







Barcode No : 490488

Patient Name : MRS. TANYA NAYAN

Age/Gender : 34 Y 0 M 0 D /F

Ref Doctor : Dr.SELF

Collected By : Dr.SELF

: WHOLE BLOOD EDTA Sample Type

Registration : 03/Sep/2024 04:30PM

: 03/Sep/2024 04:36PM Received

Reported : 03/Sep/2024 05:18PM

: UP528 Client Code

Client Add : INDIRAPURAM

HAEMATOLOGY

Observed Value Test Description Unit **Reference Range**

ERYTHROCYTE SEDIMENTATION RATE

ERYTHROCYTE SEDIMENTATION RATE

26

mm/1st hr

0-15

Westergren

COMMENTS: ESR is an acute phase reactant that indicates the presence and intensity of an inflammatory process. It is never diagnostic of a specific disease. It is used to monitor the course or response to treatment of certain diseases. Extremely high levels are found in cases of malignancy, hematologic diseases, collagen disorders, and renal diseases. Increased levels may indicate: Chronic renal failure (e.g., nephritis, nephrosis), malignant diseases (e.g., multiple myeloma, Hodgkin disease, advanced Carcinomas), bacterial infections (e.g., abdominal infections, acute pelvic inflammatory disease, syphilis, pneumonia), inflammatory diseases (e.g. temporal arteritis, polymyalgia rheumatic, rheumatoid arthritis, rheumatic fever, systemic lupus erythematosus [SLE]), necrotic diseases (e.g., acute myocardial infarction, necrotic tumor, gangrene of an extremity), diseases associated with increased proteins (e.g., hyperfibrinogenemia, macroglobulinemia), and severe anemias (e.g., iron deficiency or B12 deficiency).

Falsely decreased levels may indicate Sickle cell anemia, spherocytosis, hypofibrinogenemia, or polycythemia vera.























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Sample Type : WHOLE BLOOD EDTA

Registration : 03/Sep/2024 04:30PM

Received : 03/Sep/2024 04:36PM Reported : 03/Sep/2024 05:17PM

Client Code : UP528

Client Add : INDIRAPURAM

HAEMATOLOGY

| Test Description | Observed Value | Unit | Reference Range |
|------------------|-----------------------|------|-----------------|
| | | | |

COMPLETE BLOOD COUNT

| HAEMOGLOBIN (Hb) | | 10.2 | gm/dl | 12.00-15.00 |
|---|----------------|--------|---------|-------------|
| Colorimetric SLS | | | | |
| RED BLOOD CELLS- RBC COUNT | Γ | 5.0 | 10^6/uL | 4.50-5.50 |
| Electrical Impedance | IEN 4 A TOCOLT | 22.0 | 0/ | 26 46 |
| PACKED CELL VOLUME (PCV) -H Calculated | IEMATOCKII | 33.0 | % | 36 - 46 |
| MCV | | 66.6 | fL | 83-101 |
| Calculated | | 00.0 | 12 | 05 101 |
| MCH | | 19.9 | pg | 27-32 |
| Calculated | | | | |
| MCHC | | 29.9 | g/dl | 32-36 |
| Calculated | | | | |
| RED CELL DISTRIBUTION WIDTH | l (RDW-CV) | 17.4 | % | 11.5-14.5 |
| Whole blood EDTA, Flow Cytometry | . (22) (2) | | 61 | 20.0.46.0 |
| RED CELL DISTRIBUTION WIDTH Whole Blood EDTA, Calculated | 1 (KDW - SD) | 37.6 | fl | 39.0-46.0 |
| PLATELET COUNT | | 216 | 10^3/μL | 150-410 |
| Electrical Impedance | | 210 | 10 3/μ2 | 150 410 |
| PLATELET DISTRIBUTION WIDTH | H (PDW) | 15.1 | fL | 9.00-17.00 |
| Whole Blood EDTA, Calculated | ` , | | | |
| PCT(PLATELETCRIT) | | 0.26 | % | 0.108-0.282 |
| Whole blood EDTA,Flow Cytometry | | | | |
| MEAN PLATELET VOLUME - MP | V | 13 | fL | 7.00-12.00 |
| Calculated | | F2 | | |
| P-LCR | | 53 | 0.4 | 20.0.00.0 |
| P-LCC Calculated | | 114.00 | % | 30.0-90.0 |
| TOTAL LEUKOCYTE COUNT (TLC | -1 | 7.12 | 10^3/μL | 4.0-10.0 |
| Laser - Based Flow Cytometry / Micro | , | 7.12 | 10 3/μΕ | 4.0 10.0 |
| DIFFERENTIAL LEUKOCYTE COU | = - | | | |
| Neutrophils | | 56.6 | % | 40-80 |
| Laser - Based Flow Cytometry / Micro | scopy | - | | |
| | | | | |



