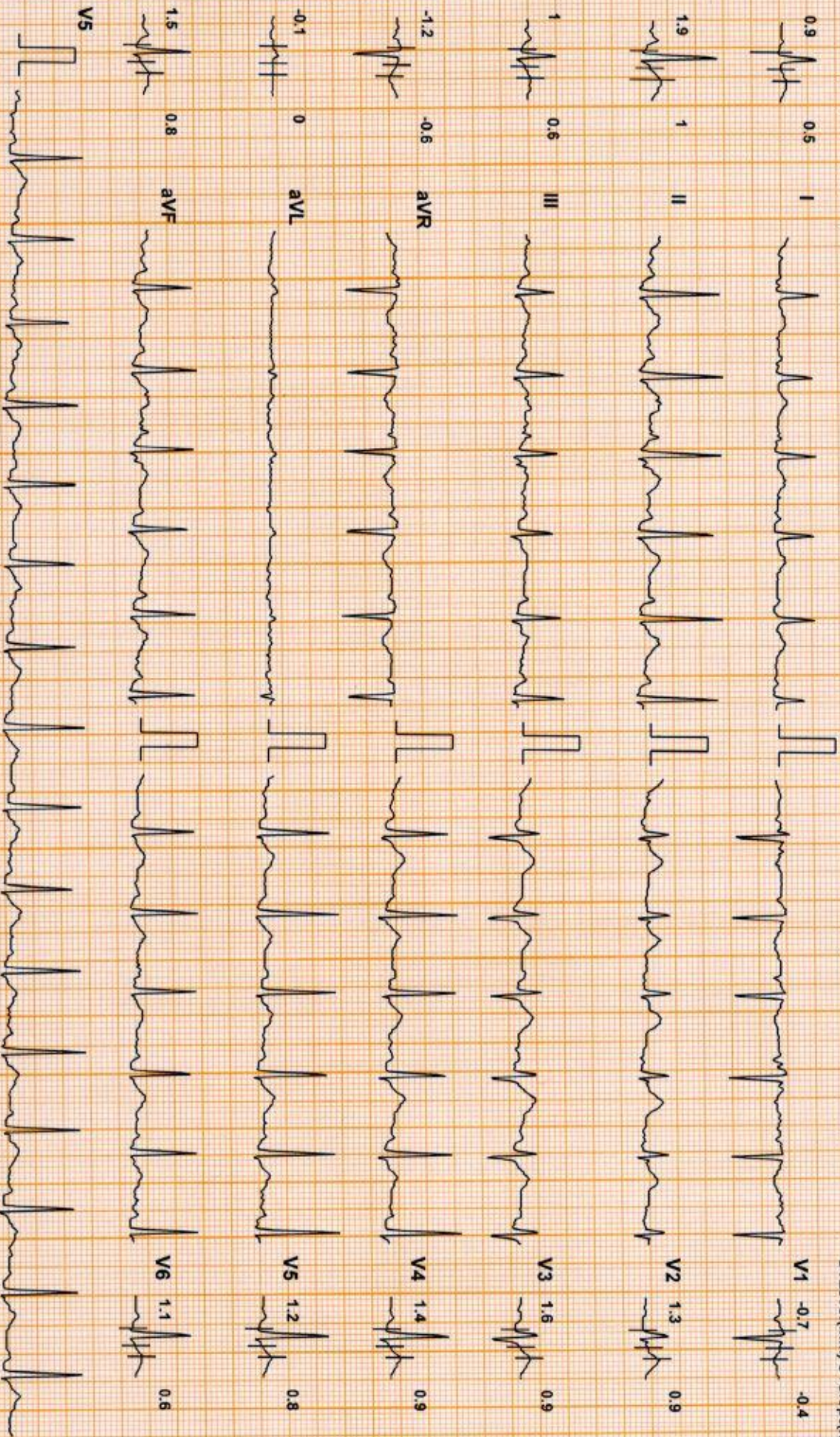


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version: 3.5

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SHINEMON V (40 M)

HR: 119 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XD008004
Stage: 1

Date: 26-04-2024
Speed: 2.7 kmph

Exec Time: 0:03:00
Grade: 10%

Stage Time: 03:00
THR: 153 bpm

BP: 110/70 mmHg
STLevel(mm) STSlope(mV/s)

