



: Ms.BEBI SINGH

Age/Gender

: 52 Y 8 M 13 D/F

UHID/MR No Visit ID

: CAOP.0000001232

Ref Doctor

: CAOPOPV01618

Emp/Auth/TPA ID

: Self : 22S33047

Reported

Collected

: 14/Sep/2024 10:44AM

Received : 14/Sep/2024 12:36PM

: 14/Sep/2024 02:08PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

| RBCs       | Show mild anisocytosis, are predominantly Normocytic Normochromic.         |         |
|------------|--|---------|
| WBCs       | Normal in number and morphology Differential count is within normal limits |         |
| Platelets  | Adequate in number, verified on smear                                      |         |
|            | No Hemoparasites seen in smears examined.                                  |         |
| Impression | Normal peripheral smear study  |         |
| Advice     | Clinical correlation   | All and |

Page 1 of 16

Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

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Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744







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#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                            | Result | Unit                    | Bio. Ref. Interval | Method                         |
|--------------------------------------|--------|-------------------------|--------------------|--------------------------------|
| IEMOGRAM , WHOLE BLOOD EDTA          |        |                         |                    |                                |
| HAEMOGLOBIN                          | 11.7   | g/dL                    | 12-15              | Spectrophotometer              |
| PCV                                  | 35.90  | %                       | 36-46              | Electronic pulse & Calculation |
| RBC COUNT                            | 4.52   | Million/cu.mm           | 3.8-4.8            | Electrical Impedence           |
| MCV                                  | 79.0   | fL                      | 83-101             | Calculated                     |
| MCH                                  | 25.9   | pg                      | 27-32              | Calculated                     |
| MCHC                                 | 32.6   | g/dL                    | 31.5-34.5          | Calculated                     |
| R.D.W                                | 15.3   | %                       | 11.6-14            | Calculated                     |
| TOTAL LEUCOCYTE COUNT (TLC)          | 8,300  | cells/cu.mm             | 4000-10000         | Electrical Impedance           |
| DIFFERENTIAL LEUCOCYTIC COUNT (I     | DLC)   |                         |                    | <u>'</u>                       |
| NEUTROPHILS                          | 65     | %                       | 40-80              | Electrical Impedance           |
| LYMPHOCYTES                          | 30     | %                       | 20-40              | Electrical Impedance           |
| EOSINOPHILS                          | 01     | %                       | 1-6                | Electrical Impedance           |
| MONOCYTES                            | 04     | %                       | 2-10               | Electrical Impedance           |
| BASOPHILS                            | 00     | %                       | <1-2               | Electrical Impedance           |
| ABSOLUTE LEUCOCYTE COUNT             |        |                         |                    |                                |
| NEUTROPHILS                          | 5395   | Cells/cu.mm             | 2000-7000          | Calculated                     |
| LYMPHOCYTES                          | 2490   | Cells/cu.mm             | 1000-3000          | Calculated                     |
| EOSINOPHILS                          | 83     | Cells/cu.mm             | 20-500             | Calculated                     |
| MONOCYTES                            | 332    | Cells/cu.mm             | 200-1000           | Calculated                     |
| Neutrophil lymphocyte ratio (NLR)    | 2.17   |                         | 0.78- 3.53         | Calculated                     |
| PLATELET COUNT                       | 187000 | cells/cu.mm             | 150000-410000      | Electrical impedence           |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 20     | mm at the end of 1 hour | 0-20               | Modified Westergren            |
| ERIPHERAL SMEAR                      |        |                         |                    |                                |

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Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

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#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                    | Result              | Unit | Bio. Ref. Interval | Method            |
|------------------------------|---------------------|------|--------------------|-------------------|
| BLOOD GROUP ABO AND RH FACTO | R, WHOLE BLOOD EDTA |      |                    |                   |
| BLOOD GROUP TYPE             | 0                   |      |                    | Gel agglutination |
| Rh TYPE                      | POSITIVE            |      |                    | Gel agglutination |

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Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                    | Result | Unit  | Bio. Ref. Interval | Method    |
|------------------------------|--------|-------|--------------------|-----------|
| GLUCOSE, FASTING, NAF PLASMA | 133    | mg/dL | 70-100             | GOD - POD |

Please correlate with clinical and fasting details and other relevant investigations

#### **Comment:**

#### As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL                    | Normal         |
| 100-125 mg/dL                   | Prediabetes    |
| ≥126 mg/dL                      | Diabetes       |
| <70 mg/dL                       | Hypoglycemia   |

#### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

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Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

SIN No AOP240900220
Apollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

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: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name   | Result | Unit  | Bio. Ref. Interval | Method    |
|---|--------|-------|--------------------|-----------|
| GLUCOSE, POST PRANDIAL (PP), 2<br>HOURS, SODIUM FLUORIDE PLASMA<br>(2 HR) | 190    | mg/dL | 70-140             | GOD - POD |

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 16

Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR SIN No; AOP240900405 Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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: Self

