





CLIENT CODE: CA00010147 - MEDIWHEEL

CLIENT'S NAME AND ADDRESS : MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

F701A, LADO SARAI, NEW DELHI,

SOUTH DELHI, DELHI, SOUTH DELHI 110030

DELHI INDIA 8800465156 DDRC SRL DIAGNOSTICS

GANDHI NAGAR, KTM KERALA, INDIA Tel: 93334 93334

Email: customercare.ddrc@srl.in

PATIENT NAME: SANTHOSH KUMAR B PATIENT ID: SANTM2801874036

ACCESSION NO: **4036WA005445** AGE: 36 Years SEX: Male ABHA NO:

RECEIVED: 28/01/2023 13:28 29/01/2023 13:39 DRAWN: REPORTED:

REFERRING DOCTOR: DR. MEDIWHEEL CLIENT PATIENT ID:

Test Report Status Results **Biological Reference Interval Units** <u>Final</u>

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

OPTHAL

COMPLETED OPTHAL

* TREADMILL TEST

COMPLETED TREADMILL TEST

* PHYSICAL EXAMINATION

COMPLETED PHYSICAL EXAMINATION





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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

* BUN/CREAT RATIO

BUN/CREAT RATIO 11.2

CREATININE, SERUM

18 - 60 yrs : 0.9 - 1.3 **CREATININE** 0.62 mg/dL

Comments

NOTE - Kindly correlate clinically.

GLUCOSE, POST-PRANDIAL, PLASMA

Diabetes Mellitus : > or = 200. GLUCOSE, POST-PRANDIAL, PLASMA mg/dL 123

Impaired Glucose tolerance/ Prediabetes: 140 - 199.

Hypoglycemia: < 55.

GLUCOSE FASTING, FLUORIDE PLASMA

GLUCOSE, FASTING, PLASMA 103 Diabetes Mellitus : > or = 126. mg/dL

Impaired fasting Glucose/ Prediabetes: 101 - 125. Hypoglycemia : < 55.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE **BLOOD**

: 4.0 - 5.6%. % Normal GLYCOSYLATED HEMOGLOBIN (HBA1C)

Non-diabetic level : < 5.7%. Diabetic : >6.5%

Glycemic control goal

More stringent goal : < 6.5 %. General goal : < 7%. Less stringent goal : < 8%.

Glycemic targets in CKD :-If eGFR > 60 : < 7%. If eGFR < 60 : 7 - 8.5%.

LIPID PROFILE, SERUM

Desirable: < 200 mg/dL **CHOLESTEROL** 184

Borderline: 200-239 High : >or= 240

 $\textbf{High} \quad \text{Normal} \quad : < 150$ **TRIGLYCERIDES** 222 mg/dL

High : 150-199

Hypertriglyceridemia: 200-499

Very High: > 499

36 **Low** General range: 40-60 mg/dL HDL CHOLESTEROL











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| Test Report Status <u>Final</u> | Results | | Units |
|---------------------------------|---------|---------------------------------------------------------------------------------------------------------------------------|-------|
| DIRECT LDL CHOLESTEROL | 127 | Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190 | mg/dL |
| NON HDL CHOLESTEROL | 148 | High Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220 | mg/dL |
| VERY LOW DENSITY LIPOPROTEIN | 44.4 | High $< or = 30.0$ | mg/dL |
| CHOL/HDL RATIO | 5.1 | High 3.30 - 4.40 | |
| LDL/HDL RATIO | 3.5 | High 0.5 - 3.0 | |











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Test Report Status Final Results Units

Interpretation(s)

- 1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.
- 2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.
- 3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL
- 4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.
- 5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

| Risk Category | | | | | | |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--|--|--|--|
| Extreme risk group | A.CAD with > 1 feature of high risk group | A.CAD with > 1 feature of high risk group | | | | |
| | B. CAD with > 1 feature of Very high risk (< or = 50 mg/dl or polyvascular disease | group or recurrent ACS (within 1 year) despite LDL-C | | | | |
| Very High Risk | | 1. Established ASCVD 2. Diabetes with 2 major risk factors or evidence of end organ damage 3. | | | | |
| High Risk | 1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque | | | | | |
| Moderate Risk | 2 major ASCVD risk factors | | | | | |
| Low Risk | 0-1 major ASCVD risk factors | | | | | |
| Major ASCVD (Ath | Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors | | | | | |
| 1. Age $>$ or $=$ 45 year | s in males and > or = 55 years in females | Current Cigarette smoking or tobacco use | | | | |
| 2. Family history of p | oremature ASCVD | 4. High blood pressure | | | | |
| 5. Low HDL | | | | | | |

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

| Risk Group | Treatment Goals | | Consider Drug The | erapy |
|--------------------|--------------------|---------------------|-------------------|-----------------|
| | LDL-C (mg/dl) | Non-HDL (mg/dl) | LDL-C (mg/dl) | Non-HDL (mg/dl) |
| Extreme Risk Group | <50 (Optional goal | < 80 (Optional goal | >OR = 50 | >OR = 80 |
| Category A | < OR $=$ 30) | <OR = 60) | | |











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| | | | |

| Extreme Risk Group Category B | <or 30<="" =="" th=""><th><or 60<="" =="" th=""><th>> 30</th><th>>60</th></or></th></or> | <or 60<="" =="" th=""><th>> 30</th><th>>60</th></or> | > 30 | >60 |
|----------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------|-----------|----------|
| Very High Risk | <50 | <80 | >OR= 50 | >OR= 80 |
| High Risk | <70 | <100 | >OR= 70 | >OR= 100 |
| Moderate Risk | <100 | <130 | >OR= 100 | >OR= 130 |
| Low Risk | <100 | <130 | >OR= 130* | >OR= 160 |

