

Vijil

29/11/23

O/E T- (R)

P- 82/117

SpO₂ - 98 %

BP - 130/70
mmHg

MS }
CVS } NAD
CNS }
PIA - Soft

Reports. Reviewed

- TMT - negative
- USG abdomen & KUB - normal
- X-ray chest - normal
- Blood Reports - normal

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

212-217, Swanik Arcade, Nr Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreeyantaclic@gmail.com

25-11-2023 06:47:09

ID: 6013
Name: vijil v
Age: 32yrs
Sex: Male
Hospital:
Department:

0.67Hz - 35Hz AC OFF 25 mm/s 10 mm/mv

<< Analysis Result >>

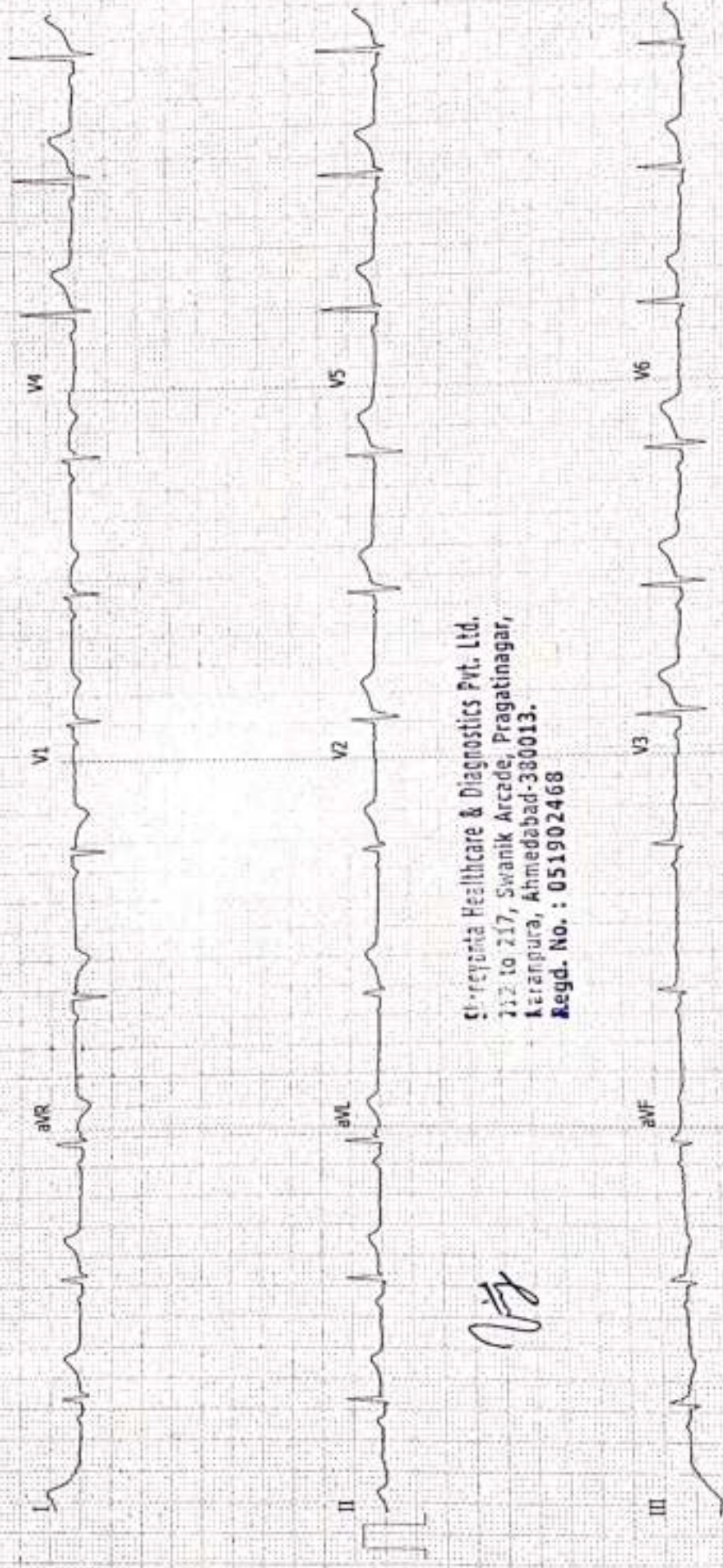
** normal ECG **

Sinus rhythm

HR : 64 bpm
PR : 150 ms
QRS : 88 ms
QT/QTc : 380/392 ms
P/QRS/T : 47/90/15 deg
RV5/SVL : 0.946/-0.518 mv
RV5+SVL : 1.464 mv

Dr. Maulik K. Kinariwala
(M.D. (Medicine), PGDDM (UK))

Regd. No. : G-14926
Sreejanta Healthcare & Diagnostics Private Limited



Sreejanta Healthcare & Diagnostics Pvt. Ltd.
112 to 117, Swanik Arcade, Pragatinagar,
Karanpura, Ahmedabad-380013.
Regd. No. : 051902468

[Handwritten Signature]

| | |
|--|---------------------|
| NAME: VIJIL | DATE: 25 / 11 /2023 |
| AGE: 32 YEARS SEX: Male | REF.DR. ARCOFEMI |

INVESTIGATION : USG ABDOMEN & PELVIS

LIVER appears normal in size and shows normal echopattern. No evidence of focal mass lesion. No evidence of dilated intrahepatic biliary radicals noted. Portal vein and hepatic veins are unremarkable. Common bile duct appears normal.

GALL BLADDER appears normal distended. No cholecystitis.

PANCREAS appears normal in size and echopattern.

SPLEEN appears normal in size and echopattern. No evidence of mass lesion seen.

KIDNEYS:

Both kidneys appear normal in size, shape and position. No evidence of mass lesion or hydronephrosis seen on either side. Both Kidneys show normal cortical echogenicity well preserved cortico-medullary differentiation.

URINARY BLADDER is partially distended. No evidence of vesical mass or calculus is seen.

Prostate appears normal size and normal echopattern.

Small and large bowel loops are unremarkable.

No evidence of ascites or lymphadenopathy is seen.

Impression:-

No significant abnormality detected.

Dr. Jay Parikh

(M.S., Radiologist)

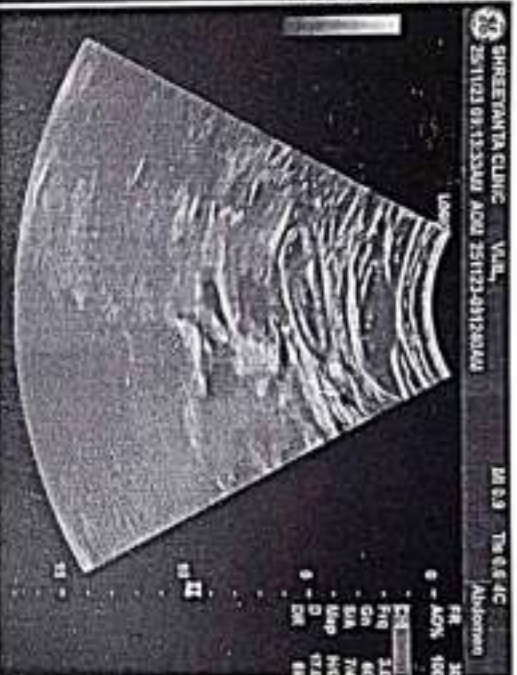
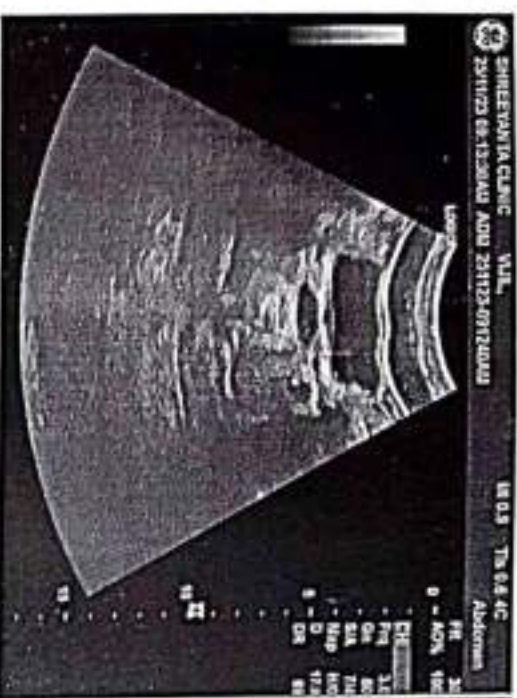
Regd. No. : G-20251
Dr. JAY PARIKH
Niyanta Healthcare & Diagnostics Pvt. Ltd.

CONSULTANT RADIOLOGIST.

Niyanta Diabetes & Heart Clinic Pvt. Ltd.

2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K.K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Emergency : 079 27499835 / +91 9904290525 niyantadiabetes@gmail.com www.niyantadiabetes.com



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Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

Human Body Composition Monitoring Report of Analysis and Suggestion

| Name | Gender | Age | Height | Time of Measurement |
|-------|--------|-----|--------|---------------------|
| vijal | Male | 32 | 163cm | 2023-11-25 12:00 |

Total Score 60.1

Bio-Age 40

Indicators of Body Composition

| Indicators | Results | Ideal Range | Condition Judgement | | | | |
|--------------------------|---------|-------------|---------------------|-----|--------|------|--------|
| | | | Lower | Low | Normal | High | Higher |
| Weight(kg) | 65.1 | 49.2 ~ 63.5 | | | | | |
| BMI(kg/ m ²) | 24.5 | 18.5 ~ 23.9 | | | | | |
| TBF% | 27.8 | 13 ~ 24 | | | | | |
| VFI | 11.4 | 2.1 ~ 9 | | | | | |
| TBW% | 51.1 | 50 ~ 70 | | | | | |
| SM% | 28 | 35 ~ 49 | | | | | |
| BMC(kg) | 2.6 | 2.6 ~ 3.3 | | | | | |
| BMR (KCal/d) | 1385 | 1350 ~ 1725 | | | | | |

Weight Control Advice

| | | |
|--------------------------|-------------------------------------|--------------------------|
| Reduce Fat | Enhance Muscle | Maintain the status |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Reduce Weight | Enhance Muscle | Maintain the status |
| 1.6 ~ 15.9 kg | 4.6 ~ 13.7 kg | 2.5 ~ 9.6 kg |
| Reduce Fat | Maintain Water | Maintain Minerals |
| 32.6 ~ 45.6 kg | 2.6 ~ 3.3 kg | |

Recommended daily calorie intake

1555

KCal/day

Fat-Free Mass and Fat Mass Analysis

| Focus | Results | Ideal Range |
|--------------------------|---------|---------------|
| Fat Mass FM(kg) | 18.1 | 6.39 ~ 15.24 |
| Fat Mass Index FMI | 6.81 | 2.4 ~ 5.74 |
| Fat-Free Mass FFM(kg) | 47 | 42.76 ~ 48.26 |
| Fat-Free Mass Index FFMI | 17.69 | 16.09 ~ 18.16 |
| Ratio of Fat to SM | 0.99 | 0.37 ~ 0.49 |



Body Composition Balance Analysis

| | |
|---|---------------------------------------|
| Upper limb balance | 1 |
| <input checked="" type="checkbox"/> Symmetrical | <input type="checkbox"/> Enhance Left |
| <input type="checkbox"/> Enhance Right | |
| Body balance | 1.001 |
| <input checked="" type="checkbox"/> Symmetrical | <input type="checkbox"/> Enhance Left |
| <input type="checkbox"/> Enhance Right | |
| Lower limb balance | 1.024 |
| <input checked="" type="checkbox"/> Symmetrical | <input type="checkbox"/> Enhance Left |
| <input type="checkbox"/> Enhance Right | |

Body Composition and Health Evaluation

Low muscle content caused by too little exercise. Calories can not be consumed effectively which convert to fat. Please increase the amount of exercise, especially those may strengthen muscle. Aerobic exercise is also helpful to you. Please avoid high calorie food, such as fried food, fat meat, dessert etc.

