







TMT INVESTIGATION REPORT

Patient Name: Diksha PATEL

Location

: Ghaziabad

Age/Sex

: 32Year(s)/Female

Visit No

: V0000000001-GHZB

MRN No

MH011120317

Order Date

: 08/07/2023

Ref. Doctor : HCP

Report Date

: 08/07/2023

Protocol

: Bruce

MPHR

: 188BPM

Duration of exercise

: 5min 07sec

85% of MPHR

: 159BPM

Reason for termination : THR achieved

Peak HR Achieved : 179BPM

Blood Pressure (mmHg) : Baseline BP : 110/62mmHg

% Target HR

: 95%

Peak BP : 130/62mmHg

METS

: 7.0METS

TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
0:00	75	110/62	Nil	No ST changes seen	Nil
3:00	153	120/62	Nil	No ST changes seen	Nil
2:07	173	130/62	Nil	No ST changes seen	Nil
3:01	105	114/62	Nil	No ST changes seen	Nil
	(min) 0:00 3:00 2:07	(min) (bpm) 0:00 75 3:00 153 2:07 173	(min) (bpm) (mmHg) 0:00 75 110/62 3:00 153 120/62 2:07 173 130/62	(min) (bpm) (mmHg) 0:00 75 110/62 Nil 3:00 153 120/62 Nil 2:07 173 130/62 Nil	(min) (bpm) (mmHg) 0:00 75 110/62 Nil No ST changes seen 3:00 153 120/62 Nil No ST changes seen 2:07 173 130/62 Nil No ST changes seen

COMMENTS:

No ST changes in base line ECG.

No ST changes during test and recovery.

Normal chronotropic response.

Normal blood pressure response.

Fair effort tolerance.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC

Sr. Consultant Cardiology

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DNB (CARDIOLOGY), MNAMS MD

Sr. Consultant Cardiology

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-616 5666

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com



Mrs. DIKSHA PATEL MH011120317

PID NO: P542300386613

Age: 32.0 Year(s) Sex: Female



Sample Collected At: Manipal Hospital

NH-24, HAPUR ROAD, OPP. BAHMETA, GHAZIABAD 201002

Sample Processed At: Metropolis Healthcare Ltd E-21, B1 Mohan Co-op Ind Estate New Delhi-110044

Reference: Dr.HHALEHUCHERKUP, a D WID 2 23005400013682700 I'T Registered On: 08/07/2023 02:06 PM Collected On: 08/07/2023 2:06PM Reported On: 08/07/2023 03:01 PM

Investigation	Observed Value	Unit	Biological Reference Interval
Thyroid panel-1 (Serum,ECLIA)		2	
T3 (Total)	140	ng/dL	84.6-201.8 Second Trimester : 128.9 -
			262.3 First Trimester : 104.8 - 229.8 Third trimesters : 135.4 - 261.7
T4 (Total)	7.13	µg/dL	5.1-14.1 First Trimester : 7.33 - 14.8 Second Trimester : 7.93 - 16.1
			Third Trimester: 6.95 - 15.7
TSH(Ultrasensitive)	1.820	μIU/mL	0.54-5.3 First Trimester : 0.33-4.59 Second Trimester : 0.35-4.10 Third trimester : 0.21-3.15

INTERPRETATION

TSH	T3 / FT3	T4 / FT4	Suggested Interpretation for the Thyroid Function Tests Pattern				
Within Range Decreased		Within Range	• Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness. In elderly the drop in T3 level can be upto 25%.				
Raised Within Range Within		Within Range	•Isolated High TSHespecially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. •Subclinical Autoimmune Hypothyroidism •Intermittent T4 therapy for hypothyroidism •Recovery phase after Non-Thyroidal illness"				
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis				
Raised or within Range	Raised	Raised or within Range	•Interfering antibodies to thyroid hormones (anti-TPO antibodies) •Intermittent T4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin,Beta blockers,steroids, anti-epileptics"				
Decreased	Raised or within Range	Raised or within Range	•Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness •Subclinical Hyperthyroidism •Thyroxine ingestion"				
Decreased	Decreased	Decreased	Central Hypothyroidism Non-Thyroidal illness Recent treatment for Hyperthyroidism (TSH remains suppressed)"				
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"				
Decreased or within Range	Raised	Within Range	•T3 toxicosis •Non-Thyroidal illness				

SChoppa

Dr. Geeta Chopra. M.D (Pathology) (DMC Reg. No. - 5204)

Page 1 of 2







Name : MRS DIKSHA PATEL ABORATORY REPORT : 32 Yr(s) Sex.: Femal

Registration No : MH011120317 Lab No :

Referred By : HEALTH CHECK MGD Reporting Date : 08 Jul 2023 18:17

Receiving Date : 08 Jul 2023 10:05

BIOCHEMISTRY

TEST RESULT UNIT BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin) 5.2 % [0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

202307000914

HbAlc in %

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk)5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG) 103 mg/dl

Comments: HbAlc provides an index of average blood glucose levels over the past

8-12 weeks and is a much better indicator of long term glycemic control.

