

FINDINGS: Normal Sinus Rhythm
Vent Rate : 88 bpm PR Interval : 158 ms
P-QRS-T axis: 69° 82° 58° (Deg)

Comments :
QRS Duration: 112 ms QT/QTc Int : 339/412

NORMAL ECG

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Anjali



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123457222 / MRS ANJALI / 44 Yrs / F

Resting ECG



Date: 23 - 03 - 2024 12:07:40 PM
4X 80 ms Post J

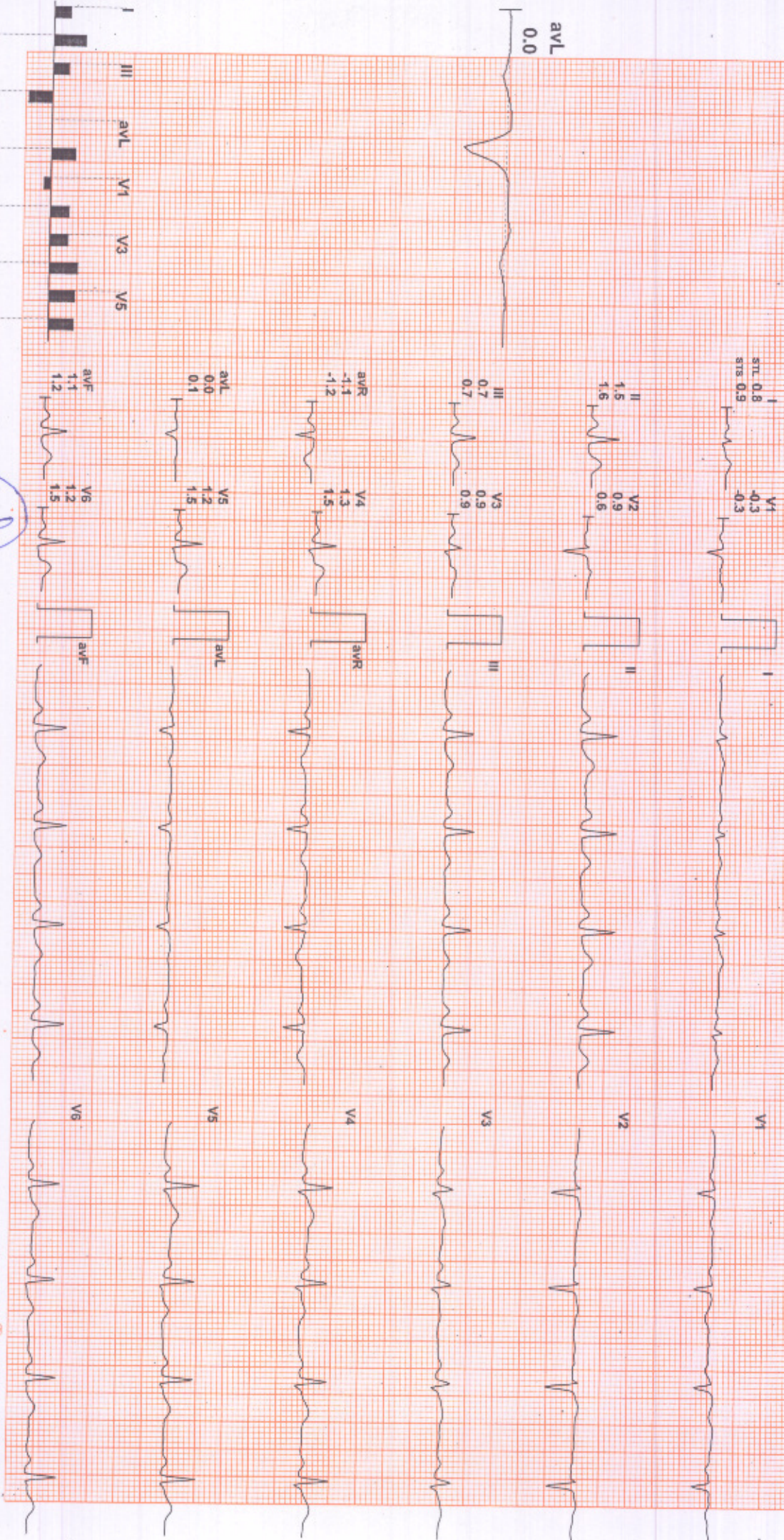
METS: 1.0

HR: 84 bpm 47% Trgt

BP: 120/80

Raw ECG, BLC, Notch, (0.05-100)Hz

EXTime: 00:00 1.1 mph, 0.0%
25 mm/Sec, 1.0 Cm/mV



COMMENTS:

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Signature



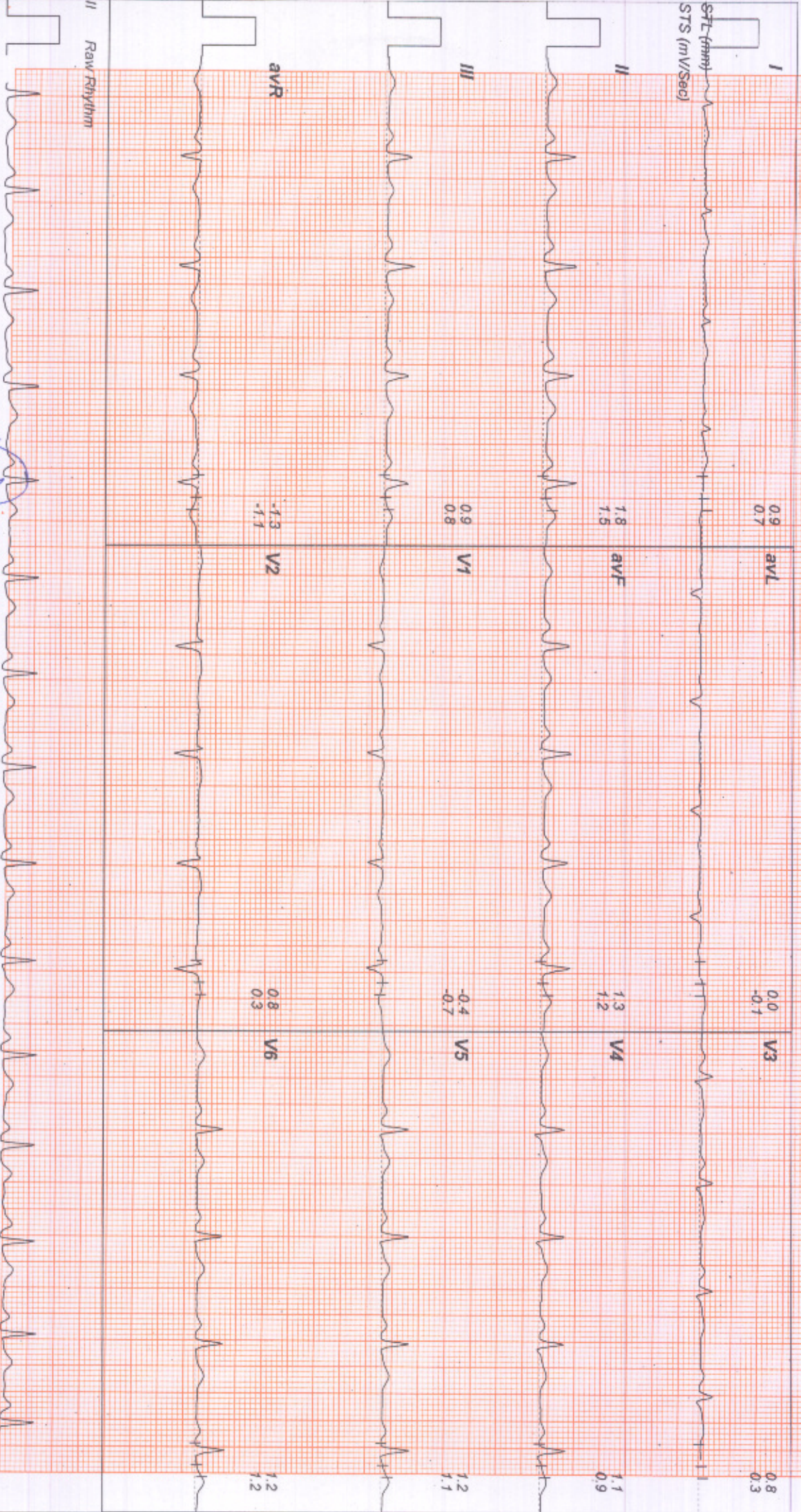
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123457222 / MRS ANJALI / 44 Yrs / Female / 10 Kg / 10 Cm / Non Smoker

Date: 23 - 03 - 2024 12:07:40 PM METs : 01.00 HR : 86 Target HR : 48% of 176 BP : 120/80 Postl @ 77ms Ex Time : 00:59 Speed : 00:00 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV

Linked Medians Report

SUPINE



Anjali



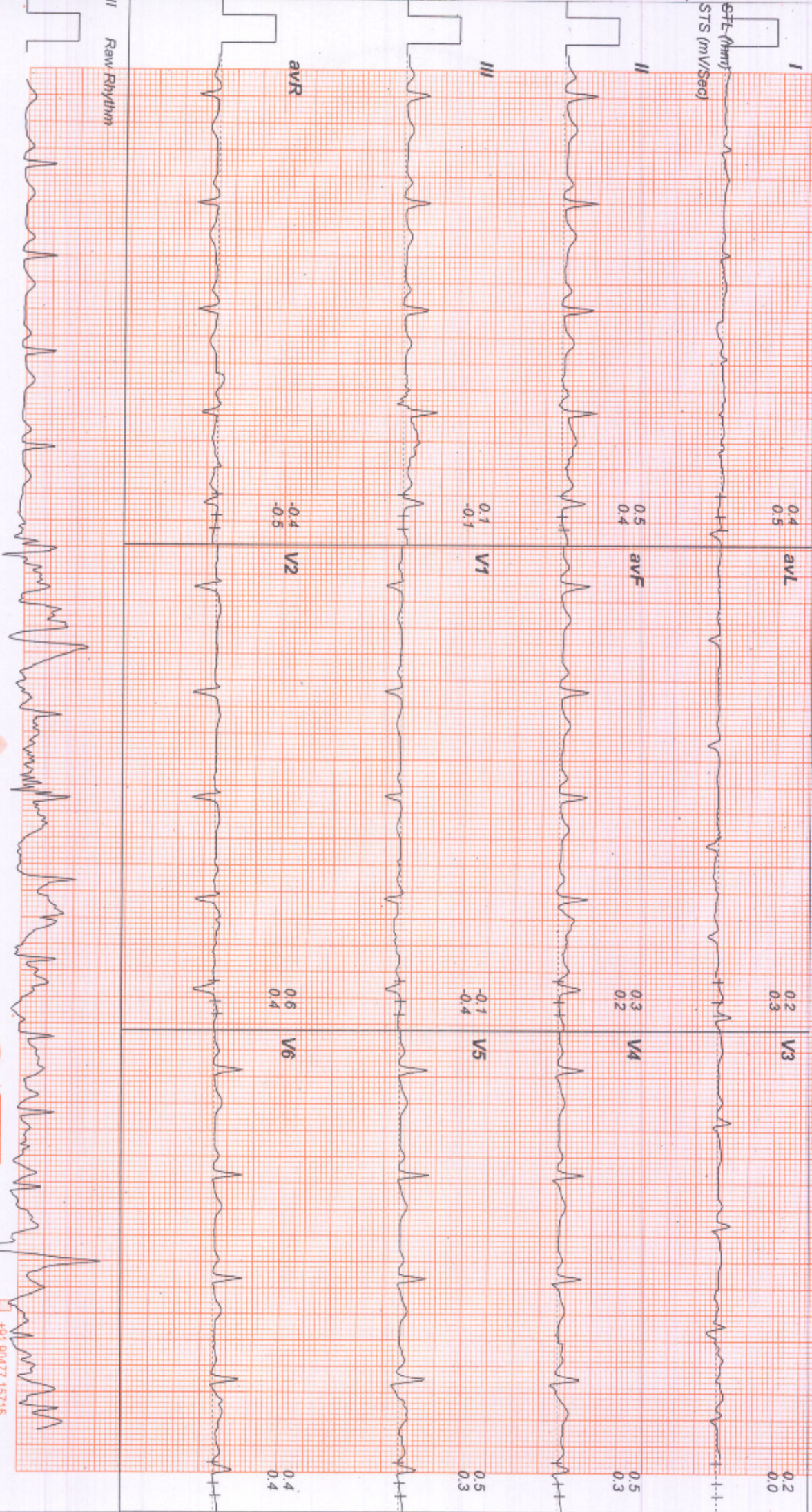
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123457222 / MRS ANJALI / 44 Yrs / Female / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 12:07:40 PM METS : 01:00 HR : 91 Target HR : 51% of 176 BP : 120/80 PostJ @80ms ExTime : 01:33 Speed : 00:00 mph Grade : 00:00 % 25 mm/Sec : 1.0 Cm/1V