Health Risk Warning

Warning: visceral fat level is high. There is something wrong with your lipid metabolism, easy to cause fat liver, high blood lipids. Please lower visceral fat level to male's ideal value 4

M.M. Parilay

Shreyanta Healthcare & Diagnostics Pvt. Ltd.
712 to 217, Swanik Arcade, Pragatinagar,
Vijapur, Ahmedabad-380013.
Regd. No. : 051902468

MEDICAL HISTORY

- Obesity Hypertension
 CHD Nephropathy
 Hyperuricemia Hypothyroidism
 Chronic Liver disease

Shreeyanta  Diabetes**& Metabolic Clinic**

Advance Diagnostic Center

DIET PLANName: Vijul Date: 23/11/23Age: 32 Years Height: 165 cms. Weight: 65.1 kg. B.M.I.:Carbohydrates: Protein: 40 % Fats: 15.20 % Fibers: gms.Salt: 7-8 gms. Oil: 15.20 ml. Ghee: 5 ml. Kcal: 1600 kcal

सुबह : 7:0 बजे
 2 मि.ली. गुलगुला पानी
 1/2 चम्मच मेथी दाना / अलोवेरा
 1 कप चाय / कोफी बीना शक्कर कम दूध

दोपहर भोजन : 12:30 बजे
 2 चपाती (आटा 40 ग्राम)
 1 कटोरी हरी सब्जी
 1 कटोरी दाल
 1 सलाड
 (सलाडमें गाजर, टमाटर, मूली, ककडी,
 प्याज, पत्ता गोबी आदी अधिक मात्रा में)

नास्ता : 9:0 बजे
 20 मि.ली. दूध / दही
 2 बादाम / अखरोट
 2 चपाती (आटा 50 ग्राम) OR
 1 वेज पराठा / (Non Stick) OR
 2 स्लाईस ब्रेड (गेहू की) OR
 1 कटोरी उपमा / पोहा / दलीया / आदस OR
 3 नंग इडली / ढोसा OR
 1 कटोरी मुंग, मुग मोठ, सलाड OR
 4 उबला हुआ अन्डा (बिना जर्न) OR
 2 खाखरा

..... 1 रायता 1 ग्लास छाछ
 1 कटोरी चावल / खीचडी
 200 ग्राम चिकन / मछली
 शाम चाय : 4:0 बजे
 1 कप चाय / कोफी बीना शक्कर कम दूध
 2 मेरी गोल्ड बीस्कुट
 4 कटोरी मुरमुरे / पोहा / चिवडा
 50 ग्राम भुने चने
 150 ग्राम फुट

देर सुबह नास्ता : 10:0 बजे
 1 कटोरी सलाड
 1 ग्लास छाछ
 1 कटोरी सुप
 200 ग्राम फुट (सेब, पपीता, संतरा, खरबुजा, तरबुच,
 मोसमी अनार, अमरुद पाइनेपल, जामुन)

रात्री भोजन : 9:0 बजे
 1 कटोरी सुप
 1 कप सलाड
 2 चपाती (आटा 50 ग्राम)
 1 कटोरी हरी सब्जी
 1 कटोरी दाल / कढी / सांभार
 1 कटोरी चावल / खीचडी / दलीया खीचडी

रात को सोते समय : 10:0 बजे
 150 मि.ली दूध (बीना शक्कर और मलाई)

Diet Recall

Breakfast :

Snaks :

Lunch :

Dinner :

Total kcal Intake :

kcl requirment :

• खानपान सूचीका •

सेवन करे

• नींबू पानी (बिना शक्कर के), चाय एवं कोफी (बिना दूध एवं शक्कर की), छाछ, सोडा पानी, कच्ची हरी सब्जियों का मलाद, येजीटेबल सूप, अचार (बिना तेल का), टमाटर का जूस

• दूध "ए" (ज्यादा भी खा सकते है) १०० से १५० ग्राम - ५० कैलोरी

पता गोबी, फुल गोबी, करेला, बैंगन, टिन्डा, मूली, टमाटर, पालक, पुदीना, मेथी, ककड़ी (खीरा), कंदु, भिन्डी, लौकी, शिमला मिर्च

• गुप "बी" कम खाये ४० से ७० ग्राम - ५० कैलोरी

मटर, गाजर, प्याज, आलू, जिमीकन्दा (सूरन), अरबी, शकरकन्द, चुकन्दर

• मधुमेहग्रस्त व्यक्ति आहार में "क्या खाएँ" और "क्या न खाएँ" •

• इन खाद्य पदार्थों का सेवन न करे। जैसे की शक्कर, आईसक्रीम, होलिव्स, गुड बोनविटा, शहद, जैली, ड्रिंकिंग चोकलेट, म्लुकोज, मिठाईयाँ, सॉफ्ट ड्रिंक्स, तेलयुक्त अचार, चोकलेट, केन्डी, चटनी, पेस्ट्रीज, केक, वीट वाईन।

• खाना पकाते समय सब्जी व दाल में गुड यां शक्कर न डालें।

• भजिया, पकौडे, समोसे, वेफर्स, चकली, चिचडा, फरसाण आदी जैसी तली तीजे न खाएँ।

• अपने आहार में मक्खन / चीज / पनीर आदि शामिल न करे। मुंगफली तेल / शुद्ध घी / नारियल तेल का इस्तेमाल केवलफोडनी वघार / तडका लगाने के लीये ही करे। मधुमेहग्रस्त व्यक्तियों के लिये सरसों का तेल (सफोला) सुरजमुखी के तेल के बदले ज्यादा उत्तम होता है। कोई भी तेल खाने में ले सकते है पर मात्रा ३ चम्मच से ज्यादा नहिं।

• आलू, शकरकन्द, अडवी, सूरन, साबूदाना, वेसी चीजे न खाएँ।

• मटर, या चीकन के बदले सीमित मात्रा में मछली का सेवन ज्यादा उत्तम होता है। लेकिन इसमें नारियल का उपयोग न करे।

• मीठे फल के साथ खट्टे फल भी १ या २ खाएँ वह भी दो भोजन के बीच में लेना अधिक बेहतर है।

• कृत्रिम शर्करा (सेकरीन) का सेवन सीमित मात्रा में करे।

• भोजन को हमेशा पक करके, बोईल करके, देकर या माईक्रोवेव में ही पकाएँ।

• चिप्स, नमकयुक्त पोपकोर्न का रोजाना सेवन न करे।

• चपाती के आटा में सोयाबीन, जव, चना, मिलाके बनाने से फाइबर की मात्रा बढ़ा सकते हैं।

४०० ग्राम गेहूं, २०० ग्राम सोयाबीन, २०० ग्राम जव, १०० ग्राम रागी, १०० ग्राम चना

• एक साथ भरपेट खाने के बदले थोडा थोडा बारबार खाएँ।

M. M. Parikh

Dt. NIDHI PARIKH

M.Sc. Food Science Nutrition

Diabetes Educator

Time : 10:30 am to 1:30 pm

Dt. AVANI KHATRI

M.A. Advance Nutrition

Gold Medalist

Time : 5:00 am to 8:00 pm



AHMEDABAD DENTAL

610, Swanik Arcade, Opp. Arjun Green, Pragatinagar,
Naranpura, Ahmedabad, Gujarat 380013
Ph.: 9879994844, 9725368282
Web : www.ahmedabadental.com

Name : Vijil V Date : 25/11/2023
Mobile No. : 9745721853 Case No. : 1230
Email : _____ Birth Date : 25/06/1991
Occupation : Banker
Address : X, 1104, Sarda Patel housing Colony, Shastri Nagar
Medical History : One tooth removed due tooth decay

Consent Statement :

I hereby authorize and request the performance of dental services for Myself. I also give my consent to any advisable and necessary dental procedures, medications or anaesthetics to be administered by the attending dentist. I completely understand the complications and risks associated with the same. I understand and acknowledge that I am Financially responsible for service provided for my self of the above mentioned.

હું ડોક્ટરને દાંત પાડવાની/સર્જરી/દાંતની તમામ સારવાર અને તે માટે જરૂરી શીશી સુંદાડવાની/ઇન્જેક્શન આપી બહેરૂ કરાવાની અને દવા આપવાની સંમતિ આપુ છું. મેં ડોક્ટર સાહેબને મારી જિમારીને લગતી તમામ સચી માહિતી આપી છે અને ડોક્ટર સાહેબે સારવાર અંગેના તમામ સાચા/ખોટા પરિણામોની મને મારી માથમાં જાણકારી આપી છે. સારવાર દરમ્યાન જો મને કાંઇપણ થાય અને સારવાર ના ખર્ચાની સંપૂર્ણ જવાબદારી મારી રહેશે તે અંગે ડોક્ટર/હોસ્પિટલ/સ્ટાફ/સંસ્થા જવાબદારી રહેશે નહિ.

Signature, (In case of minor) Signature of Guardian

Chief Complaints : pt has visited for his regular check-up.

| Examination | Treatment Required |
|---|---|
| <u>O/E</u> → stains: + → calculus: ++ → lower crowding + → class-III malocclusion → endodontically treated 1st + 8 <u>pt</u> before 1-2 year <u>(partially done)</u> | <u>Rx</u> ① scaling ② endo opinion 1st + 8 ③ ortho Rx Shreyanta Healthcare & Diagnostics Pvt. Ltd. 212 to 217, Swanik Arcade, Pragatinagar, Naranpura, Ahmedabad-380013. Regd. No. : 051902468 |

• Interest in recall at : 3 months 6 months

PATIENT NAME: VIJIL V.

