

DIAGNOSTICS REPORT

Patient Name	: Mrs. ANITA DHYANI	Order Date	: 28/10/2023 09:17
Age/Sex	: 51 Year(s)/Female	Report Date	: 28/10/2023 13:12
UHID	: SHHM.77741	IP No	:
Ref. Doctor	: Self	Facility	: SEVENHILLS HOSPITAL, MUMBAI
		Mobile	: 9913710199
Address	: 1301 BANK OF BARODA FLAT BUL NO 4, POWAI,Mumbai, Maharashtra, 400072		

2D ECHOCARDIOGRAPHY WITH COLOUR DOPPLER STUDY

Normal LV and RV systolic function.

Estimated LVEF = 60%

No LV regional wall motion abnormality at rest .

All valves are structurally and functionally normal.

Normal sized cardiac chambers.

No LV Diastolic dysfunction .

No pulmonary arterial hypertension.

No regurgitation across any other valves.

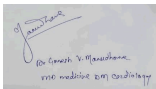
Normal forward flow velocities across all the cardiac valves.

Aorta and pulmonary artery dimensions: normal.

IAS / IVS: Intact.

No evidence of clot, vegetation, calcification, pericardial effusion.

COLOUR DOPPLER: NO MR/AR.



Dr.Ganesh Vilas Manudhane
M.ch,MCH/DM

RegNo: 2011/06/1763

LABORATORY INVESTIGATION REPORT

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Episode	: OP	Mobile No	: 9913710199
Ref. Doctor	: Self	DOB	: 07/01/1972
	:	Facility	: SEVENHILLS HOSPITAL, MUMBAI

Blood Bank

Test Name	Result		
Sample No : 00296475A	Collection Date : 28/10/23 10:03	Ack Date : 28/10/2023 12:50	Report Date : 28/10/23 14:53

BLOOD GROUPING/ CROSS-MATCHING BY SEMI AUTOMATION

BLOOD GROUP (ABO)

' O '

Rh Type

POSITIVE

Method - Column Agglutination

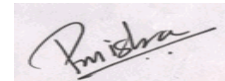
REMARK: THE REPORTED RESULTS PERTAIN TO THE SAMPLE RECEIVED AT THE BLOOD CENTRE.

Interpretation:

Blood typing is used to determine an individual's blood group, to establish whether a person is blood group A, B, AB, or O and whether he or she is Rh positive or Rh negative. Blood typing has the following significance,

- Ensure compatibility between the blood type of a person who requires a transfusion of blood or blood components and the ABO and Rh type of the unit of blood that will be transfused.
- Determine compatibility between a pregnant woman and her developing baby (fetus). Rh typing is especially important during pregnancy because a mother and her fetus could be incompatible.
- Determine the blood group of potential blood donors at a collection facility.
- Determine the blood group of potential donors and recipients of organs, tissues, or bone marrow, as part of a workup for a transplant procedure.

End of Report



Dr. Pooja Vinod Mishra
MD Pathology

Jr Consultant Pathologist, MMC Reg No.
2017052191

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HAEMATOLOGY

Test Name	Result	Unit	Ref. Range
Sample No : O0296475A	Collection Date : 28/10/23 10:03	Ack Date : 28/10/2023 10:42	Report Date : 28/10/23 12:41

COMPLETE BLOOD COUNT (CBC) - EDTA WHOLE BLOOD

Total WBC Count	9.26	x10 ³ /ul	4 - 10
Neutrophils	43.7	%	40 - 80
Lymphocytes	36.0	%	20 - 40
Eosinophils	15.0 ▲ (H)	%	1 - 6
Monocytes	4.9	%	2 - 10
Basophils	0.4 ▼ (L)	%	1 - 2
Absolute Neutrophils Count	4.04	x10 ³ /ul	2 - 7
Absolute Lymphocytes Count	3.34	x10 ³ /ul	0.8 - 4
Absolute Eosinophils Count	1.40 ▲ (H)	x10 ³ /ul	0.02 - 0.5
Absolute Monocytes Count	0.45	x10 ³ /ul	0.12 - 1.2
Absolute Basophils Count	0.03	x10 ³ /ul	0 - 0.1
RBCs	4.57	x10 ⁶ /ul	4.5 - 5.5
Hemoglobin	13.1	gm/dl	12 - 15