^{*}After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION TEST WITH GGT

| BILIRUBIN, TOTAL | 0.72 | | General Range : < 1.1 | mg/dL |
|---------------------------------------|----------|------|---------------------------------------------|---------|
| BILIRUBIN, DIRECT | 0.30 | | General Range : < 0.3 | mg/dL |
| BILIRUBIN, INDIRECT | 0.42 | | 0.00 - 1.00 | mg/dL |
| TOTAL PROTEIN | 7.2 | | Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8 | g/dL |
| ALBUMIN | 4.6 | | 20-60yrs: 3.5 - 5.2 | g/dL |
| GLOBULIN | 2.6 | | 2.0 - 4.1 | g/dL |
| ALBUMIN/GLOBULIN RATIO | 1.8 | | 1.0 - 2.0 | RATIO |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 48 | | Adults: < 40 | U/L |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | 76 | | Adults: < 45 | U/L |
| ALKALINE PHOSPHATASE | 78 | | Adult(<60yrs): 40 - 130 | U/L |
| GAMMA GLUTAMYL TRANSFERASE (GGT) | 159 H | ligh | Adult (male) : < 60 | U/L |
| TOTAL PROTEIN, SERUM | | | | |
| TOTAL PROTEIN | 7.2 | | Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8 | g/dL |
| URIC ACID, SERUM | | | | |
| URIC ACID | 6.9 | | Adults: 3.4-7 | mg/dL |
| ABO GROUP & RH TYPE, EDTA WHOLE BLOOD | | | | |
| ABO GROUP | TYPE O | | | |
| RH TYPE | POSITIVE | | | |
| BLOOD COUNTS,EDTA WHOLE BLOOD | | | | |
| HEMOGLOBIN | 17.1 H | ligh | 13.0 - 17.0 | g/dL |
| RED BLOOD CELL COUNT | 5.45 | | 4.5 - 5.5 | mil/μL |
| WHITE BLOOD CELL COUNT | 7.40 | | 4.0 - 10.0 | thou/µL |
| PLATELET COUNT | 228 | | 150 - 410 | thou/µL |
| | | | | |



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| RBC AND PLATELET INDICES | | | | |
| HEMATOCRIT | 46.7 | | 40 - 50 | % |
| MEAN CORPUSCULAR VOL | 86.0 | | 83 - 101 | fL |
| MEAN CORPUSCULAR HGB. | 31.3 | | 27.0 - 32.0 | pg |
| MEAN CORPUSCULAR HEMOGLOBIN | 36.5 | High | 31.5 - 34.5 | g/dL |
| CONCENTRATION | 50.5 | | 31.3 | 9,42 |
| RED CELL DISTRIBUTION WIDTH | 11.5 | Low | 11.6 - 14.0 | % |
| MENTZER INDEX | 15.8 | | | |
| WBC DIFFERENTIAL COUNT | | | | |
| SEGMENTED NEUTROPHILS | 63 | | 40 - 80 | % |
| LYMPHOCYTES | 34 | | 20 - 40 | % |
| MONOCYTES | 00 | Low | 2 - 10 | % |
| EOSINOPHILS | 03 | | 1 - 6 | % |
| BASOPHILS | 00 | | 0 - 2 | % |
| ABSOLUTE NEUTROPHIL COUNT | 4.66 | | 2.0 - 7.0 | thou/µL |
| ABSOLUTE LYMPHOCYTE COUNT | 2.52 | | 1.0 - 3.0 | thou/µL |
| ABSOLUTE MONOCYTE COUNT | 0 | Low | 0.2 - 1.0 | thou/µL |
| ABSOLUTE EOSINOPHIL COUNT | 0.22 | | 0.02 - 0.50 | thou/µL |
| NEUTROPHIL LYMPHOCYTE RATIO (NLR) | 1.8 | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR), WHITE BLOOD | HOLE | | | |
| SEDIMENTATION RATE (ESR) | 15 | High | 0 - 14 | mm at 1 hr |
| SUGAR URINE - POST PRANDIAL | | | · - · | |
| SUGAR URINE - POST PRANDIAL THYROID PANEL, SERUM | NOT DETECTED | | NOT DETECTED | |
| T3 | 121.49 | | 20-50 yrs : 60-181 | ng/dL |
| T4 | 7.60 | | 3.2 - 12.6 | μg/dl |
| TSH 3RD GENERATION | 1.390 | | 18-49 yrs : 0.4 - 4.2 | μIU/mL |









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Test Report Status <u>Final</u> Results Units

Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

| Sr. No. | TSH | Total T4 | FT4 | Total T3 | Possible Conditions |
|---------|------------|----------|--------|----------|----------------------------------------------------------------------------|
| 1 | High | Low | Low | Low | (1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3) |
| | | | | | Post Thyroidectomy (4) Post Radio-Iodine treatment |
| 2 | High | Normal | Normal | Normal | (1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid |
| | 1000 | | | | hormone replacement therapy (3) In cases of Autoimmune/Hashimoto |
| | | | | | thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical |
| | | | | | inflammation, drugs like amphetamines, Iodine containing drug and |
| | | | | | dopamine antagonist e.g. domperidone and other physiological reasons. |
| 3 | Normal/Low | Low | Low | Low | (1) Secondary and Tertiary Hypothyroidism |
| 4 | Low | High | High | High | (1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre |
| | | | | | (3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid |
| | | | | | hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4 |
| | | | | | replacement therapy (7) First trimester of Pregnancy |
| 5 | Low | Normal | Normal | Normal | (1) Subclinical Hyperthyroidism |
| 6 | High | High | High | High | (1) TSH secreting pituitary adenoma (2) TRH secreting tumor |
| 7 | Low | Low | Low | Low | (1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent |
| | | | | | treatment for Hyperthyroidism |
| 8 | Normal/Low | Normal | Normal | High | (1) T3 thyrotoxicosis (2) Non-Thyroidal illness |
| 9 | Low | High | High | Normal | (1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies |

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011.

NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW

APPEARANCE CLEAR

* CHEMICAL EXAMINATION, URINE

PH 6.0 4.8 - 7.4 SPECIFIC GRAVITY 1.020 1.015 - 1.030











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| | | | | |
| PROTEIN | | NOT DETECTED | NOT DETECTED | |
| GLUCOSE | | NOT DETECTED | NOT DETECTED | |
| KETONES | | NOT DETECTED | NOT DETECTED | |
| BLOOD | | NOT DETECTED | NOT DETECTED | |
| BILIRUBIN | | NOT DETECTED | NOT DETECTED | |
| UROBILINOGEN | | NORMAL | NORMAL | |
| NITRITE | | NOT DETECTED | NOT DETECTED | |
| MICROSCOPIC EXAM | IINATION, URINE | | | |
| RED BLOOD CELLS | 5 | 0 - 1 | NOT DETECTED | /HPF |
| WBC | | 2-3 | 0-5 | /HPF |
| EPITHELIAL CELLS | 5 | NOT DETECTED | NOT DETECTED | /HPF |
| CASTS | | NOT DETECTED | | |
| CRYSTALS | | NOT DETECTED | | |
| BACTERIA | | NOT DETECTED | NOT DETECTED | |
| YEAST | | NOT DETECTED | NOT DETECTED | |
| | | | | |







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SEX: Male

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

| Presence of | Conditions |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Proteins | Inflammation or immune illnesses |
| Pus (White Blood Cells) | Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment |
| Glucose | Diabetes or kidney disease |
| Ketones | Diabetic ketoacidosis (DKA), starvation or thirst |
| Urobilinogen | Liver disease such as hepatitis or cirrhosis |
| Blood | Renal or genital disorders/trauma |
| Bilirubin | Liver disease |
| Erythrocytes | Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases |
| Leukocytes | Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions |
| Epithelial cells | Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or |
| | bladder catheters for prolonged periods of time |
| Granular Casts | Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein |
| Hyaline casts | Physical stress, fever, dehydration, acute congestive heart failure, renal diseases |
| Calcium oxalate | Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice |
| Uric acid | arthritis |
| Bacteria | Urinary infectionwhen present in significant numbers & with pus cells. |
| Trichomonas vaginalis | Vaginitis, cervicitis or salpingitis |

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 7 Adult(<60 yrs): 6 to 20 mg/dL

SUGAR URINE - FASTING

NOT DETECTED SUGAR URINE - FASTING **NOT DETECTED**

Interpretation(s)

CREATININE, SERUM-Higher than normal level may be due to:









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SEX: Male

• Blockage in the urinary tract

Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
 Loss of body fluid (dehydration)

4036WA005445 AGE :

- Muscle problems, such as breakdown of muscle fibers
 Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids, phenytoin, estrogen, thiazides.

Decreased in

Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

NOTE:

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2.Diagnosing diabetes.3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
- 2. eAG gives an evaluation of blood glucose levels for the last couple of months. 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days. II. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods,falsely increasing results. IV. Interference of hemoglobinopathies in HbA1c estimation is seen in

a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c. b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

LIPID PROFILE, SERUM-Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn"""" t need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk. It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the ""good"" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been





Scan to View Details







CLIENT CODE: CA00010147 - MEDIWHEEL

CLIENT'S NAME AND ADDRESS: MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

F701A, LADO SARAI, NEW DELHI,

SOUTH DELHI, DELHI, SOUTH DELHI 110030 **DELHI INDIA** 8800465156

DDRC SRL DIAGNOSTICS

GANDHI NAGAR, KTM KERALA, INDIA Tel: 93334 93334

Email: customercare.ddrc@srl.in

PATIENT NAME: SANTHOSH KUMAR B PATIENT ID: SANTM2801874036

36 Years 4036WA005445 AGE: SEX: Male ABHA NO: ACCESSION NO:

DRAWN: RECEIVED: 28/01/2023 13:28 REPORTED: 29/01/2023 13:39

REFERRING DOCTOR: DR. MEDIWHEEL CLIENT PATIENT ID:

Test Report Status Results Units <u>Final</u>

implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL).

NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is

made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom'''''' disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome

Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

wBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR = 3.4 years old and NLR = 3.5 years old and NLR = 3.5 years old and NLR = 3.6 years old and NLR = 3.6 years old and NLR = 3.7 years old and NLR = 3.8 years old and .3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR), sa test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

REFERENCE

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition: 2. Paediatric reference intervals, AACC Press, 7th edition, Edited by S. Soldin: 3. The reference for

SUGAR URINE - POST PRANDIAL-METHOD: DIPSTICK/BENEDICT'S TEST
BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism) Causes of decreased level include Liver disease, SIADH.











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F701A, LADO SARAI, NEW DELHI,

SOUTH DELHI, DELHI, SOUTH DELHI 110030

DELHI INDIA 8800465156 DDRC SRL DIAGNOSTICS

GANDHI NAGAR, KTM KERALA, INDIA Tel: 93334 93334

Email: customercare.ddrc@srl.in

PATIENT NAME: SANTHOSH KUMAR B PATIENT ID: SANTM2801874036

ACCESSION NO: **4036WA005445** AGE: 36 Years SEX: Male ABHA NO:

RECEIVED: 28/01/2023 13:28 29/01/2023 13:39 DRAWN: REPORTED:

REFERRING DOCTOR: DR. MEDIWHEEL CLIENT PATIENT ID:

Test Report Status Results Units <u>Final</u>

SUGAR URINE - FASTING-METHOD: DIPSTICK/BENEDICT'S TEST









CLIENT CODE: CA00010147 - MEDIWHEEL

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Test Report Status Results Units <u>Final</u>

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

* ECG WITH REPORT

RFPORT

COMPLETED

* USG ABDOMEN AND PELVIS

REPORT

COMPLETED

* CHEST X-RAY WITH REPORT

REPORT

COMPLETED

End Of Report

Please visit www.srlworld.com for related Test Information for this accession TEST MARKED WITH '*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

PRASEEDA S NAIR **BIOCHEMIST**

DR.KRIPA ELIZABETH JOHN **CONSULTANT PATHOLOGIST**







· Enlarged glands or any form of Cancer/Tumour?

Any Musculoskeletal disorder?

