

MER- MEDICAL EXAMINATION REPORT

Date of Examination	22/1/24		
NAME	PRIYANSU SINGH		
AGE	27	Gender	M.
HEIGHT(cm)	156	WEIGHT (kg)	70 BMB 28-3
R.P.	110/70		
E.C.G.	norm.		
X Ray	normal		
Vision Checkup	-		
Present Ailments	nae		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	MEDICINE RIT		

Signature with Stamp of Medical Examiner

Dr. Shilpa Rastogi  
MBBS, DCP  
Reg. No. 37370



भारत सरकार  
भारतीय जनता पार्टी

Being the  
 PRADIPKSHU CANGH  
 on 18/07/1996  
 FEMALE



5144 3070 1777

VID : 9162 0986 2058 7247

प्रादीपक्षु चंग, महिला

Priganshu Singh

भारत सरकार  
भारतीय जनता पार्टी

प्रादीपक्षु चंग  
 C/O: Abhishek Kumar Singh, Lamba,  
 Shivganj, Sultanpur,  
 Uttar Pradesh - 227304

5144 3070 1777  
 VID : 9162 0986 2058 7247



You have been informed that ent dental othal diet,gynec  
consultation facility is not available at our centre. If you are ready  
then your test can be start.

2D echo test facility is not available at our center, instead we do TMT  
test.

*Priyanshu Singh*



I am not ready for the pap smear test because of my personal reasons.

*Beiyemshu Singh*

*22/01/2024*





# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)



**CLINIC :**

1/4A, Vineel Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

Date	: 22-Jan-2024			
Name	: <b>Mrs. PRIYANSHU SINGH</b>		Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Female
Haemoglobin	12.2	gm%	11 - 14	
Total Leucocyte Count	7600	Cells/cumm.	4000-11000	
<b>Differential Leucocyte Count</b>				
Polymorphs	60	%	45 - 70	
Lymphocytes	33	%	20 - 45	
Eosinophils	02	%	0 - 6	
Monocytes	05	%	0 - 8	
Basophils	00	%	0 - 1	
<b>Erythrocyte Sedimentation Rate (Wintrobe)</b>				
* ESR	08	mm in 1st Hr.	0 - 19	
PCV	<b>39.9</b>	cc%	40 - 52	
Corrected ESR	02	mm in 1st Hr.	0 - 19	
Platelet Count	1.56	lakh/cumm.	1.5 - 4.0	
Red Cells Count	4.48	million/cmm	3.90 to 4.60	
<b>Absolute values</b>				
MCV	81.3	fL	77 - 97	
MCH	27.2	pg	27 - 31	
MCHC	31.0	gm /dl	31 - 34	

**Dr. Sanjay Rastogi**  
Path & Bact, DCP, CAPA (BARC)

**Dr. Smriti Rastogi**  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Date : 22-Jan-2024

Name : **Mrs. PRIYANSHU SINGH**

Age : 27 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

### General Blood Picture

<b>RBCs</b>	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
<b>WBCs</b>	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
<b>PLATELETS</b>	Platelets are adequate in number and morphology.
<b>OTHERS</b>	No haemoparasites are seen.
<b>IMPRESSION</b>	Normal GBP

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Dr. Smita Rastogi  
M.B.B.S., DCP

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Date	: 22-Jan-2024			
Name	: Mrs. PRIYANSHU SINGH		Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Female
Plasma Glucose - F GOD-POD Method	105	mg/dl	70 - 110	
Plasma Glucose - PP GOD POD Method	116	mg/dl	110 - 170	
Blood Group & Rh	"B" Positive			
<b>KFT</b>				
UREA	18.0	mg %	15 - 50	
CREATININE	0.85	mg %	0.5 - 1.5	
URIC ACID	5.0	mg %	2 - 6	
CALCIUM	9.5	mg %	8.8 - 10.0	
<b>LFT T&amp;D</b>				
Total Bilirubin	0.61	mg%	0.2 - 1.0	
Direct Bilirubin	0.28	mg%	0.0 to 0.40	
Indirect Bilirubin	0.33	mg%	0.10 to 0.90	
S.G.P.T	21	IU/L	5 - 40	
S.G.O.T	15	IU/L	5 - 50	
ALP	86	IU/L	35 to 104	

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Date	: 22-Jan-2024			
Name	: <b>Mrs. PRIYANSHU SINGH</b>		Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Female
Serum Gamma G.T.	16	IU/L	11 - 50	
Urine Sugar (Fasting)	NIL			
Urine Sugar (PP)	NIL			

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Date	: 22-Jan-2024	Age	: 27 Yrs.
Name	: Mrs. PRIYANSHU SINGH	Sex	: Female
Ref.By	: APOLLO HEALTH		

### LIPID PROFILE

Triglycerids	106	mg%	70 - 190
S. Cholestrol S.	133	mg%	130 - 230
S. HDL Cholestrol	42.1	mg%	35 - 75
S. LDL Cholestrol	69.7	mg%	75 - 150
VLDL	21.2	mg%	0 - 34
Chol / HDL factor	3.16		
LDL / HDL Factor	1.66		

### COMMENTS

- \* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- \* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- \* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal / increased VLDL increased TG increased
TYPE 2b: Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 22-Jan-2024  
Name : **Mrs. PRIYANSHU SINGH** Age : 27 Yrs.  
Ref.By : APOLLO HEALTH Sex : Female

## THYROID TEST

Tri-iodothyronine (T3)	1.10	nmol/L	0.50 to 2.50
Thyroxine (T4)	8.20	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	5.45	mIU/ ml	0.3 to 6.0

## COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 22-Jan-2024	Age : 27 Yrs.
Name : Mrs. PRIYANSHU SINGH	Sex : Female
Ref.By : APOLLO HEALTH	

### Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.7	%	4.5 TO 6.0
--------------------------	-----	---	------------

#### INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %  
 GOOD CONTROL: 6.0 to 7.0  
 FAIR CONTROLLED 7.0 AND 8.0  
 UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date : 22-Jan-2024  
Name : **Mrs. PRIYANSHU SINGH** Age : 27 Yrs.  
Ref.By : APOLLO HEALTH Sex : Female

## Urine Examination

**PHYSICAL**

Colour Straw  
Turbidity Nil  
Deposit Nil  
Reaction Acidic  
\*Specific Gravity 1.030

**CHEMICAL**

Protein Nil  
Sugar Nil  
\*Bile Salts Nil  
\*Bile Pigments Nil  
Phosphate Nil

**MICROSCOPIC**

Pus Cells Nil /hpf  
Epithelial Cells 0-2 /hpf  
Red Blood Cells Nil /hpf  
Casts Nil  
Crystals Nil  
Others Nil

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Ph : 0522-4008184, 4308184 • 8112323230  
Mob : 7618884441, 9450389932, 8177063877

Patient name: Mrs Priyanshu singh  
Ref By. Apollo Health

Age/Sex 27/F  
22/01/2024

### E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	78/mt
3. Ventricular Rate	:	78/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

