



### CONCLUSION OF HEALTH CHECKUP

ECU Ref. No : MH/22/001902      Patient No : 21048607      Date : 23/07/2022  
Name : **NITISHA SHRIMALI**      Sex / Age : F      26  
Height / Weight : 151 Cms 45 Kgs.      Ideal Weight 52 Kgs      BMI : 19.7

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**Dr. Manish Mittal**  
Physician

*Note: General Physical Examination & Routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.*

Name : NITISHA SHRIMALI

Sex / Age : F 26

**Present History**

NO MEDICAL COMPLAINTS AT PRESENT.

**Past History**

NO P/H/O ANY MAJOR ILLNESS.

**Family History**

MOTHER : HYPOTHYROID.  
FATHER : DIABETES & HYPERTENSION.

**Personal History**

VEG DIET.

**Clinical Examination**

B.P. 110/70 mm Hg

Pulse 82/MIN REG.

Others -

**Respiratory System**

CLINICALLY NAD

**Cardio Vascular System**

CLINICALLY NAD

**Abdominal System**

CLINICALLY NAD

**Neurological System**

CLINICALLY NAD

Name : **NITISHA SHRIMALI**

Sex / Age : F 26

**Eye Checkup**

Doctor Name **Dr. Ketan J. Patel**

	<b>Right</b>	<b>Left</b>
History	NIL	NIL
Uncorrected vision	6/6	6/6
Corrected vision	N.6	N.6
IOP	-	-
Fundus	NORMAL	NORMAL
Any other	NIL	NIL
Advice	NIL	

Name : **NITISHA SHRIMALI** Sex / Age : F 26  
Height / Weight : 151 Cms 45 Kgs Ideal Weight : 52 Kgs BMI : 19.7

Obstetric History NULLIGRAVIDA, ML - 5 MONTHS.  
Menstrual History -  
Present Menstrual Cycle H/O IRREGULAR CYCLE ; LMP : APRIL 2022  
Past Menstrual Cycle 2-1/2 -- 3 MONTHS SINCE BEGINING ; UPT -VE 5 DAYS AGO.

**Chief Complaints**

**Gynac Examination**

P/A SOFT  
P/S NORMAL  
P/V NORMAL  
Breast examination - Right NAD  
Breast examination - Left NAD  
PAP Smear  
BMD  
Mammography  
Advice REGULAR BSE.

**Dr. Monika Jani**  
Gynecologist



Patient Name : Mrs. NITISHA SHRIMALI  
 Gender / Age : Female / 26 Years 1 Months 26 Days  
 MR No / Bill No. : 21048607 / 231021532  
 Consultant : Dr. Manish Mittal  
 : OPD

Type : OPD  
 Request No. : 58494  
 Request Date : 23/07/2022 08:50 AM  
 Collection Date : 23/07/2022 09:30 AM  
 Approval Date : 23/07/2022 01:50 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	12.8	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.55	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	39.9	%	36 - 46
Mean Corpuscular Volume (MCV)	87.7	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	28.1	pg	27 - 32
MCH Concentration (MCHC)	32.1	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<b>14.1</b>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	45.4	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	6.05	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	43	%	40 - 80
Lymphocytes	<b>50</b>	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	5	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	2.60	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	<b>3.02</b>	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.12</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.29	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.02	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	234	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	9	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / repeat may be required.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mrs. NITISHA SHRIMALI	Type	: OPD
Gender / Age	: Female / 26 Years 1 Months 26 Days	Request No.	: 58494
MR No / Bill No.	: 21048607 / 231021532	Request Date	: 23/07/2022 08:50 AM
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	: OPD	Approval Date	: 23/07/2022 01:50 PM

**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metric 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path). DCP.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. NITISHA SHRIMALI  
Gender / Age : Female / 26 Years 1 Months 26 Days  
MR No / Bill No. : 21048607 / 231021532  
Consultant : Dr. Manish Mittal  
Location : OPD  
Type : OPD  
Request No. : 58494  
Request Date : 23/07/2022 08:50 AM  
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**Haematology**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<b>Blood Group</b>			
ABO system	A		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro  
This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	80	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	114	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

---- End of Report ----

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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.28	mg/dL	0 - 1
Bilirubin - Direct	0.08	mg/dL	0 - 0.3
Bilirubin - Indirect	0.2	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	22	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	33	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	75	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	20	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
<b>Total Protein</b>			
Total Proteins	7.72	gm/dL	6.4 - 8.2
Albumin	4.30	gm/dL	3.4 - 5
Globulin	3.42	gm/dL	3 - 3.2
A : G Ratio	1.26		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