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-----END OF REPORT-----

Dr. Alka Dixit Vats Consultant Pathologist



MRS DIKSHA PATELABORATORY REPORT. Name

Registration No

MH011120317

Lab No

202307000915

Patient Episode

H18000000692

Collection Date:

08 Jul 2023 10:04

Referred By

HEALTH CHECK MGD

Reporting Date:

08 Jul 2023 12:35

Receiving Date

08 Jul 2023 10:04

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

86.0

mg/dl

[70.0-110.0]

Method: Hexokinase

-----END OF REPORT--

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Dr. Charu Agarwal **Consultant Pathologist**



Name : MRS DIKSHA PATEL Age : 32 Yr(s) Sex :Female

 Patient Episode
 : H18000000692
 Collection Date : 08 Jul 2023 10:05

 Referred By
 : HEALTH CHECK MGD
 Reporting Date : 08 Jul 2023 12:35

Referred By : HEALTH CHECK MGD Reporting Date :
Receiving Date : 08 Jul 2023 10:05

HAEMATOLOGY

TEST	RESULT	UNIT BIOLOGIC	CAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMAT	ED)	SPECIMEN-EDTA Whole	e Blood
RBC COUNT (IMPEDENCE)	4.44	millions/cumm	[3.80-4.80]
HEMOGLOBIN	12.5	g/dl	[12.0-16.0]
Method:cyanide free SLS-color	imetry		
HEMATOCRIT (CALCULATED)	38.7	8	[36.0-46.0]
MCV (DERIVED)	87.2	fL	[83.0-101.0]
MCH (CALCULATED)	28.2	pg	[27.0-32.0]
MCHC (CALCULATED)	32.3	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.7	%	[11.6-14.0]
Platelet count	267	\times 10 3 cells/cumm	[150-400]
MPV(DERIVED)	10.8		
WBC COUNT (TC) (IMPEDENCE) DIFFERENTIAL COUNT	5.75	\times 10 3 cells/cumm	[4.00-10.00]
(VCS TECHNOLOGY/MICROSCOPY)	66.0		
Neutrophils	66.0	8	[40.0-80.0]
Lymphocytes	28.0	90	[17.0-45.0]
Monocytes	5.0	9	[2.0-10.0]
Eosinophils	1.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	16.0	mm/1sthour	[0.0-

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MRS DIKSHA PATEL Name

MH011120317

Patient Episode Referred By

Registration No

H18000000692 HEALTH CHECK MGD

Receiving Date

08 Jul 2023 10:05

Lab No

202307000914

Collection Date:

08 Jul 2023 10:05

Reporting Date:

08 Jul 2023 18:17

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

Method: HPLC

5.2

[0.0-5.6]

As per American Diabetes Association(ADA

HbAlc in %

Non diabetic adults >= 18 years <5.7

Prediabetes (At Risk)5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW SLIGHTLY TURBID (Pale Yellow - Yellow)

Appearance

6.5

(4.6 - 8.0)

Reaction[pH] Specific Gravity

1.010

(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Glucose

Ketone Bodies Urobilinogen

+

NIL Negative

Normal

(NEGATIVE)

(NIL)

(NEGATIVE)

(NORMAL)

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MRS DIKSHA PATEL Name

MH011120317 Registration No

202307000914 Lab No

Patient Episode

H18000000692

08 Jul 2023 11:45 **Collection Date:**

Referred By

HEALTH CHECK MGD

08 Jul 2023 16:55 Reporting Date:

08 Jul 2023 11:45 **Receiving Date**

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

(0-5/hpf)10-15 /hpf Pus Cells 2-4 /hpf RBC

Epithelial Cells

15 - 20/hpf (0-2/hpf)

CASTS

NIL

Crystals OTHERS

NIL NIL

Serum LIPID PROFILE

Serum LIPID PROFILE				
Serum TOTAL CHOLESTEROL	197	mg/dl	<pre>[<200] Moderate risk:200-239 High risk:>240</pre>	•
TRIGLYCERIDES (GPO/POD)	156 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500	
HDL- CHOLESTEROL	52.0	mg/dl	[35.0-65.0]	
Method: Enzymatic Immunoimhibition				
VLDL- CHOLESTEROL (Calculated)	31	mg/dl	[0-35]	
CHOLESTEROL, LDL, CALCULATED	114.0	mg/dl	[<120.0]	
onorder and a second			Near/	
Above optimal-100-129			Borderline High:130-159 High Risk:160-189	
T.Chol/HDL.Chol ratio(Calculated)	3.8		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk	
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.2		<3 Optimal	
			3-4 Borderline	

Note:

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>6 High Risk



Name : MRS DIKSHA PATEL Age : 32 Yr(s) Sex :Fem

 Registration No
 : MH011120317
 Lab No
 : 202307000914

 Patient Episode
 : H18000000692
 Collection Date : 08 Jul 2023 10:05

Reporting Date: 08 Jul 2023 12:34

Referred By : HEALTH CHECK MGD Reporting Date : 08 Jul 2023 12...