### FINAL IMPRESSION

**E.C.G. is within normal limits.**

Signature of Doctor

MD  
Reg. No-44559

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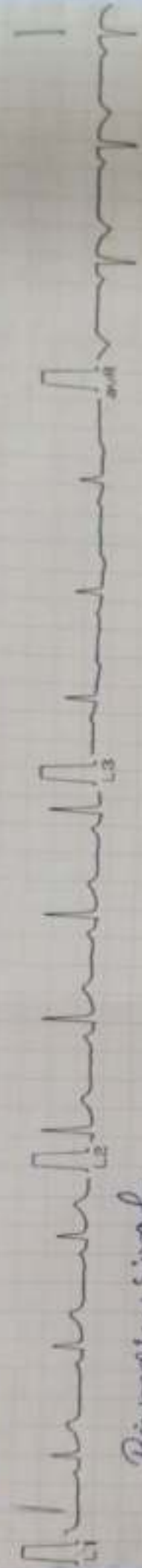
Name Poojinder

Age --- Yrs M/F

10mm/mV

25mm/s

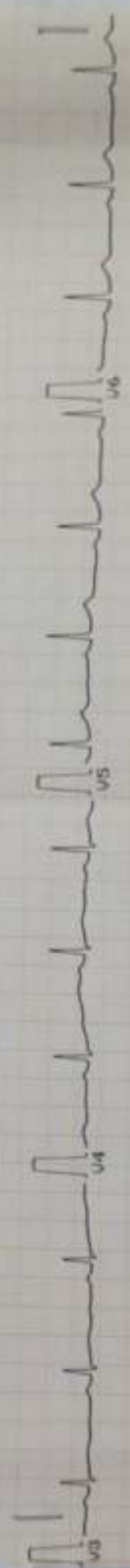
0.1-35 Hz BLC



Bijay Kumar Singh

Charlottesville, VA 22904-1104

Dr.:



Dr. *Bijay Kumar Singh*  
RECORDING UNIT



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Dr. R. P. Rastogi  
M.B.B.S., M.D (Path & Bact)



TEST REQUEST ID	012401220012	SAMPLE DATE	22/Jan/2024 09:18AM
NAME	Mrs. PRIYANSHU SINGH	SAMPLE REC. DATE	22/Jan/2024 09:18AM
AGE/SEX	27 YRS/FEMALE	REPORTED DATE	22/Jan/2024 12:37PM
REFERRED BY	Apollo Health and Lifestyle Limited,	BARCODE NO	01220012

## USG WHOLE ABDOMEN-FEMALE

**Liver:** is normal in size (141 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size (108 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Both Kidneys:** are normal in size (RK- 102 x 49 mm & LK -109 x 46 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

**Urinary bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

**Uterus** is normal in size (59 x 45 x 30 mms), shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal

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**DR. PANKAJ UPADHYAYA**  
Consultant Radiologist

**Dr. Smita Rastogi**  
M.B.B.S., DCP

Print Date: 22/01/2024 12:38 PM

Checked By: Ashish Singh

Page 1 of 2

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NAME	:Mrs. PRIYANSHU SINGH	SAMPLE REC. DATE	22/Jan/2024 09:18AM
AGE/SEX	27 YRS FEMALE	REPORTED DATE	22/Jan/2024 12:37PM
REFERRED BY	Apollo Health and Lifestyle Limited,	BARCODE NO	:01220012

7.3 mm. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.

**Bilateral Ovaries and adnexae** A simple anechoic cyst of size 40 x 27 mm is seen in left ovary, no internal vascularity / septation is seen. Right ovary is normal 31 x 29 mm in size, shape and echotexture. No other abnormal adnexal solid or cystic mass lesion is seen in contra lateral ovary.

Both iliac fossae are clear. No obvious bowel pathology is noted. There is no free fluid in peritoneal cavity.

### OPINION:

- SIMPLE LEFT OVARIAN CYST (FUNCTIONAL)

\*\*\* End Of Report \*\*\*

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TEST REQUEST ID :012401220012	SAMPLE DATE	:22/Jan/2024 09:18AM
NAME :Mrs. PRIYANSHU SINGH	SAMPLE REC. DATE	:22/Jan/2024 09:18AM
AGE/SEX :27 YRS/FEMALE	REPORTED DATE	:22/Jan/2024 04:48PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01220012

### XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

### OPINION: NORMAL STUDY.

Please correlate clinically.

\*\*\* End Of Report \*\*\*

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**DR. PANKAJ UPADHYAYA**

**D.MED**  
**Consultant Radiologist**

Dr. Smita Rastogi  
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Gomti Nagar Lucknow

Report



PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg  
 Date: 22 - 01 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	084	44 %	110/70	092	00	
Standing	00:08	0:04	00.0	00.0	01.0	087	45 %	110/70	095	00	
HV	00:13	0:05	00.0	00.0	01.0	087	45 %	110/70	095	00	
ExStart	00:28	0:15	00.0	00.0	01.0	088	46 %	110/70	096	00	
BRUCE Stage 1	03:28	3:00	02.7	10.0	04.7	144	75 %	110/70	158	00	
BRUCE Stage 2	06:28	3:00	04.0	12.0	07.1	175	91 %	126/84	220	00	
PeakEx	06:34	0:06	00.0	00.0	07.2	184	95 %	132/94	242	00	
Recovery	07:34	1:00	00.0	00.0	01.1	139	72 %	130/92	180	00	
Recovery	08:34	2:00	00.0	00.0	01.0	109	56 %	128/90	139	00	
Recovery	09:34	3:00	00.0	00.0	01.0	115	60 %	124/86	142	00	
Recovery	09:44	3:09	00.0	00.0	01.0	106	55 %	124/86	131	00	

FINDINGS :

Exercise Time : 06:06  
 Max HR Attained : 184 bpm 95% of Target 193  
 Max BP Attained : 132/94 (mm/Hg)  
 Max WorkLoad Attained : 7.2 Fair response to induced stress  
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