---- End of Report ----

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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides (By Lipase / Glycerol dehydrogenase on RXL Dade Dimension < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)	51	mg/dL	1 - 150
Total Cholesterol (By enzymatic colorimetric method on RXL Dade Dimension <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)	177	mg/dL	1 - 200
HDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 40 Low > 60 High)	58	mg/dL	40 - 60
Non HDL Cholesterol (calculated) (Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)	119	mg/dL	1 - 130
LDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)	91	mg/dL	1 - 100
VLDL Cholesterol (calculated)	10.2	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	1.57		2.1 - 3.5
T. Ch./HDL Ch. Ratio (Recent NECP / ATP III Guidelines / Classification (mg/dl) :)	3.05		3.5 - 5

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## Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	16	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.65	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. eGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	2.4	mg/dL	2.2 - 5.8

— End of Report —

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## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
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Triiodothyronine (T3)	1.16	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4  
 1-11 months : 0.1 - 2.45  
 1-5 years : 0.1 - 2.7  
 6-10 years : 0.9 - 2.4  
 11-15 years : 0.8 - 2.1  
 16-20 years : 0.8 - 2.1  
 Adults (20 - 50 years) : 0.7 - 2.0  
 Adults (> 50 years) : 0.4 - 1.8  
 Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroxine (T4)	8.82	mcg/dL	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6  
 1 - 2 weeks : 9.8 - 16.6  
 1 - 4 months : 7.2 - 14.4  
 4 - 12 months : 7.8 - 16.5  
 1-5 years : 7.3 - 15.0  
 5 - 10 years : 6.4 - 13.3  
 10 - 20 years : 5.6 - 11.7  
 Adults / male : 4.6 - 10.5  
 Adults / female : 5.5 - 11.0  
 Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroid Stimulating Hormone (US-TSH)	3.56	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39  
 2-20 weeks : 1.7 - 9.1  
 5 months - 20 years : 0.7 - 6.4  
 Adults (21 - 54 years) : 0.4 - 4.2  
 Adults (> 55 years) : 0.5 - 8.9

Pregnancy :

1st trimester : 0.3 - 4.5  
 2nd trimester : 0.5 - 4.6  
 3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

— End of Report —

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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.4	%	
estimated Average Glucose (e AG) *	108.28	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

**Guidelines for Interpretation:**

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

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Gender / Age : Female / 26 Years 1 Months 26 Days  
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**Pap Smear**

Test	Result	Units	Biological Ref. Range
Pap Smear	Pap Smear Screening Report / Cervico-Vaginal Cytology...  Cyto no : 1195/22 Received at 12.45 pm.  Clinical Details : No complain P/V findings : Cx. - NAD / Vg. - NAD LMP : April 2022  TBS Report / Impression : * Satisfactory for evaluation; transformation zone components identified. * No significant inflammatory cellularity. * No epithelial cell abnormality favouring Squamous intraepithelial lesion or frank malignancy (NILM).		

**Note / Method :**

The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Bethesda system (Modified 2014)

--- End of Report ---

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Patient Name : Mrs. NITISHA SHRIMALI  
 Gender / Age : Female / 26 Years 1 Months 26 Days  
 MR No / Bill No. : 21048607 / 231021532  
 Consultant : Dr. Manish Mittal  
 : OPD

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 Request No. : 58494  
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 Approval Date : 23/07/2022 02:32 PM

**Urine Routine**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	20	mL	
Colour	Paie Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	6.0		
Specific Gravity	1.010		
Protein	Negative	gm/dL	Negative
Glucose	Negative	mg/dL	Negative
Ketones	Negative		Negative
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Bile Salt	Absent		Absent
Leucocytes	Negative		Negative
Bile Pigments	Absent		Absent
Nitrite	Negative		Negative
<b>Microscopic Examination (After Centrifugation at 2000 rpm for 10 min)</b>			
Red Blood Cells	Nil	/hpf	0 - 2
Leucocytes	Present (0-2)	/hpf	0 - 5
Epithelial Cells	Present (0-2)	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil		Nil
Mucus	Absent		Absent
Organism	Absent		



--- End of Report ---

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**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 21048607 Report Date : 23/07/2022

Request No. : 190028011 23/07/2022 8.50 AM

Patient Name : **NITISHA SHRIMALI**

Gender / Age : Female / 26 Years 1 Months 26 Days

**ADVANCED DIGITAL SOLUTIONS**

Computer Radiography

Ultra Sensitive Colour Doppler

Ultra High Resolution Sonography

Multi-Detector CT Scan

Mammography

Interventional Radiology

Digital Subtraction Angiography

Foetal Echocardiography

Echocardiography

**X-Ray Chest AP**

Both lung fields are clear.

