

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. TIWARI SURYA PRAKASH
EC NO.	76849
DESIGNATION	DAFTARY
PLACE OF WORK	ISAULI
BIRTHDATE	31-08-1967
PROPOSED DATE OF HEALTH CHECKUP	10-06-2023
BOOKING REFERENCE NO.	23J76849100061534E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **08-06-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

*Dr. Pawan Kumar Singh*  
M.B.B.S., D.M.B (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



आयकर विभाग  
INCOME TAX DEPARTMENT

भारत सरकार  
GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड  
Permanent Account Number Card  
**AIHPT8536F**



04012021

नाम / Name  
**SURYA PRAKASH TIWARI**

पिता का नाम / Father's Name  
**RAMYAS TIWARI**

जन्म की तारीख /  
Date of Birth  
**31/08/1967**

हस्ताक्षर / Signature

सुर्य प्रकाश तिवारी

*Dr. Pawan Kumar Singh*  
M.B.B.S., DMB (Medicine)  
UPMCI-61210  
Director & Consultant Physician  
JFK Clinic & Diagnostics  
(A Unit of JFK Hospitals & Trauma Centre Pvt. Ltd.)

DR. SUKHO PRKASH T1WBP1

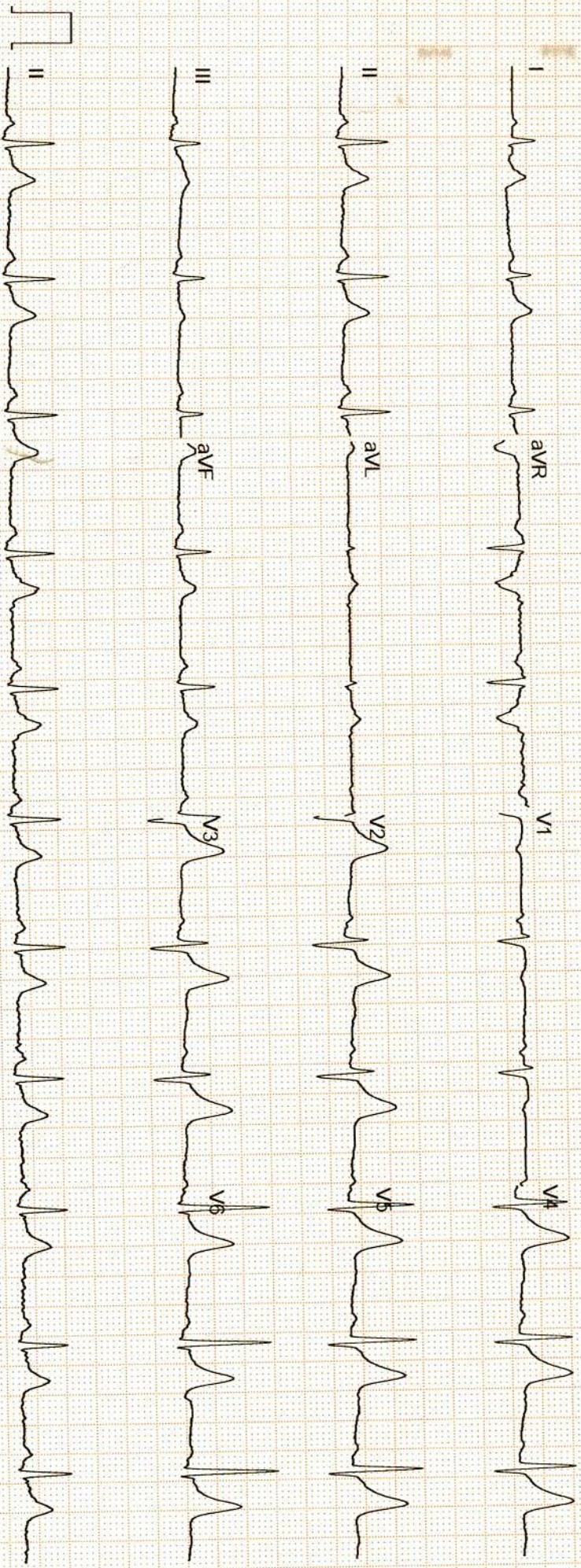
10.06.2023 9:21:56  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND SUPER MARKET  
SULTANPUR

Location: Room: Order Number: Indication: Medication 1: Medication 2: Medication 3:

Technician: DR. J. P. SINGH  
Ordering Ph: Referring Ph: Attending Ph:

QRS : 84 ms  
QT / QTcBaz : 376 / 397 ms  
PR : 146 ms  
P : 94 ms  
RR / PP : 888 / 895 ms  
P / QRS / T : 55 / 68 / 46 degrees

Normal sinus rhythm  
Early repolarization  
Normal ECG



*[Handwritten signature]*

Dr. Pawan Kumar Singh  
M.B.B.S., D.M.B (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics

67 bpm  
- / - mmHg

GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3\_25\_R1 1/1

Unconfirmed



सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 22,615  
 Patient Name : Mr. SURYA PRAKASH  
 Age (Y-M-D) : 0 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.-: 10-Jun-23 12  
 Receiving Date : 10-Jun-23 12  
 Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

<b>LIVER</b>	: Liver is normal in size and echogenicity. No focal or diffuse mass lesion seen.No IHBD dilatation seen.
<b>GALL BLADDER</b>	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
<b>PV/CBD</b>	: Portal vein and CBD are normal in their course and calibre.
<b>PANCREAS</b>	: Pancreas is normal in size, contous & echotexture.
<b>SPLEEN.</b>	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
<b>KIDNEYS</b>	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
<b>URETER</b>	: B/L ureters are normally visualized.
<b>U.BLADDER</b>	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
<b>PROSTATE</b>	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
<b>POST VOID</b>	: Not done.
<b>IMPRESSION</b>	: <b>GASEOUS BOWEL LOOPS SEEN</b>

Dr. Pawan Kumar Singh  
 M.B.B.S., D.M.B (Medicine)  
 UFM CI-61330  
 Director & Consultant Physician  
 JI Diagnostic & Diagnostics  
 (A Unit of JI Healthcare & Training Centre Pvt. Ltd.)

Dr. Amit Kumar  
 M.B.B.S.MS  
 Reg.No.-29176  
 Dr. Amit Kumar  
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



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डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 22,624  
 Patient Name : Mr. SURYA PRAKASH  
 Age (Y-M-D) : 0 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 6/10/2023 12  
 Receiving Date : 6/10/2023 12  
 Reporting Date :

## X-RAY CHEST P.A.

TRACHEA- : Trachea is central,  
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.  
 ANGLES- : Both costophrenic angles are clear.  
 PARRENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.  
 C / T RATIO- : Normal  
 MEDIASTINUM- : no mediastinal shift is seen.  
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.  
 IMPRESSION- : NORMAL FINDING

*Dr. Pawan Kumar Singh*  
 M.B.B.S., D.M.B (Medicine)  
 UPWCI-61380  
 Director, Consultant Physician  
 Jyoti Diagnostic & Radiology  
 (A Unit of Jyoti Diagnostic & Radiology Centre Pvt. Ltd.)

*Dr. Amit Kumar*  
 M.B.B.S. MS  
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**An ISO 9001:2015 Certified Center**

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



An ISO 9001:2015 Certified Center

Patient ID : 045853  
 Name : Mr. SURYA PRAKASH TIWARI  
 Age/Gender : 55Y/M  
 Date/Time : 11-06-2023/12:04  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-014903		
<b>Liver Function Test (LFT)</b>		
<b>Bilirubin Total</b>	0.52 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term)
<b>Bilirubin Direct</b>	0.30 mg/dL	0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Indirect</b>	0.22 mg/dL	0.0 - 0.2 mg/dL
<b>SGOT</b>	51.2 U/L	0.0 - 0.8 mg/dL
<b>SGPT</b>	45.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
<b>Alkaline Phosphatase</b>	97.4 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
<b>Total Protein</b>	6.75 g/dL	UPTO 125 U/L
<b>Albumin</b>	4.36 g/dL	6.0 - 8.0 g/dL
<b>Globulin</b>	2.39 g/dL	3.5 - 5.2 g/dL
<b>A/G</b>	2.8	1.5 - 3.0 g/dL 1 - 2
Sample Collection Time 11 Jun 2023 / 12:08 Result Approval Time 12 Jun 2023 / 20:19		
LRN-014902		
<b>Serum Creatinine</b>		
<b>Serum Creatinine</b>	0.8 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 11 Jun 2023 / 12:08 Result Approval Time 12 Jun 2023 / 20:19		
LRN-014902		
<b>Gamma Glutamyl transferase (GGT)</b>		
<b>GGT</b>	23.6 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time 11 Jun 2023 / 12:08 Result Approval Time 12 Jun 2023 / 20:19		
LRN-014903		
<b>Blood Urea Nitrogen (BUN)</b>		

