



Name : Mrs. PREETI SHARMA (51 /F)

AHC MEDICAL SUMMARY Date: 24/09/2024

Address : HATIGARH CHARIALI, GUWAHATI, KAMRUP(M), ASSAM, INDIA

Examined by: Dr .PRABIN KUMAR SAIKIA

UHID : AHLG.000086009

Package : MediWheel Full Body Health Check up-Female Above 40Yrs

AHC No : APHCAH28259



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health Check up-Female Above 40Yrs
MACULO PAPULAR ERUPTION IN LEGS

PRESENT KNOWN ILLNESS

Hypertension Since - 9; months;
Medication - regular
Thyroid disease - hypothyroidism; Since - 4; yrs; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :24/09/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv: Scaling and polishing

Gastrointestinal system

Appetite - decreased; Abdominal pain - no;
Dyspepsia - yes; Peptic ulcer - yes; Bowel habits - regular; - 3 - 4 times daily; Piles - no

Genitourinary system

- Nil Significant

Gynaec history

Menopause - yes; Since - 1 yr

Central nervous system

Head ache - yes, occasional; Dizziness - no;
Concentration - good; Sleep - disturbed

Musculoskeletal system

Spine and joints
Knee (bilateral) - pain

Weight

- stable



Present medications

- Telmigen AM morning Thyronorm 50 mcg



Surgical history

Cholecystectomy - 2023
Others - Thyroid Nodule : 2013

Immunization history

- Precaution Dose



Personal history

Marital status - Married
No. of children - 2
Female - 1
Male - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Aged - 91 yrs
Mother - alive
Aged - 85 yrs
Sisters - 2
Coronary artery disease - none
Cancer - father

PHYSICAL EXAMINATION



General

Height - 157
Weight - 60
BMI - 24.34

Executive Summary

1. Hypertension on medication (BP 130/90)
2. Hypothyroid on medication (TSH 3.67 uIU/mL)
3. Fatty liver Grade I-II (SGOT 38 U/L, SGPT 78 U/L)
4. Uterine Fibroid (21 mm)

Wellness Prescription**Advice On Diet :-**

Dietician consultation

Advice On Physical Activity :-

Regular exercise

Medications

1. TAB TELMAAM 40/5 x continue
2. TAB THYRONORM 50 MCG x continue

Follow-up and Review PlanFurther Investigation
Fibroscan

Referred to Gynecologist.



Scan the QR code
in AskApollo App
to book your
follow-up
appointments and
investigations

Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

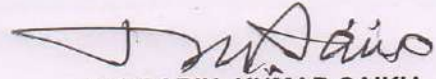
Printed By : HEALTH CHECK REPORT

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Medications

- 1. TAB TELMA AM 40/5 x continue
- 2. TAB THYRONORM 50 MCG x continue



Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCCP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Name : Mrs. PREETI SHARMA Age : 51Yr 0Mth 0Days Gender : Female
 UHID : AHLG.0000860096 / APHCAH28259 W/BN/RefNo : AHC
 SIN \ LRN : 125433755 \ 125433756 \ 125433760 \ 11084892
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-SEP-2024 09:10:39 AM Received on : 24-SEP-2024 09:58:07 AM Reported on : 24-SEP-2024 11:26:13 AM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
VLDL CHOLESTEROL - SERUM CALCULATED.	10	Desirable:<30	
AST (SGOT) - SERUM (UV With P5P-IFCC)	38 *	Healthy Adults:15 - 37	U/L
ALT(SGPT) - SERUM (UV With P5P-IFCC)	78 *	Healthy Females:14-59 U/L	U/L
PROTEIN, TOTAL - SERUM (Biuret)	7.7	Healthy Adults:6.4-8.3	mg/dl
URIC ACID - SERUM (Modified Uricase)	3.9	Healthy Women:2.6 - 6.0	mg/dL
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	150	Healthy Adults:40-150	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	55	Healthy Women:5 - 55	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	1.6 *	Healthy Adults:<=1.0	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.3	Healthy Adults:0.0-0.5	mg/dL
BILIRUBIN UNCONJUGATED-SERUM(Calculated)	1.3 *	Healthy Adults:0.2-0.7	
CREATININE - SERUM JAFTE METHOD	0.6	Healthy Women: 0.57 - 1.11	mg/dL

CONSULTANTS

Page 1 of 3

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DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

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ALBUMIN - SERUM (Brom Cresol Green)	3.8	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.9 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	58	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.7	Desirable : < 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	89	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	157	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	50	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL

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UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	27	>50 years:21-43	mg/dL
GLUCOSE -PLASMA (FASTING) Hexokinase	106 *	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.5	Healthy Adults Euthyroid: 1.2-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	87.0	Healthy Adults Euthyroid: 58.1-154.8	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	3.67	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	139	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

* END OF REPORT *

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1078550

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Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

CONSULTANTS
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DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD

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 UHID : AHLG.0000860096 / APHCAH28259 W/BNo/RefNo : AHC
 SIN \ LRN : 125433757 \ 11084892
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-SEP-2024 09:10:39 AM Received on : 24-SEP-2024 09:59:13 AM Reported on : 24-SEP-2024 11:40:54 AM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	5.2	GOAL:<6.5% Prediabetic:5.7-6.4% Diabetic:>6.5% Non-diabetic:<5.7% Uncontrolled-diabetics>8%	%
Mean Plasma Glucose (MPG) Estimate:	102.5400		mg/dL

Report Status:Final

* END OF REPORT *

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155038

Pooja Keshan

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Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

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 UHID : AHLG.0000860096 / APHCAH28259 W/BNo/RefNo : AHC
 SIN \LRN : 125433754 \ 125433753 \ 11084892
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-SEP-2024 09:10:39 AM Received on : 24-SEP-2024 12:46:43 PM Reported on : 24-SEP-2024 01:20:30 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	14.7	12.0 - 15.0	g/dl
RBC COUNT	5.50 *	3.8 - 4.8	Million/ul
MCV	86.0	82.0 - 92.0	fl
MCH	26.7	26.0 - 32.0	pg
MCHC	31.1	31.0 - 36.0	g/dl
RDW-CV	13.4	11.6 - 14	%
RETICULOCYTE COUNT	1.68	Healthy Adult :-0.5-2.5%	%
Platelet Count	156	150 - 400	10 ³ /mm ³
TLC/WBC Count	6.11	4.0 - 11.0	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	7	0 - 20	mm/1st hr
Differential Count			
Neutrophils	71.9 *	40 - 70	%
Lymphocytes	20.8	20 - 40	%
Eosinophils	2.5	1 - 6	%
Monocytes	4.3	2 - 10	%
Basophils	0.5	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	47.3 *	36 - 46	%

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 Ref Doctor : Dr. Prabin Kumar Saikia



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URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE SUGAR	Nil		
URINE ROUTINE (CUE)			
Color,:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.020	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	5.0	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Nil	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	+	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Negative	Negative	
Report Status:Final			

* END OF REPORT *

TOUCHING LIVES

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DR. ASHWIN VERMA, D.C.P
ASSOCIATE CONSULTANT PATHOLOGIST
REGD NO. 5340 AMC

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MC-3480

Name : Mrs. PREETI SHARMA Age : 51Yr 0Mth 0Days Gender : Female
 UHID : AHLG.0000860096 / APHCOPP140704 W/BNo/RefNo : OP
 SIN \LRN : 125434372 \ 11085058
 Specimen : Stool
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-SEP-2024 09:26:55 AM Received on : 24-SEP-2024 11:33:22 AM Reported on : 24-SEP-2024 11:40:27 AM

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
STOOL ROUTINE			
Blood:(Strip Method)	Absent	Negative	
Color:	Brown		
Consistency :	Semi Formed		
MICROSCOPY			
Mucus:	Absent		
Reaction:	Alkaline		
PHYSICAL EXAMINATION			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells :	Not seen		/hpf
FAT GLOBULES	Not seen		
CHEMICAL EXAMINATION :			
Starch cell	+		
Vegetable Cells	+		
Report Status:Final			

* END OF REPORT *

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DR. ASHWIN VERMA, D.C.P
ASSOCIATE CONSULTANT PATHOLOGIST
REGD NO. 5340 AMC