Receiving Date : 08 Jul 2023 10:05

BIOCHEMISTRY

TEST RESULT UNIT BIOLOGICAL REFERENCE INTERVAL

Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum UREA	13.5	#	mg/dl	[15.0-40.0]	
Method: GLDH, Kinatic assay BUN, BLOOD UREA NITROGEN	6.3	#	mg/dl	[8.0-20.0]	
Method: Calculated CREATININE, SERUM	0.51	#	mg/dl	[0.70-1.20]	
Method: Jaffe rate-IDMS Standardization URIC ACID	5.0		mg/dl	[4.0-8.5]	
Method:uricase PAP					
SODIUM, SERUM	137.40		mmol/L	[136.00-144.00]	
POTASSIUM, SERUM SERUM CHLORIDE Method: ISE Indirect	4.13 105.0	墨	mmol/L mmol/l	[3.60-5.10] [101.0-111.0]	
eGFR (calculated)	123.2		ml/min/1.73sq.m	[>60.0]	

Technical Note eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

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LABO	D		A	- D O	D 10 m
1 100 4 10 1 10 1	- 4 A M M	(I) I - (II)	 .	3 2/6	1 7 40 100
	N V m N		M 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	4 1	8 b. va 1600

Name : MRS DIKSHA PATEL Age : 32 Yr(s) Sex :Female

Referred By : HEALTH CHECK MGD Reporting Date: 08 Jul 2023 12:35

Receiving Date : 08 Jul 2023 10:05

BIOCHEMISTRY

TEST	RESULT	UNIT	BIO	LOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST				
BILIRUBIN - TOTAL Method: D P D	0.42	1	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.09	36	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.33	* .W *	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	6.80		gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.25		g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.60		gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.67			[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	23.00		U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	16.80		U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	72.0		IU/L	[40.0-98.0]
GGT	15.0			[7.0-50.0]

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Name : MRS DIKSHA PATEL

RS DIKSHA PATEL

MH011120317 Lab No

Lab No : 202307000914

Patient Episode : H18000000692

Collection Date: 08 Jul 2023 10:05

Referred By : HEALTH CHECK MGD

Reporting Date: 08 Jul 2023 18:24

Receiving Date : 08 Jul 2023 10:05

BLOOD BANK

TEST

Registration No

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

A Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT--

Dr. Charu Agarwal Consultant Pathologist



Name : MRS DIKSHA PATEL

5 1 A

: MH011120317

: H18000000692

Referred By Receiving Date

: HEALTH CHECK MGD

: 08 Jul 2023 10:04

Age : 32 Yr(s) Sex :Femal

Lab No : 202307000915

Collection Date: 08 Jul 2023 10:04

Reporting Date: 08 Jul 2023 12:35

BIOCHEMISTRY

TEST

Registration No

Patient Episode

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)
Method: Hexokinase

86.0

mg/dl

[70.0-110.0]

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----END OF REPORT-

Dr. Charu Agarwal Consultant Pathologist



MRS DIKSHA PATEL Name

Lab No

32 Yr(s) Sex :Fen

Registration No

MH011120317

202307000916

Patient Episode

H18000000692

Collection Date:

08 Jul 2023 14:31

Referred By

HEALTH CHECK MGD

Reporting Date:

08 Jul 2023 16:41

Receiving Date

08 Jul 2023 14:31

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

104.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

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-----END OF REPORT-----

Dr. Alka Dixit Vats **Consultant Pathologist**

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com

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RADIOLOGY REPORT

NAME	MRS Diksha PATEL	STUDY DATE	08/07/2023 11:34AM
AGE / SEX	32 y / F	HOSPITAL NO.	MH011120317
ACCESSION NO.	R5779016	MODALITY	US
REPORTED ON	08/07/2023 12:05PM	REFERRED BY	HEALTH CHECK MGD

USG ABDOMEN & PELVIS FINDINGS

LIVER: appears enlarged in size (measures 170 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 76 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 8.3 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.2 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is

maintained. Rest normal.

Right Kidney: measures 93 x 37 mm. Left Kidney: measures 95 x 46 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.
FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest

normal.

UTERUS: Uterus is anteverted, normal in size (measures $81 \times 57 \times 45 \text{ mm}$), shape and echotexture. Evidence of previous operation scar is seen.

Endometrial thickness measures 4.1 mm. Cervix appears normal.

OVARIES: Right ovary is normal in size (measures 25 x 25 x 20 mm with volume 6.4 cc), shape and

echotexture. Rest normal. Left ovary is obscured.

Bilateral adnexa is clear.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly with diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.

Brabbet

Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS (FRCR 2A)

CONSULTANT RADIOLOGIST

*****End Of Report*****

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com



RADIOLOGY REPORT

NAME	MRS Diksha PATEL	STUDY DATE	08/07/2023 1:39PM
AGE / SEX	32 y / F	HOSPITAL NO.	MH011120317
ACCESSION NO.	R5779015	MODALITY	CR
REPORTED ON	08/07/2023 1:53PM	REFERRED BY	HEALTH CHECK MGD

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION:

-No significant abnormality seen.

Please correlate clinically

Brobbet

Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS (FRCR 2A)

CONSULTANT RADIOLOGIST

******End Of Report*****