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+ BOB

OUT PATIENT PRESCRIPTION

LOC SV NO. : 103566	Location : Haldwani
UHID NO. : 79322	Date : 10/08/2024 10:04:08 am
Patient Name : Mrs. RASHMI SINGH	Mobile : 7987580736
Age : 36 Years	Org. name : Hospital
Sex : Female	Consultant : DR MAANSI SETHI ARORA
Relative name : W/OMR MANTOSH KUMAR SINGH	Speciality : OPHTHALMOLOGIST
Address : C2 VIRINDA CITY	Token No. : 7

SPO₂ 98%

PIR 86/min

BP 100/70 mmHg TD

V_a 6/6

Go- routine eye-test

ARR -0.25DS/-0.25DCX168°
-0.50DS/-0.50DCX76°

Pupils NSNR [HTN] No
klear

Adv!

henc

+ no need glasses

DR. MAANSI SETHI
MBBS MS (Ophth) (I.M.C New Delhi)
Ex-Consultant Sr. Surgeon's Hospital
New Delhi Cent Ophthalmology
UKMC Regd. No. 12880
Ujala Cygnus Central Hospital, Haldwani



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OUT PATIENT PRESCRIPTION

LOC SV NO. : 103567	Location : Haldwani
UHID NO. : 79322	Date : 10/08/2024 10:04:32 am
Patient Name : Mrs. RASHMI SINGH	Mobile : 7987580736
Age : 36 Years	Org. name : Hospital
Sex : Female	Consultant : DR. (MAJ) SAURABH MAYANK
Relative name : W/OMR MANTTOSH KUMAR SINGH	Speciality : INTERNAL MEDICINE
Address : C2 VIRINDA CITY	Token No. : 8

SPO₂ 98%

PIR 86/min

BP 100/70mmHg

FOR ROUTINE CHECK UP.

USG SL - GRADE I FATTY LIVER.

TMT - NEGATIVE FOR ISCHEMIA.

ED-ECHO - NORMAL.



CARDIOLOGY

ECHOCARDIOGRAM REPORT

NAME MRS.RASHMI SINGH **AGE/SEX:**35/F **DATE:**10/08/2024

REFERRING DIAGNOSIS: To rule out structural heart disease

ECHOGENECITY : Normal

DIMENSIONS		NORMAL			NORMAL
AO (ed)	3.1cm	(2.1 - 3.7cm)	IVSs	0.7cm	(0.6 - 1.2 cm)
LA (es)	3.0cm	(2.1 - 3.7 cm)	LVIDs	1.0cm	(0.6 - 1.2 cm)
IVSd	1.1cm	(1.5 - 3.0 cm)	LVPWs	1.8 CM	(0.6 - 1.2 cm)
LVIDd	4.0cm	(3.6 - 5.2 cm)	EF	60%	(60% - 85%)
LVPWd	2.8cm	(2.3 - 3.9 cm)	FS	18%	(30% - 42%)

MORPHOLOGICAL DATA

Mitral Valve: Normal

AML : Normal

Interatrial septum

:Intact

PML : Normal

Interventricular Septum

: Intact

Aortic Valve : Normal

Pulmonary Artery

: Normal

Tricuspid Valve : Normal

Aorta

: Normal

Pulmonary Valve : Normal

Right Atrium

: Normal

Right Ventricle : Normal

Left Atrium

: Normal

Left Ventricle : Normal

---P.T.O

2-D ECHOCARDIOGRAPHY FINDINGS :


LV normal in size with Normal contractions. No LV regional wall motion abnormality in basal state. RV normal in size with adequate contractions. LA and RA normal. No intracardiac mass seen on transthoracic echocardiography. Estimated LV ejection fraction is 60%.

COLOR FLOW MAPPING :

NO MR. NO TR.

IMPRESSION :

1. LV Normal in size with Normal LV systolic function. (LVEF = 60%).
2. No LV regional wall motion abnormality in basal state.
3. Normal color flow.
4. Normal Cardiac Chamber Dimension.
5. RV normal in size with adequate systolic function.
6. Normal mitral inflow pattern.
7. No I/C Clot/Veg/PE.


DR. YOGESH NAGENDRA
MBBS, MD, DM (CARDIOLOGY)

NOTE : Echocardiography report given is that of the procedure done on that day and needs to be assessed in conjunction with the clinical findings. This is not for medicolegal purposes. No record of this report is kept in the hospital.

E-Mail:

1385161752 / MRS RASHMI SINGH / 35 Yrs / F / 10 Cms / 0 Kg
Date: 10/08/2024 11:19:37 AM Refd By: DR YOGESH NAGENDRA Examined By:

Report

ACIPD

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	HR	SPP	DYS	Comments
Supine	00:09	0:09	00.0	00.0	01.0	111	60%	---	000	00	
Supine	00:09	0:00	00.0	00.0	01.0	111	60%	---	000	00	
Supine	00:12	0:03	00.0	00.0	01.0	111	60%	---	000	00	
ExStart	00:15	0:03	01.7	10.0	01.1	098	53%	---	000	00	
BRUCE Stage 1	03:15	3:00	01.7	10.0	04.7	132	71%	110/80	145	00	
BRUCE Stage 2	06:15	3:00	02.5	12.0	07.1	159	86%	120/80	180	00	
PeakEx	06:29	0:14	03.4	14.0	07.4	162	88%	120/80	194	00	
Recovery	06:59	0:30	00.0	00.0	04.2	156	84%	120/80	187	00	
Recovery	07:29	1:00	00.0	00.0	01.2	121	65%	130/90	157	00	
Recovery	08:29	2:00	00.0	00.0	01.0	094	51%	110/80	103	00	
Recovery	09:23	2:54	00.0	00.0	01.0	093	50%	100/80	093	00	

FINDINGS:

Exercise Time: 06:14
 Initial HR (EXStn): 98 bpm 53% of Target 185
 Initial BP (EXStn): 110/80 (mmHg)
 Max Workload Attained: 7.4 Fat response to induced stress
 Max ST Dep Lead & Avg ST Value: II & -0.7 mm in Stage 2
 Duke Treadmill Score: 06.3
 Test End Reasons: Test Complete, Heart Rate Achieved

Max HR Attained: 162 bpm 88% of Target 185
 Max BP Attained: 130/90 (mmHg)

VO2Max: 25.9 ml/kg/min (Poor)

REPORT:

CONCLUSIONS:
 1. Stress test is negative for ischemia
 2. Blood pressure response to exercise is normal