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Collected

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF BIOCHEMISTRY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                       | Result          | Unit  | Bio. Ref. Interval | Method     |
|---------------------------------|-----------------|-------|--------------------|------------|
| HBA1C (GLYCATED HEMOGLOBIN), W  | HOLE BLOOD EDTA |       |                    |            |
| HBA1C, GLYCATED HEMOGLOBIN      | 6.5             | %     |                    | HPLC       |
| ESTIMATED AVERAGE GLUCOSE (eAG) | 140             | mg/dL |                    | Calculated |

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP        | HBA1C %   |
|------------------------|-----------|
| NON DIABETIC           | <5.7      |
| PREDIABETES            | 5.7 – 6.4 |
| DIABETES               | ≥ 6.5     |
| DIABETICS              |           |
| EXCELLENT CONTROL      | 6 – 7     |
| FAIR TO GOOD CONTROL   | 7 – 8     |
| UNSATISFACTORY CONTROL | 8-10      |
| POOR CONTROL           | >10       |

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

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SIN No. AOP240900224 Apollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

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Address:
D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102,







: Ms.BEBI SINGH

Age/Gender

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: CAOP.0000001232

Visit ID

: CAOPOPV01618

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: 14/Sep/2024 10:44AM

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: 14/Sep/2024 03:37PM : 14/Sep/2024 04:40PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                            | Result | Unit  | Bio. Ref. Interval | Method      |
|--------------------------------------|--------|-------|--------------------|-------------|
| L <b>IPID PROFILE</b> , <i>SERUM</i> |        |       |                    |             |
| TOTAL CHOLESTEROL                    | 192    | mg/dL | <200               | CHE/CHO/POD |
| TRIGLYCERIDES                        | 79     | mg/dL | <150               |             |
| HDL CHOLESTEROL                      | 58     | mg/dL | >40                | CHE/CHO/POD |
| NON-HDL CHOLESTEROL                  | 134    | mg/dL | <130               | Calculated  |
| LDL CHOLESTEROL                      | 118.2  | mg/dL | <100               | Calculated  |
| VLDL CHOLESTEROL                     | 15.8   | mg/dL | <30                | Calculated  |
| CHOL / HDL RATIO                     | 3.31   |       | 0-4.97             | Calculated  |
| ATHEROGENIC INDEX (AIP)              | < 0.01 |       | <0.11              | Calculated  |

#### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

|                     | Desirable                              | Borderline High | High      | Very High |
|---------------------|--|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL   | < 200                                  | 200 - 239       | ≥ 240     |           |
| TRIGLYCERIDES       | <150                                   | 150 - 199       | 200 - 499 | ≥ 500     |
| LDL                 | Optimal < 100<br>Near Optimal 100-129  | 130 - 159       | 160 - 189 | ≥ 190     |
| HDL                 | ≥ 60                                   |                 |           |           |
| NON-HDL CHOLESTEROL | Optimal <130;<br>Above Optimal 130-159 | 160-189         | 190-219   | >220      |

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

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#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                                   | Result | Unit  | Bio. Ref. Interval | Method               |
|---|--------|-------|--------------------|----------------------|
| LIVER FUNCTION TEST (LFT) , SERUM           |        |       | ×                  |                      |
| BILIRUBIN, TOTAL                            | 0.30   | mg/dL | 0.1-1.2            | Azobilirubin         |
| BILIRUBIN CONJUGATED (DIRECT)               | 0.10   | mg/dL | 0.1-0.4            | DIAZO DYE            |
| BILIRUBIN (INDIRECT)                        | 0.20   | mg/dL | 0.0-1.1            | Dual Wavelength      |
| ALANINE AMINOTRANSFERASE (ALT/SGPT)         | 53     | U/L   | 4-44               | JSCC                 |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT)       | 42.0   | U/L   | 8-38               | JSCC                 |
| AST (SGOT) / ALT (SGPT) RATIO (DE<br>RITIS) | 0.8    |       | <1.15              | Calculated           |
| ALKALINE PHOSPHATASE                        | 167.00 | U/L   | 32-111             | IFCC                 |
| PROTEIN, TOTAL                              | 8.10   | g/dL  | 6.7-8.3            | BIURET               |
| ALBUMIN                                     | 4.60   | g/dL  | 3.8-5.0            | BROMOCRESOL<br>GREEN |
| GLOBULIN                                    | 3.50   | g/dL  | 2.0-3.5            | Calculated           |
| A/G RATIO                                   | 1.31   |       | 0.9-2.0            | Calculated           |

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

#### 1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal \*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for injuries. hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

#### 2. Cholestatic Pattern:

- \*ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age \*Bilirubin elevated-predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment:
- \*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

Page 8 of 16

Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology)

Consultant Pathologist

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#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name   | Result | Unit   | Bio. Ref. Interval | Method               |  |  |  |
|---|--------|--------|--------------------|----------------------|--|--|--|
| RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM |        |        |                    |                      |  |  |  |
| CREATININE  | 0.58   | mg/dL  | 0.4-1.1            | ENZYMATIC METHOD     |  |  |  |
| UREA  | 22.00  | mg/dL  | 17-48              | Urease               |  |  |  |
| BLOOD UREA NITROGEN                                 | 10.3   | mg/dL  | 8.0 - 23.0         | Calculated           |  |  |  |
| URIC ACID   | 7.70   | mg/dL  | 3.0-5.5            | URICASE              |  |  |  |
| CALCIUM   | 9.10   | mg/dL  | 8.4-10.2           | CPC                  |  |  |  |
| PHOSPHORUS, INORGANIC                               | 3.50   | mg/dL  | 2.6-4.4            | PNP-XOD              |  |  |  |
| SODIUM  | 142    | mmol/L | 135-145            | Direct ISE           |  |  |  |
| POTASSIUM   | 4.2    | mmol/L | 3.5-5.1            | Direct ISE           |  |  |  |
| CHLORIDE  | 99     | mmol/L | 98-107             | Direct ISE           |  |  |  |
| PROTEIN, TOTAL                                      | 8.10   | g/dL   | 6.7-8.3            | BIURET               |  |  |  |
| ALBUMIN   | 4.60   | g/dL   | 3.8-5.0            | BROMOCRESOL<br>GREEN |  |  |  |
| GLOBULIN  | 3.50   | g/dL   | 2.0-3.5            | Calculated           |  |  |  |
| A/G RATIO   | 1.31   |        | 0.9-2.0            | Calculated           |  |  |  |

Page 9 of 16

Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

Schanton

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#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                                      | Result | Unit | Bio. Ref. Interval | Method                       |
|--|--------|------|--------------------|------------------------------|
| GAMMA GLUTAMYL<br>TRANSPEPTIDASE (GGT) , SERUM | 37.00  | U/L  | 16-73              | Glycylglycine Kinetic method |

Page 10 of 16



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MC- 6048

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Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF IMMUNOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                            | Result | Unit     | Bio. Ref. Interval | Method   |
|--------------------------------------|--------|----------|--------------------|----------|
| THYROID PROFILE TOTAL (T3, T4, TSH), | SERUM  | <u>'</u> |                    | <u>'</u> |
| TRI-IODOTHYRONINE (T3, TOTAL)        | 1.5    | ng/mL    | 0.87-1.78          | CLIA     |
| THYROXINE (T4, TOTAL)                | 15.22  | μg/dL    | 5.48-14.28         | CLIA     |
| THYROID STIMULATING HORMONE (TSH)    | 0.884  | μIU/mL   | 0.38-5.33          | CLIA     |

#### Comment:

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As pe<br>American Thyroid Association) |  |  |
|----------------------|---|--|--|
| First trimester      | 0.1 - 2.5   |  |  |
| Second trimester     | 0.2 - 3.0   |  |  |
| Third trimester      | 0.3 - 3.0   |  |  |

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- **4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH   | T3   | <b>T4</b> | FT4  | Conditions  |  |
|-------|------|-----------|------|---|--|
| High  | Low  | Low       | Low  | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis                    |  |
| High  | N    | N         | N    | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |  |
| N/Low | Low  | Low       | Low  | Secondary and Tertiary Hypothyroidism   |  |
| Low   | High | High      | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy                   |  |
| Low   | N    | N         | N    | Subclinical Hyperthyroidism   |  |
| Low   | Low  | Low       | Low  | Central Hypothyroidism, Treatment with Hyperthyroidism  |  |
| Low   | N    | High      | High | hyroiditis, Interfering Antibodies  |  |
| N/Low | High | N         | N    | T3 Thyrotoxicosis, Non thyroidal causes   |  |

Page 11 of 16



Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

 $SIN\ No: AOP 240900221$  This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address: D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 10 Phone - 044-26224504 / 05









MC- 6048

Patient Name

: Ms.BEBI SINGH

Age/Gender

: 52 Y 8 M 13 D/F

UHID/MR No Visit ID : CAOP.0000001232

Ref Doctor

: CAOPOPV01618

Emp/Auth/TPA ID

: Self : 22S33047 Collected

: 14/Sep/2024 10:44AM

Received

: 14/Sep/2024 02:28PM

Reported Status : 14/Sep/2024 03:51PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF IMMUNOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| High | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma |
|------|------|------|------|--|
|------|------|------|------|--|

Page 12 of 16



M.B.B.S,MD(Pathology) Consultant Pathologist

Dr Nidhi Sachdev

 $SIN\ No: AOP240900221$  This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address: D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102







