


<b>Name</b> : Mr. A NAGARAJ  <b>Address</b> : MYSORE  <b>Plan</b> : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT	<b>Age</b> : 52 Y  <b>Sex</b> : M	<b>UHID</b> :CMYS.0000059978  <b>OP Number</b> :CMYSOPV123229 <b>Bill No</b> :CMYS-OCR-22603 <b>Date</b> : 09.03.2024 08:20
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
✓1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	D ECHO → P	
✓3	LIVER FUNCTION TEST (LFT)	
✓4	GLUCOSE, FASTING	
✓5	HEMOGRAM + PERIPHERAL SMEAR	
6	DIET CONSULTATION → P	HG → 165
✓7	COMPLETE URINE EXAMINATION	W → 101.9
8	URINE GLUCOSE(POST PRANDIAL)	
✓9	PERIPHERAL SMEAR	
✓10	ECG	Bp → 130/90
✓11	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
12	DENTAL CONSULTATION	
13	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
✓14	URINE GLUCOSE(FASTING)	
✓15	HbA1c, GLYCATED HEMOGLOBIN	
16	<del>X-RAY CHEST PA</del>	
17	ENT CONSULTATION → P	
18	FITNESS BY GENERAL PHYSICIAN → P	
✓19	BLOOD GROUP ABO AND RH FACTOR	
✓20	LIPID PROFILE	
21	BODY MASS INDEX (BMI)	
22	OPHTHAL BY GENERAL PHYSICIAN	
✓23	ULTRASOUND - WHOLE ABDOMEN	
✓24	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of A Nagaraj on 9/3/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>• Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

Dr. 

Medical Officer  
The Apollo Clinic, Mysore.

**Apollo Clinic**

3rd Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

*This certificate is not meant for medico-legal purposes.*

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(CIN - U85110TG2000PLC115819)

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Date : 09-03-2024  
 MR NO : CMYS.0000059978  
 Name : Mr. A NAGARAJ  
 Age/ Gender : 52 Y / Male

Department : GENERAL  
 Doctor :  
 Registration No :  
 Qualification :

Dr. GURU PRASAD. B. V  
 MBBS, PGDCC (CARDIO)  
 CCMH, CRFC (ICCP), FGCC, CCEBDM  
 Consultant- Non Invasive Cardiology  
 KMC No 69949

Consultation Timing: 08:20

Height : 165	Weight : 101.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 130/90

General Examination /  
 Allergies History

Clinical Diagnosis & Management Plan

*Coronary OPD* (MHC)

No reported symptoms

Absent

$S_{t_2} (+)$   $NO_2$   $RVB (+)$

ECG: SR 2DECTO: ANKADIS

Labs: Noted.

(19)

Tab. CILATEART 10mg 1-0-0.

⊕ Tab. VILDACOAL M 1-0-1.

50/500

Follow up date :

Report on FBS/PPBS

Lifestyle modification  
 connected

Doctor Signature

**Apollo Clinic**  
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 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

Continued

Date : 09-03-2024  
MR NO : CMYS.0000059978

Department : GENERAL  
Doctor :

Name : Mr. A NAGARAJ  
Age/ Gender : 52 Y / Male

Registration No : H Praveen Kumar  
Qualification : MS ENT

Consultation Timing: 08:20

Height : 165	Weight : 101.9	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 130/90

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Came for regular hearing check

Ears - bilateral TM @

Nose - normal mucosa @

oral cavity & oropharynx @

neck @

As

Recurrent

ph

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 09-03-2024  
R NO : CMYS.0000059978

Department : GENERAL Dietetics  
Doctor : K. Anshuvar. B. P

Name : Mr. A NAGARAJ

Registration No :  
Qualification : M.Sc Nutrition & Dietetics  
PHD\*

Age/ Gender : 52 Y / Male

Consultation Timing: 08:20

IRU - 65 kg

Height : 165	Weight : 101.9	BMI : 37 kg/m <sup>2</sup>	Waist Circum : KLEO - T <sub>2</sub> DM, HTN
Temp :	Pulse :	Resp :	B.P : 130/90

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

FBS - 126  
PPBS - 234  
HbA1c - 9.0  
HDL - 31

Δ<sup>cis</sup> - Fatty liver  
→ Advise low fat salt restricted diet with complex carbohydrates.  
→ Fruits like Apple, Papaya, Muskmelon, Orange, Mosambi & Guava can be taken 100gms/day. If FBS is below 100mg/dl.  
→ Avoid root vegetables like potato, sweet potato, Yam & Arbi.

