


Name : Mrs. NEHA GUPTA Address : MYSORE Plan : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT	Age : 37 Y Sex : F	UHID :CMYS.0000060295  OP Number :CMYSOPV124001 Bill No :CMYS-OCR-22881 Date : 29.03.2024 10:05
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	2D ECHO → P	
3	LIVER FUNCTION TEST (LFT)	
4	GLUCOSE, FASTING	
5	HEMOGRAM + PERIPHERAL SMEAR	
6	GYNAECOLOGY CONSULTATION → P	
7	DIET CONSULTATION → P	
8	COMPLETE URINE EXAMINATION	75.2
9	URINE GLUCOSE(POST PRANDIAL)	
10	PERIPHERAL SMEAR	161
11	ECG	
12	LBC PAP TEST- PAPSURE After tweets	120/80
13	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
14	DENTAL CONSULTATION	
15	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
16	URINE GLUCOSE(FASTING)	
17	HbA1c, GLYCATED HEMOGLOBIN	
18	X-RAY CHEST PA	
19	ENT CONSULTATION → P	
20	FITNESS BY GENERAL PHYSICIAN → P	
21	BLOOD GROUP ABO AND RH FACTOR	
22	LIPID PROFILE	
23	BODY MASS INDEX (BMI)	
24	OPHTHAL BY GENERAL PHYSICIAN	
25	ULTRASOUND - WHOLE ABDOMEN → P	
26	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Nisha Gupta on 29-3-24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> Unfit 	

Dr. [Signature]

Medical Officer
The Apollo Clinic, Mysore.

Apollo Clinic

#29, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

This certificate is not meant for medico-legal purposes

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd. Office: T-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Date : 29-03-2024
MR NO : CMYS.0000060295

Department : GENERAL
Doctor : ROHITH. H. E

Name : Mrs. NEHA GUPTA

Registration No :

Qualification :

Age/ Gender : 37 Y / Female

Consultation Timing: 10:03

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Pt. came for Annual Health Checkup
No fresh complaints
No h/o DM, HTN



Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Madhav - 02
Ph : 0321-400000/41

Date : 29-03-2024
MR NO : CMYS.0000060295
Name : Mrs. NEHA GUPTA
Age/ Gender : 37 Y / Female

Department : GENERAL (opthal)
Doctor :
Registration No :
Qualification :

Consultation Timing: 10:03

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp : 20/min	B.P :

General Examination /
Allergies History

NO -

vital - stable.

Clinical Diagnosis & Management Plan

wearing spectacle.
> 10 yrs.

NOT on regular Rx

vision	(R)	(L)
Far	NG	NG
Near	wearing corrected lens	
colour	(N)	

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 07
PH: 0821-4006040/41

Regular check

Date : 29-03-2024 Department : GENERAL (Dental)
MR NO : CMYS.0000060295 Doctor :
Name : Mrs. NEHA GUPTA Registration No :
Age/ Gender : 37 Y / Female Qualification :

Consultation Timing: 10:03

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

5/ cervical abrasions & Dental caries

Gen ablation noted

8/8 Decayed & Partially erupted

Neelish

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 29-03-2024
MR NO : CMYS.0000060295
Name : Mrs. NEHA GUPTA
Age/ Gender : 37 Y / Female

Department : GENERAL
Doctor :
Registration No : *M. Neelam Kumar R*
Qualification : *M.S. ENT*

Consultation Timing: 10:03

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Come for never hearing down

Ear bilateral TM @
nose - nasal mucosa @
and cavity in spheno @
rec @
to
nasal

Follow up date :

Ne
Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 29-03-2024
MR NO : CMYS.0000060295

Department : GENERAL
Doctor :

Name : Mrs. NEHA GUPTA

Registration No :

Age/ Gender : 37 Y / Female

Qualification :

ML - 2 years

Consultation Timing: 10:03

On

Regular cycles

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

LMP - 27/3/2024

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Abd pelvis
USG → NAD

Adw

Ⓜ salpingitis
ruptured ectopic
2022 → laparoscopy

~~Adw~~

① cont folic acid

2 cycles of IMI
- FTC.