: Ms.BEBI SINGH

Age/Gender

: 52 Y 8 M 13 D/F

UHID/MR No Visit ID : CAOP.0000001232

Ref Doctor

: CAOPOPV01618

Emp/Auth/TPA ID

: Self : 22S33047 Collected

: 14/Sep/2024 10:44AM

Received

: 14/Sep/2024 01:14PM : 14/Sep/2024 03:39PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                   | Result              | Unit | Bio. Ref. Interval | Method                      |
|-----------------------------|---------------------|------|--------------------|-----------------------------|
| OMPLETE URINE EXAMINATION ( | CUE) , URINE        |      | 14                 |                             |
| PHYSICAL EXAMINATION        |                     |      |                    |                             |
| COLOUR                      | PALE YELLOW         |      | PALE YELLOW        | Visual                      |
| TRANSPARENCY                | CLEAR               |      | CLEAR              | Physical Measurement        |
| рН                          | 6.5                 |      | 5-7.5              | Double Indicator            |
| SP. GRAVITY                 | 1.025               |      | 1.002-1.030        | Bromothymol Blue            |
| BIOCHEMICAL EXAMINATION     |                     |      |                    |                             |
| URINE PROTEIN               | NEGATIVE            |      | NEGATIVE           | Protein Error Of Indicator  |
| GLUCOSE                     | NEGATIVE            |      | NEGATIVE           | Glucose Oxidase             |
| URINE BILIRUBIN             | NEGATIVE            |      | NEGATIVE           | Azo Coupling Reaction       |
| URINE KETONES (RANDOM)      | NEGATIVE            |      | NEGATIVE           | Sodium Nitro Prusside       |
| UROBILINOGEN                | NORMAL              |      | NORMAL             | Modifed Ehrlich<br>Reaction |
| NITRITE                     | NEGATIVE            |      | NEGATIVE           | Diazotization               |
| LEUCOCYTE ESTERASE          | NEGATIVE            |      | NEGATIVE           | Leucocyte Esterase          |
| CENTRIFUGED SEDIMENT WET M  | OUNT AND MICROSCOPY | 1    |                    |                             |
| PUS CELLS                   | 6-8                 | /hpf | 0-5                | Microscopy                  |
| EPITHELIAL CELLS            | 4-5                 | /hpf | <10                | Microscopy                  |
| RBC                         | NIL                 | /hpf | 0-2                | Microscopy                  |
| CASTS                       | NIL                 |      | 0-2 Hyaline Cast   | Microscopy                  |
| CRYSTALS                    | ABSENT              |      | ABSENT             | Microscopy                  |

Kindly correlate clinically.

#### **Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

Page 13 of 16

Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR SIN No; AOP240900222 Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:
D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102,
Phone - 044-26224504 (05







: Ms.BEBI SINGH

Age/Gender

: 52 Y 8 M 13 D/F

UHID/MR No Visit ID

: CAOP.0000001232

Ref Doctor

: CAOPOPV01618

Emp/Auth/TPA ID

: Self : 22S33047 Collected

: 16/Sep/2024 10:53AM

Received

: 16/Sep/2024 01:11PM

Reported Status

: 16/Sep/2024 01:26PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name                    | Result   | Unit | Bio. Ref. Interval | Method   |
|------------------------------|----------|------|--------------------|----------|
| URINE GLUCOSE(POST PRANDIAL) | NEGATIVE |      | NEGATIVE           | Dipstick |

Page 14 of 16



Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

Chamban

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR SIN No; AOP240900404 Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744







: Ms.BEBI SINGH

Age/Gender

: 52 Y 8 M 13 D/F

UHID/MR No

: CAOP.0000001232

Visit ID

: CAOPOPV01618

Ref Doctor

: Self

Emp/Auth/TPA ID : 22S33047 Collected

: 14/Sep/2024 10:44AM

Received

: 14/Sep/2024 01:14PM

Reported Status

: 14/Sep/2024 03:39PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

| Test Name              | Result   | Unit | Bio. Ref. Interval | Method   |
|------------------------|----------|------|--------------------|----------|
| URINE GLUCOSE(FASTING) | NEGATIVE |      | NEGATIVE           | Dipstick |

Page 15 of 16

Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

Chamban

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR SIN No; AOP240900218 Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744









MC- 6048

Patient Name : Ms.BEBI SINGH Age/Gender : 52 Y 8 M 13 D/F

UHID/MR No : CAOP.0000001232 Visit ID : CAOPOPV01618

Ref Doctor : Self Emp/Auth/TPA ID : 22S33047 

 Collected
 : 16/Sep/2024 12:15PM

 Received
 : 16/Sep/2024 05:27PM

 Reported
 : 18/Sep/2024 03:41PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CYTOLOGY**

|    | CYTOLOGY NO.                     | L/1471/24  |
|----|----------------------------------|--|
| I  | SPECIMEN                         | ×  |
| a  | SPECIMEN ADEQUACY                | ADEQUATE   |
| b  | SPECIMEN TYPE                    | LIQUID-BASED PREPARATION (LBC)   |
|    | SPECIMEN NATURE/SOURCE           | CERVICAL SMEAR   |
| c  | ENDOCERVICAL-TRANSFORMATION ZONE | ABSENT   |
| d  | COMMENTS                         | SATISFACTORY FOR EVALUATION  |
| II | MICROSCOPY                       | Smear shows sheets of benign superficial and intermediate squamous cells in a background of inflammation |
| Ш  | RESULT                           |  |
| a  | EPITHEIAL CELL                   |  |
|    | SQUAMOUS CELL ABNORMALITIES      | NOT SEEN   |
|    | GLANDULAR CELL ABNORMALITIES     | NOT SEEN   |
| b  | ORGANISM                         | SHIFT IN FLORA SUGGESTIVE OF BACTERIAL VAGINOSIS   |
| IV | INTERPRETATION                   | NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY  |

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

\*\*\* End Of Report \*\*\*

Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology)

Consultant Pathologist

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHUK NAGAR
SCIA NO 240000451

SIN No. AOP 240900451 Apollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:
D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102,

Page 16 of 16





Patient Name : Ms.BEBI SINGH Age/Gender : 52 Y 8 M 13 D/F UHID/MR No : CAOP.0000001232 Visit ID : CAOPOPV01618

: Self Ref Doctor Emp/Auth/TPA ID : 22S33047 Collected : 16/Sep/2024 12:15PM Received : 16/Sep/2024 05:27PM Reported : 18/Sep/2024 03:41PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.

Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

This report is not valid for medico legal purposes.

Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

Dr. Tanish Mandal M.B.B.S, M.D(Pathology) Consultant Pathologist



SIN No:AOP240900451

Patient Name : Ms. BEBI SINGH Age : 52Yrs 8Mths 18Days

Printed On : 18-09-2024 11:57 AM Advised/Pres Doctor : -Department : Radiology Qualification : -Referred By : Self Registration No. : --

Employeer Id: 22\$33047

#### **DEPARTMENT OF RADIOLOGY**

#### **ULTRASOUND WHOLE ABDOMEN**

Liver is borderline enlarged in size (16cm) and shows diffuse increase in echotexture with partially loss of portal vein echogenicity suggestive of Grade I – II fatty infiltration. There is liver parenchyma seen in anterior to spleen likely beaver's tail liver. Intrahepatic bile ducts and portal radicals are normal in caliber.

**Gall bladder** is partially contracted, does not show any evidence of cholecystitis or cholelithiasis.

CBD is not dilated.

Portal vein is normal in caliber.

**Both kidneys** are of normal size (RK 13 x 4.0cm, LK x 12.2x6.2cm),), shape and echo pattern. The parenchymal thickness is normal & cortico-medullary differentiation is well maintained. **Right kidney shows focal scarring at upper pole.** 

**Spleen** is normal in size (12.2cm) and echotexture.

Pancreas visualized part appears normal.

No free fluid seen in the peritoneal cavity.

**Urinary bladder** is partially filled and shows no mural or intraluminal pathology. **Uterus** is anteverted, normal in size (5.8x4.7x3.3cm), shape and echo pattern. **There is a calcified fibroid of size~21x18mm is noted in posterior wall of myometrium. Endometrium** echo is 5.9mm thick. **(post-menopausal status)** 

Bilateral adnexa are clear

No free fluid seen in the peritoneal cavity

| IMPRESSION: -Borderline hepatomegaly with grade I-II fatty liver.  Calcified uterine fibroid  |
|---|
| Please correlate clinically.  |
| (The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose. |
| End Of The Report   |
|   |
| Dr.SEEMA PRAJAPATI  |
| MBBS MD Radio   |
| DMC111002<br>Radiology  |
| Radiology   |
|   |
|   |
|   |
|   |
|   |
|   |
|   |
|   |

Patient Name : Ms. BEBI SINGH Age : 52Yrs 8Mths 14Days

Printed On : 14-09-2024 12:14 PM Advised/Pres Doctor : -Department : Cardiology Qualification : --

Reffered By : Self Registration No. : -Employeer Id : 22S33047

## DEPARTMENT OF CARDIOLOGY

#### Observation:-

- 1. Sinus arrhythmia.
- 2. Heart rate is 77 beats per minutes.
- 3. No pathological Q wave or ST-T changes seen.
- 4. Normal P,QRS,T waves and axis.
- 5. No evidence of chamber, hypertrophy or enlargement seen.

### Impression:

NORMAL RESTING ECG.

---End Of The Report---

Dr.RAJNI SHARMA MBBS MD DM Cardiologist DMC 22672 Cardiology





To,

The Coordinator, MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.)

Dear Sir / Madam.

## Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS OF HEALTH CHECK UP BENEFICIARY                |                            |  |  |  |
|---|----------------------------|--|--|--|
| NAME  | BEBI SINGH                 |  |  |  |
| DATE OF BIRTH   | 01-07-1972                 |  |  |  |
| PROPOSED DATE OF HEALTH<br>CHECKUP FOR EMPLOYEE<br>SPOUSE | 14-09-2024                 |  |  |  |
| BOOKING REFERENCE NO.                                     | 24S54578100113388S         |  |  |  |
|   | SPOUSE DETAILS             |  |  |  |
| EMPLOYEE NAME   | MR. SINGH BINDESHWAR       |  |  |  |
| EMPLOYEE EC NO.   | 54578                      |  |  |  |
| EMPLOYEE DESIGNATION                                      | BRANCH OPERATIONS          |  |  |  |
| EMPLOYEE PLACE OF WORK                                    | NEW DELHI,PADAM SINGH ROAD |  |  |  |
| EMPLOYEE BIRTHDATE  | 01-01-1968                 |  |  |  |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 10-09-2024 till 31-03-2025. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM & Marketing Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.))