Dr. Anand  
 P-10, 44559

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 84

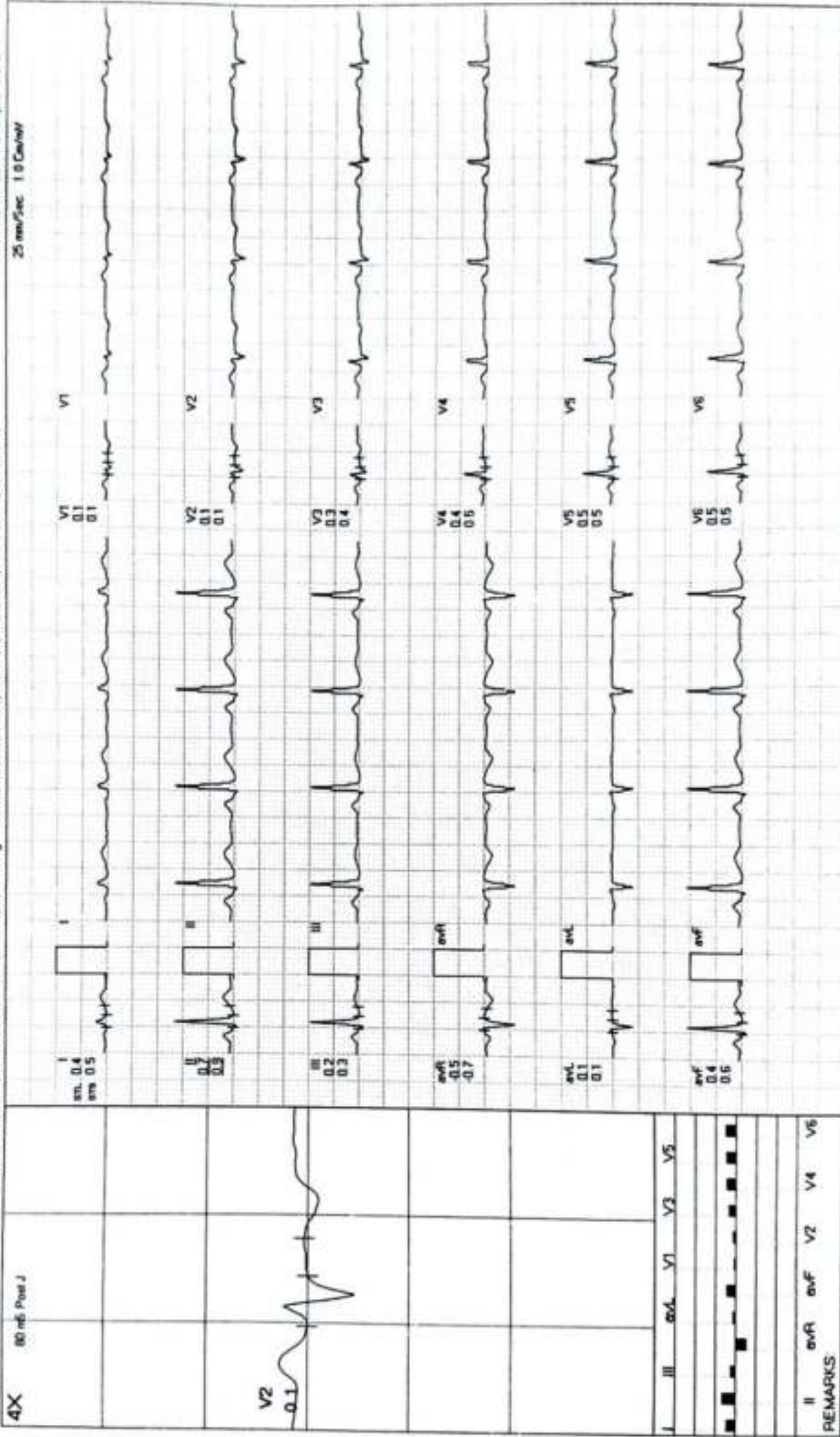
**BRUCE:Supine(0:05)**



Date 22-07-2024

METS 1.0/84 bpm 44% of THR BP: 110/70 mmHg Combined Medians/BLC On/Match On/HF 0.05 Hz/LF 35 Hz

E-Time 00:00 0.0 Kmph 0.0%



REMARKS

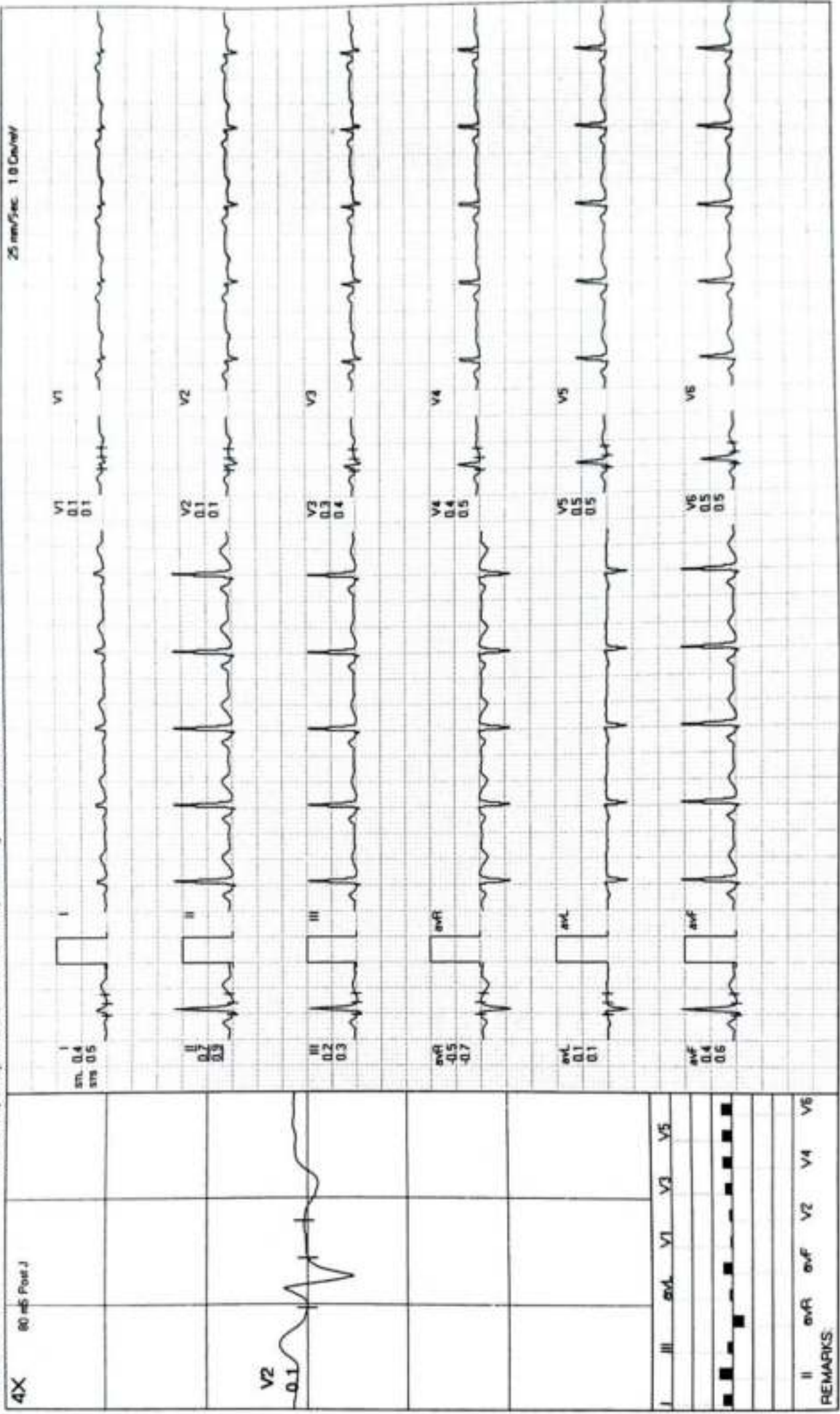
# MODERN PATHOLOGY AND DIAGNOSTIC CENTER

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 87

BRUCE: Standing(0:05)



Date: 22-01-2024 METS: 1.0/87 bpm 45% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz ExTime: 00:00 0.0 Km/Ph. 0.0%  
 25 mm/Sec. 1.0 Cm/mV