Linked Medians Report

STANDING



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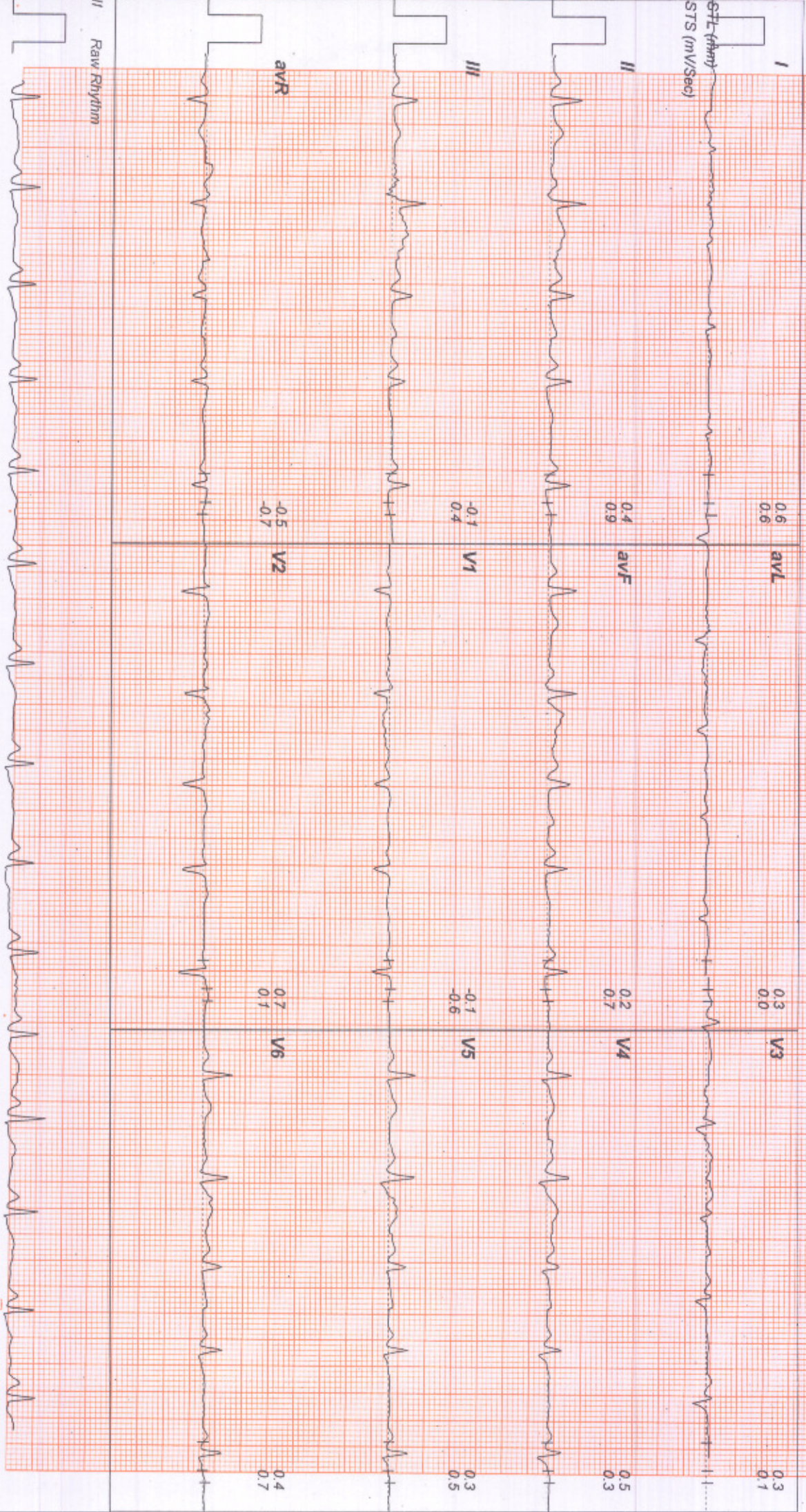
Linked Medians Report



123457222 / MRS ANJALI / 44 Yrs / Female / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 12:07:40 PM METS: 01.00 HR: 91 Target HR: 51% of 176 BP: 120/80 PostU @80ms ExtTime : 01:53 Speed : 00.00 mmh Grade : 00.00 % 25 mm/Sec. 1.0 Cm/hv

