



APOLLO HOSPITALS & HEALTH CARE LIMITED  
DEPARTMENT OF BIOCHEMISTRY AND THERAPEUTIC DRUG MONITORING

251, Sainik School Road, Bhubaneswar - 751005

Tel.: +91 674 6661016 / 6661066

E-mail : apollo\_bbsr@apollohospitals.com

Website : www.apollohospitals.com



BHUBANESWAR  
Gender : Female

Name : Mrs. NIHARIKA .

Age : 43Yr 1Mth 20Days

UHID : ODB1.0000844748

LABORATORY REPORT

W/BNo/RefNo : AHC

SIN \ LRN : 15843618 \ 15843619 \ 15843620 \ 15843625 \ 2444971

Specimen : Serum

Ref Doctor : Dr. IPSITA MOHANTY



Collected on : 24-AUG-2024 11:36:37 AM

Received on : 24-AUG-2024 12:09:55 PM

Reported on : 24-AUG-2024 01:07:43 PM

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM / PLASMA (UV,Using Pyridoxal Phosphate:IFCC)	23 *	Healthy Adults:30 - 65	U/L
ALBUMIN - SERUM (Bromocresol Purple Dye)	4.0	Healthy Adults:3.5-5.0	g/dL
GLOBULIN - SERUM:(Calculated)	3.0	Healthy Adults:1.8 - 3.6	g/dL
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3	Healthy Adults:1.1 - 1.8	
ALKALINE PHOSPHATASE - SERUM/PLASMA (Enzymatic-AMP Buffer)	52	Healthy Adults:50 - 136	U/L
AST (SGOT) - SERUM (UV,Using Pyridoxal Phosphate:IFCC)	22	Healthy Adults:15 - 37	U/L
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.1	Healthy Adults:0.0-0.3	mg/dL
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.4	Healthy Adults:0.0 - 0.7	mg/dL
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.5	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM / PLASMA (Cholesterol Oxidase / Esterase)	228 *	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
CREATININE - SERUM / PLASMA (Enzymatic Method)	0.76	Healthy Women: 0.60 - 1.0	mg/dL



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Gender : Female

Name : Mrs. NIHARIKA . Website : www.apollohospitals.com Age : 43Yr 1Mth 20Days  
 UHID : ODB1.0000844748 / ODB1AH114098 W/BN/RefNo : AHC  
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<b>GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM</b> (L-gamma-glutamyl-3-carboxy-4-nitranilide)	<b>14</b>	Healthy Women:5 - 55	U/L
<b>HDL CHOLESTEROL - SERUM / PLASMA</b> (Direct Measurement)	<b>51</b>	Low: <40 High: >=60	mg/dL
<b>TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)</b>	<b>4.5</b>	Desirable :< 4.5	
<b>LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)</b> (Direct Measurement)	<b>155 *</b>	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
<b>POTASSIUM - SERUM / PLASMA</b> (Indirect ISE)	<b>4.2</b>	Healthy Adults: 3.5 - 5.1	mmol/L
<b>PROTEIN, TOTAL - SERUM / PLASMA</b> (Modified Biuret)	<b>7.0</b>	Healthy Adults:6.4 - 8.2	g/dL
<b>SODIUM - SERUM / PLASMA</b> (Indirect ISE)	<b>138</b>	Healthy Adults:136-145	mmol/L
<b>TRIGLYCERIDES - SERUM</b> (Enzymatic Method)	<b>179 *</b>	Normal: <150 Borderline High:150-199 High: 200-499 Very High: >=500	mg/dL
<b>UREA - SERUM / PLASMA</b> (Urease-GLDH,Enzymatic)	<b>33</b>	Healthy Adults:15 - 38	mg/dL
<b>UREA NITROGEN SERUM/PLASMA:(Calculated)</b>	<b>15</b>	Healthy Adults:7 - 18	mg/dL



