

Age/Gender



Patient Name

: Mrs.MONIKA GAUTAM

: 31 Y 3 M 17 D/F

UHID/MR No : CIND.0000105532

Visit ID : RINDOPV15791

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 22S31143 Received : 24/Aug/2024 11:05AM Reported : 24/Aug/2024 01:55PM

Status : Final Report

: ARCOFEMI HEALTHCARE LIMITED Sponsor Name

: 24/Aug/2024 10:37AM

DEPARTMENT OF HAEMATOLOGY

Collected

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

RBC- MICROCYTIC HYPOCHROMIC.MILD DEGREE OF ANISOPOIKILOCYTOSIS WITH TEAR DROP CELLS.ELLIPTOCYTES

AND OVALOCYTES SEEN. WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

IMPRESSION: MICROCYTIC HYPOCHROMIC ANEMIA

KINDLY CORRELATE WITH IRON STUDIES.



Page 1 of 16



Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist





: Mrs.MONIKA GAUTAM

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	10.6	g/dL	12-15	Spectrophotometer
PCV	32.90	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.14	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	80	fL	83-101	Calculated
MCH	25.5	pg	27-32	Calculated
MCHC	32.1	g/dL	31.5-34.5	Calculated
R.D.W	16	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,100	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (E	DLC)			·
NEUTROPHILS	61	%	40-80	Electrical Impedance
LYMPHOCYTES	35	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	Q 02	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4941	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2835	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	162	Cells/cu.mm	20-500	Calculated
MONOCYTES	162	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.74		0.78- 3.53	Calculated
PLATELET COUNT	128000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	30	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBC- MICROCYTIC HYPOCHROMIC.MILD DEGREE OF ANISOPOIKILOCYTOSIS WITH TEAR DROP CELLS, ELLIPTOCYTES AND OVALOCYTES SEEN.

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

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IMPRESSION: MICROCYTIC HYPOCHROMIC ANEMIA

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Dr.Kritika Jain

M.B.B.S,M.D(Pathology)

Consultant Pathologist





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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

KINDLY CORRELATE WITH IRON STUDIES.



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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist





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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR	R , WHOLE BLOOD EDTA			·
BLOOD GROUP TYPE	0			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist





: Mrs.MONIKA GAUTAM

: 31 Y 3 M 17 D/F

Age/Gender UHID/MR No

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Visit ID

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: 22S31143

Collected

: 24/Aug/2024 01:36PM

Received

: 24/Aug/2024 01:51PM : 24/Aug/2024 03:42PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING, NAF PLASMA	116	mg/dL	70-100	GOD - POD

Kindly correlate clinically.

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	99 40	mg/dl	70-140	GOD, POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

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Dr. Kritika Jain

M.B.B.S,M.D(Pathology)

Consultant Pathologist

SIN No:PLP1483641







: Mrs.MONIKA GAUTAM

Age/Gender : 31 Y 3 M 17 D/F
UHID/MR No : CIND.0000105532

Visit ID : RINDOPV15791

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 22S31143 VIC- 6048

Collected : 24/Aug/2024 10:37AM

Received : 24/Aug/2024 12:20PM Reported : 24/Aug/2024 02:02PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN),	WHOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	97	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6-7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8-10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist SIN No:EDT240088112





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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method			
LIPID PROFILE , SERUM							
TOTAL CHOLESTEROL	202	mg/dL	<200	CHE/CHO/POD			
TRIGLYCERIDES	117	mg/dL	<150	Enzymatic			
HDL CHOLESTEROL	51	mg/dL	40-60	CHOD			
NON-HDL CHOLESTEROL	151	mg/dL	<130	Calculated			
LDL CHOLESTEROL	127.43	mg/dL	<100	Calculated			
VLDL CHOLESTEROL	23.48	mg/dL	<30	Calculated			
CHOL / HDL RATIO	3.94		0-4.97	Calculated			
ATHEROGENIC INDEX (AIP)	0.00		<0.11	Calculated			

