

To: akash\_vardhan90@hotmail.com <akash\_vardhan90@hotmail.com>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>

Subject: Health Check up Booking Confirmed Request(bobE38347),Package Code-PKG10000240, Beneficiary Code-65001

011-41195959

Email:wellness@mediwheel.in

Dear **MR. VARDHAN AKASH,**

Please find the confirmation for following request.

**Booking Date** : 22-04-2023

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40

**Name of Diagnostic/Hospital** : Manipal Hospitals

**Address of Diagnostic/Hospital** : NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft Golf Links Apartment

**Contact Details** : 8979619531

**City** : Ghaziabad

**State** : Uttar Pradesh

**Pincode** : 201002

**Appointment Date** : 02-05-2023

**Confirmation Status** : Confirmed

**Preferred Time** : 8:00am-12:00pm

**Comment** : APPOINTMENT TIME 9:00AM

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance. Please reach out to Team Mediwheel.

भारत सरकार  
Government of India

आकाश वर्धन  
Akash Vardhan  
ଜନ୍ମ ତାରିଖ / DOB: 05/08/1990  
ପୁରୁଷ / MALE

Issue Date: 27/10/2011

9801 0155 2512  
VID : 9185 9663 8230 5857  
ମୋ ଆଧାର, ମୋ ପରିଚୟ

*Akash Vardhan*

 **बैंक ऑफ बड़ोदा**  
**Bank of Baroda**

नाम : आकाश वर्धन  
Name: AKASH VARDHAN

कर्मचारी कूट क्र.  
E.C. No 126997

जारीकर्ता अधिकारी : क्षेत्रीय प्रमुख, सम्बलपुर  
Issuing Authority: Regional Head,  
Sambalpur



*Akash Vardhan*  
आकाश वर्धन  
Signature of Holder

*Shakti Vardhan*

 **ଭାରତୀୟ ଉନିକ ସଂଚାର ପ୍ରାଧିକରଣ**  
**Unique Identification Authority of India** 

**ଠିକଣା:**  
ମିଳନୀ: ଶକ୍ତି ବର୍ଦ୍ଧନ, ଫ୍ଲାଟ ନଂ ସି 606 6ଥ ଫ୍ଲୋର,  
ଟାୱର ସି ବ୍ଲକ୍ 3 ରାଜନଗର ରେସିଡେନ୍ସି,  
ଗଜିଆବାଦ, ଉତ୍ତରୀୟ କରମ ଏକସ୍ତେନ୍ସନ୍,  
ଉତ୍ତରୀୟ ପ୍ରଦେଶ - 201017

**Address:**  
C/O: Shakti Vardhan, FLAT NO C 606 6TH  
FLOOR, TOWER C BLOCK 3 RAJNAGAR  
RESIDENCY, GHAZIABAD, Raj Nagar  
Extension, Ghaziabad,  
Uttar Pradesh - 201017

**9801 0155 2512**  
**VID : 9185 9663 8230 5857**

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## RADIOLOGY REPORT

Name	AKASH VARDHAN	Modality	DX
Patient ID	MH010185532	Accession No	R5483756
Gender/Age	M / 32Y 8M 27D	Scan Date	02-05-2023 10:27:42
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	02-05-2023 11:07:30

## XR- CHEST PA VIEW

**FINDINGS:**

LUNGS: Normal.  
TRACHEA: Normal.  
CARINA: Normal.  
RIGHT AND LEFT MAIN BRONCHI: Normal.  
PLEURA: Normal.  
HEART: Normal.  
RIGHT HEART BORDER: Normal.  
LEFT HEART BORDER: Normal.  
PULMONARY BAY: Normal.  
PULMONARY HILA: Normal.  
AORTA: Normal.  
THORACIC SPINE: Normal.  
OTHER VISUALIZED BONES: Normal.  
VISUALIZED SOFT TISSUES: Normal.  
DIAPHRAGM: Normal.  
VISUALIZED ABDOMEN: Normal.  
VISUALIZED NECK: Normal.