### List of tests & consultations to be covered as part of Annual Health Check-up

| For Male                            | For Female  |
|-------------------------------------|---|
| CBC                                 | CBC   |
| ESR                                 | ESR   |
| Blood Group & RH Factor             | Blood Group & RH Factor   |
| Blood and Urine Sugar Fasting       | Blood and Urine Sugar Fasting   |
| Blood and Urine Sugar PP            | Blood and Urine Sugar PP  |
| Stool Routine                       | Stool Routine   |
| Lipid Profile                       | Lipid Profile   |
| Total Cholesterol                   | Total Cholesterol   |
| HDL                                 | HDL   |
| LDL                                 | LDL   |
| VLDL                                | VLDL  |
| Triglycerides                       | Triglycerides   |
| HDL/ LDL ratio                      | HDL/ LDL ratio  |
| Liver Profile                       | Liver Profile   |
| AST                                 | AST   |
| ALT                                 | ALT   |
| GGT                                 | GGT   |
| Bilirubin (total, direct, indirect) | Bilirubin (total, direct, indirect)   |
|                                     | ALP   |
| Proteins (T, Albumin, Globulin)     | Proteins (T, Albumin, Globulin)   |
| Kidney Profile                      | Kidney Profile  |
| Serum Creatinine                    | Serum Creatinine  |
| Blood Urea Nitrogen                 | Blood Urea Nitrogen   |
| Uric Acid                           | Uric Acid   |
|                                     | HBA1C   |
| Routine Urine Analysis              | Routine Urine Analysis  |
| USG Whole Abdomen                   | USG Whole Abdomen   |
| General Tests                       | General Tests   |
|                                     | X Ray Chest   |
|                                     | ECG   |
|                                     | 2D/3D ECHO / TMT  |
| Stress Test                         | Gynaec Consultation   |
| PSA Male (above 40 years)           | Pap Smear (above 30 years) & Mammography (above 40 years)   |
| Thyroid Profile (T3, T4, TSH)       | Thyroid Profile (T3, T4, TSH)   |
| Dental Check-up Consultation        | Dental Check-up Consultation  |
| Physician Consultation              |   |
| FIIVSICIAII CONSUNATION             |   |
| Eye Check-up Consultation           | Physician Consultation  Eye Check-up Consultation   |
|                                     | CBC ESR Blood Group & RH Factor Blood and Urine Sugar Fasting Blood and Urine Sugar PP Stool Routine  Lipid Profile  Total Cholesterol HDL LDL VLDL Triglycerides HDL/ LDL ratio  Liver Profile  AST ALT GGT Bilirubin (total, direct, indirect) ALP Proteins (T, Albumin, Globulin)  Kidney Profile  Serum Creatinine Blood Urea Nitrogen Uric Acid HBA1C Routine Urine Analysis USG Whole Abdomen  General Tests X Ray Chest ECG 2D/3D ECHO / TMT Stress Test  PSA Male (above 40 years) Thyroid Profile (T3, T4, TSH) Dental Check-up Consultation |



### भारत सरकार

Government of India



बेबी सिंह Bebi Singh जन्म तिथि / DOB : 01/01/1972 महिला / Female



6236 1252 1648

आधार - आम आदमी का अधिकार



भारतीय विशिष्ट प्रहणन प्राधिकरण

Unique Identification Authority of India

पता: संबोधित: बिन्देश्वर सिंह, मङ्गोवॉ, मङ्गोवा, बलिया, मझुआ, उत्तर प्रदेश, 277403

Address: W/O: Bindeshwar Singh, majhauwan, Majhauwa, Ballia, Majhua, Uttar Pradesh, 277403

6236 1252 1648



 $\square$ 



help@uidal.cov.in

### DR. ALVEEN KAUR

Senior Consultant - Dental BDS, MIDA, REG NO- A-12249 Specialized in Surgical, & Cosmetic procedures & Trauma For Booking Call on - 9817966537 Days: - Mon to Sat 10AM to 5PM



deposits++

& Adv > Replacement of my'ssing teelin > Oval prophy kxil

Signature: -

APOLLO HEALTH AND LIFESTYLE LED.

Apollo One (Unit of Apollo Health and Lifestyle Ltd )

Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pilar no. 77, Karol Bagh, New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788 Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

Registered Office: Apollo Health and Lifestyle Limited 7-1-617/A, 615 and 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad-500038, U85110TG2000PLC115819





mus Bobi singh Age-SzylA

| Height: | 15ecm | Weight: 71 Kg  | BMI: 20.8    | Waist Circum : |
|---------|-------|----------------|--------------|----------------|
| Temp:   | 20.1% | Pulse: Gr Im 1 | Resp: 20/m + | B.P: 130144    |

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Part Wo = Klop Drist

· Physical = Sederlain

Coved vacious Solvers

Cunkal health Chulcup

Follow up date:

**Doctor Signature** 

**Apollo One** 

#3 Block, Plot no, 34, Pusa Rd, opposite Metro Pilar No. 77, WEA, Karol Bagh, New Delhi.