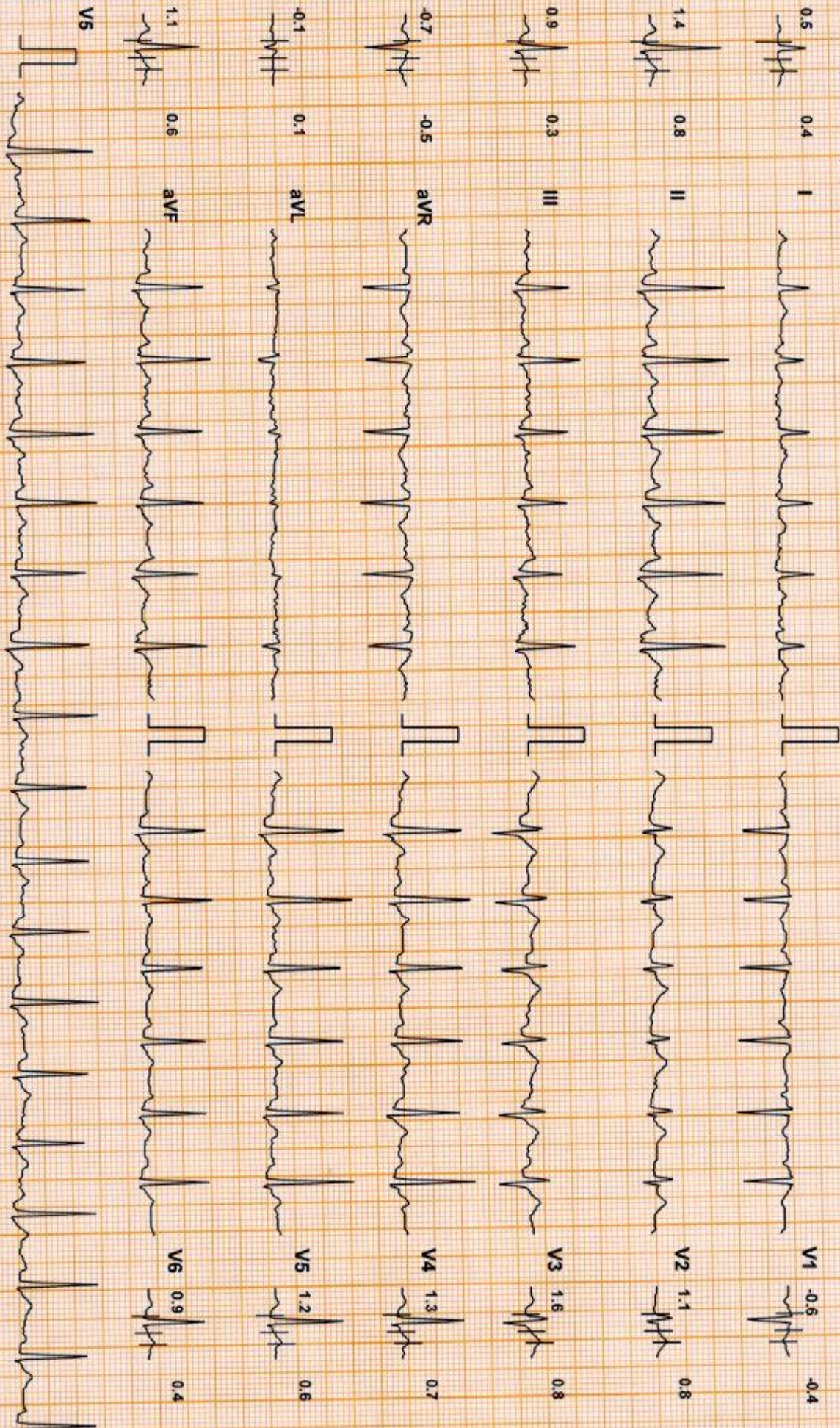


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardiovit CS-10 Version: 3.5

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SHINEMON V (40 M)

HR: 142 bpm

Bruce Protocol

ID: XD008004

Date: 26-04-2024

Exec Time: 0:06:00

Stage Time: 03:00

STLevel(mV) STSlope(mV/s)

Stage: 2

Speed: 4 kmph

Grade: 12%

THR: 153 bpm

BP: 130/70 mmHg

STLevel(mV) STSlope(mV/s)

