

Fw: Health Check up Booking Confirmed Request(bobE47989),Package Code-PKG10000245, Beneficiary Code-46060

Priya Darshini V <PRIYA.DARSHINIV@NARAYANAHEALTH.ORG>

Mon 9/10/2023 12:55

To: Ashwatha GJ <ashwatha@infiniminds.com>

FYI

From: Mediwheel <wellness@mediwheel.in>

Sent: Tuesday, 10 October 2023 9:17 am

To: Priya Darshini V <priya.darshiniv@narayanahealth.org>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>

Subject: Health Check up Booking Confirmed Request(bobE47989),Package Code-PKG10000245, Beneficiary Code-46060

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011-41195959

Email:wellness@mediwheel.in

Hi Narayana Multispecialty Hospital,

Diagnostic/Hospital Location :CAH/1, 3rd Phase, Devanur, 2nd Stage, R.S.Naidu Nagar,
Mysore - 570091, City: Mysore

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000245
Beneficiary Name : MS. P BINCY N
Member Age : 34
Member Gender : Female
Member Relation : Employee
Package Name : Mediwheel Full Body Health Checkup Female Below 40
Location : MYSORE, Karnataka-570002
Contact Details : 9446565533
Booking Date : 10-10-2023
Appointment Date : 14-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

AD-2023-2024 Arcotelmi Healthcare Limited

Narayana Health Email Signature

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DEPARTMENT OF RADIOLOGY AND IMAGING

PATIENT NAME : Mrs. Bincy N P

AGE : 37 Yrs

PATIENT ID NO : 10140000395153

SEX : Female

REF BY DR : Dr. Naveen Kumar D S

DATE : 14/10/2023

ULTRASOUND SCAN OF ABDOMEN AND PELVIS (MHC)

LIVER - Normal in size and echotexture. No obvious focal lesions.

BILIARY RADICLES - No dilatation.

CBD - Normal in size. No evidence of calculi.

GALL BLADDER - Partially distended.

PORTAL VEIN - Normal in caliber.

PANCREAS - Head and body of pancreas show normal echotexture.

SPLEEN - Normal.

KIDNEYS - Both kidneys are normal in size and echotexture. No evidence of calyceal dilatation or calculi seen.

BLADDER - Distended and appears normal.

UTERUS - Appears normal.

EMT - 10mm

Both ovaries show normal echotexture.

Minimal free fluid is seen in the Pouch of Douglas.

IMPRESSION: Minimal free fluid in the Pouch of Douglas.

To correlate clinically.

[Dr. Shailesh Pene Dr. Rakesh Sharma Dr. Roopa K]

Note: Kindly bring the report back for typing corrections if any.



Narayana Multispeciality Hospital

Narayana Hrudayalaya Surgical Hospital Pvt. Ltd. CIN: LB5100KA2019PTC065463

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: CAH/1, 3rd Phase, Devanur, Mysore 570019

Tel: +91 821 7122 222 | Fax: +91 821 7122 235 | Email: info.mys@narayanahealth.org | www.narayanahealth.org



Appointments

1800-309-0309 (Toll Free)

Emergencies

98539-98539

Patient Name	Bincy N P	Requested By	Dr. Naveen Kumar D S
MRN	10140000395153	Procedure DateTime	2023-10-14 12:19:09
Age/Sex	37Y 7M / Female	Hospital	NH-Mysore

X-RAY CHEST PA VIEW

Clinical details: Health checkup.

The C.T.Ratio is within normal limits.

The lung fields are clear.

The costo and cardiophrenic angles are free.

The dome of diaphragm are normally placed.

The bony thorax shows no gross abnormality.

IMPRESSION: No abnormality detected.

To correlate clinically.

Dr. Rakesh Sharma M N

MBBS, DMRD, DNB(Radiology)

Consultant

Department of Radiology



This is a digitally signed valid document. Reported Date/Time: 2023-10-14 12:22:45



ECHOCARDIOGRAPHY REPORT

Patient ID	: 10140000395153	Report Date	: 14-10-2023
Patient Name:	: Ms. Bincy N P		
Age / Gender	: 37 years / Female	Cath Number	:
Render No	:		

MEASUREMENT

AO : 30 (20 - 40)mm **LVID(d)** : 32 (36 - 52)mm **IVS** : 10 (6 - 11)mm
LA : 32 (19 - 40)mm **LVID s** : 22 (23 - 39)mm **PWD** : 10 (6 - 11)mm
EF : 60% (>50%) **ESV** : 16 ml **EDV** : 42ml

VALVES

Mitral Valve : Normal
Aortic valve : Normal
Tricuspid Valve : Normal
Pulmonary Valve : Normal