**IMPRESSION:**

**No significant abnormality noted.**

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
Consultant Radiologist, Reg No MCI 11 10887

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**MANIPAL HOSPITALS**

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com

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**This report is subject to the terms and conditions mentioned overleaf**

## RADIOLOGY REPORT

Name	AKASH VARDHAN	Modality	US
Patient ID	MH010185532	Accession No	R5483757
Gender/Age	M / 32Y 8M 27D	Scan Date	02-05-2023 13:27:43
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	02-05-2023 12:52:32

## USG ABDOMEN &amp; PELVIS

## FINDINGS

LIVER: Liver is normal in size (measures 137 mm), shape and echotexture. Rest normal.  
SPLEEN: Spleen is normal in size (measures 108 mm), shape and echotexture. Rest normal.  
PORTAL VEIN: Appears normal in size and measures 10.4 mm.  
COMMON BILE DUCT: Appears normal in size and measures 4.8 mm.  
IVC, HEPATIC VEINS: Normal.  
BILIARY SYSTEM: Normal.  
GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.  
PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.  
KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.  
Right Kidney: measures 97 x 50 mm.  
Left Kidney: measures 115 x 48 mm.  
PELVI-CALYCEAL SYSTEMS: Compact.  
NODES: Not enlarged.  
FLUID: Nil significant.  
URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.  
PROSTATE: Prostate is normal in size, shape and echotexture. It measures 33 x 32 x 24 mm with volume 13 cc. Rest normal.  
SEMINAL VESICLES: Normal.  
BOWEL: Visualized bowel loops appear normal.

## IMPRESSION

-No significant abnormality noted.

Recommend clinical correlation.



Dr. Prabhat Prakash Gupta,  
MBBS, DNB, MNAMS, FRCR(I)  
Consultant Radiologist, Reg no DMC/R/14242

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## LABORATORY REPORT

<b>Name</b>	: MR AKASH VARDHAN	<b>Age</b>	: 32 Yr(s) Sex :Male
<b>Registration No</b>	: MH010185532 RefHosp No. : ghzb-0000174783	<b>Lab No</b>	: 32220606495
<b>Patient Episode</b>	: H1800000505	<b>Collection Date</b>	: 18 Jun 2022 19:04
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 20 Jun 2022 09:11
<b>Receiving Date</b>	: 18 Jun 2022 19:17		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Specimen Type : Serum

#### THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.28	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.42	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.270	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Glycosylated Hemoglobin

Specimen: EDTA Whole blood

HbA1c (Glycosylated Hemoglobin) 5.7

As per American Diabetes Association(AD % [4.0-6.5]HbA1c in Non diabetic adults >= 18years <5.7 Prediabetes (At Risk )5.7-6.4 Diagnosing Diabetes >= 6.5

Methodology Turbidimetric inhibition immunoassay (TINIA)

Estimated Average Glucose (eAG) 117 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

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-----END OF REPORT-----

*Neejam Sengal*

## LABORATORY REPORT

**Name** : MR AKASH VARDHAN **Age** : 32 Yr(s) Sex :Male  
**Registration No** : MH010185532 RefHosp No. : ghzb-0000174783 **Lab No** : 32230500606  
**Patient Episode** : H1800000505 **Collection Date** : 02 May 2023 20:43  
**Referred By** : HEALTH CHECK MGD **Reporting Date** : 03 May 2023 10:01  
**Receiving Date** : 02 May 2023 21:21

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Biological Ref. Interval</b>
URIC ACID, Serum (Uricase)	7.5 #	mg/dl	[3.5-7.2]
<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Biological Ref. Interval</b>
<b>LIVER FUNCTION TEST (Serum)</b>			
BILIRUBIN-TOTAL (mod.J Groff)**	0.33	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.14	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.19 #	mg/dl	[0.20-1.00]
SGOT/ AST (P5P,IFCC)	16.30	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	18.50	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic)*	103	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.5	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.6	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.9	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.59		[1.10-1.80]

**Note:**

\*\*NEW BORN: Vary according to age (days), body wt & gestation of baby  
 \*New born: 4 times the adult value

## LABORATORY REPORT

**Name** : MR AKASH VARDHAN **Age** : 32 Yr(s) Sex :Male  
**Registration No** : MH010185532 RefHosp No. : ghzb-0000174783 **Lab No** : 32230500606  
**Patient Episode** : H18000000505 **Collection Date** : 02 May 2023 20:43  
**Referred By** : HEALTH CHECK MGD **Reporting Date** : 03 May 2023 10:01  
**Receiving Date** : 02 May 2023 21:21

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Biological Ref. Interval</b>
TOTAL PSA, Serum (ECLIA)	0.669	ng/mL	[<2.000]

Note : PSA is a glycoprotein that is produced by the prostate gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by BPH, prostatitis, or prostate cancer may increase circulating PSA levels.

Caution : Serum markers are not specific for malignancy, and values may vary by method.

Immediate PSA testing following digital rectal examination, ejaculation, prostate massage urethral instrumentation, prostate biopsy may increase PSA levels.

Some patients who have been exposed to animal antigens, may have circulating anti-animal antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.



