



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
 A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
 (In Front of L.L.R. Hospital), Kanpur
 Mob. : 8808051576
 E-mail : reportsgpx@gmail.com
 arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012408240067	Reg No/BarcodeNo	: 821769/01672283
Patient Name	: Mrs.POONAM	Reg. Date	: 24/Aug/2024 09:35AM
Age/Sex	: 28 Y / Female	Sample Taken Date	: 24/Aug/2024 10:46AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 24/Aug/2024 01:25PM
Referred By Doctor	: Dr. BANK OF BARODA		

BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
Blood Sugar (Fasting)			
Blood Sugar Fasting Hexokinase	65	mg/dl	70 - 100
Blood Sugar (PP)			
Blood Sugar PP (2 Hr.) Hexokinase	75	mg/dL	70 - 140
GAMMA GT/GGT			
GAMMA GT / GGT	54	IU/l	9 - 36
Not in NABL Scope			
BUN / BLOOD UREA NITROGEN			
BLOOD UREA NITROGEN Urease	9.8	mg/dl	7.0 - 18.7
CREATININE SERUM			
CREATININE, Serum Kinetic Alkaline Picrate	0.71	mg/dl	0.50 - 1.20
URIC ACID			
URIC ACID, Serum Uricase	5.0	mg/dl	2.5 - 6.2



A Gupta

Dr. Arun Kumar Gupta
 M.D. Chief Pathologist
 (Reg No. 34930)



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Test Name	Result	Unit	Biological Ref.Interval
LFT/LIVER FUNCTION TESTS			
BILIRUBIN TOTAL Diazonium Salt	2.34	mg/dl	0.10 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.9	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	1.44	mg/dl	0.10 - 1.1
SGOT /AST Enzymatic (NADH(Without P-5-P))	55	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	63	U/L	0.0 - 55
Alk. Phosphatase, Serum Para-nitrophenyl phosphate	147	U/L	44 - 107
PROTEIN TOTAL Biuret	7.5	g/dl	6.4 - 8.3
ALBUMIN BCG	4.4	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.1	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.42	Ratio	1.5 - 2.5



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Test Name	Result	Unit	Biological Ref.Interval
Lipid Profile			
CHOLESTEROL TOTAL Enzymetic	120	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	148	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	32	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	58.4	mg/dl	100 - 130
VLDL CALCULATED Calculated	29.6	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	3.75	Ratio	Less than 4.0
LDL / HDL RATIO	1.83		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	9.8	mg/dl	7.0 - 18.7
CREATININE, Serum Kinetic Alkaline Picrate	0.71	mg/dl	0.50 - 1.20
Ratio	13.8	mg/dl	5 - 20



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Age/Sex :	28 Y / Female	Sample Taken Date :	24/Aug/2024 03:37PM
Client Code/Name :	MEDIWHEEL FULL BODY CHECKUP	Report Date :	24/Aug/2024 03:38PM
Referred By Doctor :	Dr. BANK OF BARODA		

CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		
SPECIFIC GRAVITY (Based on pka change)	1.020		1.001 - 1.030
pH (methylred/Bromothymol blue method)	6.0		4.6 - 8.0
TURBIDITY	ABSENT		
Deposit (UR)	ABSENT		

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL		Nil
GLUCOSE (Oxidase Peroxidase method)	NIL		Nil
KETONE (Nitroprusside Method)	NEGATIVE		Nil
BILL PIGMENT (Diazo Method)	NEGATIVE		Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE		Normal
Nitrite (Based on presence of bacteria)	NEGATIVE		Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE		Negative
BLOOD	ABSENT		Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	per HPF	
PUS CELLS (Microscopic)	1-2	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	2-4	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
URINE SUGAR (PP)			
URINE SUGAR (PP)	NIL		

(*Not in NABL Scope*)



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Patient Name :	Mrs.POONAM	Reg. Date :	24/Aug/2024 09:35AM
Age/Sex :	28 Y / Female	Sample Taken Date :	24/Aug/2024 11:08AM
Client Code/Name :	MEDIWHEEL FULL BODY CHECKUP	Report Date :	24/Aug/2024 12:19PM
Referred By Doctor :	Dr. BANK OF BARODA		

HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
MEDIWHEEL FEMALE BELOW 40			
CBC / COMPLETE BLOOD COUNT			
HEMOGLOBIN (Hb) Photometry Cyanide Free	10.20	g/dl	12.0 - 15.0
TLC Impedance	5300	/cumm	4000-10000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	73	%	40-80
LYMPHOCYTE DHSS/Microscopic	18	%	24-44
EOSINOPHIL DHSS/Microscopic	4	%	01-06
MONOCYTE DHSS/Microscopic	5	%	3-6
Platelet Impedance/Microscopic	165	10 ³ /μL	140 - 440
RBC COUNT Impedance	3.50	10 ⁶ /μL	3.8 - 5.5
PCV (HCT) Numeric Integration	32.2	%	36-46
MCV Calculated	91.4	fL	83-91
MCH Calculated	29	pg	27-32
MCHC Calculated	31.7	g/dL	31.5-34.5
RDW-CV Calculated	12.1	%	11.6 - 14.0
MPV	11.3	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.87	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	0.95	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.27	10 ³ /μL	0.020-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.21	10 ³ /μL	0.02 - 0.50
N/L Ratio	4.07	Ratio	Normal: 1 - 3 Mildly High: 4 - 6 Moderately High: 7 - 9 Severly High: >9.0



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Age/Sex : 28 Y / Female Sample Taken Date : 24/Aug/2024 11:08AM
Client Code/Name : MEDIWHEEL FULL BODY Report Date : 24/Aug/2024 07:18PM
Referred By Doctor : Dr. BANK OF BARODA

HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL FEMALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) WESTERGREN	27	m m	0 - 14
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Not in NABL Scope

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO	A	.	-
Reverse & Forward			
Rh	POSITIVE	.	-
Reverse & Forward			

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN	4.0	%
Average of Glucose Level	68.1	mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

Not in NABL Scope



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
MEDIWHEEL FEMALE BELOW 40			
<u>T3 / TRIDOTHYRONINE TOTAL</u>			
T3 TOTAL CLIA	1.03	ng/mL	0.35 - 1.93
<u>T4 / THYROXIN TOTAL</u>			
T4 TOTAL CLIA	10.11	µg/dl	4.50 - 10.9

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

Test Name	Result	Unit	Biological Ref.Interval
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MEDIWHEEL FEMALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) CLIA	2.72	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism



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X-RAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

X RAY CHEST PA VIEW

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

Hilar shadow are heavy.

Broncho-vascular markings are prominent ----- Bronchitis.

No parenchymal lesion is seen.

Advise :- Correlate Clinically.

DR. S. KHURANA
MBBS, DMRE

*** End Of Report ***





Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	01:04	0:01	00.0	00.0	01.0	96	120/80	115	00	
Standing	01:33	0:01	00.0	00.0	01.0	91	120/80	109	00	
HV	01:42	0:01	00.0	00.0	01.0	096	120/80	115	00	
ExStart	01:54	0:01	00.0	00.0	01.0	097	120/80	116	00	
BRUCE Stage 1	04:54	3:00	01.7	10.0	04.7	150	130/84	195	00	
PeakEx	07:52	3:00	02.5	12.0	07.1	173	140/88	242	00	
Recovery	08:51	1:00	00.0	00.0	01.0	116	136/86	235	00	
Recovery	09:51	2:00	00.0	00.0	01.0	124	136/86	168	00	
Recovery	10:46	2:54	00.0	00.0	01.0	102	132/84	142	00	

Findings :

Exercise Time : 05:59
 Max HR Attained : 173 bpm 90% of Target 192
 Max BP Attained : 140/88
 Max WorkLoad Attained : 7.1 Fair response to induced stress
 Max ST Dep Lead & Value : V1 & -0.9 mm
 Duke Treadmill Score : 10.8
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

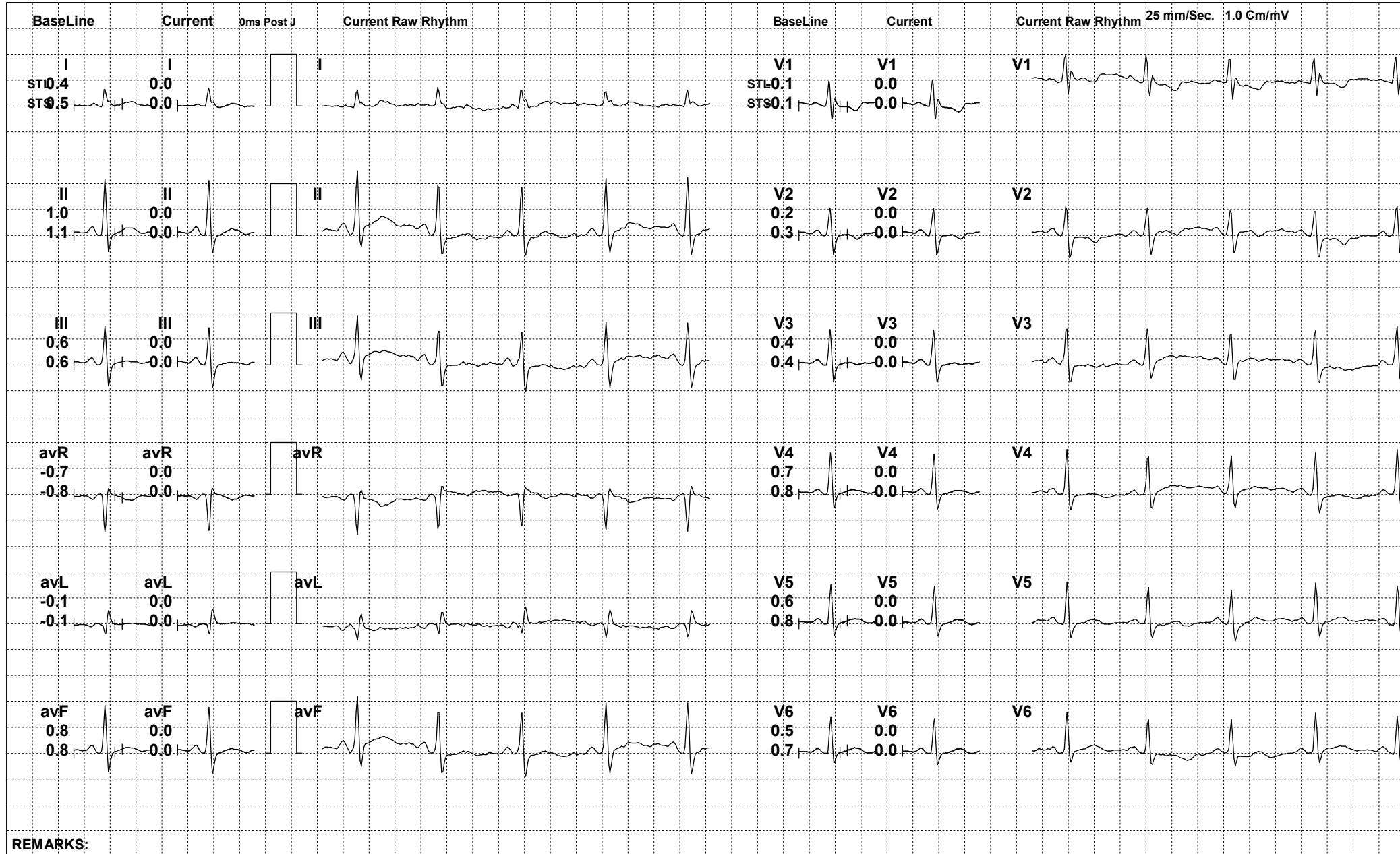
PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 90% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

Doctor : DR. KUSH KUMAR TYAGI D.M.