HV



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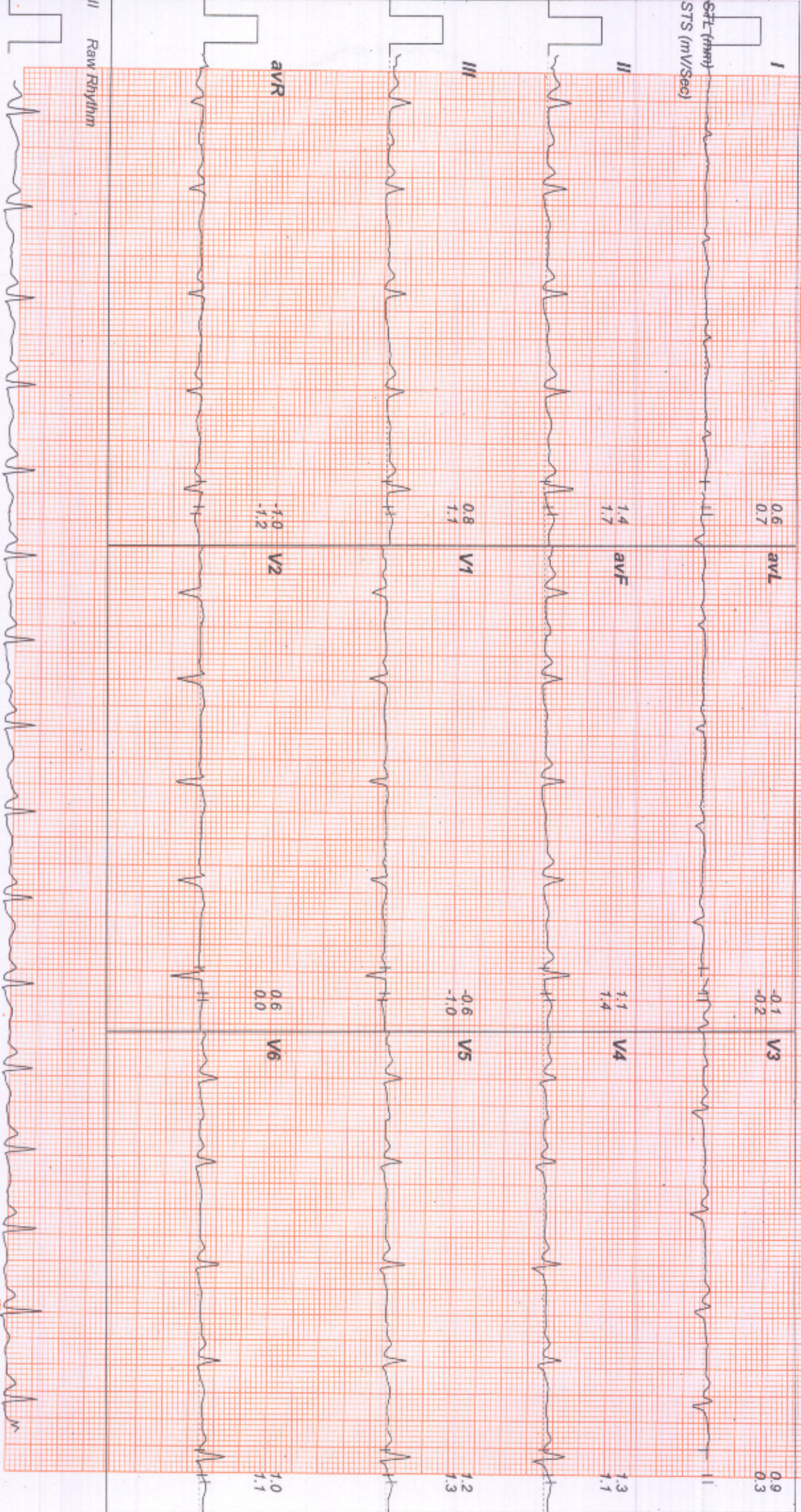


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ExSit

123457222 / MRS ANJALI / 44 Yrs / Female / 0 Kg / 0 Cm / Non Smoker
 Date: 23 - 03 - 2024 12:07:40-PM METs : 01:00 HR : 92 Target HR : 52% of 176 BP : 120/80 PostU @47ms Ex Time : 00:00 Speed : 01.70 mph Grade : 10.00 % 25 mm/Sec: 1.0 Cm/mV



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123457222/MRS ANJALI / 44 Yrs / Female / 0 Kg / 0 Cm / Non-Smoker

Linked Medians Report

BRUCE : Stage 1 (03:00)



Date: 23 - 03 - 2024 12:07:40 PM METs : 04.70 HR : 153 Target HR : 86% of 176 BP : 130/90 PostJ @60ms ExTime : 03:00 Speed : 01.70 mph Grade : 10.00 % 25 mm/Sec 1.0 Cm/mV



