



Hiranandani
HOSPITAL

(A Fortis Network Hospital)

Hiranandani Fortis Hospital
Mini Seashore Road,
Sector 10 - A, Vashi,
Navi Mumbai - 400 703.
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Email : vashi@vashihospital.com

BMI CHART

Date: 30/3/24

Name: Mrs. Karishma Oza Age: 34 yrs

Sex: M / F

BP: 100/60 mmHg Height (cms): 156.0 Weight(kgs): 43 kg BMI: _____

WEIGHT lbs	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215	
kgs	45.5	47.7	50.0	52.3	54.5	56.8	59.1	61.4	63.6	65.9	68.2	70.5	72.7	75.0	77.3	79.5	81.8	84.1	86.4	88.6	90.9	93.2	95.5	97.7	
HEIGHT in/cm	Underweight					Healthy					Overweight					Obese					Extremely Obese				
5'0" - 152.4	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	
5'1" - 154.9	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40		
5'2" - 157.4	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40		
5'3" - 160.0	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39		
5'4" - 162.5	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39		
5'5" - 165.1	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38		
5'6" - 167.6	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38		
5'7" - 170.1	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37		
5'8" - 172.7	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37		
5'9" - 176.2	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36		
5'10" - 177.8	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36		
5'11" - 180.3	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36		
6'0" - 182.8	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35		
6'1" - 185.4	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35		
6'2" - 187.9	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34		
6'3" - 190.5	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34		
6'4" - 193.0	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34		

Doctors Notes:

Signature



UHID	12193574	Date	30/03/2024		
Name	Mrs. Karishma oza	Sex	Female	Age	34
OPD	PAP Smear	Health Check Up			

Drug allergy:
Sys illness:

Married. Nulligravida.

NO comorbidities.

no fresh complaints.

LMP - 14/march/24
= 28⁻² days cycle | med. flow | 3-4 ppd.
± 4 days.

OH - nil.

FH → esophageal Ca (mother)
DM (father)

Pap smear test done last year Dec'22.
Reports - wnc.

Adv

- FlU & reports.

f.



UHID	12193574	Date	30/03/2024		
Name	Mrs. Karishma oza	Sex	Female	Age	34
OPD	Ophthal 14	Health Check Up			

Ch No

H No

Drug allergy: → Not known

Sys illness: → NO

Subst. → NO

Uvlt → RA 6/6
 → Co 6/6

MV → W6
 → W6

Refu → RA -0.50 / -0.50 x 90° 6/6
 → Co -0.50 / -0.50 x 90° 6/6

MV → RA W6
 → Co W6

FOP → RA → 14.8
 → Co → 15.3

Sh as P.U.P.

All well

Mini Sea Shore Road, Sector 10 -A, Vashi, Navi Mumbai - 400703
 Board Line: 022 - 39199222 | Fax: 022 - 39199220
 Emergency: 022 - 39199100 | Ambulance: 1255
 For Appointment: 022 - 39199222 | Health Checkup: 022 - 39199300
 www.fortishealthcare.com |
 CIN : U85100MH2005PTC154823
 GST IN: 27AABCH5894D1ZG | PAN NO: AABCH5894D



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UHID	12193574	Date	30/03/2024		
Name	Mrs. Karishma oza	Sex	Female	Age	34
OPD	Dental 12	Health Check Up			

Drug allergy:
 Sys illness:

PMH - NRM

O/E -

Caries \bar{c} $\frac{7654}{8} \mid 67$

Stains +
 Calculus +

Advice -

Scaling
 Filling \bar{c} $\frac{7654}{8} \mid 67$

Dr. Sushmita