



2021/10/9 11:20



भारतीय विशिष्ट ओळख प्राधिकरण

भारत सरकार

Unique Identification Authority of India
Government of India

नोंदविण्याचा क्रमांक / Enrollment No 2006/00203/02509

To,
आरती गणेश कोराड
Arati Ganesh Korad
W/O Ganesh Korad
near ayyapa temple 187 rasta peth pune 11
Pune City
Pune
Maharashtra 411011
7588181814

Ref: 68 / 20B / 135221 / 135660 / P



UE075690967IN



आपला आधार क्रमांक / Your Aadhaar No. :

6621 2775 1545

आधार — सामान्य माणसाचा अधिकार



भारत सरकार

GOVERNMENT OF INDIA



आरती गणेश कोराड
Arati Ganesh Korad
जन्म वर्ष / Year of Birth : 1973
स्त्री / Female



6621 2775 1545

10/10/9 10:19



Name Mrs. Arati G Korad
Age/Gender 47 Years / FEMALE
PRN ALRS/910/2021-2022/2322
Lab ID ALRS/D/21-22/2317
Ref Doctor

Collected Time 09-10-2021 11:49 AM
Received Time 09-10-2021 11:49 AM
Reported Time 09-10-2021 04:40 PM

| Test Name | Result | Unit | Bio. Ref. Range |
|---------------------------|-------------------------|----------|-----------------|
| Hemogram | | | |
| Hemoglobin | 12.9 | gm% | 12.0 - 16.0 |
| WBC Count | | | |
| Total WBC Count | 5100 | /cmm | 4000 - 11000 |
| Differential count | | | |
| Neutrophil | 50 | % | 40 - 75 |
| Lymphocytes | 40 | % | 20 - 45 |
| Eosinophil | 06 | % | Below 6 |
| Monocytes | 04 | % | Below 8 |
| RBC Indices | | | |
| Haematocrit | 37.9 | % | 37 - 48 |
| R.B.C Count | 4.25 | mil./cmm | 3.8 - 5.2 |
| M.C.V | 89.2 | fL | 76 - 96 |
| M.C.H | 30.4 | PG | 27 - 32 |
| M.C.H.C | 34.0 | gm/dl | 32 - 36 |
| RDW-CV | 13.8 | % | 11.5 - 14.5 |
| Platelet Count | 342000 | /cmm | 150000 - 450000 |
| Comments on P.B.S | | | |
| R.B.C Morphology | Normocytic Normochromic | | |
| W.B.C | No abnormal cells seen. | | |
| Platelet | Adequate. | | |

Dr. Simi Athavale

MBBS (DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

End Of Report



NOTE: *A (Abnormal), *C (Abnormal & Critical)

Report Generated by: Niramay Solutions

1 / 1

11-10-2021





Name Mrs. Arati G Korad Collected Time 09-10-2021 11:49 AM
Age/Gender 47 Years / FEMALE Received Time 09-10-2021 11:49 AM
PRN ALRS/910/2021-2022/2322 Reported Time 09-10-2021 04:41 PM
Lab ID ALRS/D/21-22/2317
Ref Doctor

| Test Name | Result | Unit | Bio. Ref. Range |
|-----------|--------|------|-----------------|
|-----------|--------|------|-----------------|

Blood Group

ABO Type A
Rh (D) Type Positive

Blood Sugar F and PP

Blood Sugar Fasting and Post Prandial

Blood Sugar Fasting 90.6 mg/dl 70 - 110
Blood Sugar Post Prandial 165.3 * A mg/dl 70 - 140

Method GOD-POD
Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

Glycosylated Hb / HbA1c

HbA1c 5.5 %
Below 6 (Normal)
6 - 7 (Good Control)
7 - 8 (Fair Control)
8 - 10 (Unsatisfactory Control)
Above 10 (Poor Control)

Method BORONATE AFFINITY
Instrument Used Abbott-Affinion

ESR

ESR 08 Below 20
Unit mm at the end of 1 hour
Method Modified Westergrens Method

Dr. Simi Athavale
MBBS,(DCP) CONSLUTANT PATHOLOGIST (Reg. No. 84648)

End Of Report

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11-10-2021





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Collected Time 09-10-2021 11:49 AM
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| Test Name | Result | Unit | Bio. Ref. Range |
|----------------------------|---|-------|-----------------|
| Liver Function Test | | | |
| Sr Total Bilirubin | 1.14 | mg/dl | 0.1 - 1.2 |
| Sr Direct Bilirubin | 0.31 | mg/dl | 0.0 - 0.4 |
| Sr Indirect Bilirubin | 0.83 | mg/dl | 0.1 - 1.2 |
| Alkaline Phosphatase | 69.0 | IU/L | 50 - 140 |
| S.G.P.T | 8.7 | IU/L | Below 40 |
| S.G.O.T | 11.7 | IU/L | Below 40 |
| Sr Total Protein | 7.43 | mg/dl | 6.0 - 8.0 |
| Sr Albumin | 3.71 | mg/dl | 3.7 - 5.3 |
| Sr Globulin | 3.72 | mg/dl | 2.3 - 3.6 |
| A:G ratio | 1 | % | 1.2:1 - 2:1 |
| INTRUMENT USED | Erba EM 200- Fully Automatic Random Access Chemistry Analyzer | | |

Lipid Profile

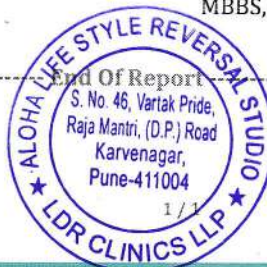
| | | | | |
|--------------------------|-------|-----|-------|----------------------|
| S.Cholesterol | 207.0 | * A | mg/dl | Below 200 |
| S.Triglycerides | 158.9 | | mg/dl | 40 - 160 |
| HDL Cholesterol | 46.7 | | mg/dl | 35.3 - 79.5 |
| VLDL Cholesterol | 31.78 | | mg/dl | Below 41 (Desirable) |
| LDL Cholesterol Direct | 160.3 | * A | mg/dl | 0.0 - 130 |
| LDLC/HDLC Ratio | 3.43 | * A | | Below 3.4 |
| S.Cholesterol/HDLC Ratio | 4.43 | | | Below 4.5 |

Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

Dr. Simi Athavale
MBBS,(DCP) CONSLUTANT PATHOLOGIST (Reg. No. 84648)

NOTE : *A (Abnormal), *C (Abnormal & Critical)

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Name Mrs. Arati G Korad
Age/Gender 47 Years / FEMALE
PRN ALRS/910/2021-2022/2322
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Ref Doctor

Collected Time 09-10-2021 11:49 AM
Received Time 09-10-2021 11:49 AM
Reported Time 09-10-2021 04:42 PM

| Test Name | Result | Unit | Bio. Ref. Range |
|----------------------------|--|-------|-----------------|
| GGTP | | | |
| Gamma GT (GGTP) | 20.5 | U/L | 7 - 32 |
| Uric acid | | | |
| Serum Uric Acid | | | |
| Sr.Uric Acid | 7.5 * A | mg/dl | 2.5 - 6.2 |
| Creatinine | | | |
| Serum Creatinine | 0.76 | mg/dl | 0.6 - 1.1 |
| Method | Enzymatic | | |
| Instrument Used | ERBA EM-200 Fully automatic random access biochemistry analyzer. | | |
| BUN | | | |
| Blood Urea Nitrogen | | | |
| Blood Urea Nitrogen | 11.9 | mg/dl | 5.0 - 21.0 |