REMARKS

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

**BRUCE:HV(0:07)**

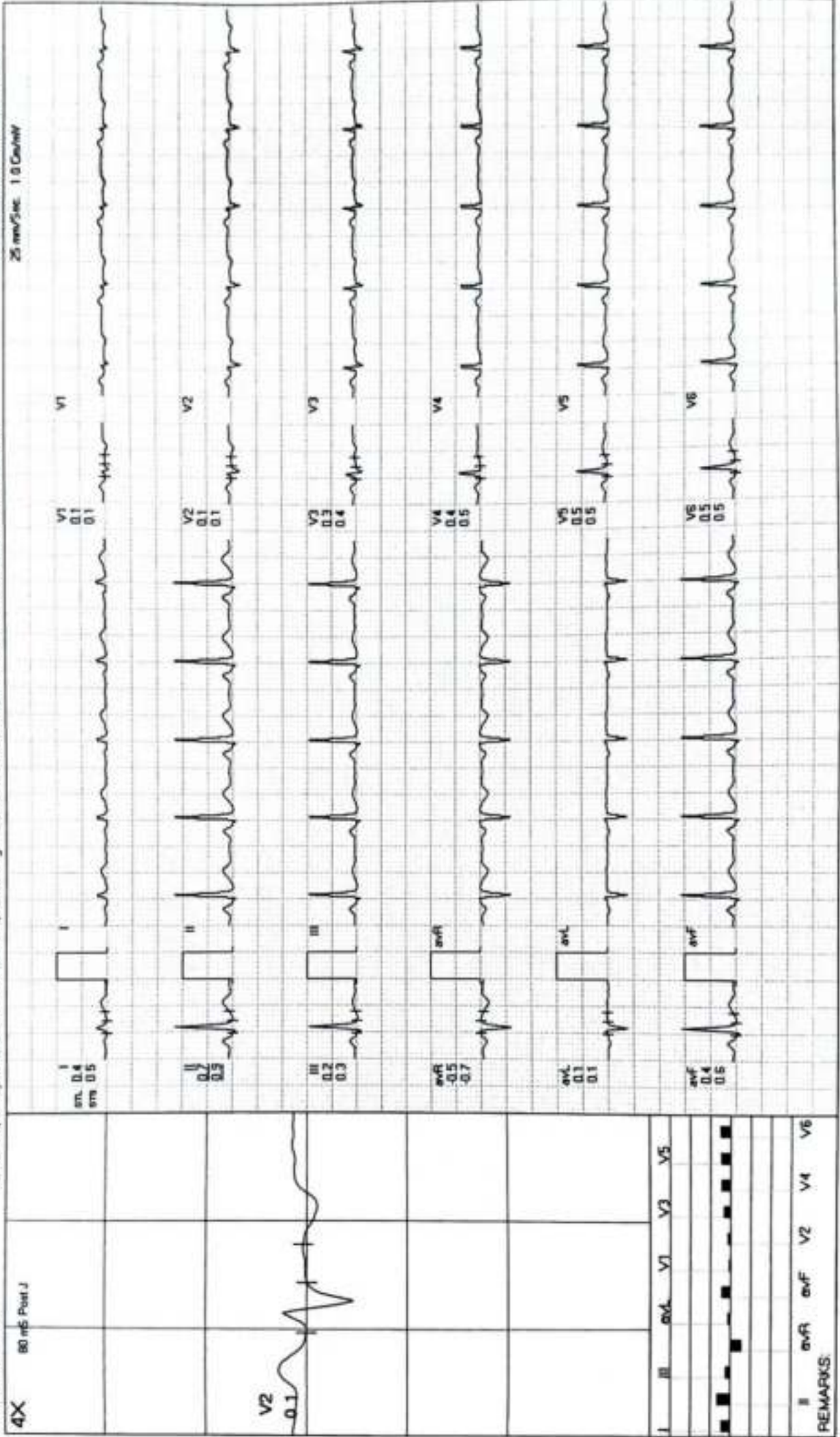


PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 87

Date 22-01-2024

METS 1 0/87 bpm 45% at THR BP 110/70 mmHg Combined Medications/BLC On/Notch On/HF 0.05 Hz/AF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%



REMARKS: I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR . 88

**ExStart**

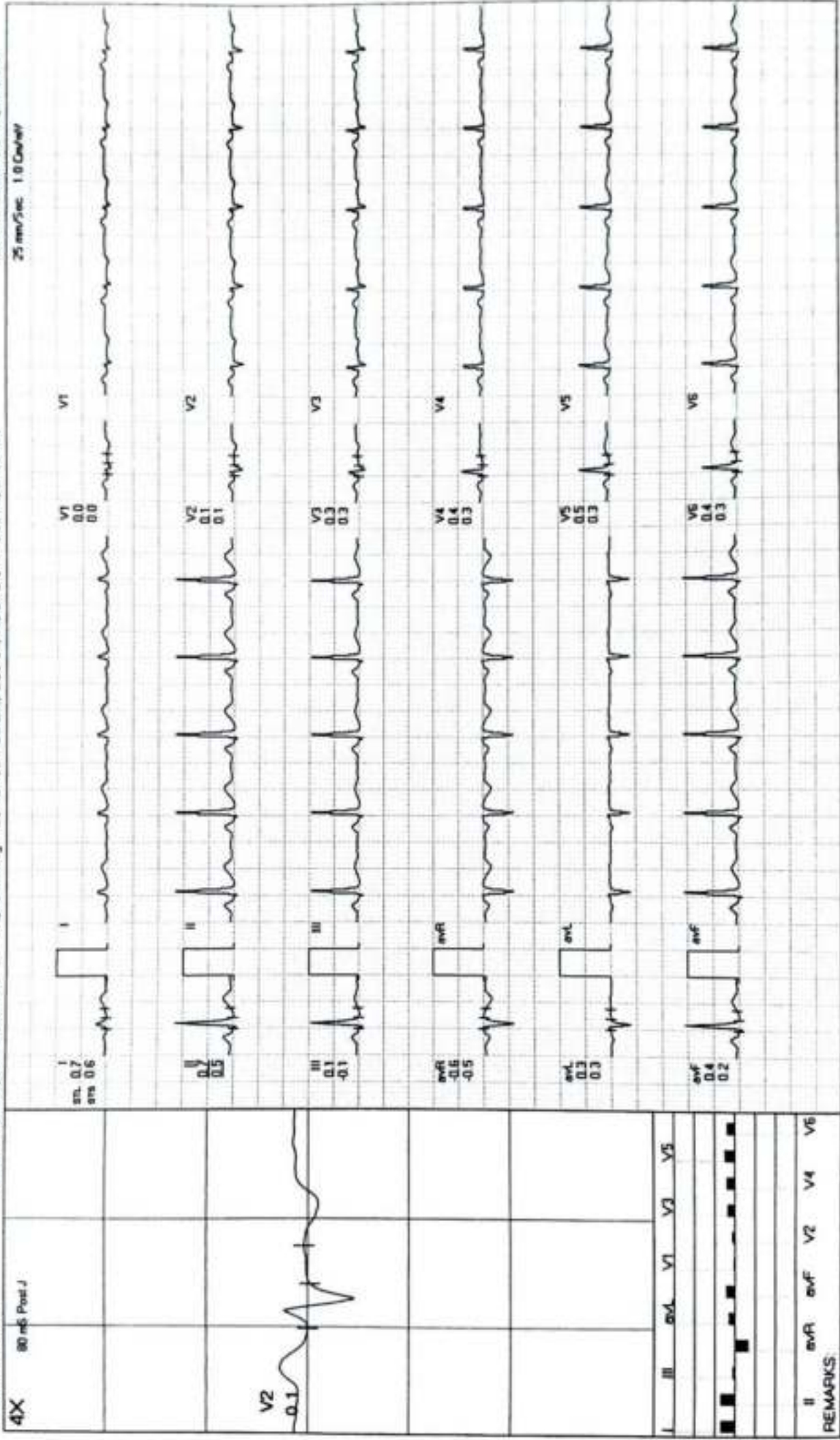


Date 22-01-2024

METS 1.0/88 bpm 45% of THR BP 110/70 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 r/mph 0.0%