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Hematocrit	38.9 ▼ (L)	%	40 - 50
MCV	85.2	fl	83 - 101
MCH	28.7	pg	27 - 32
MCHC	33.7	gm/dl	31.5 - 34.5
RED CELL DISTRIBUTION WIDTH-CV (RDW-CV)	12.2	%	11 - 16
RED CELL DISTRIBUTION WIDTH-SD (RDW-SD)	39.9	fl	35 - 56
Platelet	258	x10 ³ /ul	150 - 410
MPV	12.5	fl	6.78 - 13.46
PLATELET DISTRIBUTION WIDTH (PDW)	16.3	%	9 - 17
PLATELETCRIT (PCT)	0.322 ▲ (H)	%	0.11 - 0.28
Comment	RBC- NORMOCHROMIC,NORMOCYTIC WBC-EOSINOPHILIA PLATELET-ADEQUATE		

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*Method:-
 HB Colorimetric Method.
 RBC/PLT Electrical Impedance Method.
 WBC data Flow Cytometry by Laser Method.
 MCV,MCH,MCHC,RDW and rest parameters - Calculated.
 All Abnormal Haemograms are reviewed confirmed microscopically.*

NOTE: Wallach's Interpretation of Diagnostic Tests. 11th Ed, Editors: Rao LV. 2021

NOTE :-

The International Council for Standardization in Haematology (ICSH) recommends reporting of absolute counts of various WBC subsets for clinical decision making. This test has been performed on a fully automated 5 part differential cell counter which counts over 10,000 WBCs to derive differential counts. A complete blood count is a blood panel that gives information about the cells in a patient's blood, such as the cell count for each cell type and the concentrations of Hemoglobin and platelets. The cells that circulate in the bloodstream are generally divided into three types: white blood cells (leukocytes), red blood cells (erythrocytes), and platelets (thrombocytes). Abnormally high or low counts may be physiological or may indicate disease conditions, and hence need to be interpreted clinically.

ERYTHROCYTE SEDIMENTATION RATE (ESR)

ESR	67 ▲ (H)	mm/hr	0 - 20
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Method: Westergren Method

INTERPRETATION :-

ESR is a non-specific phenomenon, its measurement is clinically useful in disorders associated with an increased production of acute-phase proteins. It provides an index of progress of the disease in rheumatoid arthritis or tuberculosis, and it is of considerable value in diagnosis of temporal arteritis and polymyalgia rheumatica. It is often used if multiple myeloma is suspected, but when the myeloma is non-secretory or light chain, a normal ESR does not exclude this diagnosis.

An elevated ESR may occur as an early feature in myocardial infarction. Although a normal ESR cannot be taken to exclude the presence of organic disease, the vast majority of acute or chronic infections and most neoplastic and degenerative diseases are associated with changes in the plasma proteins that increased ESR values.

The ESR is influenced by age, stage of the menstrual cycle and medications taken (corticosteroids, contraceptive pills). It is especially low (0-1 mm) in polycythaemia, hypofibrinogenaemia and congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis, or sickle cells. In cases of performance enhancing drug intake by athletes the ESR values are generally lower than the usual value for the individual and as a result of the increase in haemoglobin (i.e. the effect of secondary polycythaemia).

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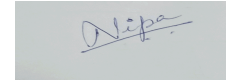
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End of Report



Dr.Nipa Dhorda

MD

Pathologist

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Biochemistry

Test Name	Result	Unit	Ref. Range
Sample No : O0296475A	Collection Date : 28/10/23 10:03	Ack Date : 28/10/2023 10:42	Report Date : 28/10/23 13:30

<u>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</u>			
HbA1c <i>Method - BIOCHEMISTRY</i>	5.44	%	4 to 6% Non-diabetic 6.0--7.0% Excellent control 7.0--8.0% Fair to good control 8.0--10% Unsatisfactory control ABOVE 10% Poor control
Estimated Average Glucose (eAG) <i>Method - Calculated</i>	109.43	mg/dl	90 - 126