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

-----End Of Report-----



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1 / 1

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| Test Name | Result | Unit | Bio. Ref. Range |
|--------------------------------|-------------|------|-----------------|
| Urine Analysis | | | |
| Physical Examination | | | |
| Quantity | 30 | ml | |
| Colour | Pale Yellow | | |
| Appearance | Clear | | |
| Specific gravity | 1.015 | | 1 - 1.03 |
| Chemical Examination | | | |
| Reaction (pH) | Acidic | | |
| Proteins | Absent | | |
| Glucose | Absent | | |
| Ketone Bodies | Absent | | |
| Bile Salts | Absent | | |
| Bile Pigments | Absent | | |
| Urobilinogen | Normal | | |
| Microscopic Examination | | | |
| Pus Cells | Absent | /hpf | |
| Epithelial Cells | Absent | /hpf | |
| RBC | Absent | /hpf | |
| Casts | Absent | | |
| Crystals | Absent | | |

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

-----End Of Report-----

NOTE : *A (Abnormal), *C (Abnormal & Critical)

Report Generated by: Niramay Solutions



1 / 1

11-10-2021





Health Matters!



Reg.Date : 09-10-2021
Patient's Name : MRS KORAD ARATI GANESH
Age/Sex : 47 Yrs / Female
Ref. By Dr. : ALOHA LIFESTYLE REVERSAL STUDIO
Sample Collected : From Aloha Lifestyle Reversal Studio
Patient ID No. : 1063204
Reg Dt/Tm : 09-10-2021 01:57pm
Sample Coll.Dt/Tm : 09-10-2021 01:57pm
Report Dt/Tm : 09-10-2021 05:26pm

T3 (TOTAL), T4 (TOTAL) & TSH

| Investigation | Result | Units | Reference Range |
|--|---------|--------|---|
| T3 (Total), Serum (Method: CLIA) | : 0.90 | ng/mL | 0.70 - 2.04 Pregnancy: 1st Trimester : 0.81 - 1.90 2nd Trimester: 1.00 - 2.60 3rd Trimester : 1.00 - 2.60 |
| T4 (Total), Serum (Method: CLIA) | : 6.61 | ug/dL | 5.5 - 12.5 |
| Ultra TSH, Serum (Method: ECLIA/ CLIA) | : 3.930 | uIU/mL | 0.35 - 5.50 Pregnancy: 1st Trimester : 0.10 - 2.50 2nd Trimester: 0.20 - 3.00 3rd Trimester : 0.30 - 3.00 |

NOTE :

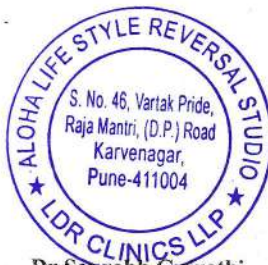
- 1) The TSH levels are subject to diurnal/circadian variation, reaching to peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is to the order of 50%, hence the time when sample is collected has influence on the levels of TSH.
- 2) Many substances produced in central nervous system, even in healthy euthyroid individuals, may enhance or suppress TSH production in addition to the feedback effect of thyroid hormone.
- 3) Further more although TSH levels rise and fall in response to changes in the concentration of Free T4, individuals appear to have their own setpoints and factor such as race and age also contribute to variability in TSH levels.
- 4) Alterations of normal pituitary response are also common in patients with a variety of illnesses which can affect the levels of TSH.
- 5) Inter-assay variations are possible on different immunoassay platforms.

CLINICAL USE:

- 1) Diagnose Hypothyroidism and Hyperthyroidism.
- 2) Monitor T4 replacement or T4 suppressive therapy.
- 3) Quantify TSH levels in the subnormal range.
- 4) Increased levels of TSH are found in Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism, Thyroid hormone resistance.
- 5) Decreased levels of TSH are found in Grave's disease, Autoimmune thyroid hormone secretion, TSH deficiency.

(R = Rechecked, H = High, L = Low.)

--End Of Report--



Dr. Saurabh Gujrathi
M.D.(Path.)

Dr. Ashish N. Dhande
M.D.(Path.)

Dr. Nitin L. Dhande
M.D.(Path.)

Print.Date : 09-10-2021 05:31PM

Dhande Pathlab Diagnostics Pvt. Ltd

Dhande Pathlab Diagnostics Pvt. Ltd

Dhande Pathlab Diagnostics Pvt. Ltd



Patient Name: Mrs. Arati Korad

Age: 48 yrs/ Female.

Ref By: - Medi Wheel

Date: 11 Oct 2021

RADIOGRAPH OF CHEST – PA VIEW

Observation : Both the lungs are clear and the hila appear normal.
No obvious parenchymal lung lesion seen in either side.
Both costophrenic angles are clear.
Cardio-aortic silhouette has normal appearance.
Bony thorax and soft tissues appear normal.

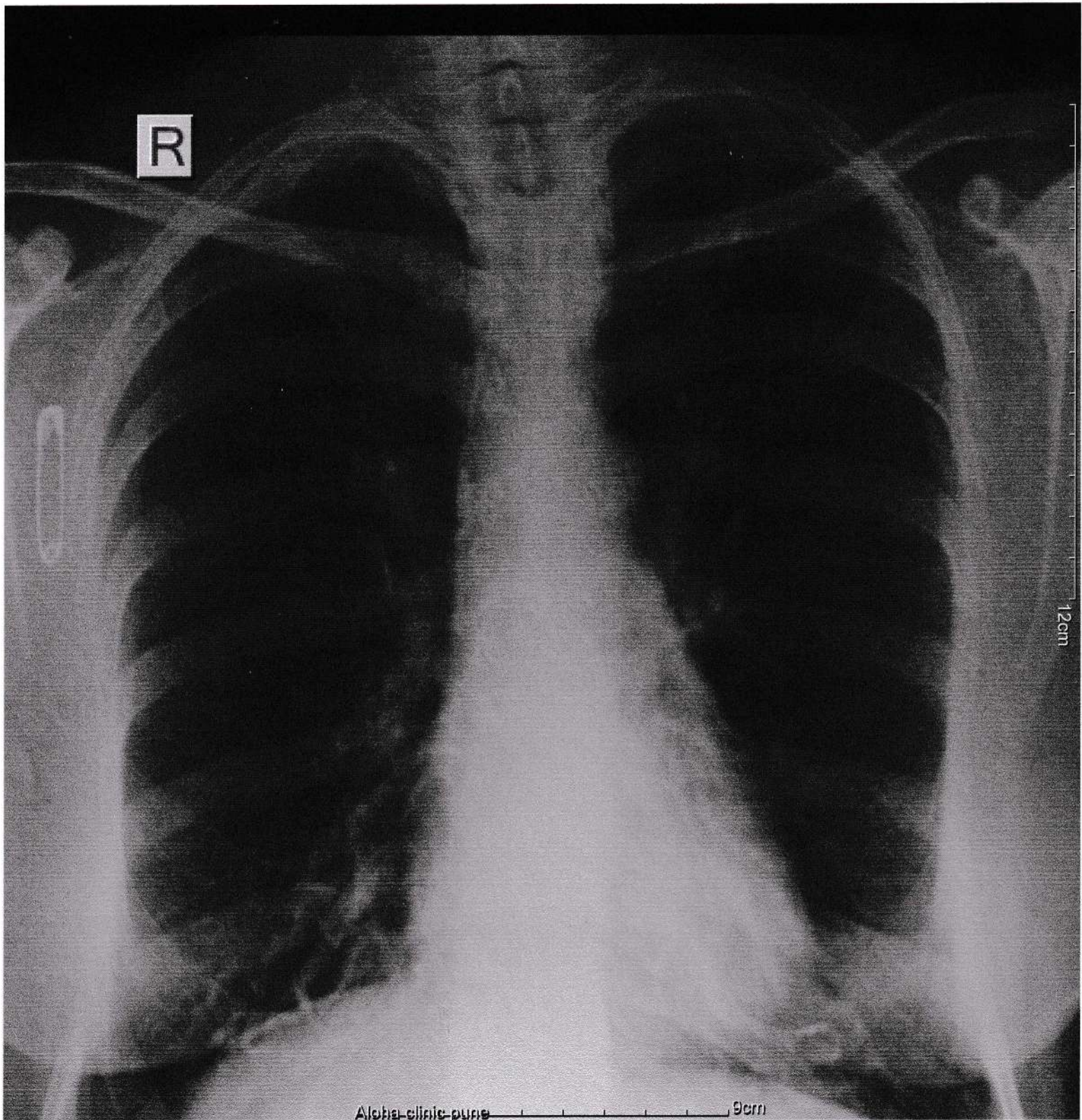
Impression : No significant abnormality noted.



Rx

Dr. Devashree Gadgil (Joshi)
MBBS, DNB (Radiology)
Consultant Radiologist





Aravind

ID : 0044

Name: *Barkh*

Korad

Sex : *Female*

Age : *48 yr*

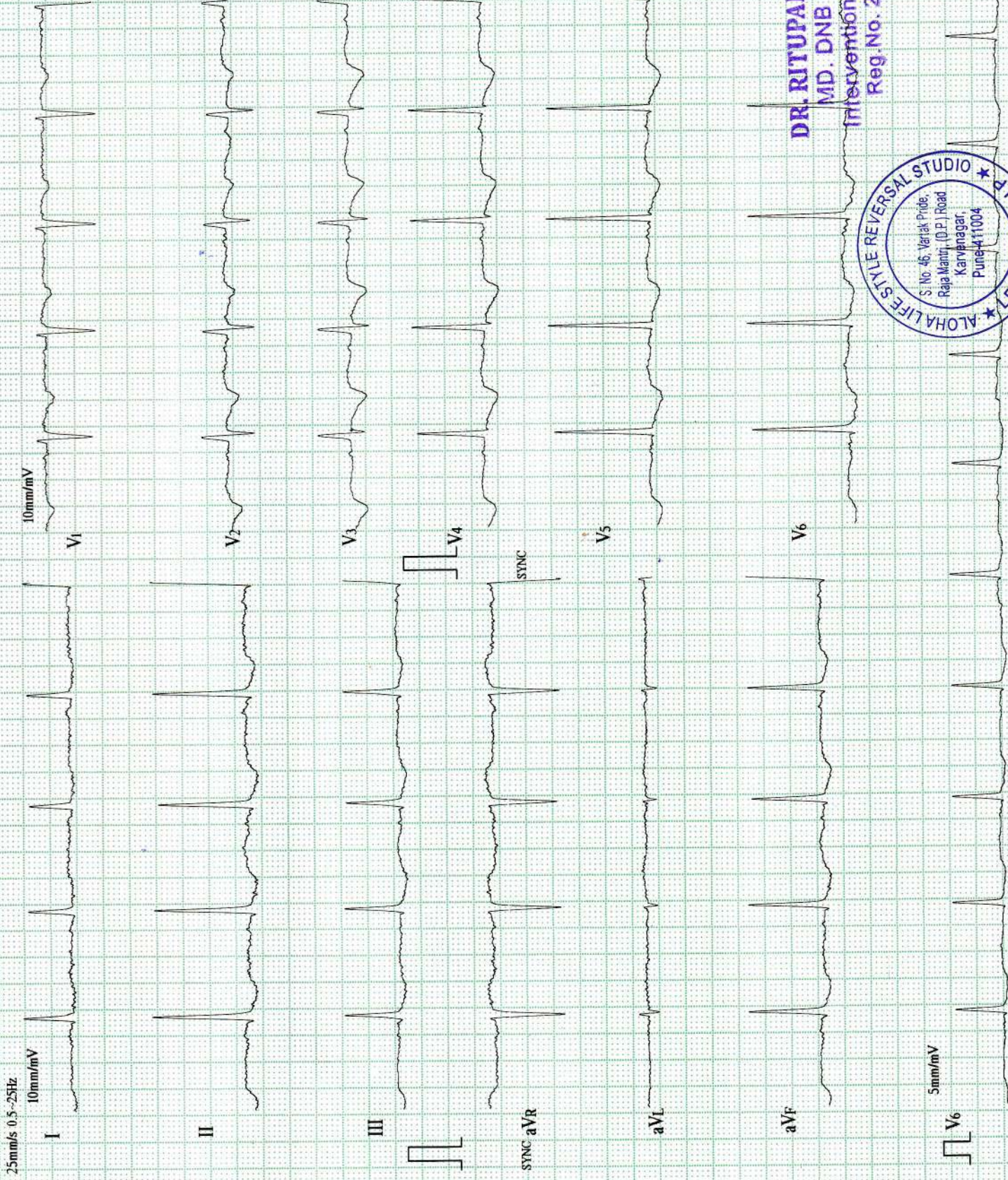
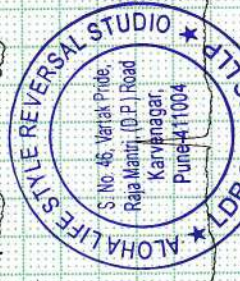
HR : 73
 R-R : 818
 P-R : 145
 QRS : 91
 QT/QTc : 409/451
 P/QRS/T : 43/62/59
 RV5/SV1 : 1.380/0.940
 RV5+SV1 : 2.820

— Sinus Rhythm

Unconfirmed report

Verified by:

DR. RITUPARNA S. SHINDE
 MD, DNB (Cardiology)
 Interventional Cardiologist
 Reg. No. 2000/02/0865



LDR Clinics LLP

Summary Report

PATIENT ID : L
PATIENT NAME : ARATI KORAD 48/F

Report time : 12:19 pm
October 09, 2021 12:05 pm

PROTOCOL : BRUCE
PATIENT HEIGHT : 165 Cm
PATIENT WEIGHT : 61.00 Kg
PATIENT ADD. :

Ref. By : Not Applicable
(Not Applicable)

Aleko Saed

OBJECT OF TEST : Routine check up
RISK FACTOR :
ACTIVITY :
MEDICATION :
BRIEF HISTORY :
OTHER INVESTIGATION :
REASON FOR TERMINATION :
EXERCISE TOLERANCE :
EXERCISE INDUCED ARRHYTHMIA :
HAEMO RESPONSE :
CHRONO RESPONSE :
FINAL IMPRESSION :

: Good effort tolerance
No angina / dyspnoea
Significant ST - T Changes Seen
Stress Test inconclusive for stress induced ischemia.

