



Mr. PARIMALKUMAR PARTHSARTHI (29 /M)

UHID : AHIL.0000806345

AHC No : AHILAH168239

Date : 08/10/2022

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE



Dear Mr. PARIMALKUMAR PARTHSARTHI

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

**Personalized Health Risk Assessment (pHRA):** Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

**Health Mentor:** We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

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**ProHealth App:** You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

**Follow- Up Consultation:**

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on  
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**Disclaimer:** The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.

**Note:** You are entitled to one complimentary follow-up consultation with your ProHealth physician within a period of 1 year. Please contact your health mentor for the complimentary consult coupon code. This is available for ProHealth Super, Regal and Covid Recovery and Wellness programs

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Name : Mr. PARIMALKUMAR PARTHSARTHI (29 /M)

Address :  
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Examined by : Dr. SHASHIKANT NIGAM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

Date : 08/10/2022



UHID : AHIL.0000806345

AHC No : AHILAH168239



### Chief Complaints

For Annual health checkup  
No specific complaints

### Present Known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke



### Drug Allergy

NO KNOWN ALLERGY :08/10/2022



### Systemic Review

Cardiovascular system : - Nil Significant

Respiratory system : - Nil Significant

Oral and dental : - Nil Significant

Gastrointestinal system : - Nil Significant

Genitourinary system : - Nil Significant

Gynaec history : - Nil Significant

Central nervous system : - Nil Significant

Eyes : - Nil Significant



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ENT : - Nil Significant

Musculoskeletal system :

Spine and joints

- Nil Significant

Skin : - Nil Significant

General symptoms : - Nil Significant



### Past medical history

- Do you have any allergies? - No
- Allergies - Nil
- Past medical history - nil significant
- Covid 19 - No
- Post detection (3 Weeks) - No
- Hospitalization for Covid 19 - No



### Surgical history

Surgical history - Nil



### Personal history

- Ethnicity - Indian Asian
- Marital status - Married
- Profession - corporate employed
- Diet - Vegetarian
- Alcohol - does not consume alcohol
- Smoking - No
- Chews tobacco - No
- Physical activity - Sedentary



### Family history



Original report generated by Apollo Hospitals International

Father - alive  
 Aged - 72  
 Mother - alive  
 Aged - 65  
 Brothers - 1  
 Sisters - 1  
 Diabetes - father  
 Hypertension - father  
 Coronary artery disease - father  
 Cancer - None

**Physical Examination**



**General**

General appearance - normal  
 Build - normal  
 Height - 159  
 Weight - 56  
 BMI - 22.15  
 Pallor - No  
 Oedema - no



**Cardiovascular system**

Heart rate (Per minute) - 100  
 Rhythm - Regular  
 Systolic(mm of Hg) - 110  
 Diastolic(mm of Hg) - 70  
 - B.P. Sitting  
 Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds



**Abdomen**

Organomegaly - No



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Original Report Generated by Unit

Tenderness

- No

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**URINE FOR ROUTINE EXAMINATION**

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	5.5			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	1-2 /h.p.f			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

**COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	15	gm%	●	13.0-17.0
Packed cell volume(Calculated)	44.7	%	●	40-50
RBC COUNT (Impedance)	5.52	Million/ul	●	4.5-5.9
MCV (From RBC Histogram)	80.9	fl	●	80-100
MCH(Calculated)	27.11	pg	●	27-32
MCHC(Calculated)	33.5	%	●	31-36
RDW(Calculated)	14.3	%	●	11.5-14.5
WBC Count (Impedance)	4148	/cu mm	●	4000-11000

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Neutrophils	56	%	●	40-75
Lymphocytes	35	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	219500	/cu mm	●	150000-450000
MPV (Calculated)	9.2	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	03	mm/1st hr	●	0-15

**URINE GLUCOSE(FASTING)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**URINE GLUCOSE(POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	O Positive			

