

INV. No. QLSR-INV-H-06803/(2024-2025)(6765)
 Patient Name **Mrs. NAYAN TARA**
 Age/Gen 32 Years | Female
 Referred By **Dr. Self**
 Source BERLIN DIAG CGHS - (3)

Patient ID 6803
 Invoice Generated 26/08/2024 11:12 AM
 Sample Received 26/08/2024 11:12 AM
 Report Generated 26/08/2024 04:59 PM



Report Of Biochemistry Examination

Investigation	Result	Unit(s)	Reference Range
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GLUCOSE FASTING (FBS)

Plasma Glucose(F) Method (GOD-POD Method)	98.4	mg/dL	65 - 110
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Comments:

Fasting Blood Sugar/Glucose test a blood sample will be taken after an overnight fast. A fasting blood sugar level of less than 100mg/dL is normal. A fasting blood sugar level from 100 to 125 mg/dL is considered prediabetes. If it's 126 mg/dL or higher on two separate tests, you have diabetes.

GLUCOSE, POST PRANDIAL 2 HOURS

Plasma Glucose(PP) Method (GOD-POD Method)	140	mg/dL	75 - 140
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Note :

1. The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions
2. Very low glucose levels cause severe CNS dysfunction
3. Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical

GLYCOSYLATED HAEMOGLOBIN

Whole blood HbA _{1c} Method (HPLC)	5.2	%	Non diabetic level($<$ 6.0) Goal($<$ 7.0)
Whole blood eAG (Estimated AverageGlucose Level) Method (CALCULATION)	103	mg/dl	-

Note:

The Parameter indicates control over the last 90 Days

In the Blood, glucose adheres to haemoglobin (Hb) and make Glycosylated haemoglobin/HbA_{1c}, which provides a clue about the average blood glucose level over the last 8-12 weeks and it is an indicator for chronic glycaemic control along with effects of drug, diet and exercise.

In normal individuals, 90% is the adult haemoglobin fraction and the rest 8% is formed by HbA. Reduction of HbA_{1c} value reduces diabetic and cardiological related morbidity and mortality.

The short life span of RBC in haemoglobinopathy and chemically modified derivatives of haemoglobin (carbamyated Hb in renal failure and acetylated Hb, who are taking aspirin) can affect the results. Iron deficiency anaemia, liver disease, opiate addiction may interfere the test value.

HPLC, ion exchange chromatography is the ideal method for HbA_{1c} estimation. The target goal is $<$ 7%.

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Besides HbA_{1c} serum fructosamine can be measured.

American diabetes association guideline

Reference range

Non diabetic adult > 18 years : < 5.7%
 Peditabetes : 5.7% - 6.4%
 Diagnosing diabetes : > 6.5%

Lipid Profile

Serum Triglyceride Method (Enzymatic,end point)	142.6	mg/dL	< 150
Serum Cholesterol Method (Oxidase, Esterase, Peroxidase)	157.3	mg/dL	125 - 200
Serum HDL-Chol Method (PTA/MgC12, Reflectance photometry)	39.3	mg/dL	30 - 65
Serum LDL-Chol Method (Direct Homogeneous, Spectrophotometry)	89.0	mg/dL	85 - 150
Serum VLDL-Chol	29	mg/dL	5 - 40
Serum LDL/HDL Cholesterol Ratio Method (Calculated)	2.26		1.5 - 3.5
Serum Cholesterol/ HDL Ratio Method (Calculated)	4.00		Low Risk(0 - 3) High Risk(5 - 10)

Interpretation :

NATIONAL LIPID ASSOCIATION RECOMMENDATIONS (NLA-2014)	TOTAL CHOLESTEROL in mg/dL	TRIGLYCERIDE in mg/dL	LDL CHOLESTEROL in mg/dL	NON HDL CHOLESTEROL in mg/dL
Optimal	<200	<150	<100	<130
Above Optimal	-	-	100- 129	130 - 159
Borderline High	200-239	150-199	130-159	160 - 189
High	>=240	200-499	160-189	190 - 219
Very High	-	>=500	>=190	>=220

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Note :

- Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL & LDL Cholesterol.
- Lipid Association of India (LAI) recommends screening of all adults above the age of 20 years for Atherosclerotic Cardiovascular Disease (ASCVD) risk factors especially lipid profile. This should be done earlier if there is family history of premature heart disease, dyslipidemia, obesity or other risk factors.
- Indians tend to have higher triglyceride levels & Lower HDL cholesterol combined with small dense LDL particles, a pattern known as atherogenic dyslipidemia.
- Non HDL Cholesterol comprises the cholesterol carried by all atherogenic particles, including LDL, IDL, VLDL & VLDL remnants, Chylomicron remnants & Lp(a).
- LAI recommends LDL cholesterol as primary target and Non HDL cholesterol as co-primary treatment target.
- Apolipoprotein B is an optional, secondary lipid target for treatment once LDL & Non HDL goals have been achieved.
- Additional testing for Apolipoprotein B, hsCRP, Lp(a) & LP-PLA2 should be considered among patients with moderate risk for ASCVD for risk refinement