HLR
Stress test normal / coronary artery.

Dr. RITUPARNA SHINDE
MD, DNB (CARDIOLOGIST)
DR. RITUPARNA S. SHINDE
MD, DNB (Cardiology)
NASSAR'S STI W @ Spandor Road
Interventive Cardiology Unit Ver 4.20
Reg.No. 2000/02/0865



LDR Clinics LLP

Summary Report

PATIENT ID : L
 PATIENT NAME : ARATI KORAD 48/F

Report time : 12:19 pm
 October 09, 2021 12:05 pm

PROTOCOL : BRUCE
 PATIENT HEIGHT : 165 Cm
 PATIENT WEIGHT : 61.00 Kg
 PATIENT ADD. :

Ref. By : Not Applicable
 (Not Applicable)

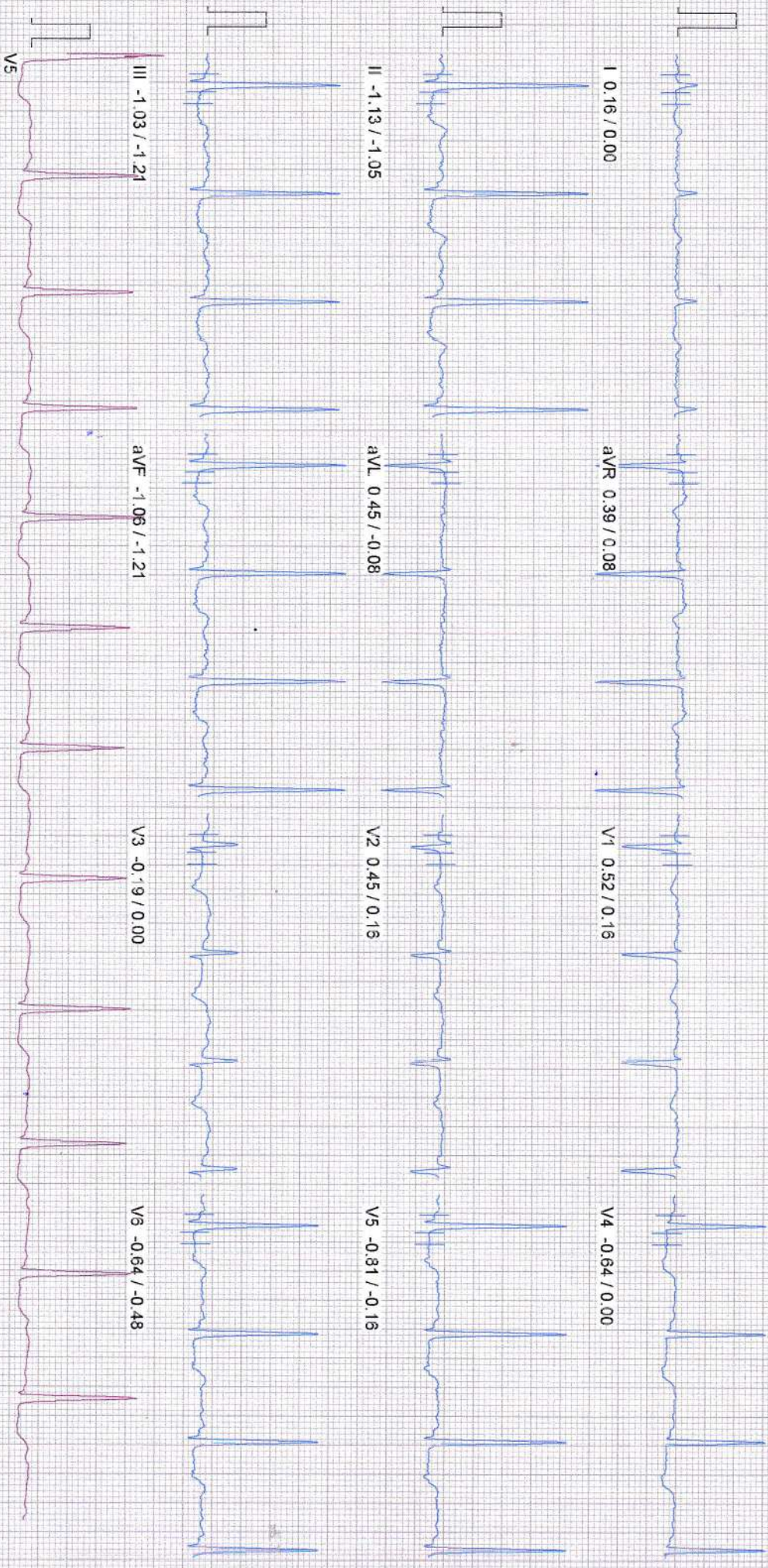
| Stage | Stage Speed (Kmph) / Time Grade (%) | HR bpm | BP mmHg | R.P.P. X 1000 | METS | ST Level I | Stage Comments |
|-------------------|--|-----------|------------|------------------|-------|---------------|----------------|
| Supine | 00:05 0.00 / 0.00 | 87 | 130 / 80 | 11 | 1.00 | 0.16 | |
| Standing | 00:05 0.00 / 0.00 | 80 | 130 / 80 | 10 | 1.00 | 0.16 | |
| Hyperventilation | 00:06 0.00 / 0.00 | 80 | 130 / 80 | 10 | 1.00 | 0.16 | |
| Wait For Exercise | 00:05 0.00 / 0.00 | 74 | 130 / 80 | 9 | 1.00 | 0.13 | |
| Exercise Stage 1 | 03:00 2.70 / 10.00 | 118 | 130 / 80 | 15 | 5.70 | -0.32 | |
| Exercise Stage 2 | 03:00 4.00 / 12.00 | 146 | 140 / 80 | 20 | 8.00 | -0.42 | |
| Peak Exercise | 02:01 5.50 / 14.00 | 173 | 140 / 80 | 24 | 10.00 | -0.58 | |
| Recovery 1 | 01:00 0.00 / 0.00 | 145 | 140 / 80 | 20 | 1.00 | 0.23 | |
| Recovery 3 | 03:00 0.00 / 0.00 | 109 | 140 / 80 | 15 | 1.00 | 0.00 | |
| Recovery 6 | 06:00 0.00 / 0.00 | 99 | 140 / 80 | 13 | 1.00 | -0.26 | |

TOTAL EXER TIME : 8 : 1 min
 MAX HR : 173 bpm (100.58 % of 172 bpm)
 MAX BP : 140 / 80 mmHg
 MAX WORKLOAD : 10.00
 DISTANCE COVERED : 0.52 Km
 DOUBLE PRODUCT : 24220.00