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WBNo/RefNo : AHC



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<b>VLDL CHOLESTEROL - SERUM \$</b> (Calculated Measurement)			
<b>VLDL CHOLESTEROL - SERUM - CALCULATED</b>	<b>22</b>	Normal: <30 mg/dL	
<b>GLUCOSE - SERUM / PLASMA (FASTING)</b> (Hexokinase)	<b>83</b>	Non-Diabetic: <=100 Impaired: upto125 Diabetic: >=126	mg/dL
<b>GLUCOSE - SERUM / PLASMA (POST PRANDIAL)</b> (Hexokinase)	<b>102</b>	Normal: <140	mg/dL
<b>TOTAL T3: TRI IODOTHYRONINE - SERUM/PLASMA</b> (Chemiluminescence)			
<b>TOTAL T3: TRI IODOTHYRONINE - SERUM</b>	<b>100</b>	Healthy Adults: 82 - 179 Pregnant Women: 1st Trimester: 121-308 2nd & 3rd Trimesters: 152-362	ng/dL
<b>TSH: THYROID STIMULATING HORMONE - SERUM /PLASMA</b> (Chemiluminescence)			
<b>TSH: THYROID STIMULATING HORMONE - SERUM</b>	<b>5.8 *</b>	Healthy Adults- 0.38-5.33 Pregnant women: 1st Trimester: 0.05-3.70 2nd Trimester: 0.31-4.35 3rd Trimester: 0.41-5.18	uIU/mL
<b>TOTAL T4: THYROXINE - SERUM/PLASMA</b> (Chemiluminescence)			
<b>TOTAL T4: THYROXINE - SERUM</b>	<b>13.07</b>	Healthy Adults: 4.82-15.65	µg/dL



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Specimen : Serum

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Reported on : 24-AUG-2024 01:07:43 PM

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

CHECKED BY 109518  
109518

Printed On : 24-AUG-2024 05:52:53 PM

Dr Nihar Ranjan Dash

MD Biochemistry



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UHID : ODB1.0000844748 / ODB1AH114598 W/BNo/RefNo : AHC  
SIN \ LRN : 15843621 \ 2444971  
Specimen : Whole blood  
Ref Doctor : Dr. IPSITA MOHANTY

LABORATORY REPORT



Collected on : 24-AUG-2024 11:36:37 AM Received on : 24-AUG-2024 12:11:12 PM Reported on : 24-AUG-2024 01:46:06 PM

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD (Ion Exchange High Performance Liquid Chromatography)	5.3	HbA1C Degree of Control <6.0 Non-diabetic level <7.0 Goal* >8.0 Action Suggested**	%
Mean Plasma Glucose (MPG) Estimate:	111		mg/dL

\*Some danger of hypoglycemic reaction in Type I diabetics. Some glucose intolerant individuals and "sub-clinical" diabetics may show (elevated) HbA1c in this area.  
\*\*High risk of developing long term complications. "ActionSuggested" depends on individual patient circumstances.

Report Status: Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

CHECKED BY 109518  
109518

Printed On : 24-AUG-2024 05:53:16 PM

Dr Nihar Ranjan Dash

MD Biochemistry



Name : Mrs. NIHARIKA . Website : www.apollohospitals.com Age : 43Yr 1Mth 20Days Gender: Female  
 UHID : ODB1.0000844748 LAB PATH 14098 W/BN/RefNo : AHC  
 SIN \LRN : 15843617 \ 15843616 \ 15843623 \ 2444971  
 Specimen : Urine  
 Ref Doctor : Dr. IPSITA MOHANTY



Collected on : 24-AUG-2024 11:36:37 AM Received on : 24-AUG-2024 01:33:35 PM Reported on : 24-AUG-2024 01:46:00 PM

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>URINE ROUTINE (CUE) : (Automation+Standard Method)</b>			
Specific Gravity	1.010 *	1.016 - 1.026	
Colour:	Pale-Yellow		
Transparency:	Clear		
Reaction:	Acidic		
Glucose:	Nil		
Protein :	Nil		
pH	5.0	4.6 - 8	
Blood::	Negative		
Ketone	Negative		
Bile Pigments:	Negative		
Bile Salts(Hay's Test):	Negative		
Urobilinogen	Normal		
Nitrite	Negative		
<b>DEPOSITS:</b>			
RBC:	Nil		/hpf
WBC/Pus Cells	1-2		/hpf
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2		/hpf
<b>HEMOGRAM(CBC+ESR+PS+RET) : (Automation+Standard Method)</b>			
Hemoglobin (Method : SLS)	12.1	11 - 15.5	g/dL
Haematocrit	38.8	37 - 50	%