Liver Function Test (LFT)

Serum Bilirubin (Total) Method (By Diphylline, Diazonium Salt)	0.69	mg/dL	0.2 - 1.3
Serum Bilirubin (Direct) Method (Diphylline, Diazonium Salt)	0.22	mg/dL	0.1 - 0.4
Serum Bilirubin (Indirect) Method (Calculated)	0.47	mg/dL	0.2 - 1.1
Serum SGOT Method (IFCC)	37.7	U/L	17 - 59
Serum SGPT Method (IFCC)	63.4	U/L	21 - 72
Alkaline phosphatase (ALP) Method (IFCC)	88.8	U/L	Adult (38 - 126)
Serum Total Protein Method (Biuret Method)	7.0	g/dL	Adult(6.2 - 8.2) Children(5.6 - 8.4)
Serum Albumin Method (BCG)	4.1	gm/dL	Newborn Children(2.4 - 4.8) Adult(3.5 - 5.0)
Serum Globulin Method (Calculated)	2.90	g/dL	Adult(2.3 - 3.6)

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Serum A/G Ratio Method (BCG)	1.41		1.0 - 2.3

Note

1. In an asymptomatic patient, Non alcoholic fatty liver disease (NAFLD) is the most common cause of increased AST, ALT levels. NAFLD is considered as hepatic manifestation of metabolic syndrome.
2. In most type of liver disease, ALT activity is higher than that of AST; exception may be seen in Alcoholic Hepatitis, Hepatic Cirrhosis, and Liver neoplasia. In a patient with Chronic liver disease, AST:ALT ratio>1 is highly suggestive of advanced liver fibrosis.
3. In known cases of Chronic Liver disease due to Viral Hepatitis B & C, Alcoholic liver disease or NAFLD, Enhanced liver fibrosis (ELF) test may be used to evaluate liver fibrosis.
4. In a patient with Chronic Liver disease, AFP and Des-gamma carboxyprothrombin (DCP)/PIVKA II can be used to assess risk for development of Hepatocellular Carcinoma.

Kidney Function Test (KFT)

Serum Urea Method (GLDH,Kinetic Assay)	21.9	mg/dL	Adult (17 - 43) New Born (8.4 - 25.8) Infant (10.8 - 38.4)
Serum Creatinine Method (Modified Jaffe, Kinetic)	0.98	mg/dL	Female: (0.72-1.18) Neonate : (0.26 - 1.01) Infant { 2months - less than 3 yrs } : (0.15- 0.37) Children { 3 yrs - less than 15 yrs } : (0.24 -0.73)
Serum Uric Acid Method (uricase-Colorimetric)	3.5	mg/dL	3.5 - 8.5
Serum Sodium Method (By Indirect ISE)	139.8	mmol/L	136 - 145
Serum Potassium Method (By Indirect ISE)	3.84	mmol/L	3.5 - 5.1
Serum Chloride Method (By Ion-selective Electrode)	104.1	mmol/L	98 - 107

~~~~~ End of report ~~~~~

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## Report Of Clini Patho Examination

| Investigation                                          | Result      | Unit(s) | Reference Range |
|--------------------------------------------------------|-------------|---------|-----------------|
| <b>Urine Routine and Microscopic Examination (R/M)</b> |             |         |                 |
| <b>Physical Examination</b>                            |             |         |                 |
| Colour                                                 | Yellowish   |         | Pale Yellow     |
| Urine Appearance                                       | Transparent |         |                 |
| Urine Deposit                                          | Absent      |         |                 |
| Urine Specific Gravity                                 | 1.015       |         | 1.010 - 1.030   |
| Urine Reaction                                         | Acidic      |         |                 |
| <b>Chemical Examination</b>                            |             |         |                 |
| Urine Glucose (Sugar)                                  | Absent      | gm%     |                 |
| Urine Protein (Albumin)                                | Absent      |         |                 |
| Urine pH                                               | 6.0         |         | 6.0             |
| Urine Ketone Body                                      | Absent      |         |                 |
| Urine Blood                                            | Negative    |         |                 |
| Urine Phosphate (Amorphous deposits)                   | Absent      |         |                 |
| <b>Urine Microscopic Examination</b>                   |             |         |                 |
| Urine Red blood cells                                  | Absent      | /HPF    | 0 - 2           |
| Urine Pus Cells                                        | 1-2         | /HPF    | 0 - 5           |
| Urine Epithelial cells                                 | 0-1         | /HPF    | 0 - 4           |
| Urine Bacteria                                         | Absent      |         |                 |
| Urine Cast                                             | Absent      | /HPF    |                 |
| Urine Crystals                                         | Absent      | /HPF    |                 |
| Urine Yeast cells                                      | Absent      |         |                 |