**LFT (LIVER FUNCTION TEST)**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	20	U/L	●	0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	75	U/L	●	Adult(Male): 40 - 129
AST (SGOT) - SERUM	19	U/L	●	> 1 year Male : <40
Total Bilirubin	0.662	mg/dL	●	0.300-1.200
Direct Bilirubin	0.259	mg/dL	●	Upto 0.3 mg/dl

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Indirect Bilirubin	0.403	mg/dL	●	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL
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### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.96	mg/dL	●	Adult Male: 0.6 - 1.3

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	Male : 10 - 71 Female : 6 - 42

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	83	mg/dL	●	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥ 126 : Diabetes Mellitus

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	99	mg/dL	●	70-140

### GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
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Glycosylated Hemoglobin (HbA1c)	4.7	%	●	Normal < 5.7
				%Increased risk for Diabetes 5.7 - 6.4%
				Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus  
 <7.0 : Well Controlled Diabetes  
 7.1 – 8.0 : Unsatisfactory Control  
 > 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose. 88.19

### LFT (LIVER FUNCTION TEST)

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Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.61	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.61	g/dL	●	6.00-8.00
ALBUMIN - SERUM	5.06	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	5.06	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.55		●	2.20-4.20
Globulin-Serum/Plasma	2.55		●	2.20-4.20
A/G ratio	1.98		●	1.00-2.00
A/G ratio	1.98		●	1.00-2.00

### THYROID PROFILE (T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.9	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	179	nmol/L	●	Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	2.52	µIU/mL	●	14-120 years : 0.27 - 4.20

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**URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.1 *	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7	mg/dL	●	6-20
UREA - SERUM / PLASMA	16	mg/dL	●	15 - 50

**LIPID PROFILE - SERUM**

Test Name	Result	Unit	Level	Range
Total Cholesterol	205 *	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	76	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	70	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	126	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	15		●	< 40 mg/dl
C/H RATIO	3		●	0-4.5

**X-RAY CHEST PA**

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

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**Investigations Not Done / Not Yet Reported**

**Haematology**

STOOL ROUTINE

**CARDIOLOGY**

ECHO/TMT

ECG



Within Normal Range



Borderline High/Low



Out of Range



Mr. PARIMALKUMAR PARTHSARTHI UHID : AHIL.0000806345

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**Executive Summary**



BODY WEIGHT 56 KG, IDEAL BODY 47-57 KG  
HYPERURICEMIA  
DYSLIPIDEMIA  
ECG - NORMAL  
TMT — TEST IS NEGATIVE , EXERCISE TIME 7:50 ,WORKLOAD 9.8 METS  
USG ABDOMEN - NORMAL  
X-RAY - NORMAL  
VISION – COLOUR VISION DEFICIENCY  
DENTAL - AS PER DOCTOR ADVICE

**Wellness Prescription**

**Advice On Diet :-**



BALANCED DIET  
LOW FAT DIET

**Advice On Physical Activity :-**



REGULAR 30 MINUTES WALK FOR HEALTH AND 60 MINUTES FOR WEIGHT REDUCTION  
PRACTICE YOGA AND MEDITATION  
MAINTAIN WEIGHT BETWEEN 47-57 KG

Printed By : MUKTA S ADALTI

**Dr. SHASHIKANT NIGAM**

AHC Physician / Consultant Internal Medicine

Dr. Shashikant Nigam

MBBS, MD (Gen. Med.)

Consultant Internal Medicine

Apollo Hospitals International Ltd., Gandhinagar,  
Gujarat-382428, INDIA. Regd. No.: G-21961

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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## DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

**Patient Details** : Mr. PARIMALKUMAR PARTHSARTHI | Male | 29Yr 3Mth 18Days

**UHID** : AHIL.0000806345 **Patient Location:** AHC

**Patient Identifier:** AHILAH168239



**DRN** : 222051427 **Completed on :** 08-OCT-2022 11:35

**Ref Doctor** : DR. SHASHIKANT NIGAM

### USG WHOLE ABDOMEN

#### FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 8.7 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate is normal in size and echopattern.