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Name : Mrs. NIHARIKA . Website : www.apollohospitals.com Age : 43Yr 1Mth 20Days Gender: Female

UHID : ODB1.0000844748 LABORATORY REPORT W/BN/RefNo : AHC

SIN ILRN : 15843617 \ 15843616 \ 15843623 \ 2444971

Specimen : Urine

Ref Doctor : Dr. IPSITA MOHANTY



Collected on : 24-AUG-2024 11:36:37 AM Received on : 24-AUG-2024 01:33:35 PM Reported on : 24-AUG-2024 01:46:00 PM

(Method : Automated Electrical Resistance Impedance)			
RBC COUNT	4.52	3.5 - 5.5	Million/ul
(Method : Automated Electrical Impedance)			
MCV	85.8	76 - 96	fL
(Method : Calculated Parameter)			
MCH	26.8 *	27 - 32	pg
(Method : Calculated Parameter)			
MCHC	31.2	30 - 35	g/dL
(Method : Calculated Parameter)			
RDW	13.2	11.5 - 14.5	%
(Method : Calculated Parameter)			
RETICULOCYTE COUNT	2.28	0.5 - 2.5	%
(Method : Flowcytometry)			
TLC Count	8.13	4 - 11	10 <sup>3</sup> /μl
(Method : Flow Cytometry)			
Platelet Count	305	140 - 440	10 <sup>3</sup> /mm <sup>3</sup>
(Method : Automated Electrical Resistance Impedance /Manual(Neubauer's Chamber Counting)			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	37 *	0 - 20	mm/1st hr
<b>Differential Count</b>			
Neutrophils	68	40 - 75	%
(Method : Flowcytometry)			



Name : Mrs. NIHARIKA . Age : 43Yr 1Mth 20Days

UHID : ODB1.0000844748 W/BN/RefNo : AHC

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Specimen : Urine

Ref Doctor : Dr. IPSITA MOHANTY



Collected on : 24-AUG-2024 11:36:37 AM Received on : 24-AUG-2024 01:33:35 PM Reported on : 24-AUG-2024 01:46:00 PM

Lymphocytes (Method : Flowcytometry)	25	20 - 45	%
Eosinophils (Method : Flowcytometry)	03	1 - 6	%
Monocytes (Method : Flowcytometry)	04	1 - 10	%
Basophils (Method : Flowcytometry)	00	0 - 1	%

PERIPHERAL SMEAR

RBC: Normocytic & normochromic  
WBC: Normal  
Platelets: Adequate on the smear

BLOOD GROUPING AND TYPING (ABO and Rh)

ABO Group: B  
Rh (D) Type: POSITIVE

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

CHECKED BY : 1117181  
918003

Printed On : 24-AUG-2024 05:53:30 PM

Dr.Snehalata Jagati  
Junior Consultant






### Radiology

**Patient Details :** Mrs. NIHARIKA . | Female | 43Yr 1Mth 20Days  
**UHID :** ODB1.0000844748  
**Patient Identifier:** ODB1AH114098  
**DRN :** 224018127  
**Ref Doctor :** Dr. IPSITA MOHANTY

**Patient Location:** AHC



**Completed on :** 24-AUG-2024 13:36

### ULTRASOUND - WHOLE ABDOMEN

#### REPORT

**LIVER :** Enlarged in size (169 mm) and shows increased echotexture. No I.H.B.D./ focal lesions.

**PORTAL VEIN :** Normal in caliber.

**GALL BLADDER :** Well distended with normal walls and lumen. No calculi/pericholecystic fluid.

**COMMON BILE DUCT :** Normal in caliber.

**PANCREAS :** Normal in size and echotexture.

**AORTA, IVC and para aortic areas are normal.**

**SPLEEN :** Normal in size and echotexture.

**KIDNEYS :** Both kidneys are normal in site, size and echotexture. No evidence of calculi/ hydronephrosis.

**URINARY BLADDER :** Well distended with normal walls. No evidence of calculi/ growth/ diverticula.

**UTERUS :** measures 94 x 58 x 30 mm, bulky in size and shows small fibroid of size 13 mm. Combined endometrial thickness is normal (6 mm).

**OVARIES :** Normal in size and echotexture.

**OTHERS :** No evidence of any free fluid in peritoneal cavity.

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Mrs. NIHARIKA .

ODB1.0000844748

ODB1AH114098

**ULTRASOUND - WHOLE ABDOMEN**

**IMPRESSION**

Hepatomegaly with grade-I fatty infiltration.

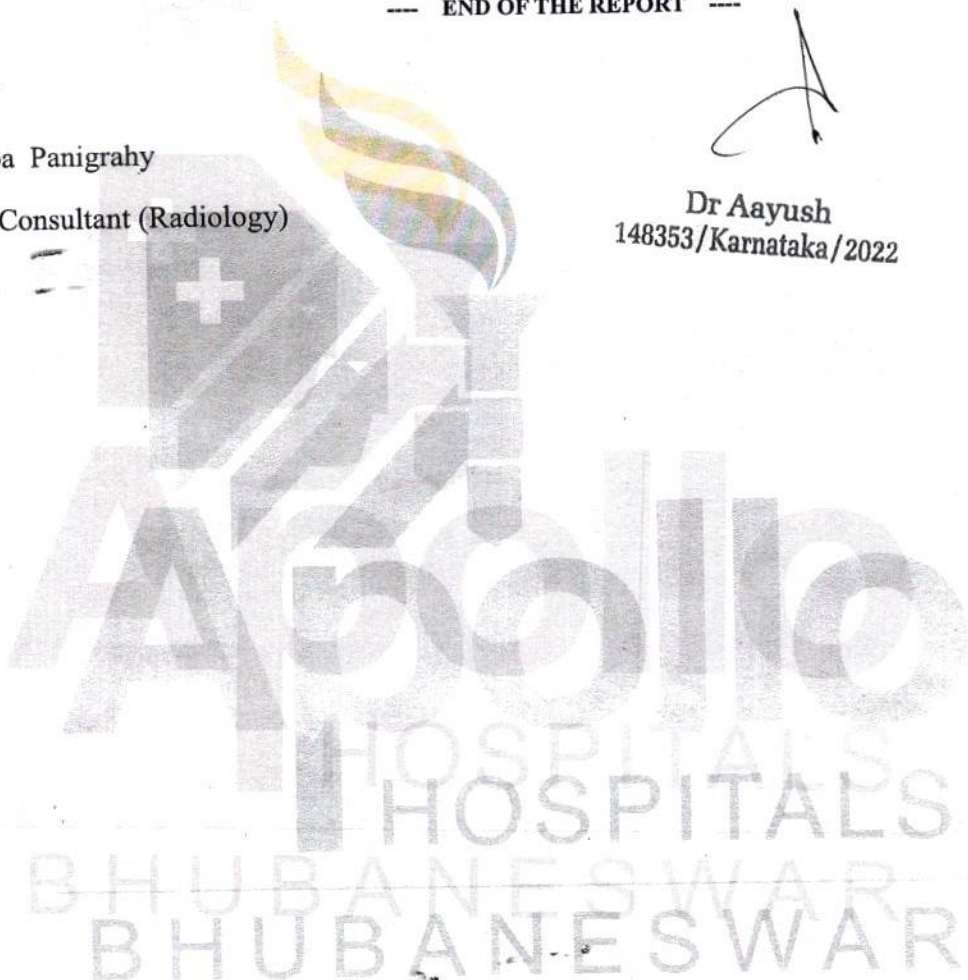
Bulky uterus with a small fibroid.

