

Name : Ms. SARLA MISHRA Age : 32Yr 5Mth 11Days Gender : Female  
 UHID : ASHB.0000048630 / BPLAH9995 W/BNo/RefNo : AHC  
 SIN \ LRN : 169036 \ 169034 \ 169033 \ 169037 \ 66435  
 Specimen : Blood  
 Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 15-SEP-2024 08:33:37 AM Received on : 15-SEP-2024 09:06:26 AM Reported on : 15-SEP-2024 10:33:59 AM

**MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (FASTING)			
GLUCOSE - PLASMA (FASTING)	89	70-100	mg/dL
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)			
GLUCOSE - PLASMA - (POST PRANDIAL)	96	70-140	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.3	4.0-5.6	%
CHOLESTEROL - SERUM / PLASMA	137	Desirable: <200 Borderline High: 200-239 High >240	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA	33 *	>40	mg/dL
LDL CHOLESTEROL - SERUM / PLASMA	105 *	Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: >190	mg/dL
TRIGLYCERIDES - SERUM / PLASMA	70	Normal<150 Borderline high 150-199 High 200-499 Very high: ≥ 500	mg/dL
VLDL CHOLESTEROL - SERUM	14 *	15-30	

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<b>TOTAL CHOLESTEROL AND HDL RATIO</b>			
INTERPRETATIVE[2]TOTAL CHOLESTEROL/HDL	4.2	3.5-5.0	
CHOLESTEROL RATIO (Calculated)			
PROTEIN TOTAL - SERUM / PLASMA			
PROTEIN TOTAL - SERUM	7.2	6.6-8.3	g/dL
ALBUMIN - SERUM	4.3	3.5-5.2	g/dL
GLOBULIN - SERUM			
GLOBULIN	2.9	2.6 - 4.6	g/dL
ALBUMIN/GLOBULIN RATIO			
ALBUMIN AND GLOBULIN RATIO	1.5	0.9-2.0	
AST (SGOT) - SERUM	16	< 35	U/L
ALT(SGPT) - SERUM / PLASMA			
ALT(SGPT) - SERUM	20	<35	U/L
BILIRUBIN, TOTAL - SERUM			
BILIRUBIN TOTAL	0.4	0.3-1.2	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM			
BILIRUBIN CONJUGATED (DIRECT)	0.1	<0.2	mg/dL
BILIRUBIN UNCONJUGATED (INDIRECT) - SERUM			
BILIRUBIN UNCONJUGATED (INDIRECT)	0.3	0.1-1.2	mg/dL
ALKALINE PHOSPHATASE - SERUM/PLASMA			
ALKALINE PHOSPHATASE - SERUM	70	30-120	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM			
GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	0 - 38	U/L
CREATININE - SERUM / PLASMA			
CREATININE - SERUM / PLASMA	0.55	0.55-1.02	mg/dL
URIC ACID - SERUM / PLASMA			
URIC ACID - SERUM / PLASMA	4.8	2.6-6.0	mg/dL

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BUN (BLOOD UREA NITROGEN)	8.9	Female: <50yrs 7.01-18.7 mg/dl	mg/dL
		Female:>50yrs 9.81-20.1 mg/dl	
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.1	0.60-1.81	ng/ml
TOTAL T4: THYROXINE - SERUM	11.14	5.01 - 12.45	µg/dL
TSH: THYROID STIMULATING HORMONE - SERUM	2.33	0.35-5.50	µIU/mL

Report Status:Final

\* END OF REPORT \*

CHECKED BY 154493  
727938

Printed On : 19-SEP-2024 11:10:02 AM

Dr. Shubhra Prasad  
Consultant Pathologist

Name : Ms. SARLA MISHRA Age : 32Yr Gender : Female  
UHID : ASHB.0000048630 / BPLAH9995 W/BNo/RefNo : AHC  
Lab No : ASH.2400001 LRN : 66435  
Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 15-SEP-2024 04:55:39 PM Received on : 15-SEP-2024 04:56:48 PM Reported on : 18-SEP-2024 03:29:42 PM

**MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE**

**PAP SMEAR /CERVICAL SMEAR**

**Lab Ref No:**

ASP/830/24

**Specimen:**

Received two conventional alcohol -fixed smears for cervical cytology. Papanicolaou staining done.