CHAMBERS

Left Atrium : Normal
Right Atrium : Normal
Left Ventricle : Normal
Right Ventricle : Normal

SEPTAE

IVS : Intact
IAS : Intact

GREAT ARTERIES

Aorta : Normal
Pulmonary Artery : Normal

DOPPLER DATA

Mitral : E/A 0.8/0.7 m/s
Aortic : Normal
Tricuspid : Trivial TR / Mild PAH, PASP 34mmHg
Pulmonary : Normal
LVOT : Normal
Vegetation/Thrombus : Normal
Pericardium : Normal

WALL MOTION ABNORMALITIES

No RWMA

FINAL DIAGNOSIS

- NORMAL CHAMBER DIMENSIONS
- TRIVIAL TRICUSPID REGURGITATION / MILD PULMONARY ARTERIAL HYPERTENSION
- NO RWMA
- NORMAL LV FUNCTION (LVEF-60%)
- LEFT ARCH / NO COA

DR KESHAVA MURTHY.V
(SENIOR INTERVENTIONAL
CARDIOLOGIST)

DR SRINIVAS P
(INTERVENTIONAL
CARDIOLOGIST)

DR ANAND LINGAN
(SENIOR PEDIATRIC / ADULT
INTERVENTIONAL CARDIOLOGIST)

DONE BY : SERIN



Patient Name : Ms. Bincy N P
MRN : 395153

Page 2 of 2 Typed by : Mr. Hemanth

ID: 10140000395153

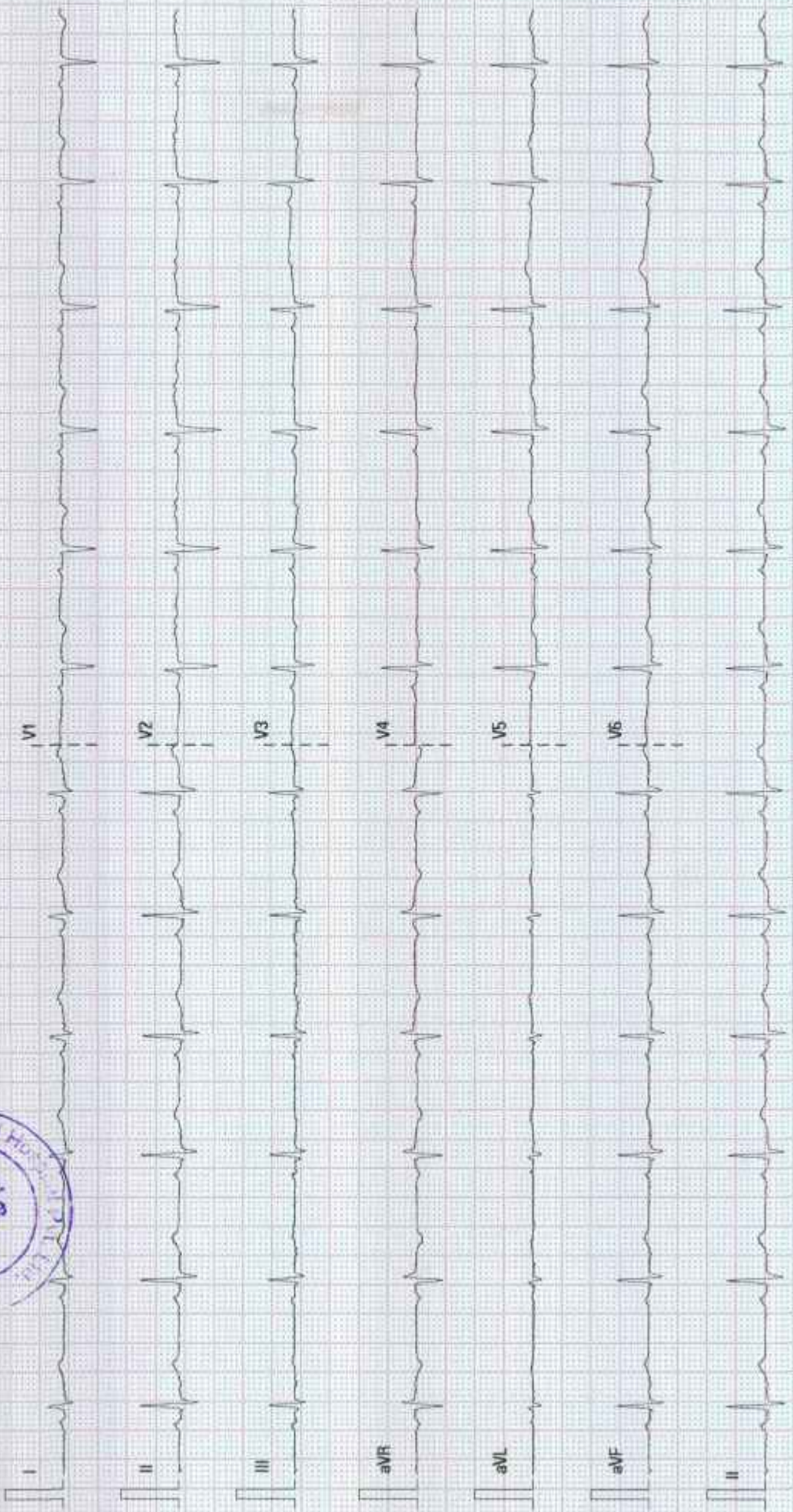
Name: Binicy
Age: 37 Years
Gender: Female