Doctor: DR YOGESH NAGENDRA

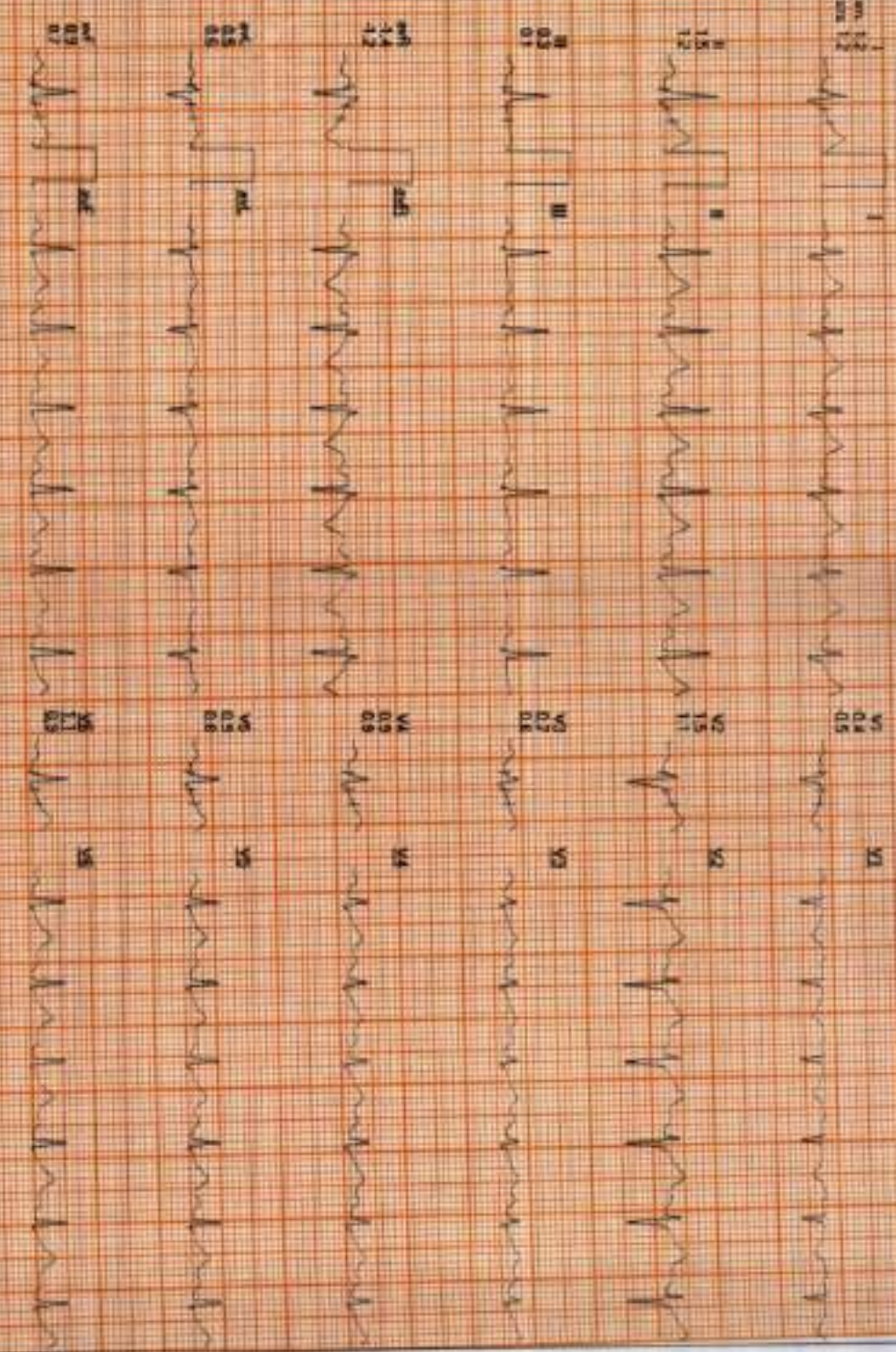
12005161752 / MRS. RASHMI SINGH / 35 Yrs / F / 10 Case / 0 Kg / HR - 111

Date: 10/10/2024 11:37 AM METS: 1 W/111 bpm 80% w/TPP BP: 110/70 mmHg Contraindication: BLC ON / March Day HR @ 60 / 90% 25 Hz

4X BR no Pain

BRUCE: Supine(0:09)

Exercise 00:00 0.0 mph 0.0 W
StressSec 1.0 Cal/hr



PR Intervals
II 0.12
aVR 0.12
aVL 0.12
aVF 0.12
V1 0.12
V2 0.12
V3 0.12
V4 0.12
V5 0.12
V6 0.12

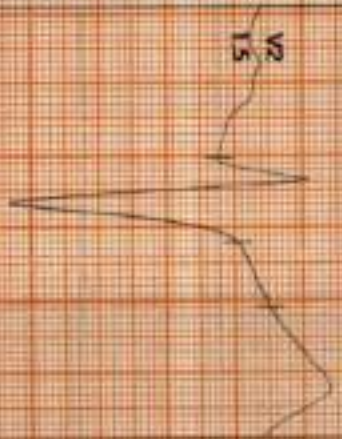
120051817002 / MRS. RASHMI SINGH / 35 Yrs / F / 10cms / 10kg / HR: 111

Date: 10/08/2024 11:36:37 AM WETS: 10/11 from 60% of T-49 BP: - / - mmHg. Combined Med serv./ELC/Our Medical City 4470 9th Floor 35 1st