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NOTES :-

1. HbA1c is used for monitoring diabetic control. It reflects the mean plasma glucose over three months
2. HbA1c may be falsely low in diabetics with hemolytic disease. In these individuals a plasma fructosamine level may be used which evaluates diabetes over 15 days.
3. Inappropriately low HbA1c values may be reported due to hemolysis, recent blood transfusion, acute blood loss, hypertriglyceridemia, chronic liver disease. Drugs like dapsone, ribavirin, antiretroviral drugs, trimethoprim, may also cause interference with estimation of HbA1c, causing falsely low values.
4. HbA1c may be increased in patients with polycythemia or post-splenectomy.
5. Inappropriately higher values of HbA1c may be caused due to iron deficiency, vitamin B12 deficiency, alcohol intake, uremia, hyperbilirubinemia and large doses of aspirin.
6. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
7. Any sample with >15% HbA1c should be suspected of having a hemoglobin variant, especially in a non-diabetic patient. Similarly, below 4% should prompt additional studies to determine the possible presence of variant hemoglobin.
8. HbA1c target in pregnancy is to attain level <6 % .
9. HbA1c target in paediatric age group is to attain level < 7.5 %.

Method : turbidimetric inhibition immunoassay (TINIA) for hemolyzed whole blood

Reference : American Diabetes Associations. Standards of Medical Care in Diabetes 2015

GLUCOSE-PLASMA-FASTING

Glucose,Fasting	92.96	mg/dl	70 - 110
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American Diabetes Association Reference Range :

Normal : < 100 mg/dl

Impaired fasting glucose(Prediabetes) : 100 - 126 mg/dl

Diabetes : >= 126 mg/dl

References:

1)Pack Insert of Bio system

2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interpretation :-

Conditions that can result in an elevated blood glucose level include: Acromegaly, Acute stress (response to trauma, heart attack, and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism, Pancreatitis.

A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be seen with: Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin (insulinomas), Starvation.

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<u>Lipid Profile</u>			
Total Cholesterol	276.28	mg/dl	Reference Values : Up to 200 mg/dL - Desirable 200-239 mg/dL - Borderline High >240 mg/dL - High
Triglycerides	94.53	mg/dl	Reference Values: Up to 150 mg/dL - Normal 150-199 mg/dL - Borderline High 200-499 mg/dL - High >500 mg/dL - Very High
<i>Method - Enzymatic</i>			
HDL Cholesterol	53.55	mg/dl	0 - 60
<i>Method - Enzymatic immuno inhibition</i>			
LDL Cholesterol	203.82 ▲ (H)	mg/dl	0 - 130
<i>Method - Calculated</i>			
VLDL Cholesterol	18.91	mg/dl	0 - 40
<i>Method - Calculated</i>			
Total Cholesterol / HDL Cholesterol Ratio - Calculated	5.16 ▲ (H)	RATIO	0 - 5
<i>Method - Calculated</i>			

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LDL / HDL Cholesterol Ratio - Calculated <i>Method - Calculated</i>	3.81	RATIO	0 - 4.3
References: 1)Pack Insert of Bio system 2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018 Interpretation 1. Triglycerides: When triglycerides are very high greater than 1000 mg/dL, there is a risk of developing pancreatitis in children and adults. Triglycerides change dramatically in response to meals, increasing as much as 5 to 10 times higher than fasting levels just a few hours after eating. Even fasting levels vary considerably day to day. Therefore, modest changes in fasting triglycerides measured on different days are not considered to be abnormal. 2. HDL-Cholesterol: HDL- C is considered to be beneficial, the so-called "good" cholesterol, because it removes excess cholesterol from tissues and carries it to the liver for disposal. If HDL-C is less than 40 mg/dL for men and less than 50 mg/dL for women, there is an increased risk of heart disease that is independent of other risk factors, including the LDL-C level. The NCEP guidelines suggest that an HDL cholesterol value greater than 60 mg/dL is protective and should be treated as a negative risk factor. 3. LDL-Cholesterol: Desired goals for LDL-C levels change based on individual risk factors. For young adults, less than 120 mg/dL is acceptable. Values between 120-159 mg/dL are considered Borderline high. Values greater than 160 mg/dL are considered high. Low levels of LDL cholesterol may be seen in people with an inherited lipoprotein deficiency and in people with hyperthyroidism, infection, inflammation, or cirrhosis.			
<u>Uric Acid (Serum)</u>			
Uric Acid <i>Method - Uricase</i>	4.7	mg/dl	2.6 - 6
References: 1)Pack Insert of Bio system 2) TIETZ Textbook of Clinical chemistry and Molecular Diagnostics Edited by: Carl A. burtis, Edward R. Ashwood, David e. Bruns Interpretation:- Uric acid is produced by the breakdown of purines. Purines are nitrogen-containing compounds found in the cells of the body, including our DNA. Increased concentrations of uric acid can cause crystals to form in the joints, which can lead to the joint inflammation and pain characteristic of gout. Low values can be associated with some kinds of liver or kidney diseases, Fanconi syndrome, exposure to toxic compounds, and rarely as the result of an inherited metabolic defect (Wilson disease).			
<u>Liver Function Test (LFT)</u>			
SGOT (Aspartate Transaminase) - SERUM	32.24 ▲ (H)	IU/L	0 - 31