Follow up date :

Doctor Signature : K. Anshuvar. B. P  
Apollo Clinic # 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4005040/41  
9/3/2024

MR A NAGRAJ

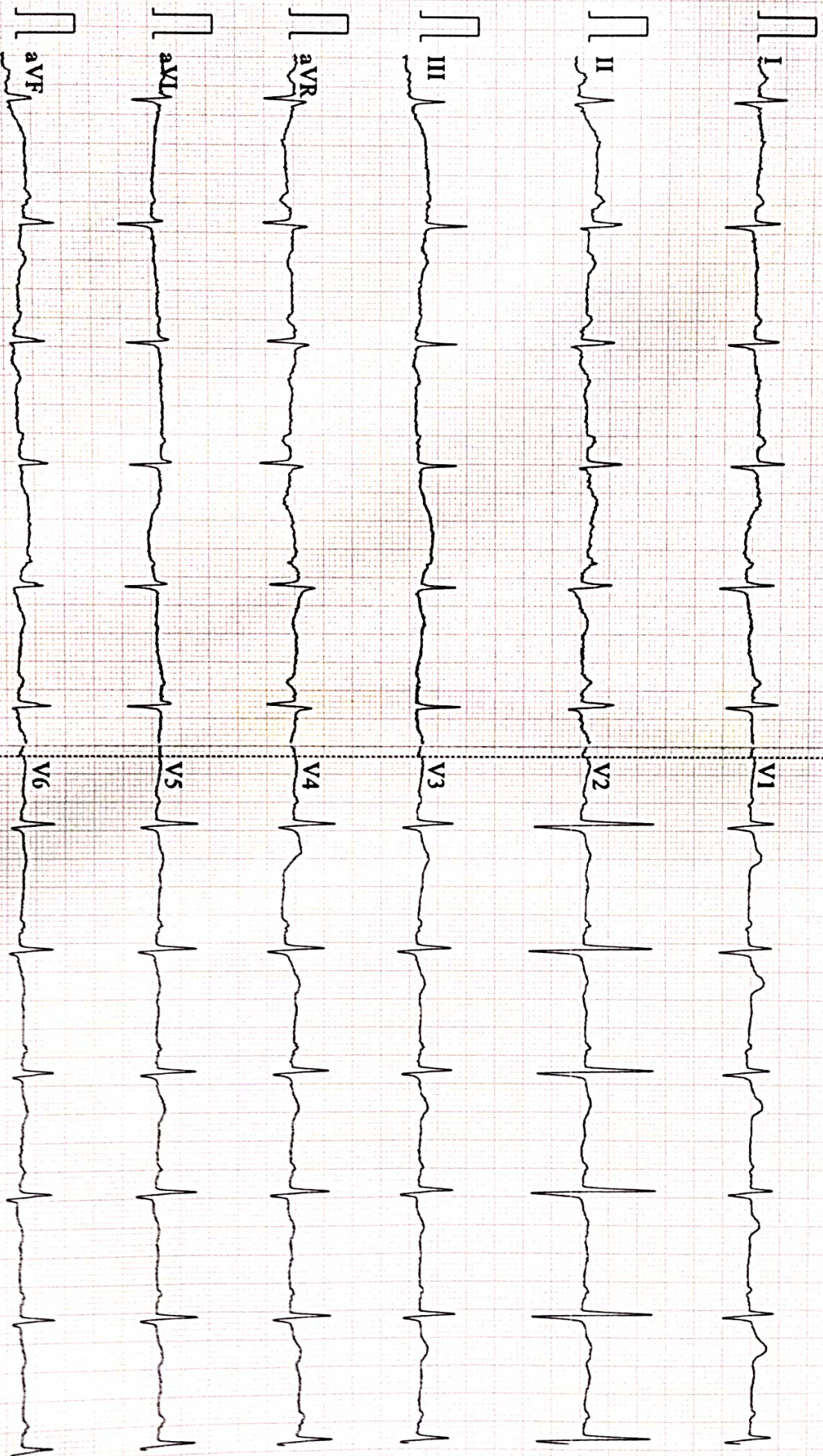
Male 52 Years

165cm 101kg 130/90 mmHg

Diagnosis Information:

Unconfirmed Report.

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Ph : 0821-4006040/41



Patient Name : Mr. A NAGARAJ  
UHID : CMYS.0000059978  
Reported on : 09-03-2024 15:49  
Adm/Consult Doctor :

Age : 52 Y M  
OP Visit No : CMYSOPV123229  
Printed on : 09-03-2024 15:50  
Ref Doctor : SELF

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY .**

*Pradeep*

Printed on:09-03-2024 15:49

---End of the Report---

**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

<b>Patient Name: Mr. Nagaraj</b>	<b>Date:09.03.2024</b>	<b>Doctor:Dr. Self</b>
<b>Age / Sex :52yrs /Male</b>	<b>UHID No :59978</b>	<b>OP:</b>
<b>ULTRASONOGRAPHY – ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is increased in size(15.5 cm) and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No e/o calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It Measures 105x46 mm with parenchymal thickness of 20 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 92x45 mm with parenchymal thickness of 17 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It measures 30x29x29 mm with a volume of 13 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: FATTY LIVER.**

*Pradeep*  