--- END OF THE REPORT ---

Dr Keshaba Panigrahy


Associate Consultant (Radiology)

Dr Aayush  
148353/Karnataka/2022





**Department of X-Ray**

**Patient Details :** Mrs. NIHARIKA . | Female | 43Yr 1Mth 20Days  
**UHID :** ODB1.0000844748      **Patient Location:** AHC  
**Patient Identifier:** ODB1AH114098        
**DRN :** 124032429      **Completed on :** 24-AUG-2024 15:21  
**Ref Doctor :** Dr. IPSITA MOHANTY

**X-RAY CHEST PA**

**REPORT**

Trachea & mediastinum are central in position.

Both Costophrenic angles are clear.

Hila are normal in size and position.

Lung fields show normal parenchymal features.


Cardiac size and shape are within normal limits.

Bony thoracic cage is normal.

**IMPRESSION**

No significant abnormality detected.

--- END OF THE REPORT ---

  
**Dr Aayush**  
 148353/Karnataka/2022

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### OP CONSULTATION REQUEST



Date : 24/8/24

Name : Niharika

Age :

Sex : M/F

Primary Consultant : AHC

UHID No. :

Referred to Dr.

Speciality : Dentry

Reason for Referral

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① scalar.

Dentist

Signature :

Name :

Date :

Time :

AHB/QF/OPD/003

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**Radiology**

BHUBANESWAR

**Patient Details** : Mrs. NIHARIKA . | Female | 43Yr 1Mth 20Days

**UHID** : ODB1.0000844748

**Patient Location:** AHC

**Patient Identifier:** ODB1AH114098



**DRN** : 224018128

**Completed on :** 24-AUG-2024 13:37

**Ref Doctor** : Dr. IPSITA MOHANTY

**ULTRASOUND BREAST**

**REPORT**

High resolution ultrasound screening of both breasts were performed. Both sides axial, radial and sagittal scans done.

Skin, areola, nipple and subcutaneous fat are normal.

Small cyst measuring 3 x 3 mm seen in right breast 1 'O' clock position near NAC.

Small cyst measuring 4 x 4 mm seen in left breast 12 'O' clock position 4 cm cranial to NAC.

Rest of breasts parenchyma normal.

Bilateral axillary areas appears normal.

No significant axillary lymphadenopathy.

**IMPRESSION**

Bilateral breasts simple small cysts (BIRADS-II).

--- END OF THE REPORT ---

Dr Keshava Panigrahy

Associate Consultant (Radiology)

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### OP CONSULTATION REQUEST



Date :

Name :

Primary C

F 43 YRS AUG 24 2024  
ODBI.0000844748 ODBIAH114098  
NIHARIKA.  
BIOCHU-AST  
SIN.15843618

Age :

Sex : M/F

UHID No. :

Referred to Dr.

Speciality :


Reason for Referral

Ear

Nou

Throat

NAD

  
Dr Rohit Agrawala  
22751/OR/2017

Signature :

Name :

Date :

Time :

AHB/QF/OPD/003

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**OP CONSULTATION REQUEST**

Date: 24/08/24

Name: Niharika	Age: 43	Sex : MF
Primary Consultant :		UHID No. : 844748

Referred to Dr.

Speciality :

Reason for Referral

Sabdominal  
Abdominal pain  
Unrelenting - 10/10  
w/ 90 mg  
Deep pain - 0-500 mg w/ 40  
+ 0.500 mg - 0.750 mg 120 mg  
Dose 1 + 1.25 mg  
Room 4 Bhubaneswar.