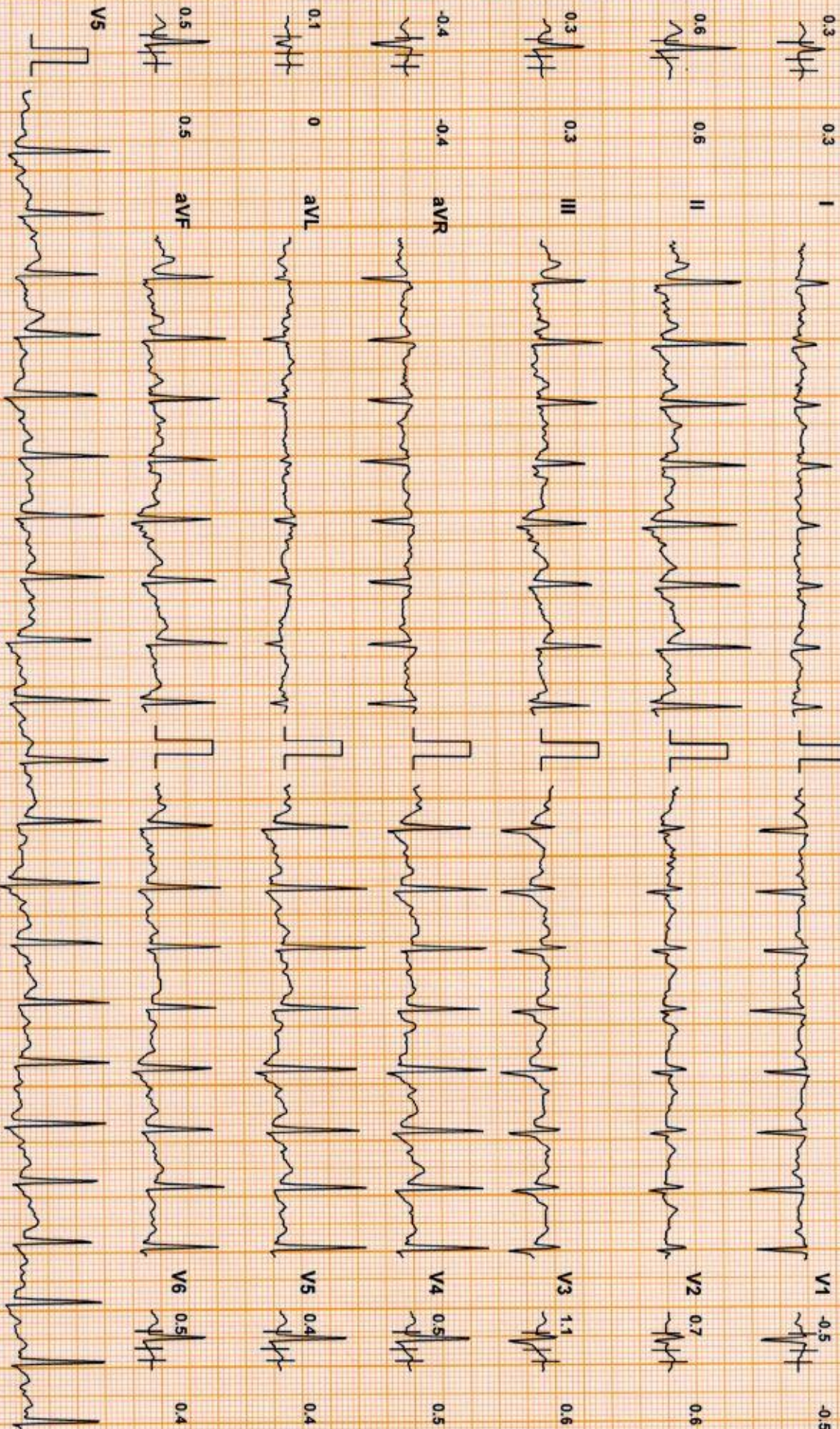


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

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SHINEMON V (40 M)

Bruce Protocol

ID: XD008004

Date: 26-04-2024

Exec Time: 0:08:01

Stage Time: 02:01

HR: 160 bpm

STLevel(mV) STSlope(mV/s)

