

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	OF HEALTH CHECK UP BENEFICIARY
NAME	SUMAN MEENA
DATE OF BIRTH	08-07-1998
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	06-03-2023
BOOKING REFERENCE NO.	22M117292100046194S
	SPOUSE DETAILS
EMPLOYEE NAME	MR. MEENA VIKASH
EMPLOYEE EC NO.	117292
EMPLOYEE DESIGNATION	AGRICULTURE ADVANCES
EMPLOYEE PLACE OF WORK	CHHOTI SADRI
EMPLOYEE BIRTHDATE	19-04-1991

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **04-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





MRN NO:

15010000453613 PATIENT'S NAME: MS SUMAN MEENA DATE AGE/SEX: 06/03/2023 24 YRS./F

DR. NAME:

DR. DEEPAK GARG

ULTRASOUND STUDY OF ABDOMEN & PELVIS

Liver: - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

Right Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Urinary Bladder: is distended. No calculus or mass lesion is seen. Wall thickness is normal.

<u>Uterus</u>: Normal in size, shape & position, measures ~ 8 x 4 x 4 cm . Endometrial thickness is normal.

Both ovaries:- Bilateral ovaries are normal in size & shape.

Others: No free fluid is seen in abdomen.

Impression: USG findings are suggestive of:-

No sonographic abnormality is seen.

Correlate clinically & with other related investigations.

Dr. Swati Jain **Consultant Radiologist** Dr. Vijay Kumar Sharma **Consultant Radiologist**

Dr. Sunny Maharwal **Consultant Radiologist**

Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033 Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org GST No. 08AABCN1685J1Z8

Appointments

1800-309-0309 (Toll Free)

Emergencies



Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:09 PM

Barcode: 412303060089 Specimen: Whole Blood Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

	НАЕМАТО	LOGY	
Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	11.5 L	g/dL	12.0-16.0
Red Blood Cell Count (Electrical Impedance)	4.40	millions/ μL	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	34.2 L	%	36.0-48.0
MCV (Mean Corpuscular Volume) (Derived)	78	fL	78.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	26.2 L	pg _	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.7 H	g/L	25.0-32.0
Red Cell Distribution Width (RDW)	20.9 H	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	162	Thousand / μL	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	8.6	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils	59.0	%	40.0-75.0
Lymphocytes	30.1	%	15.0-45.0
Monocytes	1.3 L	%	4.0-13.0
Eosinophils	8.5 H	%	0.5-7.0
Basophils	1.1	%	0.0-2.0

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Patient Name: Ms Suman Meena	MRN: 15010000453613 Gen	der/Age : FEMALE , 24y (0	8/07/1998)
Absolute Neutrophil Count	5.08	Thousand / μL	1.5-7.0
Absolute Lympocyte Count	2.59	Thousand / μL	1.0-4.0
Absolute Monocyte Count	0.12 L	Thousand / μL	0.2-0.8
bsolute Eosinophil Count	0.74 H	Thousand / μL	0.0-0.2
bsolute Basophil Count	0.1	Thousand / μL	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

-- End of Report-

hand

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

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- Results relate to the sample only.
- Kindly correlate clinically.





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Appointments



Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:44 PM

Barcode: 402303060141 Specimen: Serum Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

	BIOCHEM	ISTRY	
Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	0.50 L	mg/dL	0.52-1.04
eGFR	151.6	mL/min/1.73m ²	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodyamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	9.99	mg/dL	7.0-17.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	4.74	mg/dL	2.5-6.2
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	127.9	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	142.3	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl2)	37.7 L	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	90.2		
LDL Cholesterol (Friedewald Formula)	61.8	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	28.46	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	3.4	T	0.0-5.0

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1800-309-0309 (Toll Free)

Emergencies



Patient Name: Ms Suman Meena MRN: 15010000 Total Protein (Biuret (alkaline Cupric Sulfate))		der/Age : FEMALE , 24	AND THE SHARE SHARE STREET, ST	
	8.29 H	gm/dL	6.3-8.2	
SGOT (AST) (Enzymatic Colorimetric)	44 H	U/L	14.0-36.0	
SGPT (ALT) (UV With PSP -IFCC)	49 H	U/L	<35.0	
Alkaline Phosphatase (ALP)	143 H	U/L	38.0-126.0	
Gamma Glutamyl Transferase (GGT) (L-gamma-	36	U/L	12.0-43.0	
glutamyl-4-nitroanalide/glycylglycine Kinetic Method)				
THYROID PROFILE (T3, T4, TSH)				
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.18	ng/ml	0.97-1.69	
Thyroxine (T4) (Enhanced Chemiluminescence)	7.98	ug/dl	4.3-12.5	
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	1.83	uIU/ml	0.35-5.5	