2023-10-14 11:08:40 AM

Vent. Rate 72 bpm
PR Interval 136 ms
QRS Duration 84 ms
QT/QTc Interval 402/423 ms
P/QRS/T Axes 46/69/38 deg
QTc Hedges

Sinus rhythm
Anterior T wave abnormality is borderline for age and gender
Borderline ECG

Unconfirmed Diagnosis



25 mm/s

10 mm/mV

50 Hz

60R 35 Hz

NARAYANA SURGICAL HOSPITAL MYSORE

02 10 00 V28 4.1

SN-FN 21032659

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 09:28 AM Received On : 14/10/2023 09:48 AM Reported On : 14/10/2023 11:03 AM

Barcode : 602310140072 Specimen : Serum Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine (Spectrophotometry)	0.8	mg/dL	0.6-1.2
eGFR (Calculated By MDRD Formula)	80.7	mL/min/1.73m ²	-
Blood Urea Nitrogen (BUN) (Spectrophotometry)	9	mg/dL	7.0-20.0
Serum Sodium (Spectrophotometry)	136	mmol/L	135.0-150.0
Serum Potassium (Spectrophotometry)	4.8	mmol/L	3.5-5.0
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Spectrophotometry)	246 H	mg/dL	Normal <200 High >240 Borderline 200 - 239
Triglycerides (Spectrophotometry)	43	mg/dL	Very High >500 Borderline High 150 - 199 High 200 - 499
HDL Cholesterol (HDLC) (Spectrophotometry)	82 H	mg/dL	40.0-60.0
Non-HDL Cholesterol (Spectrophotometry)	164	-	-
LDL Cholesterol (Calculated)	155 H	mg/dL	Desirable: <100 Optimal: 100-129 Borderline High: 130-159 High : 160-189 Very High: >190
VLDL Cholesterol (Spectrophotometry)	8.6	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Spectrophotometry)	3	-	0.0-5.0
LIVER FUNCTION TEST(LFT)			
Bilirubin Total (Spectrophotometry)	0.5	mg/dL	0.0-1.3

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Narayana Multispecialty Hospital

Narayana Hrudayalaya Surgical Hospital Pvt. Ltd. CIN: L85100KA2010PTC055453

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: CAH/1, 3rd Phase, Devanur, Mysore 570019

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Appointments

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Emergencies

98539-98539

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 09:28 AM Received On : 14/10/2023 09:48 AM Reported On : 14/10/2023 10:15 AM

Barcode : 602310140073 Specimen : Plasma Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
FASTING BLOOD GLUCOSE (FBG) (Spectrophotometry)	89	mg/dL	70.0-100.0

--End of Report--

Dr. Shrivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST



Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



Patient Name : Ms Bincy N.P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1985)

Conjugated Bilirubin (Direct) (Spectrophotometry)	0.2	mg/dL	0.0-0.3
Unconjugated Bilirubin (Indirect) (Spectrophotometry)	0.3	mg/dL	0.3-0.8
Total Protein (Spectrophotometry)	7.9	g/dL	6.4-8.2
Serum Albumin (Spectrophotometry)	4.6	g/dL	3.4-5.0
Serum Globulin (Spectrophotometry)	3.3	-	-
Albumin To Globulin (A/G)Ratio (Spectrophotometry)	1.39	-	1.0-2.1
SGOT (AST) (Spectrophotometry)	20	IU/L	15.0-37.0
SGPT (ALT) (Spectrophotometry)	15 L	IU/L	30.0-65.0
Alkaline Phosphatase (ALP) (Spectrophotometry)	47 L	IU/L	50.0-136.0
Gamma Glutamyl Transferase (GGT) (Spectrophotometry)	15	IU/L	15.0-85.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence Immunoassay (CLIA))	1.18	ng/dL	0.6-1.81
Thyroxine (T4) (Enhanced Chemiluminescence Immunoassay (CLIA))	7.02	ug/dl	3.2-12.6
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence Immunoassay (CLIA))	2.518	mIU/L	> 18 Year(s) : 0.4 -4.5 Pregnancy: 1st Trimester: 0.129-3.120 2nd Trimester: 0.274-2.652 3rd Trimester: 0.312-2.947