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist





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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.68	mg/dL	0.20-1.20	Colorimetric
BILIRUBIN CONJUGATED (DIRECT)	0.14	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.54	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	16.68	U/L	9-52	UV with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.7	U/L	14-36	UV with P-5-P
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.3 ST		<1.15	Calculated
ALKALINE PHOSPHATASE	144.56	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.15	g/dL	6.3-8.2	Biuret
ALBUMIN	4.66	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	2.49	g/dL	2.0-3.5	Calculated
A/G RATIO	1.87	-	0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

- 1. Hepatocellular Injury:
- *AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.

 *ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.
- 2. Cholestatic Pattern:
- *ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex. *Bilirubin elevated-predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment:
- *Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

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Dr.Kritika Jain

M.B.B.S,M.D(Pathology)

Consultant Pathologist





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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324



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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist





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Test Name	Result	Unit	Bio. Ref. Interval	Method			
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM							
CREATININE	0.57	mg/dL	0.51-1.04	Enzymatic colorimetric			
UREA	28.20	mg/dL	15-36	Urease			
BLOOD UREA NITROGEN	13.2	mg/dL	8.0 - 23.0	Calculated			
URIC ACID	6.47	mg/dL	2.6-6	Uricase			
CALCIUM	10.06	mg/dL	8.4 - 10.2	Arsenazo-III			
PHOSPHORUS, INORGANIC	3.42	mg/dL	2.5-4.5	PMA Phenol			
SODIUM	137	mmol/L	135-145	Direct ISE			
POTASSIUM	4.2	mmol/L	3.5-5.1	Direct ISE			
CHLORIDE	104	mmol/L	98 - 107	Direct ISE			
PROTEIN, TOTAL	7.15	g/dL	6.3-8.2	Biuret			
ALBUMIN	4.66	g/dL	3.5 - 5	Bromocresol Green			
GLOBULIN	2.49	g/dL	2.0-3.5	Calculated			
A/G RATIO	1.87	CAT II	0.9-2.0	Calculated			

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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist





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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	21.38	U/L	12-43	Glyclyclycine Nitoranalide



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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist







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MC- 6048

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: 24/Aug/2024 02:55PM : 24/Aug/2024 04:26PM

Reported Status

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TS)	H), SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	1.35	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	11.16	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	3.876	μIU/mL	0.38-5.33	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 – 3.0

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- **4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

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Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist SIN No:SPL24135099







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DEPARTMENT OF IMMUNOLOGY

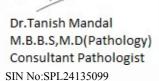
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Test Name Result Unit Bio. Ref. Ir		Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE			<u> </u>
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measuremen
рН	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	/ITY 1.025		1.002-1.030	Refractometric
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE	8	NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE NE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY			
PUS CELLS	4-6	/hpf	0-5	Microscopy
EPITHELIAL CELLS	3-5	/hpf	<10	MICROSCOPY
RBC	0-2	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UR2407414





: Mrs.MONIKA GAUTAM

Age/Gender

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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
Test Name	Result	Unit	Bio. Ref. Interval	Method



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Dr.Kritika Jain M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UF012071







Patient Name : Mrs.MONIKA GAUTAM

Age/Gender : 31

: 31 Y 3 M 17 D/F

UHID/MR No : CIND.0000105532 Visit ID : RINDOPV15791

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 22S31143 MC- 6048

Collected : 24/Aug/2024 01:41PM

Received : 24/Aug/2024 07:30PM Reported : 26/Aug/2024 09:33PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

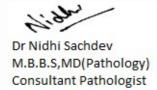
BC PA	AP SMEAR , CERVICAL BRUSH SAMPLE	
	CYTOLOGY NO.	L/1331/24
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Smear shows sheets of superficial, intermediate squamous cells.
Ш	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***

Page 16 of 16





SIN No:CS084961

Patient Name : Mrs.MONIKA GAUTAM
Age/Gender : 31 Y 3 M 17 D/F
UHID/MR No : CIND.0000105532
Visit ID : RINDOPV15791

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 22S31143 Collected : 24/Aug/2024 01:41PM
Received : 24/Aug/2024 07:30PM
Reported : 26/Aug/2024 09:33PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.