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<i>Method - IFCC</i>			
SGPT (Alanine Transaminase) - SERUM <i>Method - IFCC</i>	37.55 ▲ (H)	IU/L	0 - 34
Total Bilirubin - SERUM <i>Method - Diazo</i>	0.7	mg/dl	0 - 2
Direct Bilirubin - - SERUM <i>Method - Diazotization</i>	0.15	mg/dl	0 - 0.4
Indirect Bilirubin - Calculated <i>Method - Calculated</i>	0.55	mg/dl	0.1 - 0.8
Alkaline Phosphatase - SERUM <i>Method - IFCC AMP Buffer</i>	116.24 ▲ (H)	IU/L	0 - 105
Total Protein - SERUM <i>Method - Biuret</i>	7.9 ▲ (H)	gm/dl	6 - 7.8
Albumin - SERUM <i>Method - Bromo Cresol Green(BCG)</i>	4.88	gm/dl	3.5 - 5.2
Globulin - Calculated <i>Method - Calculated</i>	3.02	gm/dl	2 - 4
A:G Ratio <i>Method - Calculated</i>	1.62	:1	1 - 3
Gamma Glutamyl Transferase (GGT) - Gglutamyl carboxy nitroanilide - SERUM <i>Method - G glutamyl carboxy nitroanilide</i>	16.45	IU/L	0 - 38

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Interperatation :-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Elevated levels results from increased bilirubin production (eg hemolysis and ineffective erythropoiesis); decreased bilirubin excretion (eg; obstruction and hepatitis); and abnormal bilirubin metabolism (eg; hereditary and neonatal jaundice). conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of hemolytic or pernicious anemia, transfusion reaction & a common metabolic condition termed Gilbert syndrome.

AST levels increase in viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. Ast levels may also increase after a heart attack or strenuous activity. ALT is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. Elevated ALP levels are seen in Biliary Obstruction, Osteoblastic Bone Tumors, Osteomalacia, Hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, paget`s disease, Rickets, Sarcoidosis etc.

Elevated serum GGT activity can be found in diseases of the liver, Biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-including drugs etc.

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom`s disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic - Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

Renal Function Test (RFT)

Urea - SERUM <i>Method - Urease</i>	25.69	mg/dl	15 - 39
BUN - SERUM <i>Method - Urease-GLDH</i>	12.00	mg/dl	4 - 18
Creatinine - SERUM <i>Method - Jaffes Kinetic</i>	0.82	mg/dl	0.5 - 1.1

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Interpretation:-

The blood urea nitrogen or BUN test is primarily used, along with the creatinine test, to evaluate kidney function in a wide range of circumstances, to help diagnose kidney disease, and to monitor people with acute or chronic kidney dysfunction or failure. It also may be used to evaluate a person's general health status.

GLUCOSE-PLASMA POST PRANDIAL

Glucose, Post Prandial	105.51	mg/dl	70 - 140
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American Diabetes Association Reference Range :

Post-Prandial Blood Glucose:

- Non- Diabetic: Up to 140mg/dL
- Pre-Diabetic: 140-199 mg/dL
- Diabetic : >200 mg/dL

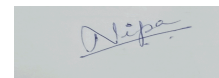
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Dr. Nipa Dhorda
MD
Pathologist

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SONOMAMMOGRAPHY:

Ultrasonographic examination was done using a high frequency transducer.

Multiple prominent tubular anechoic structures representing prominent ducts noted in the bilateal retroareolar region.

No abnormal mass or focal abnormality is detected in either breast.

No ductal dilatation seen.

No axillary adenopathy is seen.

IMPRESSION

·Prominent ducts in the bilateal retroareolar region.



Dr.Priya Vinod Phayde
MBBS,DMRE

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Urinalysis

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Sample No : 00296475D	Collection Date : 28/10/23 10:03	Ack Date : 28/10/2023 10:55	Report Date : 28/10/23 14:49

<u>Physical Examination</u>			
QUANTITY	30	ml	
Colour	Pale Yellow		
Appearance	Clear		
DEPOSIT	Absent		Absent
pH	Acidic		
Specific Gravity	1.010		
<u>Chemical Examination</u>			
Protein	Trace		Absent
Sugar	Absent		Absent
ketones	Absent		Absent
Occult Blood	NEGATIVE		Negative
Bile Salt	Absent		Absent
Bile Pigments	Absent		Absent

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Urobilinogen	Normal		Normal
NITRATE	Absent		Absent
LEUKOCYTES	POSITIVE (+)		Absent
<u>Microscopic Examination</u>			
Pus cells	4-6	/HPF	
Epithelial Cells	2-3	/HPF	
RBC	Absent	/HPF	Absent
Cast	Absent	/LPF	Absent
Crystal	Absent	/HPF	Absent
Amorphous Materials	Absent		Absent
Yeast	Absent		Absent
Bacteria	Absent		Absent
<u>URINE SUGAR AND KETONE (FASTING)</u>			
Sugar	Absent		
ketones	Absent		
<u>URINE SUGAR AND KETONE (PP)</u>			
Sugar	Absent		

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ketones

Absent

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DIAGNOSTICS REPORT

Patient Name	: Mrs. ANITA DHYANI	Order Date	: 28/10/2023 09:17
Age/Sex	: 51 Year(s)/Female	Report Date	: 30/10/2023 10:57
UHID	: SHHM.77741	IP No	:
Ref. Doctor	: Self	Facility	: SEVENHILLS HOSPITAL, MUMBAI
		Mobile	: 9913710199
Address	: 1301 BANK OF BARODA FLAT BUL NO 4, POWAI,Mumbai, Maharashtra, 400072		

X-RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

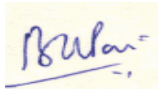
The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

IMPRESSION: No pleuroparenchymal lesion is seen.



Dr. Bhujang Pai
MBBS, MD

Consultant

SEVENHILLS HOSPITAL

MAROL, ANDHERI EAST
MUMBAI, MAHARASHTRA

TREADMILL TEST REPORT

ANITA DRYANI.
ID : 47562
DATE : 20/10-2021
AGE/SEX : 51 / F
HT/WT : 151 / 56
REF. BY : SELF

PROTOCOL : Bruce
HISTORY : NIL
INDICATION : NIL
MEDICATION : NIL

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/HR	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS	
								II	V1	V5		
WARMING UP												
EXERCISE	2:55	0:47	2.7	10	65	118 / 80	76	0.2	0.3	0.1	4.67	
1	5:55	2:55	4	12	68	118 / 80	80	0.2	0.3	0.1	7.04	
2	6:38	2:55	5.4	14	73	118 / 80	86	0.2	0.2	0	7.71	
VERY	8:15	1:12			103	118 / 80	121	-0.4	0.1	-0.9		
					120	127 / 88	152	-1.3	0.5	-0.9		
					148	127 / 88	187	-2.2	0.7	-1.5		
					96	127 / 88	121	-1.4	0.5	-1		

RESULTS

EXERCISE DURATION : 6:38
MAX HEART RATE : 148 bpm
MAX BLOOD PRESSURE : 127 / 88 mm Hg
REASON OF TERMINATION : THR ACHIEVED.

BP RESPONSE :
ARRHYTHMIA :
H.R. RESPONSE :

IMPRESSIONS

GOOD EFFORT TOLERANCE
NORMAL CHRONOTROPIC AND
IONOTROPIC RESPONSES.
NO ANGINA / ARRHYTHMIA.
NO ST - T CHANGES.
STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA.