② counsel regd IVF/IVI

Hb - 12.3 g/l.

WBS - 94/104

HbA1c - 5.1%

TSH - 2.02

Follow up date :

Apollo Clinic
Doctor's Signature
25, 1st
Kalidasa Road, Mysore - 02
Ph : 0821-400000/1

Date : 29-03-2024
MR NO : CMYS.0000060295
Name : Mrs. NEHA GUPTA
Age/ Gender : 37 Y / Female

Department : GENERAL Dietetics
Doctor : Prachara. B.P

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PhD*

Consultation Timing: 10:03

7200 - 5.7kg

Height: 161	Weight: 75.2	BMI: 29 kg/m ²	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination /
Allergies History

HDL - 39
NON HDL - 139
LDL - 111.34

Clinical Diagnosis & Management Plan

→ Advised low calorie, high protein diet with fiber rich foods
→ Dietary guideline chart is given.

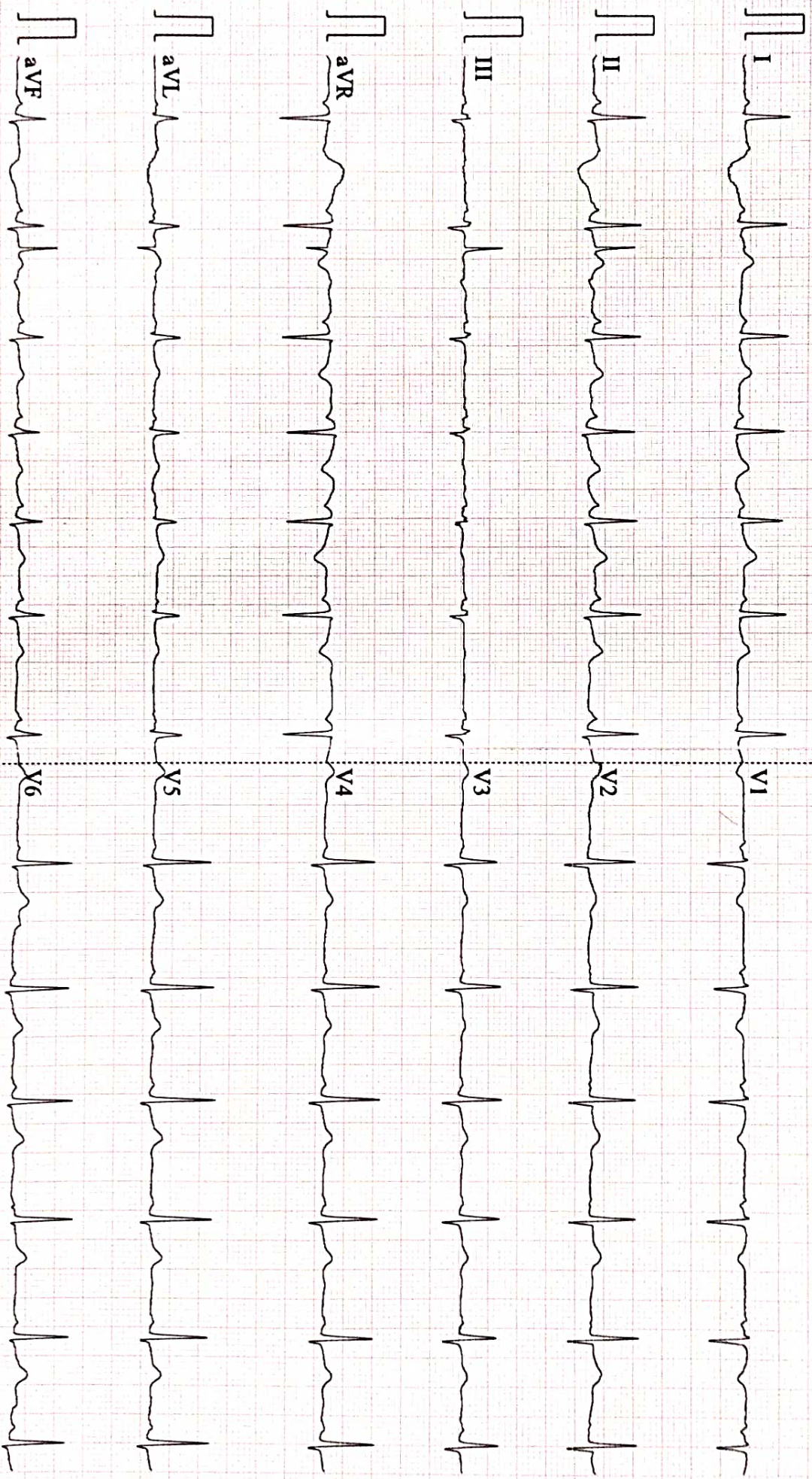
Follow up date :