Both costophrenic sinuses appear clear.


Heart size is normal.

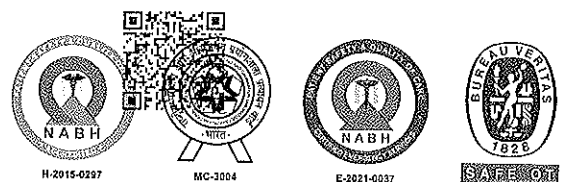
Hilar shadows show no obvious abnormality.

Aorta is normal.

Bilateral cervical rib.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

  
**Dr. Priyanka Patel, MD**  
Consultant Radiologist







**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

**ADVANCED DIGITAL SOLUTIONS**

Computer Radiography

Ultra Sensitive Colour Doppler

Ultra High Resolution Sonography

Multi-Detector CT Scan

Mammography

Interventional Radiology

Digital Subtraction Angiography

Foetal Echocardiography

Echocardiography

Patient No. : 21048607 Report Date : 23/07/2022

Request No. : 190027981 23/07/2022 8.50 AM

Patient Name : NITISHA SHRIMALI

Gender / Age : Female / 26 Years 1 Months 26 Days

**USG : Abdomen (Excluding Pelvis) Or Upper Abdomen**

Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 56 mm.  
A.P. : 30 mm.

**Both ovaries are normal size and shows multiple small follicles.**

Right ovary measures volume ~ 4-5cc.

Left ovary measures volume ~ 4-5cc.

Urinary bladder is well distended and appears normal.

No ascites.

**COMMENT:**

**Polycystic ovaries.**

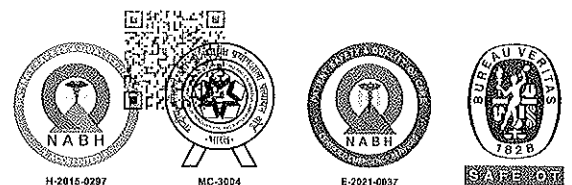
*Kindly correlate clinically*

*Hasani*

Dr. Prerna C Hasani, MD

Consultant Radiologist

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED



Patient No. : 21048607      Report Date : 23/07/2022  
Request No. : 190028061      23/07/2022 8.50 AM  
Patient Name : **NITISHA SHRIMALI**  
Gender / Age : Female / 26 Years 1 Months 26 Days

### Echo Color Doppler

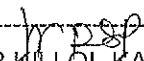
MITRAL VALVE : NORMAL, NO MS, NO MR  
AORTIC VALVE : TRILEAFLET, NO AS, NO AR  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL, NO PR, NO PS  
LEFT ATRIUM : NORMAL SIZE  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LVEF -65%, NO RWMA AT REST  
RIGHT ATRIUM : NORMAL SIZE  
RIGHT VENTRICLE : NORMAL SIZE  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NO EFFUSION  
COLOUR/DOPPLER FLOW MAPPING : NO MR // AR // TR, NO PAH

---

#### FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS
2. NORMAL LV SYSTOLIC FUNCTION LVEF - 65%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL ALL CARDIAC VALVES STRUCTURALLY, FUNCTIONALLY & MORPHOLOGICALLY
5. NO MITRAL / AORTIC STENOSIS
6. NORMAL RIGHT HEART SIZE AND RV PRESSURES
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

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DR. KILLOL KANERIA, M.D., D.M., CARD.

# Dr. Sonica Peshin

Cosmetic Dentist & Implantologist

Reg. No. : 6966-A

M. : 9586867301



BHAILAL AMIN  
GENERAL HOSPITAL

## Dental assessment form

22/07/2022

Name: Nitisha Shrimali

Age/ Sex: 26 years/Female

Patient has come for an oral hygiene check up

### On Examination:

- Stains++ Calculus+
- History of horizontal brushing
- Mild attrition, recession

### Provisional diagnosis:

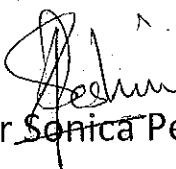
- Chronic generalised gingivitis

### Treatment plan:

- Scaling and polishing

### Advised:

- Brush your teeth twice daily
- Salt water rinses atleast once a day.
- Clean your tongue and floss in between everyday.
- Follow vertical brushing technique.