25 mm/sec 1.0 Cm/mV



REMARKS:

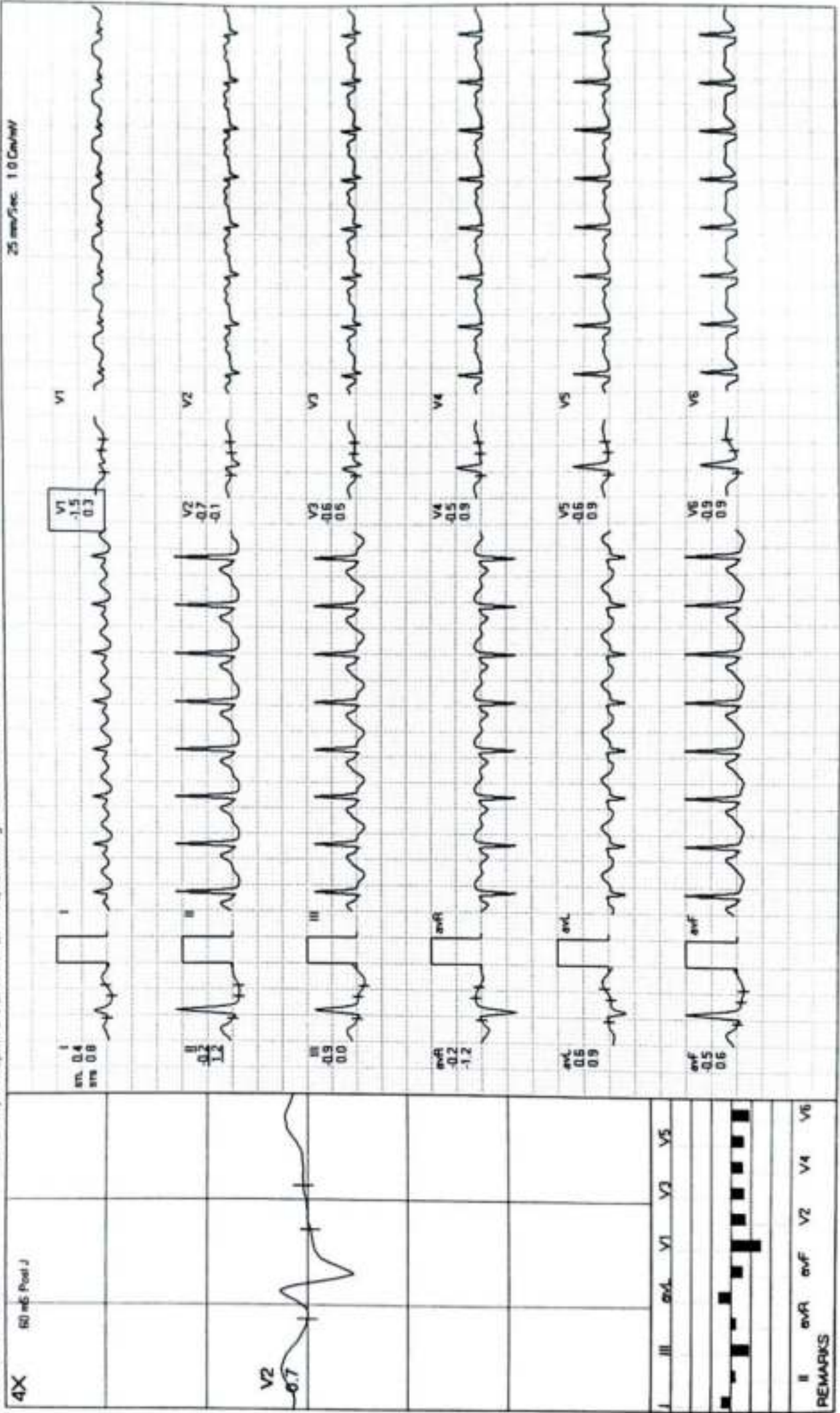
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 144

**BRUCE: Stage 1(3:00)**



Date 22-01-2024 METS 4.7/144 bpm 75% of THR BP 110/70 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz  
 ExTime 03:00 2.7 Km/Ph 10.0%  
 25 mm/sec 1.0 Cm/mV



REMARKS  
 II avR avL V1 V2 V3 V4 V5 V6



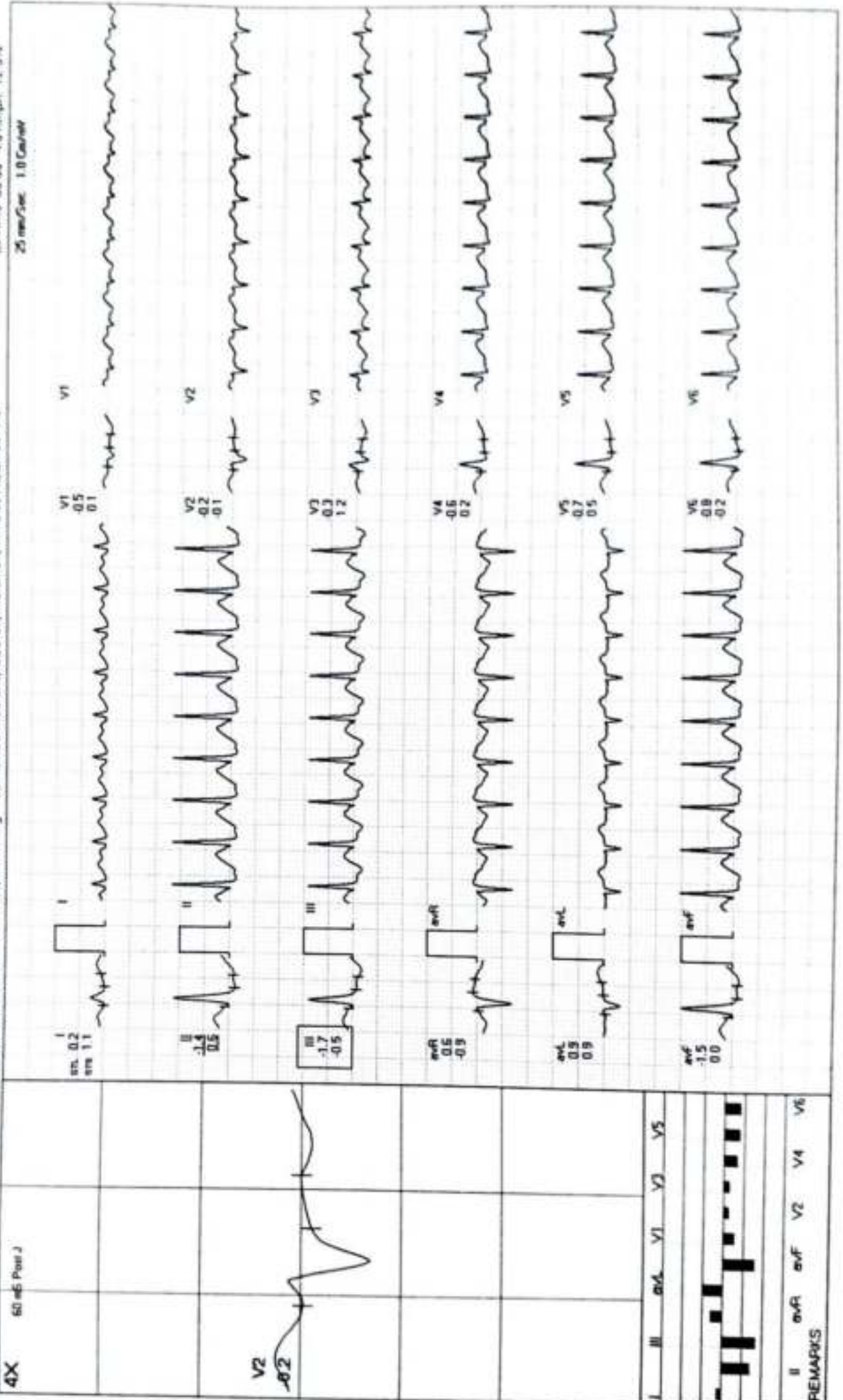
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