**Dr. Pradeep Kumar C N, DNB**  
**Consultant Radiologist.**

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TO BOOK AN APPOINTMENT

**1860 500 7788**



<b>Patient's Name : Mr. A Nagaraj</b>	<b>Age &amp; Sex; 58Yrs /Male</b>
<b>Date : 09.03.2024</b>	<b>UHID No:59978</b>

## 2D ECHOCARDIOGRAPHY STUDY

### Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 62 %
- No clots. No pericardial effusion
- *Grade I CKDD.*

### Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

<b>Patient's Name : Mr. A Nagaraj</b>	<b>Age &amp; Sex; 58Yrs /Male</b>
<b>Date : 09.03.2024</b>	<b>UHID No:59978</b>

Measurements

AO : 2.8 cm  
LA : 3.3 cm

RV : 2.6 cm  
LVIDd : 4.98 cm  
LVIDs : 3.30 cm  
IVSd : 0.86 cm  
IVSs : 1.27 cm  
PWd : 1.08 cm  
PWs : 1.27 cm  
EF : 62.0 %  
FS : 33.0 %

Doppler  
MV TV AV PV  
E 0.73 m/s E --- m/s V max 0.91 m/s V max 1.07 m/s  
:  
A: 0.87 m/s A --- m/s

**Dr. GURU PRASAD. B. V, MBBS, PGDCC**  
**CONSULTANT – NON-INVASIVE CARDIOLOGY**

MBBS, PGDCC (CARDIO)  
CCNP, CRU (CCFPI), FACC, FCEBDM  
Consultant Non-invasive Cardiology  
(UHID No:59978)

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TO BOOK AN APPOINTMENT

**1860 500 7788**

**Informed Consent/Declaration For Test Exclusion**

Patient Name: A Nagaraj Age: 52 year Male

UHID Number: 59978

Please tick and sign the relevant part

I certify that I will skip Ophthal Test from my own.

No refund is provided for the above excluded test and I have been informed about the same.

A Nagaraj

Patient signature \_\_\_\_\_ Date 9/3/24

Witness signature: Vedaj Date: 9/3/24