**SPECIMEN ADEQUACY:**

Satisfactory for evaluation.

**Microscopic Description:**

Smears show predominantly superficial and intermediate squamous cells. Endocervical cells are seen. Background shows mild inflammation and lactobacilli.

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy (NILM).

\* END OF REPORT \*

Dr. Shubhra Prasad  
Consultant Pathologist

Typed By: 727938

First Report Printed On : 18-SEP-2024 03:30:50 PM

Printed On : 19-SEP-2024 11:10:27 AM

Name : **Ms. SARLA MISHRA** Age : **32Yr 5Mth 11Days** Gender : **Female**  
 UHID : ASHB.0000048630 / BPLAH9995 W/BNo/RefNo : AHC  
 SIN \LRN : 169035 \ 169040 \ 66435  
 Specimen : Urine  
 Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 15-SEP-2024 09:02:16 AM Received on : 15-SEP-2024 09:46:59 AM Reported on : 15-SEP-2024 11:24:51 AM

**MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
<b>URINE ROUTINE (CUE)</b>			
<b>MACROSCOPIC EXAMINATION</b>			
Specific Gravity(Automated – Reflectance Spectrometer)	<b>1.010</b>	1.005 - 1.025	
Colour:(Naked Eye Examination)	<b>Pale-Yellow</b>		
Transparency:(Naked Eye Examination)	<b>Clear</b>		
pH(Automated – Reflectance Spectrometer)	<b>Acidic</b>		
Protein :(Automated – Reflectance Spectrometer/Sulpho salicylic acid method)	<b>Nil</b>		
Sugar:(Automated - Reflectance Spectrometer/ Benedict's Test)	<b>Nil</b>		
Ketone(Automated – Reflectance Spectrometer/Rothera's test)	<b>Nil</b>		
Bilirubin: (Automated – Reflectance Spectrometer/Fouchet's method)	<b>Nil</b>		
<b>Cells:</b>			
RBC(Automated - Reflectance spectrometer/Microscopy/Flow cytometric)	<b>Nil</b>		
Pus Cells(Automated – Reflectance spectrometer/Microscopy/Flow	<b>1-2</b>	0.0 - 5.0/HPF	/hpf

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 Specimen : Urine  
 Ref Doctor : Dr. Akhil Kumar Tiwari



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cytometric)			
Epithelial Cells(Microscopic /Flow cytometric)	<b>1-2</b>	<20	/hpf
Yeast Cells	<b>Absent</b>		
Bacteria:	<b>Absent</b>		
Casts:(Microscopic /Flow cytometric)	<b>Absent</b>	ABSENT	
Crystals:(Microscopic /Flow cytometric)	<b>Absent</b>		
<b>CBC</b>			
HAEMOGLOBIN	<b>12.5</b>	12.0 to 15.1	g/dL
Packed cell volume (Calculated)	<b>36.8</b>	35.5 to 44.9	%
RBC COUNT(Impedance)	<b>4.52</b>	4.00-5.20	Million/ul
MCV-	<b>81.4</b>	80-100	fl
MCH-	<b>27.7</b>	27-32	pg
MCHC-	<b>34.0</b>	32-36	g/dL
RDW (Derived from RBC histogram)	<b>14.9</b>	12.2 - 16.1	%
TLC COUNT	<b>6.89</b>	4.0-11.0	10 <sup>3</sup> /mm <sup>3</sup>
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	<b>56</b>	40-80	%
Lymphocytes	<b>35</b>	20-40	%
Monocytes	<b>6</b>	2-10	%
Eosinophils	<b>3</b>	1-6	%
Basophils	<b>0</b>	0-2	%
Platelet Count(Impedance)	<b>321.7</b>	150-450	10 <sup>3</sup> /mm <sup>3</sup>
Mean Platelet Volume	<b>7.5</b>	6.5-12.0	fl
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>18</b>	0-20	mm/1st hr

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Collected on : 15-SEP-2024 09:02:16 AM Received on : 15-SEP-2024 09:46:59 AM Reported on : 15-SEP-2024 11:24:51 AM

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 153990  
727938

A handwritten signature in black ink, appearing to read 'Dr. Shubhra Prasad', written over a light blue rectangular background.

