

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. VERMA MANISH KUMAR
EC NO.	89410
DESIGNATION	BRANCH HEAD
PLACE OF WORK	GAJRAULA
BIRTHDATE	05-02-1988
PROPOSED DATE OF HEALTH CHECKUP	28-01-2023
BOOKING REFERENCE NO.	22M89410100036202E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-01-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

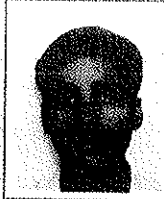
FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारत सरकार



Issue Date: 15/01/2012



मनीष कुमार वर्मा
Manish Kumar Verma
जन्म तिथि / DOB : 05/02/1988
पुरुष / MALE



2273 9405 3276

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण

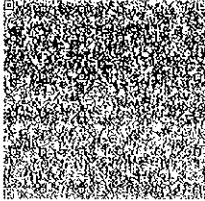


भारत India

पता: S/O ओम प्रकाश वर्मा, ई 35, ट्रांस यमुना
कॉलोनी फेस 2, आगरा, आगरा, उत्तर प्रदेश,
282006

Print Date: 01/05/2021

Address: S/O Om Prakash Verma, E 35,
TRANS YAMUNA COLONY PHASE 2, agra,
Agra, Uttar Pradesh, 282006



2273 9405 3276



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help@uidai.gov.in



www.uidai.gov.in

LABORATORY REPORT

Name	: MR MANISH VERMA	Age	: 34 Yr(s) Sex :Male
Registration No	: MH010741552	Lab No	: 32230110398
Patient Episode	: H18000000178	Collection Date	: 28 Jan 2023 20:24
Referred By	: HEALTH CHECK MGD	Reporting Date	: 29 Jan 2023 08:17
Receiving Date	: 28 Jan 2023 21:11		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	0.95	ng/ml	1 [0.70-2.04]
T4 - Thyroxine (ECLIA)	6.86	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.520	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

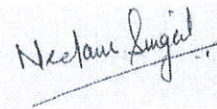
* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name : MR MANISH VERMA Age : 34 Yr(s) Sex : Male
Registration No : MH010741552 Lab No : 202301002989
Patient Episode : H18000000178 Collection Date : 28 Jan 2023 11:19
Referred By : HEALTH CHECK MGD Reporting Date : 28 Jan 2023 16:34
Receiving Date : 28 Jan 2023 12:29

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)			SPECIMEN-EDTA Whole Blood
RBC COUNT (IMPEDENCE)	5.18	millions/cu mm	[4.50-5.50]
HEMOGLOBIN	15.5	g/dl	[13.0-17.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	47.2	%	[40.0-50.0]
MCV (DERIVED)	91.1	fL	[83.0-101.0]
MCH (CALCULATED)	29.9	pg	[27.0-32.0]
MCHC (CALCULATED)	32.8	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.8	%	[11.6-14.0]
Platelet count	161	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	13.6		
WBC COUNT (TC) (IMPEDENCE)	5.60	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	50.0	%	[40.0-80.0]
Lymphocytes	40.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	4.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	10.0	/1sthour	[0.0-

LABORATORY REPORT

Name	: MR MANISH VERMA	Age	: 34 Yr(s) Sex :Male
Registration No	: MH010741552	Lab No	: 202301002989
Patient Episode	: H18000000178	Collection Date	: 28 Jan 2023 12:29
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 16:20
Receiving Date	: 28 Jan 2023 12:29		

CLINICAL PATHOLOGY

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	6.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	NOT DETECTED	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	Negative	(NOT DETECTED)
Urobilinogen	NOT DETECTED	(NORMAL)

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	NIL /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

LABORATORY REPORT

Name	: MR MANISH VERMA	Age	: 34 Yr(s) Sex :Male
Registration No	: MH010741552	Lab No	: 202301002989
Patient Episode	: H18000000178	Collection Date	: 28 Jan 2023 11:19
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 15:47
Receiving Date	: 28 Jan 2023 12:29		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Serum LIPID PROFILE			
Serum TOTAL CHOLESTEROL	216 #	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	157 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL Method : Enzymatic Immunoimhibition	52.0	mg/dl	[35.0-65.0]
VLDL- CHOLESTEROL (Calculated)	31	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	133.0 #	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	4.2		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.6		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.

LABORATORY REPORT

Name : MR MANISH VERMA **Age** : 34 Yr(s) Sex : Male
Registration No : MH010741552 **Lab No** : 202301002989
Patient Episode : H18000000178 **Collection Date** : 28 Jan 2023 11:19
Referred By : HEALTH CHECK MGD **Reporting Date** : 28 Jan 2023 15:47
Receiving Date : 28 Jan 2023 12:29

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
KIDNEY PROFILE			
Specimen: Serum			
UREA	17.5	mg/dl	[15.0-40.0]
<i>Method: GLDH, Kinatic assay</i>			
BUN, BLOOD UREA NITROGEN	8.2	mg/dl	[8.0-20.0]
<i>Method: Calculated</i>			
CREATININE, SERUM	0.87	mg/dl	[0.70-1.20]
<i>Method: Jaffe rate-IDMS Standardization</i>			
URIC ACID	5.7	mg/dl	[4.0-8.5]
<i>Method: uricase PAP</i>			
SODIUM, SERUM	137.9	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.34	mmol/L	[3.60-5.10]
SERUM CHLORIDE	102.5	mmol/l	[101.0-111.0]
<i>Method: ISE Indirect</i>			
eGFR (calculated)	112.6	ml/min/1.73sq.m	[>60.0]
Technical Note			
eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.			

LABORATORY REPORT

Name : MR MANISH VERMA **Age** : 34 Yr(s) Sex : Male
Registration No : MH010741552 **Lab No** : 202301002989
Patient Episode : H18000000178 **Collection Date** : 28 Jan 2023 11:19
Referred By : HEALTH CHECK MGD **Reporting Date** : 28 Jan 2023 15:52
Receiving Date : 28 Jan 2023 12:29

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL <i>Method: D P D</i>	0.60	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT <i>Method: DPD</i>	0.10	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) <i>Method: Calculation</i>	0.50 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) <i>Method: BIURET</i>	8.10	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) <i>Method: BCG</i>	4.39	g/dl	[3.50-5.20]
GLOBULINS (SERUM) <i>Method: Calculation</i>	3.70 #	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO <i>Method: Calculation</i>	1.18		[1.00-2.50]
AST (SGOT) (SERUM) <i>Method: IFCC W/O P5P</i>	36.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) <i>Method: IFCC W/O P5P</i>	50.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase <i>Method: AMP BUFFER IFCC</i>	77.0	IU/L	[32.0-91.0]
GGT	40.0		[7.0-50.0]

LABORATORY REPORT

Name : MR MANISH VERMA Age : 34 Yr(s) Sex : Male
Registration No : MHH010741552 Lab No : 202301002989
Patient Episode : H18000000178 Collection Date : 28 Jan 2023 11:19
Referred By : HEALTH CHECK MGD Reporting Date : 28 Jan 2023 18:08
Receiving Date : 28 Jan 2023 12:29

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing AB Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name : MR MANISH VERMA Age : 34 Yr(s) Sex : Male
Registration No : MH010741552 Lab No : 202301002990
Patient Episode : H18000000178 Collection Date : 28 Jan 2023 11:18
Referred By : HEALTH CHECK MGD Reporting Date : 28 Jan 2023 15:52
Receiving Date : 28 Jan 2023 11:18

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	106.0	mg/dl	[70.0-110.0]

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name	: MR MANISH VERMA	Age	: 34 Yr(s) Sex :Male
Registration No	: MH010741552	Lab No	: 202301002991
Patient Episode	: H18000000178	Collection Date	: 28 Jan 2023 15:47
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 17:39
Receiving Date	: 28 Jan 2023 15:47		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	85.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

RADIOLOGY REPORT

Name	Manish VERMA	Modality	DX
Patient ID	MHH010741552	Accession No	R5091744
Gender/Age	M / 34Y 11M 24D	Scan Date	28-01-2023 11:31:02
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 11:54:27

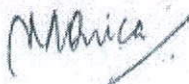
XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

MANIPAL HOSPITALS

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 www.manipalhospitals.com

RADIOLOGY REPORT

Name	Manish VERMA	Modality	US
Patient ID	MH010741552	Accession No	R5091746
Gender/Age	M / 34Y HIM 24D	Scan Date	28-01-2023 12:09:33
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 13:57:09

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears normal in size (measures 125 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 94 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 11.9 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.9 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 92 X 38 mm.

Left Kidney: measures 99 X 42 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 46 X 31 X 21 mm with volume 16 cc. Rest normal.

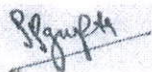
SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.