**BOOK YOUR APPOINTMENT TODAY!** 

Phone Number

: (011) 40393610

Website

www.apolloclinic.com

| Male 52Years     | Req. No.  |               | <b>1</b>  | 4:<br>1: |          |  | aVR         |  | aV       | aVF |                 |
|------------------|---|---------------|-----------|----------|----------|--|-------------|--|----------|-----|-----------------|
| ars              |   |               | >         |          | }        |  | <u> </u>    | <u>-</u>                                       | <u>}</u> |     | )<br>><br>>     |
|                  |   |               | <b>=-</b> |          | }        |  | \<br>)      | \ \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\           | }        |     | )<br><br>}      |
| , <del>-</del>   | QRS<br>QT/QTcBz<br>QT/QRS/T<br>P/QRS/T<br>RV5/SV1 |               | >         |          | <u> </u> |  | )<br>}      |  |          |     | ><br>><br>>     |
|                  | 139<br>12 : 368/<br>17/1'<br>: 0.95               |               | >         |          | }        | \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ | )<br>}<br>} | \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\         | <u>}</u> |     | <u>`</u>        |
| ms               | ms<br>ms<br>419 ms<br>7/6 °                       |               | >         |          | }        | 1                                      | <u>}</u>    |  | <u> </u> | }   |                 |
| ra               |   | Re            | V]        |          |          | )<br>V3                                | )<br>V4     | )  | V5       | V6  | ).              |
| Sinus Arrhythmia |   | Report Confi  |           |          |          |  |             |  |          |     | <b>&gt;</b>     |
| Arrhythmia       |   | Confirmed by: |           |          |          |  | >           |  |          |     | ><br>>          |
|                  |   |               |           |          |          |  | >           |  | }        |     | <del>&gt;</del> |
|                  |   |               |           |          |          |  | >           |  |          |     | >               |
|                  |   |               | <b>A</b>  |          |          |  | >           |  |          |     | <b>\</b>        |
|                  |   | :::::::       |           |          |          |  |             | <i>[ ] [ [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [</i> |          |     | 1::::111        |



| ID             |        | ,   |        | [InBody370S]      |
|----------------|--------|-----|--------|-------------------|
| caop0000090123 | Height | Age | Gender | Test Date / Time  |
|                | 159cm  | 72  | Female | 14.09.2024. 12:50 |

## **Body Composition Analysis**

| Total Body Water | (27.0~33.0)             | 26.1        | Valer Soft Lean Mass   | r rechases  | Weight              |
|------------------|-------------------------|-------------|--|-------------|---------------------|
| Protein (        | (kg) 6.9<br>(7.3~8.9)   |             | 33.4<br>(34.7~42.5)  | 35.6        | ***                 |
| Minerals (       | kg) 2.62<br>(2.50~3.06) | BOD-OSSCOUR | **************************************   | (36.8~45.0) | 71.0<br>(45.1~61.1) |
| Body Fat Mass (F | (g) 35.4<br>(10.6~17.0) |             | Managarina a serial serial delegan and a serial |             |                     |

## Muscle-Fat Analysis

| Weight (kg)                      | 55 | 70 | 85   | 100 | 115  | 100 |      | 12) | 421 |     |     |   |
|----------------------------------|----|----|------|-----|------|-----|------|-----|-----|-----|-----|---|
|                                  |    |    |      |     |      | 130 | 71.0 | 160 | 175 | 190 | 205 | % |
| SMM<br>ikeletal Muscle Mass (kg) | 70 | 80 | 90   | 100 | 110  | 120 |      |     |     |     | _   |   |
|                                  |    |    | 18.8 |     | , 10 | 120 | 130  | 140 | 150 | 160 | 170 | % |
| Body Fat Mass (kg)               | 40 | 60 | 80   | 100 | 160  | 220 | 280  |     |     |     |     |   |

## Obesity Analysis

| PBF (%) 8.0 13.0 18.0 23.0 28.0 33.0 38.0 43. | 0 45.0                                  |      |      |
|---|---|------|------|
| Percent Body Fat 23.0 28.0 33.0 39.0          | - 40.0                                  | 50.0 | 55.0 |
|   | 48.0                                    | 53.0 | 58.0 |
| Lean Mass                                     | *************************************** | 49.9 |      |

## Segmental Lean Analysis

| 1.86kg |             | 1.94kg        |
|--------|-------------|---------------|
| 86.5%  |             | 90.5%         |
| Normal |             | Normal        |
|        | 18.1kg      |               |
|        | 93.8%       | ·····         |
|        | Normal      | •••••<br>•••• |
| 5.62kg |             | 5.65kg        |
| 83.1%  |             | 83.6%         |
| Under  | 11. 11. 11. | Under         |
|        |             |               |

## Segmental Fat Analysis

|                    | ereta anoma     |
|--------------------|-----------------|
| 3.1kg<br>344.5%    | 3.0kg<br>335.7% |
| Over               | Over            |
| 18.0kg<br>≟ 360.9% |                 |
| 5360.9%<br>Over    |                 |
| 5.0kg              | 5.0kg           |
| 220.9%             | 222.0%          |
| Over               | Over            |
|                    |                 |

\* Segmental fat is estimated.