MEDICAL EXAMINATION REPORT (MER)

| medical examination | to the examinee. | Particular of | 0 . | | V | | |
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| | | es photos | 2 nd Reading | 12 | 20 | palar- | |
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| Mother | 58 (| | 000 | | | | |
| Brother(s) | 33 | 2 | 4000 | | and the second second | | |
| Sister(s) | . as | 0 | J2 - | | the Difference of Marie Salar | mor nG | |
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| PERSONAL HIST | | | | | | U | |
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| procedure PIADA | (S KOTTAY | Y | d. Have | you lost o | or gained weight in past 12 m | Y/N N T | |
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| the Nervous Sy | Disorders or any kind of stem? | | | | current or persistent fever, | 2724 | |
| ************************************** | of Respiratory system? | | | r weight l | 이 아니는 아니는 아니다 아이를 하는 것 같아. 아이들이 아니는 아이들이 아니는 아이들이 얼마나 없는데 하다 없는데, 그 없는데 아니는데 아니는데 아니는데 아니는데 아니는데 아니는데 아니는데 아니 | YN N | |
| The state of the s | Circulatory Disorders? | | N NO . Have | | tested for HIV/HBsAg / HC | | |
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If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the

DDRC SRL Diagnostics Private Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036 Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Are you presently taking medication of any kind?

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036, Ph No: 2310688, 231822, web: www.ddrcsrl.com

| • | Any disorders of Urinary System? | Y/NAD. | Any disorder of the Eyes, Ears Nose, Throat of Mouth & Skin | or Y/N / |
|----|----------------------------------------------------------------------------------------------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------|------------------|
| O | R FEMALE CANDIDATES ONLY | | | |
| a. | Is there any history of diseases of breast/genital organs? | d Y/N | Do you have any history of miscarriage/ abortion or MTP | Y/N |
| b. | Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) | | For Parous Women, were there any complicat during pregnancy such as gestational diabetes hypertension etc | |
| c. | Do you suspect any disease of Uterus, Cervix or Ovaries? | | Are you now pregnant? If yes, how many mor | |
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| | Was the examinee co-operative? | 1898 E | M. Langeway of Pentoys E.E.L. of | Y/N |
| | Is there anything about the examine's health, life his/her job? | style that n | ight affect him/her in the near future with rega | |
| A | Are there any points on which you suggest further | er informati | on be obtained? | Y/N |
| A | Based on your clinical impression, please provide | e your sugg | estions and recommendations below; | |
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| | | 150 | 2017) <9 | |
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| | | Day | 13 | |
| 1 | Do you think he/she is MEDICALLY FIT or UN | FIT for e | ployment. | |
| | provider s | FIT | ADDICTIONS: Does the examined consum | |
| Œ | DICAL EXAMINER'S DECLARATION | | | |
| he | reby confirm that I have examined the above additional ve are true and correct to the best of my knowledge | | verification of his/her identity and the findings | s stated |
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| an | ne & Signature of the Medical Examiner : 0 | r. Austri | Vagleer DIAGNOSA | i Houli H No. |
| | | | | |

Seal of Medical Examiner

Name & Seal of DDRC SRL Branch

Dr. Austin Varghees





Date & Time

DDRC SRL Diagnostics Private Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036 Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

Protocol: Bruce SANTHOSHKUMAR B (36 M) ST Level (mm) Schiller Spandan V 4.7 Chart Speed: 25 mm/sec ST Slope (mV / s) aVR aVF aVL Filter: 35 Hz ID: 178 Stage: Supine Mains Filt: ON Date: 28-Jan-23 Speed: 0 mph Amp: 10 mm Exec Time: 0 m 0 s Stage Time: 0 m 54 s HR: 90 bpm Grade: 0 % Iso = R - 60 ms $J = R + 60 \, \text{ms}$ (THR: 165 bpm) Post J = J + 60 ms٧5 ST Level 4 ₹3 V2 ٧6 **V**5 B.P: 120 / 80 0.2 1.5 0.0 0.7 GANDHINAGAR 686008

DDRC SRL DIAGNOSTICS (P) LTD.