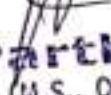
AGE/SEX : 32 Years/MALE

REF. DOCTOR : HEALTH CHECK UP

DATE : 25/11/2023

EYE VISION CHECK UP

| EYE PARAMETERS | RIGHT EYE | LEFT EYE |
|-----------------|---------------------|---------------------|
| DISTANCE VISION | 6/6 WITHOUT GLASS | 6/6 WITHOUT GLASS |
| NEAR VISION | N/6 WITHOUT GLASS | N/6 WITHOUT GLASS |
| COLOUR VISION | NO COLOUR BLINDNESS | NO COLOUR BLINDNESS |


Dr. Parth Shah
(M.S., Ophthalmologist)
Regd. No. : G-23575
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

212-217, Swanik Arcade, Nr Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreeyantaclinic@gmail.com

| | |
|---------------|------------------|
| NAME: VIJIL V | AGE: 32 YRS/MALE |
| REF BY: - | DATE: 25/11/2023 |

INVESTIGATION: X-RAY CHEST - PA VIEW

Both lung fields appears prominent bronchovascular markings seen.

No Koch's, consolidation or pleural effusion is seen on either side.

Cardiac shadow appears normal.

Bony thorax and both dome of diaphragm appears normal..

IMPRESSION: -

NORMAL CHEST X RAY PA VIEW


Dr. Jay Parikh
(M.S., Radiologist)
DR. JAY PARIKH
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
CONSULTANT RADIOLOGIST

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
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R

Shreyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

VIJIL V AGE-32 Male
REF DR:

Pat. ID.

Chest PA

26-11-2023 10:03:58 AM

SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT. LTD.



PATIENT'S NAME : VIJIL V LAB. NO : SY-2590-23
AGE/SEX : 32 Years/Male SAMPLE NO : 9182
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 25/11/2023\09:35
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

COMPLETE BLOOD COUNT

(PERFORM BY FULLY AUTOMATED SYSMAX-XP 100 CELL COUNTER)

Sample Type: EDTA

| Test Name | Result | Units | Biological Reference Interval | |
|---------------------------|--------|----------------|-------------------------------|-------------|
| Blood Counts | | | | |
| Haemoglobin : | 14.50 | Gms% | 13.5 - 18.0 | |
| Total R.B.C. : | 5.11 | mill/c.mm | 4.7 - 6.0 | |
| Total W. B. C. : | 5700 | /cu mm | 4000 - 11000 | |
| Platelet Count : | 287000 | /cu.mm | 1,50,000 - 4,50,000 | |
| Differential Count | | | | |
| | % | Expected Value | (Absolute Count/uL) | |
| Neutrophils : | 46 | 50 - 60 | 2622 | 1600 - 7000 |
| Lymphocytes : | 40 | 20 - 40 | 2280 | 1000-4000 |
| Eosinophils : | 06 | 1 - 4 | 342 | 40 - 400 |
| Monocytes : | 08 | 2 - 6 | 456 | 200 - 1000 |
| Basophils : | 00 | 0 - 01 | 00 | 0 - 100 |
| Blood Indices | | | | |
| P. C. V : | 41.90 | % | 42 - 52 | |
| M. C. V. : | 82.00 | f | 78 - 100 | |
| M.C.H : | 28.40 | pg | 27 - 32 | |
| M. C. H. C : | 34.60 | % | 32 - 36 | |
| R.D.W : | 13.50 | % | 11.5 - 14.0 | |

Peripheral smear study

RBC's

R.B.C -Normocytic Normochromic.

WBC's

W.B.C -Normal in Number & DC As Given Above.

Platelets

Platelets are Adequate and Normal in Morphology.

PS FOR MP

No Any Blood Parasites seen.

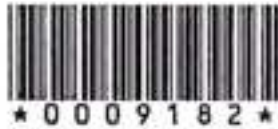
..... End Of Report

Dr. Jitendra N. Nayak
(M.D., Pathologist)
Regd. No. : C-14786
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
DR. JITENDRA NAYAK
M.D.(PATH)

DR. JANAK THAKKAR
M.B.DCP (PATH)

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

Pathologist



PATIENT'S NAME : VIJIL V LAB. NO : SY-2590-23
AGE/SEX : 32 Years/Male SAMPLE NO : 9182
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 25/11/2023\09:35
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

BIOCHEMISTRY

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample: Serum/Plasma

| Test Name | Result | Units | Biological Reference Interval |
|---|--------|--------|-------------------------------|
| Urea METHOD: Urease-GLDH | :21.8 | mg/dL | 12.6 - 42.6 |
| Creatinine METHOD: Jaffe's Buffeur Kinetic | :1.16 | mg/dL | 0.7 - 1.4 |
| S.G.P.T IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION | :33.7 | U/L | 0 - 40 |
| S.G.O.T IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION | :43.0 | U/L | 0-45 |
| Alkaline Phosphatase METHOD: PNPP-AMP (IFCC), KINETIC ASSAY | : 64.5 | U/L | 30-120 |
| Bilirubin - Total METHOD: DIAZO | :0.59 | mg/dL | 0.2 - 1.3 |
| Bilirubin - Direct METHOD: DIAZO | :0.40 | mg/dL | 0 - 0.6 |
| Bilirubin - Indirect METHOD: CALCULATED | :0.19 | mg/dL | 0.1 - 0.4 |
| Total Protein METHOD: BIURET | :6.98 | gm/dL | 6.3 - 8.2 |
| Albumin METHOD: BCG | :4.60 | gm/dL | 3.5 - 5.0 |
| Globulin METHOD: CALCULATED | :2.38 | gm/dL | 1.9 - 3.5 |
| Albumin/Globulin Ratio METHOD: CALCULATED | :1.93 | | 0.9 - 2.9 |
| ELECTROLYTE METHOD: ISE DIRECT | | | |
| Sodium | :138 | mmol/L | 137 - 145 |
| Pottasium | :4.3 | mmol/L | 3.5-5.5 |
| Chloride | :103 | mmol/L | 98 - 107 |
| URIC ACID METHOD: URICASE | :6.8 | mg/dL | 3.4-7.0 |

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..... End Of Report

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Dr. Jitendra N. Nayak
M.D. (Path)

Dr. Janak M. Thakkar
M.B.D.C.P. (Path)

Shreeyanta  Pathology
Laboratory



| | | | |
|----------------|--|-----------|--------------------|
| PATIENT'S NAME | : VIJIL V | LAB. NO | : SY-2590-23 |
| AGE/SEX | : 32 Years/Male | SAMPLE NO | : 9182 |
| REFERRED BY | : ARCOFEMI HEALTHCARE LIMITED | DATE\TIME | : 25/11/2023\09:35 |
| LOCATION | : SHREEYANTA DIABETIC & METABOLIC CLINIC | PT ID | : |


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PATIENT'S NAME : VIJIL V LAB. NO : SY-2590-23
AGE/SEX : 32 Years/Male SAMPLE NO : 9182
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 25/11/2023\09:35
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

BLOOD(PLASMA) GLUCOSE

(GOD-POD METHOD)

(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum/Plasma

| Test Name | Result | Units | Biological Reference Interval |
|--|--------|-------|-------------------------------|
| Fasting(FBS) | | | |
| Blood Glucose : | 83.0 | MG/DL | 70 - 110 |
| Post Prandial (PP2BS) | | | |
| Post Prandial Blood Glucose After 2HRS. : | 80.2 | MG/DL | 80-140 |

E.S.R.(Westergren Method)

Sample Type: EDTA

| Test Name | Result | Units | Biological Reference Interval |
|------------------|--------|-------|-------------------------------|
| After one hour : | 03 | mm | [M: 1 - 7 / F: 3 - 12] |

..... End Of Report


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PATIENT'S NAME : VIJIL V LAB. NO : SY-2590-23
AGE/SEX : 32 Years/Male SAMPLE NO : 9182
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 25/11/2023\09:35
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

THYROID FUNCTION

(CLIA METHOD)

Sample Type:SERUM

| Test Name | Result | Units | Biological Reference Interval |
|-------------|--------|-------------|--|
| SERUM T3 : | 1.11 | ng/ml | 0.6-1.81 |
| SERUM T4 : | 9.6 | ug/dl | 3.2-12.6 |
| SERUM TSH : | 3.73 | μ IU/mL | [2 to 12 Years 0.64 - 6.27] [12 to 18 Years 0.51 - 4.94] [> 18 Years 0.35 - 5.5] |

..... End Of Report


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PATIENT'S NAME : VIJIL V
AGE/SEX : 32 Years/Male
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC
LAB. NO : SY-2590-23
SAMPLE NO : 9182
DATE/TIME : 25/11/2023\09:35
PT ID :

BLOOD GROUP

Sample Type: EDTA

| Test Name | Result |
|--------------|----------|
| ABO SYSTEM : | " O " |
| RH Typing : | POSITIVE |

HbA1C REPORT (BY HPLC)

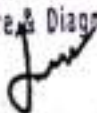
| Test Name | Result | Units | Biological Reference Interval |
|-------------------------------------|--------|-------|--|
| HbA1C : | 5.4 | % | Non Diabetic Level : < 5.7 % Pre Diabetic : 5.7-6.4 % Diabetes : > (=)6.5% ADA Target for Diabetic Patient : 7.0 % |
| Estimated Average Glucose: (eAG) | 108.28 | mg/dl | |

LIVER FUNCTION TEST


Sample Type: Serum

| Test Name | Result | Units | Biological Reference Interval |
|-----------|--------|-------|-------------------------------|
| G.G.T : | 29.8 | U/L | F : 5-32 M 10-45 |

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..... End Of Report


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PATIENT'S NAME : VIJIL V
AGE/SEX : 32 Years/Male
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC
LAB. NO : SY-2590-23
SAMPLE NO : 9182
DATE\TIME : 25/11/2023\09:35
PT ID :

LIPID PROFILE

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum

| Test Name | Result | Units | Biological Reference Interval |
|---|--------|---------|---|
| S. Cholesterol (CHOD-POD ENZYMATIC METHOD) | :143.8 | mg / dl | Desirable level/low risk : < 200 Borderline level/moderate risk : 200-239 Elevated level/ high risk : > 240 |
| S. Triglyceride (GPO/PAP METHOD) | :71.2 | mg / dl | Normal : <150 Borderline high :150-199 High : 200-499 Very High:>=500 |
| S. HDL Cholesterol (IMMUNOINHIBITION) | :49.5 | mg / dl | Low (High Risk) : <40 High (Low Risk) : >60 |
| S. LDL Cholesterol (Direct) | :80.06 | mg / dl | Optimal : <100 Near Optimal : 100-129 Borderline High : 130-159 High :160-189 Very High:> 190 |
| S. VLDL Cholesterol (CALCULATED) | :14.24 | mg / dl | Upto 34 |
| Total Lipids (CALCULATED) | :558.8 | mg / dl | 400 - 1000 |
| Chol./HDL Ratio (CALCULATED) | :2.91 | | 0-5 |
| LDL/HDL Ratio (CALCULATED) | :1.62 | | 1-3.5 |

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AGE/SEX : 32 Years/Male SAMPLE NO : 9182
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 25/11/2023\09:35
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