Dr. Shubhra Prasad  
Consultant Pathologist

Printed On : 19-SEP-2024 11:10:44 AM

Name : **Ms. SARLA MISHRA** Age : **32Yr 5Mth 11Days** Gender : **Female**  
UHID : ASHB.0000048630 / BPLAH9995 W/BNo/RefNo : AHC  
SIN \LRN : 169039 \ 66435  
Specimen : Blood  
Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 15-SEP-2024 08:33:37 AM Received on : 15-SEP-2024 09:06:05 AM Reported on : 15-SEP-2024 09:11:33 AM

**MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE**

**TEST NAME** **RESULT**

**BLOOD GROUPING AND TYPING (ABO and Rh)**

ABO Group: **A**  
Rh (D) Type: **Positive**

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 154198  
725449



Dr. Samir Singh  
Consultant Blood Bank

Printed On : 19-SEP-2024 11:11:00 AM



Female

15.09.20 8:36:52

0637 001 D 783

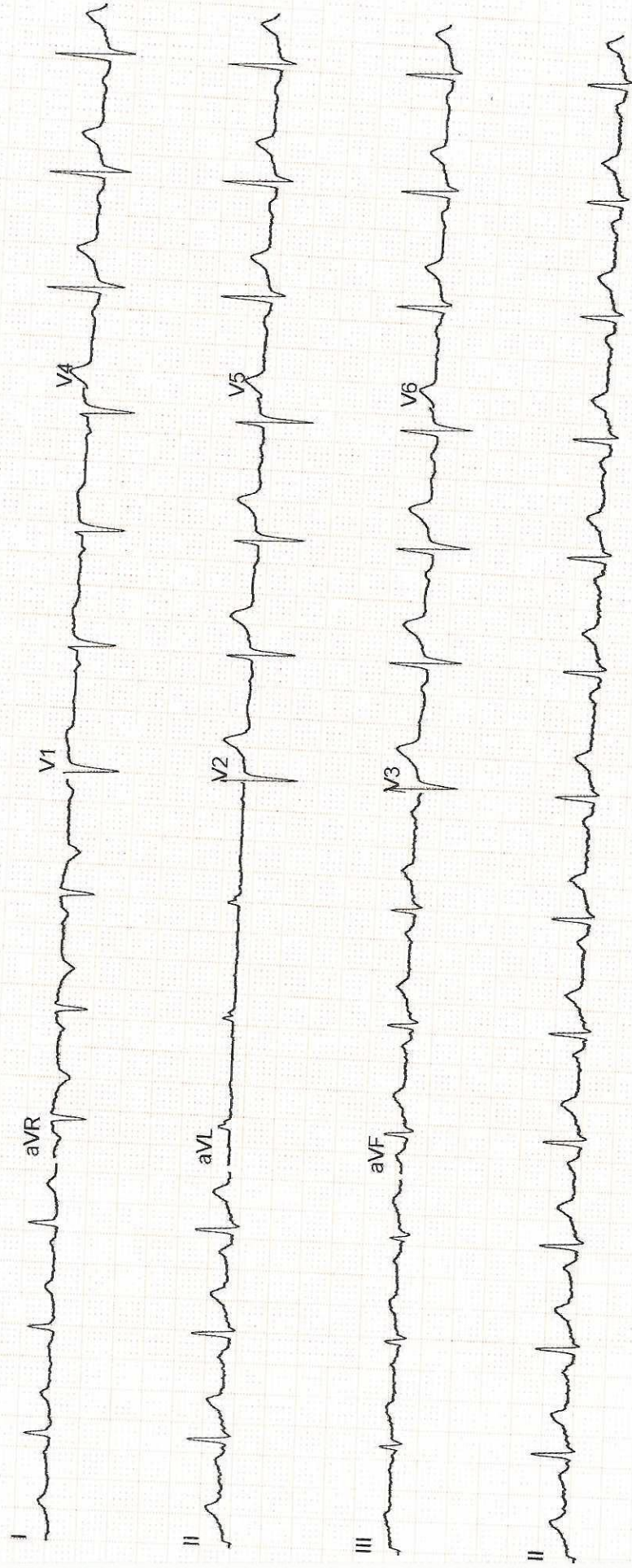
80 bpm  
-- / -- mmHg

Location:  
Order No:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

Normal sinus rhythm  
Normal ECG

QRS : 80 ms  
QT / QTcBaz : 384 / 442 ms  
PR : 164 ms  
P : 100 ms  
RR / PP : 746 / 750 ms  
P / QRS / T : 69 / 51 / 64 degrees