LABORATORY SERVICES



ECG REPORT

ACCESSION NO : 4036WA005445

NAME

: SANTHOSH KUMAR B

AGE

: 36

SEX

: MALE

DATE

: 28.01.2023

COMPANY

: MEDIWHEEL

RATE

: 90 bpm

RHYTHM

Nomel onis rythm

P. WAVE

P-R INTERVAL

Q,R,S,T. WAVES

Nomel

AXIS

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QT INTERVAL

: 300 mg

OTHERS

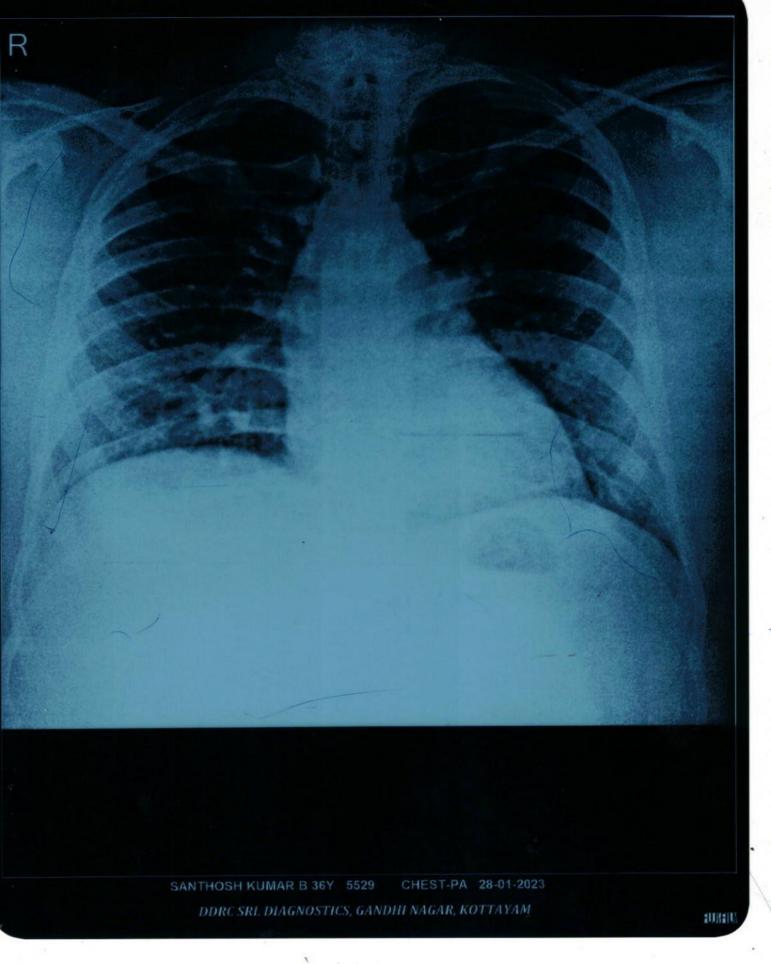
In

OPINION

· Normal Elly

Dr. Austin Varghees MBBS TCMC Reg. No:77017

CIN: U85190MH2006PTC161480 (Refer to "CONDITIONS OF REPORTING" Overleaf)



LABORATORY SERVICES



X - RAY CHEST - REPORT

ACCESSION NO : 4036WA005445

NAME

: SANTHOSH KUMAR B

AGE

: 36

SEX

: MALE

DATE

: 28.01.2023

COMPANY

: MEDIWHEEL

EXPOSURE

POSITIONING

SOFT TISSUES

LUNG FIELDS

HEART SHADOW

CARDIOPHRENIC ANGLE

COSTOPHRENIC ANGLE

HILUM

: Apparently would churt

OPINION

TCMC Reg. No:77017

CIN: U85190MH2006PTC161480 (Refer to " CONDITIONS OF REPORTING " Overleaf)



OPHTHALMOLOGY REPORT

ACCESSION NO:4036WA005445

This is to certify that I have examined

MR/MS SANTHOSH KUMAR B Aged 36 4m and

His / her visual standard is as follows.

Acuity of Vision

For Far R 6/6.....

L.....6/6....

For Near

R...........

Colour Vision

NORMAL

DATE: 28 . 01 . 2023



OPTOMETRIST



Name: SANTHOSHKUMAR.B Report Date: 28.01.2023 Age/Sex: 36 yrs/M Ref.by: Bank of Baroda

USG ABDOMEN & PELVIS

OBSERVATIONS:

Liver: Mildly enlarged in size (17 cm). Shows increased parenchymal

echotexture. No focal parenchymal lesion noted. The biliary radicals

appear normal. Portal vein is normal (12 mm).

Gall bladder: Distended (measures 5.2 x 1.5 cm). No calculus seen. No e/o of any

wall thickening / edema. No e/o any pericholecystic collection.

CBD: Not dilated (5 mm).

Spleen: Normal in size (11.8 cm) and echotexture. No focal lesion.

Pancreas: Head (2.5 cm) and body (1.8 cm) appear normal. Tail obscured by

bowel gas. No focal lesion. No calcification or duct dilatation noted.

Kidneys: Right kidney length measures 11.2 cm. Parenchymal thickness 1.6 cm

Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion

seen. No hydronephrosis.

Left kidney length measures 11.7 cm. Parenchymal thickness 2.3 cm

Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion

seen. No hydronephrosis.

Ureters: Not dilated.

Urinary Bladder: Distended, No luminal or wall abnormality noted.

Prostate: Normal in size, volume 23 cc. Shows homogenous parenchymal

texture. No evidence of any mass lesion.

Others: No evident lymphadenopathy. No evidence of bowel wall

thickening/echogenic mesentery/dilated bowel loops. Normal peristalsis seen. No free fluid in the peritoneal cavity. No pleural effusion noted.

IMPRESSION:

> Mild hepatomegaly with grade II fatty changes.

Dr. Deepak.V, MBBS, DMRD Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.

Patient

ID Name Birth Date Gender

Exam

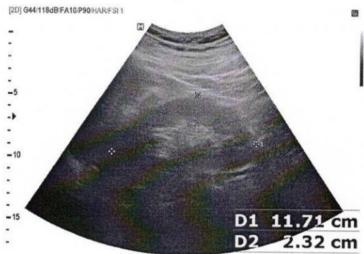
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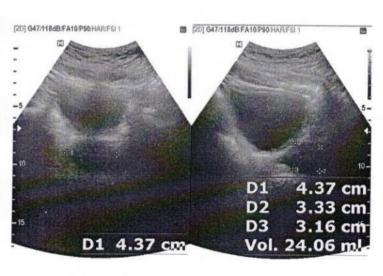
Other

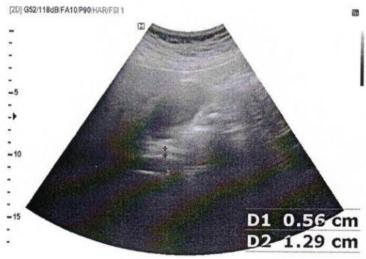
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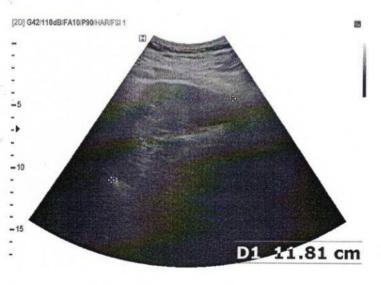
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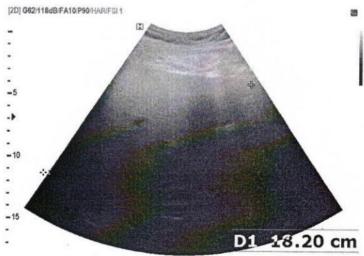


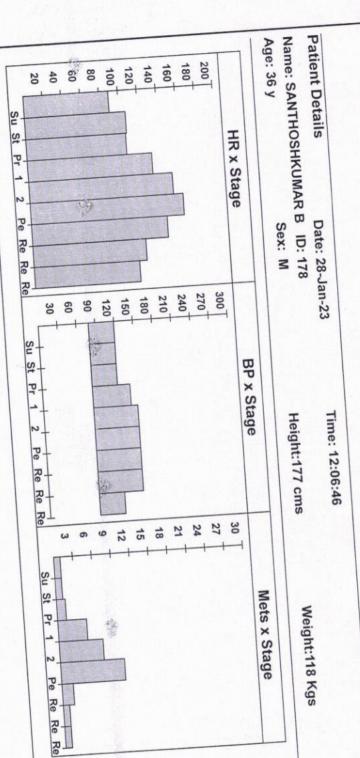












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Interpretation

STRESSED UPTO 7 MTS ON BRUCE PROTOCOL AND ATTAINED 88% OF THR AT HR OF 162 BPM WITH A WORKLOAD OF 8 METS.RPP- 24300. ACCELERATED HR AND NORMAL BP RESPONSE.