Rakesh Sharma  
Lab Technician*Dr. Pawan Kumar Singh*M.B.B.S., D.M.B (Medicine)  
UPMCI-61380

Director &amp; Consultant Physician

JPK Clinic &amp; Diagnostics

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*Dr. SHIWANGI*

M.B.B.S., DCP. (DNB)

Consultant Pathologist

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**Facilities Available**

- ECG
- PFT
- Endoscopy
- Hematology
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Patient ID : 045853  
 Name : Mr. SURYA PRAKASH TIWARI  
 Age/Gender : 55Y/M  
 Date/Time : 11-06-2023/12:04  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Blood Urea Nitrogen (BUN)	11.0 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 11 Jun 2023 / 12:08 Result Approval Time 12 Jun 2023 / 20:19		
LRN-014902	<b>Uric Acid</b>	
Uric Acid	5.1 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 11 Jun 2023 / 12:08 Result Approval Time 12 Jun 2023 / 20:19		
LRN-014903	<b>Lipid Profile</b>	
Total Cholesterol	164.1 mg/dL	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	123.5 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	56.8 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	84.0 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	24.7 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.8	( Less than 5.0 )
LDL/HDL	1.4	UPTO 3.5

Rakesh Sharma  
Lab Technician**Dr. Pawan Kumar Singh**M.B.B.S., D.M.B (Medicine)  
UPMCI-61389

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Name : Mr. SURYA PRAKASH TIWARI  
Age/Gender : 55Y/M  
Date/Time : 11-06-2023/12:04  
Referred By : SELF

### INVESTIGATION

### RESULT

### REFERENCE RANGE

Sample Collection Time 11 Jun 2023 / 12:08  
Result Approval Time 12 Jun 2023 / 20:19

LRN-014902

#### Fasting Blood Sugar

#### Fasting blood sugar

89.0 mg/dL

70-110 mg/dl

Sample Collection Time 11 Jun 2023 / 12:08  
Result Approval Time 12 Jun 2023 / 20:19

LRN-014904

#### Glycosylated Haemoglobin

#### HbA1C

5.4 %

4-6% - NON-DIABETIC  
6-7% - GOOD CONTROL  
7-8% - FAIR CONTROL  
>8% - ACTION SUGGESTED

Sample Collection Time 11 Jun 2023 / 12:08  
Result Approval Time 12 Jun 2023 / 20:20

LRN-014902

#### PSA TOTAL

#### PSA Total

0.42 ng/mL

<4.00 ng/mL

Sample Collection Time 11 Jun 2023 / 12:08  
Result Approval Time 12 Jun 2023 / 20:19

Rakesh Sharma  
Lab Technician

Dr. Pawan Kumar Singh  
M.B.B.S., D.I.B (Medicine)  
UPMCI-61689  
Director & Consultant Physician  
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(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

Dr. SHWANGI  
MBBS, DCP (DNB)  
Consultant Pathologist  
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 Name : Mr. SURYA PRAKASH TIWARI  
 Age/Gender : 55Y/M  
 Date/Time : 11-06-2023/12:04  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
LRN-014900	<b>Erythrocyte sedimentation Rate (ESR)</b>	
<b>Erythrocyte sedimentation Rate (ESR)</b>	12 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 11 Jun 2023 / 12:08 Result Approval Time 12 Jun 2023 / 20:19		
LRN-014901	<b>Blood grouping and Rh typing</b>	
<b>Blood Group</b>	A	
<b>RH Typing</b>	POSITIVE (+)	
Sample Collection Time 11 Jun 2023 / 12:08 Result Approval Time 12 Jun 2023 / 20:19		
LRN-014899	<b>Complete Blood Count</b>	
<b>Haemoglobin</b>	12.8 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
<b>WBC Count</b>	7170	4000-11,000/cumm
<b>Differential Count</b>		
<b>Neutrophils</b>	58 %	40-75 %
<b>Lymphocytes</b>	31 %	20-45 %
<b>Eosinophils</b>	04 %	01-08 %
<b>Monocytes</b>	07 %	02-10 %
<b>Basophils</b>	00 %	00-01 %
<b>RBC Count</b>	4.15 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
<b>PCV</b>	36.4 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
<b>MCV</b>	87.7 fl	75-95 fl
<b>MCH</b>	31.0 pg	26-32 pg
<b>MCHC</b>	35.3 %	30-35%
<b>Platelet Count</b>	150000 cells/cumm	150000 - 400000 cells/cumm
<b>Mean Platelet Volume(MPV)</b>	13.4 fL	7.5-11.5 fL
<b>RDW-CV</b>	14.4 %	11-16 %

Rakesh Sharma  
Lab Technician**Dr. Pawan Kumar Singh**

M.B.B.S., D'NB (Medicine)

UPMCI-81330

Director &amp; Consultant Physician

JPK Clinic &amp; Diagnostics

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Name : Mr. SURYA PRAKASH TIWARI  
Age/Gender : 55Y/M  
Date/Time : 11-06-2023/12:04  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
RDW-SD	49.0 %	35-56 %

Sample Collection Time 11 Jun 2023 / 12:08  
Result Approval Time 12 Jun 2023 / 20:19

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*  
M.B.B.S., D.M.B (Medicine)  
UPN: 01-61330  
Director & Consultant Physician  
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Name : Mr. SURYA PRAKASH TIWARI  
Age/Gender : 55Y/M  
Date/Time : 11-06-2023/12:04  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>Clinical Pathology</b>		
<b>URINE-ROUTINE/MICROSCOPY</b>		
LRN-014905		
<b>PHYSICAL EXAMINATION</b>		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
<b>CHEMICAL EXAMINATION</b>		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.030	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	2-3/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	1-2/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Sample Collection Time 11 Jun 2023 / 12:08		
Result Approval Time 12 Jun 2023 / 20:19		

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*

M.B.B.S., D.M.B (Medicine)

UPMCI-6130

Director & Consultant Physician

JPK Clinic & Diagnostics

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*Dr. SHIWANGI*

M.B.B.S., D.C.P. (D.N.B.)

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Age/Gender : 55Y/M  
Date/Time : 11-06-2023/12:04  
Referred By : SELF

### INVESTIGATION

### RESULT

### REFERENCE RANGE

LRN-014906

#### CHEMILUMINESCENCE IMMUNOASSAY


#### Thyroid Function Test (T3, T4, TSH)

T3	1.25 ng/mL	0.69-2.15
T4	84.3 ng/mL	52-127
TSH	0.85 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL


Sample Collection Time 11 Jun 2023 / 12:08

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----- End of Report -----

  
Rakesh Sharma  
Lab Technician

  
Dr. Pawan Kumar Singh  
M.B.B.S., DNB (Medicine)  
UPMCI-61339  
Director & Consultant Physician  
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Dr. SHIWANJI  
MBBS, DCP (DNB)  
Consultant Psychologist  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory investigations are dependent on multiple variables. These results should not be reproduced in part.

#### Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 162

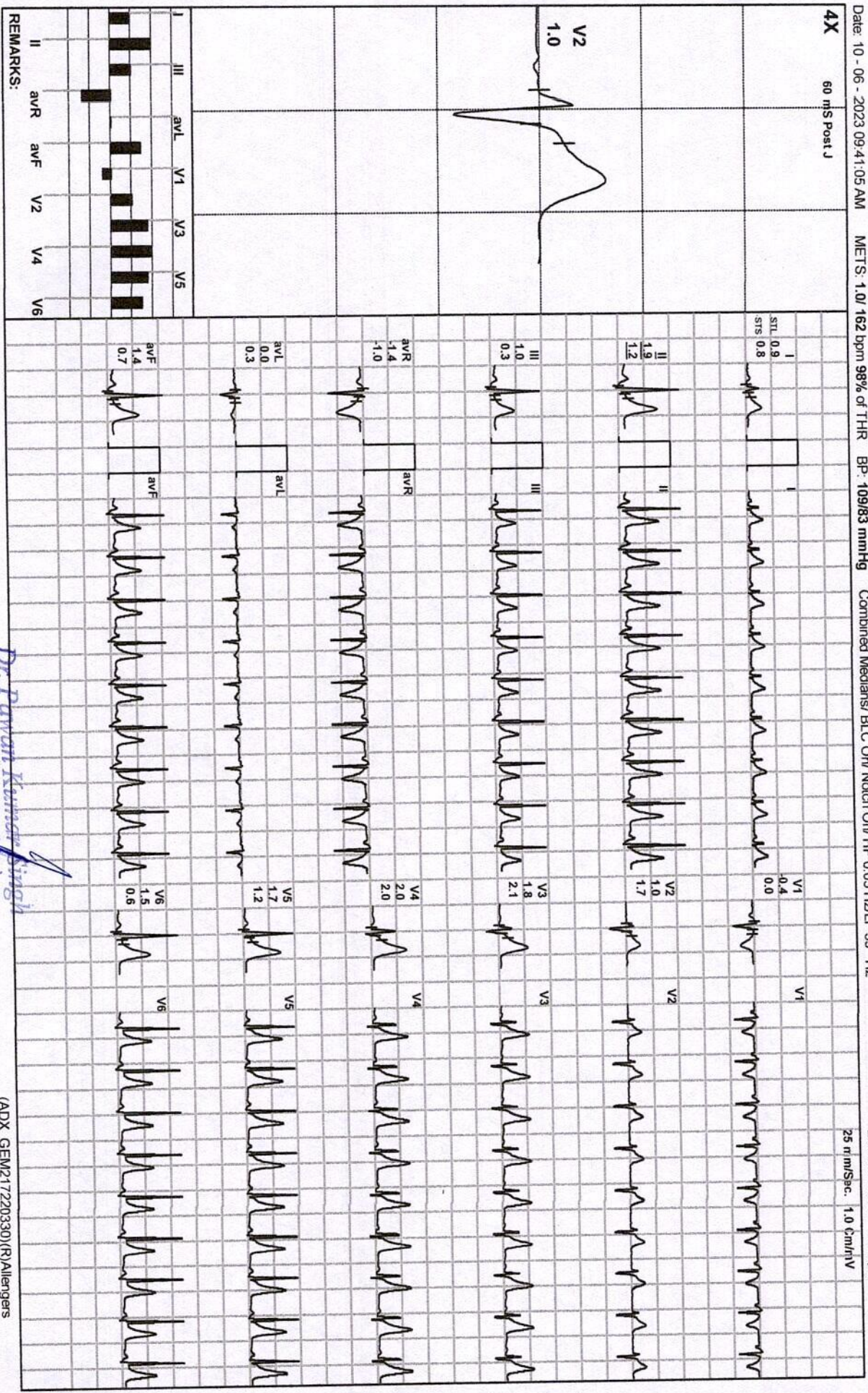
Date: 10 - 06 - 2023 09:41:05 AM

METS: 1.0/ 162 bpm 98% of THR

BP: 109/83 mmHg

Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



REMARKS:

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UPMCI-61330

(ADX\_GEM217220330)(R)Allergens

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JPK's Clinic & Diagnostics  
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**JPK HOSPITAL AND TRAUMA CENTER**

**BRUCE: Standing(0:05)**



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 162

Date: 10 - 06 - 2023 09:41:05 AM

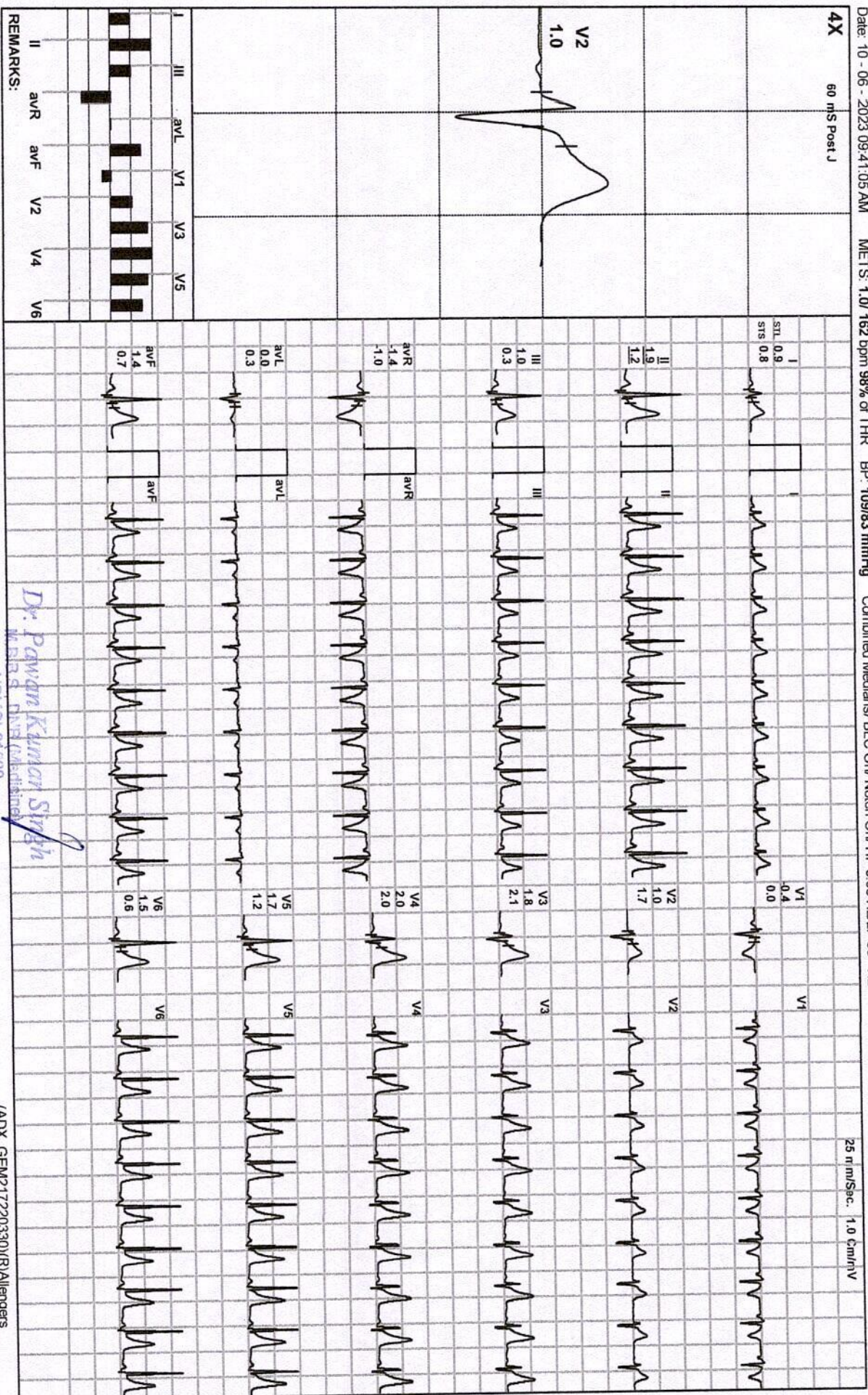
METS: 1.0/ 162 bpm 98% of THR

BP: 109/83 mmHg

Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J

ExTime: 00:00 0.0 mph, 0.0%  
25 m/Sec. 1.0 cm/mV



REMARKS:

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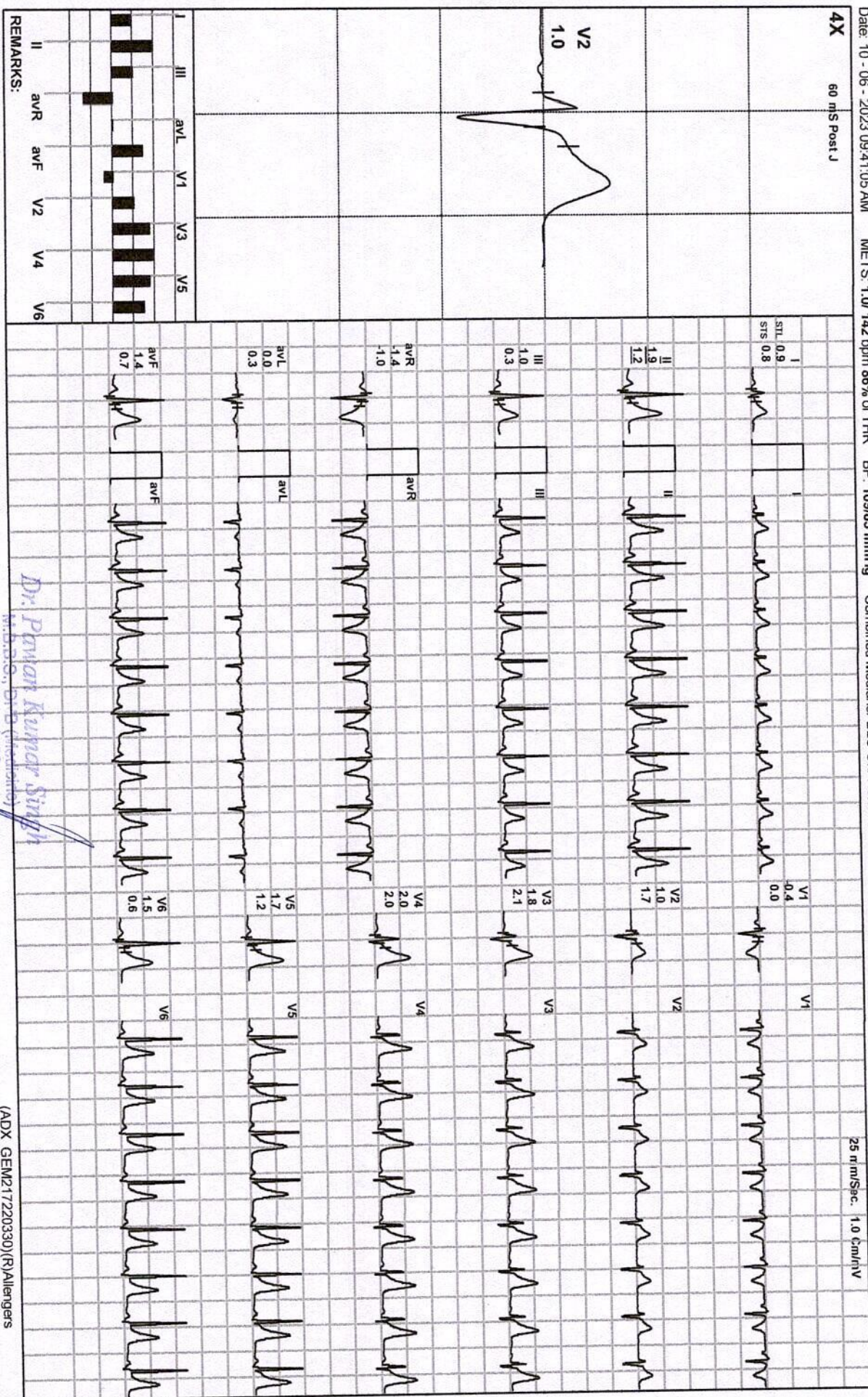


21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 142

Date: 10 - 06 - 2023 09:41:05 AM METS: 1.0/ 142 bpm 86% of THR BP: 109/83 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/IV



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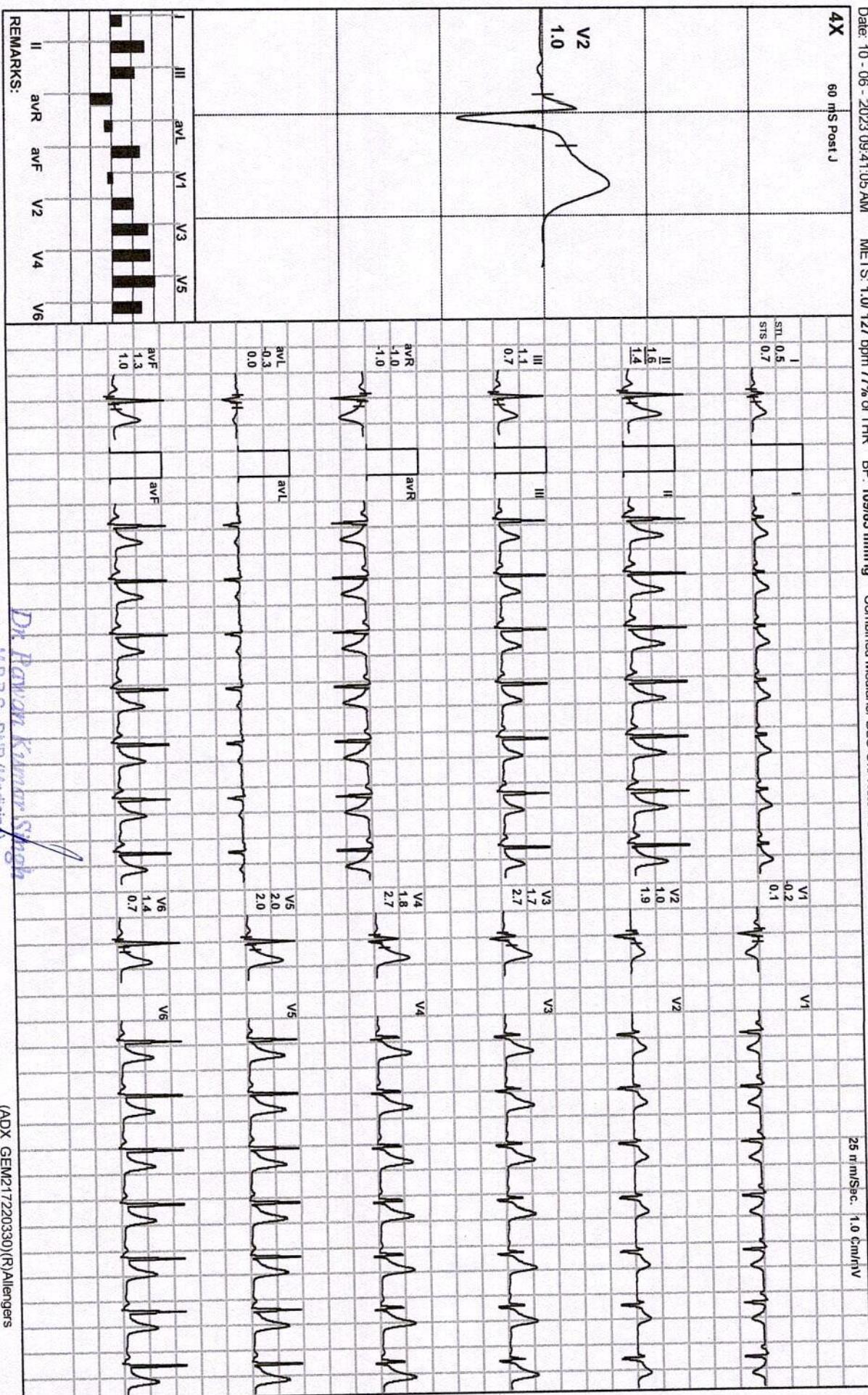


21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 127

Date: 10 - 06 - 2023 09:41:05 AM METS: 1.0/ 127 bpm 77% of THR BP: 109/83 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

25 r/m/Sec. 1.0 Cm/rV



REMARKS:

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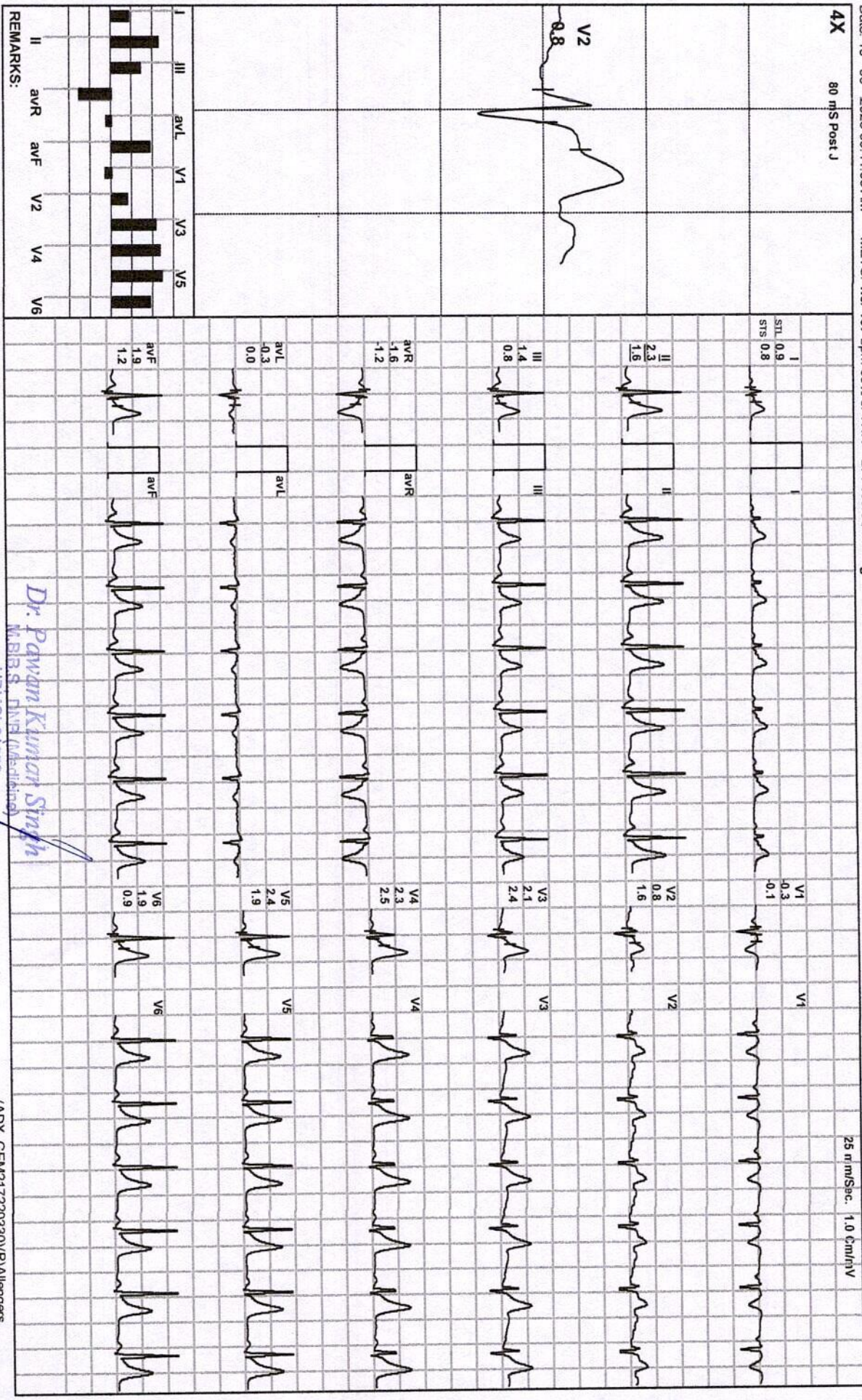




21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 107

Date: 10 - 06 - 2023 09:41:05 AM METS: 1.0 / 107 bpm 65% of THR BP: 109/83 mmHg Combined Medians/BLC On/Notch On/ HF 0.05 HZ/LF 35 HZ

ExTime: 00:00 0.0 mph, 0.0%



REMARKS:

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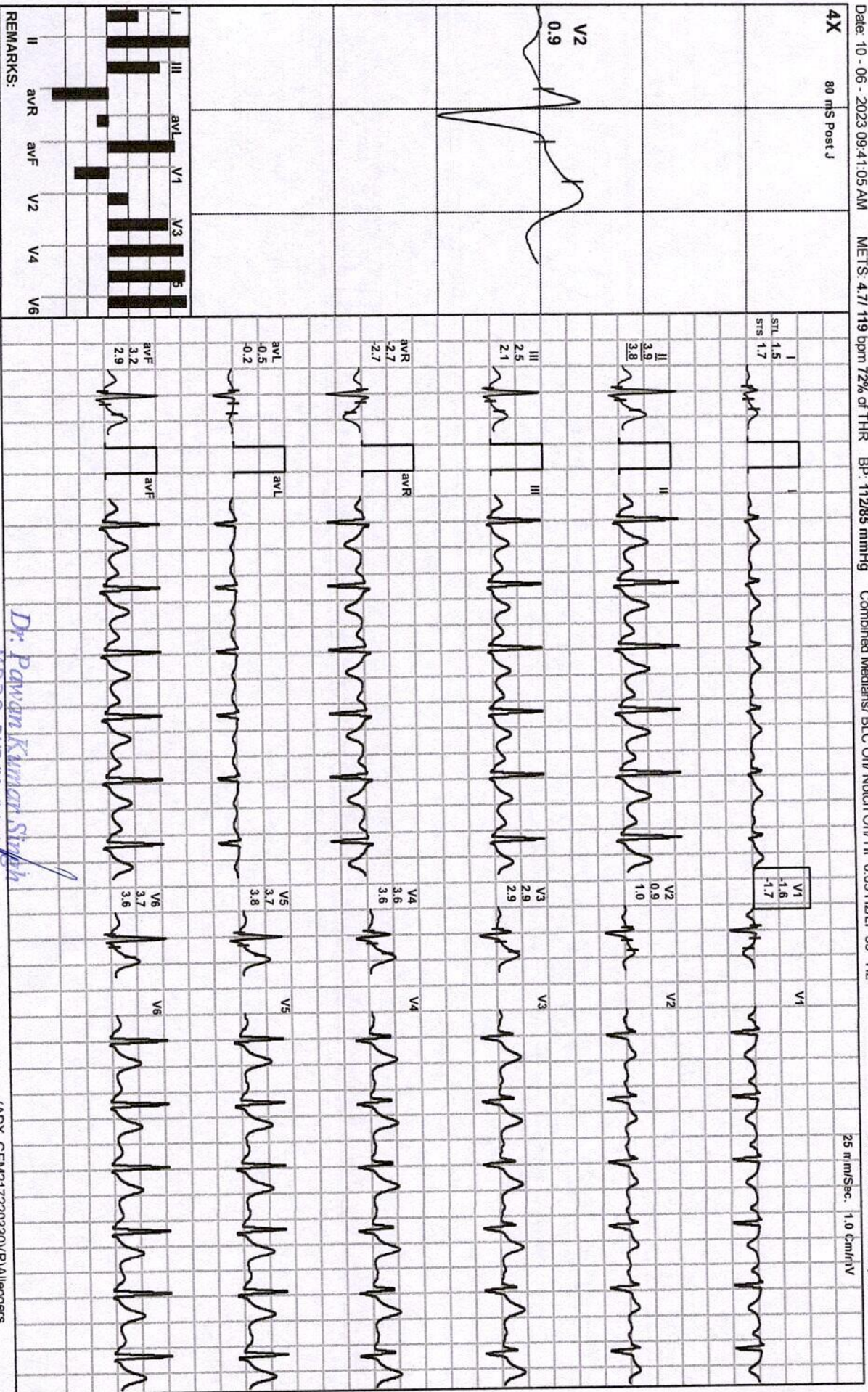
(ADX\_GEM21720330)(R)Allerges



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 119

Date: 10 - 06 - 2023 09:41:05 AM METS: 4.7/ 119 bpm 72% of THR BP: 112/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 1.7 mph, 10.0%



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(ADX\_GEM217220330)(R)Allengers