Dr. RITUPARNA SHINDE
MD, DNB (CARDIOLOGIST)

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg
PROTOCOL : BRUCE
STAGE : Supine
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:24 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 87 bpm BP : 130 / 80 mmHg
QRS Lead : V5 METS : 1.00



100 Hz

10mm/mv 25mm/sec

October 09, 2021

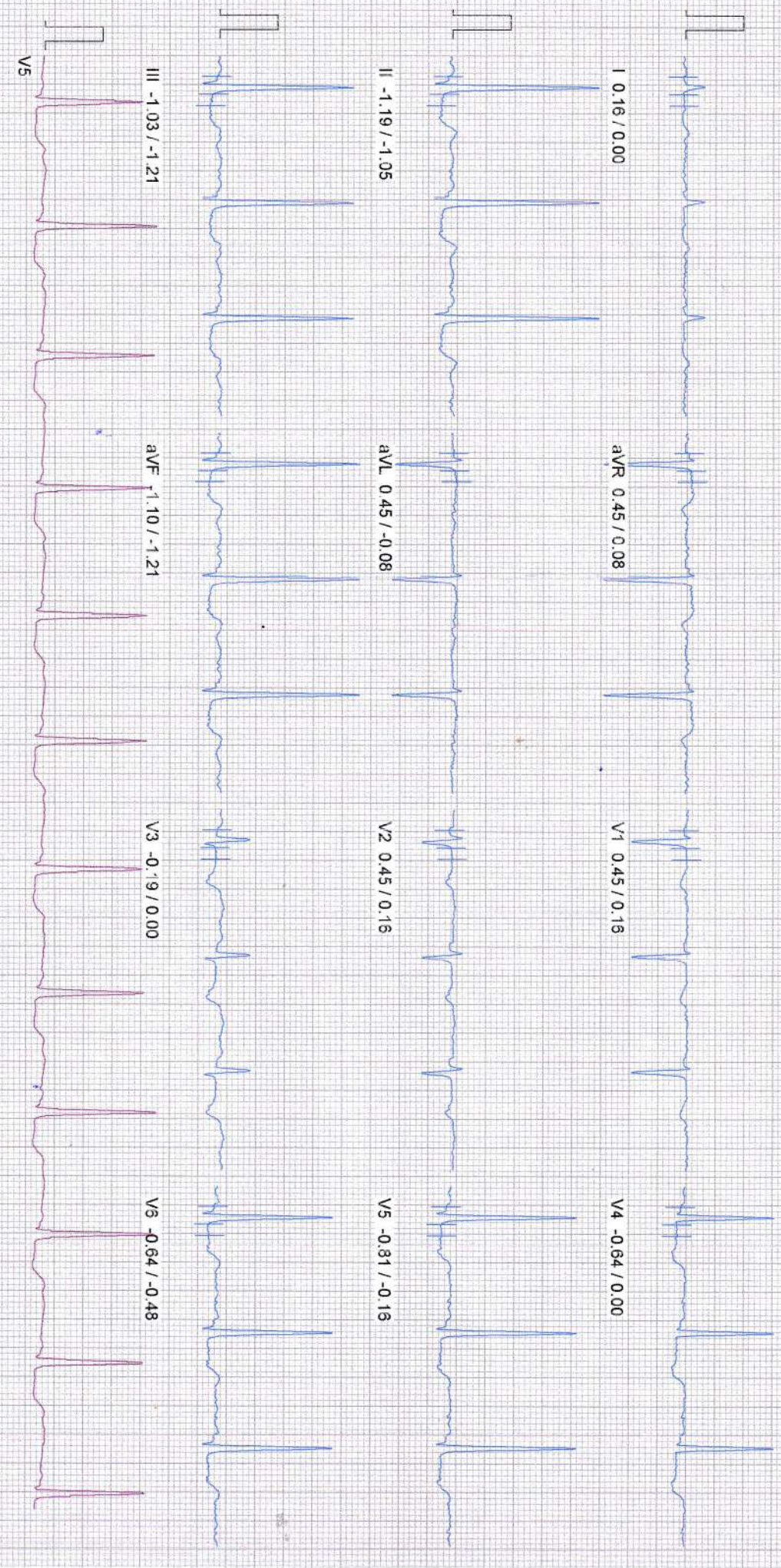
12:05 pm

Report time

12:05 pm

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg
 PATIENT NAME : ARATI KORAD 48/F
 PROTOCOL : BRUCE
 STAGE : Standing
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:32 SPEED: 0.0 kmph
 STAGE DURATION : 00:00 GRADE: 0.0
 HR : 80 bpm BP : 130 / 80 mmHg
 QRS Lead : V5 METS : 1.00