BASELINE ECG SHOWS SR WITH Q WITH T WAVE INVERSION. NO SIGNIFICANT ST SHIFT.

IMP:- TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA. FAIR EFFORT TOLERANCE.





Doctor:

Ref. Dodon ----

(c) Schiller Healthcare India Pvt. Ltd. V 4.7

Patient Details Date: 28-Jan-23

Name: SANTHOSHKUMAR B ID: 178 Age: 36 y

Sex: M

Clinical History: FOR CARDIAC EVALUATION

Height:177 cms

Time: 12:06:46

Weight:118 Kgs

Medications: NIL

Test Details

Protocol: Bruce

Total Exec. Time: Max. BP: 150 / 80 mmHg 7 m 0 s

Test Termination Criteria: FATIGUE

450

Pr.MHR: 184 bpm

Max. HR: 162 (88% of Pr.MHR) bpm

Max. BP x HR: 24300 mmHg/min

1000

THR: 165 (90 % of Pr.MHR) bpm

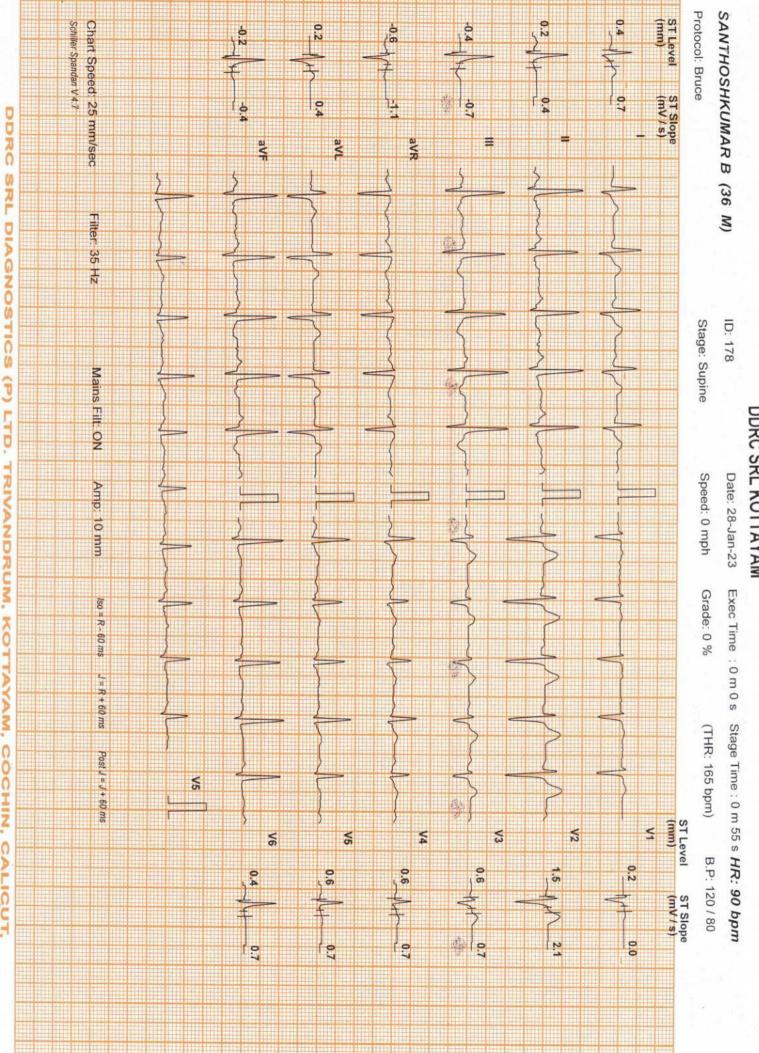
Max. Mets: 10.20 Min. BP x HR: 7200 mmHg/min