Signature:

Name :

Date :

Time :

AHB/QF/OPD/00

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E-mail : apollo\_bbsr@apollohospitals.com, Web: www.apollohospitals.com

Ward  
Telephone:



**EXERCISE STRESS TEST REPORT**

Patient Name: NIHARIKA, MRS.  
Patient ID: 844748  
Height: 156 cm  
Weight: 98 kg

DOB: 04.07.1981  
Age: 43yrs  
Gender: Female  
Race: Indian

Study Date: 24.08.2024  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications: --

Medical History: --

Reason for Exercise Test: --

**Exercise Test Summary**

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:15	0.00	0.00	81	120/80	
EXERCISE	STANDING	00:21	0.00	0.00	83	120/80	
	STAGE 1	03:00	1.70	10.00	148	130/80	
RECOVERY	STAGE 2	02:06	2.40	12.00	169	130/80	
		05:49	0.00	0.00	94	120/80	

The patient exercised according to the BRUCE for 5:06 min:s, achieving a work level of Max. METS: 7.00. T resting heart rate of 81 bpm rose to a maximal heart rate of 171 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg , rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

**Interpretation**

Conclusions

*Test is Negative for Ischemia*

Physician

Technician

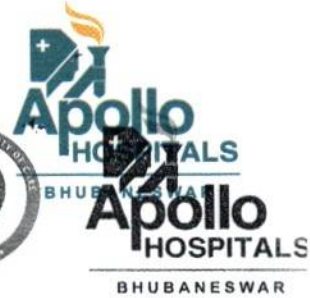


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60408  
F-43 YRS AUG 24 2024  
0521.0000841748  
NILAIPURAM  
RADILOGIST  
USG-WA

**DEPARTMENT OF MEDICAL HEALTH CHECK**

NAME OF THE PATIENT ;; UHID NUMB AGE... YRS SEX ... DATE

ADDRESS PLOT 251 ,SAINIK SCHOOL ROAD ,UNIT 15 ,SAMANTARA BHUBANESWAR 751005

**CHIEF COMPLAINT - ANNUAL HEALTH CHECK UP**

PRESENT ILLNESS ---- Type II Diabetes Mellitus Nil / Systemic Hypertension Nil / Bronchial Asthma NIL/ Coronary Artery Disease Nil / Hypothyroid Disease Diagnosed 5 years on regular medication / CANCER NIL/ SNORING Nil

PAST ILLNESS ;; COVID INFECTION ; TESTED POSITIVE 2021 , HOME ISOLATION , OXYGEN NIL , STEROID YES

SURGICAL HISTORY ; 2 LSCS

DRUG ALLERGY ---- NIL DRUG ALLERGY HISTORY MODERATE MEDICATION ;; THYRONORM 100 OD EMPTYSTOMACH , FEBURIC 40 OD HS

PERSONAL HISTORY ... MARRIED , 2 KID , ADDICTION ;; NIL / PHYSICAL ACTIVITY ;; MODERATE / DIET ; NON VEGETARIAN / COVID VACCINE THREE DOSES TAKEN

FAMILY HISTORY ;; FATHER EXPIRED 75 YEARS COVID , MOTHER ALIVE 70 YEARS T2 DM BROTHER 2 SISTER 2

EYE ;; NOR,AL ENT NORMAL WEIGHT GAINED 5 KGS IN LAST 6 MONTHS OCCUPATION HOUSEWIFE

**PHYSICAL EXAMINATION General PHYSICAL EXAMINATION General**

Height (in cms) ; 156 CM Weight (in kg) : 98.5 KG BODY BUILT OVER WEIGHT  
Anemia : NO Icterus : NO  
Cyanosis : NO Clubbing : NO  
Oedema : NO Enlarged Glands :

**Cardiovascular System**

Heart Rate (Pe86r] 74 MINUTE/REGULAR SB. P. (mm of Hg) 102/76 mmHg  
Chest shape Symmetrical Heart sounds S1-S2 present  
Murmur Nil Thrills NIL

Respiratory System Rate & Type : 20/MIN Vesicular Breath Sounds : vesicular No added sound

**Abdominal Examination**

Palpable Liver : Normal Palpable Spleen : Normal Tenderness : NIL

Central Nervous System Cranial Nervous : Normal Sensor System : NORMAL Motor System : Normal

Reflexes Intact

Spine and Extremities;; NORMAL [MUSCULOSKELETAL]