DR.NITIN KUMAR MD PATHOLOGIST DMC NO:-30700



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Barcode No : 490488

Patient Name : MRS. TANYA NAYAN

Age/Gender : 34 Y 0 M 0 D /F

Ref Doctor : Dr.SELF

Collected By : Dr.SELF

Sample Type : WHOLE BLOOD EDTA

Registration : 03/Sep/2024 04:30PM

Received : 03/Sep/2024 04:36PM Reported : 03/Sep/2024 05:17PM

Client Code : UP528

Client Add : INDIRAPURAM

| HAEMATOLOGY | | | | | |
|---|----------------|---------|-----------------|--|--|
| Test Description | Observed Value | Unit | Reference Range | | |
| Lymphocytes Laser - Based Flow Cytometry / Microscopy | 35.7 | % | 20-40 | | |
| Eosinophils Laser - Based Flow Cytometry / Microscopy | 2.0 | % | 1-6 | | |
| Monocytes Laser - Based Flow Cytometry / Microscopy | 5.0 | % | 2-10 | | |
| Basophils Whole blood EDTA, Flow Cytometry | 0.7 | % | 0.00-1.00 | | |
| ABSOLUTE NEUTROPHIL COUNT Whole Blood EDTA, Calculated | 4.03 | 10^3/μL | 2.00-7.00 | | |
| ABSOLUTE LYMPHOCYTE COUNT Calculated | 2.54 | 10^3/μL | 1.00-3.00 | | |
| ABSOLUTE EOSINOPHIL COUNT Calculated | 0.14 | 10^3/μL | 0.02-0.50 | | |
| ABSOLUTE MONOCYTE COUNT Calculated | 0.36 | 10^3/μL | 0.20-1.00 | | |
| ABSOLUTE BASOPHIL COUNT Calculated | 0.05 | 10^3/μL | 0.02-0.10 | | |
| | | | | | |





















: 03/Sep/2024 04:30PM



Barcode No : 490490 Registration

Patient Name : MRS. TANYA NAYAN : 03/Sep/2024 04:36PM Received Age/Gender : 34 Y 0 M 0 D /F Reported : 03/Sep/2024 05:12PM

Ref Doctor : Dr.SELF Client Code : UP528

Collected By : Dr.SELF Client Add : INDIRAPURAM

Sample Type : SERUM

| BIOCHEMIS | TDV |
|-------------|-----|
| DIUCHEIVIIS | INI |

| DIOCHEIVIISTRY | | | | | | |
|---|---|--------------|---------|-----------------|--|--|
| Test Description | | Observed Val | ue Unit | Reference Range | | |
| LIVER FUNCTION TEST | | | | | | |
| TOTAL BILIRUBIN Diazo | | 1.11 | mg/dL | 0.10 - 1.2 | | |
| CONJUGATED (D. Bilirubin) Diazo | | 0.23 | mg/dL | 0.0 - 0.30 | | |
| UNCONJUGATED (I.D. Bilirubin Calculated |) | 0.88 | mg/dl | 0.0 - 1.0 | | |
| S.G.P.T UV without P5P | | 27 | U/L | 0-35 | | |
| SGOT UV without P5P | | 21 | U/L | 0-40 | | |
| ALKALINE PHOSPHATASE AMP | | 79.62 | U/L | 42 - 98 | | |
| TOTAL PROTEINS Biuret | | 6.5 | g/dL | 6.4 - 8.3 | | |
| ALBUMIN Bromocresol Green | | 4.1 | g/dL | 3.5 - 5.2 | | |
| GLOBULIN Calculated | | 2.36 | g/dL | 2.30-4.50 | | |
| A/G RATIO Calculated | | 1.74 | | 1.0-2.3 | | |

INTERPRETATION

Bilirubin Elevated levels results from increased bilirubin production (eg hemolysis and ineffective erythropoiesis); decreased bilirubin

conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts tumors & Scarring of the bile ducts.