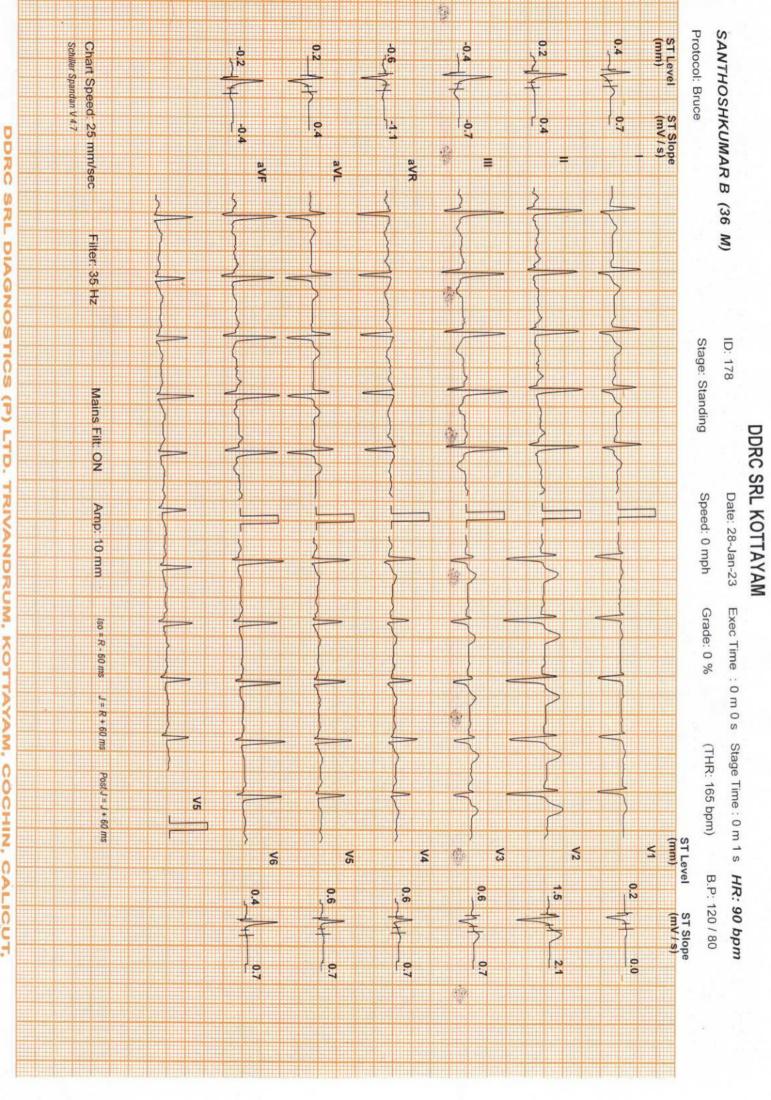
| Protocol Details | | | | | Heart | Max. BP | Max. ST | Max. S |
|------------------|-------------|------|----------------|-----|--------|----------|---------------|-----------------|
| Stage Name | Stage Time | Mets | Speed (mph) | (%) | Rate | (mm/Hg) | Level (mm) | Slope (mV/s) |
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| | 3:0 | 4.0 | 1 | | A E O | 150 / 80 | -1.91 III | 0.0 |
| |) | 70 | 2.5 | 72 | 101 | | 3 43 | 5.31 |
| 2 | 3.0 | 1 | | 44 | 162 | 150 / 80 | | + |
| 1 | 1.0 | 10.2 | 3.4 | 1 | 1 | 100 | -2 12 III | 5.66 VZ |
| Peak Ex | | - | | 0 | 144 | 100 / 00 | - | 1 |
| | 1.0 | 1.8 | - | | | 150 / 80 | -2.12 III | 5.66 VZ |
| Recovery(1) | - : (| | 0 | 0 | 120 | 100,00 | | 30. |
| 10/10/ | 2:0 | 1.0 | 0 | | 2 | 120 / 80 | -1.70 III | 4.20 42 |
| Recovery(A) | an | | 0 | 0 | 7172 | 150,00 | | |



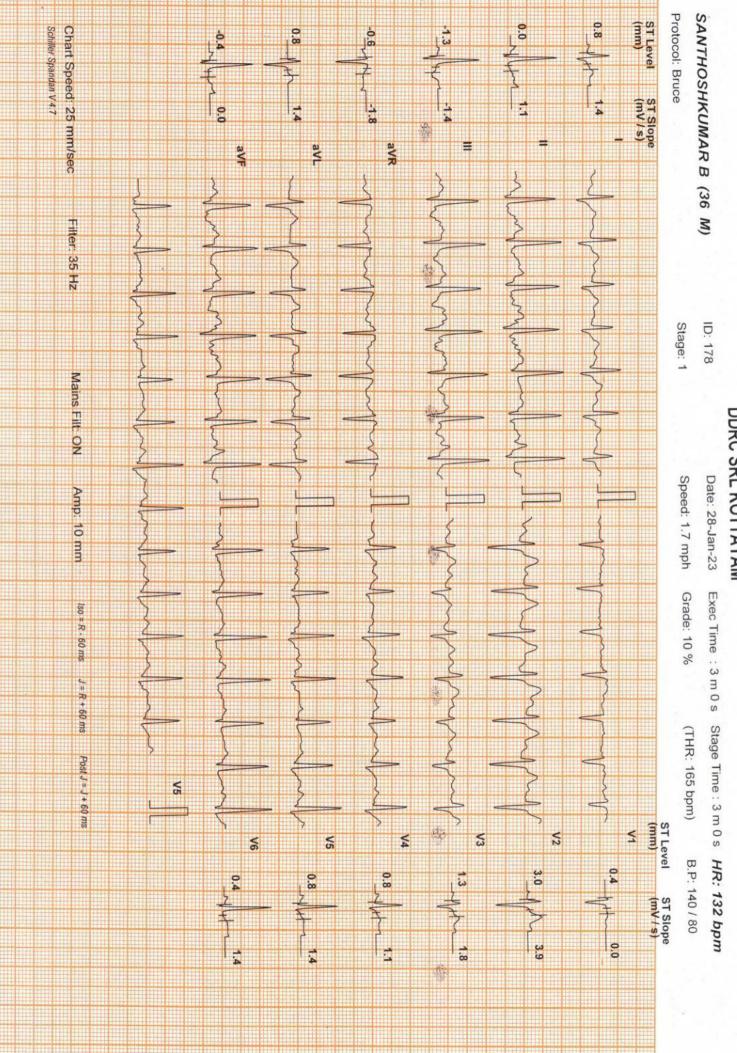
Recovery(3)

1:25





ID: 178 DDRC SRL KOTTAYAM Speed: 1.7 mph Date: 28-Jan-23 Grade: 10 % Exec Time: 3 m 0 s Stage Time: 3 m 0 s HR: 132 bpm (THR: 165 bpm) B.P: 140 / 80



DDRC SRL DIAGNOSTICS (P) LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,

Protocol: Bruce SANTHOSHKUMAR B (36 M) ST Level (mm) ST Slope (mV / s) ID: 178 Stage: 2 DDRC SRL KOTTAYAM Date: 28-Jan-23 Speed: 2.5 mph Grade: 12 % Exec Time: 6 m 0 s Stage Time: 3 m 0 s HR: 152 bpm (THR: 165 bpm) ST Level ٧6 ٧5 V3 B.P: 150 / 80 2.1

Schiller Spandan V 4.7

DDRC SRL DIAGNOSTICS (P) LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,

Chart Speed: 25 mm/sec

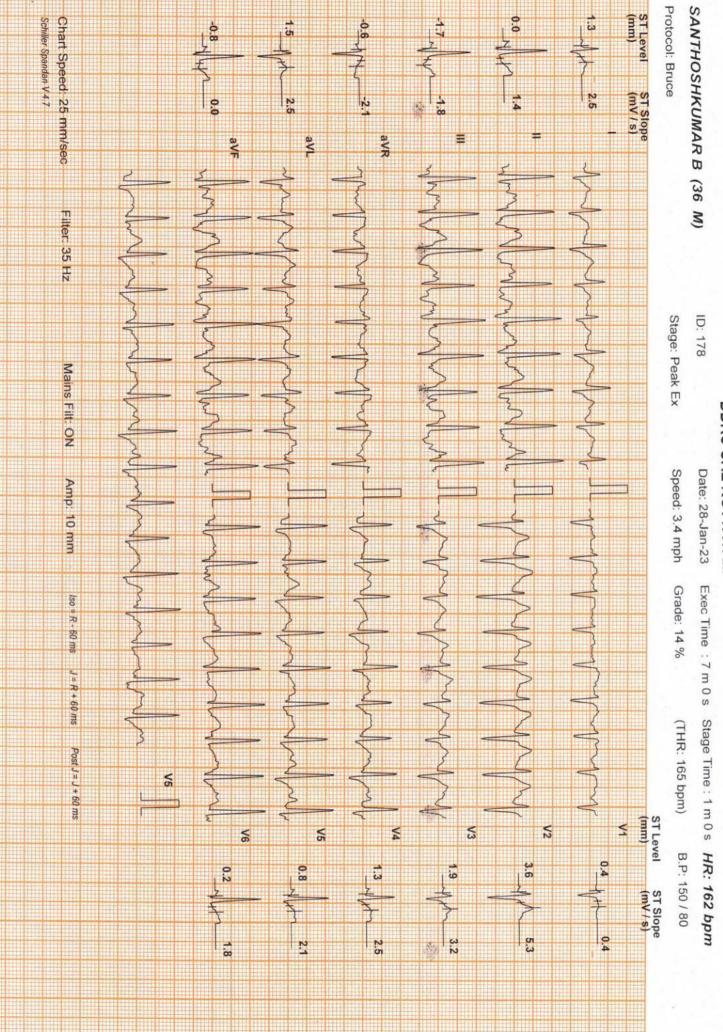
Filter: 35 Hz

Mains Filt: ON

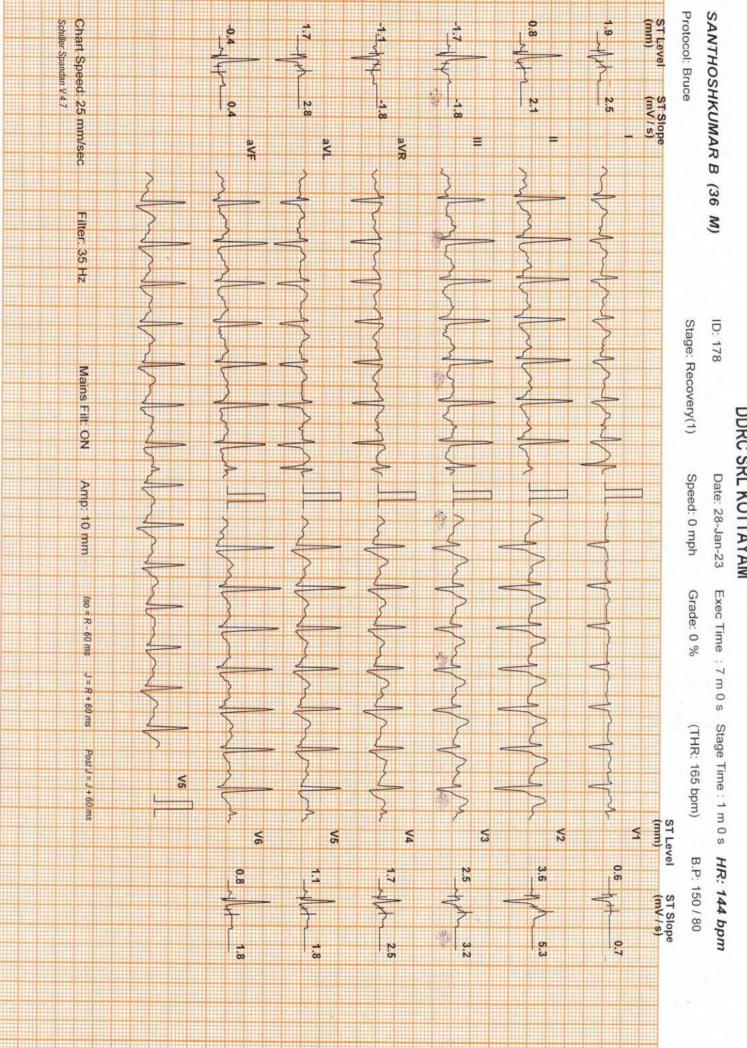
Amp: 10 mm

Iso = R - 60 ms

Post J = J + 60 ms



DDRC SRL DIAGNOSTICS (P) LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,



DDRC SRL DIAGNOSTICS (P) LTD. TRIVANDRUM

Protocol: Bruce SANTHOSHKUMAR B (36 M) ST Level (mm) Schiller Spandan V 4.7 Chart Speed: 25 mm/sec ST Slope (mV/s) aVL aVR Filter: 35 Hz Stage: Recovery(3) ID: 178 Mains Filt: ON Speed: 0 mph Date: 28-Jan-23 Amp: 10 mm Exec Time: 7 m 0 s Stage Time: 1 m 22 s HR: 114 bpm Grade: 0 % Iso = R - 60 ms J = R + 60 ms (THR: 165 bpm) Post J = J + 60 ms۷5 ST Level 4 V2 ٧6 **V**5 **V4 V**3 B.P: 120 / 80 ST Slope (mV/s)

DDRC SRL DIAGNOSTICS (P) LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,