

Name : Mr. SACHIN ASHOK BELGAONKAR (45 /M)

Date : 25/03/2023

Address : PLOT.NO-57,SR.NO-7 RAMKRISHNA NAGAR,MAKHAMALABAD  
ROAD,PANCHAVATI,NASHIK., NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by :

UHID : MHN1.0000140452

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH32753



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/03/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



## Past medical history

Do you have any - No  
allergies?  
Do you have any drug - No  
allergies?  
Past medical history - nil significant  
Covid 19 - Yes  
- 2021  
Hospitalization for - No  
Covid 19  
Oxygen support - No



## Surgical history

Surgical history - Nil

## Immunization history

- Covid Dose1,Covid  
Dose2,Precaution Dose



## Personal history

Marital status - Married  
No. of children - 02  
Diet - Mixed Diet  
Alcohol - consumes alcohol  
occasionally  
Smoking - No  
Chews tobacco - No  
Physical activity - Active  
- gym



## Family history

Hypertension - mother  
Coronary artery - none  
disease  
Cancer - None

## PHYSICAL EXAMINATION



## General

General appearance - normal  
Build - normal  
Height - 170  
Weight - 74.4  
BMI - 25.74  
Pallor - No  
Oedema - no  
Temperature - 97  
SpO2 - 98



## Cardiovascular system

Heart rate (Per minute) - 62  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 70  
Heart sounds - S1S2+

## Respiratory system

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Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No  
Tenderness - No

**Printed By** : Shweta Sharad Shardul

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### C B C WITH ESR (AUTOMATION + STANDARD METHOD)

| Test Name                            | Result | Unit                            | Level | Range     |
|--------------------------------------|--------|---------------------------------|-------|-----------|
| Hemoglobin                           | 13.5   | g/dl                            | ●     | 13.0-18.0 |
| Haematocrit                          | 40.9   | %                               | ●     | 39.0-54.0 |
| RBC COUNT                            | 4.51   | Million/ul                      | ●     | 4.2-6.5   |
| MCV                                  | 90.7   | fl                              | ●     | 75.0-95.0 |
| MCH                                  | 29.9   | pg                              | ●     | 26.0-32.0 |
| MCHC                                 | 32.9   | g/dl                            | ●     | 31.0-36.0 |
| RDW                                  | 13.8   | %                               | ●     | 11-16     |
| Platelet Count(Optical/Impedance)    | 209    | 10 <sup>9</sup> /m <sup>3</sup> | ●     | 140-440   |
| TLC Count                            | 5.82   | 10 <sup>9</sup> /m <sup>3</sup> | ●     | 4.0-11.0  |
| Neutrophils                          | 64     | %                               | ●     | 45-75     |
| Lymphocytes                          | 26     | %                               | ●     | 20-45     |
| Eosinophils                          | 03     | %                               | ●     | 1-6       |
| Monocytes                            | 07     | %                               | ●     | 1-10      |
| Basophils                            | 00     | %                               | ●     | 0-1       |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 5      | mm/1st hr                       | ●     | 0-10      |

### BLOOD GROUPING AND TYPING (ABO and Rh)

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | A        |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name                                    | Result | Unit | Level | Range   |
|--|--------|------|-------|---------|
| ALT(SGPT) - SERUM / PLASMA                   | 32     | U/L  | ●     | 30-65   |
| ALBUMIN - SERUM                              | 4.3    | g/dL | ●     | 3.5-5   |
| GLOBULIN - SERUM: (Calculated)               | 3.4    | g/dL | ●     | 1.8-3.6 |
| ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated) | 1.3    |      | ●     | 1.1-1.8 |

ALKALINE PHOSPHATASE - SERUM/PLASMA 82 U/L ● 0-100

AST (SGOT) - SERUM 21 U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 1.1 \* mg/dL ● 0.0-1.0

### LIPID PROFILE TEST (PACKAGE)

| Test Name         | Result | Unit  | Level | Range |
|-------------------|--------|-------|-------|-------|
| Total Cholesterol | 184    | mg/dL | ●     | 0-200 |

### CREATININE - SERUM / PLASMA

| Test Name                   | Result | Unit  | Level | Range   |
|-----------------------------|--------|-------|-------|---------|
| CREATININE - SERUM / PLASMA | 1.0    | mg/dL | ●     | 0.8-1.3 |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name                                   | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 15     | U/L  | ●     | 0-50  |

### GLUCOSE - SERUM / PLASMA (FASTING)

| Test Name                  | Result | Unit  | Level | Range  |
|----------------------------|--------|-------|-------|--------|
| Glucose - Plasma (Fasting) | 91     | mg/dL | ●     | 70-100 |

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

| Test Name                        | Result | Unit  | Level | Range  |
|----------------------------------|--------|-------|-------|--------|
| Glucose - Plasma (POST PRANDIAL) | 98     | mg/dL | ●     | 70-140 |

### LIPID PROFILE TEST (PACKAGE)

| Test Name   | Result | Unit  | Level | Range   |
|---|--------|-------|-------|---------|
| HDL CHOLESTEROL - SERUM / PLASMA                    | 60     | mg/dL | ●     | 40-60   |
| TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) | 3.1    |       | ●     | 0.0-4.5 |

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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LDL Cholesterol (Direct LDL) 132 mg/dL

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### LIVER FUNCTION TEST (PACKAGE)

| Test Name                       | Result | Unit | Level | Range   |
|---------------------------------|--------|------|-------|---------|
| PROTEIN, TOTAL - SERUM / PLASMA | 7.7    | g/dL | ●     | 6.4-8.2 |
| PROTEIN, TOTAL - SERUM / PLASMA | 7.7    | g/dL | ●     | 6.4-8.2 |

### LIPID PROFILE TEST (PACKAGE)

| Test Name             | Result | Unit  | Level | Range |
|-----------------------|--------|-------|-------|-------|
| Triglycerides - Serum | 110    | mg/dL | ●     | 0-150 |

### URIC ACID - SERUM

| Test Name         | Result | Unit  | Level | Range   |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.1    | mg/dL | ●     | 3.5-7.2 |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name                                  | Result | Unit  | Level | Range   |
|--|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM      | 0.3    | mg/dL | ●     | 0.0-0.3 |
| BILIRUBIN UNCONJUGATED - SERUM(Calculated) | 0.8 *  | mg/dL | ●     | 0.0-0.7 |

### CARDIAC STRESS TEST - (TMT)

### ECG

### ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

### X-RAY CHEST PA

No significant abnormality is detected.

### Haematology

STOOL ROUTINE

### Biochemistry

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

TOTAL T4: THYROXINE - SERUM

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

6

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**