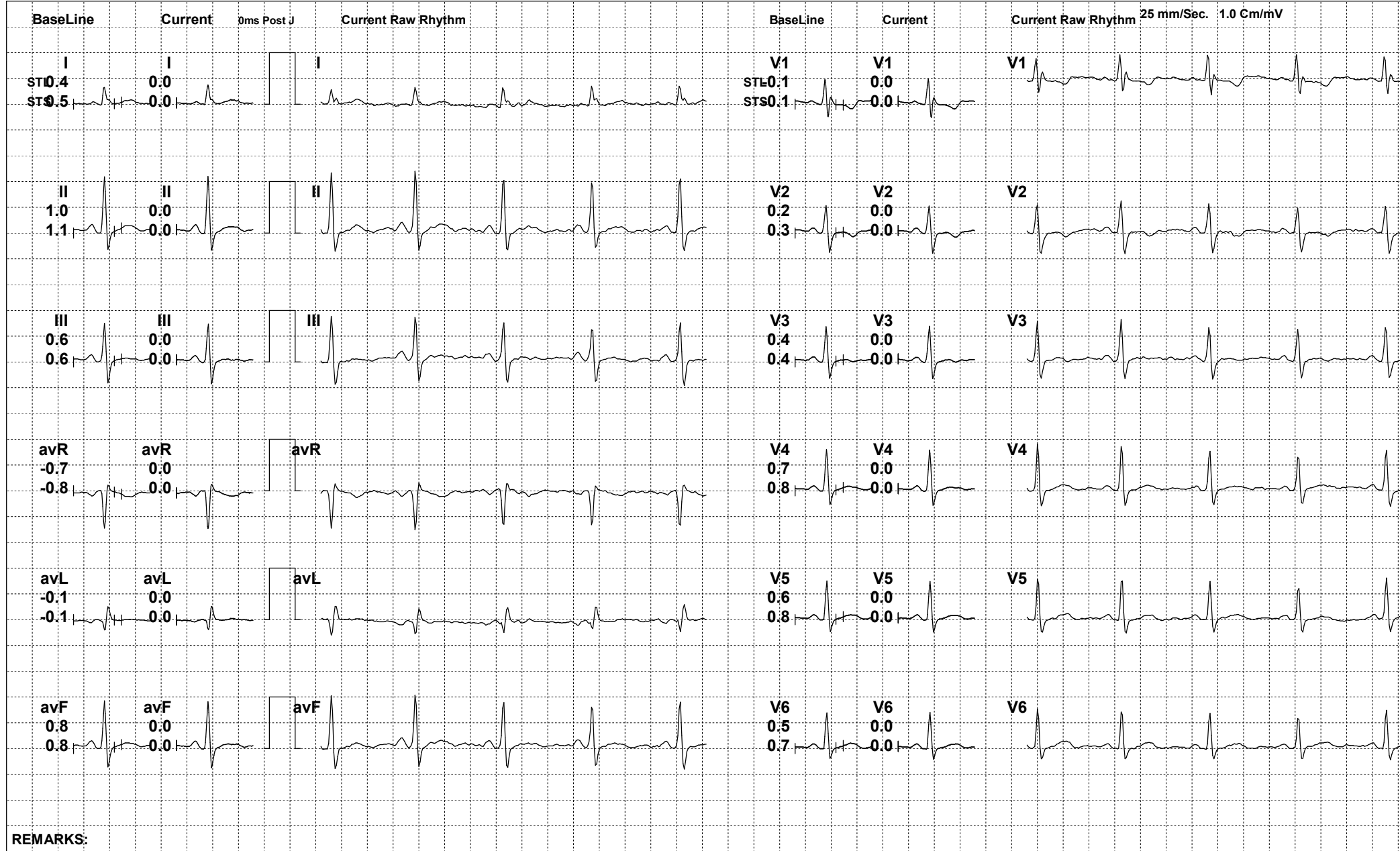




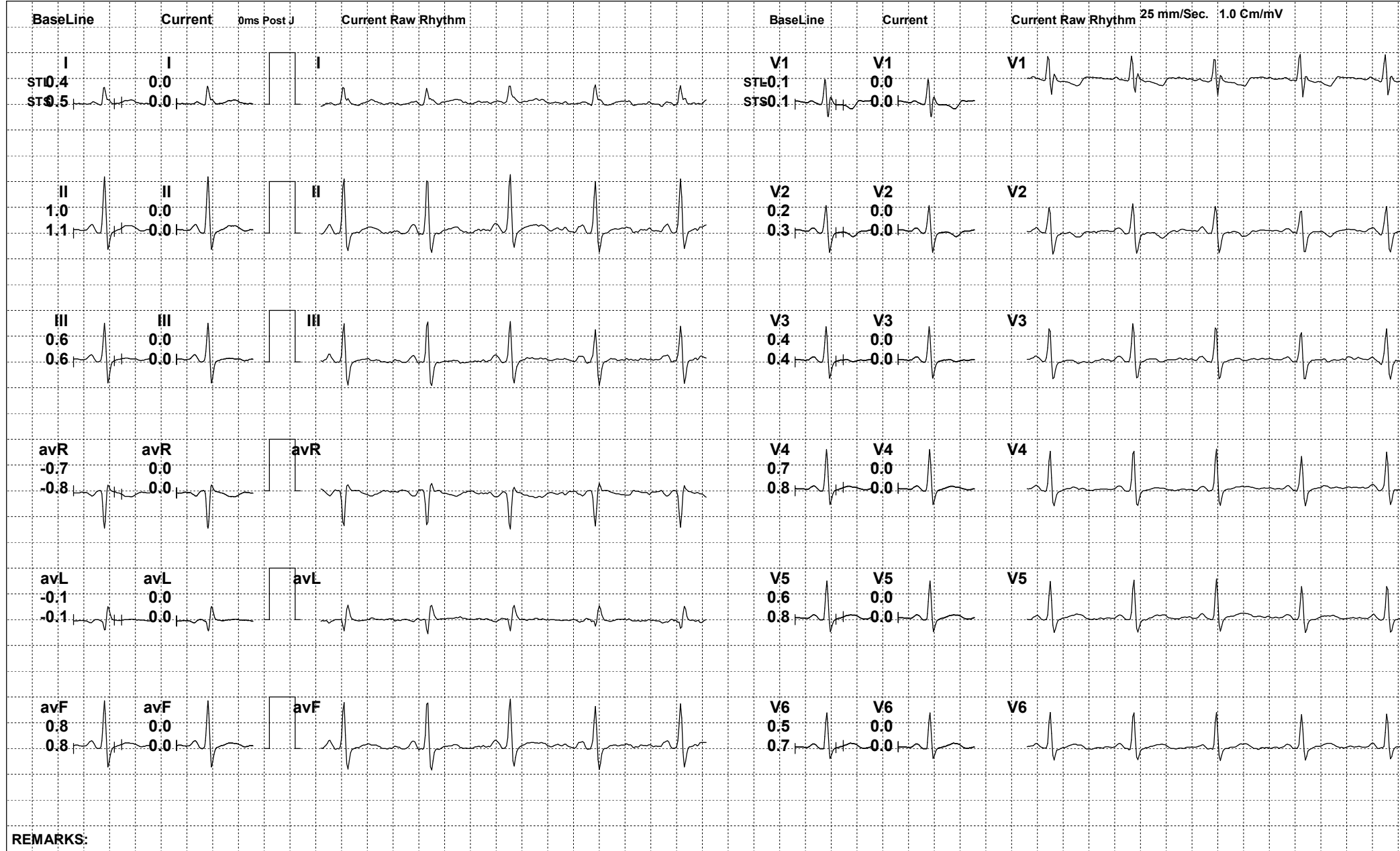
367 (821769) / POONAM / 28 Yrs / F

Date: 24-Aug-2024 01:13:57 PM METS: 1.0/ 91 bpm 47% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:31 0.0 mph, 0.0%