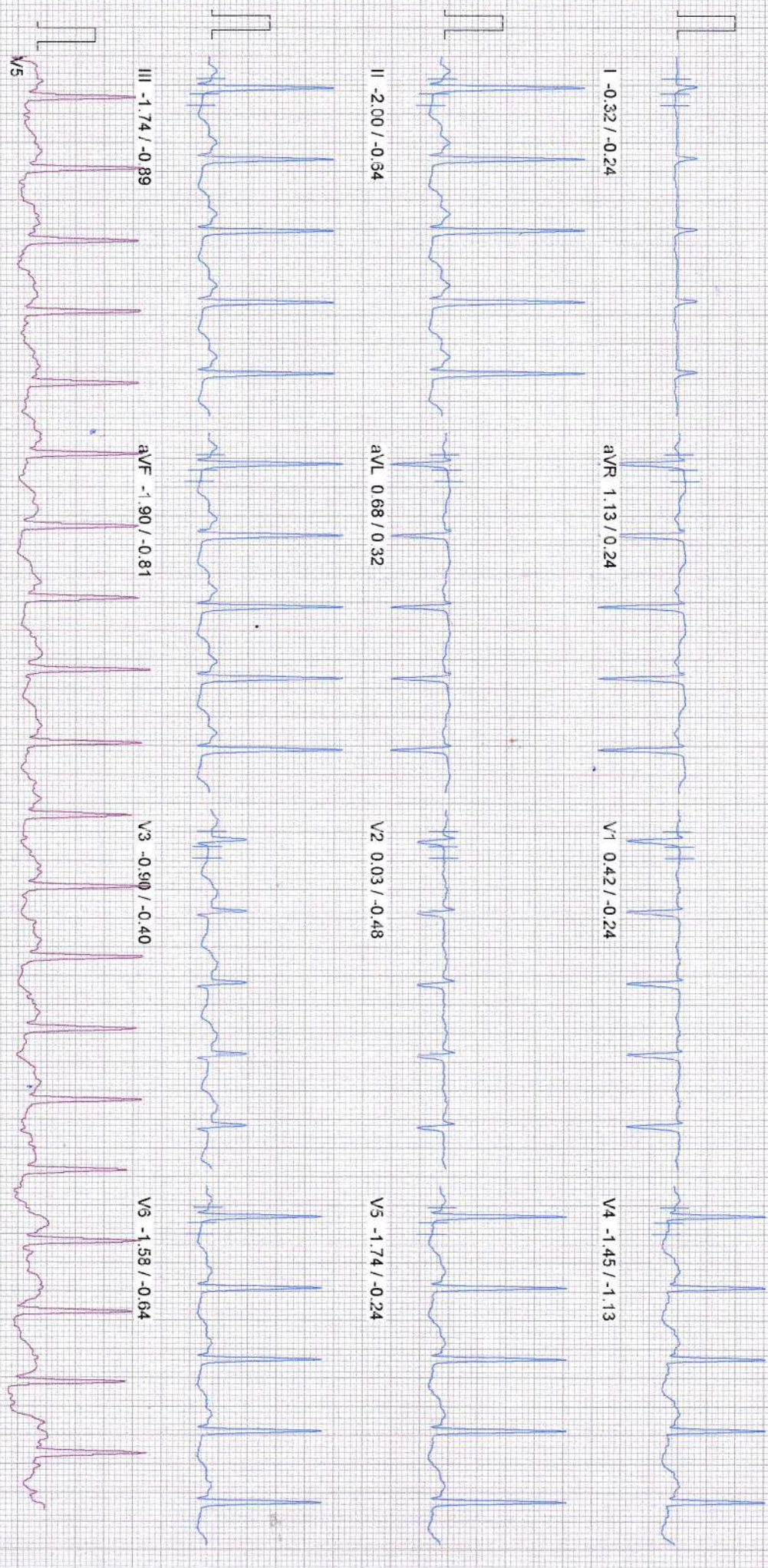


100 Hz

10mm/mv, 25mm/sec

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg
PROTOCOL : BRUCE
STAGE : Exercise Stage 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 03:00 SPEED: 2.7 kmph
STAGE DURATION : 03:04 GRADE: 10.0
HR : 118 bpm BP : 130 / 80 mmHg
QRS Lead : V5 METS : 5.10



100 Hz

10mm/mv, 25mm/sec

October 09, 2021 12:05 pm

Report time : 12:11 pm

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg
PATIENT NAME : ARATI KORAD 48/F

PROTOCOL : BRUCE
STAGE : Exercise Stage 2

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 06:00 SPEED: 4.0 kmph
STAGE DURATION : 02:56 GRADE: 12.0
HR : 146 bpm BP : 140 / 80 mmHg
QRS Lead : V5 METS : 7.10



100 Hz

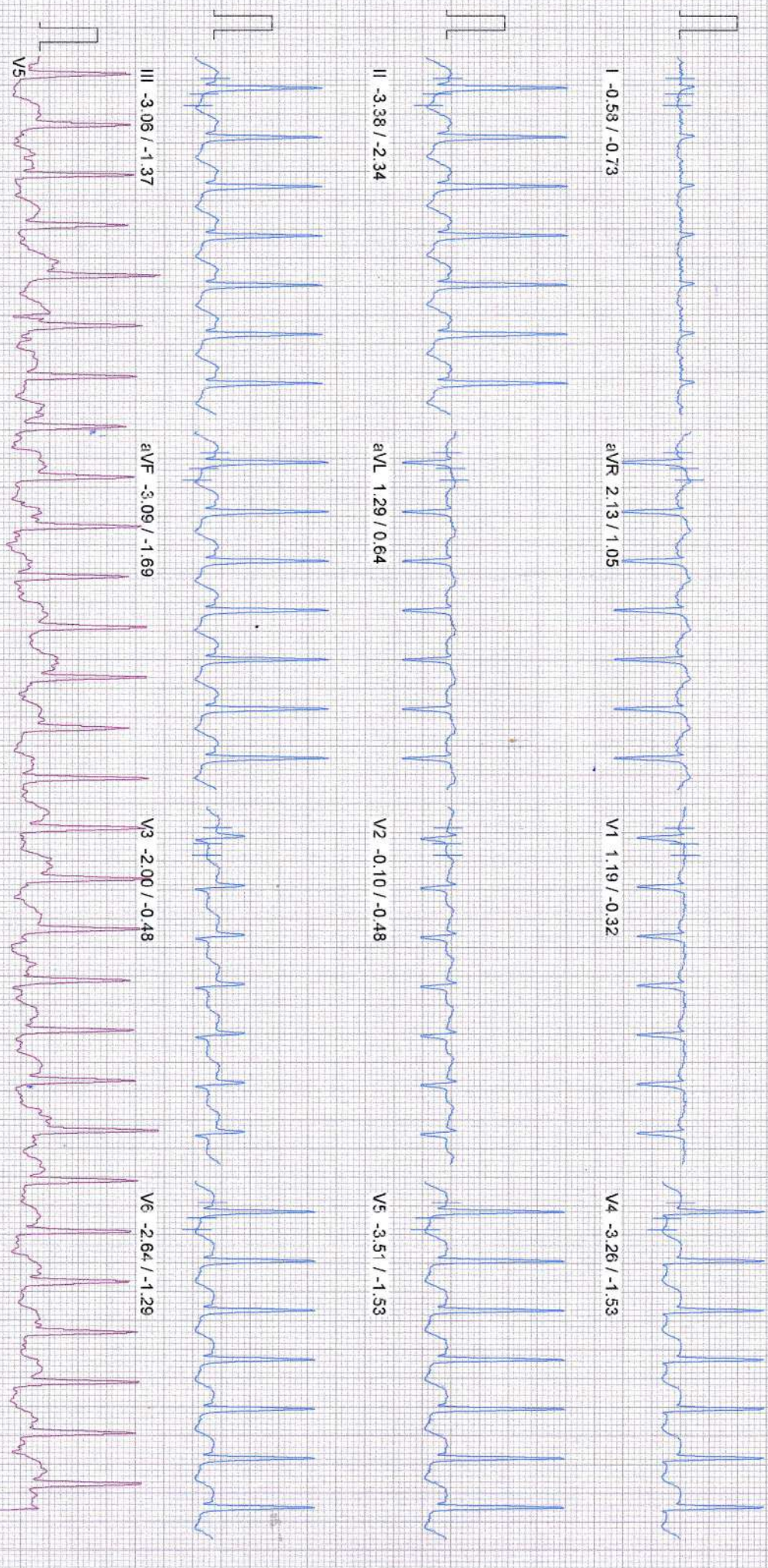
10mm/rv 25mm/sec

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg
PATIENT NAME : ARATI KORAD 48/F

PROTOCOL : BRUCE
STAGE : Peak Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

October 09, 2021 12:05 pm
Report time : 12:13 pm

PHASE TIME : 08:01 SPEED: 5.5 kmph
STAGE DURATION : 02:00 GRADE: 14.0
HR : 173 bpm BP : 140 / 80 mmHg
QRS Lead : V5 METS : 9.10