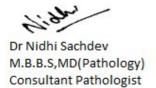
Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

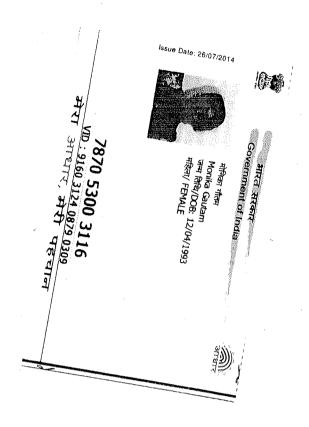
This report is not valid for medico legal purposes.





SIN No:CS084961

KINDLY NOTE: OPTHAL BY GENERAL PHYSICIAN TEST PENDING



FO Cradle

From:

noreply@apolloclinics.info

Sent:

17 August 2024 11:48

To: Cc:

Deepakgm505@gmail.com

Subject:

fo.indira@apollocradle.com Your appointment is confirmed

Apollo Health and Lifestyle Ltd

Dear Monika gautam,

Greetings from Apollo Clinics,

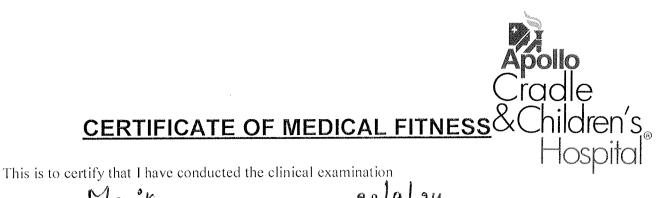
Your corporate health check appointment is confirmed at Apollo Cradle & Children's Hospital Indirapuram clinic on 2024-08-24 at 08:00-08:30.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324]

[&]quot;Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.



of	1 (onika on 28/8/24.	
	reviewing the medical history and on clinical examination it has been found e/she is	
		Tiel
٠	Medically Fit	<u> </u>
	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
	2	
	However the employee should follow the advice/medication that has been communicated to him/her. Review after	D ay
•	Currently Unfit.	
	Review afterrecommended	
•	Unfit Apollo Cradle & Children's Hospital	
	NH-1, Shakti Khand-2, Indirapuram, Ghaziabad-201014	
	Dr.	
	Medical Officer	

This certificate is not meant for medico-legal purposes

Address: NH-1, Shakti Khand 2, Indirapuram, Ghaziabad, Uttar Pradesh – 201014. Ph No: +91 88106 85179, 1860 500 4424

Apollo Specialty Hospitals Private Limited

(Formerly known as Nova Specialty Hospitals Private Limited) CIN - U85100TG2009PTC099414



APOLLO CRADLE- INDRAPURAM

DIET CHART

NAME: Monika

DATE:

2-18/24

AGE:

UHID: Take

green reg,

DIETARY ADVICE FOR A HEALTHY LIFESTYEL

- 1. Consume at least 500 ml. of milk per day (including coffee, tea, curd and buttermilk) preferably toned or double toned.
- 2. Use whole grains and pulses rather than refined cereals like maida.
- 3. If mixing cereals with pulses for chapathi, use in the following proportion; 4 parts of cereal + 1 part of soya atta.
- 4. Liberal intake of green leafy vegetables in the form of soups, salads, mixed vegetable raita, cooked vegetables as sabzis etc.
- 5. Judicious intake of roots and tubers like potatoes, colocasia, sweet potato, yam, etc.
- 6. Prefer taking fruits over their juices.

 Low calorie fruits like apple, papaya, pear, peach, orange, sweet lime melon, pomegranate, guava should be preferred.
- 7. Select roasted snakes such as channa, puffed rice and heart healthy nuts like almonds, walnuts and choose low fat milk beverages over other unhealthy option.
- **8.** Consume at least 2 liter of water every day.
- **9.** A gap of 2 hours is required between dinner and bed time.
- **10.** Cultivate the habit of having food at smaller intervals and in small quantities like 3 major meals and 3-4

- small sneaks in between (fruits, salad and buttermilk)
- **11.** Include white meat only i. e. chicken, fish and egg white in the grilled, boiled or curry form.

FOOD TO BE AVOIDED A LOIL

- 1. Extra sugar in the form of excess coffee, tea, sweets, glucose, soft drinks, honey, jams, jellies, candies, ice cream and other sweetened beverages.
- Deep fried items such as samosa, Kachori, Namkeen, parathas, wafer etc. Eating bakery products on a daily basis.
- 3. Red meat like lamb (mutton), prawns, crab and organ meat.
- 4. Dried fruits like coconut and cashew nuts etc.
- Fruits like avocados, mango, chikoo, grapes, custard apple, jackfruit and big bananas on a daily basis.
- 6. Extra salt on the table (top salt) daily consumption of pckeles, papads, ready-to-eat food, processed foods, salted nuts, salted fish and chutney powders which contain salt as a major preserving agent.

Address: NH-1, Shakti Khand 2, Indirapuram, Ghaziabad, Uttar Pradesh 201014

Mrs. Monika Gautan

Age: 3141F UHID - 1055320 Bill No - 2079.





	Veight 65 Kg	BMI: 25 717 (m)	Waist Circum :	
Temp: 98-6-F Pul	ulse 828pm	Resp: 18 Bpm	B.P: 112/76 mm Hg	1