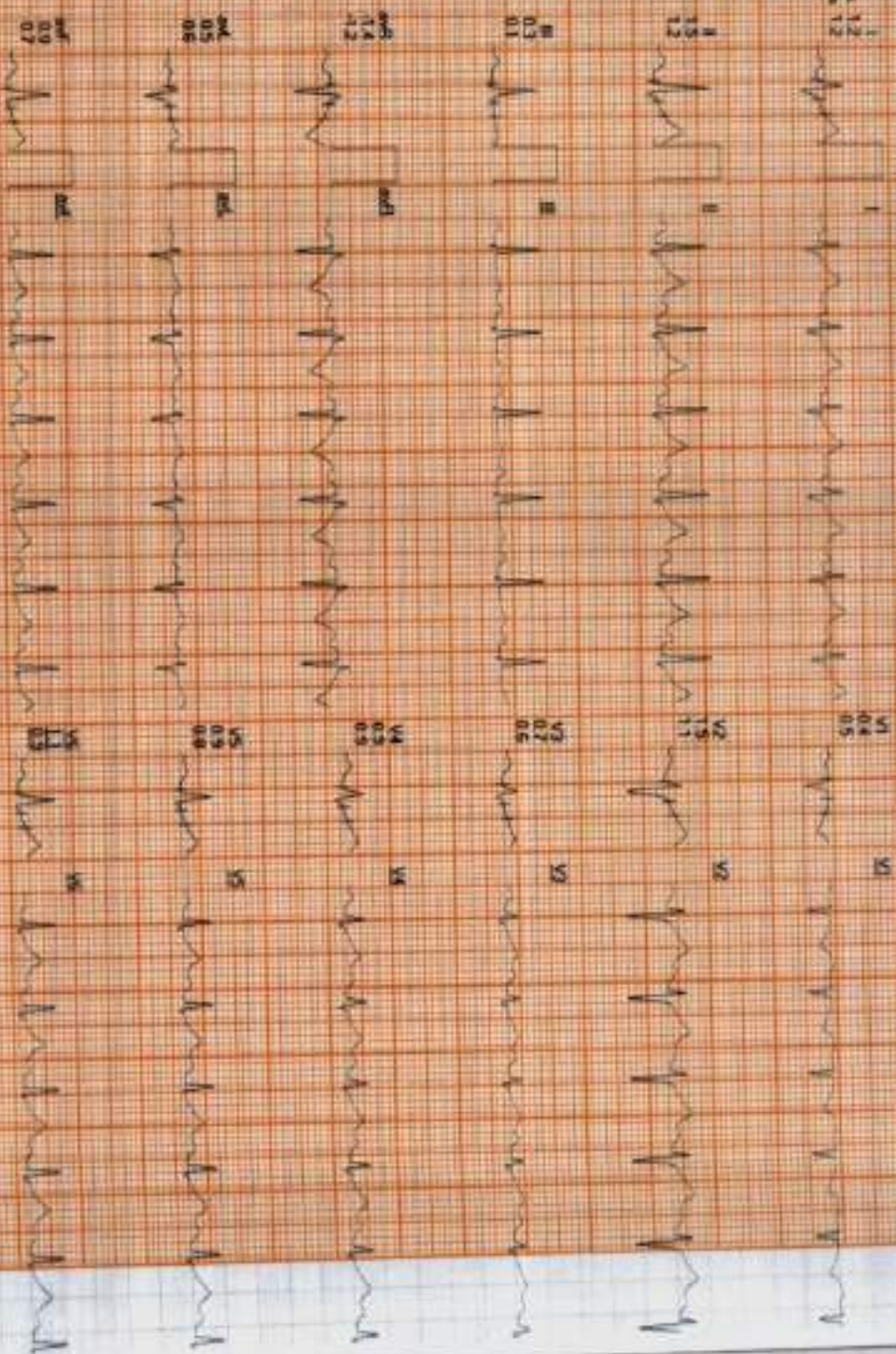
ECG 90 sec Paper

BRUCE: Supine(0-08)

Extreme: 00.00 0.00 inch 0.0%
20 mm/sec 1.0 Channel



REMERKES



13051617582 / MRSE. PASHANI SINGH 1.03 Yrs / F / 1.0 CHS (0 KG / HR - 111)

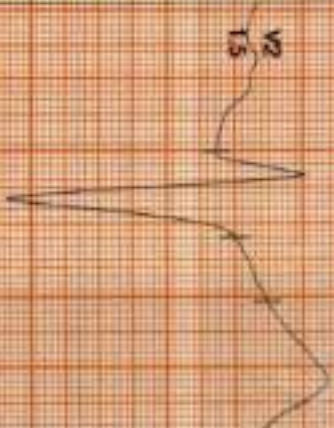
Date: 18/08/2024 11:18:37 AM METS: 1.0 (1.1) bpm 100% of TMR BP: - / - mmHg Combined Meds: No Meds On / HR 105-112% 25 Hz

ECG - 10-lead (Lead I)

BRUCE: Standing(0:08)

EXTIME: 00:00 0.0 mph 0.0%
2-lead/Sec, 1.0 Cal/cm

APR 18 2024



REMARKS: I II III aVR aVL aVF V1 V2 V3 V4 V5

13851617752 / MRSS PASHAM SINGH / 35 Yrs / F / 10 Cms / 60 Kg / HR - 88

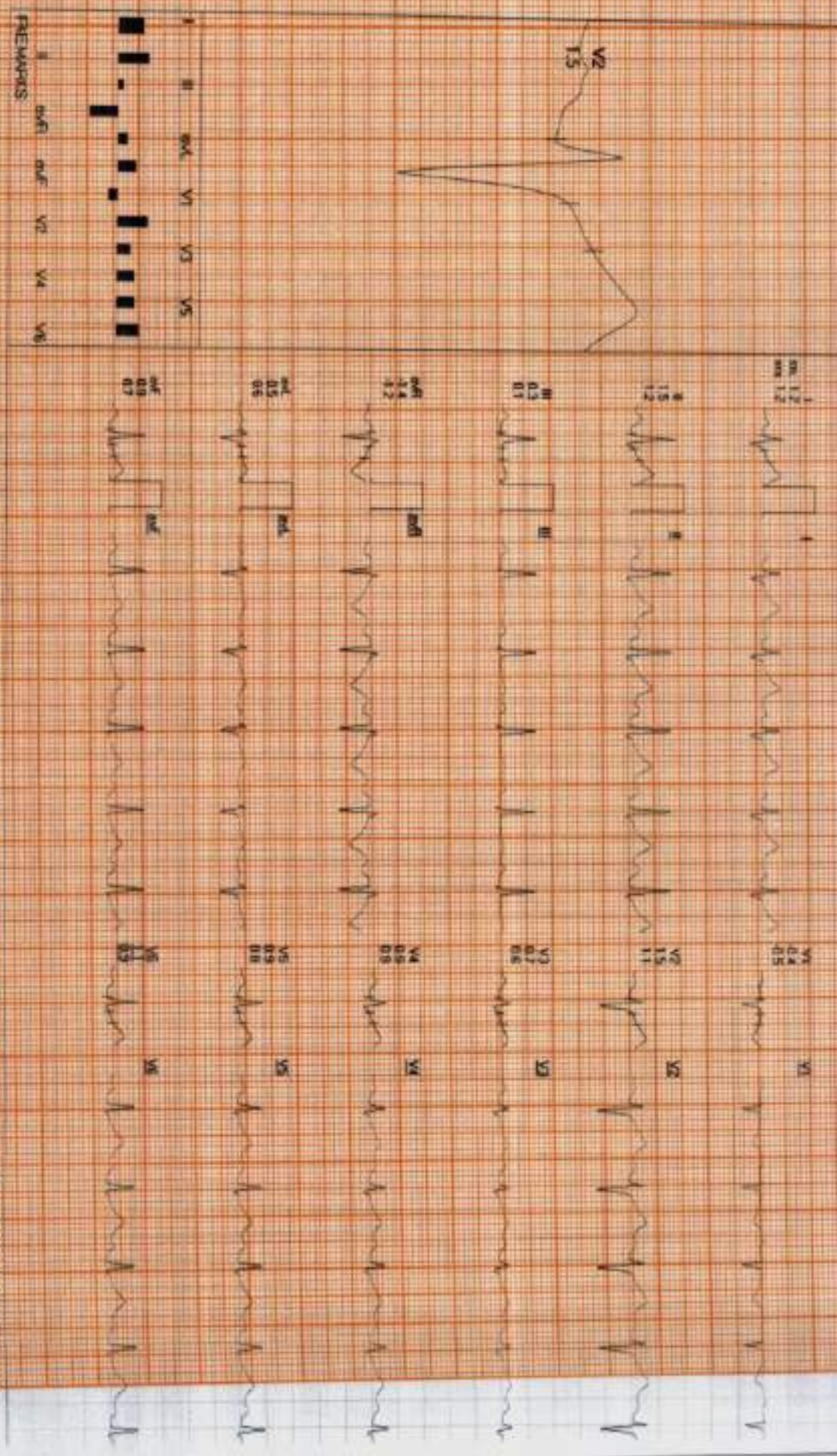
Date: 10/08/2024 11:16:17 AM METS: 1 1/80 SpO2: 93% on THP BP: 77/110 mmHg Combined Medial/BLT QX/Napa Qx/AF (0.95) UNF 35 Hr