URINE ANALYSIS

Sample Type: Urine

| Test Name | Result | Units | Biological Reference Interval |
|--|-------------|-------|-------------------------------|
| Physical Examination | | | |
| Colour : | Pale Yellow | | |
| Transparency : | Clear | | |
| Chemical Examination (BY MISSION(ACON) U120 SMART AUTOMATED URINALYSIS) | | | |
| Specific Gravity : | 1.020 | | |
| PH : | 6 | | |
| Protein : | NIL | | |
| Sugar : | NIL | | |
| Ketone : | ABSENT | | |
| Bile Salts : | Absent | | |
| Bile Pigments : | Absent | | |
| Urobilogen : | ABSENT | | |
| Nitrites : | ABSENT | | |
| Microscopic Examination (AFTER CENTRIFUGING AT 2000 RPM FOR 10 MINS) | | | |
| Red blood Cells : | NIL | /HPF | |
| Pus Cells : | 4-5 | /HPF | |
| Epithelial Cells : | 2-3 | /HPF | |
| Amorphous : | ABSENT | | |
| Bacteria : | ABSENT | | |
| Crystals : | ABSENT | | |
| Casts : | ABSENT | /LPF | |
| Fungus : | Absent | | |

..... End Of Report

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SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Patient Details

Date: 25-Nov-23

Time: 12:51:44 PM

Name: VIJL V. ID: 789

Age: 32 y

Sex: M

Height: 163 cms

Weight: 65 Kgs

Clinical History: NO

Medications: NO

Test Details

Protocol: Bruce

Pr.MHR: 188 bpm

THR: 168 (90% of Pr.MHR) bpm

Total Exec. Time: 6 m 37 s

Max. HR: 183 (.97% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 148/78 mmHg

Max. BP x HR: 27064 mmHg/min

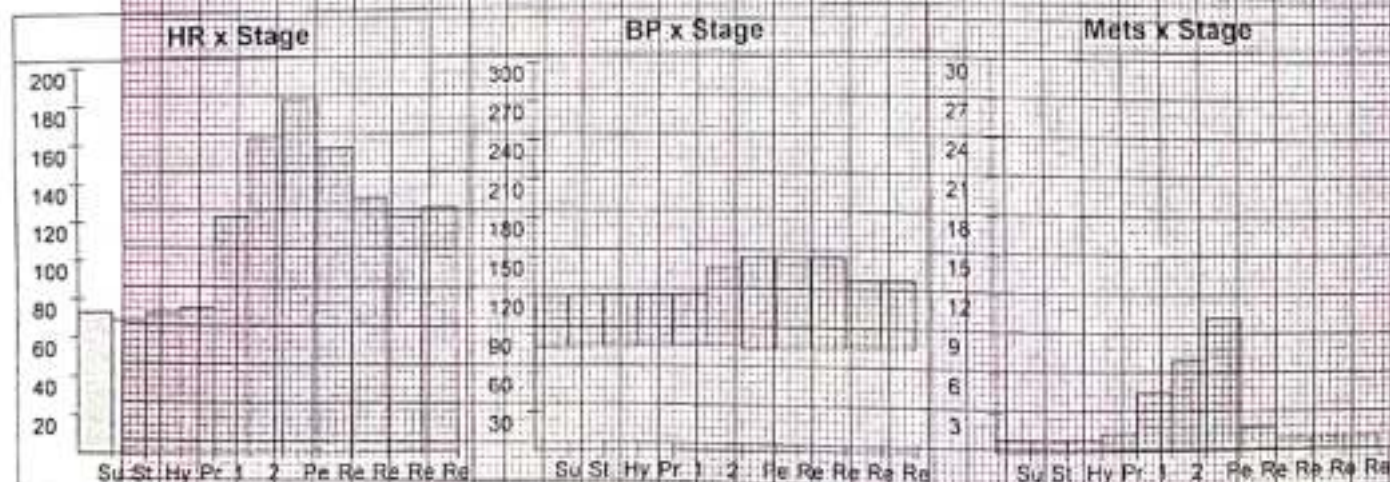
Min. BP x HR: 5382 mmHg/min

Test Termination Criteria: ACHIEVEMENT OF TH THR & FATIGUE

Protocol Details

| Stage Name | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate (bpm) | Max. BP (mm/Hg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|------------------|------------------------|------|-------------|-----------|------------------|-----------------|--------------------|----------------------|
| Supine | 0 : 56 | 1.0 | 0 | 0 | 73 | 120/80 | -1.49 aVR | 1.42 I |
| Standing | 0 : 6 | 1.0 | 0 | 0 | 69 | 120/80 | -1.49 aVR | 1.77 V2 |
| Hyperventilation | 0 : 6 | 1.0 | 0 | 0 | 73 | 120/80 | -1.27 aVR | 1.77 V2 |
| 1 | 3 : 0 | 4.6 | 1.7 | 10 | 122 | 130/80 | -4.25 aVR | 2.83 V5 |
| 2 | 3 : 0 | 7.0 | 2.5 | 12 | 163 | 140/80 | -1.06 aVR | 3.89 I |
| Peak Ex | 0 : 37 | 10.2 | 3.4 | 14 | 183 | 148/78 | -1.86 II | 3.54 I |
| Recovery(1) | 1 : 0 | 1.8 | 1 | 0 | 157 | 148/78 | -1.27 aVR | 4.25 I |
| Recovery(2) | 1 : 0 | 1.0 | 0 | 0 | 131 | 148/78 | -1.91 aVR | 4.95 II |
| Recovery(3) | 1 : 0 | 1.0 | 0 | 0 | 121 | 130/78 | -1.27 aVR | 4.25 I |
| Recovery(4) | 0 : 15 | 1.0 | 0 | 0 | 126 | 130/78 | -1.27 I | 4.25 III |

[Handwritten Signature]



SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Patient Details

Date: 25-Nov-23

Time: 12:51:44 PM

Name: VIJIL V. ID:789

Age: 32 y

Sex: M

Height: 163 cms

Weight: 85 Kgs

Interpretation

MODERATE EXERCISE TOLERANCE
NORMAL HAEMODYNAMIC AND CHRONOTROPIC RESPONSE
NO SIGNIFICANT ST-T CHANGES ARE SEEN DURING EXERCISE AND
RECOVERY
RECOVERY UNEVENTFUL
NO ANGINA, GALLOP ARRHYTHMIA
TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHEMIA DURING
EXERCISE AND RECOVERY AT MODERATE WORKLOAD.

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
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Naranpura, Ahmedabad-380013,
Regd. No. : 051902460

Dr. Maulik K. Kinariwala
(M.D. (Medicine), PGDDM (UK))
Regd. No. : G-14926
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
Doctor: Dr. Maulik Kinariwala

Ref. Doctor: APOLLO

(Summary Report edited by user)

SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

VIJIL V. (32 M)

Protocol: Bruce

Exec Time: 5 m 54 s

ID: 789

Stage: 3

Stage Time: 0 m 34 s

Date: 25 Nov-23

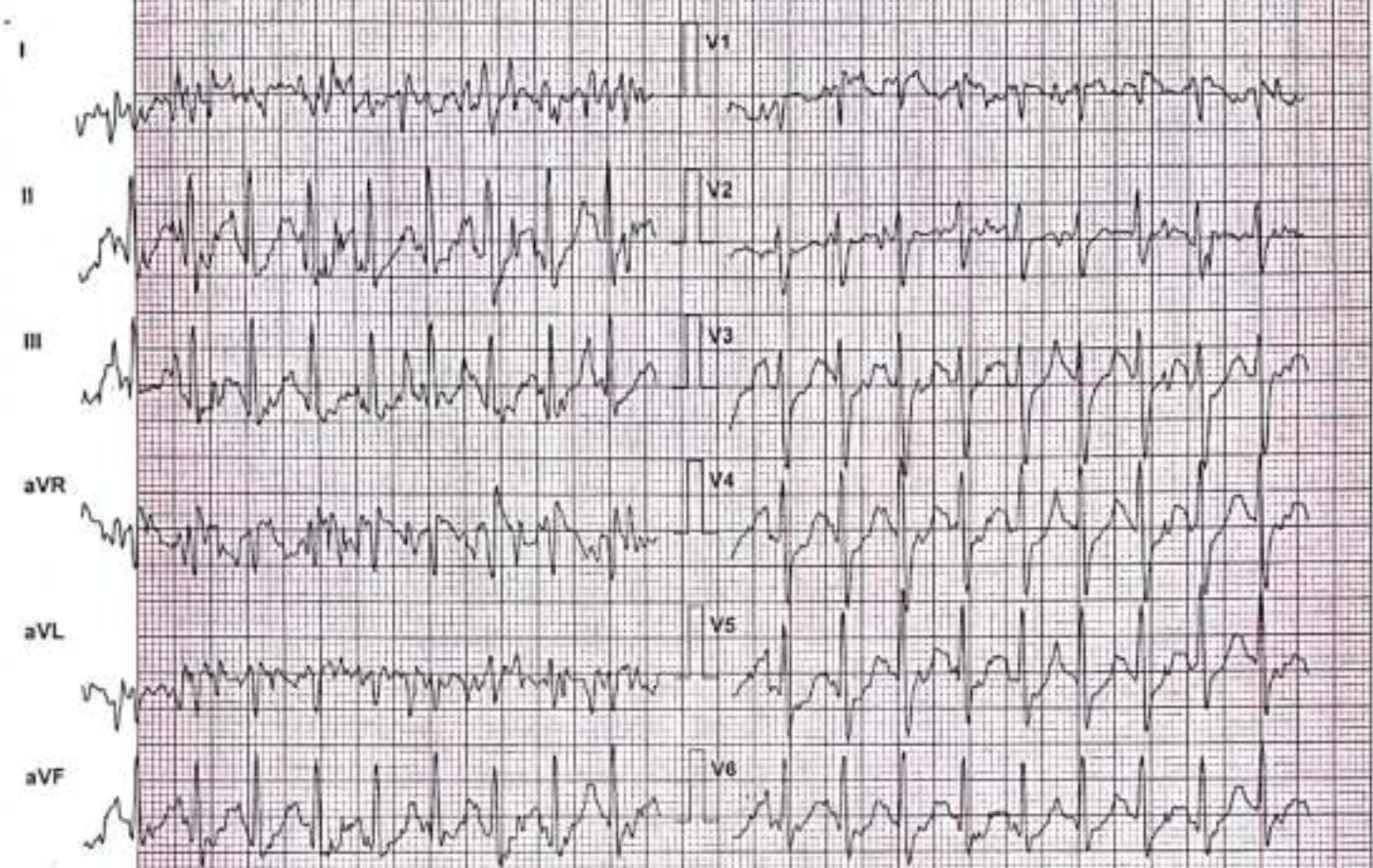
Speed: 3.4 mph

HR: 180 bpm

B.P.: 148/78

Grade: 14 %

(THR: 169 bpm)



| Lead | ST Level (mm) | ST Slope (mV/s) |
|------|---------------|-----------------|
| I | 0.2 | 1.8 |
| aVR | 0.0 | 2.6 |
| V1 | 0.2 | 0.7 |
| V2 | 0.2 | 0.7 |
| V3 | 0.0 | 2.1 |
| V4 | 0.2 | 1.4 |
| V5 | 0.2 | 0.7 |
| V6 | -0.2 | 1.4 |
| II | 0.0 | 2.8 |
| aVL | 0.2 | 0.7 |
| V4 | -0.4 | 2.1 |
| V5 | -0.4 | 2.1 |
| III | -0.2 | 0.7 |
| aVF | 0.0 | 2.1 |
| V6 | -0.4 | 1.8 |