General Examination/Allergies History

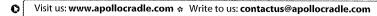
Cinical Diagnosis & Management Plan

resolution were obuce carana were obuce Ades Correct in orb

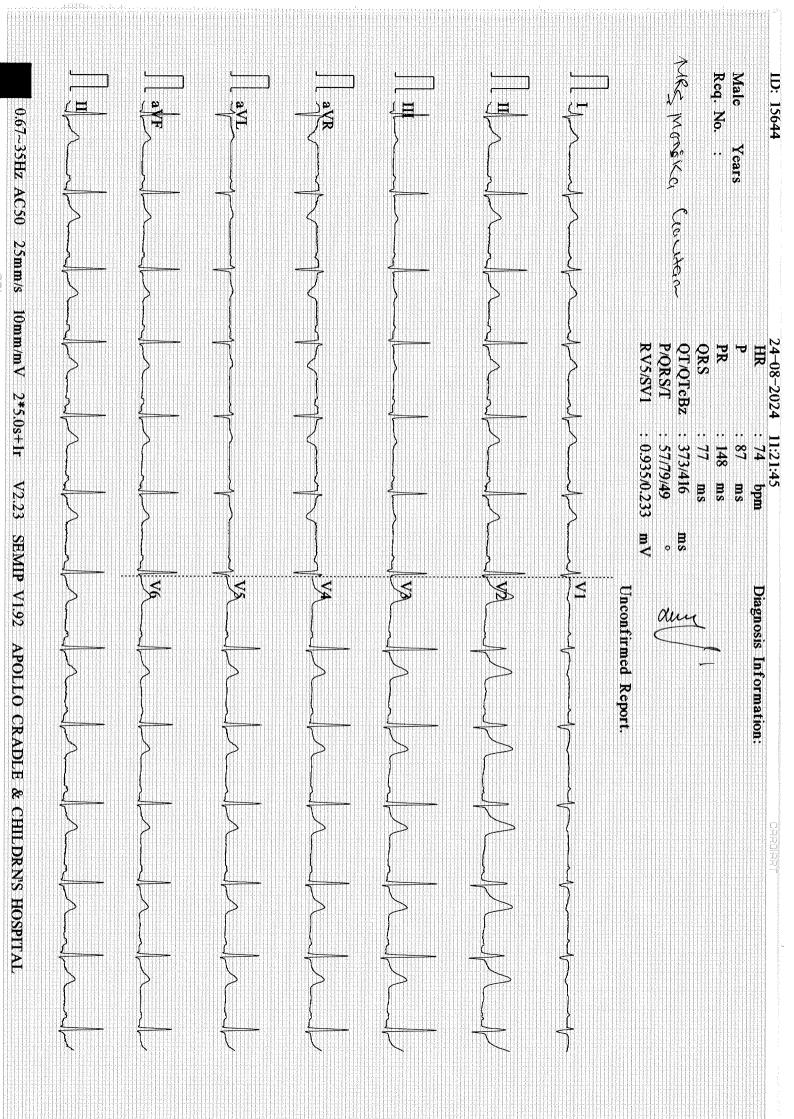
Follow up date

Doctor Signature

OUR NETWORK: AMRITSAR | BENGALURU | CHENNAI | HYDERABAD | DELHI NCR







Dr. ESHU TYAGI MBBS, M.S (Gynae & Obs.) Consultant Obstetrician & Gynecologist M: +91 9717697932

Monika

3/4/F

Apollo Cradle & Children's Hospital

24/8/24

LBC takey.

Pls-Cx (r)
pos discharge white direlary
Vagina (r)

Adu Review & Report

2

Address: NH-1, Shakti Khand 2, Indirapuram, Ghaziabad, Uttar Pradesh – 201014. Ph No: +91 88106 85179, 1860 500 4424

Apollo Specialty Hospitals Private Limited

(Formerly known as Nova Specialty Hospitals Private Limited) CIN - U85100TG2009PTC099414

Date:

Dr. NILOTPAL MISHRA
B.D.S. | M.D.S.
Fellow Head & Neck Oncology
Sr. Consultant Dental
Mobile Number: +91 9625328945, 9667406341



PATIENT NAME:	
	Monika Gautam
UHID:	To the state of th
	CIND: 0000 1055 32

Dignosis

osed prophylaxis- full Mouth scalling.

Doctor Signature:

Address: NH-1, Shakti Khand 2, Indirapuram, Ghaziabad, Uttar Pradesh – 201014. Ph No: +91 88106 85179, 1860 500 4424

Apollo Specialty Hospitals Private Limited

(Formerly known as Nova Specialty Hospitals Private Limited) CIN - U85100TG2009PTC099414





Apollo Cradle

CONSENT FORM

Patient Name: MONIKA SAVTAM Age: 31/F
UHID Number: 10553 Company Name:
I Mr/Mrs/Ms Employee of
(Company) Want to inform you that I am not interested in getting
Tests done which is a part of my routine health check package.
And I claim the above statement in my full consciousness.
Patient Signature: 10wkg Gautem Date:



Age/Gender **Patient Name** : Mrs. Monika Gautam : 31 Y/F : CIND.0000105532 **OP Visit No** UHID/MR No. : RINDOPV15791 Sample Collected on : Reported on : 27-08-2024 13:23 LRN# : RAD2407543 **Specimen Ref Doctor** : SELF Emp/Auth/TPA ID : 22S31143

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: Liver is mildly enlarged in size (16.8cm) and the parenchymal echotexture shows grade-1 diffuse fatty infiltration. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in course and calibre.

GALL BLADDER: Is not seen (Past History of operation). Common duct is not dilated.

PANCREAS: Pancreas is normal in size and echopattern.

SPLEEN: Spleen is normal in size, shape and echopattern. No focal lesion seen. Hilum is normal.

KIDNEYS: Both the kidneys are normal in position, shape, size, outline and echotexture. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact.