4X 100 66 Pw/1

ExStar



EXT: 00:00 1.7 inch, 10.0%
25 mm/Sec, 1.0 Cm/mV



PAC: 08/08/2024 11:16:17 AM

1805181702 / MRS. RASHMI SINGH / 35 Yrs / F / 10 Cms / 60 Kg / HR : 132

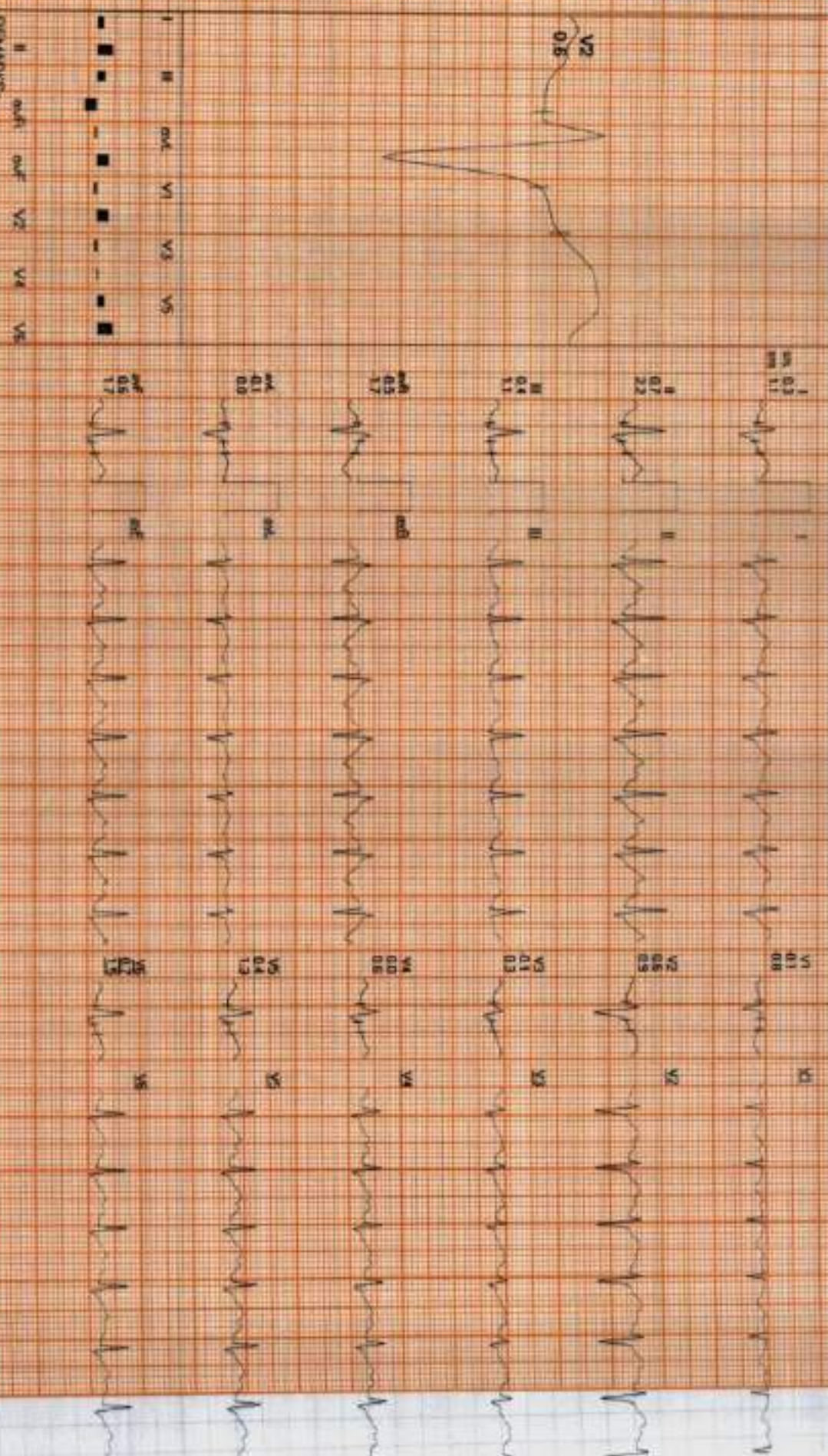
Case No: 08/2024 11.16.27 AM METS: 4.21/32 bpm/71% of THR. BP: 110/80 mmHg. Concomitant Medication/BLG: On Nitro. On HF SILENT. HF 35 Hz

EX (0 rd Test)

BRUCE: Stage 1(3:00)



Extreme 03:00 1.7 rpm 10.0%
25 rev/sec 1.0 Cal/cm



BRUCE: Stage 2(3:00)



1885161152 / MRS PALSAM SINGH / 38 Yrs / F / 10 Cms / 40 Kg / 140 - 150

Date: 10/08/2024 11:16:37 AM

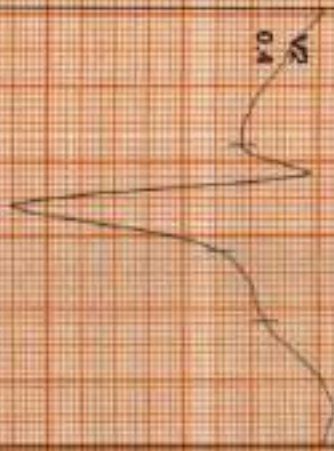
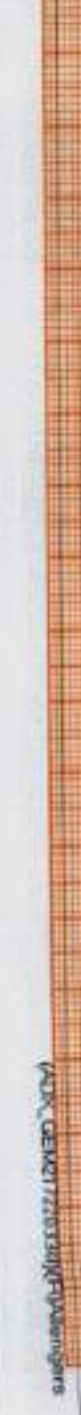
ECG TS: 7.1 / 159 bpm, 85% at 1-min | BP: 120/80 mmHg

Combined Medication: D/C On/Thera ON/HR 0.064mg/L 35 mg

ECG time: 16:00 - 2:5 min | 12-lead

ECG ref: Page 1

mm: 0.6
mm: 2.1



ECG REF: Page 1

ADDC_CENT17203509_CVUdengara

1285 161752 / MRS RASHMI SINGH / 35 Yrs / F / 10 Cms / 10 Kg / HR : 162

Date: 11/08/2024 11:18:27 AM METS: 7.4 / 162 bpm 66% of THR Bp: 120/80 mmHg Confirmed Meds: BLOC On Regon (ON) 16.0 mg QALF 36 Hr

