

Reminder your health checkup booking is tomorrow

Govind G <PARASHU.G@bankofbaroda.com>

2024 01 26

Apolloclinic <system@apolloclinic.com>

Outlook for Android

From: Mediwheel <wellness@mediwheel.in>

Sent: Saturday, January 13, 2024, 1:20 AM

To: Parashu Govind G

Cc: customer.care@mediwheel.in

Subject: Reminder your health checkup booking is tomorrow

You don't often get email from wellness@mediwheel.in. [Learn why this is important.](#)

****सावधान: यह मेल बैंक डॉमेन के बाहर से आया है। अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी लिंक पर क्लिक न करें या अटैचमेंट न खोलें।**
****CAUTION: THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO NOT CLICK ON LINKS OR OPEN ATTACHMENTS U**

Dear MR. G PARASHU GOVIND,

This is a gentle reminder that your health checkup is scheduled for tomorrow as per the below particular. Please visit the center at any time.

Please follow the following instructions. Please call us at 011-41195959 if you face any issues.

Booking Date : 11/01/2024
Health Check up Name : Mediwheel Full Body Health Checkup Male Below 40
Health Check Code : PKG10000474
Name of Diagnostic/Hospital : Apollo clinic - Kalidasa Road Mysore
Address of Diagnostic/Hospital : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore -570002
Appointment Date : 13/01/2024
Preferred Time : 8:00am-9:00am
Package Name : Mediwheel Full Body Health Checkup Male Below 40

Tests included in this Package :

- Stool Test
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile

Thanks,
Mediwheel Team

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अवधीकरण: ***** यह ईमेल (किसी भी संलग्नक सहित) केवल अपेक्षित प्राप्तकर्ताओं के उपयोग के लिए है और इसमें ऐसी सामग्री हो सकती है जो कंपनी की गोपनीय और निजी सूचना हो. दुसरो द्वारा इसमें कोई भी संशोधन या इसे आखर बनाना या इस संदेश की कितनी भी या सभी सामग्री को कॉपी करना या वितरित करना या अर्पित करना पूरी तरह से वर्जित है. यदि आप अपेक्षित प्राप्तकर्ता नहीं हैं, तो कृपया ईमेल द्वारा संबंधित प्रेषक से संपर्क करें और सभी प्रतियां हटा दें. इस संबंध में आपका सहयोग वांछनीय है.

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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of PARASHU G on 13/01/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. _____ recommended 	
<ul style="list-style-type: none"> Unfit 	

Dr. [Signature]
Medical Officer
The Apollo Clinic, Mysore

Apollo Health and Lifestyle Limited

100, Apollo Towers, Bangalore - 560025

APOLLO CLINIC - 100, Apollo Towers, Bangalore - 560025

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This certificate is not meant for medical purposes.

Apollo Clinic

23, 1st Floor,

Kalldasa Road, Mysore - 02

Ph: 0821-400607/31

1860 500 7788

Date : 13-01-2024
 MR NO : CMYS 0000059243
 Name : Mr. PARASHU G
 Age/ Gender : 38 Y / Male

Department : GENERAL
 Doctor : Dr. Umesh H B
 Registration No : 67084
 Qualification : M.B.B.S. MD

Consultation Timing: 09:43

Height : 168	Weight : 77.8	BMI :	Waist Circum :
Temp :	Pulse : 74/4	Resp : 18/4	B.P : 110/80

General Examination /
 Allergies History

Clinical Diagnosis & Management Plan

ACB ↑
 TSH ↑ 8.58
 1
 CUS / RC / PA | NAD

Ad
 T Thyronorm 75 mg 1 bottle
 for
 T Bontantin plus (15)
 500
 T ACT D3 box
 Once a week (5)

Regular Encoun

Follow up date :


 Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Date : 13-01-2024
 MR NO : CMYS.0000059243
 Name : Mr. PARASHU G
 Age/ Gender : 38 Y / Male

Department : GENERAL
 Doctor :
 Registration No :
 Qualification :

Consultation Timing: 09:43

Height : 168	Weight : 71.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /
 Allergies History

Clinical Diagnosis & Management Plan

	<u>Rt eye</u>	<u>lf eye</u>
Near vision	6/6	6/6
Distant vision	6/6	6/9
Close vision	(N)	(N)

Follow up date :

Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Date : 13-01-2024
MR NO : CMYS.0000059243

Department : GENERAL
Doctor :

Name : Mr. PARASHU G
Age/ Gender : 38 Y / Male

Registration No : Dr. Praveen Kumar
Qualification : M.D. ENT

Consultation Timing: 09:43

Height : 168	Weight : 71.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Come for nasal issues check

Snowy evaluation HxLO OSA

Ear : bilateral fine - normal

nose : nasal mass @

oral cavity & oropharynx. @

neck @

to Home sleep study

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kallidasa Road, Bangalore - 02
Ph : 0821-4006210/41

Date : 13-01-2024
MR NO : CMYS.0000059243

Department : GENERAL Dietetics
Doctor : Madhura . B . P

Name : Mr. PARASHU G

Registration No :

Age/ Gender : 38 Y / Male

Qualification : M.Sc Nutrition & Dietetics
PhD

Consultation Timing: 09:43

IBW - 68kg

Height : 168	Weight : 71.8	BMI : 25 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /
Allergies History


Triglycerides - 160
HDL - 31
VLDL - 32.01
ALT (SGPT) - 48
TSH - 8.08

Clinical Diagnosis & Management Plan

- k/clo - Thyroidal
- Advised low fat diet with fiber rich foods.
 - Use skimmed / toned milk instead of whole fat milk.
 - Avoid cruciferous vegetables like cabbage, cauliflower, broccoli & spinach and soy products.
 - Chart is given.

Follow up date :

Doctor Signature


B.P
13/01/2024

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4000000, 02

Name-
Age-
Height-
Weight-
BMI

IBW-

Department- Dietetics

Name- Madhura B P

Qualification- M.Sc Nutrition & Dietetic
PhD*

- ~~Advised~~
- Do not skip any of the meals, take small frequent meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables on regular basis.
- Include nuts like Almond, Walnuts and dry-fruits like dried dates and raisins regularly.
- Include seeds like Flax seeds, Pumpkin seeds, Sunflower seeds, Sesame seeds and watermelon seeds- 1 teaspoon each and dry roasted.
- Avoid 5 white slow poisons like Sugar, Salt, Maida, Baking soda and creams.
- Cooking oil- ½ litre/person/month.
- Use combination of oils like Rice bran oil, Groundnut oil, Sesame oil, Mustard oil/ Coconut oil and Ghee. Change the oil every month or 2 months. But do not mix the oils.
- Drink at least 2-3 liters of water in a day.
- Skimmed or toned milk can be used on regular basis. Since it's a rich source of protein and low in calories.
- Avoid Butter, Vanaspati and Dalda.
- Avoid deep-fried foods, Biscuits, Cookies, Bakery products, Pastries, Papad, packed and processed foods, chocolates, Alcohol, caffeine and carbonated beverages.
- Avoid junk foods like Pizza and Burger.

Dietician's signature

- B P
13/01/2024

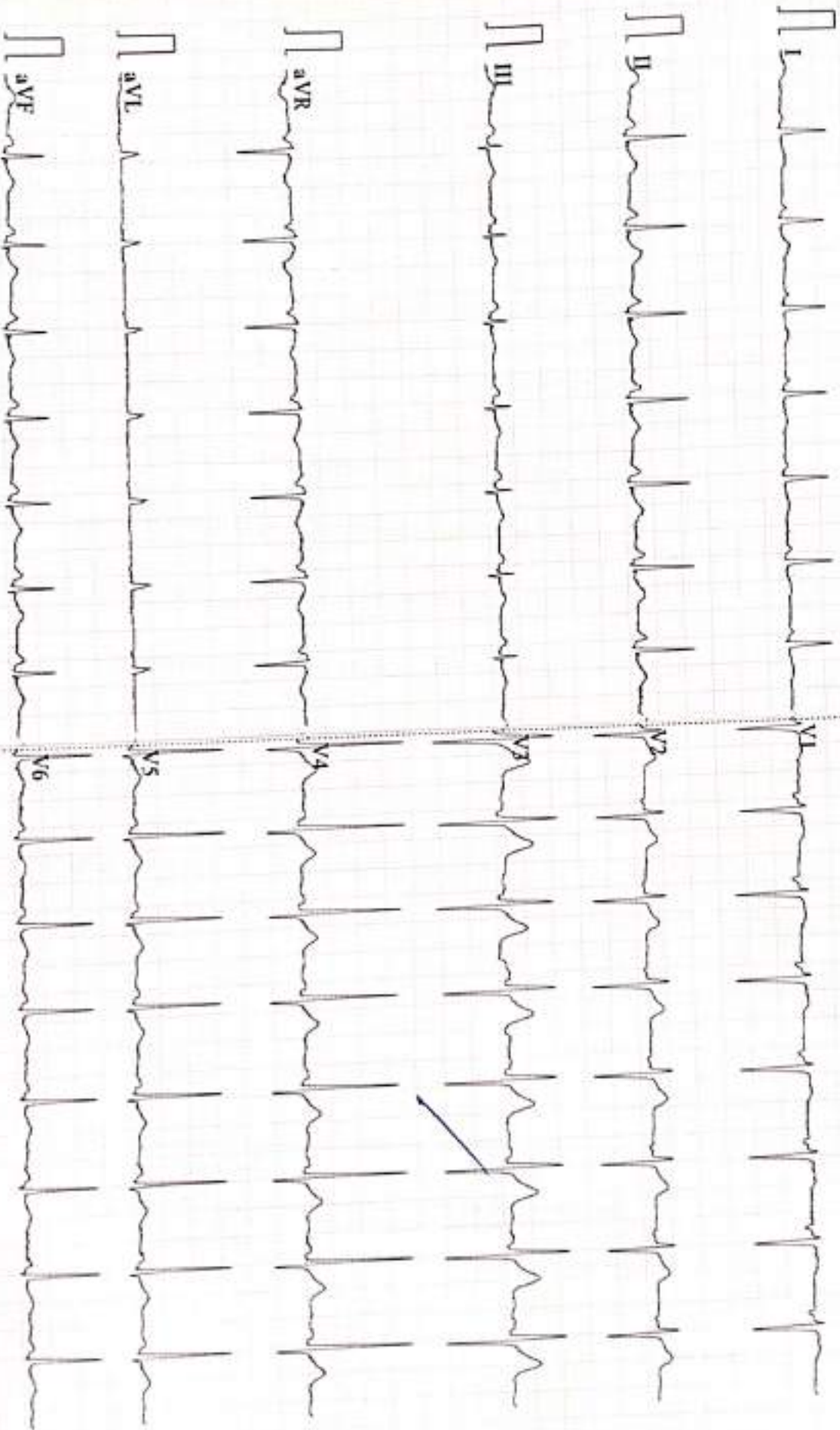
ID: 59243
MR PARASHU G
Male 38Years
168cm 71kg 110/80 mmHg

13-01-2024 12:02:42 PM

Diagnosis Information:

Unconfirmed Report.

Apollo Clinic
23, 1st Floor,
Kallada Road, Mysore - 02
Ph : 0821-4006040/41



0.5-45Hz AC50 25mm/s 10mm/mV 2*5.0s 94 CARDIART

D V1.43 Glasgow V28.60 APOLLO CLINIC MYSURU

Patient Name : Mr. PARASHU G
UHID : CMYS.0000059243
Reported on : 13-01-2024 16:44
Adm/Consult Doctor :

Age : 38 Y M
OP Visit No : CMYSOPV121329
Printed on : 13-01-2024 16:56
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION : NORMAL STUDY.

Pradeep

Printed on: 13-01-2024 16:44

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

CIN : U65110TG2000PLC115819

Regd Office : 10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph No: 1601 4004 7777 Fax No: 4104 7744 | Email ID: enquiry@apolloah.com | www.apolloah.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Saranahalli | Bellandur | Electronic City | Fraser Town | MSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
Koramangala | Sarjapur Road | Mysore: (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Scanned with CamScanner

Patient Name: Mr. Prashu G	Date: 13.01.2024	Doctor: Dr. Self
Age / Sex : 35yrs / Male	UHID No : 59243	OP:
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 91x44 mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 96x42mm with parenchymal thickness of 13mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It measures 27x31x2831mm with a volume of 13 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep
Dr. Pradeep Kumar C N, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

CIN: U51107TG2020PLC115819

Corporate Office: 1-10-66/12, Aashika Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: 040 404 7777 | Fax No: 404 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

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Mysore: Jayashree Road | Mysore IVV Mohalla

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name : Mr.Parashu G	Age & Sex; 38Yrs /Male
Date : 13.01.2024	UHID No:59243

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function, EF 69 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

CIN: U65110TG2000PLC115819

Regd Office: 1, 10-10-62, Ashoka Raghupathi Chambers, 3rd Floor, Begumpet, Hyderabad-500016

Ph No: (040) 4904 7777, Fax No: 4904 7788 | Email ID: enquiry@apolloh.com | www.apolloh.com

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Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

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Patient's Name : Mr.Parashu G Date : 13.01.2024	Age & Sex; 38Yrs /Male UHID No:59243
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Measurements

AO : 2.5 cm
 LA : 2.5 cm

RV : 2.3 cm
 LVIDd : 4.25 cm
 LVIDs : 2.60 cm
 IVSd : 0.98 cm
 IVSs : 1.43 cm
 PWd : 1.14 cm
 PWs : 1.30 cm
 EF : 69.0 %
 FS : 38.0 %

Doppler
 MV TV AV PV
 E 0.73 m/s E --- m/s V max 0.98 m/s V max 0.95 m/s
 :
 A: 0.34 m/s A --- m/s

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Apollo Health and Lifestyle Limited

CIN: U65110TG2000PLC115819
 Regd. Office: T-10-H-62, Ashoka Raghupathi Chambers, 5th Floor Begumpet, Hyderabad, Telangana - 500 016
 Ph No: 041 4904 7777 Fax No: 4904 7744 (Email ID: enquiry@apolloh.com) www.apolloh.com

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 Marathahalli | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name	: Mr. PARASHU G	Age/Gender	: 38 Y/M
UHID/MR No.	: CMYS.0000059243	OP Visit No	: CMYSOPV121329
Sample Collected on	:	Reported on	: 16-01-2024 11:00
LRN#	: RAD2207730	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 76107		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 91x44 mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 96x42mm with parenchymal thickness of 13mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

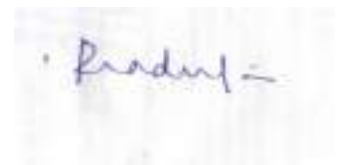
PROSTATE: It measures 27x31x28mm with a volume of 13 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

ADRENAL: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C N, DNB
Consultant Radiologist.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Patient Name	: Mr. PARASHU G	Age/Gender	: 38 Y/M
UHID/MR No.	: CMYS.0000059243	OP Visit No	: CMYSOPV121329
Sample Collected on	:	Reported on	: 13-01-2024 16:44
LRN#	: RAD2207730	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 76107		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

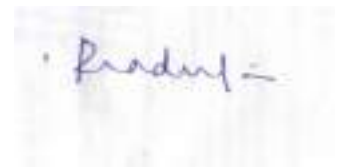
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 05:40PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	16.6	g/dL	13-17	Spectrophotometer
PCV	48.90	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.19	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	94	fL	83-101	Calculated
MCH	32	pg	27-32	Calculated
MCHC	34	g/dL	31.5-34.5	Calculated
R.D.W	11.2	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,900	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	53.8	%	40-80	Electrical Impedance
LYMPHOCYTES	39.2	%	20-40	Electrical Impedance
EOSINOPHILS	2	%	1-6	Electrical Impedance
MONOCYTES	4.6	%	2-10	Electrical Impedance
BASOPHILS	0.4	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3712.2	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2704.8	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	138	Cells/cu.mm	20-500	Calculated
MONOCYTES	317.4	Cells/cu.mm	200-1000	Calculated
BASOPHILS	27.6	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	285000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

R.B.C: Majority are normocytic normochromic.

W.B.C: normal in number with normal morphology and distribution.



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240009683



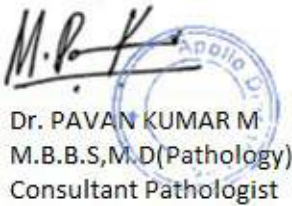
Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 05:40PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Platelets: normal in number and are seen in singles and clumps.
Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240009683




Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 11:27AM
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Emp/Auth/TPA ID : 76107	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240009683



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 11:17AM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 12:25PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	101	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



Dr. PAVAN KUMAR M
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Consultant Pathologist

SIN No:PLF02089628



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 12:32PM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 03:55PM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 05:54PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	115	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



Dr. PAVAN KUMAR M
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SIN No:PLP1408361



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 04:00PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	148	mg/dl	0-200	CHOD
TRIGLYCERIDES	160	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	31	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	117	mg/dL	<130	Calculated
LDL CHOLESTEROL	85.02	mg/dL	<100	Calculated
VLDL CHOLESTEROL	32.01	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.78		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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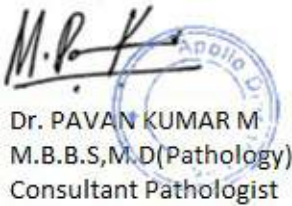
SIN No:SE04600232



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 04:00PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324



Dr. PAVAN KUMAR M
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Consultant Pathologist

SIN No:SE04600232



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	1.47	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.42	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	1.05	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	48	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	30.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	77.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.70	g/dl	6.4-8.3	Biuret
ALBUMIN	4.76	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.94	g/dL	2.0-3.5	Calculated
A/G RATIO	1.62		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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SIN No:SE04600232



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 11:39AM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 01:27PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	0.97	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	7.56	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	8.080	µIU/mL	0.35-4.94	CMIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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SIN No: SPL24006470



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 11:39AM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 01:27PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324



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Consultant Pathologist

SIN No:SPL24006470



Patient Name : Mr.PARASHU G	Collected : 13/Jan/2024 10:15AM
Age/Gender : 38 Y 7 M 25 D/M	Received : 13/Jan/2024 01:57PM
UHID/MR No : CMYS.0000059243	Reported : 13/Jan/2024 03:19PM
Visit ID : CMYSOPV121329	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 76107	

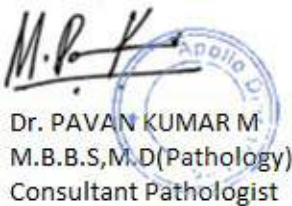
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NIL		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



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SIN No:UF010201