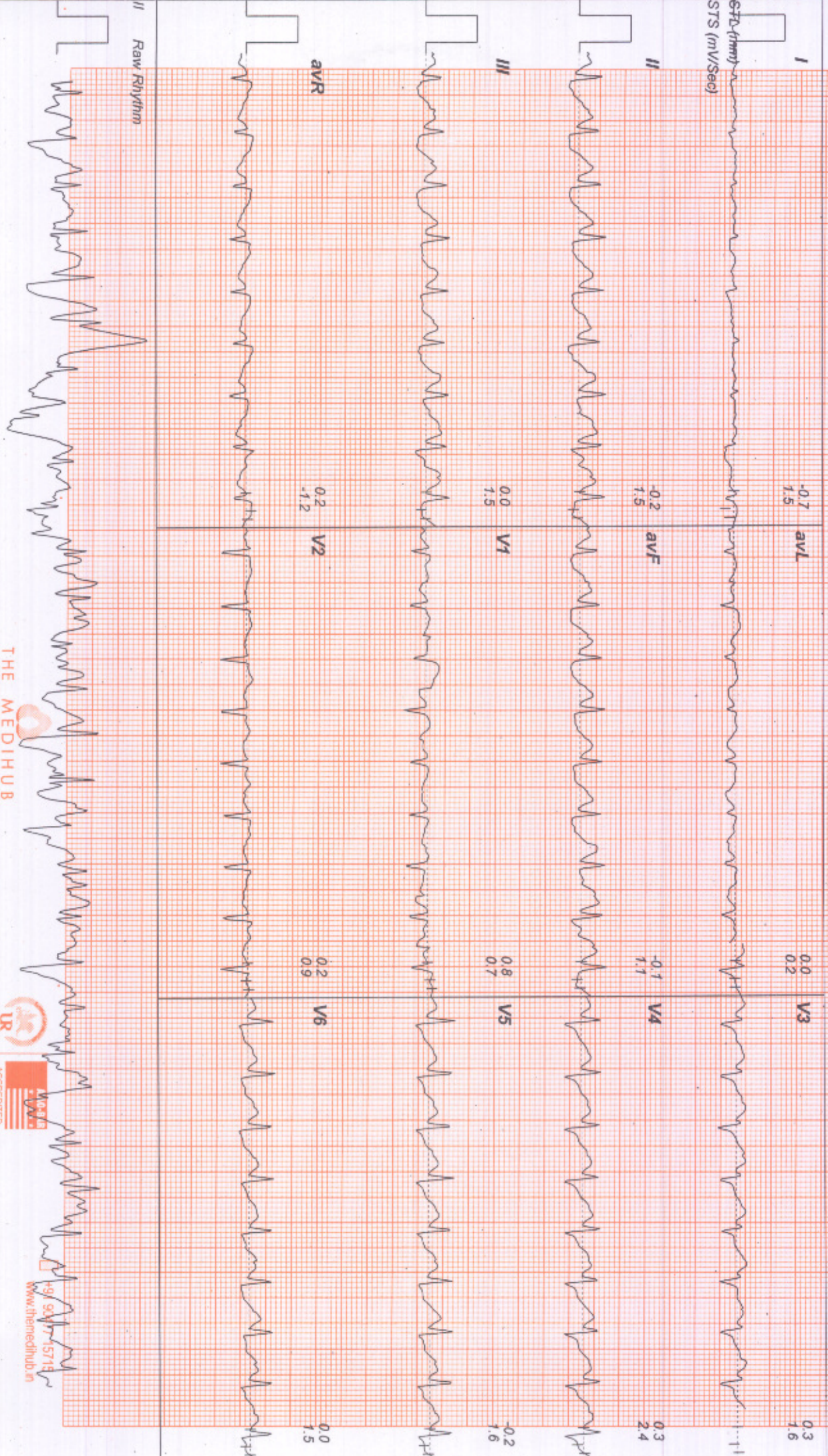
Linked Medians Report



PeakEx

123457222 / MRS ANJALI / 44 Yrs / Female / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 12:07:40 PM METs : 06:30 HR : 175 Target HR : 99% of 176 BP : 140/100 Postl @60ms Ex Time : 05:00 Speed : 02.50 mph Grade : 12.00 % 25 mm/Sec: 1.0 Cm/mV



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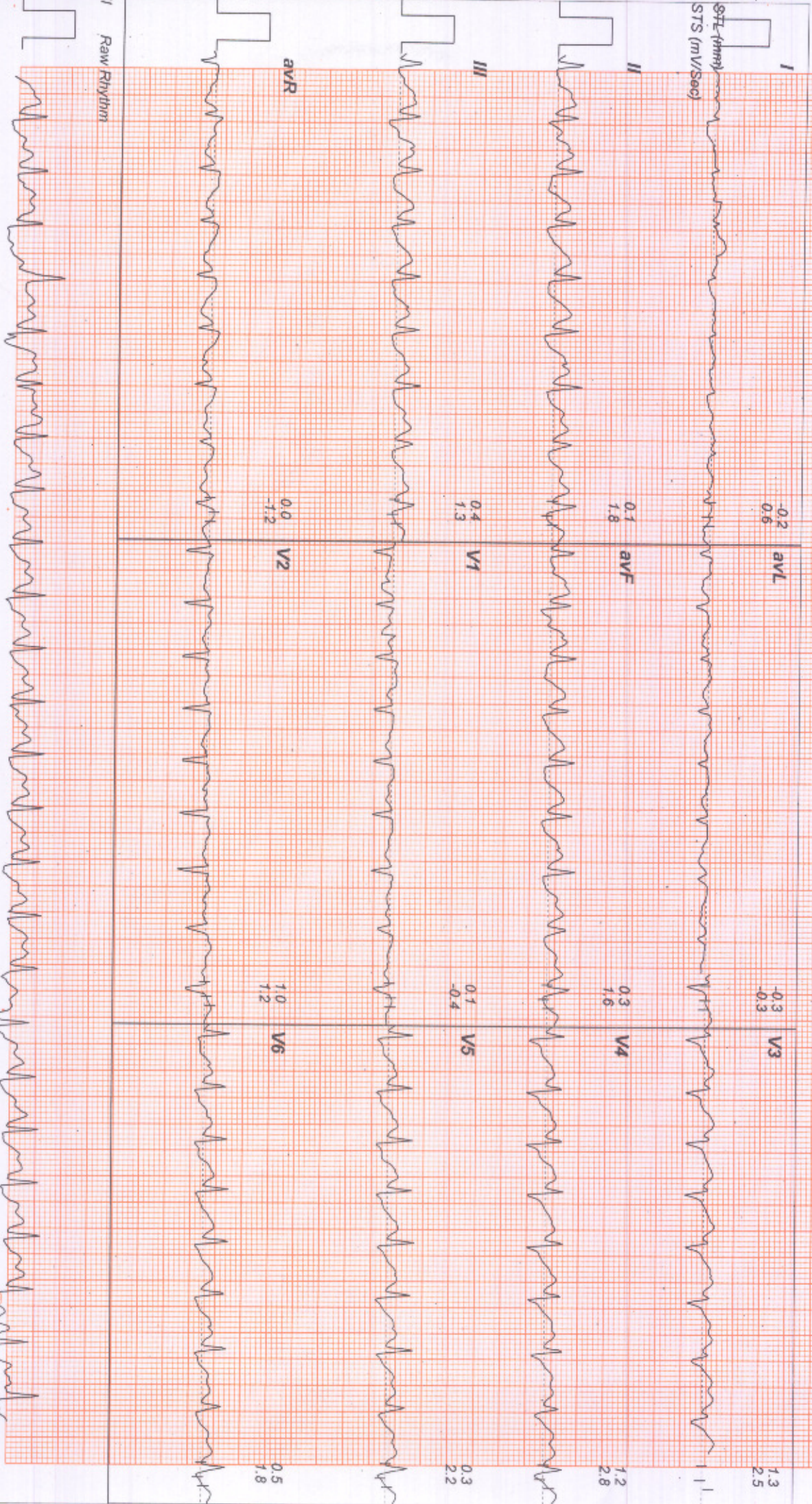
Linked Medians Report



Recovery : (01:00)

123457222 / MRS ANJALI / 44 Yrs / Female / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 12:07:40 PM METs : 01.00 HR : 141 Target HR : 80% of 176 BP : 140/100 PostU @60ms EXTime : 05:00 Speed : 01.10 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/InV