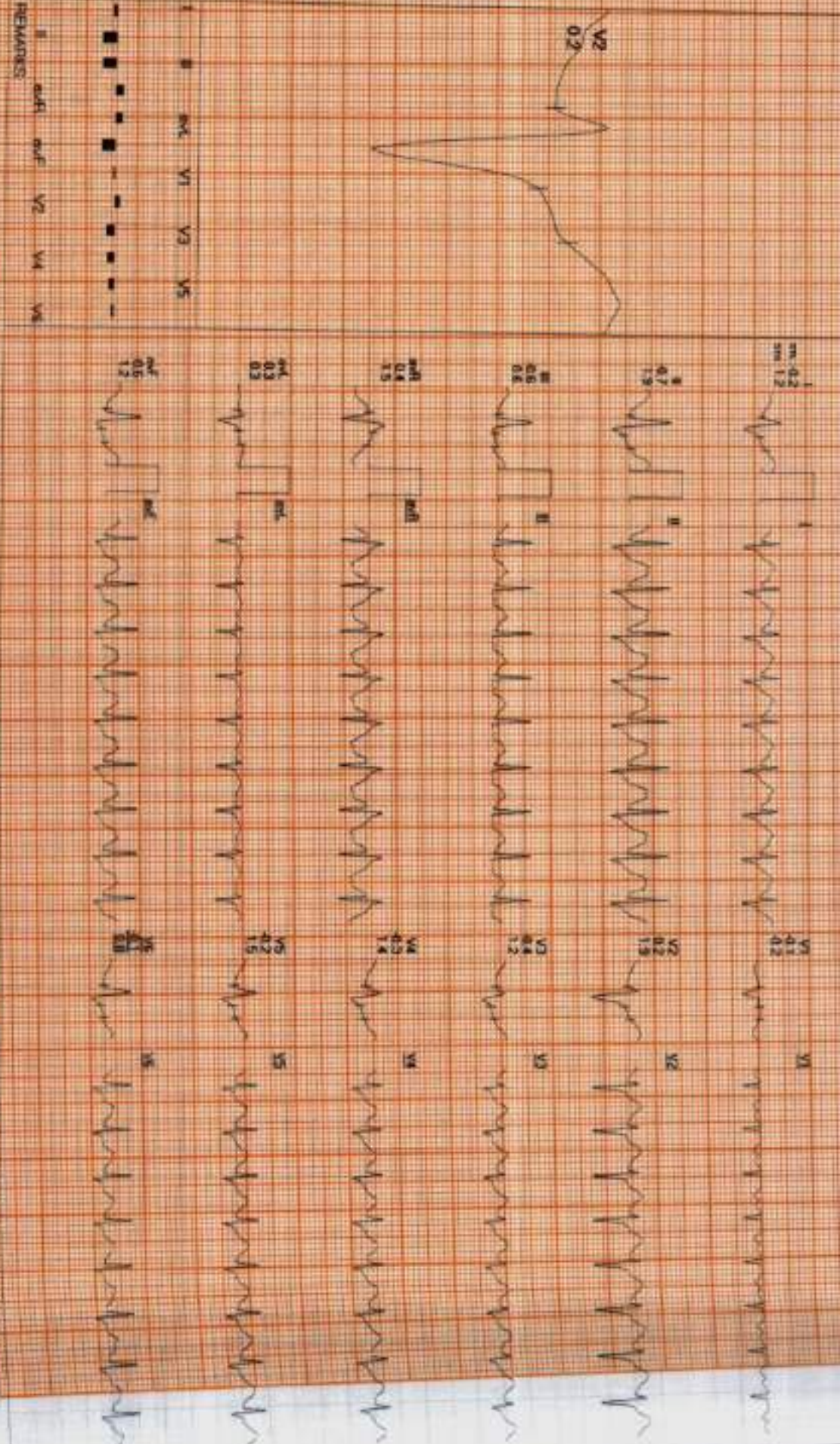
4X 60.00 Pps/J

PeakEx



ExTime: 06:14:34 min 14.8%

25 sec/Sec: 1.0 Cap/W



REMARKS: I aVL aVF V2 V4 V5

1985161752 / MARS PASWAN SINGH / 28 Yrs / F / O.D.Mms / 0 Kg / HR - 121

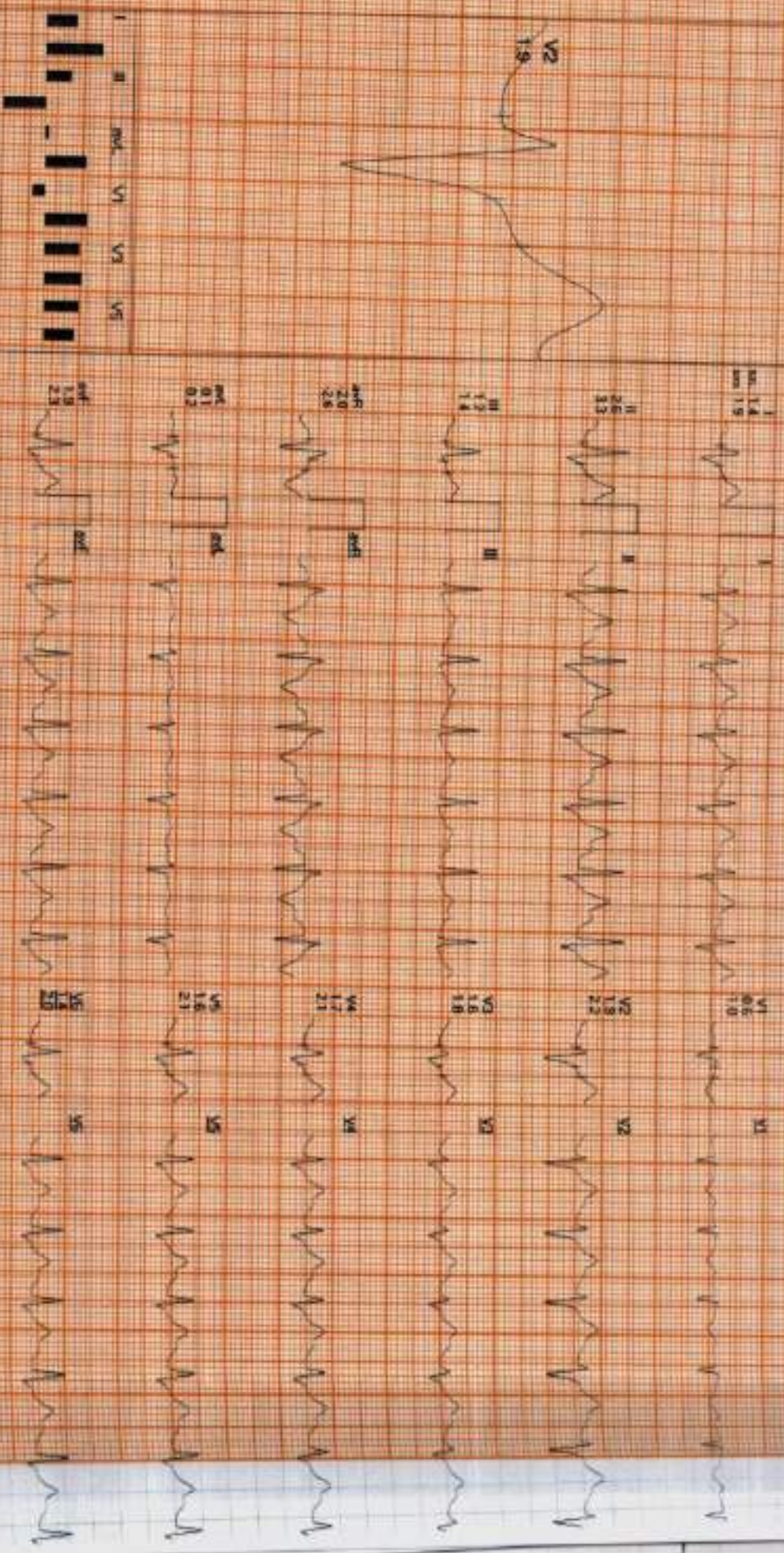
Date: 19/08/2024 11:30:37 AM METS: 1.24 (21 bpm, 65% of THR) BP: 130/80 mmHg Combined Inhaler/Inj COPD Asthma QW/HR 0.50 Hz/EF 35 HR