#### IMPRESSION :

Normal Study.

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**USG WHOLE ABDOMEN**

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

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**DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES**

**Patient Details :** Mr. PARIMALKUMAR PARTHSARTHI | Male | 29Yr 3Mth 18Days

**UHID :** AHIL.0000806345      **Patient Location:** AHC

**Patient Identifier:** AHILAH168239      

**DRN :** 122113653      **Completed on :** 08-OCT-2022 12:15

**Ref Doctor :** DR. SHASHIKANT NIGAM

**X-RAY CHEST PA**

**FINDINGS :**

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

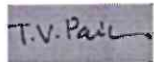
Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

**IMPRESSION**

**NORMAL STUDY.**

— END OF THE REPORT —



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**Apollo Hospitals - City Centre** (MDR, NMR, ICU)  
1, Tulshibaug Society, Nr. Parimal Garden, Ahmedabad.  
Phone : +91 79 66305800 / 01 or +91 79988 15148  
E-mail : info@ahcc@apolloahd.com

**Regd. Office**  
19, Bishop Gardens, R.A. Puram, Chennai - 600 028  
CIN No. : U85110TN1997PLCO38416 | GSTin : 21AA8CA4150H225  
For online appointment : www.askapollo.com



For online appointment : [www.askapollo.com](http://www.askapollo.com)  
Keep the records carefully and bring them along during your next visit to our Hospital



AHIL.0000806345  
Mr. PARIMALKUMAR  
PARTHSARTHI

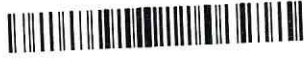
**ION RECORDS**

29 Year(s) / Male

Date :

8/10/22

Name :



806345

UHID :

M/29

Distance Vision :

cglasses.

No eye complaints/disease  
at present

Right Eye -

6/6

Left Eye -

6/6

Near Vision :

Right Eye :

N6

Left Eye :

APLN.TN - Right Eye

Left Eye-

mmHg

Both Eye - Colour Vision

Normal • Colour Vision Deficiency ⊕

Both Eye - Anterior Segment Examinations -

WNL

Both Eye Posterior Segment Examinations -

(undilated)

BS Disc ± mild  
temp pallor  
FR

Doctor's Signature

Ophthalmologist Name

Adv. S. Vit Bp

**DENTISTRY**

Name : .....  
Occupation : .....  
Age : ..... Sex :  Male  Female

Date : 08/10/22 Unit No. : .....  
Ref. Physician : .....  
Copies to : .....

**DENTAL RECORD**

ALLERGIES : - N/A

PAIN : Score (0-10) 0 Location : - Character : -

DENTAL CLEANING HABIT  Once  Twice  Occasionally  
 Brush  Finger  Stick  Any other  
 Tooth Paste  Powder  Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH?  Yes  No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD?  Yes  No

ORAL HYGIENE  Good  Fair  Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION
NORMAL FINDINGS IN DISEASE	MILD MOD SEV	CLASS I II III CROSSBITE
Lips : Cheeks : Tongue : Floor of the mouth : Palate : Tonsillar Area : Any other :	Gingivitis <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> Calculus <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> Recession <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Periodontal Pockets <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Attrition <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Erosion <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mobility <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hypoplasia Impaction <u>- 5/6</u> Non-vital <u>8/8</u> Fracture Abscess Ulcers Caries Missing Teeth Supernumerary Others

PRESENT COMPLAINT :

Occasional bleeding in gums

PRE-MEDICAL HISTORY:

DM  HTN  Thyroid  Acidity  Pregnancy  
 Anticoagulant  Under Drug Therapy

- N/A -

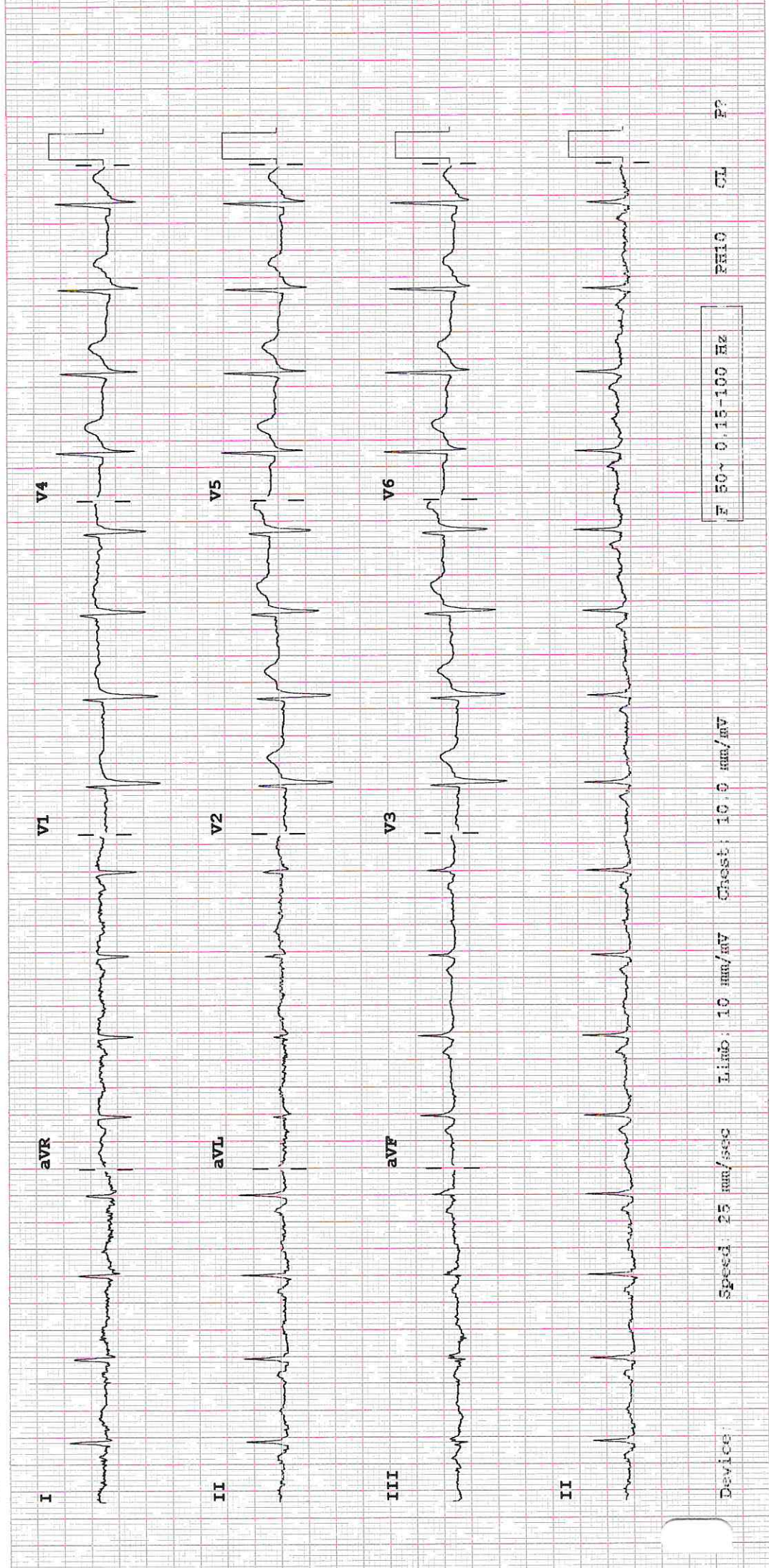
Unknown

Rate 97

PR 140  
QRS 75  
QT 330  
QTc 419

--AXIS--  
P 69  
QRS 51  
T 18

12 Lead; Standard Placement



Speed: 25 mm/sec    Limb: 10 mm/mV    Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

PH10    CL    F?