MAX WORK LOAD : 7.71 METS



Technician : NEHA THITE

DR. GANESH MANUDHANE.

77741
51 years

anita dhyani
Female

28/10/2023 09:53:47

SEVENHILLS HEALTHCARE

OPD

Rate 64 Sinus rhythm.....normal P axis, V-rate 50-99

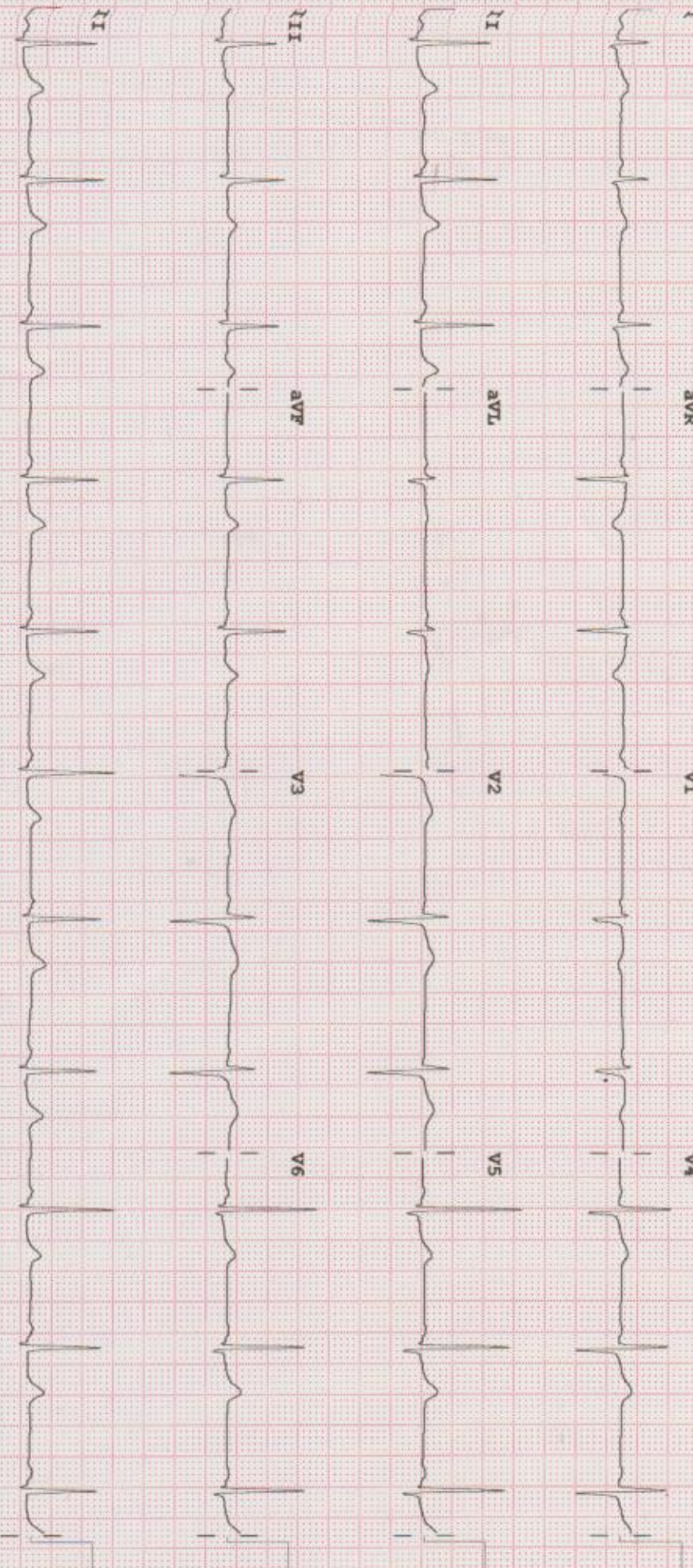
PR 128
QRSD 84
QT 410
QTc 423

--AXIS--
P 33
QRS 68
T 51

12 Lead; Standard Placement

- NORMAL ECG -

Sinus Rhythm
no sig ST-T
[Signature]



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50 ~ 0.50-100 Hz W

100B CL

P