Doctor Signature
Apollo Clinic P
23, 1st Floor,
Kalidasa Road, Mysore
Ph : 0821-400000/41
28/3/2024

MRS NEHA GUPTA
Female 37Years
161cm 75kg 120/80 mmHg

APOLLO Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Unconfirmed Report.



Patient Name: Mrs. NEHA GUPTA	Date : 29.03.2024	Referring Doctor: Dr. Self
Age / Sex: 37Yrs/Female	UHID No : 0060295	Location : OP
ULTRASONOGRAPHY- ABDOMEN & PELVIS		

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 10.5 cm with parenchymal thickness of 1.3cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 11.3 cm with parenchymal thickness of 1.2 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 6.5x3.5x4.8cm with ET= 9mm. It is normal in size, outline and echotexture. No mass lesion.

Rt. OVARY: It measures 3.4x2.5 cm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 3.2x2.3 cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Dr. Raghuveer, Suhas Prasad, DNB
Consultant Radiologist.

Patient's Name : Mrs. NEHA GUPTA	Age & Sex; 37Yrs /Female
Date : 29.03.2024	UHID No:060295

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 68 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

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Patient's Name : Mrs. NEHA GUPTA		Age & Sex: 37 Yrs / Female
Date : 29.03.2024		UHID No:060295

Measurements

AO : 2.6 cm
 LA : 2.7 cm

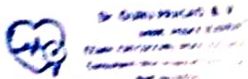
RV : 2.5 cm

LVIDd 4.17 cm
 LVIDs : 2.54 cm
 IVSd : 0.90 cm
 IVSs : 1.36 cm
 PWd : 0.90 cm
 PWs : 1.36 cm
 EF : 68.0 %
 FS : 38.0 %

Doppler

	MV		TV		AV		PV	
E	0.76 m/s	E	---	m/s	V max	1.03 m/s	V max	0.86 m/s
A:	0.52 m/s	A	---	m/s				

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY



Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

1860 500 7788

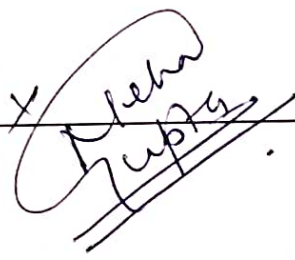
Informed Consent/Declaration For Test Exclusion

Patient Name: Ms Meha Gupta Age: 37 Female
UHID Number: 60295

Please tick and sign the relevant part

I certify that I will skip LBC pap smear (after 1 week) Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature:  Date: 29/3/2024

Witness signature:  Date: 29/3/2024

Informed Consent/Declaration For Test Exclusion

Patient Name: Ms Neha Gupta Age: 37y / Female

UHID Number: 60295

Please tick and sign the relevant part

I certify that I will skip (CPR, urine pp, urine fasting) + CXR Test from my own.

No refund is provided for the above excluded test and I have been informed about the same.

Patient signature X Neha Gupta Date 29/3/2024

Witness signature: [Signature] Date: 29/3/2024