REMARKS:



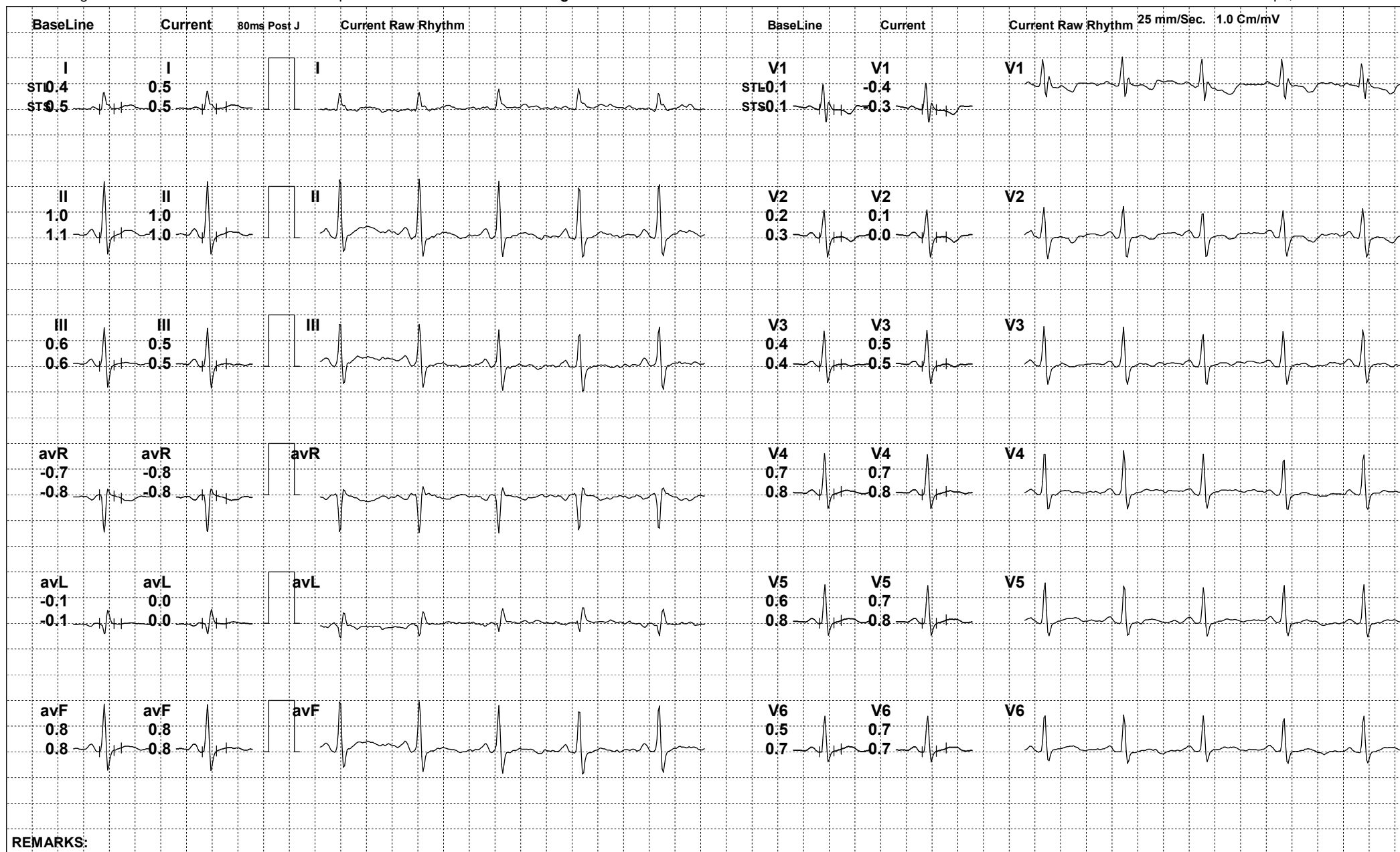
REMARKS:



367 (821769) / POONAM / 28 Yrs / F

Date: 24-Aug-2024 01:13:57 PM METS: 1.0/ 97 bpm 50% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:52 0.0 mph, 0.0%