-- End of Report-

Anil

Dr. Anil Sharma MBBS , MD (Microbiology) Senior Consultant

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Appointments

1800-309-0309 (Toll Free)

Emergencies



Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:23 PM

Barcode: 402303060141 Specimen: Serum Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

BIOCHEMISTRY

Test Result Unit Biological Reference Interval
Bilirubin Total (Dyphylline, Diazonium Salt) 0.50 mg/dL 0.2-1.3

Albumin To Globulin (A/G)Ratio 1.13 - 1.0-2.1

-- End of Report-

Dr. Anil Sharma

MBBS, MD (Microbiology)

Senior Consultant

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GST No. 08AABCN1685J1Z8



Appointments



Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:21 PM

Barcode: 402303060140 Specimen: Plasma Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

BIOCHEMISTRY

Test Result Unit Biological Reference Interval

Fasting Blood Sugar (FBS) (Colorimetric (Glucose 96 mg/dL 65.0-110.0

Oxidase Hydrogen Peroxidase))

-- End of Report-

Dr. Anil Sharma

MBBS , MD (Microbiology) Senior Consultant

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GST No. 08AABCN1685J1Z8

Appointments 1800-309-0309 (Toll Free)



Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:58 PM

Barcode: 482303060027 Specimen: Urine Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

CLUMI	CAL	DATE	MOLOCY
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Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	20 H	ml	0.0-0.0
Colour	Pale Yellow		0-0
Appearance	Slight Turbid		0-36500
CHEMICAL EXAMINATION			
pH(Reaction)	5.5		4.5-9.0
Sp. Gravity	1.030	-	1.002-1.03
Protein	Negative		0-0
Urine Glucose	Negative	in:	0-0
MICROSCOPIC EXAMINATION			
Pus Cells	1-2	/hpf	
RBC	6-8	/hpf	
Epithelial Cells	1-2	/hpf	
Crystals	Nil		
Casts	Nil		

-- End of Report-

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Appointments



Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

Note

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- Results relate to the sample only.
- Kindly correlate clinically.





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Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:56 PM

Barcode: 482303060027 Specimen: Urine Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

CLINICAL PATHOLOGY

Test

Urine For Sugar (Fasting)

Result

Unit

Negative

-- End of Report-

hand

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

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Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:01 PM

Barcode: 402303060142 Specimen: Whole Blood Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

	BIOCHE	MISTRY	
Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c	5.6	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	114.02	mg/dL	<140.0

Interpretation:

- 1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- 2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.

3. Any sample with >15% should be suspected of having a haemoglobin variant.

-- End of Report-

Dr. Anil Sharma MBBS , MD (Microbiology)

Senior Consultant

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Appointments 1800-309-0309 (Toll Free)

Emergencies



Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 10:49 AM Received On: 06/03/2023 11:19 AM Reported On: 06/03/2023 12:11 PM

Barcode: 412303060090 Specimen: Whole Blood - ESR Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

HAEMATOLOGY

Test Result Unit Biological Reference Interval

Erythrocyte Sedimentation Rate (ESR) 09 mm/hr 0.0-12.0

(Westergren Method)

-- End of Report-

hand

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

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Appointments



Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 02:03 PM Received On: 06/03/2023 02:03 PM Reported On: 06/03/2023 03:08 PM

Barcode: 402303060257 Specimen: Plasma Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 9166421845

BIOCHEMISTRY

Test Result Unit Biological Reference Interval

Post Prandial Blood Sugar (PPBS) (GOD/POD) 98 mg/dL 70.0-139.0

-- End of Report-

Dr. Anil Sharma

Dr. Anii Sharma MBBS , MD (Microbiology) Senior Consultant

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Final Report

Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

Collected On: 06/03/2023 01:48 PM Received On: 06/03/2023 01:49 PM Reported On: 06/03/2023 04:12 PM

Barcode: 462303060004 Specimen: Smear Consultant: Dr. Deepak Garg(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9166421845

CYTOLOGY

PAP SMEAR

LAB No.	23/145/NHJ
MATERIAL RECEIVED	Pap smear.
CLINICAL DETAILS	Source - Cervix
SPECIMEN TYPE	Conventional smear.
SMEAR ADEQUACY	Adequate for evaluation, endocervical cells seen.
GENERAL CATEGORIZATION	Smear of moderate cellularity, comprising of superficial and intermediate cells in a background of acute inflammatory cells.