Chart Speed: 25 mm/sec
Schiff Spandan V.4.7

Filter: 35 Hz

100 μV = 10 mm, 1 s = 40 mm

Mains Fil: ON

Amp: 10 mm

SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

VIJIL V. (32 M)

ID: 789

Date: 25-Nov-23

Exec Time : 0 m 0 s

Stage Time : 0 m 50 s

HR: 74 bpm

Protocol: Bruce

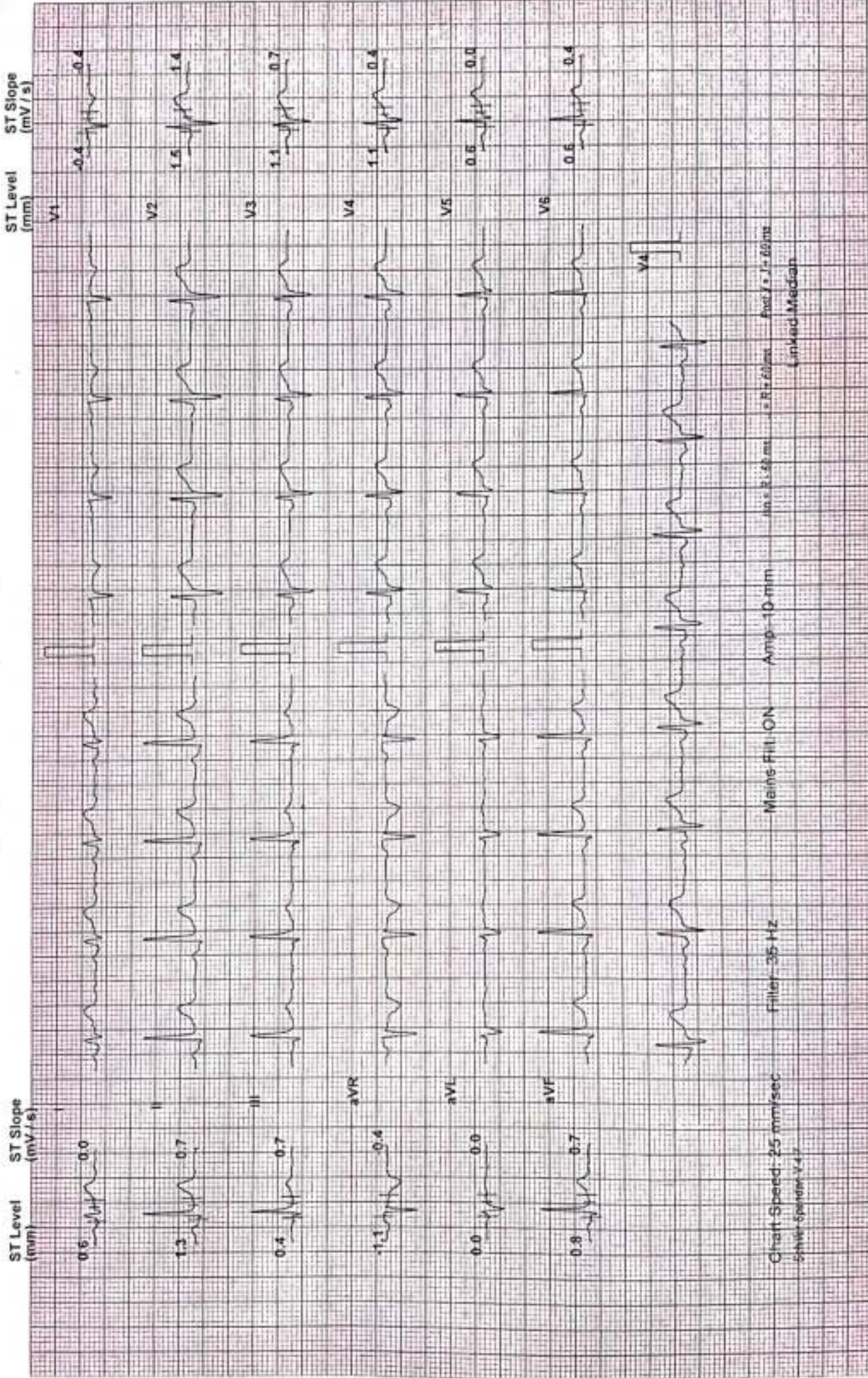
Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 169 bpm)

B.P: 120 / 80



VIJIL V. (32 M)

ID: 789

Date: 25-Nov-23 Exec Time : 0 m 0 s Stage Time : 0 m 0 s HR: 72 bpm

Protocol: Bruce

Stage: Standing Speed: 0 mph Grade: 0 %

(THR: 169 bpm) B.P: 120 / 80

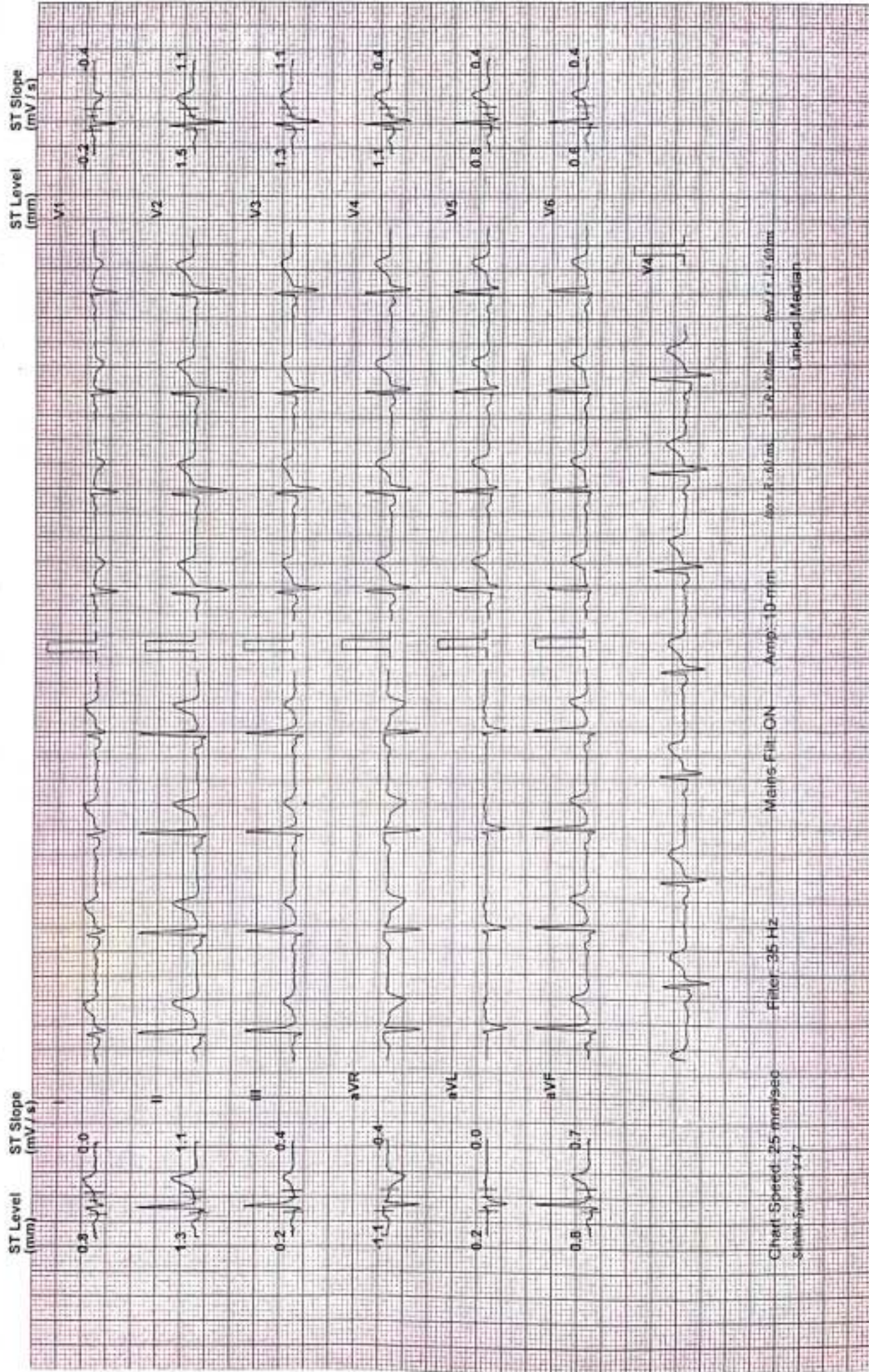


Chart Speed: 25 mm/sec Filter: 35 Hz
 Main Filter: ON Amp: 10 mm
 60 + R: 2.0 ms 3.0 ms 4.0 ms
 40 + R: 1.0 ms 2.0 ms 3.0 ms
 Linked Median

VIJIL V. (32 M)