100 Hz

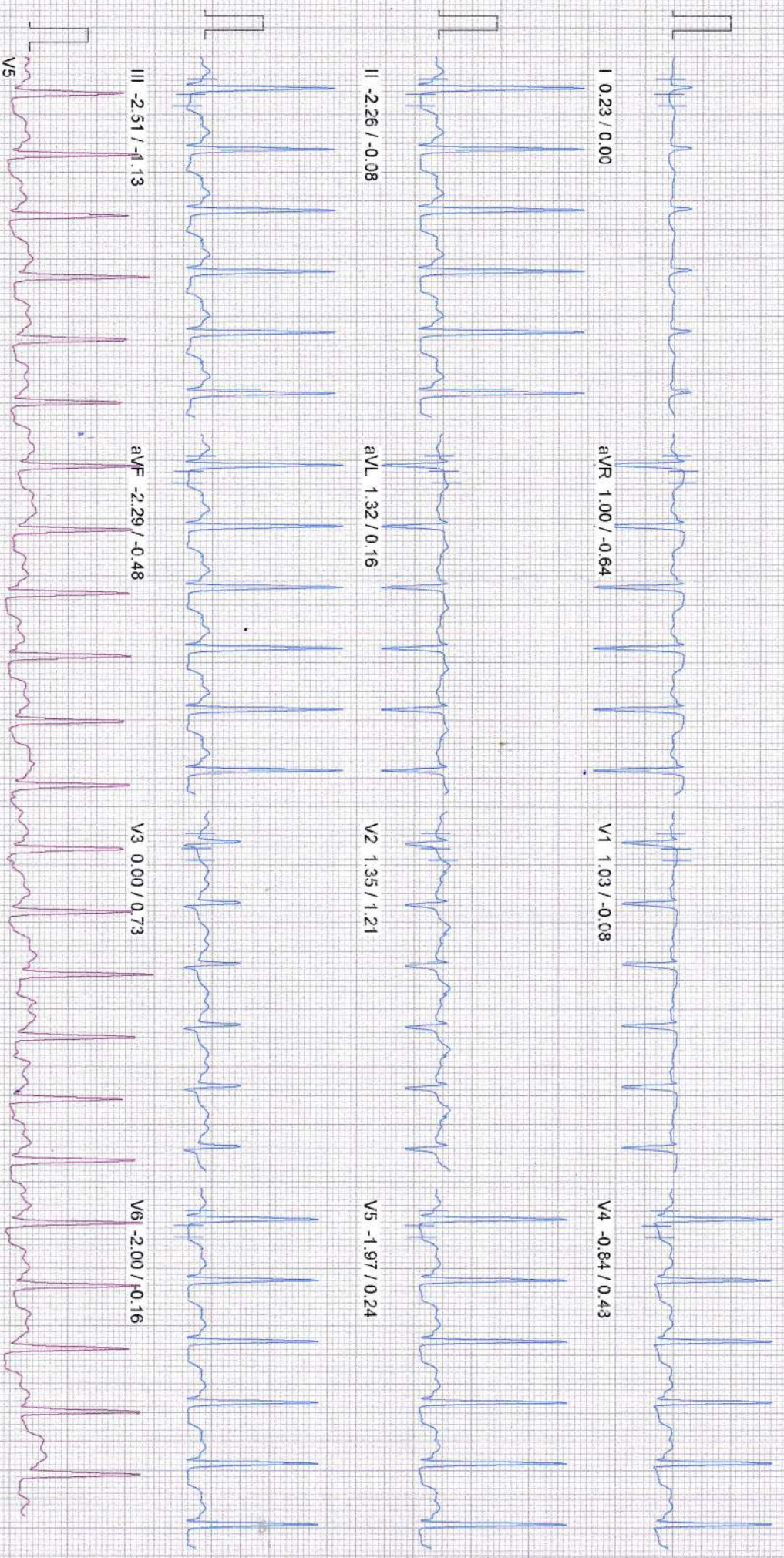
10mm/mV, 25mm/sec

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg
PATIENT NAME : ARATI KORAD 48/F

PROTOCOL : BRUCE
STAGE : Recovery 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

October 09, 2021 12:05 pm
Report time : 12:14 pm

PHASE TIME : 08:01 SPEED: 0.0 kmph
STAGE DURATION : 01:04 GRADE: 0.0
HR : 145 bpm BP : 140 / 30 mmHg
QRS Lead : V5 METS : 1.00



Comments :