Dr. Prabhath Prakash Gupta,
MBBS,DNB,MNAMS,FRCR(I)
Consultant Radiologist, Reg no DMC/R/14242

MANIPAL HOSPITALS

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35years
Male
Caucasian

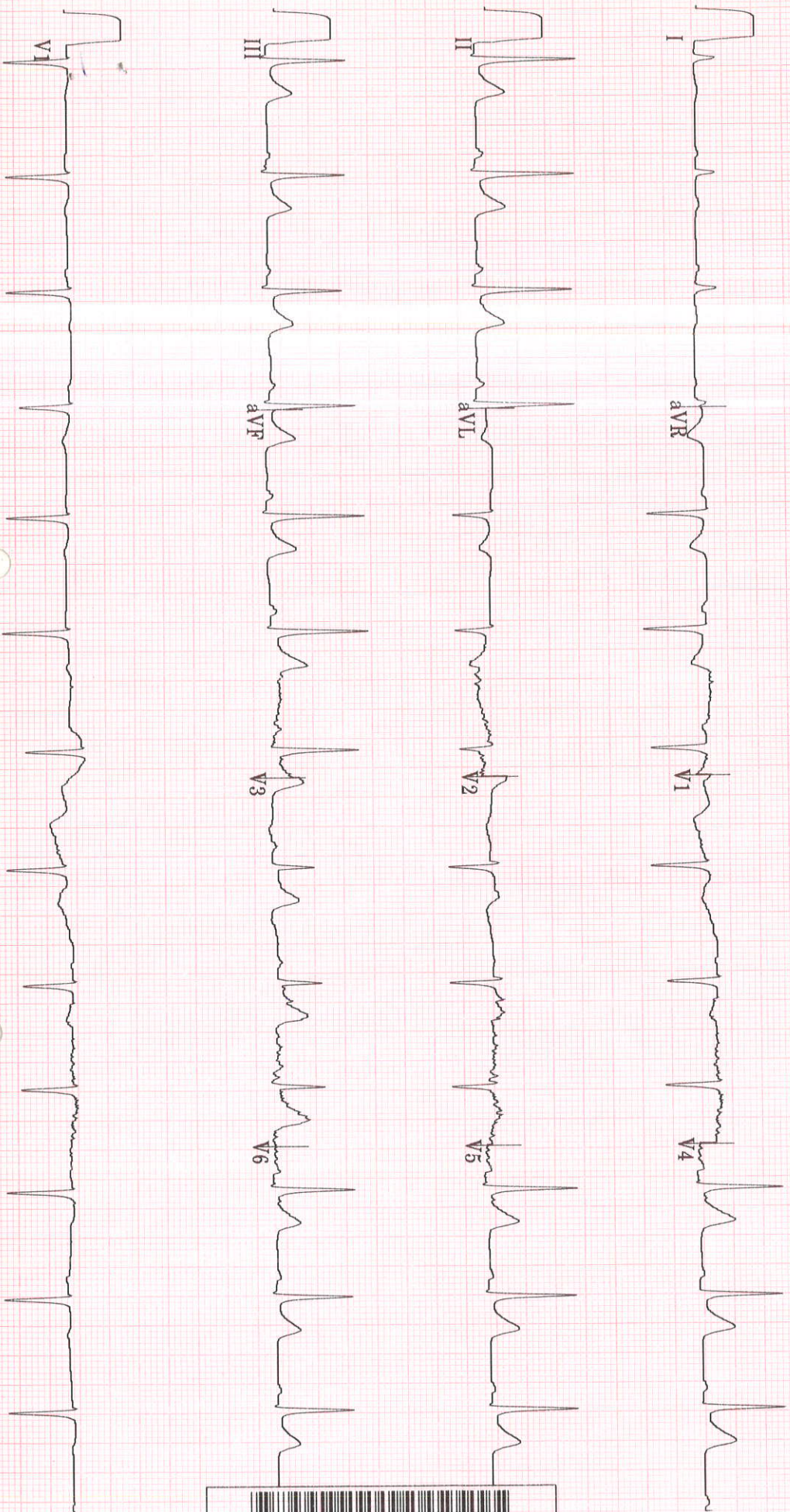
Vent. rate 78 bpm
PR interval 148 ms
QRS duration 80 ms
QT/QTc 340/387 ms
P-R-T axes 66 80 83

*** Poor data quality, interpretation may be adversely affected
Normal sinus rhythm
Early repolarization
Normal ECG

Technician:
Test ind:

Referred by:

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Mr. Manish VERMA	Location : Ghaziabad
Age/Sex : 35Year(s)/male	Visit No : V0000000001-GHZB
MRN No : MH010741552	Order Date : 28/01/2023
Ref. Doctor : HCP	Report Date : 28/01/2023

Protocol : Bruce **MPHR** : 185BPM
Duration of exercise : 6min 04sec **85% of MPHR** : 157BPM
Reason for termination : THR achieved **Peak HR Achieved** : 178BPM
Blood Pressure (mmHg) : Baseline BP : 116/74mmHg **% Target HR** : 96%
Peak BP : 140/74mmHg **METS** : 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	76	116/74	Nil	No ST changes seen	Nil
STAGE 1	3:00	126	134/74	Nil	No ST changes seen	Nil
STAGE 2	3:00	178	140/74	Nil	No ST changes seen	Nil
STAGE 3	0:04	178	140/74	Nil	No ST changes seen	Nil
RECOVERY	3:18	102	130/74	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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