APOLLO SAGE HOSPITAL  
BAWADIYAN KALAN  
BHOPAL

Station  
Telephone:

### EXERCISE STRESS TEST REPORT

Patient Name: SARLA MISHRA,  
Patient ID: HC 48630  
Height: 154 cm  
Weight: 82 kg

DOB: 04.04.1992  
Age: 32 yrs  
Gender: Female  
Race: Indian

Study Date: 15.09.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: HC  
Attending Physician: Dr.Akhil Tiwari  
Technician: Imrat singh kurmi

Medications:  
--

Medical History:  
NONE

Reason for Exercise Test:  
Screening for CAD

#### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [km/h]	Grade [%]	HR [bpm]	BP [mmHg]	Comment
PRETEST	SUPINE	00:05	0.00	0.00	75	120/80	
	STANDING	00:14	0.00	0.00	93		
	HYPERV.	00:02	0.00	0.00	99	120/80	
	WARM-UP	00:06	0.00	0.00	98	120/80	
EXERCISE	STAGE 1	03:00	2.70	10.00	117		
	STAGE 2	03:00	4.00	12.00	134	140/80	
	STAGE 3	01:14	5.50	14.00	160	150/80	
RECOVERY		03:49	0.00	0.00	100	120/80	

The patient exercised according to the BRUCE for 7:14 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 75 bpm rose to a maximal heart rate of 160 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

#### Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

#### Conclusions

No ST-T Changes Noted During Exercise & Recovery Stages,

Negative Stress Test

Physician

Technician

**ULTRA SONOGRAPHY ABDOMEN**

Patient Name:	SARLA MISHRA	Patient ID:	ASHB.0000048630
Age:	32 Years	Sex:	F
Accession Number:	17101.124015474	Modality:	Usg
Referring Physician:	Akhil Kumar Tiwari	Study:	Abdomen
Study Date:	15-Sep-2024		

**Liver:-** is normal in size and echotexture. Portal and hepatic venous system appears normal. Intra and extra hepatic biliary radicals are not dilated.

**Gall Bladder:-** is normal in size and shape. Its lumen is echofree.

**Pancreas** is normal in size outline and echopattern.

**Spleen** is normal in size and echopattern.

**Both kidneys** are normal in size, shape and echogenicity. Central pelvicalyceal sinus and corticomedullary ratio are normal. Small echogenic focus seen in lower pole region of left kidney.

Right kidney measures:- 10.0 x 3.4 cm

Left kidney measures:- 9.9 x 4.3 cm

No evidence of ascites is seen.

**Urinary bladder** is normal in shape and contour. Its wall is normal.

**Uterus and ovaries:-** are normal in size and echopattern. Cervix shows normal echopattern. No adnexal mass. No free fluid in POD.

Uterus measures:- 8.3 x 4.8 x 3.3 cm, Endometrial thickness 7.8mm.

Right ovary measures 2.8 x 2.3 cm.

Left ovary measures 2.3 x 1.1cm. (Left ovary shows small calcific specks measuring ~4.2 mm in diameter).

**IMPRESSION:- Sonography Study Reveals:-**

- **Left renal concretion (3mm) with no evidence of hydronephrosis or hydroureter.**
- **Left ovary shows central echogenic dot likely calcific specks ? May be due to stroma reaction ? Nature .**

**ADV:-** Clinical Correlation.



**DR. HARI SANTOSH**  
CONSULTANT RADIOLOGIST



Patient Name:	SARLA MISHRA	Patient ID:	ASHB.0000048630
Age:	32 Years	Sex:	F
Accession Number:	17101.124015474	Modality:	DX
Referring Physician:	Akhil Kumar Tiwari	Study:	CHEST
Study Date:	15-Sep-2024		

**X-RAY CHEST (PA VIEW)**

Left side cervical rib.

Both lung fields are clear. No active pleural or parenchymal lesion is seen.

The hila, mediastinum, bony thoracic cage and the diaphragmatic domes are normal.

The costophrenic and cardiophrenic angles are clear.

The cardiac silhouette is unremarkable.



**DR. HARI SANTOSH**  
**CONSULTANT RADIOLOGIST**

Date: 15-Sep-2024 11:48:35