Stage: Peak Exercise

Speed: 5.5 kmph

Grade: 14%

THR: 153 bpm

BP: 130/70 mmHg

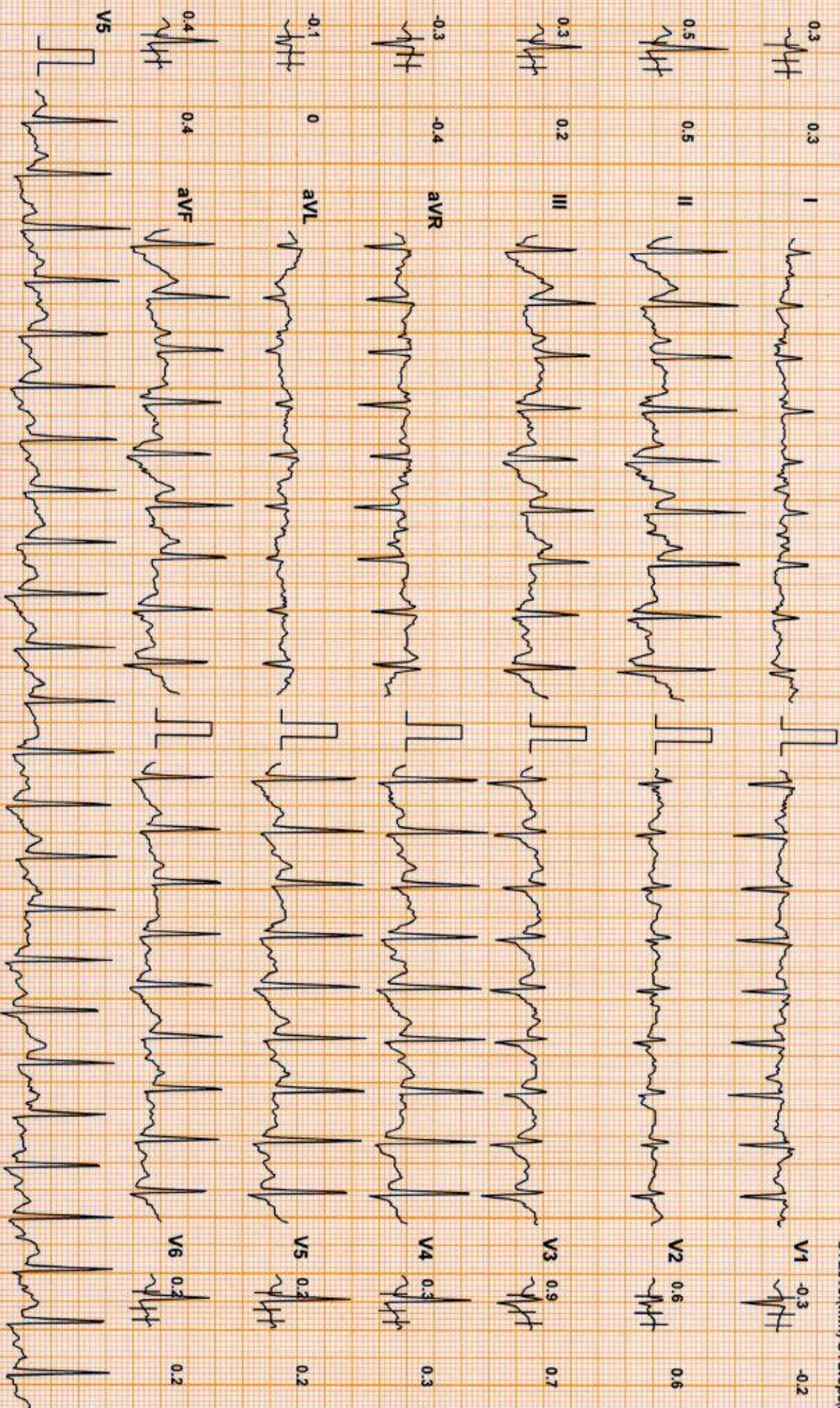


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version: 3.5

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SHINEMON V (40 M)

HR: 133 bpm

Bruce Protocol
STLevel(mm) STSlope(mVs)

ID: XD008004
Stage: Recovery1

Date: 26-04-2024
Speed: 0 kmph

Exec Time: 0:09:01
Grade: 0%

Stage Time: 01:00
THR: 153 bpm

BP: 150/70 mmHg
STLevel(mm) STSlope(mVs)