Evaluation

## **Body Composition History**

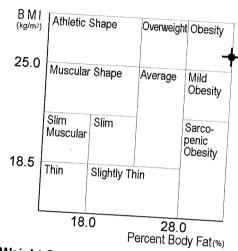
| Weight (kg)                             | 71.0               | 2 |  | **************************************  | <br>*************************************** |
|---|--------------------|---|--|---|---|
| <b>SMM</b> (kg)<br>Skeletal Muscle Mass | 18.8               |   |  | *************************************** |   |
| PBF (%)<br>Percent Body Fat             | 49.9               |   |  |   |   |
| Recent Total                            | 14.09.24.<br>12:50 |   |  |   |   |

### InBody Score

## 51/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

### **Body Type**



### Weight Control-

| Target Weight  | 53.1   | kg |
|----------------|--------|----|
| Weight Control | - 17.9 | kg |
| Fat Control    | - 23.2 | kg |
| Muscle Control | + 5.3  | ka |

| Muscle C | ontrol | + 5.3 kg       |                            |
|----------|--------|----------------|----------------------------|
|          |        | ition          |                            |
| ВМІ      |        | rmal 🗆 Under   | Slightly     Over     Over |
| PBF      | П No   | mal - Slightly | ✓ <u>-</u>                 |

## □ Normal □ Slightly Over

| PBF                                 | □ Norma   | 1 □ Sligh       | tly       | <b>∀</b> Over              |
|-------------------------------------|-----------|-----------------|-----------|----------------------------|
| Body Bala                           | ance Eva  | luation         |           |                            |
| Upper                               | Balance   | d Slightl       | y         | Extremely Unbalanced       |
| Lower                               | M Ralanco | a - Slightly    | J         | Evelen 1                   |
| Upper-Lower                         | □Balancec | Slightly        | nced<br>, |                            |
| i vesedi cili                       | Paramet   | Unbala<br>ers—— | nced      | Extremely<br>Unbalanced    |
| Basal Metabolic R                   | Rate 1    |                 | 1 (       | 1433~1669                  |
|                                     | 0         | 1.03            | (         | ,                          |
| Basal Metabolic R<br>Waist-Hip Rati | Rate 1    | 138 kca         | 1 (       | 1433~1669 )<br>0.75~0.85 ) |

| D 111 /              |           |   |           | ******     |
|----------------------|-----------|---|-----------|------------|
| Basal Metabolic Rate | 1138 kcal | ( | 1433~1669 | <b>a</b> ) |
| Waist-Hip Ratio      | 1.03      |   | 0.75~0.85 |            |
| Visceral Fat Level   | 20        | 7 |           | )          |
| Obesity Degree       |           | ( | 1~9       | )          |
|                      | 134 %     | ( | 90~110    | )          |
| Bone Mineral Content | 2.18 kg   | ( | 2.06~2.52 | )          |
| SMI                  |           |   |           | /          |

#### 6.0 kg/m² Recommended calorie intake 1847 kcal

#### Impedance.

| <b>Z</b> (Ω) 5 kHz<br>50 kHz<br>250 kHz | 468.8<br>428.0 | 492.1<br>453.7 | 29.4<br>26.9 | 3246  | 356.1 |
|---|----------------|----------------|--------------|-------|-------|
| ,                                       |                |                | 20.0         | 234.9 | 299.7 |
| 50 kHz<br>250 kHz                       | 420.U          | 453.7          | 26 a         | 3246  | 200   |



### **Eye Checkup**

NAME: - MR. BEBISINGH

Age: -

14-19124-Date:

SELF / CORPORATE: -

| Right Eye             |                    | Left Eye          |  |
|-----------------------|--------------------|-------------------|--|
|                       |                    |                   |  |
| Distant Vision        | Samerisian (6/0)   | Samervision (616) |  |
| Near vision           | · Somevision (C10) | Some vision (G1)  |  |
| Color vision          | OK-                | OLC,              |  |
| Fundus<br>examination |                    |                   |  |
| Intraocular pressure  |                    |                   |  |
| Slit lamp exam        |                    |                   |  |

Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pilar no. 77, Karol Baghp OLLO HEALTH AND LIFESTYLE LTD.

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www.apolloclinic.com

Signature





## DR. RAJEEV NANGIA

MBBS, MS (ENT) **Senior Consultant** Contact: 8929440195

> MS. BEBJ SINGH 527/ Fe

| Height: 514 | Weight: | BMI : | Waist Circum : |
|-------------|---------|-------|----------------|
| Temp :      | Pulse : | Resp: | B.P :          |

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Mild fluere

Follow up date:

Doctor Signature

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: www.apolloclinic.com



# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of on 16/9/24 beb' Lingh

| and on clir                                      | nical examination it has been found that he/she        |
|--|--|
| er reviewing the medical history and on one      | Tick   |
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| edically Fit  It Wit Restrictions Recommendation | ns   |
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| restrictions have                                | been revealed, in my opinion, these are not            |
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| Laura should fo                                  | ollow the advice/medication that has been communicated |
| However, the employee should                     | *                |
| to him/her.                                      |  |
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| Review after                                     |  |
|  | recommended  |
|  |  |
| Review after                                     |  |
|  |  |
| Unfit  |  |
|  |  |
|  |  |

Blood Pressure: 110/74 wtg

This certificate is not meant for medico-legal purposes

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### Dr. Pakhee Aggarwal

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BEST SINGY 5216 16/9/24

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