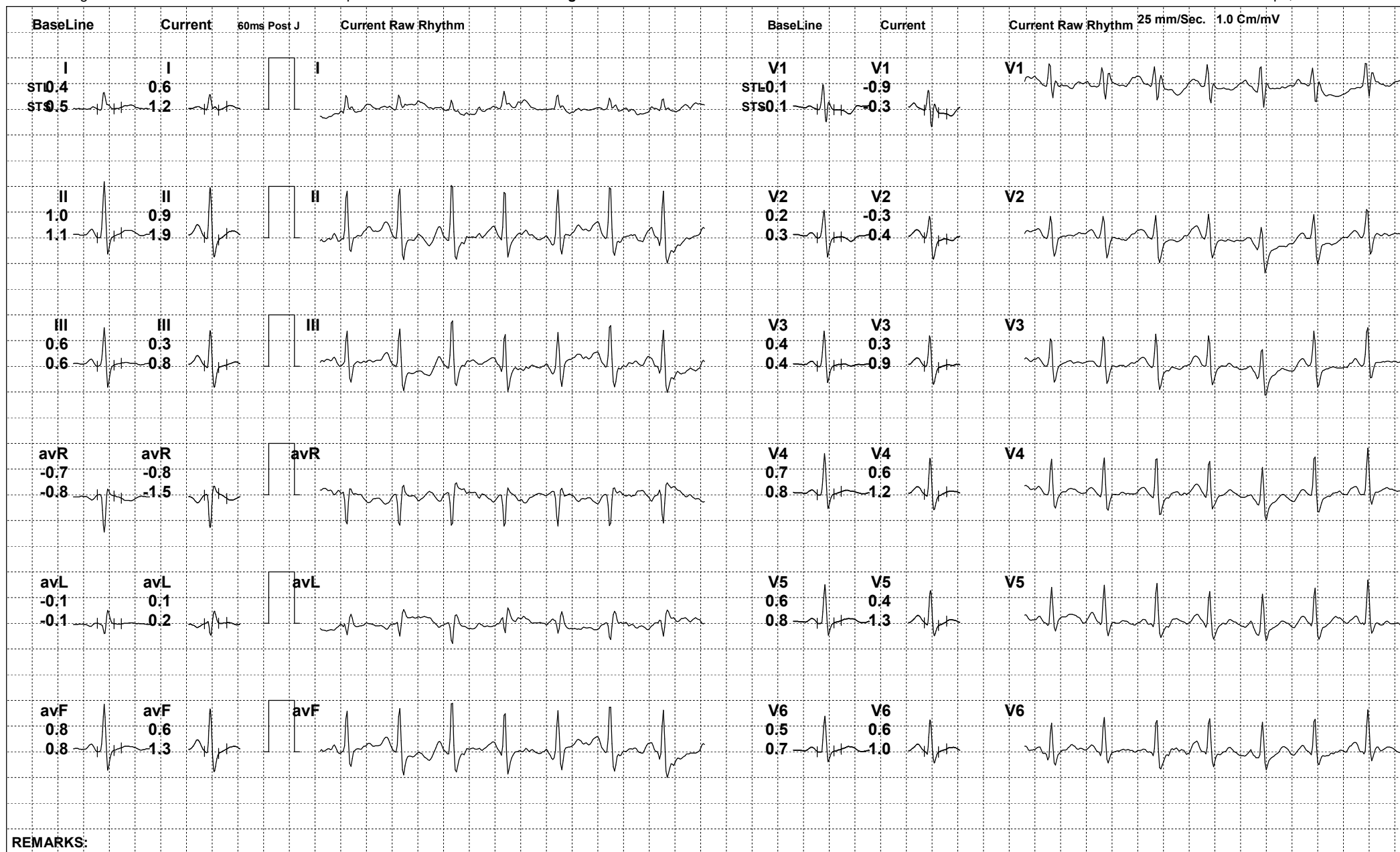
REMARKS:



367 (821769) / POONAM / 28 Yrs / F

Date: 24-Aug-2024 01:13:57 PM METS: 4.7/ 146 bpm 76% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%