Organism – No specific organism seen.

IMPRESSION Negative for intraepithelial lesion / malignancy.

Inflammatory smear.

-- End of Report-

hand

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

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Patient Name: Ms Suman Meena MRN: 15010000453613 Gender/Age: FEMALE, 24y (08/07/1998)

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Patient Name	Suman Meena	Requested By	Dr.^Deepak^Garg
MRN	15010000453613	Procedure DateTime	2023-03-06 11:13:11
Age/Sex	24Y 7M / Female	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

ony thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.

Dr.Vijay Kumar Sharma Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-03-06 12:37:00

NARAYANA MULTISPECIALITY HOSPITAL RAJASTHAN **JAIPUR**

Station Telephone:

NH Narayana Multispeciality Hospital

Unit of Narayana Health

EXERCISE STRESS TEST REPORT

Patient Name: MS SUMAN,

Patient ID: 453613

Height: Weight:

Study Date: 06.03.2023

Test Type: Treadmill Stress Test

Protocol: BRUCE

DOB: 08.07.1998 Age: 24yrs

Gender: Female Race: Indian

Referring Physician: DR.DEEPAK GARG Attending Physician: DR.SITA RAM GUPTA

Technician: MS.ANJALI SINGH

Medications:

Medical History:

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	66	120/80	
	STANDING	00:15	0.00	0.00	68		
	HYPERV.	00:15	0.00	0.00	66		
	WARM-UP	00:32	1.60	0.00	69		
EXERCISE	STAGE 1	03:00	2.70	10.00	120	130/80	
	STAGE 2	03:00	4.00	12.00	139	140/80	
	STAGE 3	03:00	5.50	14.00	176	150/80	
	STAGE 4	01:06	6.90	16.00	187	200.00	
RECOVERY		04:00	0.00	0.00	99	140/80	

The patient exercised according to the BRUCE for 10:05 min:s, achieving a work level of Max. METS: 13.70. The resting heart rate of 70 bpm rose to a maximal heart rate of 187 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal. Functional Capacity: normal.

YR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none. Arrhythmias: none. ST Changes: ...

Overall impression: ...

Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.

PLEASE CORRELATE CLINICALLY.

Physician	1	Technician	
	A	i cellificiali_	

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Appointments

1800-309-0309 (Toll Free)

Emergencies 99837-32222 ∍MS SUMAN.

AMS SUMAN,
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Female 24vrs Indian

Meds:

Test Reason: Screening for CAD

Medical History:

Ref. MD: DR.DEEPAK GARG Ordering MD:

Technician: MS.ANJALI SINGH Test Type: Treadmill Stress Test

Comment:

BRUCE: Total Exercise Time 10:05

Max HR: 187 bpm 95% of max predicted 196 bpm HR at rest: 70

Max BP: 150/80 mmHg BP at rest: 120/80 Max RPP: 25950 mmHg*bpm

Maximum Workload: 13 70 MFTS

Max. ST: -1.15 mm. 0.00 mV/s in III: EXERCISE STAGE 3 07:00

Arrhythmia: A:68, PVC:1, PSVC:2

ST/HR index: 0.33 µV/bpm

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: ... Overall impression: ...

Conclusion: NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY

PERIOD.

PLEASE CORRELATE CLINICALLY.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm	VE (/min)	ST Level (III mm)	Comment	
PRETEST	SUPINE	00:15	0.00	0.00	1.0	66	120/80	7020		0.40		
	STANDING	00:15	0.00	0.00	1.0	68	120/80	7920	1	-0.40		
	HYPERV.	00:15	0.00	0.00	1.0	66			1	-0.40		
	WARM-UP	00:32	1.60	0.00	1.3	69			0	-0.40		
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	120	130/80	15600	0	-0.45		
	STAGE 2	03:00	4.00	12.00	7.0	139		15600	0	-0.50		
	STAGE 3	03:00	5.50	14.00	10.2	176	140/80	19460	0	-0.75		
	STAGE 4	01:06	6.90	16.00	13.7		150/80	26400	1	-0.65		
RECOVERY		04:00	0.00	0.00	1.0	187 99	140/80	13860	0	0.10 -0.60		

1800-309-0309 (Toll Free)

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Appointmen Emergencies

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Multispeciality Hospital