Increased unconjugated (indirect) bilirubin may be a result of hemolytic or pernicious anemia, transfusion reaction & a common metabolic condition termed Gilbert syndrome

AST levels increase in viral hepatitis, blockage of the bile duct ,cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. Ast levels may also increase after a heart attck or strenuous activity.

ALT is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.

GGT may be higher with diabetes, heart failure, hyperthyroidism, or pancreatitis. Higher GGT levels also may mean liver damage from heavy, chronic alcohol abuse. GGT levels that are higher than normal may also signal a viral infection

Elevated ALP levels are seen in Biliary Obstruction, Osteoblastic Bone Tumors, Osteomalacia, Hepatitis, Hyperparathyriodism, Leukemia, Lymphoma, paget's disease, Rickets, Sarcoidosis etc. Elevated serum GGT activity can be found in diseases of the liver, Biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-including drugs

Serum total protein, in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation







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Reported

Barcode No : 490490

Patient Name : MRS. TANYA NAYAN

Age/Gender : 34 Y 0 M 0 D /F

Ref Doctor : Dr.SELF

Collected By : Dr.SELF

Sample Type : SERUM Registration : 03/Sep/2024 04:30PM

: 03/Sep/2024 04:36PM Received

: 03/Sep/2024 05:12PM

Client Code : UP528

Client Add : INDIRAPURAM

BIOCHEMISTRY

Test Description Observed Value Unit **Reference Range**

or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition,















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: 03/Sep/2024 04:30PM



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 : 03/Sep/2024 04:36PM

 Age/Gender
 : 34 Y 0 M 0 D /F
 Reported
 : 03/Sep/2024 05:12PM

Ref Doctor : Dr.SELF Client Code : UP528

Collected By : Dr.SELF Client Add : INDIRAPURAM

Sample Type : SERUM

| DI. | \sim | \sim L | ΝЛ | ICT | ΓRY |
|-----|--------|----------|-----|-----|-----|
| וח | u | . п | IVI | 1.3 | ואו |

| Test Description | Observed Value | Unit | Reference Range |
|---|-----------------------|-------|---|
| LIPID PROFILE | | | |
| TOTAL CHOLESTEROL Cholesterol Oxidase,PAP | 140.47 | mg/dl | <200 Desirable~200 – 239 Borderline >240 High Risk |
| TRIGLYCERIDES GPO-TRINDER | 90.42 | mg/dL | Normal: <161~High: 161 - 199~Hyper Triglyceridemic: 200 - 499~Very High: >499 |
| H D L CHOLESTEROL Direct Enzymatic Colorimetric | 42 | mg/dl | >40 Recommended Range |
| L D L CHOLESTEROL Calculated | 80.39 | mg/dl | 70-130 |
| VLDL Spectrophotmetry/Calculated | 18.08 | mg/dl | 0.00-45.0 |
| T. CHOLESTEROL/ HDL RATIO Calculated | 3.34 | Ratio | 3.40-4.40 |
| LDL / HDL RATIO Calculated | 1.91 | Ratio | 1.0-3.5 |

COMMENT:-

(#). A lipid panel measures five different types of lipids from a blood sample, including:

- (1). Total cholesterol: This is your overall cholesterol level the combination of LDL-C, VLDL-C and HDL-C.
- (2). Low-density lipoprotein (LDL) cholesterol: This is the type of cholesterol that's known as "bad cholesterol." It can collect in your blood vessels and increase your risk of cardiovascular disease.
- (3). Very low-density lipoprotein (VLDL) cholesterol: This is a type of cholesterol that's usually present in very low amounts when the
- blood sample is a fasting samples since it's mostly comes from food you've recently eaten. An increase in this type of cholesterol in a fasting sample may be a sign of abnormal lipid metabolism.
- (4). High-density lipoprotein (HDL) cholesterol: This is the type of cholesterol that's known as "good cholesterol." It helps decrease the buildup of LDL in your blood vessels.
- (5).Triglycerides: This is a type of fat from the food we eat. Excess amounts of triglycerides in your blood are associated with cardiovascular disease and pancreatic inflammation.



