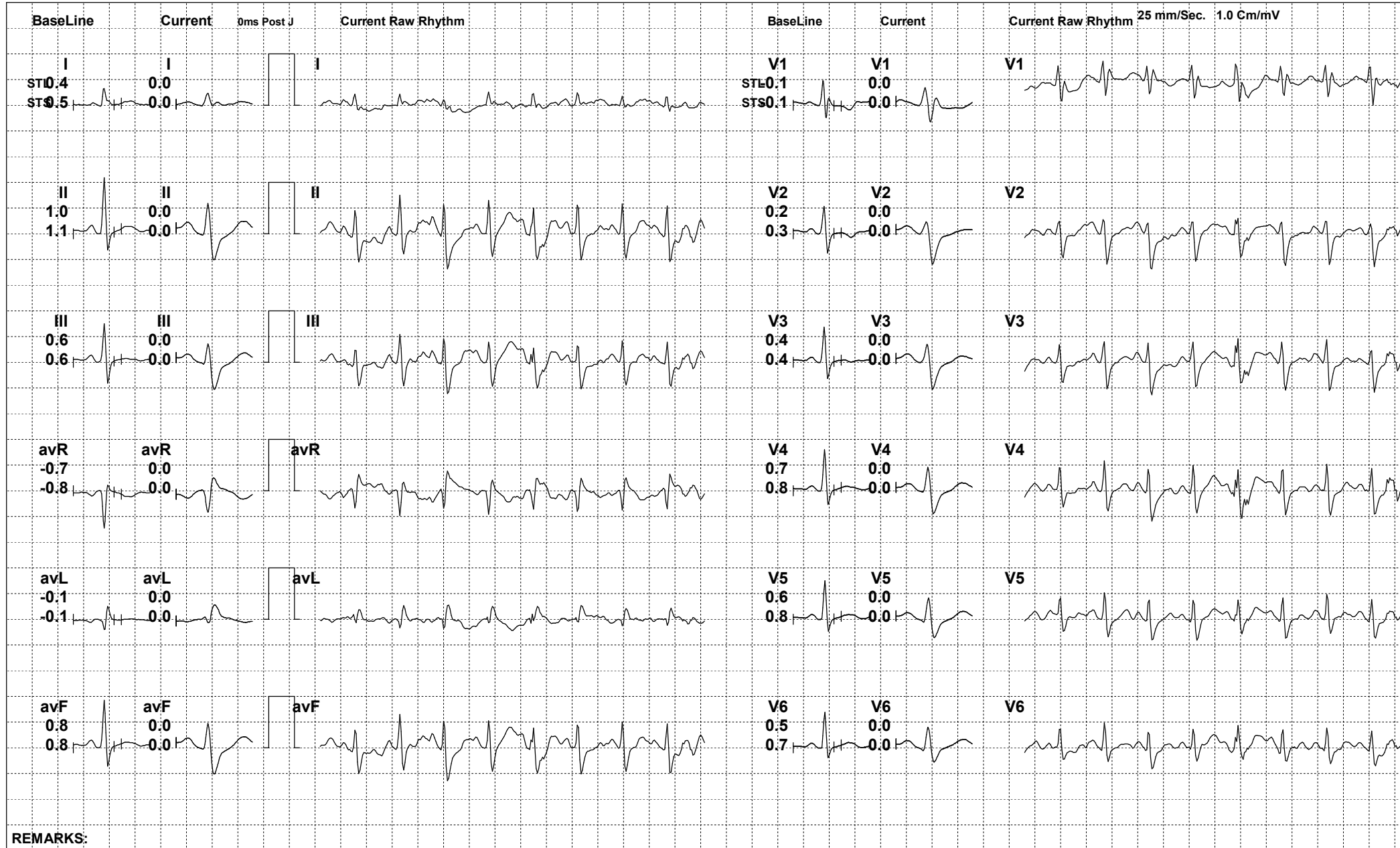




367 (821769) / POONAM / 28 Yrs / F

Date: 24-Aug-2024 01:13:57 PM METS: 7.1/ 173 bpm 90% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:58 2.5 mph, 12.0%



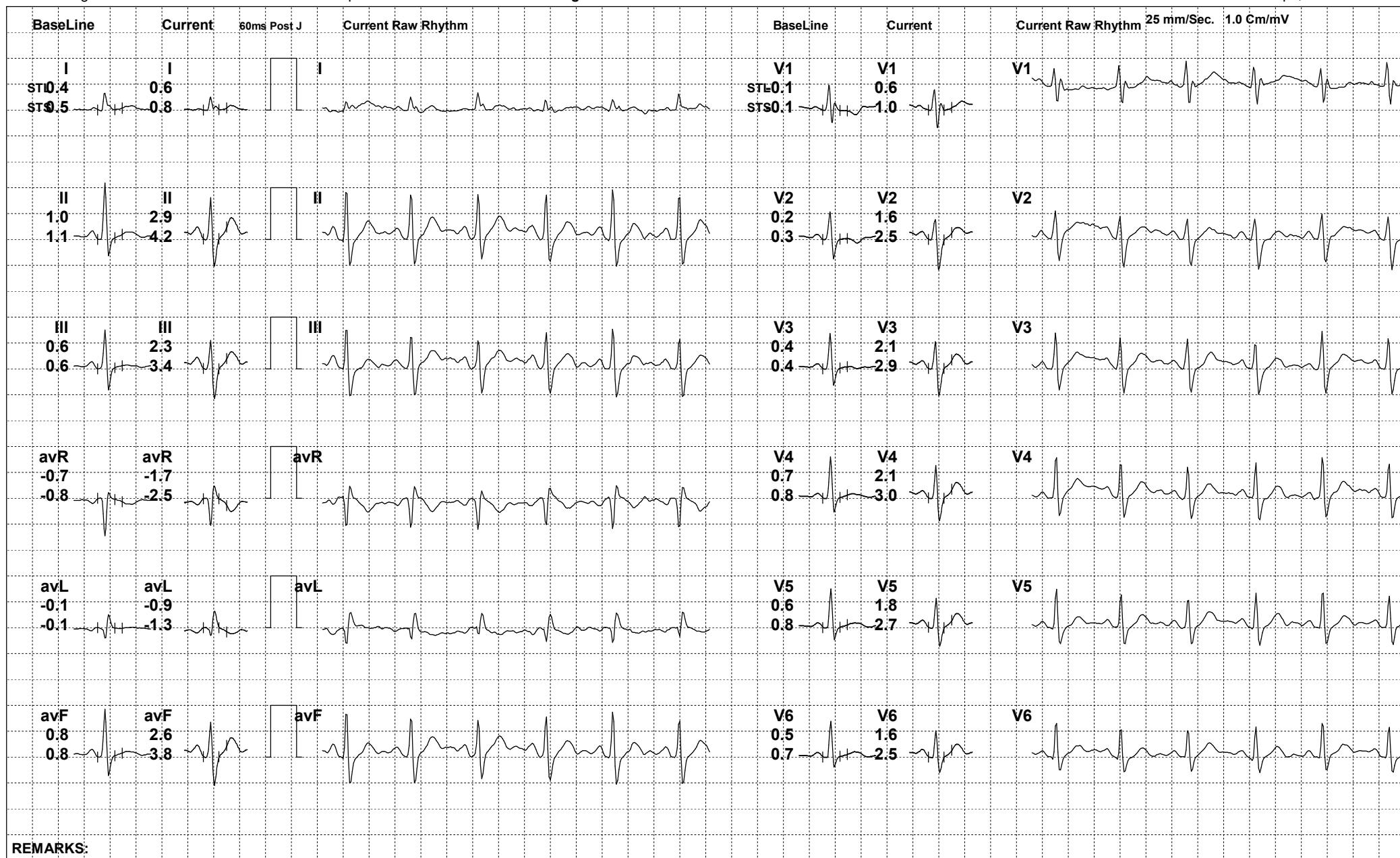
REMARKS:



367 (821769) / POONAM / 28 Yrs / F

Date: 24-Aug-2024 01:13:57 PM METS: 1.0/ 116 bpm 60% of THR BP: 136/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%