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 133

Date: 10 - 06 - 2023 09:41:05 AM

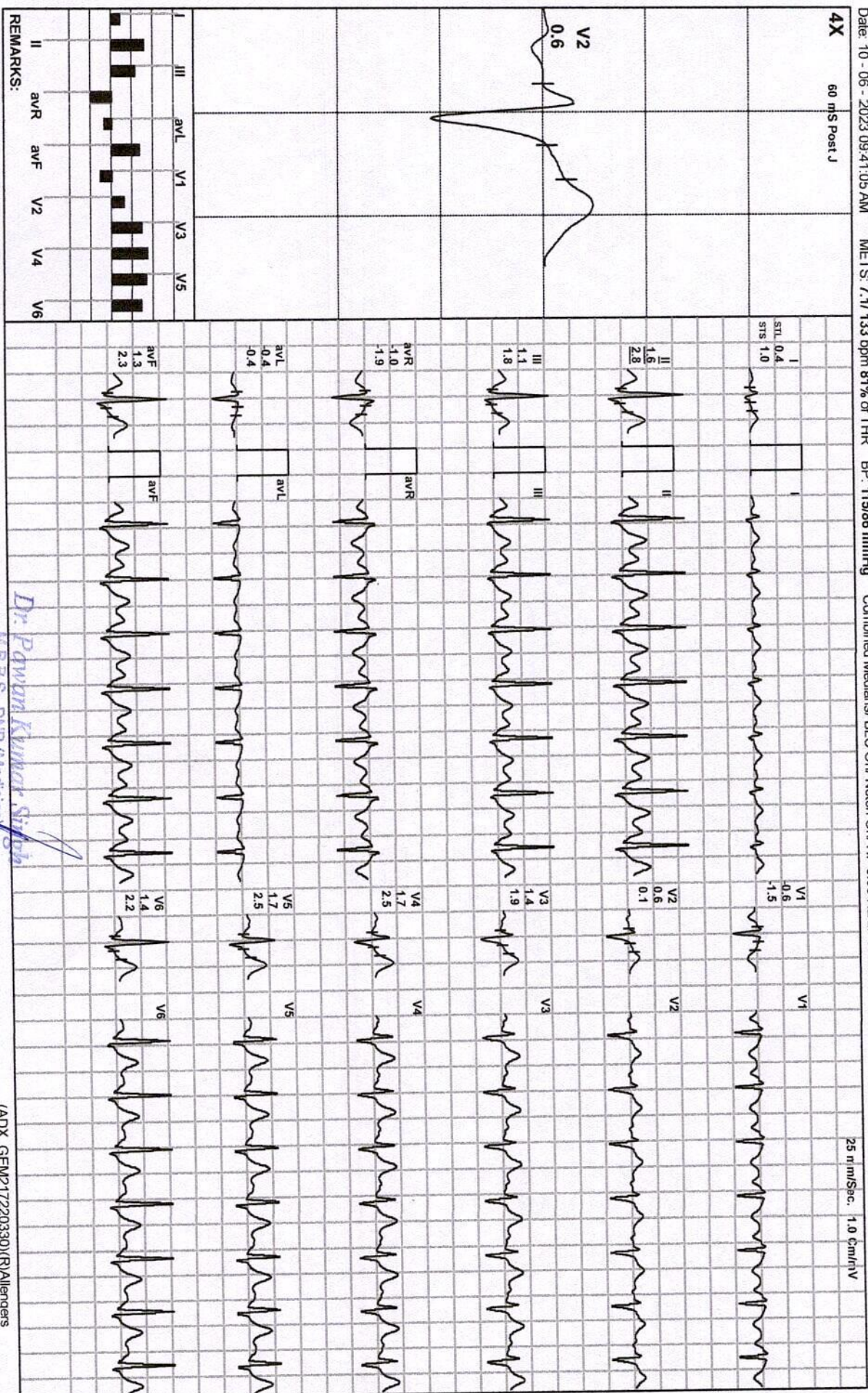
METS: 7.1 / 133 bpm

81% of THR

BP: 115/86 mmHg

Combined Medians/ BL C On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:00 2.5 mph, 12.0%



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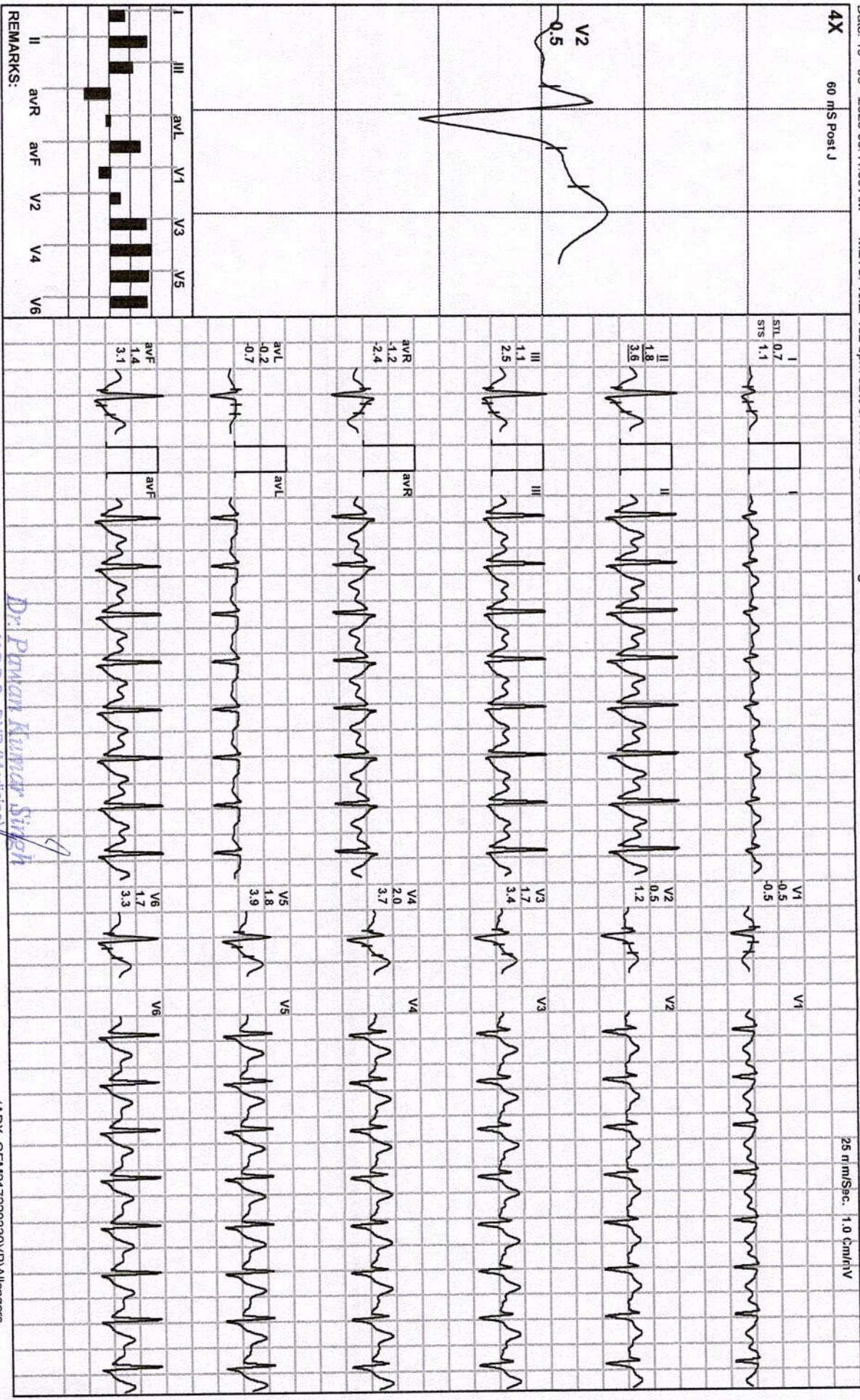
(ADX\_GEM217220330)(R)Allengers



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 152

Date: 10 - 06 - 2023 09:41:05 AM METS: 10.2/ 152 bpm 92% of THR BP: 118/90 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:00 3.4 mph 14.0%



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**JPK HOSPITAL AND TRAUMA CENTER**