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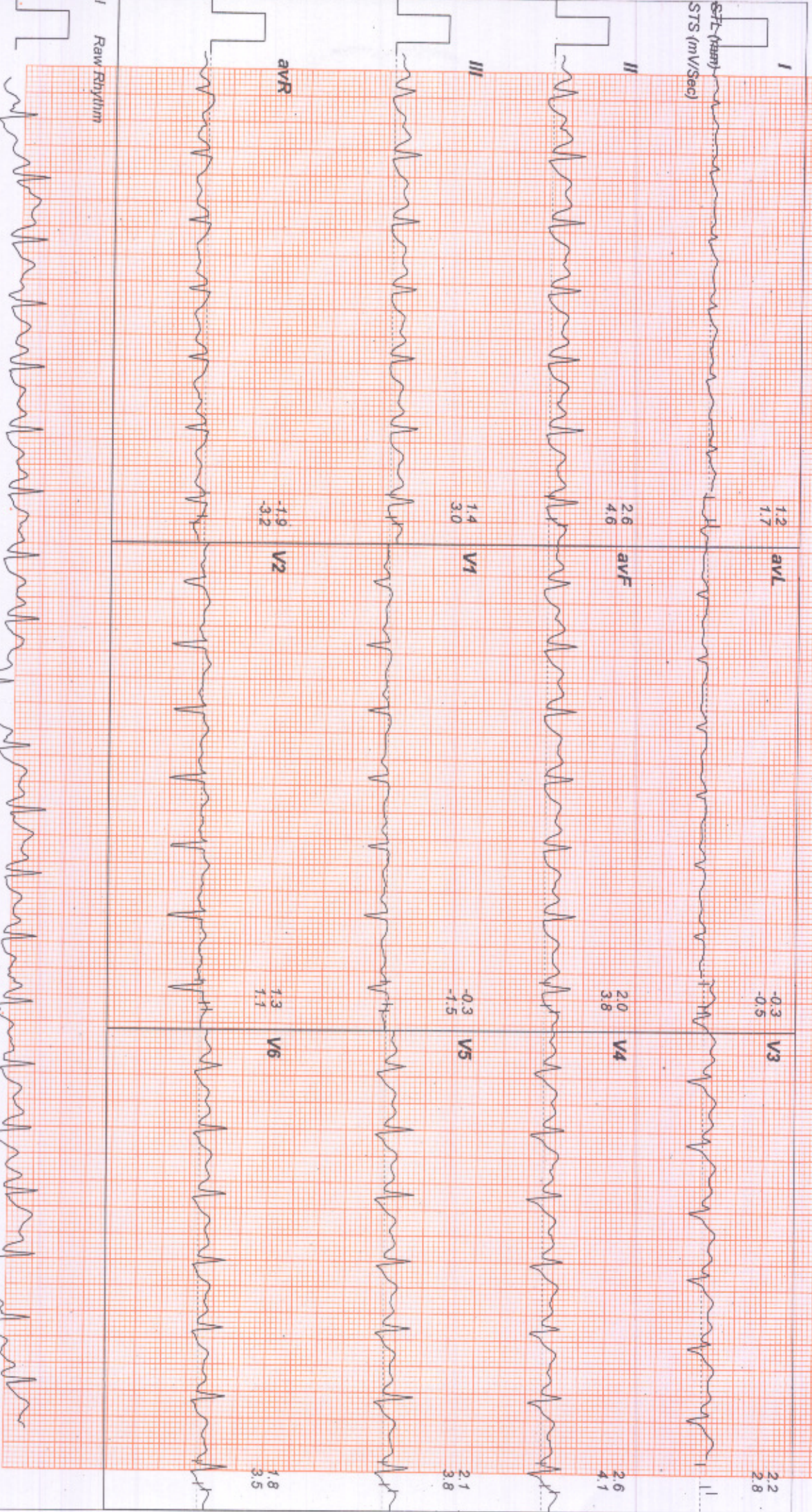
Linked Medians Report



Recovery : (02:00)

123457222 / MRS ANJALI / 44 Yrs / Female / 0 Kg / 0 Cm / Non Smoker

Date: 23 - 03 - 2024 12:07:40 PM METs : 01.00 HR : 126 Target HR : 71% of 176 BP : 130/90 PostU @ 43ms EXTime : 05:00 Speed : 01.10 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



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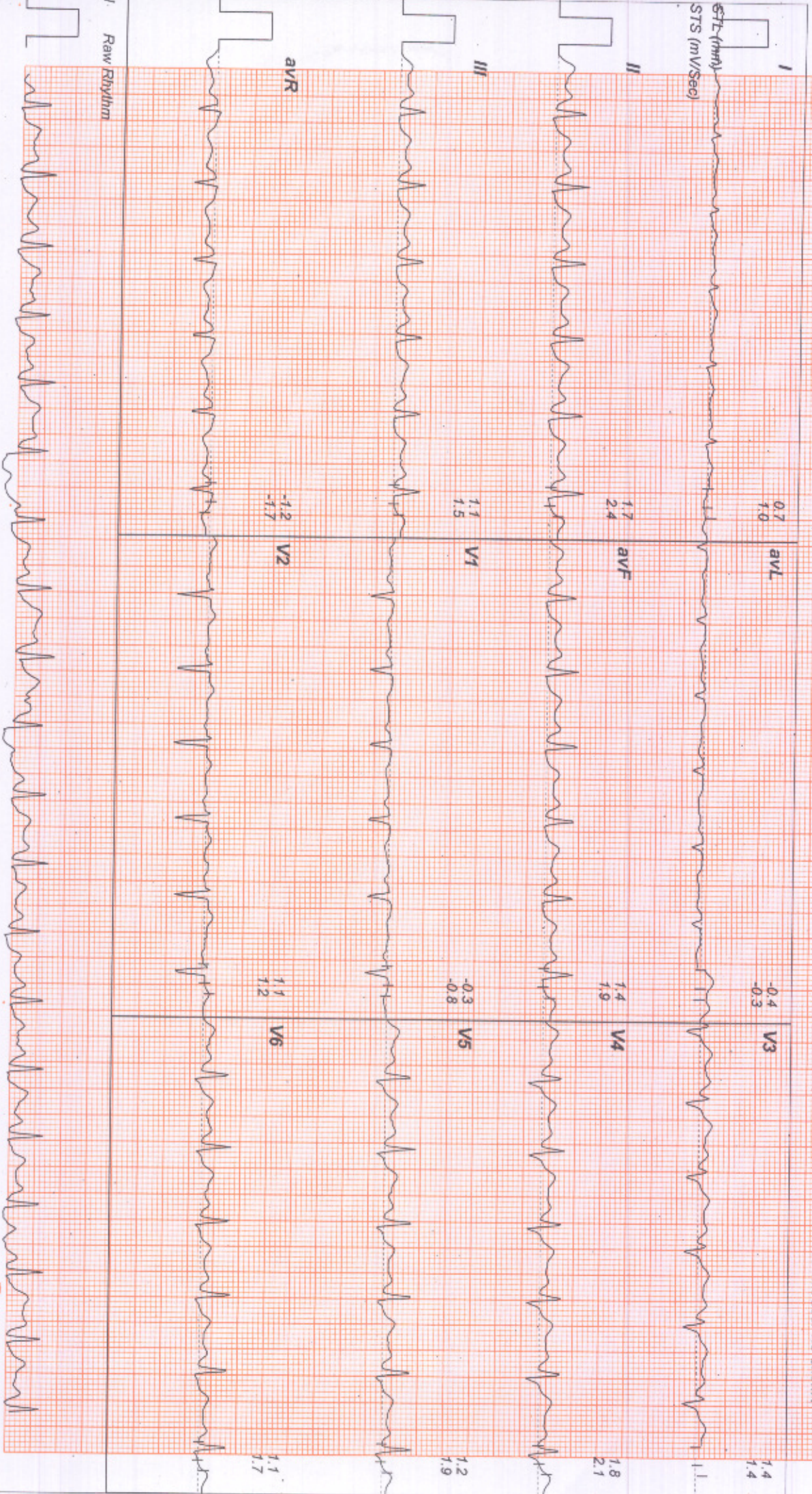
123457222/MRS ANJALI / 44 Yrs / Female / 70 Kg / 0 Cm / Non Smoker