Recovery(1:00)

E.T Time: 06:14 0:00 mpph 0.0%
Stressor: 1.00C/min



4X 30 sec Pause



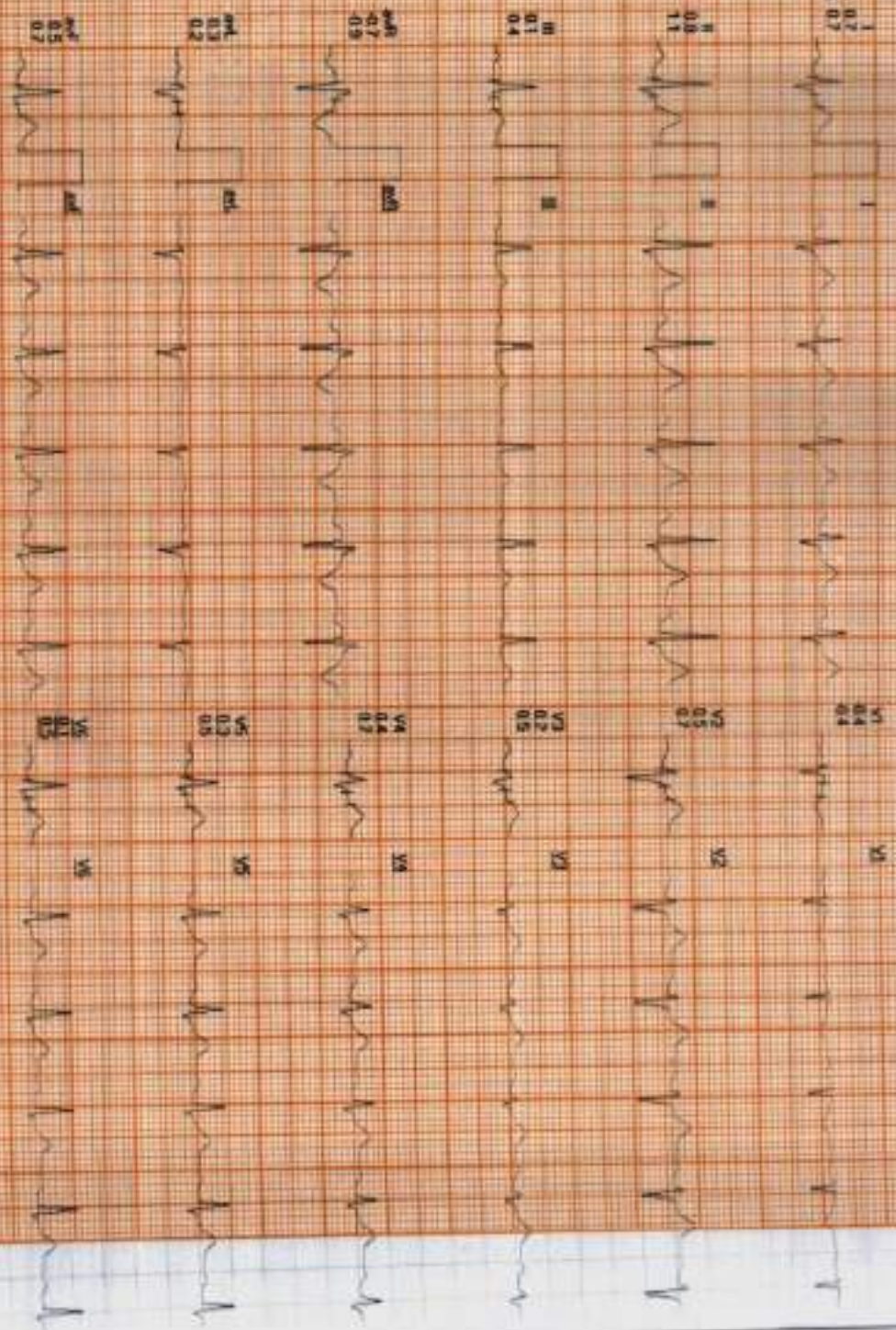
PAGE 1617302 / HRS PASHAN SINGH / 35 Yrs / F / 0 Chd / 0 Kg / HR : 93

Date: 19/08/2024 11:18:37 AM METE: 19.93 bpm SBP: 94 THP: BP: 100/60 mmHg Combined Amps: BCG Dry Touch Dry HR: 0.85 Hz F: 75 Hz

OX 880 and Prod 1

Recovery(2:54)

EXTREME IS 1% 0.0 High 0.0%
25 min/Sec 1.0 Chd/Sec



ECG leads: I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

MOX: 05241122024111837

Date 10/08/2024 10:53:29 AM
 Name Mrs. RASHMI SINGH
 Ref. By Dr. SAURABH MAYANK

Srl No. 1011
 Age 35 Yrs.
 Sex F

UHID No. OPD-79322
 Printed on 11/08/2024 01:30 AM

Test Name	Value	Unit	Normal Value
COMPLETE HAEMOGRAM Erba Mannheim Elite 580			
HAEMOGLOBIN (Hb)	13.0	gm / dL	11.5 - 16.5
TOTAL LEUCOCYTE COUNT (TLC)	8,840	cells / cu mm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	55	%	40 - 75
LYMPHOCYTE	37	%	20 - 40
EOSINOPHIL	04	%	01 - 06
MONOCYTE	04	%	02 - 10
BASOPHIL	00	%	0 - 0
RBC COUNT	4.49	million / cu mm	3.8 - 4.8
P.C.V / HAEMATOCRIT	39.0	%	35 - 45
M.C.V	86.86	fl.	80 - 100
M.C.H	28.953	Picogram	27.0 - 31.0
M.C.H.C	33.33	gm / dL	32 - 36
PLATELET COUNT	2,31,000	Lakh / cu mm	150000 - 400000
ESR	15	mm / 1st hr	0 - 20
VESMATIC EASY - AUTOMATED			