**PeakEx**

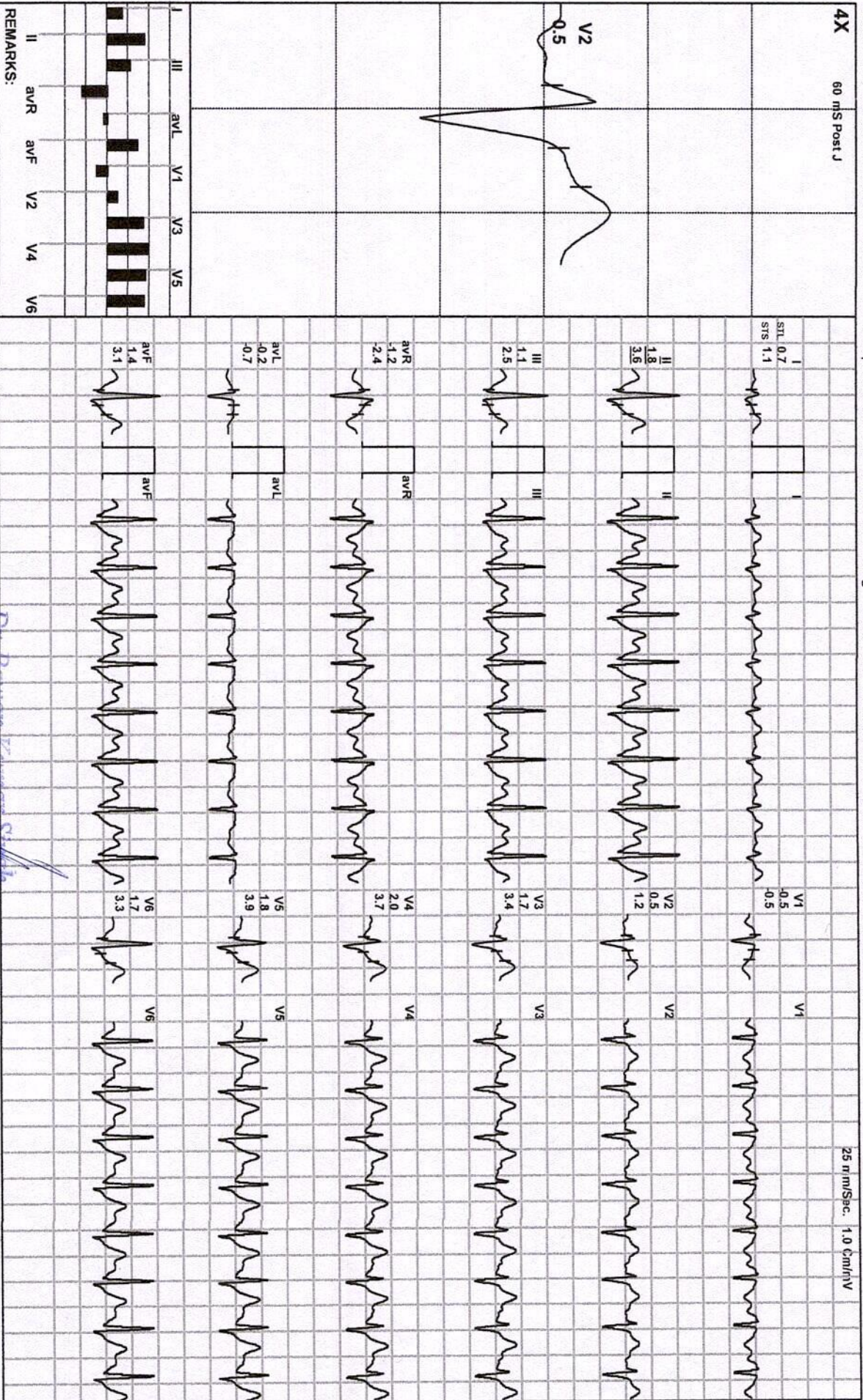


21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 152

Date: 10 - 06 - 2023 09:41:05 AM METS: 10.3/ 152 bpm 92% of THR BP: 118/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

EXTime: 09:06 1.1 mph, 0.0%

25 mm/Sec. 1.0 cm/mV



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**JPK HOSPITAL AND TRAUMA CENTER**

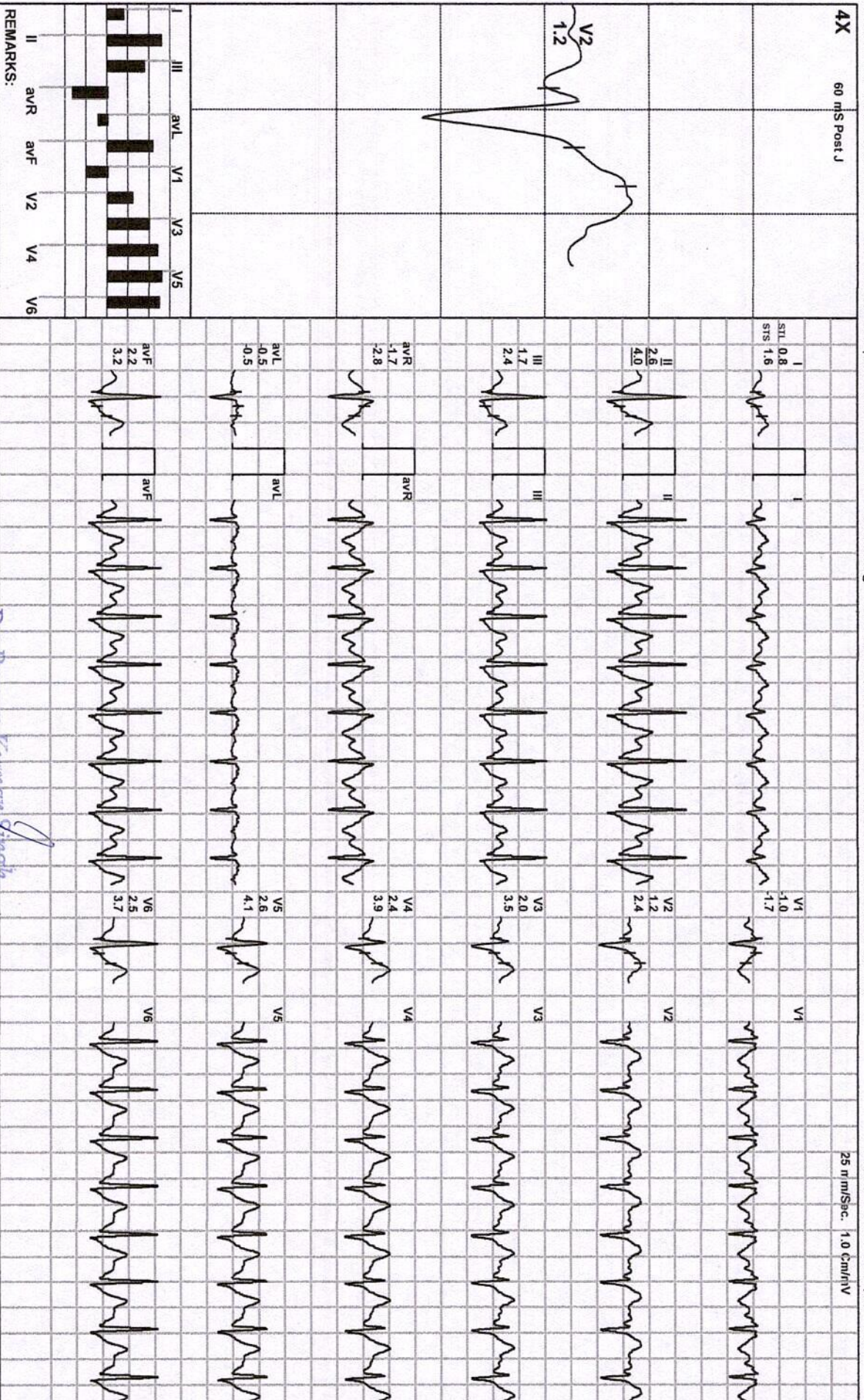
**Recovery(0:30)**



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 146

Date: 10 - 06 - 2023 09:41:05 AM METS: 7.3/ 146 bpm 88% of THR BP: 118/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:05 1.1 mph, 0.0%