Linked Medians Report

Recovery : (03:00)



Date: 23 - 03 - 2024 12:07:40 PM METs : 01.00 HR : 141 Target HR : 80% of 176 BP : 120/80 PostJ @73ms Ex Time : 05:00 Speed : 01.10 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



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123457222 / MRS ANJALI / 44 Yrs / F / 0 Kg / 0 Cms / NonSmoker

Date: 23-03-2024

Medication : Nil
Ref. By : SELF

Protocol : BRUCE

Objective : FOR TESTING PURPOSE ONLY
History : Nil

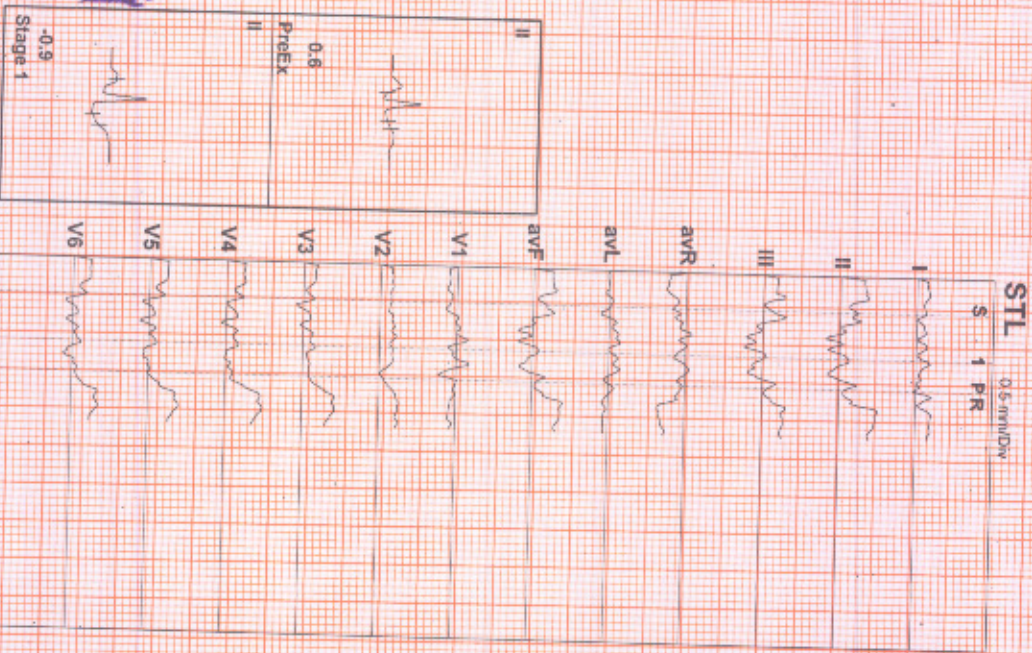
Stage	StageTime (Min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine				1.0	86	120/80	103	-	
Standing				1.0	109	120/80	130	1	
HV				1.0	92	120/80	110	-	
ExStart				1.0	92	120/80	110	-	
Stage 1	3:00	1.7	10.0	4.7	153	130/90	198	-	
PeakEx	2:00	2.5	12.0	6.3	175	140/100	245	-	
Recovery	1:00	1.1	0.0	1.0	141	140/100	197	-	
Recovery	2:00	1.1	0.0	1.0	126	130/90	163	-	
Recovery	3:00	1.1	0.0	1.0	141	120/80	169	-	
Recovery	3:05	1.1	0.0	1.0	122	120/80	146	-	

Findings :

Exercise Time : 05:01
Max HR Attained : 175 bpm 99% of Target 176
Max BP : 140/100
Max Workload attained : 6.3 (Fair Effort Tolerance)

Th1 METABOLIC for inducible ISCHEMIA

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Cardio-Diabetologist & Obesity Consultant
Regd. No: 72228



Advice/Comments:



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Name : Mrs .ANJALI

Age: 44 YRS

ID No : PDF 1319/2024 Sex : Female

Ref By : Dr. RAMESH RAJA PRABHOO M.B.B.S; F.R.S.H.

Date : 23-03-2024

ULTRA SOUND SCAN OF ABDOMEN

Clinical status: Routine clinical examination

Liver:

Liver is normal in size with normal echoes
No mass is seen.
Intrahepatic biliary radicles are not dilated.
Portal and hepatic veins are normal.
No focal lesion.