**BRUCE: Stage 2(3:00)**



PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 175

Date 22-01-2024 METS 7 / 175 bpm 91% of Th-R BP 126/84 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz ExTime 06:00 4.0 Kmph 12.0%



REMARKS

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 184

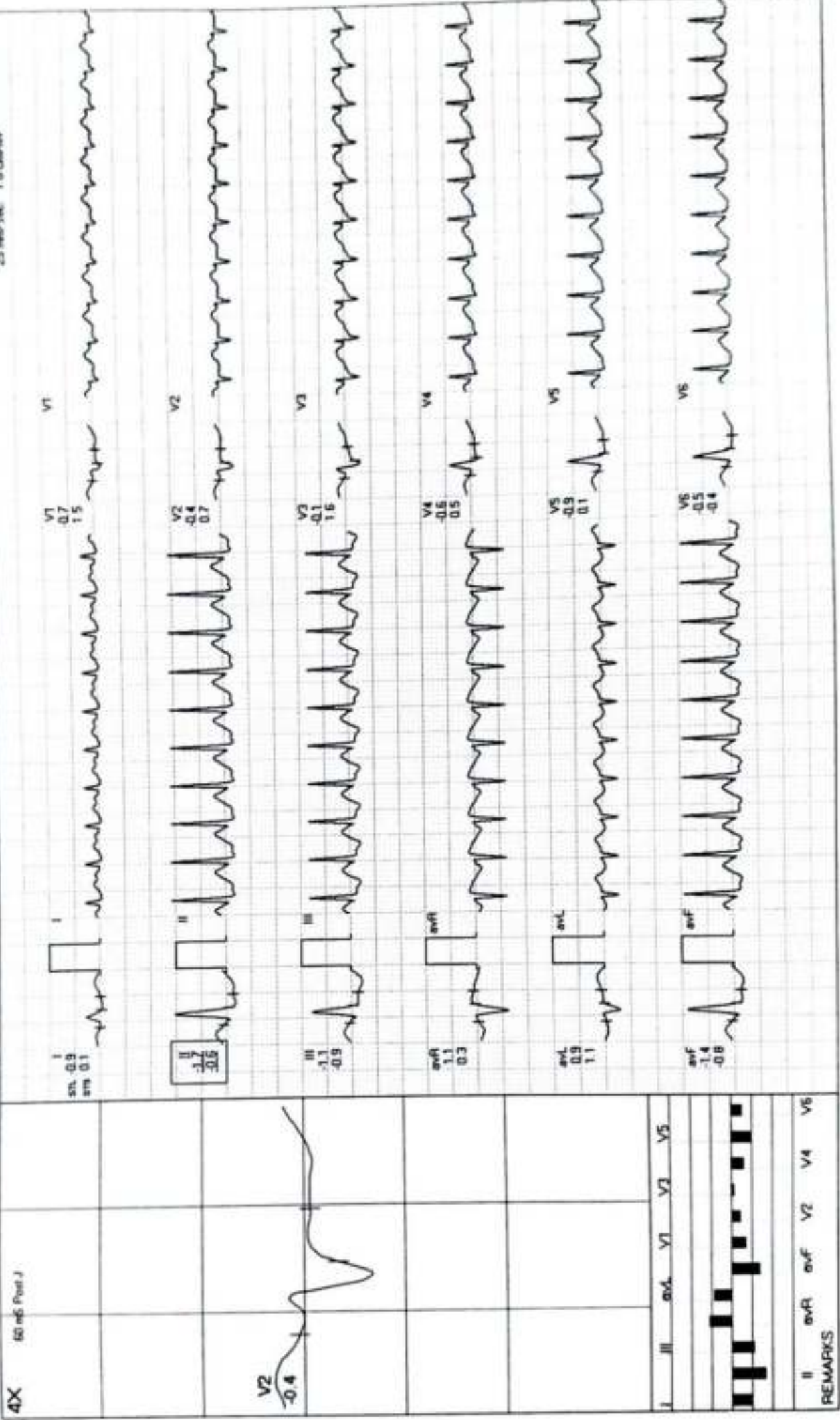
**PeakEx**



ExTime 06:07 0.0 Km/hk 0.0%

Date 22-01-2024 METS 7.2/184 bpm 95% of THR BP 132/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