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 : 03/Sep/2024 05:12PM

Ref Doctor : Dr.SELF Client Code : UP528

Collected By : Dr.SELF Client Add : INDIRAPURAM

Sample Type : Serum

BIOCHEMISTRY

| <u> Biochelmotti</u> | | | | |
|----------------------|----------------|------|-----------------|--|
| Test Description | Observed Value | Unit | Reference Range | |

HBA1C

HBA1c 5.6 %
HPLC

ESTIMATED AVG. GLUCOSE 114.02 mg/dl

Ref Range for HBA1c Non-Diabetic :- 4.0 - 5.6Increased Risk:- 5.7 - 6.4

In Diabetics:

Excellent Control: 6.5 - 7.0Fair To Good Control: 7.0 - 8.0Unsatisfactory Control:- 8.0 - 10

Poor Control: >10

COMMENT:

The Glycosylated Hemoglobin (HbA1c or A1c) test evaluates the average amount of glucose in the blood over the last 2 to 3 months.

This test is used to monitor treatment in someone who has been diagnosed with diabetes.

It helps to evaluate how well the person's glucose levels have been controlled by treatment over time. This test may be used to screen for and diagnose diabetes or risk of developing diabetes.

Depending on the type of diabetes that a person has, how well their diabetes is controlled, and on doctor recommendations, the HbA1c test may be measured 2 to 4 times each year.

The American Diabetes Association recommends HbA1c testing in diabetics at least twice a year.

When someone is first diagnosed with diabetes or if control is not good, HbA1c may be ordered more frequently.

Note: If a person has anemia, few type of hemoglobinopathy, hemolysis, or heavy bleeding, HbA1c test results may be falsely low.

If someone is iron-deficient, the HbA1c level may be increased.

If a person has had a recent blood transfusion, the HbA1c may be inaccurate and may not accurately reflect glucose control for 2 to 3 months.



















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Collected By : Dr.SELF Client Add : INDIRAPURAM

Sample Type : Serum

BIOCHEMISTRY

| Test Description | Observed Value | Unit | Reference Range | |
|------------------|----------------|------|-----------------|--|

FASTING BLOOD SUGAR

Plasma Glucose Fasting 93.1 mg/dL 70 -110 Glucose Oxidase/Peroxidase

INTERPRETATION:

Fasting blood sugar test. A blood sample will be taken after an overnight fasting blood sugar level less than 100mg/dL is normal. A fasting blood sugar level from 100 to 125 mg/dL is considered prediabetes. If it's 126 mg/dL or higher on two separate tests, you have diabetes.

GGT

GGT 35 U/L 12.0-58.0 IFCC

INTERPRETATION:

GGT functions in the body as a transport molecule, helping to move other molecules around the body. It plays a significant role in helping the liver metabolize drugs and other toxins. Increased GGT include overuse of alcohol, chronic viral hepatitis, lack of blood flow to the liver, liver tumor, cirrhosis, or scarred liver, overuse of certain drugs or other toxins, heart failure, diabetes, pancreatitis, fatty liver disease.



















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 : 03/Sep/2024 05:12PM

Ref Doctor : Dr.SELF Client Code : UP528

Collected By : Dr.SELF Client Add : INDIRAPURAM

Sample Type : SERUM

| | BIOCHEMISTRY | | |
|------------------|---------------------|------|-----------------|
| Test Description | Observed Value | Unit | Reference Range |
| | | | |

KIDNEY FUNCTION TEST

| SERUM UREA Serum,Urease GLDH | 26.10 | mg/dL | 19.0 - 45.0 |
|---|--------|--------|-------------|
| SERUM CREATININE Enzymatic | 0.75 | mg/dL | 0.7-1.30 |
| SERUM URIC ACID Serum,Uricase | 3.1 | mg/dl | 2.6 - 6.0 |
| SERUM SODIUM ISE, Direct | 139.20 | mmol/L | 135-150 |
| SERUM POTASSIUM ISE, Direct | 4.15 | mmol/L | 3.5-5.5 |
| SERUM CHLORIDE ISE, Direct | 101.24 | mmol/L | 94-110 |
| Blood Urea Nitrogen (BUN) Calculated | 12.2 | mg/dl | 8.00-23.0 |
| UREA / CREATININE RATIO | 34.80 | | |
| SERUM TOTAL CALCIUM BAPTA | 8.95 | mg/dl | 8.4-10.6 |

INTERPRETATION:

Normal range for a healthy person on normal diet: 12 - 20.

To Differentiate between pre- and postrenal azotemia.

INCREASED RATIO (>20:1) WITH NORMAL CREATININE:

- 1.Prerenal azotemia (BUN rises without increase in creatinine) e.g. heart failure, salt depletion, dehydration, blood loss) due to decreased glomerular filtration rate.
- 2. Catabolic states with increased tissue breakdown.
- 3.GI hemorrhage.
- 4. High protein intake.
- 5.Impaired renal function plus.
- 6.Excess protein intake or production or tissue breakdown (e.g. infection, GI bleeding, thyrotoxicosis, Cushings syndrome, high







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Registration



: 03/Sep/2024 04:30PM



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 Age/Gender
 : 34 Y 0 M 0 D /F
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 : 03/Sep/2024 05:12PM

Ref Doctor : Dr.SELF Client Code : UP528

Collected By : Dr.SELF Client Add : INDIRAPURAM

Sample Type : SERUM

BIOCHEMISTRY

Test Description Observed Value Unit Reference Range

protein diet, burns, surgery, cachexia, high fever).

7. Urine reabsorption (e.g. ureterocolostomy)

8.Reduced muscle mass (subnormal creatinine production)

9. Certain drugs (e.g. tetracycline, glucocorticoids)

INCREASED RATIO (>20:1) WITH ELEVATED CREATININE LEVELS:

1. Postrenal azotemia (BUN rises disproportionately more than creatinine) (e.g. obstructive uropathy).

2.Prerenal azotemia superimposed on renal disease.

DECREASED RATIO (<10:1) WITH DECREASED BUN:

1. Acute tubular necrosis.

2.Low protein diet and starvation.

3. Severe liver disease.

4.Other causes of decreased urea synthesis.

5. Repeated dialysis (urea rather than creatinine diffuses out of extracellular fluid).

6.Inherited hyperammonemias (urea is virtually absent in blood).

7.SIADH (syndrome of inappropiate antidiuretic harmone) due to tubular secretion of urea.

8.Pregnancy.

DECREASED RATIO (<10:1) WITH INCREASED CREATININE:

1. Phenacimide therapy (accelerates conversion of creatine to creatinine).

2. Rhabdomyolysis (releases muscle creatinine).

3. Muscular patients who develop renal failure.

INAPPROPIATE RATIO:

1. Diabetic ketoacidosis (acetoacetate causes false increase in creatinine with certain methodologies, resulting in normal ratio when dehydration should produce an increased BUN/creatinine ratio).

2. Cephalosporin therapy (interferes with creatinine measurement).







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Received

Barcode No : 490487

Patient Name : MRS. TANYA NAYAN

Age/Gender : 34 Y 0 M 0 D /F

Ref Doctor : Dr.SELF Collected By : Dr.SELF

Sample Type : Urine Registration : 03/Sep/2024 04:30PM

: 03/Sep/2024 04:36PM

Reported : 03/Sep/2024 05:30PM

Client Code : UP528

Client Add : INDIRAPURAM

CLINICAL PATHOLOGY

Test Description Observed Value Unit **Reference Range**

URINE FOR SUGAR - FASTING

NIL Result Nil

Benedicts test

INTERPRETATION:

When the glucose level in blood exceeds the renal thresholds of glucose (160-180mg/dl) glucose starts to appear in urine. Glucose in urine gets excreted in diabetes mellitus. Elevated level of glucose in urine may also be a result of renal glucosuria. Other causes of glucose in urine are hyperthyroidism, high sugar diet, liver cirrhosis.























Barcode No : 490490

Patient Name : MRS. TANYA NAYAN

Age/Gender : 34 Y 0 M 0 D /F

Ref Doctor : Dr.SELF

Collected By : Dr.SELF

Sample Type : SERUM

: 03/Sep/2024 04:30PM Registration

: 03/Sep/2024 04:36PM Received

Reported : 03/Sep/2024 05:32PM Client Code : UP528

Client Add : INDIRAPURAM

HORMONE ASSAYS

Observed Value Test Description Unit **Reference Range**

THYROID PROFILE. (T3,T4,TSH)

TRIODOTHYRONINE TOTAL (T3) CLIA

1.05

ng/mL

0.8 - 1.9

Summary & Interpretation:.