Psychological Assessment :NORMAL

Dr. Ipsita Mohanty  
15893/OR/2006

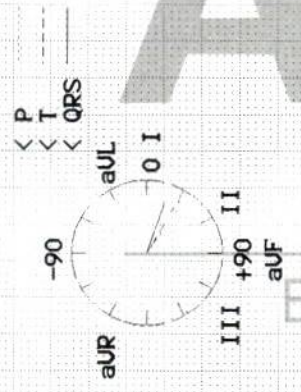
**Apollo Hospitals Enterprise Limited**  
 Registered Office : No. 19 Bishop Gardens, Raja Annamalaipuram  
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 E-mail : apollo\_bbsr@apollohospitals.com, Web: www.apollohospitals.com



CE LOT D819  
 HR 79 bpm

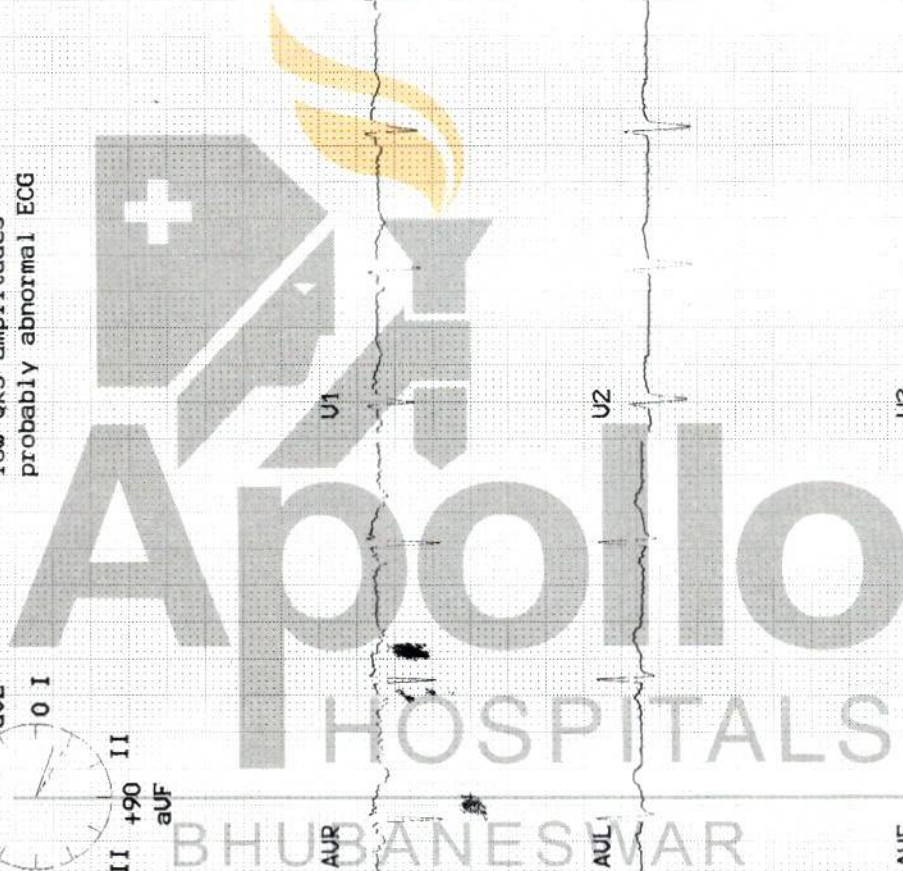
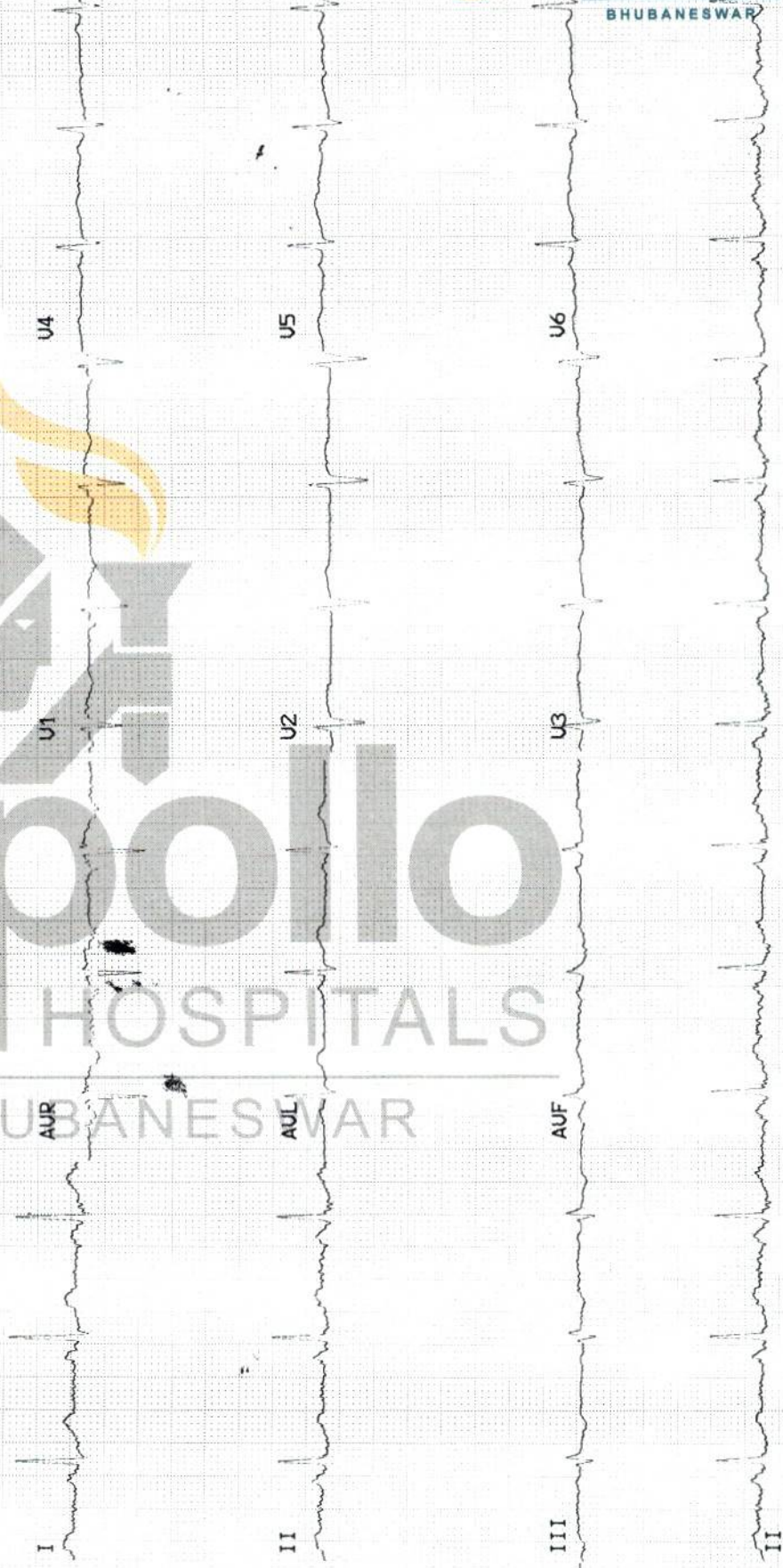
F 43 YRS AUG 24 2024  
 ODBI.000084748 ODBIAH114  
 NIHARIKA,  
 BIOCHE-CREAT  
 SIN.15843618

**Interpretation:**  
 suspected left ventr. hypertrophy  
 low QRS amplitudes  
 probably abnormal ECG



**Measurement Results:**

QRS	90 ms
QT/QTcB	378 / 436 ms
PR	140 ms
P	108 ms
RR/PP	752 / 740 ms
P/QRS/T	35 / 20 / 30 degrees
QT/QTcBD	68 / 78 ms
Sokolow	1.1 mV
NK	11



KEEP THE REPORTS CAREFULLY AND BRING THEM ALONG DURING YOUR NEXT VISIT TO OUR HOSPITAL