

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)

Sr. Consultant Non Invasive Cardiology

Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

 **KIMS-KINGSWAY
HOSPITALS**

Name: Mr. Jaydeep Rathod Date: 23/8/24

Age: 38 y Sex: M / F Weight: _____ kg Height: _____ inc BMI: 21.7

BP: 124/78 mmHg Pulse: 77/M bpm RBS: _____ mg/dl
SpO2: 98%

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

Name : Mr. Jaydeep Rathod Date : 23/03/24

Age : 38 yrs Sex : M/F Weight : _____ kg Height : _____ inc BMI : _____

BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

Routine Dental Checkup

PMH - NRI

PDH - H/O prosthesis \bar{c} $\frac{6}{7}$

C/E -

- TOP + ve \bar{c} $\frac{6}{7}$
- Impacted tooth \bar{c} $\frac{7}{8}$
- Stains ++
- Calculus +
- Gen. attrition
- Spacing \bar{c} U/L ant.

Advice - Re-RCT & Capping \bar{c} $\frac{6}{7}$

Oral Prophylaxis

Orthodontic +/t.

Dr. Siddhanta

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

JAYDEEP RATHOD 38Y(S) 0M(S) 0D(S)/M UMR2324041671 8805509484	CONSULT DATE : 23-03-2024	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
	CONSULT ID : OPC2324128524	
	CONSULT TYPE :	
	VISIT TYPE : NORMAL	
TRANSACTION TYPE :		

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 -- °F -- /min -- %RA -- /10 -- cms
 Weight : BMI :
 -- kgs --

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	XLHA EYE DROPS 10ML	Eye	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYE Composition : SODIUM HYALURONATE 0.1% WV						

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
-----	-----	-----	------	--------

RIGHT EYE	-0.75	00	00	6/6
-----------	-------	----	----	-----

LEFT EYE	00	00	00	6/6
----------	----	----	----	-----

NEAR ADDITION

RIGHT EYE			00	N6
-----------	--	--	----	----

LEFT EYE			00	N6
----------	--	--	----	----

REMARK- BLUE CUT GLASS



Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :23-03-2024 12:18:23



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. JAYDEEP RATHOD	Age /Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:48 am	Report Date : 23-Mar-24 11:56 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.1	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		41.2	40.0 - 50.0 %	Calculated
RBC Count		4.55	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		90	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		31.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.3	31.5 - 35.0 g/l	Calculated
RDW		13.9	11.5 - 14.0 %	Calculated
Platelet count		254	150 - 450 10^3 /cumm	Impedance
WBC Count		5800	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	55.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	40.0	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	1.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	3.3	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3190	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2320	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		98.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		191.4	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic		
WBC		Normocytic		
Platelets		As Above		
ESR		Adequate		
		10	0 - 15 mm/hr	Automated
		*** End Of Report ***		Westergren's Method

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. JAYDEEP RATHOD	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:46 am	Report Date : 23-Mar-24 11:59 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	94	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		4.6	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. JAYDEEP RATHOD
Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 12:41 pm
Report Date : 23-Mar-24 01:59 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	91	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021
Diabetes Mellites If,
Fasting \geq 126 mg/dl
Random/2Hrs. OGTT \geq 200 mg/dl
Impaired Fasting = 100-125 mg/dl
Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
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LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	160 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		326 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		33 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		83.51 < 100 mg/dl	Enzymatic
VLDL Cholesterol		65 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		5 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk>20%		<100
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 <130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 <160

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

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Bill No/ UMR No : BIL2324087577/UMR2324041671
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:48 am
Report Date : 23-Mar-24 11:59 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	1.07	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.11	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.96	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		91	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		13	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		23	15 - 40 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.49	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.67	3.5 - 5.0 gm/dl	Calculated
Globulin		2.83	2.0 - 4.0 gm/dl	
A/G Ratio		1.7		

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

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THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.20	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.99	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		3.59	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. JAYDEEP RATHOD
Age /Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:48 am
Report Date : 23-Mar-24 11:59 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	21	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		1.1	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		88.1	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		145	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.02	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. JAYDEEP RATHOD	Age /Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 11:04 am	Report Date : 23-Mar-24 12:13 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.005	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Negative	Negative
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		Normal	Normal
R.B.C.		0-1	0 - 4 /hpf
Pus Cells		Absent	0 - 4 /hpf
Casts		0-1	0 - 4 /hpf
		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. JAYDEEP RATHOD	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 11:04 am	Report Date : 23-Mar-24 12:13 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.005	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Negative	Negative
		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	0 - 4 /hpf
			Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. JAYDEEP RATHOD	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 11:04 am	Report Date : 23-Mar-24 12:13 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. JAYDEEP RATHOD	Age /Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 12:53 pm	Report Date : 23-Mar-24 01:55 pm

URINE SUGAR

Parameter
Urine Glucose
NOTE:

Result Values
Negative
Urine Sugar Postmeal
*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. JAYDEEP RATHOD	Age /Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 11:04 am	Report Date : 23-Mar-24 12:13 pm

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
*** End Of Report ***				

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. JAYDEEP RATHOD	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087577/UMR2324041671	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:48 am	Report Date : 23-Mar-24 12:37 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

PATIENT NAME:	MR. JAYDEEP RATHOD	AGE /SEX:	38Y/M
UMR NO:	2324041671	BILL NO:	2324087577
REF BY	DR. VIMMI GOEL	DATE:	23/03/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. JAYDEEP RATHOD	AGE /SEX:	38Y/M
UMR NO:	2324041671	BILL NO:	2324087577
REF BY	DR. VIMMI GOEL	DATE:	23/03/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

**No significant abnormality seen.
Suggest clinical correlation / further evaluation.**



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]



Dr. Bhupendra Yadav
Resident Doctor

Report prepared by Farzana (MT)

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Jaydeep, Rathod
Patient ID: 041671
Height:
Weight:
Study Date: 23.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 04.06.1985
Age: 38yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:12	0.00	0.00	76	120/80	
	STANDING	00:01	0.00	0.00	76		
	WARM-UP	00:06	1.00	0.00	79		
EXERCISE	STAGE 1	03:00	1.70	10.00	117	120/80	
	STAGE 2	03:00	2.50	12.00	142	130/80	
	STAGE 3	01:39	3.40	14.00	160		
RECOVERY		01:00	0.00	0.00	122		
		02:00	0.00	0.00	90		
		00:47	0.00	0.00		120/80	

The patient exercised according to the BRUCE for 7:39 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 76 bpm rose to a maximal heart rate of 160 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Insignificant ST-T changes seen.

Rate 63 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Probable left ventricular hypertrophy.....multiple LVH criteria

PR 127
 QRSd 104
 QT 370
 QTc 379

--AXIS--

P 30
 QRS 60
 T 61

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis