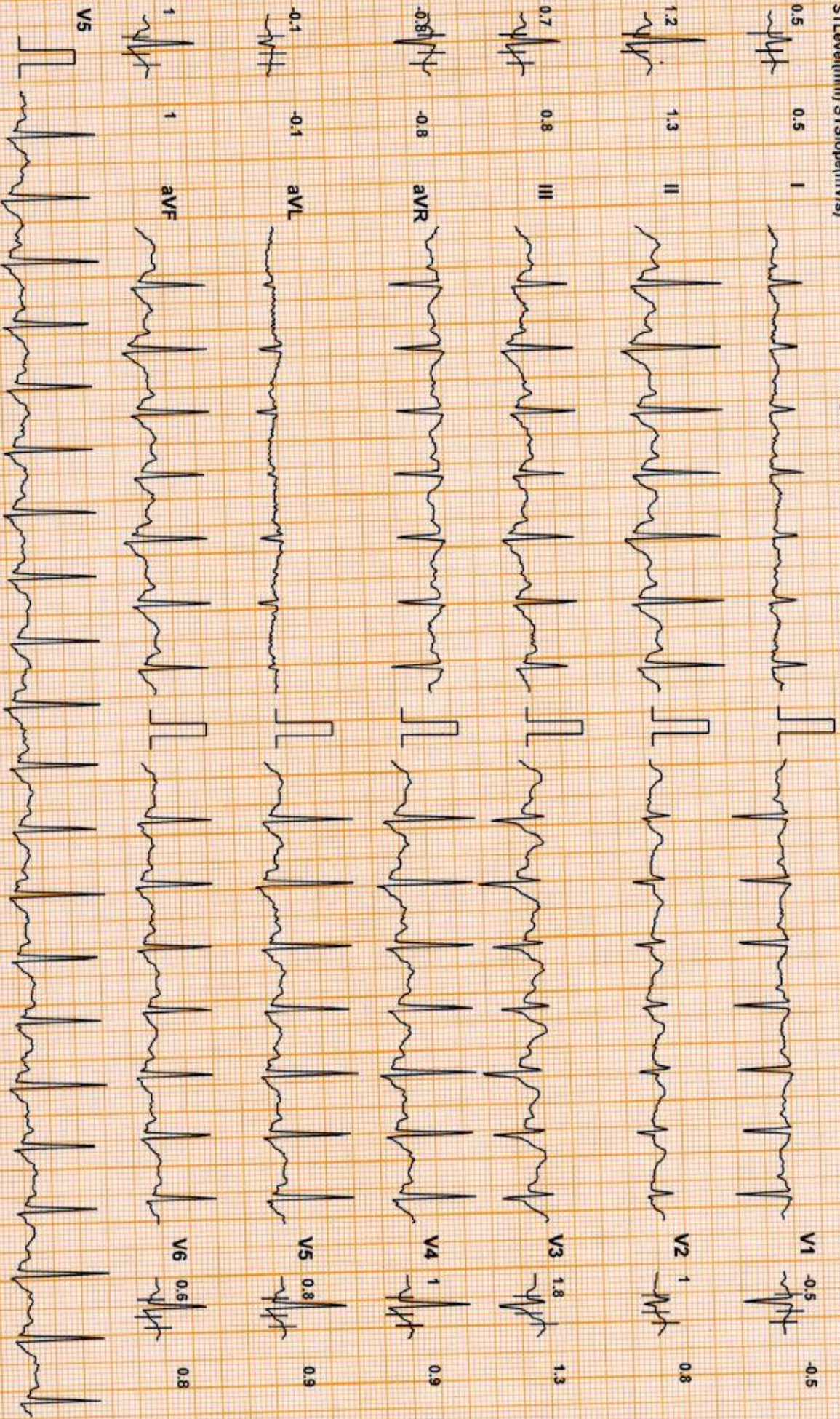


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovt CS-10 Version: 3.5

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SHINEMON V (40 M)

HR: 122 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XD008004
Stage: Recover/2

Date: 26-04-2024
Speed: 0 kmph

Exec Time: 0:10:01
Grade: 0%

Stage Time: 01:00
THR: 153 bpm

Bp: 130/70 mmHg
STLevel(mm) STSlope(mV/s)