ID: 789

Date: 25-Nov-23

Exec Time : 0 m 0 s

Stage Time : 0 m 0 s

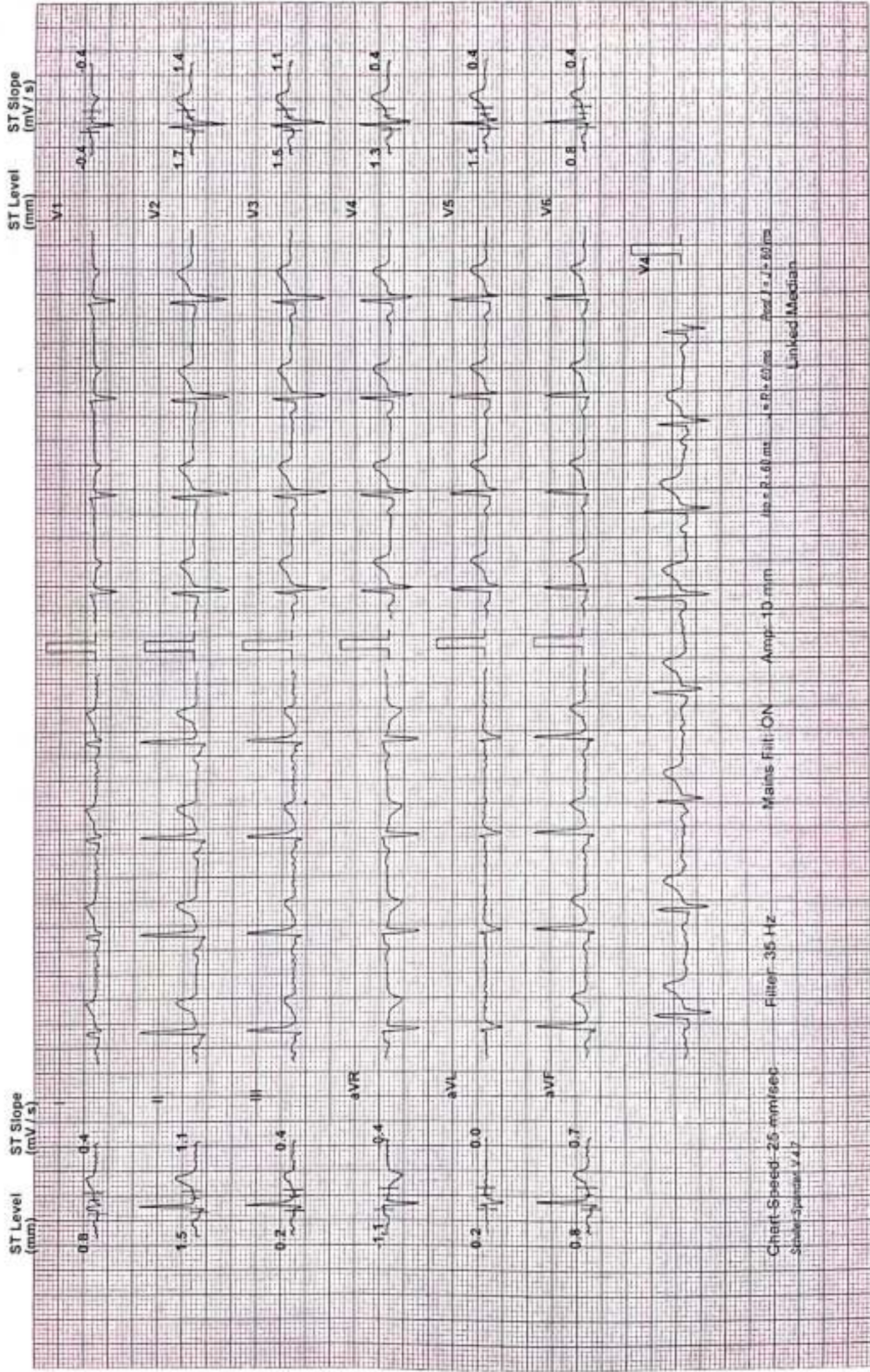
HR: 75 bpm

Protocol: Bruce

Stage: Hyperventilation Speed: 0 mph Grade: 0 %

(THR: 169 bpm)

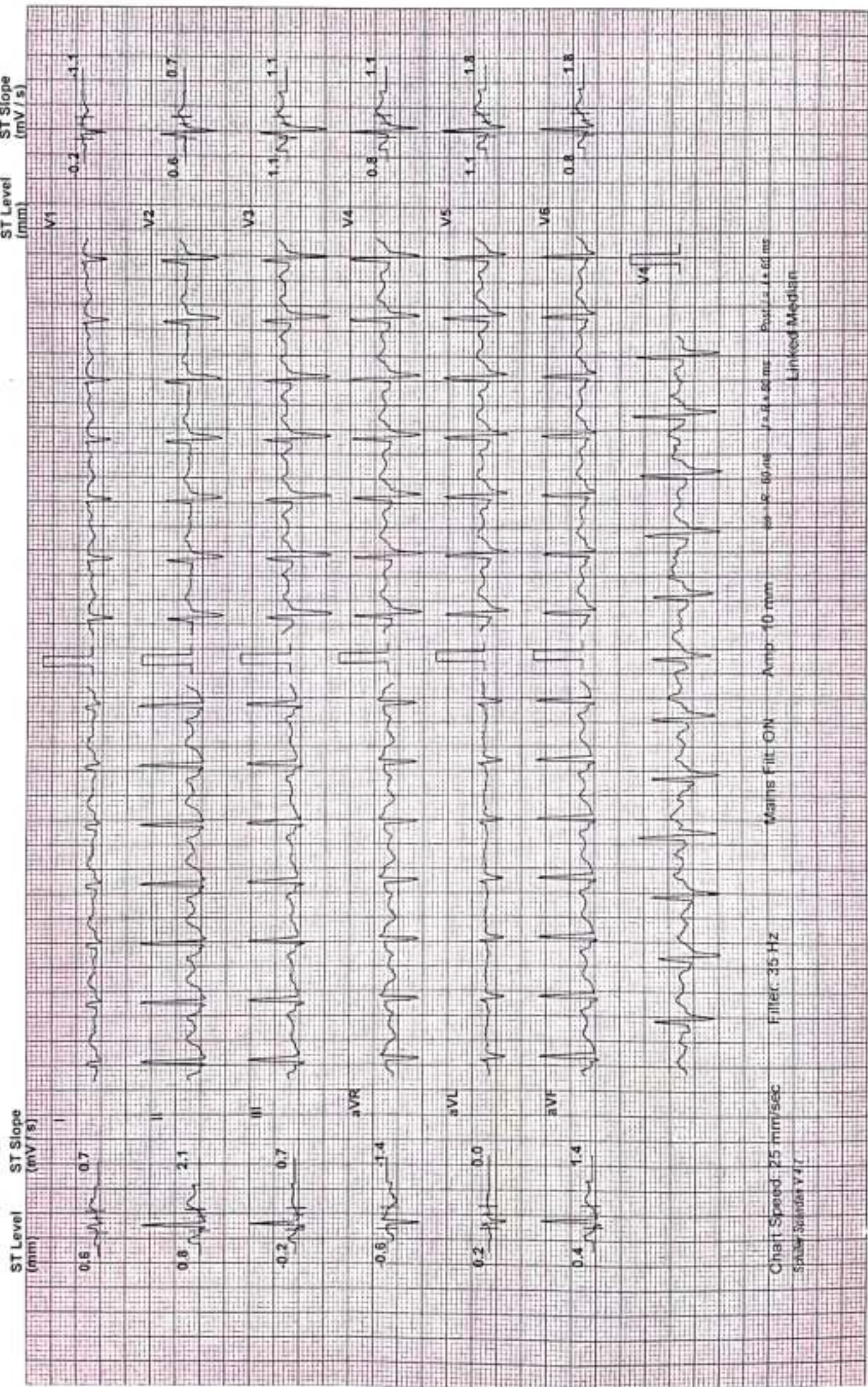
B.P: 120 / 80



Test Report

SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

VIJIL V. (32 M) ID: 789 Date: 25-Nov-23 Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 123 bpm
Protocol: Bruce Stage: 1 Speed: 1.7 mph Grade: 10 % (THR: 169 bpm) B.P: 120 / 80



SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

VIJIL V. (32 M)

ID: 789

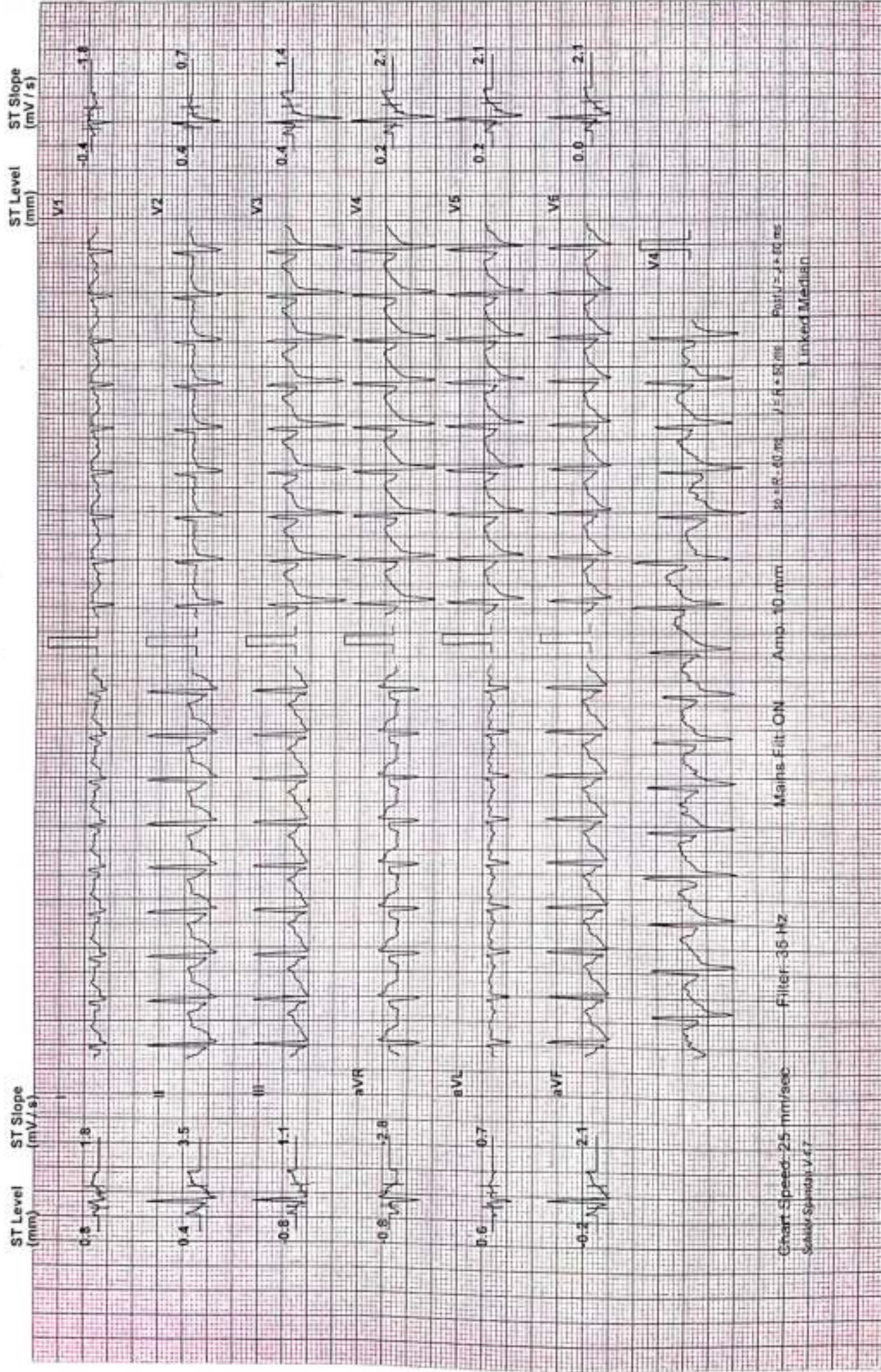
Date: 25-Nov-23 Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR: 163 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph Grade: 12 % (THR: 169 bpm)

B.P: 140 / 80



VIJIL V. (32 M)

ID: 789

Date: 25-Nov-23 Exec Time : 6 m 31 s Stage Time : 0 m 31 s HR: 183 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph Grade: 14 %