HAEMATOLOGY

Hb A1c 5.6 %

EXPECTED VALUES :-

Metabolically healthy patients	=	4.8 - 5.5 % HbA1c
Good Control	=	5.5 - 6.8 % HbA1c
Fair Control	=	6.8 - 8.2 % HbA1c
Poor Control	=	>8.2 % HbA1c

REMARKS:-

In vitro quantitative determination of HbA1c in whole blood is utilized in long term monitoring of glycaemia. The HbA1c level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycaemia

LAB TECHNICIAN

Contd...2

Date 10/08/2024 10:53:29 AM
 Name Mrs. RASHMI SINGH
 Ref. By Dr. SAURABH MAYANK

Srl No. 1011
 Age 35 Yrs.
 Sex F

UHID No. OPD-79322
 Printed on 11/08/2024 01:30 AM

Test Name	Value	Unit	Normal Value
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monitoring than do determinations of blood glucose or urinary glucose.

It is recommended that the determination of HbA1c be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy.

Results of HbA1c should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

KIDNEY FUNCTION TEST (KFT)

Roche cobas c 311

BLOOD UREA Urease / GLDH	16.1	mg / dL	15.0 - 40.0
SERUM CREATININE Jaffe	0.69	mg / dL	0.6 - 1.2
SERUM URIC ACID Enzymatic	3.5	mg / dL	2.4 - 6.0
SODIUM ISE	140.2	mmol/L	136.0 - 145.0
POTASSIUM ISE	4.39	mmol/L	3.5 - 5.10
CALCIUM o-cresolphthaleine complexone	8.9	mg / dL	8.6 - 10.0
INORGANIC PHOSPHORUS molybdate UV	3.1	mg / dL	2.5 - 5.0
TOTAL PROTEIN Buret	7.1	gm / dL	6.6 - 8.3
ALBUMIN BCP	4.0	gm / dL	3.5 - 5.5
TOTAL CHOLESTEROL CHOD-PAP	127.0	mg / dL	0.0 - 200.0

LIVER FUNCTION TEST (LFT)

Roche cobas c 311

BILIRUBIN TOTAL DPD	0.27	mg / dL	0 - 1.2
CONJUGATED (D. Bilirubin) Jendrassik-Grof	0.19	mg / dL	0.00 - 0.30
UNCONJUGATED (I.D. Bilirubin)	0.08	mg / dL	0.00 - 0.70

LAB TECHNICIAN

Contd...3

Date 10/08/2024 10:53:29 AM
Name Mrs. RASHMI SINGH
Ref. By Dr. SAURABH MAYANK

Srl No. 1011
Age 35 Yrs.
Sex F

UHID No. OPD-79322
 Printed on 11/08/2024 01:30 AM

Test Name	Value	Unit	Normal Value
TOTAL PROTEIN Buret	7.1	gm / dL	6.6 - 8.3
ALBUMIN BCP	4.0	gm / dL	3.5 - 5.5
GLOBULIN	3.1	gm / dL	2.5 - 4.0
A/G RATIO	1.29	%	0.8 - 2.0
SGOT IFCC	24.1	IU / L	5.0 - 45.0
SGPT IFCC	28.2	IU / L	5.0 - 49.0
ALKALINE PHOSPHATASE IFCC	63.0	U / L	60.0 - 170.0
GAMMA GT IFCC	42.2	IU / L	6.0 - 42.0
LIPID PROFILE Roche cobas c 311			
TRIGLYCERIDES GPO-PAP	103.5	mg / dL	40.0 - 165.0
TOTAL CHOLESTEROL CHOD-PAP	127.0	mg / dL	0.0 - 200.0
HDL CHOLESTEROL DIRECT	50.1	mg / dL	40.0 - 79.4
V L D L	20.7	mg / dL	4.7 - 22.1
LDL CHOLESTEROL DIRECT	56.2	mg / dL	63.0 - 129.0
TOTAL CHOLESTEROL / HDL RATIO	2.535		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	1.122		0.00 - 3.55
THYROID PROFILE MINI VIDAS : BIOMERIEUX			
T3 ELFA Method	1.38	ng / mL	0.60 - 1.81
T4 ELFA Method	7.93	ug / dL	4.5 - 10.9
TSH ELFA Method	2.22	uIU / mL	0.35 - 5.50

Contd...4

LAB TECHNICIAN


Date 10/08/2024 10:53:29 AM**Srl No.** 1011**UHID No.** OPD-79322**Name** Mrs. RASHMI SINGH**Age** 35 Yrs.

Printed on 11/08/2024 01:30 AM

Ref. By Dr. SAURABH MAYANK**Sex** F

Test Name	Value	Unit	Normal Value
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REFERENCE RANGE**PAEDIATRIC AGE GROUP**

0-3 DAYS	1.0 - 20	uIU / mL
3-30 DAYS	0.5 - 6.5	uIU / mL
1 MONTH - 5 MONTHS	0.5 - 6.0	uIU / mL
6 MONTHS - 18 YEARS	0.5 - 4.5	uIU / mL

ADULTS	0.35 - 5.50	uIU / mL
---------------	-------------	----------

Note: TSH levels are subject to circadian variation, rising several hours before the onset of sleep, reaching peak levels between 11 pm to 6 am. Nadir concentrations are observed during the afternoon. Diurnal variation in TSH level approximates $\pm 50\%$, hence time of the day has influence on the measured serum TSH concentration.

Assay performed on enhanced chemi luminescence system (Centaur-Siemens)

Serum T3, T4 & TSH measurements form the three components of Thyroid screening panel, useful in diagnosing various disorders of Thyroid gland function.

1. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH level.
2. Primary hyperthyroidism is accompanied by elevated serum T3 and T4 levels along with depressed TSH values.
3. Normal T4 levels are accompanied by increased T3 in patients with T3 thyrotoxicosis.
4. Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, renal failure and during therapy with drugs like propranolol and propyl thiouracil.
5. Although elevated TSH levels are nearly always indicative of primary hypothyroidism, and may be seen in secondary thyrotoxicosis.

LAB TECHNICIAN

Date 10/08/2024 10:53:29 AM

Srl No. 1011

UHID No. OPD-79322

Name Mrs. RASHMI SINGH

Age 35 Yrs.