--End of Report--



Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms.Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 09:28 AM Received On : 14/10/2023 09:48 AM Reported On : 14/10/2023 12:45 PM

Barcode : 602310140074 Specimen : Whole Blood Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HbA1C			
HbA1c (HPLC METHOD)	5.7	%	Upto - Normal (Non Diabetic Level): < 6 Good Control: 6.01-7.00 Fair Control: 7.01-8.00 Poor Control: > 8.01
Estimated Average Glucose (HPLC METHOD)	116.89	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 09:28 AM Received On : 14/10/2023 09:48 AM Reported On : 14/10/2023 10:30 AM

Barcode : 612310140038 Specimen : Whole Blood - ESR Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

HAEMATOLOGY LAB

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) [Westergren Method]	10	mm/1hr	0.0-19.0

--End of Report--



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MBBS, MD

CONSULTANT PATHOLOGIST



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 12:44 PM Received On : 14/10/2023 12:57 PM Reported On : 14/10/2023 01:20 PM

Barcode : 602310140158 Specimen : Plasma Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
POST PRANDIAL BLOOD GLUCOSE (PPBG) (Spectrophotometry)	102	mg/dL	100.0-140.0

--End of Report--

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 09:28 AM Received On : 14/10/2023 09:48 AM Reported On : 14/10/2023 11:40 AM

Barcode : 612310140037 Specimen : Whole Blood Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

HAEMATOLOGY LAB

Test	Result	Unit	Biological Reference Interval
BLOOD GROUP & RH TYPING			
Blood Group (Slide Technique And Tube Technique)	"A"	-	-
RH Typing (Slide Technique And Tube Technique)	Positive	-	-
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Coulter Principle)	13.28	g/dL	12.0-15.0
Red Blood Cell Count (Coulter Principle)	4.45	Million/ul	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	39.3	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Derived From RBC Histogram)	88.3	fL	76.0-96.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	29.8	Pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.8	g/L	30.0-35.0
Red Cell Distribution Width (RDW) (Derived From RBC Histogram)	14.3 H	%	11.6-14.0
Platelet Count (Coulter Principle)	264	Thous/ μ L	150.0-400.0
Mean Platelet Volume (MPV)	7.14	fL	7.0-11.7
Total Leucocyte Count(WBC) (Coulter Principle)	4.74	Thous/cumm	4.0-11.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (Optical/Impedance)	55.87	%	40.0-75.0



Patient Name : Ms Bincy N.P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Lymphocytes (Optical/Impedance)	31.75	%	20.0-45.0
Monocytes (Optical/Impedance)	7.17	%	2.0-10.0
Eosinophils (Optical/Impedance)	5.01	%	1.0-6.0
Basophils	0.20	%	0.0-1.0
Absolute Neutrophil Count	2.65	-	-
Absolute Lymphocyte Count	1.5	-	-
Absolute Monocyte Count	0.34	-	-
Absolute Eosinophil Count	0.24	-	-
Absolute Basophil Count	0.01	-	-

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Shivaprasad

Dr. Shivaprasad P.N

MBBS, MD

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 12:44 PM Received On : 14/10/2023 01:51 PM Reported On : 14/10/2023 02:02 PM

Barcode : 622310140032 Specimen : Urine Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

PATHOLOGY

Test	Result	Unit
Urine For Sugar (Semiquantitative Strip Method- Glucose Oxidase Technique) Note : Post prandial urine sample.	Negative	-

--End of Report--

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Collected On : 14/10/2023 09:28 AM Received On : 14/10/2023 10:08 AM Reported On : 14/10/2023 12:01 PM

Barcode : 622310140014 Specimen : Urine Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7907233717

PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	10	ml	-
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction)	7.0	-	4.8-7.5
Sp. Gravity	1.010	-	1.005 - 1.030
Protein	Negative	-	-
Urine Glucose	Negative	-	-
Ketone Bodies	Negative	-	Negative
Bile Salts	Negative	-	Negative
Bile Pigment (Bilirubin)	Negative	-	Negative
Urobilinogen	Normal	-	-
Urine Leucocyte Esterase	Negative	-	Negative
Blood Urine	Negative	-	Negative
Nitrite	Negative	-	Negative
MICROSCOPIC EXAMINATION			

Page 1 of 2



Patient Name : Ms Bincy N P MRN : 10140000395153 Gender/Age : FEMALE , 37y (01/03/1986)

Pus Cells	2-3/hpf	-	0-2
RBC	Nil	-	-
Epithelial Cells	1-2/hpf	-	2-4
Crystals	Not Seen	-	-
Casts	Not Seen	-	-

--End of Report--



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