Triiodothyronine (T3) is the hormone principally responsible for the development of the effects of the thyroid hormones on the various target organs T3 is mainly formed extrathyroidally, particularly in the liver, by deiodination of T4. A reduction in the conversion of T4 to T3 results in a fall in the T3 concentration. It Occurs under the influence of medicaments such as propanolol, glucocorticoids or amiodarone and in severe non-thyroidal illness (NTI). The determination of T3 is utilized in the diagnosis of T3-hyperthyroidism, the detection of early stages of hyperthyroidism and for indicating a diagnosis of thyrotoxicosis factitia.

THYROXINE TOTAL (T4)

9.6

ug/dL

5.0 - 13.0

CLIA

Summary & Interpretation:

The hormons thyroxime (T4) is the main product secreted by the thyroid gland. The major part of total thyroxime (T4) in serum is present in protein-bound form. As the concentration of the transport proteins in serum are subject to exogenous and endogenous effects, the status of the binding proteins must also be taken in to account in the assessment of the thyroid hormone concentration in serum. The determination of T4 can be utilized for the following indications: the detection of hyperthyroidism, the detection of primary and secondary hypothyroidism and the monitoring of TSH-suppression therapy

THYROID STIMULATING HORMONE (TSH)

3.425

uIU/mL

Summary & Interpretation

TSH is formed in specific basophil cells of the anterior pituitary and is subject to a circardian secretion sequence. The determination of TSH serves as the initial test in thyroid diagnostics. Accordingly, TSH is a very sensitive and specific parameter for assessing thyroid function and is particularl suitable for early detection or exclusion of disorders in the central regulating circuit between the hypothalamus, pituitary and thyroid.

- 1.TSH levels are subject to circadian variation, reaching peak levels between 2 4.a.m. and at a minimum between6-10 pm .The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations
- 2. Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.
- 3. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy. 4. Clinical Use: Primary Hypothyroidism, Hyperthyroidism, Hypothalamic Pituitary hypothyroidism, Inappropriate TSH secretion, Nonthyroidal illness, Autoimmune thyroid disease, Pregnancy associated thyroid disorders

| PREGNANCY | REFERENCE RANGE FOR TSH IN uIU/mL |
|---------------|-----------------------------------|
| 1st Trimester | 0.05 - 3.70 |
| 2nd Trimester | 0.31 – 4.35 |
| 3rd Trimester | 0.41– 5.18 |

*** End Of Report ***



NKumar MD PATHOLOGIST

JEHAN NIZAMI

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HEALIC MULTISPECIALITY CLINIC