Printed on 11/08/2024 01:30 AM

Ref. By Dr. SAURABH MAYANK

Sex F

Test Name	Value	Unit	Normal Value
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BIOCHEMISTRY

BLOOD SUGAR FASTING HEXOKINASE	82.4	mg / dL	60.0 - 110.0
BLOOD SUGAR PP HEXOKINASE	91.9	mg/dl	80.0 - 140.0

URINE EXAMINATION TEST

PHYSICAL EXAMINATION

QUANTITY	20	mL	
COLOUR	PALE YELLOW		
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	Q.N.S.		Q.N.S.
PH	6.0		6.0

CHEMICAL EXAMINATION

ALBUMIN	NIL
SUGAR	NIL

MICROSCOPIC EXAMINATION

PUS CELLS	2-3	/ HPF	
RBCs	NIL	/ HPF	NIL
CASTS	NIL	/ HPF	NIL
CRYSTALS	NIL		NIL
EPITHELIAL CELLS	1 - 2	/ HPF	
BACTERIA	NIL		NIL
OTHERS	NIL		NIL

**** End Of Report ****

LAB TECHNICIAN




10/08/24
Rashmi Singh

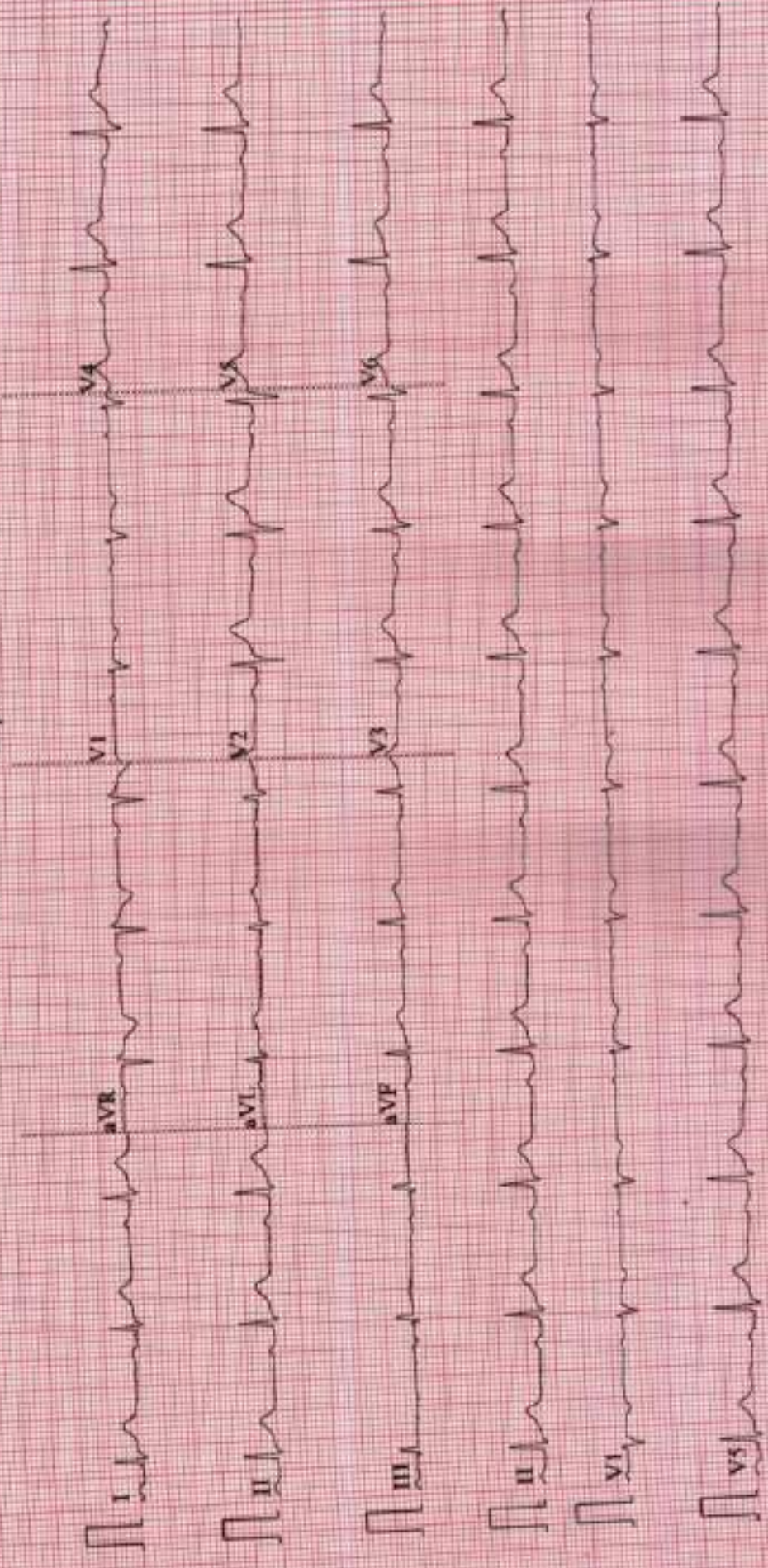
07-01-2011-06-18-45
ID: [unclear]

Medic: Vasanti

HR	66	bpm
P	114	ms
PR	219	ms
QRS	86	ms
QT/QTc	366/386	ms
P/QRST	34-52/38	%
RV5/SV1	0.715/0.289	mV

Diagnosis Information:
 Sinus Rhythm
 First-degree Atrioventricular Block
 Poor R Wave Progression (V3)
 Low Voltage (Chest Leads)

Report Confirmed by





DEPARTMENT OF RADIOLOGY & IMAGING

PT.NAME: MRS. RASHMI SINGH

AGE/SEX-36Y/F

UHID NO- 79322

DATE: 10/AUG/2024

REF.BY- DR. (MAJ) SAURABH MAYANK

USG WHOLE ABDOMEN

LIVER: is normal in size, measures approx 12.1 cms and with increased echotexture.

PORTAL VEIN: is not dilated. Intrahepatic biliary radicals are not dilated.

GALL BLADDER: is not visualized.

CBD: is not dilated with clear lumen. No calculus is seen.

PANCREAS: Visualized part of pancreas is normal in size, shape with normal homogeneous echotexture. **MPD:** is not dilated.

SPLEEN: is normal in size (~8.5 cms) and has a normal homogeneous echotexture.

RIGHT KIDNEY: is normal in size and echotexture.

- o Cortical echogenicity is normal.
- o Cortico-medullary demarcation is maintained.
- o Parenchymal thickness appears normal.
- o Pelvicalyceal system is not dilated.

LEFT KIDNEY: is normal in size and echotexture.

- o Cortical echogenicity is normal.
- o Cortico-medullary demarcation is maintained.
- o Parenchymal thickness appears normal.
- o Pelvicalyceal system is not dilated.

PTO



URINARY BLADDER: is minimally distended.


No free fluid is seen in the Morrison's pouch, perihepatic space, perisplenic space, para colic gutter and pelvic cavity.

IMPRESSION: *USG appearances are suggestive of -*

➤ *Grade I fatty liver.*

(Adv- Clinico-pathological correlation)

Number of images-04


DR. (MAJ) RAVINDER SINGH
MBBS, MD.
Consultant Radiologist

This is a professional report based on imaging only and should always be related clinically and with other relevant investigations. This report not for medico-legal purpose. In case of any discrepancy due to machine error or typing error get it rectified immediately.

RASHMI SINGH 36Y 19372 CHEST PA Aug 10 2024 10 31 AM DR S MAYANK
DIAL A CYGNUS CENTRAL HOSPITAL HALDWAR