~~~~~ End of report ~~~~~

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Report Of Haematology Examination

| Investigation | Result | Unit(s) | Reference Range |
|---|--------|--------------|--|
| ERYTHROCYTE SEDIMENTATION RATE | | | |
| ESR
Method (Westergren & Manual) | 20 | mm | < 20 |
| Note | | | |
| 1. C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions. | | | |
| 2. Test conducted on EDTA whole blood at 37°C. | | | |
| 3. ESR readings are auto- corrected with respect to Hematocrit (PCV) values | | | |
| COMPLETE BLOOD COUNT | | | |
| Haemoglobin (Hb)%
Method (By Sahlis Method) | 11.7 | gm% | Adult Men (13 - 18)
Adult Women (11.5 - 16.5)
Children (11 - 13) |
| PCV | 39.3 | % | Children (1-6) : (12 - 14)
Children (6-12) : (12 - 14)
35 - 45 |
| Total Platelets Count (PC) | 2.4 | Lacs Per cmm | 1.5 - 4 |
| Total RBC (Red Cell Count) | 4.7 | mill./uL | Women (4.2 - 5.4)
Male (4.7 - 6.1)
Children (4.6 - 4.8) |
| Total Leucocyte Count (TLC)
Method (Flow Cytometry) | 8,400 | Per cmm | Adult :- (4,000 - 11,000)
New Born (10,000 - 26,000)
(1-4) Years : (6,000 - 18,000)
(5-7) Years : (5,000 - 15,000)
(8-12) Years : (4,500 - 12,500) |
| MCV | 83.2 | fL | 76 - 96 |
| MCH | 26.6 | pg | 22 - 32 |
| MCHC | 30.2 | g/dL | 30 - 35 |
| Differential count of Leucocytes | | | |
| Neutrophils | 64 | % | 40 - 70 |
| Lymphocytes | 32 | % | 15 - 40 |
| Monocytes | 00 | % | 00 - 6 |
| Eosinophils | 04 | % | 0.5 - 7 |
| Basophils | 00 | % | 00 - 01 |

Comment :

CBC is a powerful diagnostic tool in various hematological and non-hematological conditions. It can be

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Report Of Haematology Examination

| Investigation | Result | Unit(s) | Reference Range |
|---------------|--------|---------|-----------------|
|---------------|--------|---------|-----------------|

used to diagnose various conditions like anemia, hemoglobinopathies, infections. leukemia, nutritional deficiencies, parasitemias, etc. For microcytic indices, a Mentzer index of less than 13 suggests that the patient may have thalassemia trait, and an index of more than 13 suggests that the patient may have iron deficiency.

~~~~~ End of report ~~~~~

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## Report Of Immunology Examination

| Investigation               | Result | Unit(s) | Reference Range                                                                                                                                                                                                                                      |
|-----------------------------|--------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>(Thyroid Profile-I)</b>  |        |         |                                                                                                                                                                                                                                                      |
| Serum T3<br>Method (ECLIA)  | 1.20   | ng/mL   | (0.8 - 2.0)<br>11-15 Years ( 0.83 - 2.13 )<br>1-10 Years ( 0.94 - 2.69 )<br>1-12 Months ( 1.05 - 2.45 )<br>1-7 Days ( 0.36 - 3.16 )<br>1-4 Weeks ( 1.05 - 3.45 )                                                                                     |
| Serum T4<br>Method (ECLIA)  | 8.46   | µg/dL   | (5.1 - 14.1)<br>1-12 Months ( 5.9 - 16 )<br>1-7 Days ( 11 - 22 )<br>1-4 Weeks ( 8.2 - 17 )<br>1-10 Years ( 6.4 - 15 )                                                                                                                                |
| Serum TSH<br>Method (ECLIA) | 2.64   | µIU/mL  | 11-15 Years ( 5.5 - 12 )<br>Up to 1 Week (0.7-11.0)<br>1 week-4 week (0.7- 11.0)<br>1-12 Months (0.7- 8.4)<br>1-19 Years (0.6-4.9)<br>19 Years Above (0.5-5.5)<br>1st Trimester (0.6 - 3.4)<br>2nd Trimester (0.37 - 3.6) 3rd Trimester(0.38 - 4.04) |

Mild to moderate degree of elevation normal T3&T4 levels indicates impaired thyroid hormone reserves and indicates subclinical hypothyroidism.

Mild to moderate decrease with normal T3 & T4 indicates subclinical hyperthyroidism.

TSH measurement is used for screening & diagnosis of Euthyroidism, hypothyroidism & hyperthyroidism. Suppressed TSH (< 0.01 µ IU/ml) suggests diagnosis of hyperthyroidism.

Elevated concentration of TSH (>7 µ IU/ml) suggest diagnosis of hypothyroidism.

Please correlate clinically.

~~~~~ End of report ~~~~~

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