25 mm/sec 1.0 Cm/Div

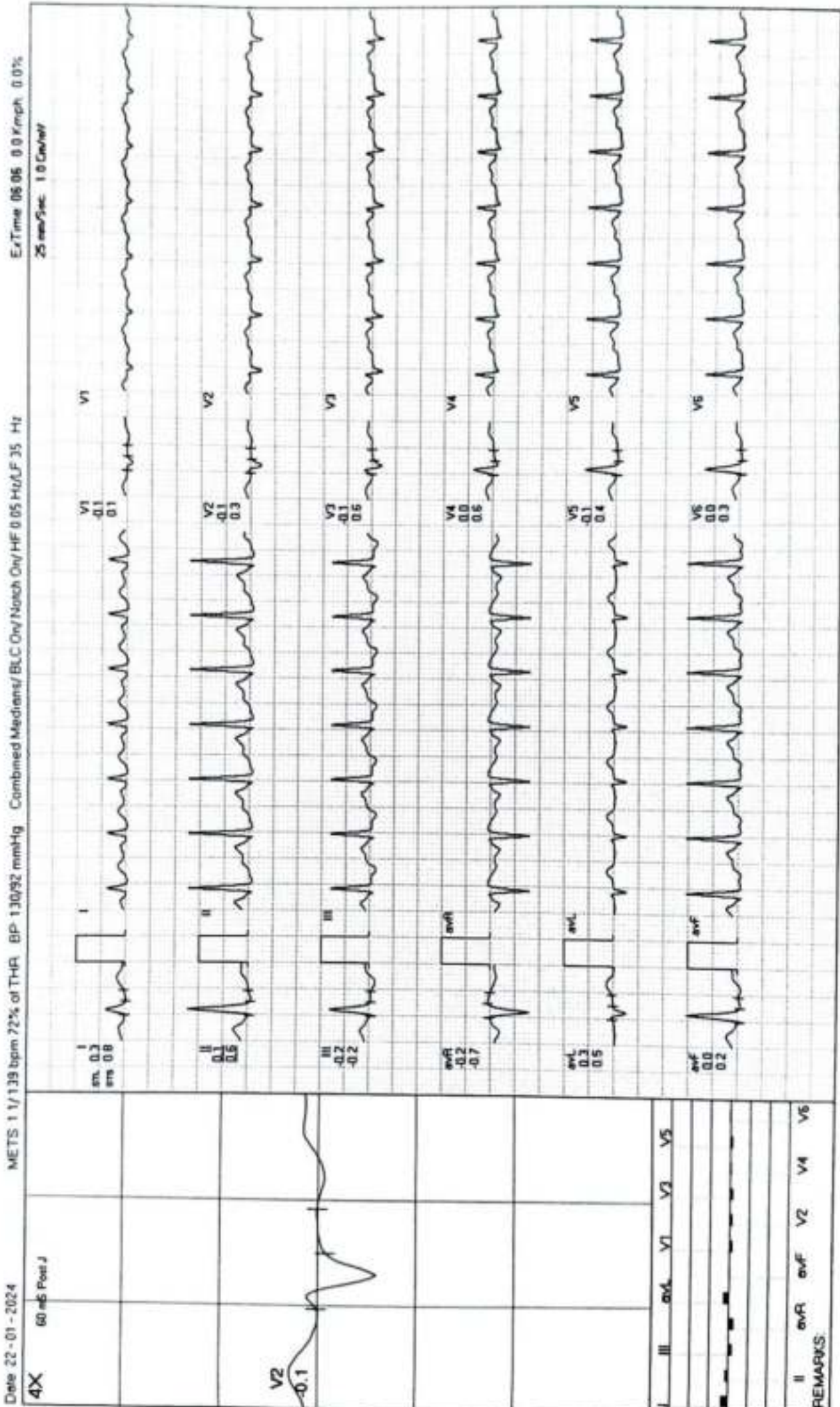


**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 139

Recovery(1:00)

AGIDL



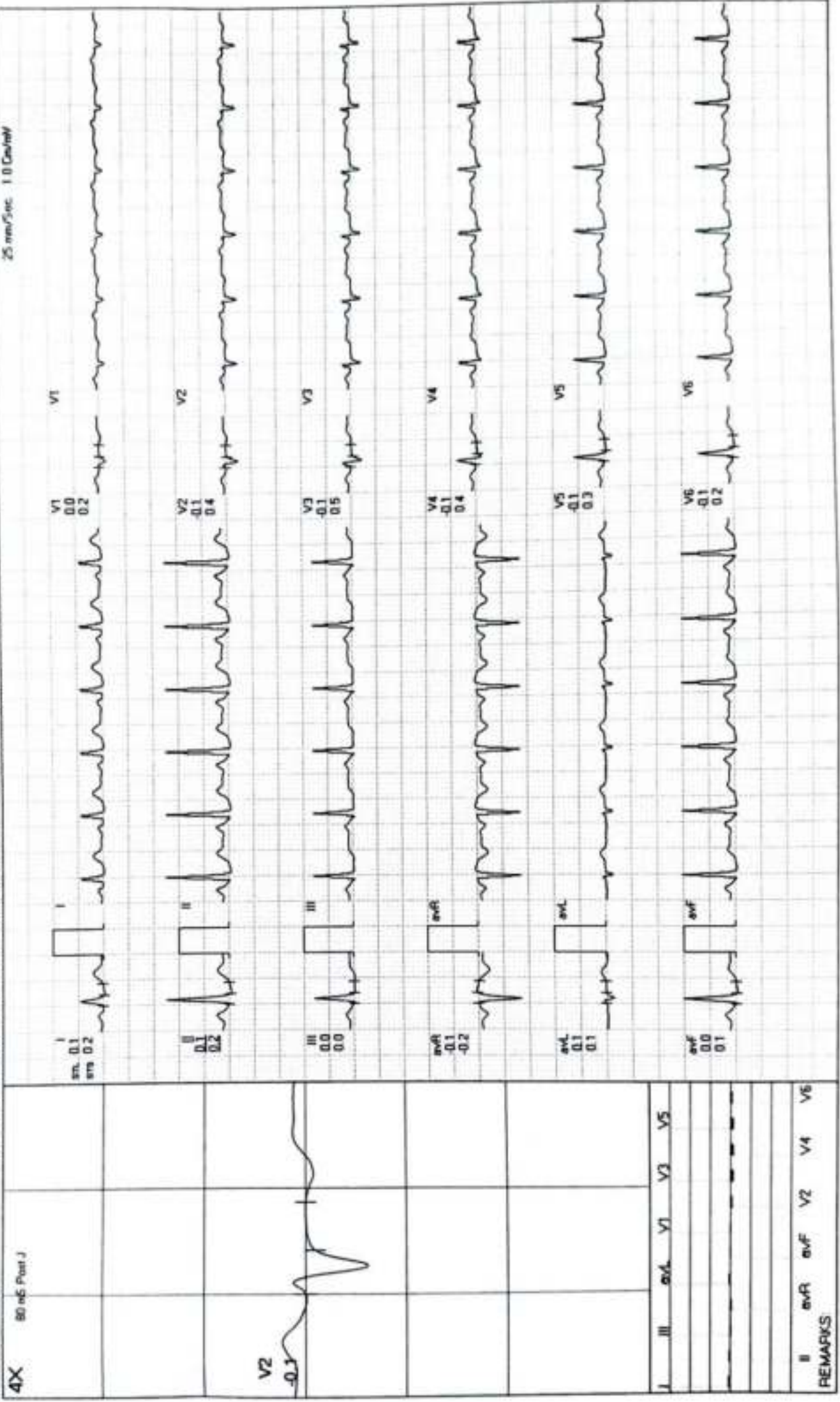
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 109

Recovery(2:00)



Date 22-01-2024 METS 1 0/109 bpm 56% of THR BP 128/90 mmHg Combined Mediants/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz  
 ExT mie 06.06 0.0 Kmph. 0.0%  
 25 mm/Sec 1.0 Cm/mV