Visualized parts of the retroperitoneum do not reveal any lymphadenopathy.

URINARY BLADDER: Urinary bladder is normal in wall thickness with clear contents. No obvious focal lesion seen.

UTERUS: The uterus is normal in size and echotexture. The myometrial echogenicity appears uniform. Endometrium is central and of normal thickness (5.6 mm). **13.4 x 10.7 mm sized small intramural fibroid seen in fundus of uterus.**

OVARIES: Both the ovaries appears normal in size and echopattern. No obvious adnexal mass or collection is seen.

No free fluid seen in cul-de-sac.

IMPRESSION:

- 1. Hepatomegaly with grade 2 Fatty infiltration of the liver.
- 2. Small intramural uterine fibroid as described above.

SUGGEST CLINICAL CORRELATION



Patient Name : Mrs. Monika Gautam Age/Gender : 31 Y/F

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

Dr. SANGEETA AGGARWAL MBBS, MD

Radiology



Patient Name : Mrs. Monika Gautam : 31 Y/F

 UHID/MR No.
 : CIND.0000105532
 OP Visit No
 : RINDOPV15791

 Sample Collected on
 : 27-08-2024 12:22

Ref Doctor : SELF **Emp/Auth/TPA ID** : 22S31143

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both the lung fields and hilar shadows appears normal.

There is no obvious active pleuro-parenchymal lesion seen.

Both the costophrenic and cardiophrenic angles are clear.

Cardiac size appears within normal limits.

Both dome of hemidiaphragms are normal in position and contour.

Thoracic wall and soft tissues under view appear normal.

CONCLUSION:

No obvious abnormality seen

Dr. SANGEETA AGGARWAL MBBS, MD

Radiology

Patient Name : Mrs. Monika Gautam Age : 31 Y/F

UHID : CIND.0000105532 OP Visit No : RINDOPV15791 Conducted By: : Dr. SANJIV KUMAR GUPTA Conducted Date : 24-08-2024 13:51

Referred By : SELF

2D-ECHO WITH COLOUR DOPPLER

Dimensions:

Ao (ed) 2.72 CM 3.26 CM LA (es) LVID (ed) 4.22 CM LVID (es) 2.40 CM IVS (Ed) 1.09 CM 1.27 CM LVPW (Ed) EF 66.00% %FD 33.00%

MITRAL VALVE: NORMAL

AML NORMAL NORMAL

AORTIC VALVE NORMAL

TRICUSPID VALVE NORMAL

RIGHT VENTRICLE NORMAL

INTER ATRIAL SEPTUM NORMAL

INTER VENTRICULAR SEPTUM INTACT

AORTA NORMAL

RIGHT ATRIUM NORMAL

LEFT ATRIUM NORMAL

Pulmonary Valve NORMAL

PERICARDIUM NORMAL

Patient Name : Mrs. Monika Gautam Age : 31 Y/F

UHID : CIND.0000105532 OP Visit No : RINDOPV15791 Conducted By: : Dr. SANJIV KUMAR GUPTA Conducted Date : 24-08-2024 13:51

Referred By : SELF

NO REGIONAL WALL MOTION ABNORMALITY

NORMAL LEFT VENTRICULAR SYSTOLIC FUNCTION

COLOUR AND DOPPLER STUDIES NORMAL

PWD: A>E AT MITRAL INFLOW NORMAL

VELOCITY ACROSS THE AV NORMAL

IMPRESSION:

GOOD LV/RV FUNCTION

NO MR/NO AR /NO TR/NOPAH.NO CLOT

NO PERICARDIAL EFFUSION.

Dr. SANJIV KUMAR Patient Name : Mrs. Monika Gautam Age : 31 Y/F

UHID : CIND.0000105532 OP Visit No : RINDOPV15791 Conducted By: : Dr. SANJIV KUMAR GUPTA Conducted Date : 24-08-2024 13:51

Referred By : SELF

GUPTA