ExStart

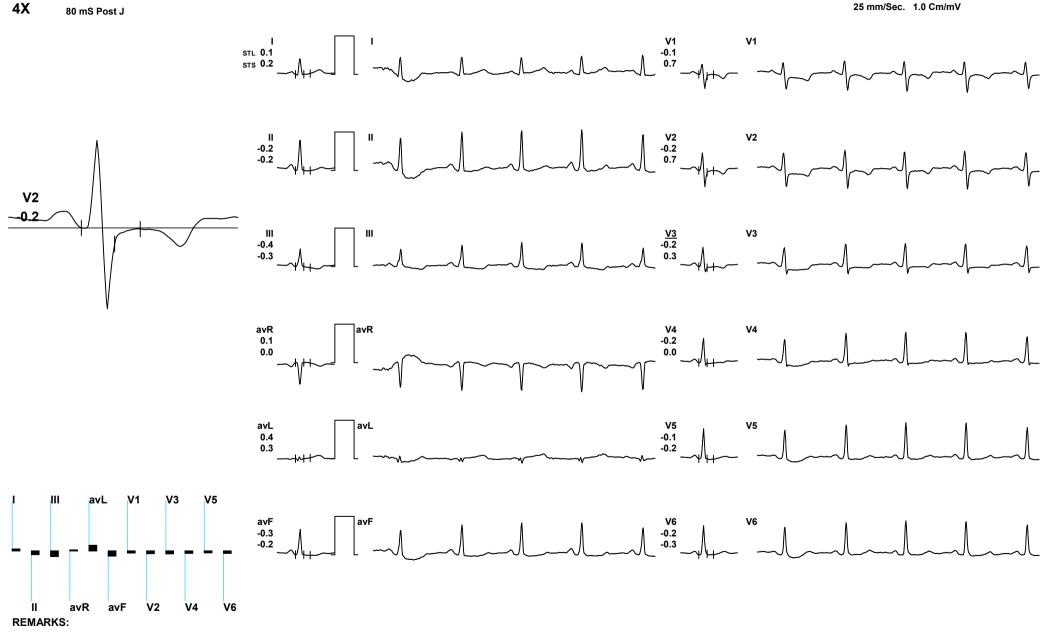


TANYA / 34 Yrs / F / 0 Cms / 0 Kg / HR : 91

Date: 03 - 09 - 2024

METS: 1.0/ 91 bpm 49% of THR BP: ---/--- mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%





TANYA / 34 Yrs / F / 0 Cms / 0 Kg / HR : 120

Date: 03 - 09 - 2024 METS: 4.7/ 120 bpm 65% of THR BP: 100/67 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 1.7 mph, 10.0%

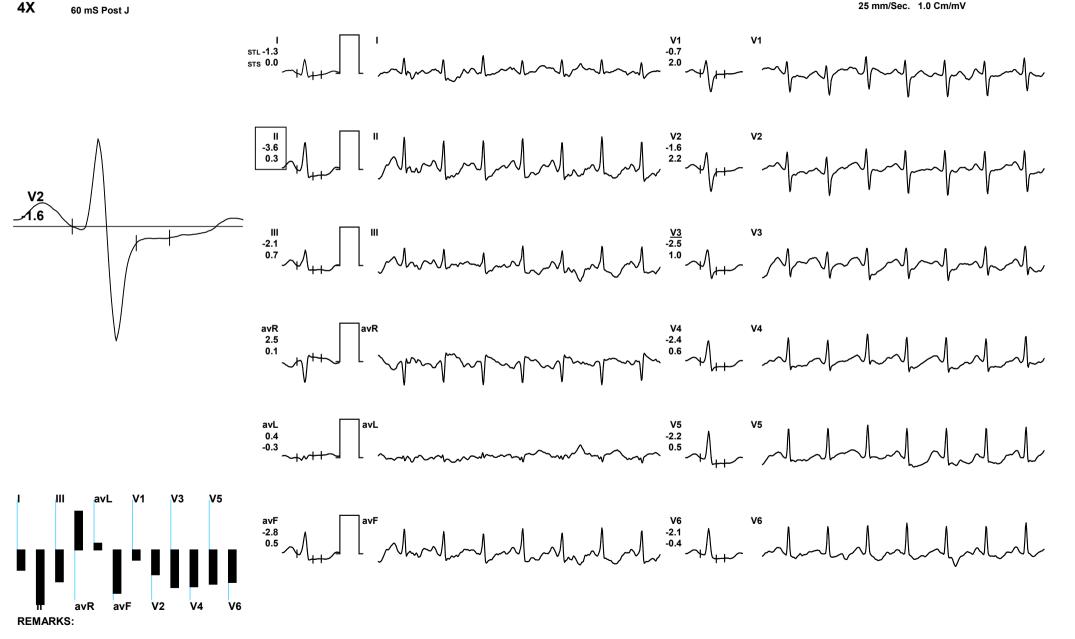




TANYA / 34 Yrs / F / 0 Cms / 0 Kg / HR : 144

Date: 03 - 09 - 2024

METS: 7.1/ 144 bpm 77% of THR BP: 101/68 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 2.5 mph, 12.0%



HEALIC MULTISPECIALITY CLINIC

PeakEx



TANYA / 34 Yrs / F / 0 Cms / 0 Kg / HR : 150

Date: 03 - 09 - 2024

METS: 7.9/ 150 bpm 81% of THR BP: 101/68 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:48 3.4 mph, 14.0%