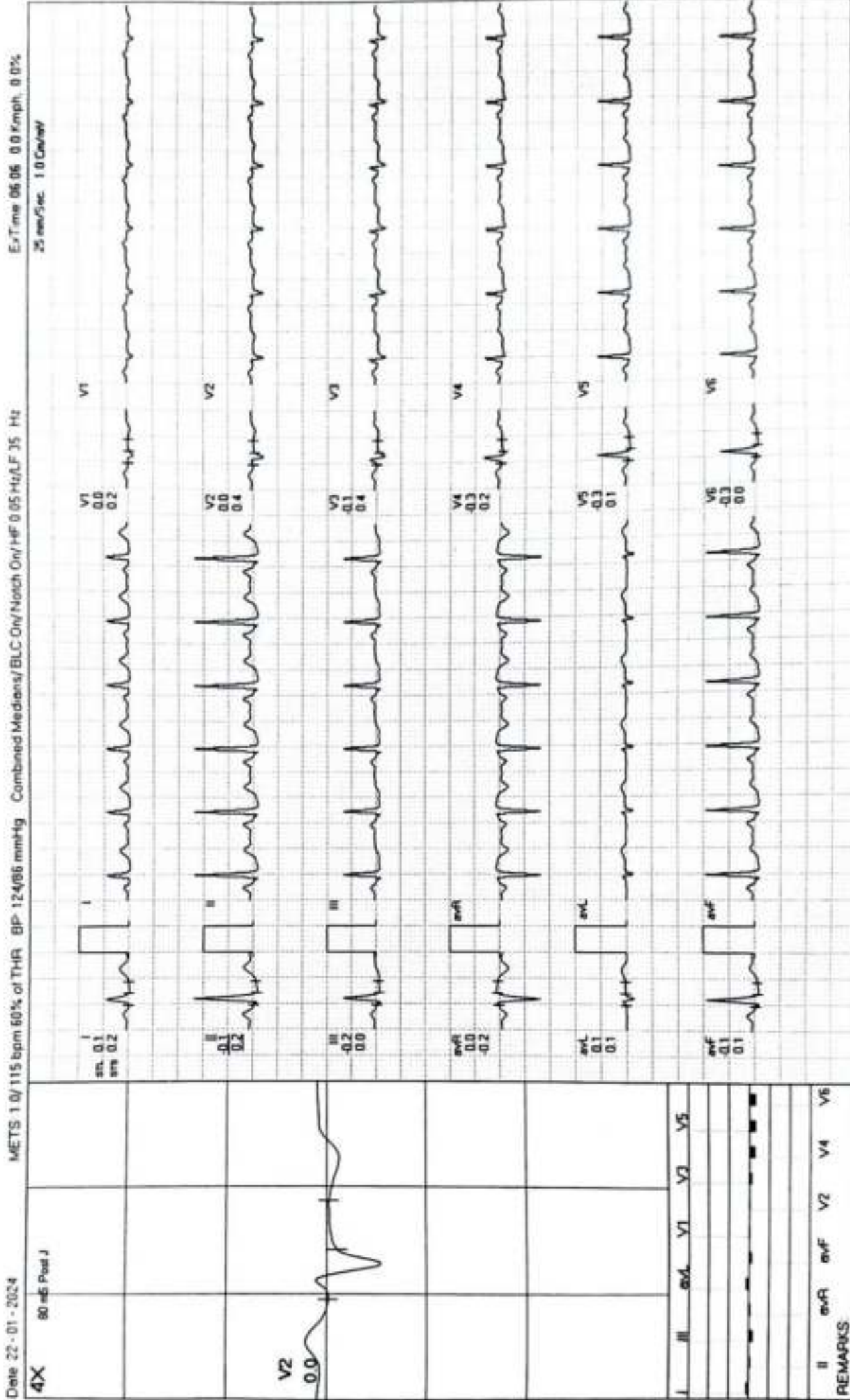


REMARKS  
 I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

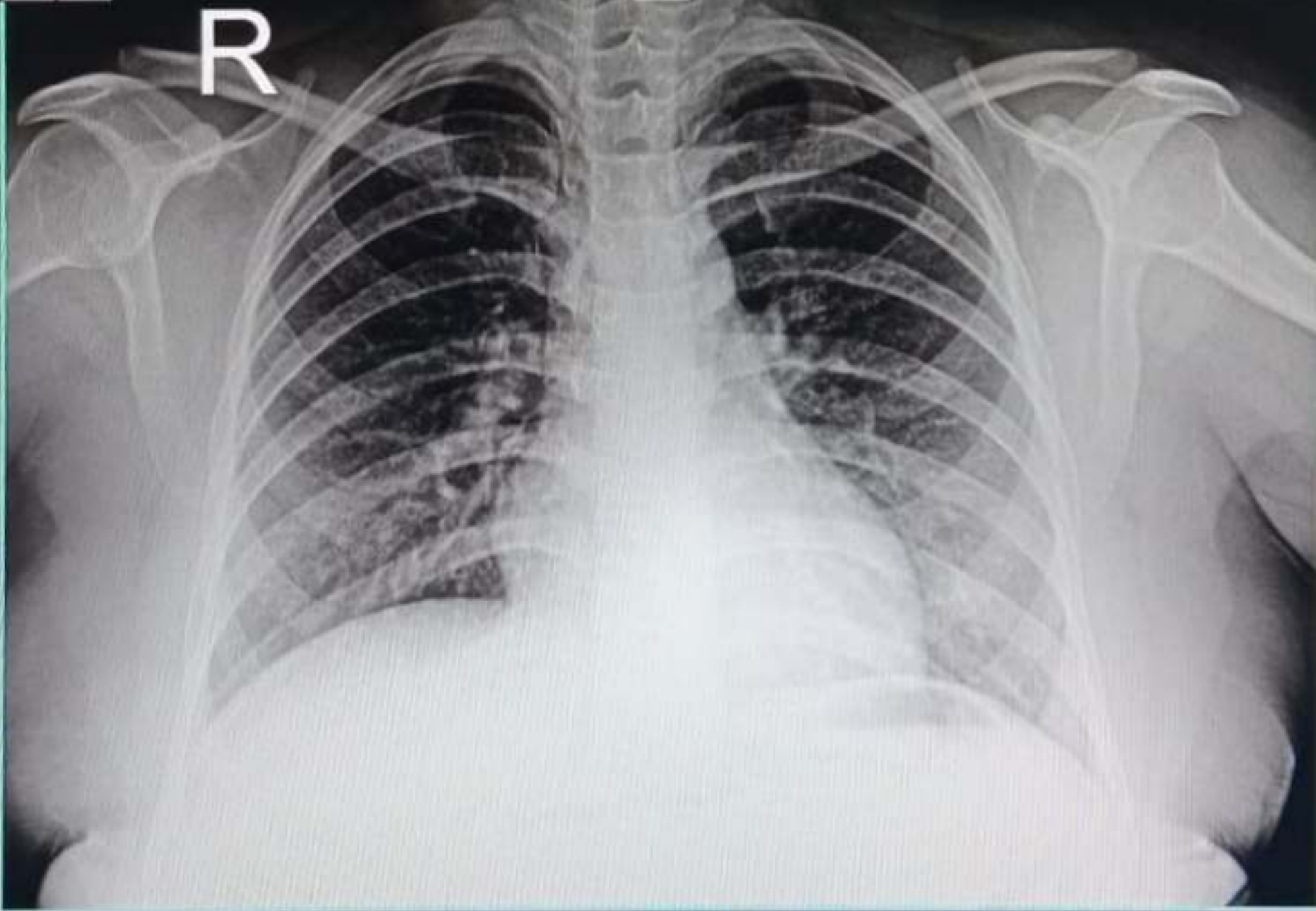
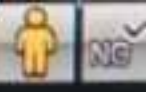
PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 115

Recovery(3:00)





NEW!



24012203208 MRS PRIYANSHU SINGH 27 YRS F DR SELF CHEST PA  
01/22/2024 MODERN PATHOLOGY & DIAGNOSTIC CENTRE GOMTI NAGAR LUCKNOW