

Name : Mr. CHANDAN BHOWMICK (48 /M)

Date : 08/03/2024

Address : NAGARUKHRA, OTHER, OTHER, OTHER, INDIA

Examined by:

UHID : AMHL.0002310547

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH199265



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Thyroid disorder, Heart  
disease, Stroke, Asthma  
Hypertension Since - 2 mths;  
Medication - stopped  
without medical advice  
Dyslipidaemia Since - 1 mth; Medication  
- nil



## DRUG ALLERGY

NO KNOWN ALLERGY

:08/03/2024



## SYSTEMIC REVIEW

### Cardiovascular system

Chest pain - on and off; Character - dull aching;  
Lasts - persistently; Site of pain - upper chest(left)

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



### Present medications

- Nil



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - Yes

Hospitalization for - No  
Covid 19



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - consumes alcohol

Units - 8

Frequency - weekly

Smoking - Yes

Type - Beedi, Cigarette

Number - 6

Frequency - daily

Chews tobacco - No

Physical activity - Moderate



### Family history

Father - has expired

Mother - alive

Brothers - 1

Diabetes - mother

Coronary artery  
disease - none

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Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 168  
Weight - 76  
BMI - 26.93  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 62  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 168  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

## Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/9  
NVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:+0.50/+0.25X160\*  
(6/6,N6)  
LE:+0.75/+0.50X15\*(6/6,N6)  
ADVICE: \*Glass  
Rx: \*\*Review after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.8	g/dl	●	13.0-17.0
RBC COUNT	4.75	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.9	%	●	41-53
MCV	90.2	fl	●	83-101
MCH	29.1	pg	●	27-32
MCHC	32.3	%	●	31.5-34.5
RDW	13.1	%	●	11.8-14.0
WBC Count	10500 *	/cu mm	●	4000-10000
Platelet Count	3.01	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	●	0-15

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found

Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	35	U/L	●	0-50
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	115	U/L	●	43-115

AST (SGOT) - SERUM	36	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	237 *	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 51 U/L ● 0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM 0.82 \* ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 8.6 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 124 \* mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 145 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 175 \* mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.22 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 7.5 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.0 mg/dL ● 2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 66 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 157 \* mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 14 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 8.0 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 0.63 ng/mL ● 0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 8.6 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4 ● 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

BUN/CREATININE RATIO

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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BUN/CREATININE RATIO 8.7

### ECG

SINUS RHYTHM.  
LOW VOLTAGE T WAVES.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Hepatomegaly with grade II fatty liver. Suggested liver function test correlation.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

Dr. MOURUSI MANDAL  
DNB RESIDENT  
In consultation with

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

### CARDIOLOGY

TREADMILL TEST / STRESS TEST

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

High Risk

**YOUR SCORE**

16

**ACCEPTABLE SCORE**

6

**Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
  - Uncontrolled high blood pressure
  - Diabetes
  - Dyslipidemia
  - Coronary heart disease
- You will be referred to a **cardiologist**.

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**