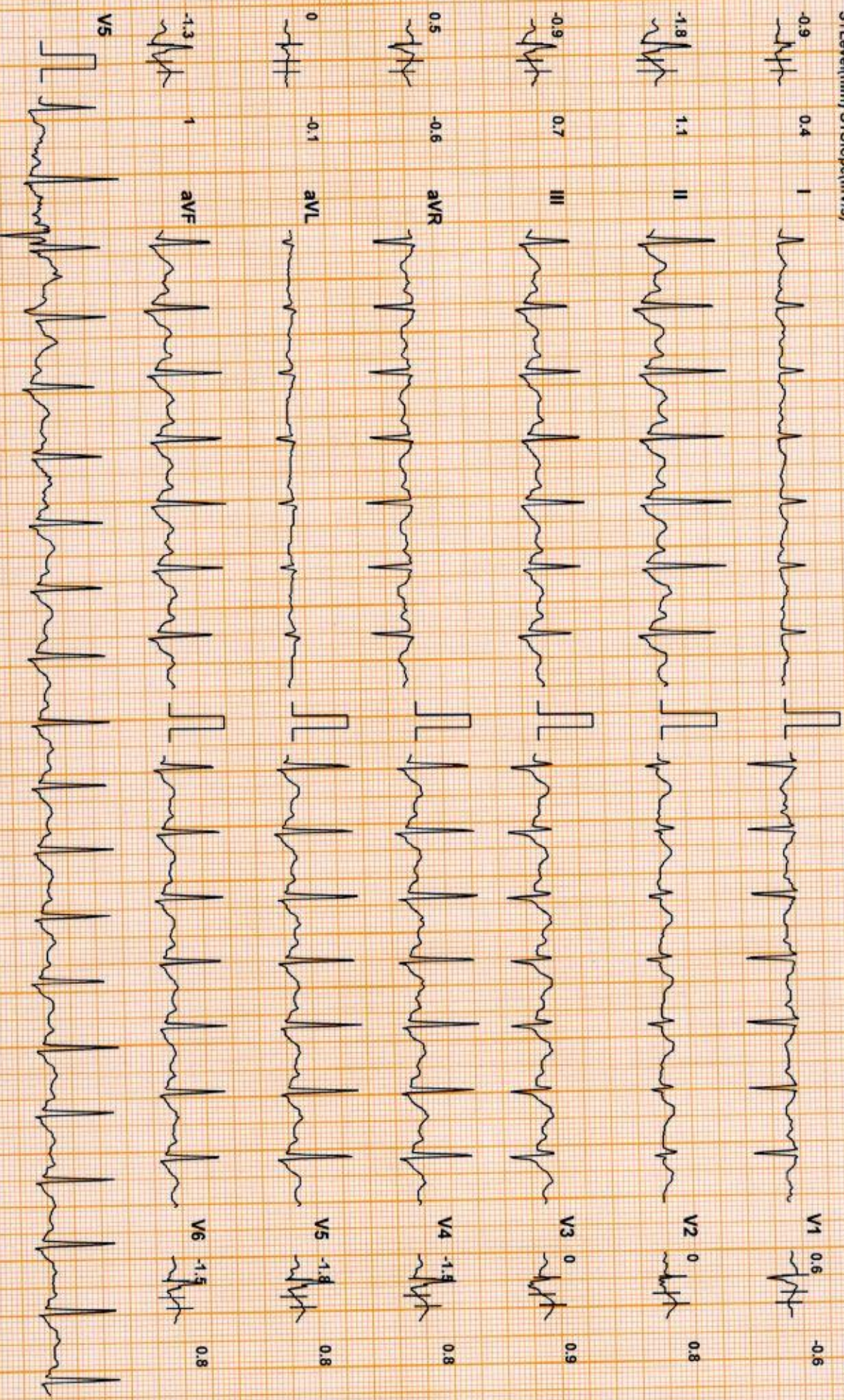


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Cardiovit CS-10 Version: 3.5

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SHINEMON V (40 M)

HR: 119 bpm

Bruce Protocol
STLevel(mn) STSlope(mV/s)

ID: XD008004
Stage: Recovery3

Date: 26-04-2024
Speed: 0 kmph

Exec Time : 0:11:01
Grade: 0%

Stage Time: 01:00
THR: 153 bpm

BP: 120/70 mmHg
STLevel(mn) STSlope(mV/s)