Gallbladder: Gallbladder is normal in size.
No calculi or sludge seen in the gallbladder.
Wall is not thickened.

Spleen: Normal in size and echo pattern.

Pancreas: Head, body and tail of pancreas is normal.

Kidneys:

Both kidneys are normal in size and echoes.
No calculi / pcs dilatation

Urinary Bladder: is Empty.

PELVIS COULD NOT BE ASSESTED.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IN UPPER ABDOMEN.

Dr. Rajalakshmi.C

M.B.B.S; D.M.R.D.

Registration No:58990



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Pt. Name : Mrs. Anjali

Age/Sex : 44yrs / F

Ref. Dr : Dr. Ramesh Raja Prabhoo, MBBS.,

Date : 23.03.2024

BLOOD REPORT

HAEMATOLOGY

Complete Blood Count

Total WBC Count	:	5800 Cells/Cumm	(N : 4,000 – 11,000 Cells/Cumm)
Diff. Count	:		
Polymorphs	:	61 %	(N : 45 – 70 %)
Lymphocytes	:	34 %	(N : 22 – 40 %)
Eosinophils	:	05 %	(N : 0 – 08 %)
Hemoglobin	:	8.6 Gms %	(N : M-13.5 – 17.5gms %)
ESR 1 hr	:	11 mm	(N : M-15 mm/1 hr.)
Total RBC Count	:	4.06 Million /Cumm	(N : 3.5 – 5.5 Million /Cumm)
PCV	:	25.7 %	(N : M- 42 – 50 %)
Platelet count	:	1.63 Lakhs/cumm	(N : 1.5 – 3.0 lakhs/cumm)
MCV	:	73.4 fL	(N : 82 -98 fL)
MCH	:	22.6 %	(N : 26 – 34 %)
MCHC	:	29.3 %	(N : 31 – 38 %)
Blood Group & RH Type	:	“ O” Negative	

BIOCHEMISTRY

Fasting Sugar	:	90.0 mg %	(N : 70 – 110 mg %)
PP 1 ½ hr sugar	:	106.2 mg %	(N : 80 – 160 mg%)
Blood Urea Nitrogen	:	12.7 mg %	(N : 10 – 25 mg %)
Creatinine	:	0.79 mg %	(N : 0.5 – 1.4 mg %)
Urea	:	23.2mg %	(N : 10 – 40 mg %)
Uric Acid	:	4.0 mg %	(N : 4 – 6 mg %)


Lipid Profile

Total Cholesterol	:	148.5 mg %	(N : Below 200 mg %)
Triglyceride	:	101.3 mg %	(N : Below 160 mg %)
HDL	:	43.6 mg %	(N : 35 – 70 mg %)
LDL	:	84.7 mg %	(N : Below 140 mg %)
VLDL	:	20.2mg %	(N : 20 – 45 mg %)

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Pt. Name : Mrs. Anjali

Age/Sex : 44 yrs / F

Ref. Dr : Dr. Ramesh Raja Prabhoo, MBBS.,

Date : 23.03.2024


Liver Function Test

Bilirubin Total	:	0.8 mg %	(N: 0.2 - 1.2 mg %)
Bilirubin Direct	:	0.4 mg %	(N: 00 - 0.6 mg %)
Bilirubin Indirect	:	0.4 mg %	(N: 00 - 0.8 mg %)
SGOT	:	19.5 U/L	(N: Upto 39 U/L)
SGPT	:	27.4 U/L	(N: Upto 40 U/L)
Alkaline Phosphate	:	99.2 IU/L	(N: Up to 258 IU/L)
Total Protein	:	7.5 Gms %	(N: 6 - 8 Gms %)
Albumin	:	4.1 Gms %	(N: 3.5 - 5.5 Gms %)
Globulin	:	3.4 Gms %	(N: 2.7 - 3.4 Gms %)
A/G Ratio	:	1.20:1	(N: 1.5 - 2.5 mg %)
Gamma GT	:	22.3 U/L	(N: Upto 45 U/L)
Glycosylated Hb % (HBA1c)	:	5.0 %	(Non - Diabetic 4.0 - 5.9 %) (Good Control 6.0 - 7.5 %) (Fair Control 7.7 - 9.9 %) (Poor Control 10 % above)

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Pt. Name : Mrs. Anjali

Age/Sex : 44 yrs / F

Ref. Dr : Dr. Ramesh Raja Prabhoo, MBBS.,

Date : 23.03.2024

THYROID PROFILE

TEST NAME	RESULTS	NITS	NORMAL RANGE
Total Triiodothyronine (T3)	99.23	ng/dL	58-159
Total Thyroxine (T4)	8.26	ug/dL	4.87-11.72
Thyroid Stimulatin Hormone (TSH)	0.59	uIU/mL	0.35-4.94

T3 : Competitive Chemi Luminescent Immuno Assay

T4 : Competitive Chemi Luminescent Immuno Assay

TSH : Ultra Sensitive Sandwich Chemi Luminescent Immuno

URINE REPORT

Colour : Yellow
Appearance : clear
Reaction : Acidic
Albumin : Nil
Sugar : Nil
Bile Salt & Pigment : Negative
Acetone : Negative
Urobilinogen : Not Increased
Pus Cells : 2-3/ hpf
RBC'S : Nil
Epithelial Cells : 1-3/hpf
Casts : Nil
Crystals : Nil
Others : Nil
Specific Gravity : 1.020

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Pt. Name : Mrs. Anjali

Age/Sex : 44 yrs / F

Ref. Dr : Dr. Ramesh Raja Prabhuo, MBBS.,

Date : 23.03.2024

Body Mass Index:

BMI : 27.9

Normal weight = 18.5–24.9

Overweight = 25–29.9

Obesity = BMI of 30 or greater

BMI Categories: Underweight = <18.5

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Name **MRS.ANJALI**

Date **23.03.2024**

AGE/SEX **44/F**

CHEST X- RAY (PA VIEW)

- Both the lung fields are clear.
- Hilar shadows are normal.
- CP recesses are free bilaterally.
- Cardiac size and contour within normal limits.
- Diaphragmatic domes are regular bilaterally.

Impression: Normal X-Ray Chest.

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