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg

PATIENT NAME : ARATI KORAD 48/F

PROTOCOL : BRUCE

STAGE : Recovery 3

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

October 09, 2021 12:05 pm

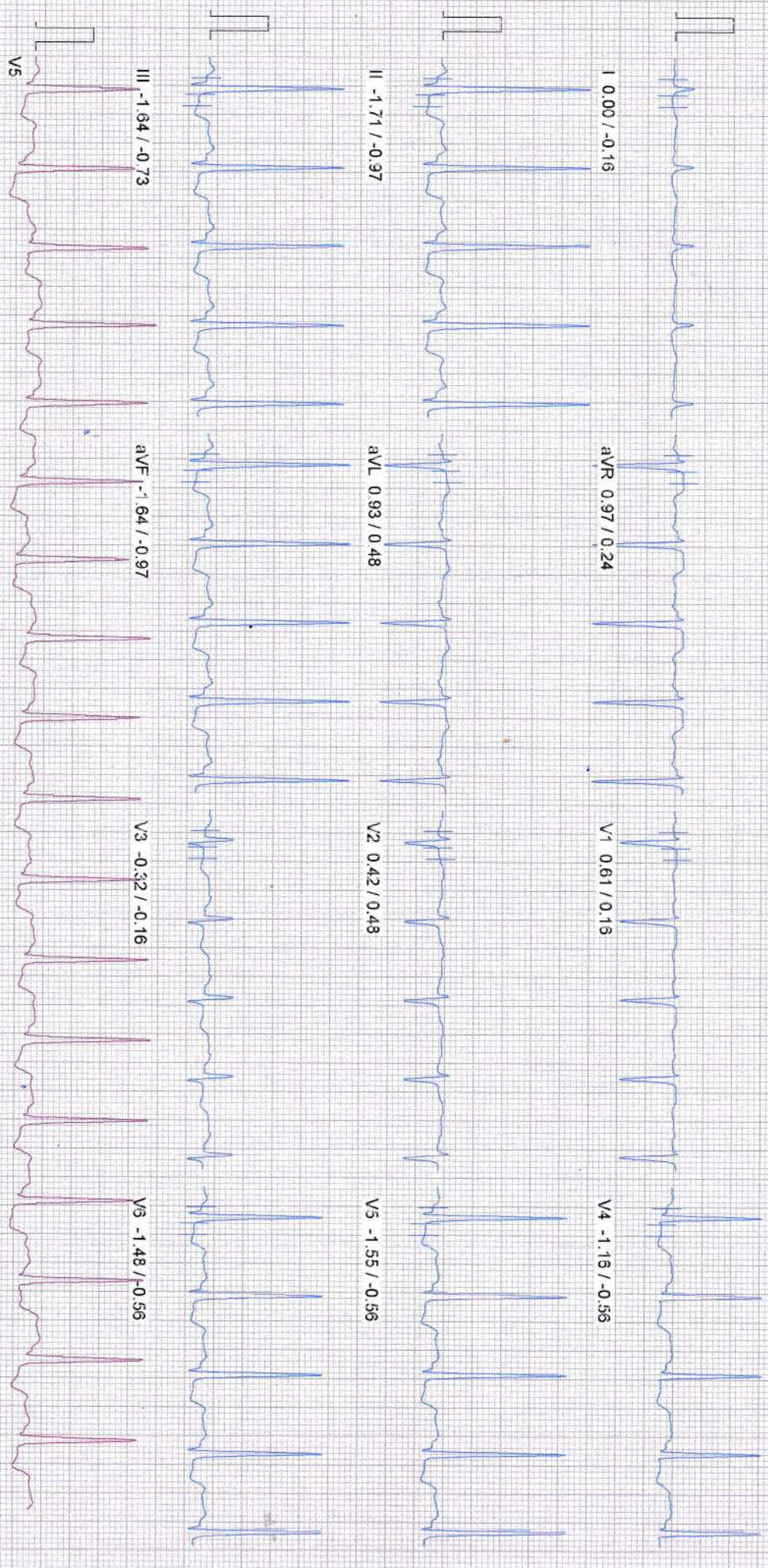
Report time : 12:16 pm

PHASE TIME : 08:01 SPEED: 0.0 kmph

STAGE DURATION : 03:04 GRADE: 0.0

HR : 109 bpm BP : 140 / 80 mmHg

QRS Lead : V5 METs : 1.00



Comments :

100 Hz

10mm/mv, 25mm/sec

PATIENT ID : L HEIGHT : 165 Cm WEIGHT : 61.00 Kg

PATIENT NAME : ARATI KORAD 48/F

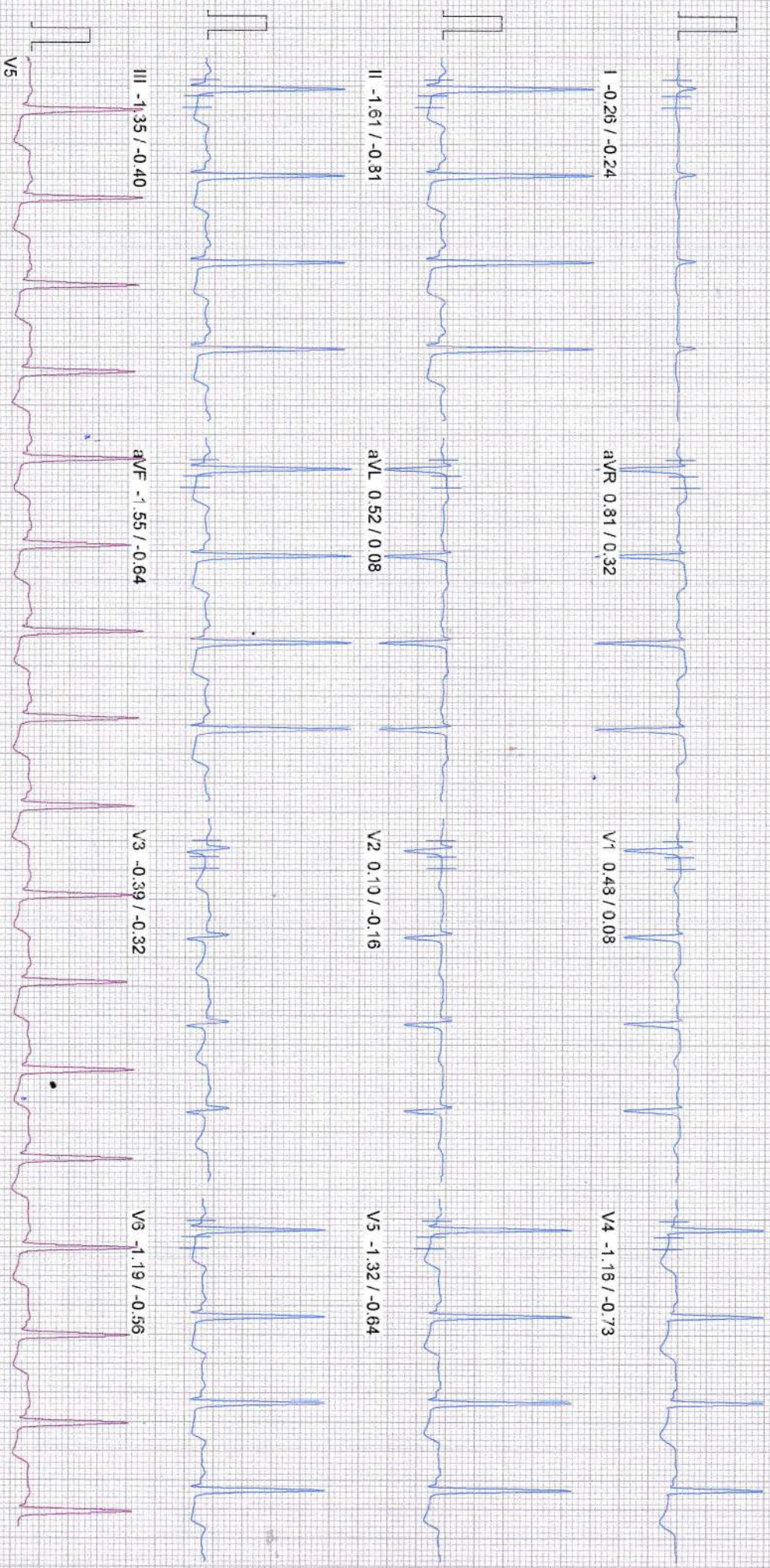
PROTOCOL : BRUCE

STAGE : Recovery 6

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

October 09, 2021 12:05 pm
Report time : 12:19 pm

PHASE TIME : 08:01 SPEED: 0.0 kmph
STAGE DURATION : 06:00 GRADE: 0.0
HR : 99 bpm BP : 140 / 80 mmHg
QRS Lead : V5 METS : 1.00



Comments :

Patient Name: MRS.ARATI KORAD
Age: 47/F

Referred By : MEDI WHEEL
Date: 09/10/2021

2D ECHOCARDIOGRAPHY / DOPPLER REPORT

| <u>Parameter</u> | <u>Value</u> | <u>Parameter</u> | <u>Value</u> |
|------------------|--------------|------------------|--------------|
| LA | 32mm | LVPWd | 11mm |
| AO | 26mm | LVIDs | 23mm |
| IVSd | 9mm | LVEF | 60% |
| LVIDd | 42mm | IVC | Normal |

LEFT VENTRICLE : Normal LV dimension
Normal LV systolic function. LVEF = 60%
No RWMA.
Normal diastolic function.

RIGHT VENTRICLE: Normal in size and function.
Left atrium and right atrium is normal.

AV VALVES: Mitral valve normal structure,
Acceptable gradients across Mitral valves and Tricuspid Valves.
Tricuspid valve regurgitation gradient is normal.
Estimated PA pressure is normal.

SL VALVES : Acceptable gradients across Aortic Valve and pulmonary valves.

IVS & IAS : Intact
No Pericardial effusion, thrombus, Vegetation
IVC: IVC not dilated and shows near total collapse.
Normal RA Pressure.

IMPRESSION : Normal LV dimension
Normal LV systolic and diastolic function. LVEF = 60%
No RWMA.
Normal PA & RA pressure.



DR. RITUPARNA S. SHINDE
MD. DNB (Cardiology)
Interventional Cardiologist
Reg.No. 2000/02/0865