(THR: 169 bpm) B.P: 148 / 78

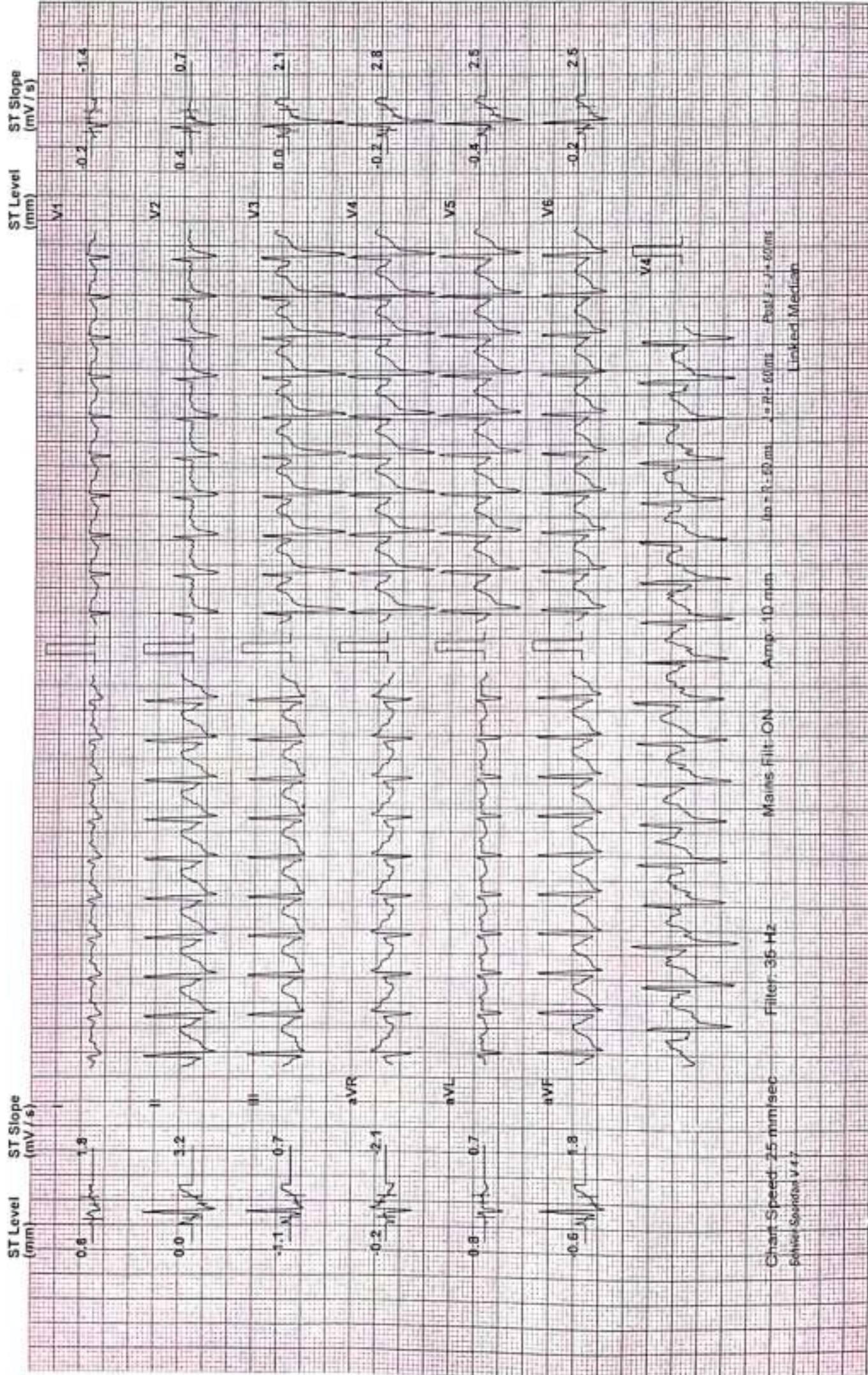


Chart Speed: 25 mm/sec Filter: 35 Hz Amp: 10 mm Main Filter: ON Paper: 50mm Post: J+50mm
 Echol: Standard V4.7 Linked Median

SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

VIJIL V. (32 M)
Protocol: Bruce

ID: 789 Date: 25-Nov-23 Exec Time : 6 m 37 s Stage Time : 0 m 54 s HR: 157 bpm
Stage: Recovery(1) Speed: 1 mph Grade: 0 % (THR: 169 bpm) B.P: 148 / 78

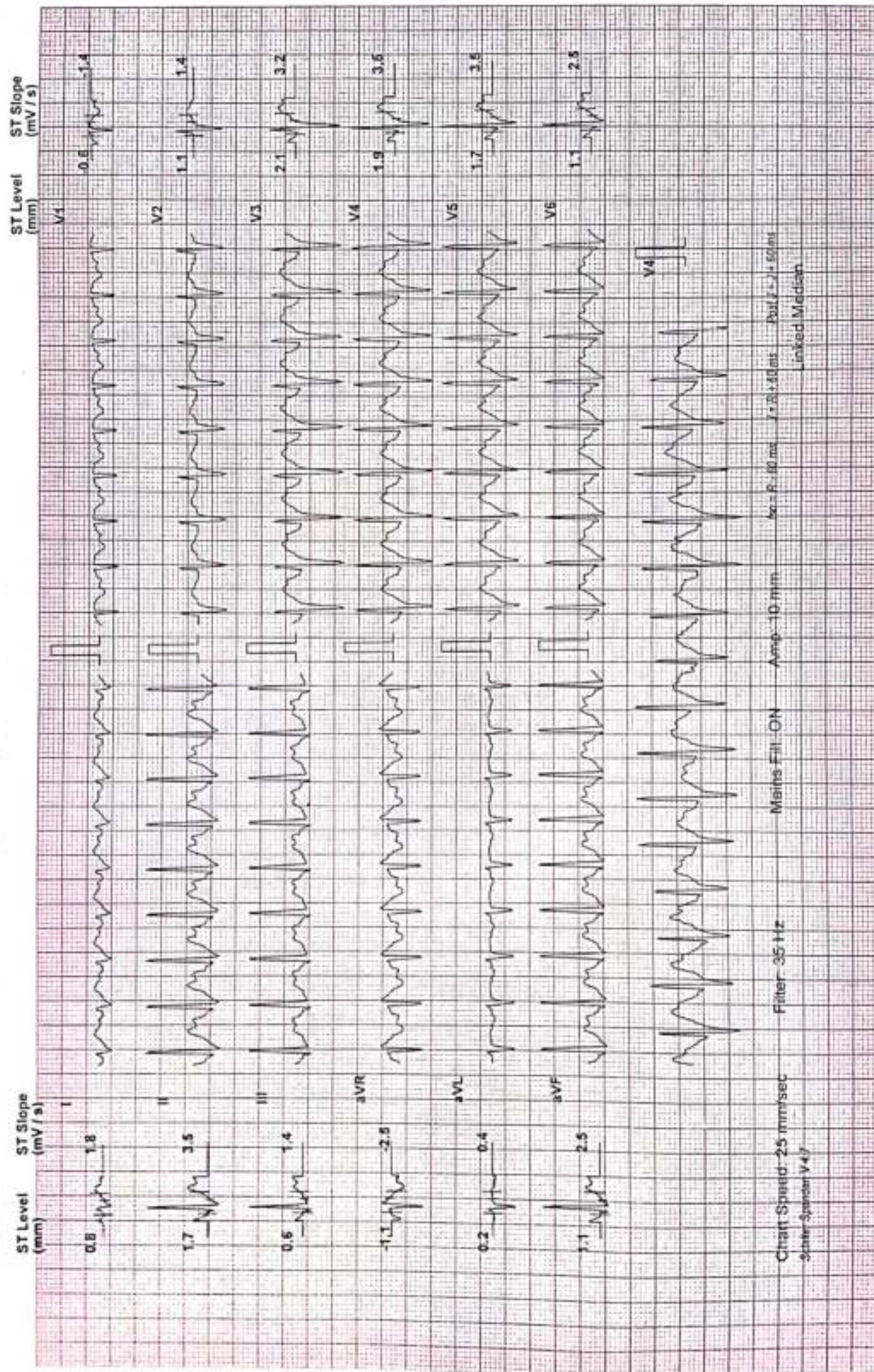


Chart Speed: 25 mm/sec Filter: 35 Hz Amp: 10 mm Misrhts Fill: ON Paper: 50ms Linked Median

VIJIL V. (32 M)

ID: 789

Date: 25-Nov-23 Exec Time : 6 m 37 s Stage Time : 0 m 54 s HR: 131 bpm

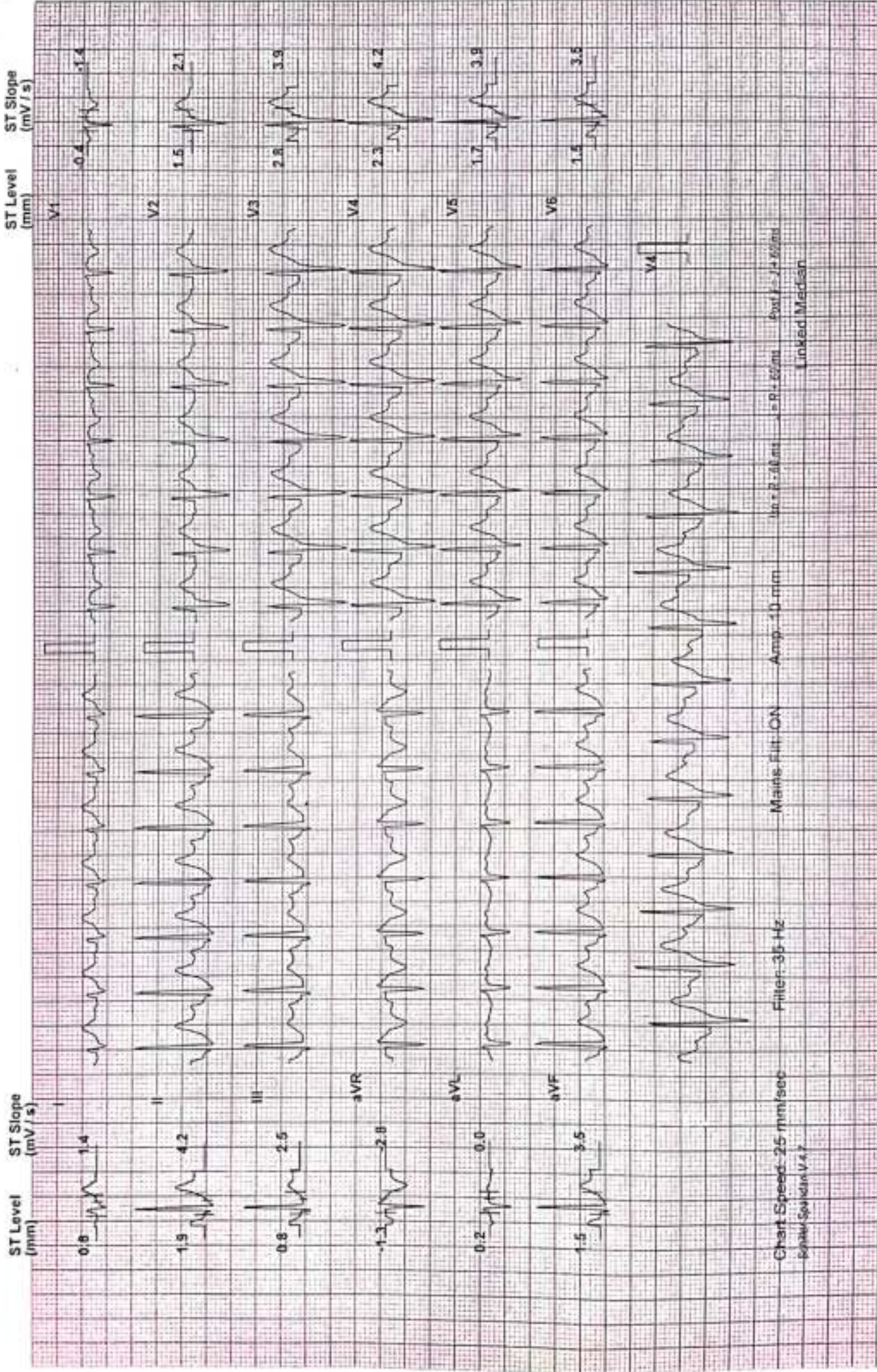
Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph Grade: 0 %