25 r/m/Sec. 1.0 cm/mV

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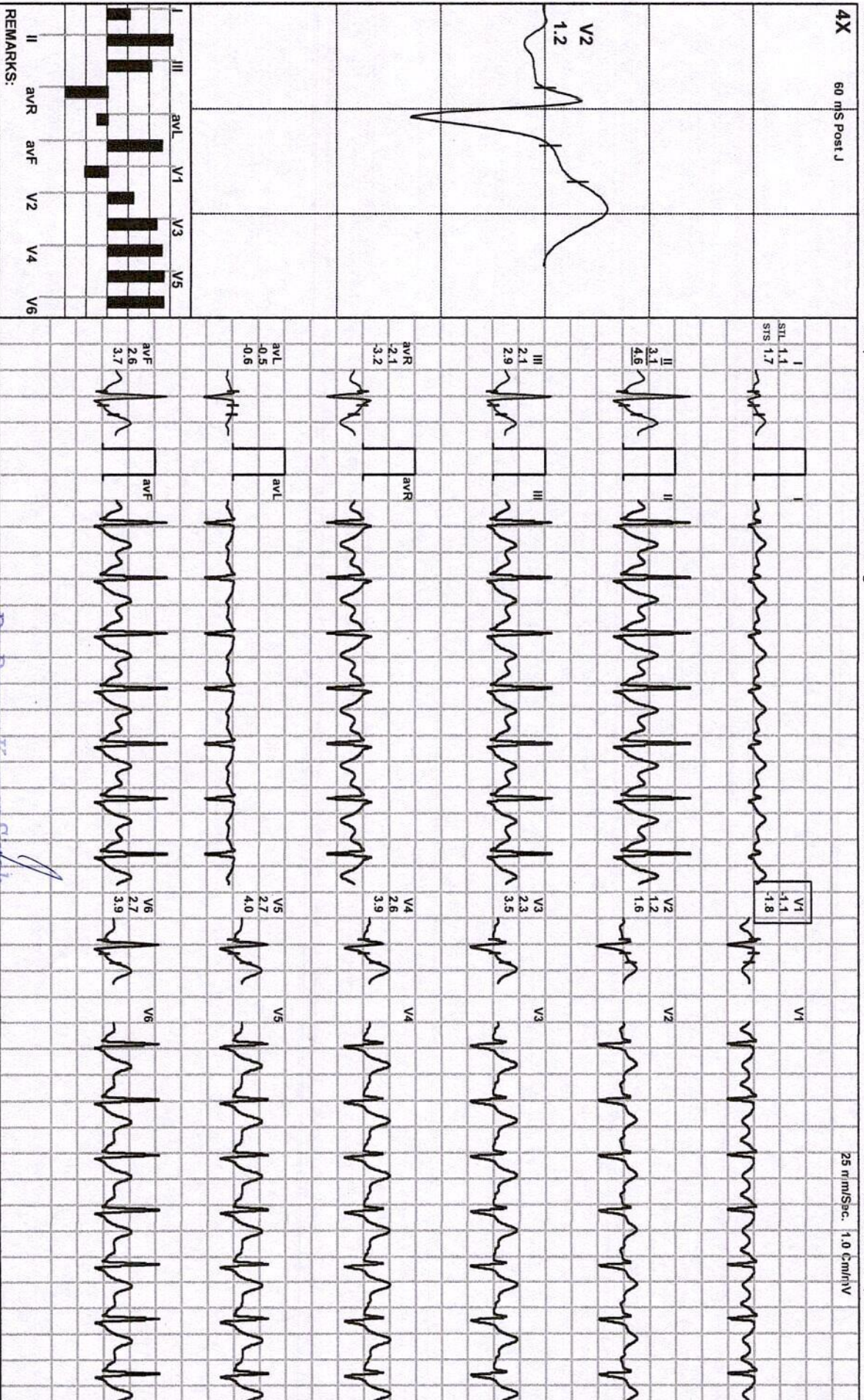
(ADX\_GEM217220330)(R)Allergers



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 130

Date: 10 - 06 - 2023 09:41:05 AM METS: 4.3/ 130 bpm 79% of THR BP: 120/92 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:05 1.1 mph, 0.0%



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**JPK HOSPITAL AND TRAUMA CENTER**

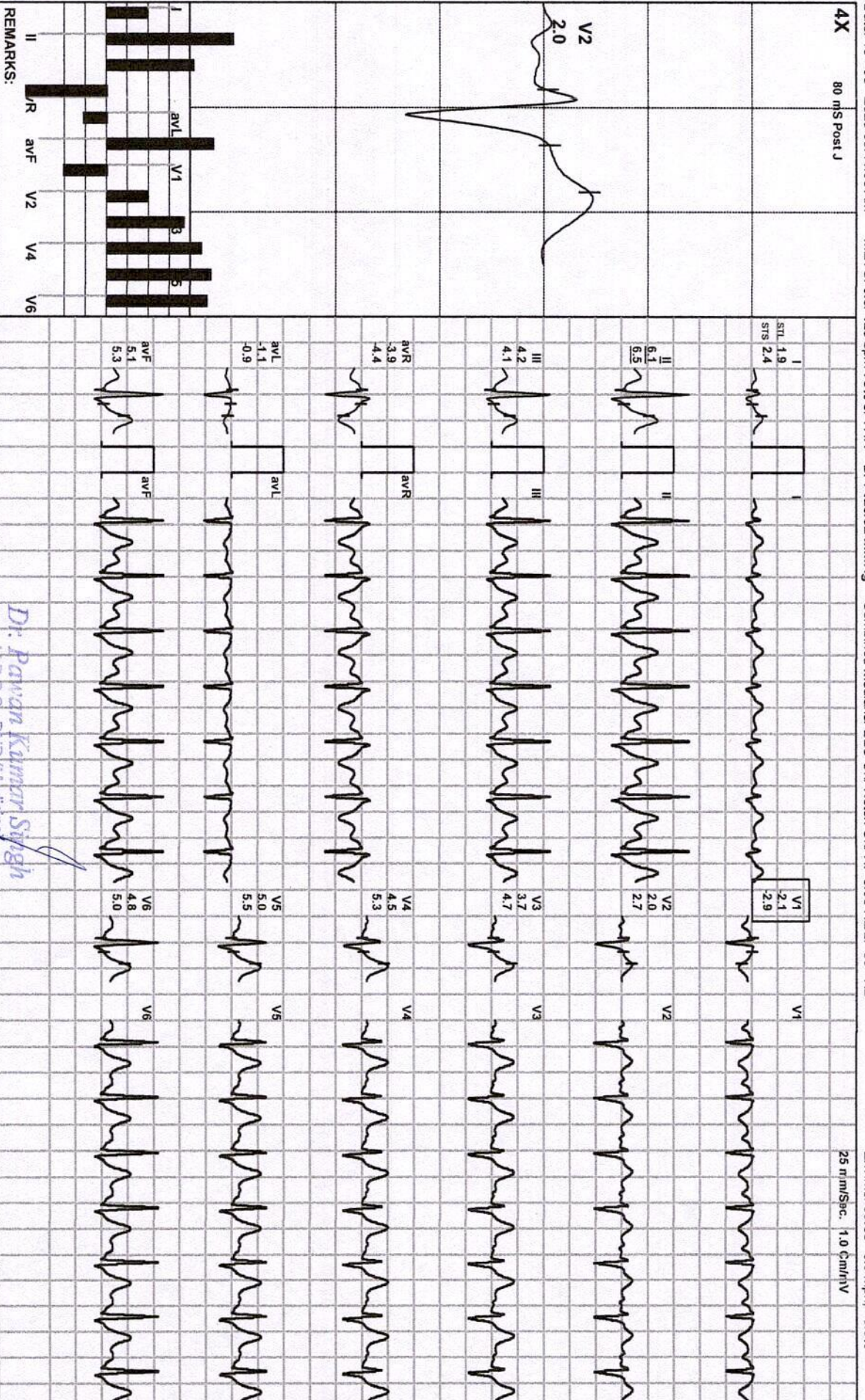
**Recovery(1:09)**



21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg / HR : 128

Date: 10 - 06 - 2023 09:41:05 AM METS: 3.3/ 128 bpm 78% of THR BP: 120/92 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:05 0.0 mph, 0.0%



REMARKS:

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(ADX\_GEM217220330)(R)Allengers





21 / SURYA PRAKASH TIWARI / 55 Yrs / M / 167 Cms / 74 Kg  
Date: 10 - 06 - 2023 09:41:05 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:07	0:07	00.0	00.0	01.0	162	98 %	109/83	176	00	
Standing	00:12	0:05	00.0	00.0	01.0	162	98 %	109/83	176	00	
HV	00:17	0:05	00.0	00.0	01.0	142	86 %	109/83	154	00	
Warm Up	00:22	0:05	00.0	00.0	01.0	127	77 %	109/83	138	00	
ExStart	00:52	0:30	00.0	00.0	01.0	107	65 %	109/83	116	00	
BRUCE Stage 1	03:52	3:00	01.7	10.0	04.7	119	72 %	112/85	133	00	
BRUCE Stage 2	06:52	3:00	02.5	12.0	07.1	133	81 %	115/86	152	00	
BRUCE Stage 3	09:52	3:00	03.4	14.0	10.2	152	92 %	118/90	179	00	
PeakEx	09:57	0:05	01.1	00.0	10.3	152	92 %	118/90	179	00	
Recovery	10:27	0:30	01.1	00.0	07.3	146	88 %	118/90	172	00	
Recovery	10:57	1:00	01.1	00.0	04.3	130	79 %	120/92	156	00	
Recovery	11:06	1:09	00.0	00.0	03.3	128	78 %	120/92	153	00	

**FINDINGS :**

Exercise Time : 09:05  
 Initial HR (ExStrt) : 107 bpm 65% of Target 165  
 Initial BP (ExStrt) : 109/83 (mm/Hg)  
 Max Workload Attained : 10.3 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : V1 & -2.1 mm in Recovery  
 Duke Treadmill Score : 09.1  
 Test End Reasons : Test Complete  
 Max HR Attained 162 bpm 98% of Target 165  
 Max BP Attained 120/92 (mm/Hg)  
 VO2Max : 36.1 ml/Kg/min (Good)

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE

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Doctor : DR PAWAN KUMAR SINGH

OTHER INVESTIGATION	:	NO
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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