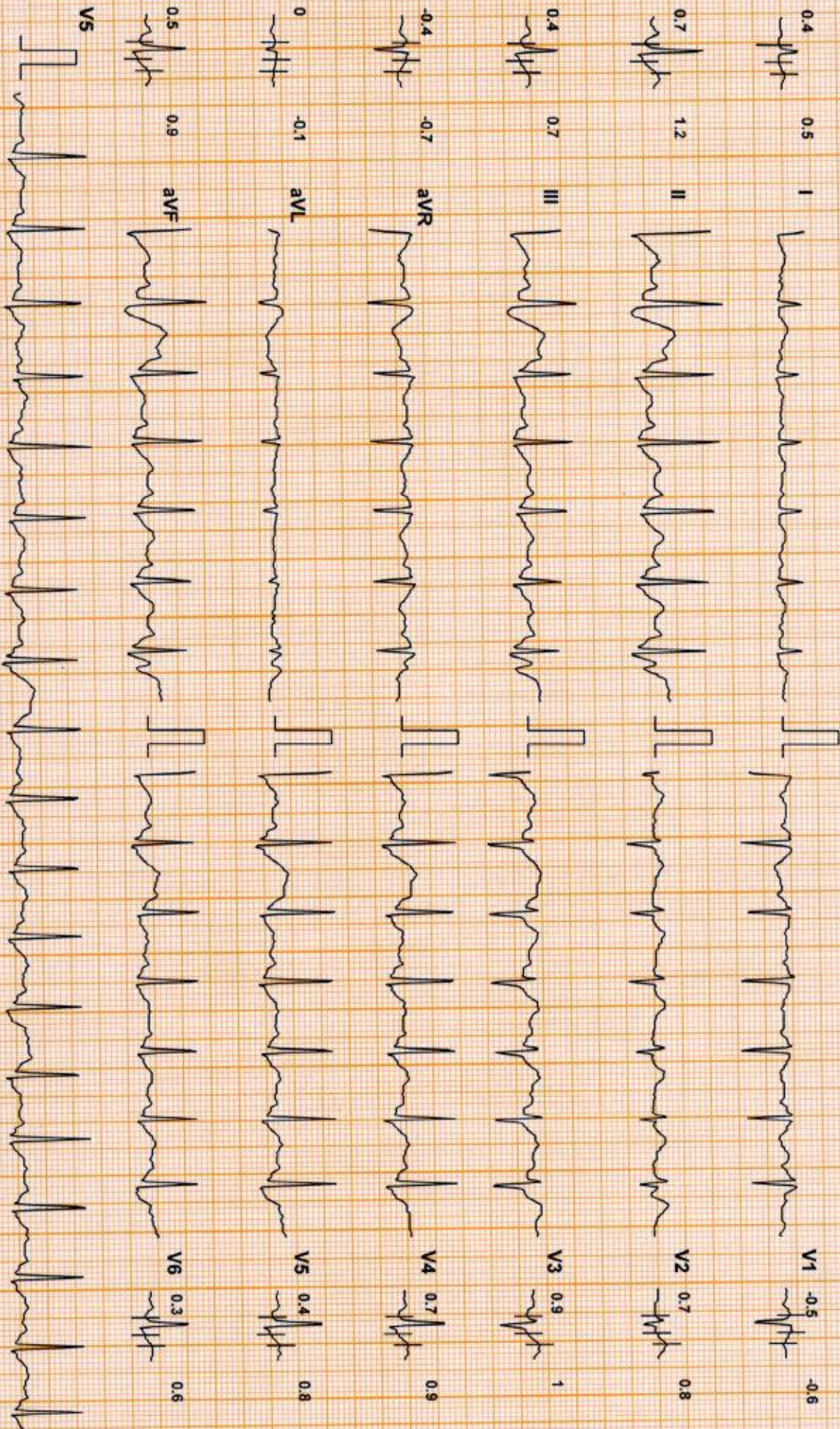


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schlier Cardiovit CS-10 Version:3.5

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SHINEMON V (40 M)

HR: 110 bpm

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XD008004
Stage: Recovery/4

Date: 26-04-2024
Speed: 0 kmph

Exec Time: 0:11:42
Grade: 0%

Stage Time: 00:41
THR: 153 bpm

Bp: 110/70 mmHg
STLevel(mm) STSlope(mV/s)