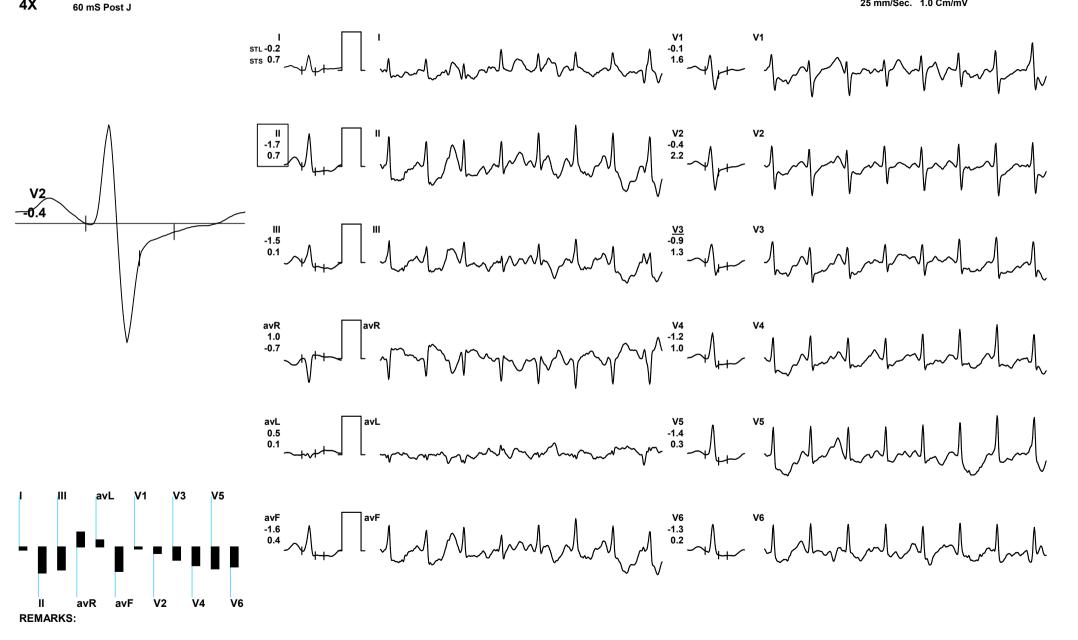
TANYA / 34 Yrs / F / 0 Cms / 0 Kg / HR: 152



Date: 03 - 09 - 2024

4X

METS: 5.9/ 152 bpm 82% of THR BP: 101/68 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:48 0.0 mph, 0.0%



HEALIC MULTISPECIALITY CLINIC

C-3, PLOT NO GH-11, AHINSHA KHAND-2, INDRAPURAM EMail:

TANYA / 34 Yrs / F / 0 Cms / 0 Kg

Date: 03 - 09 - 2024





| Stage | Time | Duration | Speed(mph) | Elevation | METs | Rate | % THR | ВР | RPP | PVC | Comments |
|---------------|-------|----------|------------|-----------|------|------|-------|--------|-----|-----|----------|
| ExStart | 01:03 | 1:03 | 0.00 | 00.0 | 01.0 | 091 | 49 % | / | 000 | 00 | |
| BRUCE Stage 1 | 04:03 | 3:00 | 01.7 | 10.0 | 04.7 | 120 | 65 % | 100/67 | 120 | 00 | |
| BRUCE Stage 2 | 07:03 | 3:00 | 02.5 | 12.0 | 07.1 | 144 | 77 % | 101/68 | 145 | 00 | |
| PeakEx | 07:51 | 0:48 | 03.4 | 14.0 | 07.9 | 150 | 81 % | 101/68 | 151 | 00 | |
| Recovery | 08:03 | 0:12 | 0.00 | 0.00 | 05.9 | 152 | 82 % | 101/68 | 153 | 00 | |

Max HR Attained 152 bpm 82% of Target 186

Max BP Attained 101/68 (mm/Hg)

FINDINGS:

Exercise Time : 06:48

Initial HR (ExStrt) : 91 bpm 49% of Target 186

Initial BP (ExStrt) : 0/0 (mm/Hg)

Max WorkLoad Attained : 7.9 Fair response to induced stress

Max ST Dep Lead & Avg ST Value: Ill & -1.5 mm in Recovery

Test End Reasons : Test Complete

REPORT:

Doctor : BIRENDRA