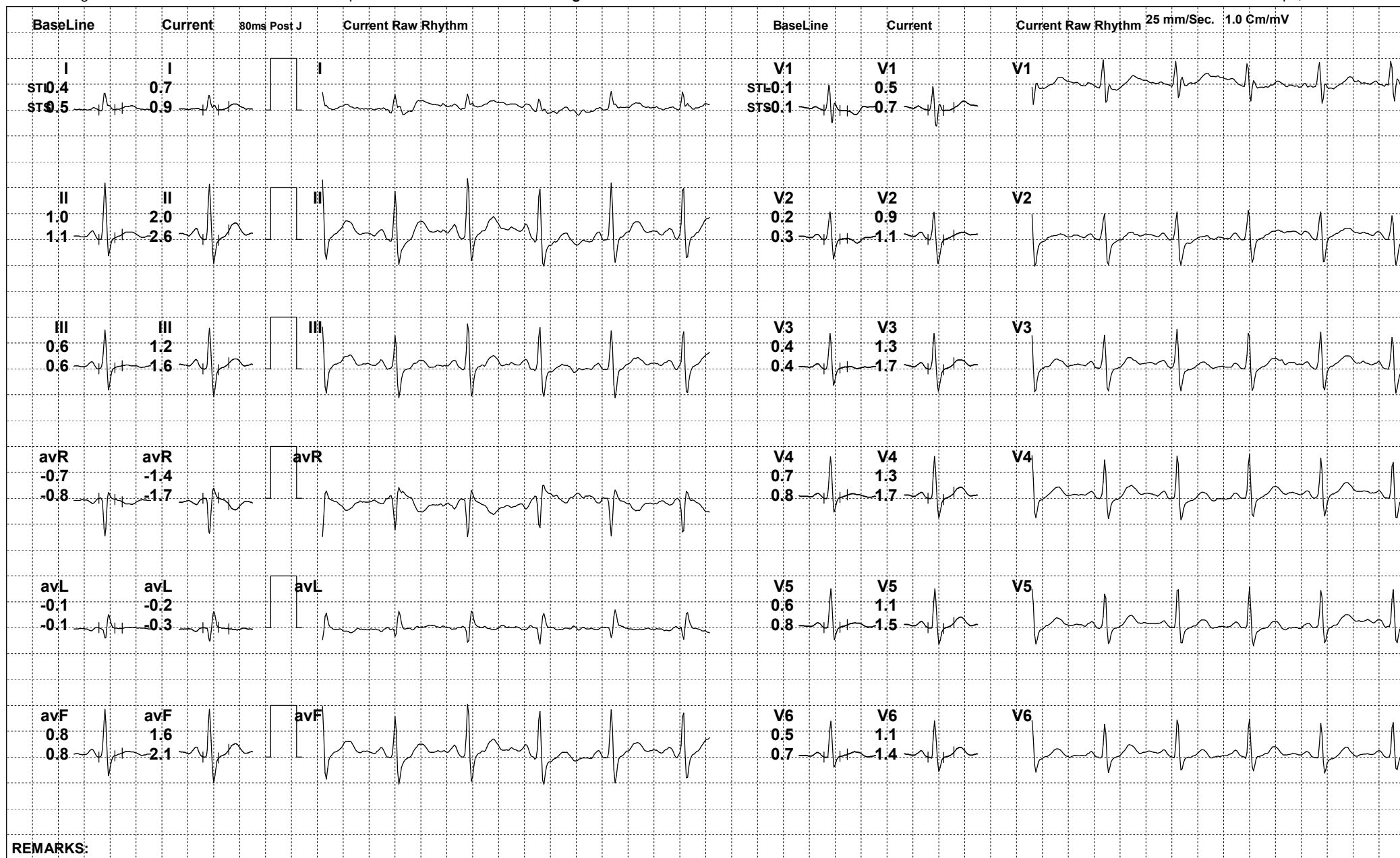
REMARKS:



367 (821769) / POONAM / 28 Yrs / F

Date: 24-Aug-2024 01:13:57 PM METS: 1.0/ 108 bpm 56% of THR BP: 136/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%



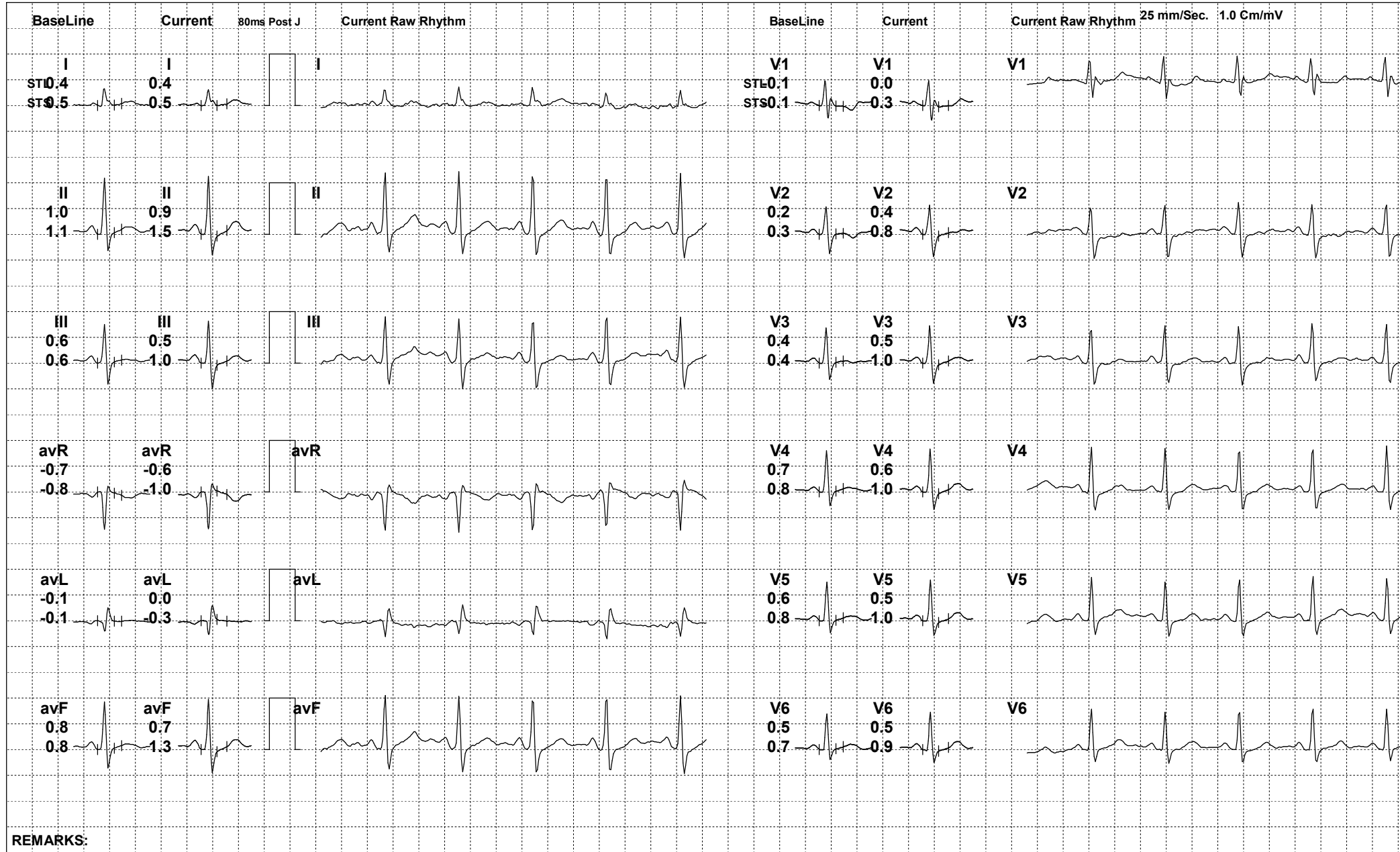
REMARKS:



367 (821769) / POONAM / 28 Yrs / F

Date: 24-Aug-2024 01:13:57 PM METS: 1.0/ 102 bpm 53% of THR BP: 132/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

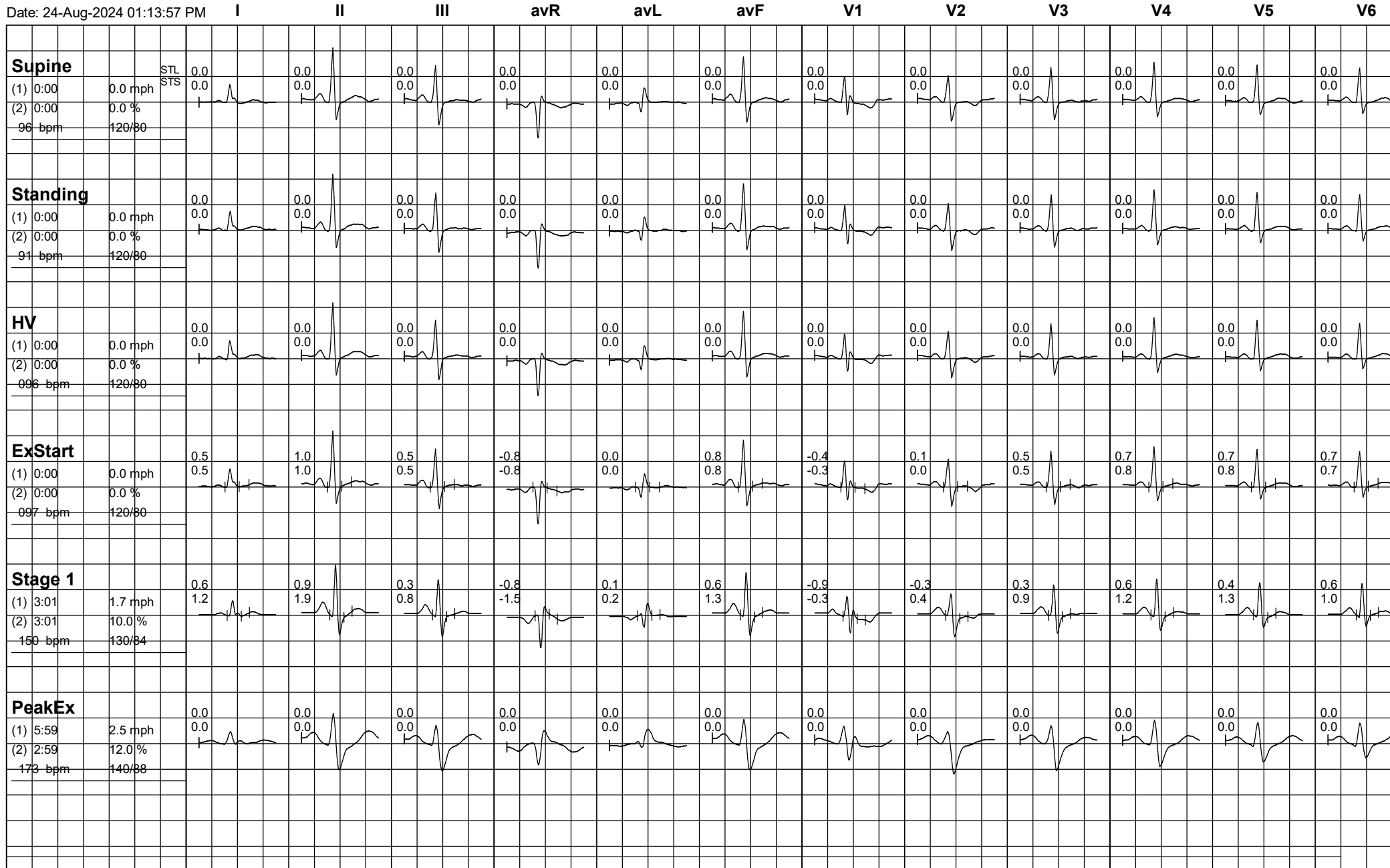
ExTime: 05:59 0.0 mph, 0.0%



REMARKS:



Date: 24-Aug-2024 01:13:57 PM





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