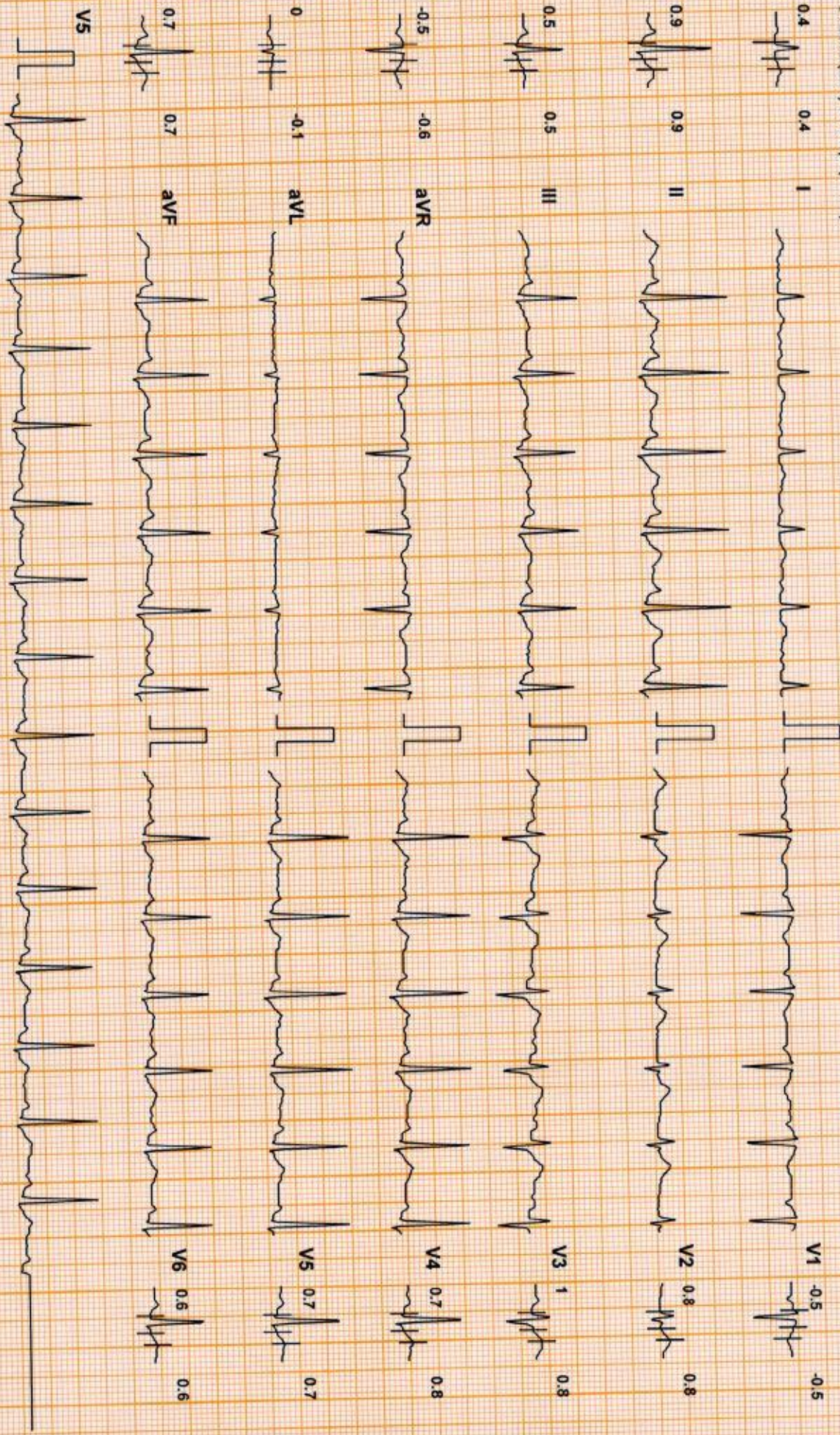


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version: 3.5

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Name: SHINEMON V

Date: 26-04-2024 Time: 10:36

Age: 40 Gender: M Height: 164 cms Weight: 60 Kg ID: XD008004

Clinical History: NIL

Medications:

Test Details:

Protocol: Bruce Predicted Max HR: 180 Target HR: 153 (85% of Pr. MHR)

Exercise Time: 0:08:01 Achieved Max HR: 160 (89% of Pr. MHR)

Max BP: 150/70 Max BP x HR: 24000 Max Mets: 9

Test Termination Criteria: Target HR attained


Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	01:14	1	0	0	100	90/60	9000	1.7 V3	0.9 V2
Standing	00:20	1	0	0	111	90/60	9990	1.6 II	0.8 V2
PreTest	00:16	1	1.8	0	105	90/60	9450	1.9 II	1 II
Stage: 1	03:00	4.7	2.7	10	119	110/70	13090	1.6 V3	0.8 II
Stage: 2	03:00	7	4	12	142	130/70	18460	1 V3	0.6 II
Peak Exercise	02:01	9	5.5	14	160	130/70	20800	0.9 V3	0.7 V3
Recovery1	01:00	1	0	0	133	150/70	19950	1.8 V3	1.3 II
Recovery2	01:00	1	0	0	122	130/70	15860	-1.8 II	1.1 II
Recovery3	01:00	1	0	0	119	120/70	14280	0.9 V3	1.2 II
Recovery4	00:41	1	0	0	110	110/70	12100	1 V3	0.9 II

Interpretation

The Patient Exercised according to Bruce Protocol for 0:08:01 achieving a work level of 9 METS.
 Resting Heart Rate, initially 100 bpm rose to a max. heart rate of 160bpm (89% of Predicted Maximum Heart Rate)
 Resting Blood Pressure of 90/60 mmHg, rose to a maximum Blood Pressure of 150/70 mmHg
 No Angina, No Arrhythmia.

No significant ST changes
 Test negative for inducible ischemia


 Dr. George Thomas MD, FCSI, FIAE
 Cardiologist



Ref. Doctor: MEDIWHEEL

Doctor: DR. GEORGE THOMAS

SCHILLER

The Art of Diagnostics

(Summary Report edited by User)
 Cardiovit CS-10 Version: 3.5

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