(THR: 169 bpm)

B.P: 148 / 78



VIJIL V. (32 M)

ID: 789

Date: 25-Nov-23 Exec Time : 6 m 37 s Stage Time : 0 m 54 s HR: 121 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph Grade: 0 %

(THR: 169 bpm) B.P.: 130 / 78

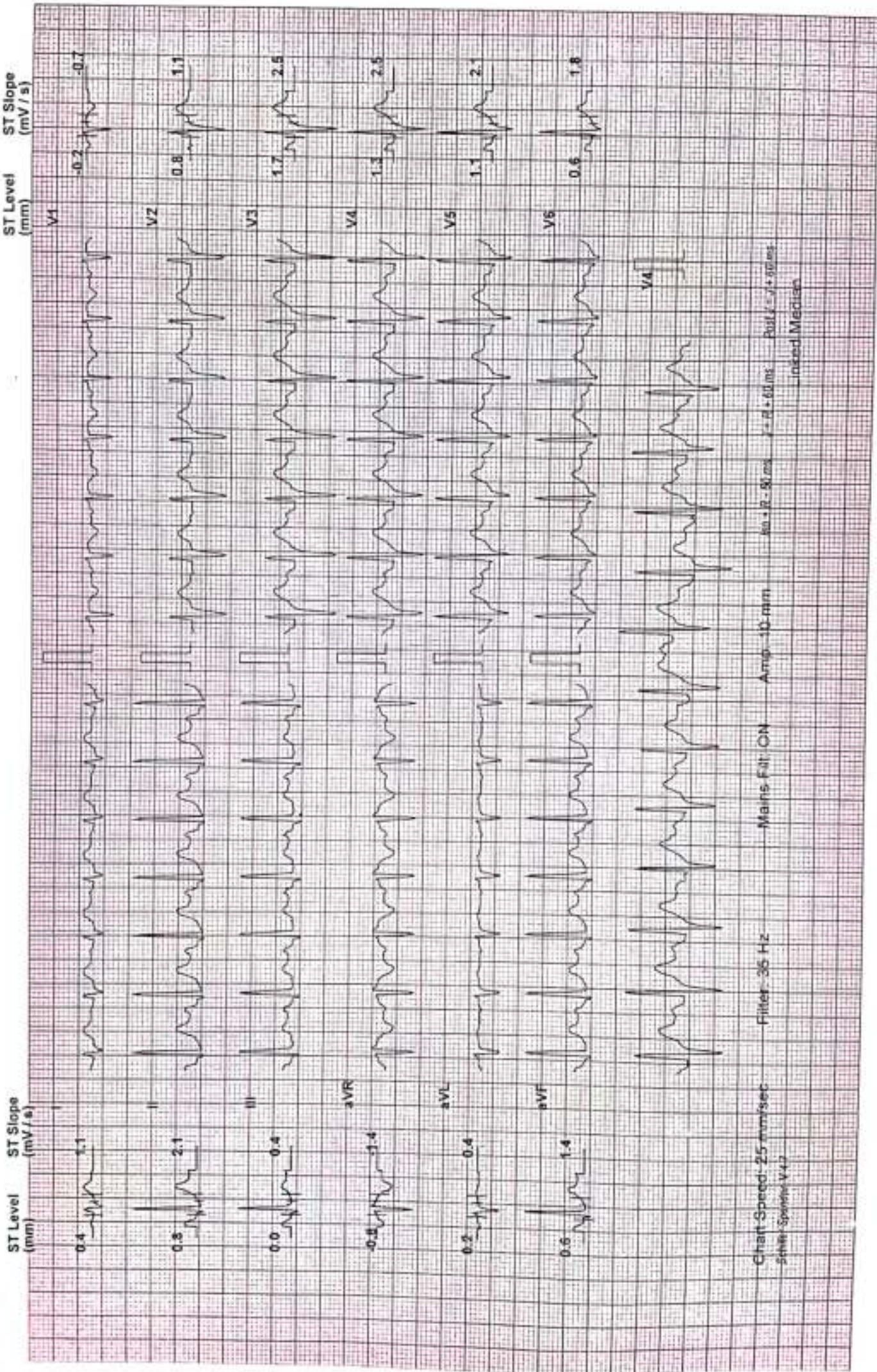


Chart Speed: 25 mm/sec Filter: 36 Hz Mains: 50/60 Hz Amp: 10 mm Paper Speed: 25 mm/sec

Linked Medication

SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

VIJIL V. (32 M) ID: 789 Date: 25-Nov-23 Exec Time : 6 m 37 s Stage Time : 0 m 9 s HR: 126 bpm
Protocol: Bruce Stage: Recovery(4) Speed: 0 mph Grade: 0 % (THR: 169 bpm) B.P: 130 / 78

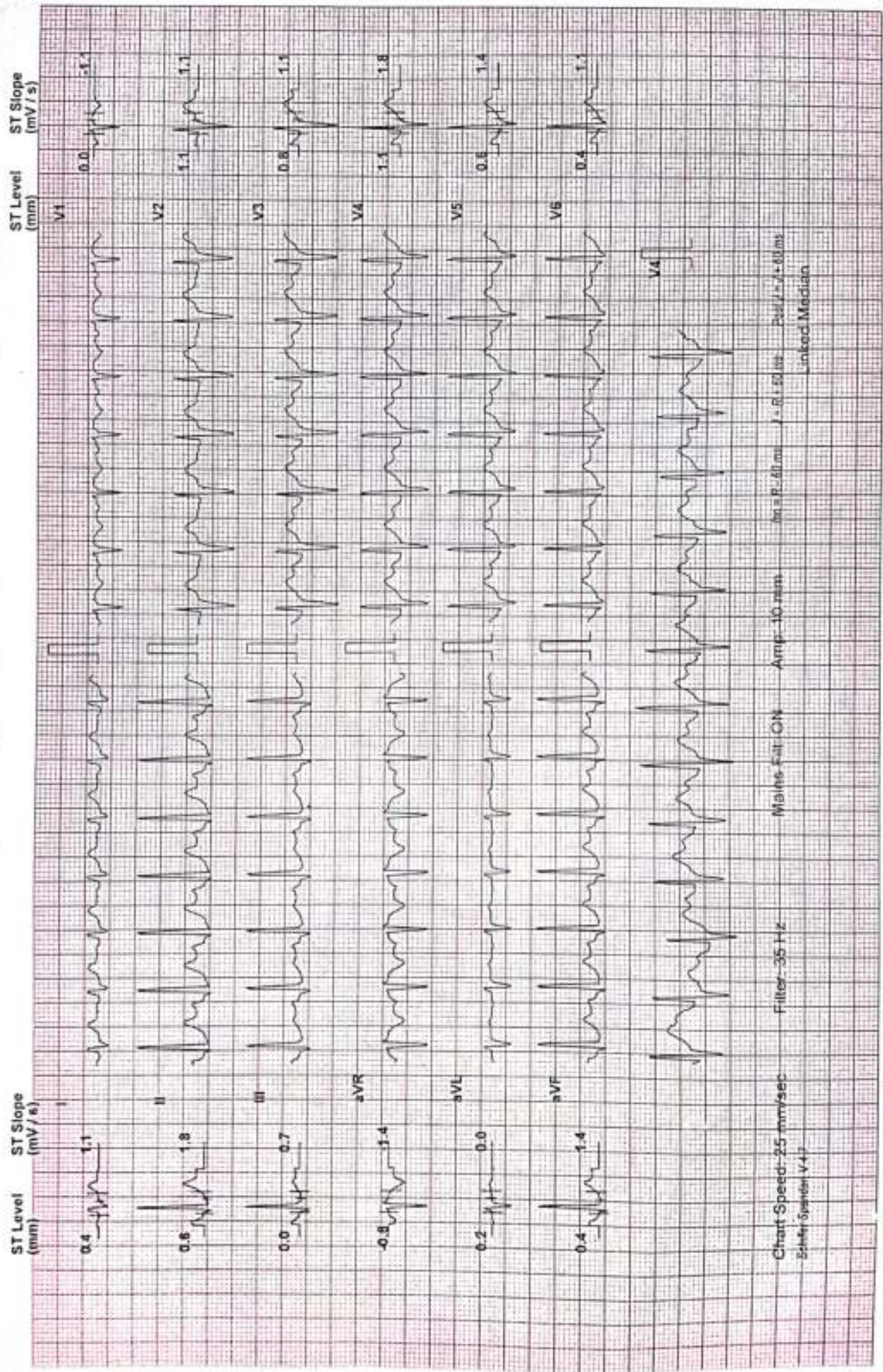


Chart Speed: 25 mm/sec Filter: 35 Hz Amp: 10 mm Marks: Full ON Paper: 1-60 ms Push: 1-60 ms
Schafer System V-47 Linked Median


ഭാരതസർക്കാർ
Government of India



വിജി വി
Viji V
ജനന തീയതി / DOB : 25/09/1991
പുരുഷൻ / Male



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എന്റെ ആധാർ, എന്റെ ഐഡൻറിറ്റി

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ഭാരതസർക്കാർ/ഭാരതസർക്കാർ
Unique Identification Authority of India

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| <p> താൽപ്പിലാസം: S/O വിജയൻ, പുത്തമ്പിള്ളി, കരുവാറ്റ സൗത്ത്, കൂമാർകുളം, കരുവാറ്റ, ആലപ്പുഴ, കരുവാറ്റ, കേരളം, 690517 </p> | <p> Address: S/O Vijayan, Puthenveetil, Karuvatta South, Kumarapuram, Karuvatta, Alappuzha, Karuvatta, Kerala, 690517 </p> |
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