  
Dr. Sonica Peshin

HEART CARE | BRAIN & SPINE | BONE & JOINT | MINIMAL ACCESS SURGERY

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ECU21048607  
26 Years

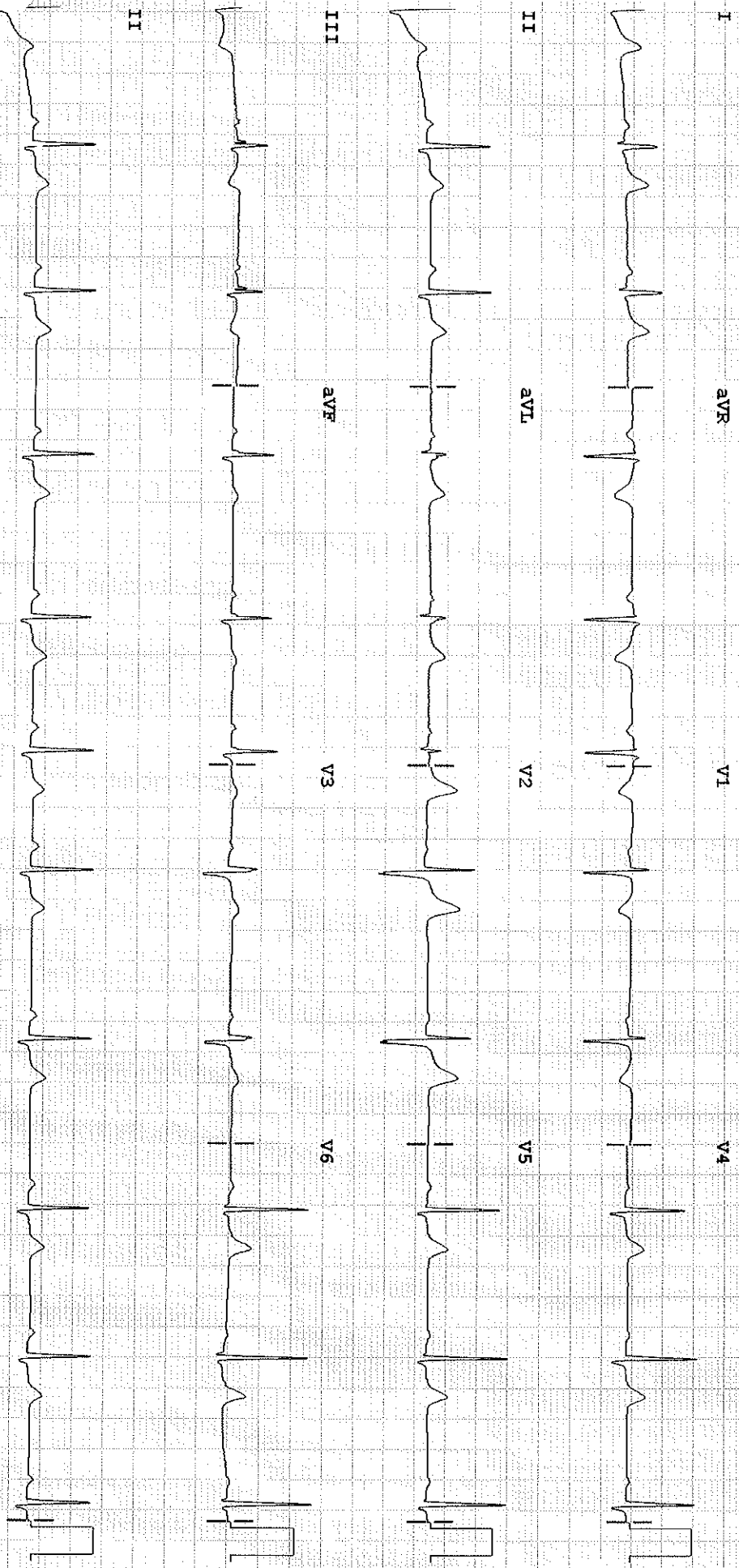
23-Jul-22

10:41:35 AM MRS NITISHA SHRIMALI  
Female

Doctor DR M MITTAL

Rate 61  
PR 160  
QRSD 84  
QT 376  
QTc 379

--AXIS--  
P 37  
QRS 45  
T 9



Dev: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10 mm/mV

for PHILIPS

REORDER M2242B

F 50~0.5-150 Hz W

PH08

P2