CONSULTANTS

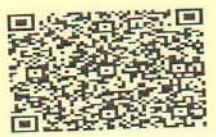
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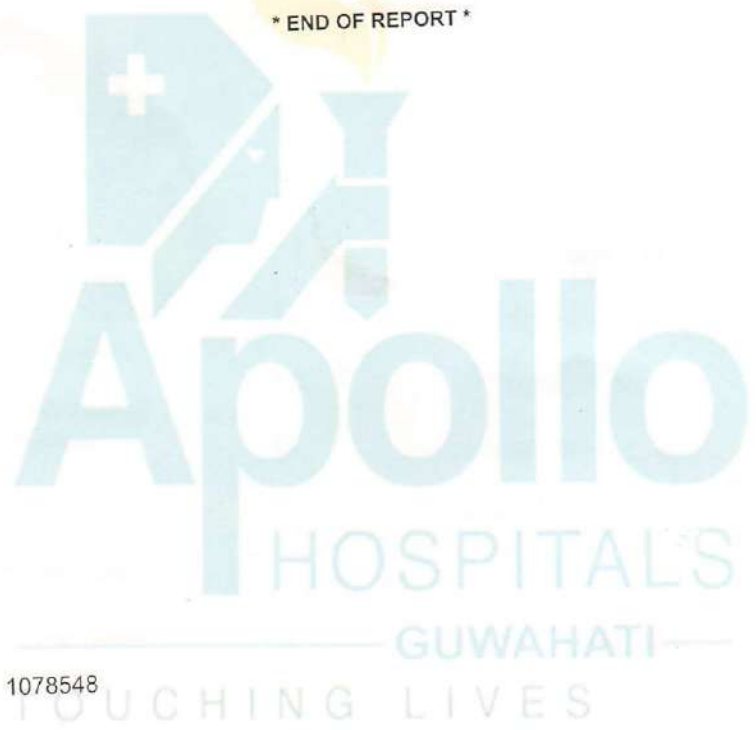
Age : 51Yr 0Mth 0Days Gender : Female
W/BNo/RefNo : AHC
Mrs. PREETI SHARMA
AHLG.0000860096 / APHCAH28259
SIN ILRN : 125433759 \ 11084892
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-SEP-2024 09:10:39 AM Received on : 24-SEP-2024 11:08:55 AM Reported on : 24-SEP-2024 11:46:54 AM

TEST NAME	RESULT
BLOOD GROUPING AND TYPING	
ABO Group:	B
Rh (D) Type:	POSITIVE
Report Status:Final	

* END OF REPORT *



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Signature
CONSULTANTS
DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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DEPARTMENT OF RADIOLOGY & IMAGING

• Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG.0000860096	Patient Name:	PREETI SHARMA
Age:	56 Years	Sex:	F
Accession Number:	17002.124251603	Modality:	DX
Referring Physician:	Prabin Kumar Saikia	Study:	X-RAY CHEST PA
Study Date:	24-Sep-2024		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- S-shaped scoliosis of dorsal spine noted with upper convexity towards left side.

Utpal Das

Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 24-Sep-2024 13:41:47

Patient ID:	0000860096	Patient Name:	PREETI SHARMA
Age:	56	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P KR SAIKIA	Study:	W/A
Study Date:	24-Sep-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is not visualized – post operative.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is mildly enlarged in size (127 mm) with normal echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. *Parapelvic cyst with dependent echogenic debris noted in the mid pole region of left kidney measuring about 14 mm.* No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 115 mm

Left kidney measures – 122 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. Small heterogeneous fibroid with calcification noted in anterior body region towards left side measuring about 21 mm. Cervix appears normal. Uterus measures about 77 x 41 x 28 mm.

ADNEXAE

Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

Impression:

- **Grade I-II hepatic steatosis.**
- **Mild splenomegaly.**
- **Small uterine fibroid.**

Utpal Das

Dr. Utpal Das, MD (Radiodiagnosis)

Senior Consultant Radiologist

Reg No-13621 (AMC)

Date: 24-Sep-2024 12:50:15

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS. PREETI, SHARMA
Patient ID: 47699
Height:
Weight:

DOB: 24.01.1973
Age: 51yrs
Gender: Female
Race: Indian

Study Date: 24.09.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:07	0.00	0.00	76	130/80	
	STANDING	00:20	0.00	0.00	67		
	HYPERV.	00:03	0.00	0.00	66		
	WARM-UP	00:13	1.00	0.00	66		
EXERCISE	STAGE 1	03:00	2.70	10.00	97	130/80	
	STAGE 2	03:00	4.00	12.00	116	140/80	
	STAGE 3	02:02	5.50	14.00	148	160/80	
RECOVERY		03:16	0.00	0.00	88	140/80	

The patient exercised according to the BRUCE for 8:02 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 63 bpm rose to a maximal heart rate of 150 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: Nonspecific st-t changes.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician DR. MODREYEE BARUA Technician

MBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

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2

Patient Details : Mrs. PREETI SHARMA | Female | 51Yr 0Mth 0Days

UHID : AHLG.0000860096

Patient Location: AHC

Patient Identifier: APHCAH28259



DRN : 100184309

Completed on : 24-SEP-2024 09:41

Ref Doctor :

ECG

IMPRESSION .:

NONSPECIFIC T WAVE CHANGES

--- END OF THE REPORT ---

DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital