

Name : Mr. SOURAV DAS (33 /M)

Date : 01/07/2022

Address : 93,SETH COLONY,PANIHAATI,SODPUR,PS-KHARDAHA, KOLKATA, KOLKATA,  
WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001524754

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS  
WITH TMT/ECHO)

AHC No : AMHLAH151159



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Itching & rash off & on - on SOS medication.  
C/O Excessive sweating at night.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma  
Hyperuricemia : Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:01/07/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms -  
flatulence; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Tab. Febutaz (40mg).



### Past medical history

Past medical history - nil significant

Covid 19 - Yes



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

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Smoking - No  
Chews tobacco - No  
Physical activity - Active

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - yes

### Family history

Father - has expired  
Mother - alive  
Brothers - 1  
Diabetes - father  
Hypertension - mother  
Coronary artery disease - none  
Cancer - father

### Central nervous system

- No neurological deficit

### Eyes

Eye vision - PGVA(BE):6/9, N6

## PHYSICAL EXAMINATION

### General

Build - Healthy  
Height - 172 Cm  
Weight - 71 Kg  
BMI - 24  
Pallor - No  
Oedema - no

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

### Cardiovascular system

Heart rate (Per minute) - 78  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 76  
Heart sounds - S1S2+

### Ophthalmology consultation

Ophthalmology findings - ACCEPTANCE  
RE -4.50/-0.75X160\*DVA6/6  
LE -4.75/-1.50X160\*DVA6/6  
ADVICE \*Glass use regularly\* Review after 1 year/SOS

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.3	g/dl	●	13.0-17.0
RBC COUNT	5.04	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.7	%	●	41-53
MCV	88.6	fl	●	83-101
MCH	30.3	pg	●	27-32
MCHC	34.2	%	●	31.5-34.5
RDW	12.8	%	●	11.8-14.0
WBC Count	6300	/cu mm	●	4000-10000
Platelet Count	2.39	lacs/cu mm	●	1.5-4.0
Neutrophils	65	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	107 *	U/L	●	10-40
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	70	U/L	●	53-128
AST (SGOT) - SERUM	54 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	163	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	34	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GLUCOSE - PLASMA (FASTING) 85 mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 1.7 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.3 *	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	41	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	111	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	11	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.3	µg/dL	●	5.1-14.1

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Grade-I fatty liver.
- \* Gall bladder polyp noted.

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	79	mg/dL	●	0-150

**Haematology**

STOOL ROUTINE  
URINE SUGAR - POST PRANDIAL (QUALITATIVE)

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range

**Biochemistry**

GLUCOSE - PLASMA (POST PRANDIAL)

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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