## LABORATORY REPORT

**Name** : MR AKASH VARDHAN **Age** : 32 Yr(s) Sex :Male  
**Registration No** : MH010185532 RefHosp No. : ghzb-0000174783 **Lab No** : 32230500606  
**Patient Episode** : H18000000505 **Collection Date** : 02 May 2023 20:43  
**Referred By** : HEALTH CHECK MGD **Reporting Date** : 03 May 2023 09:59  
**Receiving Date** : 02 May 2023 21:21

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Specimen Type : Serum

#### THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.53	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.01	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	0.970	µIU/mL	[0.340-4.250]

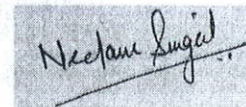
Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



**Dr. Neelam Singal**  
CONSULTANT BIOCHEMISTRY

## LABORATORY REPORT

**Name** : MR AKASH VARDHAN **Age** : 32 Yr(s) Sex :Male  
**Registration No** : MH010185532 RefHosp No. : ghzb-0000174783 **Lab No** : 32230500614  
**Patient Episode** : H18000000505 **Collection Date** : 02 May 2023 20:43  
**Referred By** : HEALTH CHECK MGD **Reporting Date** : 03 May 2023 10:01  
**Receiving Date** : 02 May 2023 21:21

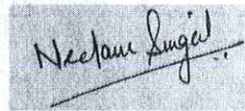
### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>Lipid Profile (Serum)</b>			
TOTAL CHOLESTEROL (CHOD/POD)	192	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	156 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct) Methodology: Homogenous Enzymatic	38	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	31	mg/dl	[10-40]
(CALCULATED) LDL- CHOLESTEROL	123 #	mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	5.1		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	3.2		<3 Optimal 3-4 Borderline >6 High Risk

**Note:**

Reference ranges based on ATP III Classifications.  
Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

-----END OF REPORT-----



**Dr. Neelam Singal**  
CONSULTANT BIOCHEMISTRY

## LABORATORY REPORT

**Name** : MR AKASH VARDHAN **Age** : 32 Yr(s) Sex :Male  
**Registration No** : MH010185532 RefHosp No.: ghzb-0000174783 **Lab No** : 202305000134  
**Patient Episode** : H18000000505 **Collection Date** : 02 May 2023 10:14  
**Referred By** : HEALTH CHECK MGD **Reporting Date** : 02 May 2023 15:22  
**Receiving Date** : 02 May 2023 13:43

### HAEMATOTOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>COMPLETE BLOOD COUNT (AUTOMATED)</b>		<b>SPECIMEN-EDTA Whole Blood</b>	
RBC COUNT (IMPEDEANCE)	4.86	millions/cumm	[4.50-5.50]
HEMOGLOBIN	14.1	g/dl	[12.0-16.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	41.8	%	[40.0-50.0]
MCV (DERIVED)	86.0	fL	[83.0-101.0]
MCH (CALCULATED)	29.0	pg	[27.0-32.0]
MCHC (CALCULATED)	33.7	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.6	%	[11.6-14.0]
Platelet count	218	x 10 <sup>3</sup> cells/cumm	[150-400]
MPV (DERIVED)	9.4		
WBC COUNT (TC) (IMPEDEANCE)	6.56	x 10 <sup>3</sup> cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	58.0	%	[40.0-80.0]
Lymphocytes	30.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	6.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	10.0	/1sthour	[0.0-

## LABORATORY REPORT

<b>Name</b>	: MR AKASH VARDHAN	<b>Age</b>	: 32 Yr(s) Sex :Male
<b>Registration No</b>	: MH010185532 RefHosp No. : ghzb-0000174783	<b>Lab No</b>	: 202305000134
<b>Patient Episode</b>	: H18000000505	<b>Collection Date</b>	: 02 May 2023 12:16
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 02 May 2023 15:15
<b>Receiving Date</b>	: 02 May 2023 12:16		

### CLINICAL PATHOLOGY

#### ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

##### MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	7.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

##### CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

##### MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	NIL /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

Name : MR AKASH VARDHAN Age : 32 Yr(s) Sex :Male  
Registration No : MH010185532 RefHosp No. : ghzb-0000174783 Lab No : 202305000134  
Patient Episode : H18000000505 Collection Date : 02 May 2023 13:43  
Referred By : HEALTH CHECK MGD Reporting Date : 02 May 2023 17:52  
Receiving Date : 02 May 2023 13:43

**CLINICAL PATHOLOGY**

**STOOL COMPLETE ANALYSIS**

**Specimen-Stool**

**Macroscopic Description**

Colour	BROWN
Consistency	Solid
Blood	Absent
Mucus	Absent
Occult Blood	NEGATIVE

**Microscopic Description**

Ova	Absent
Cyst	Absent
Fat Globules	Absent
Pus Cells	NIL
RBC	NIL

Name : MR AKASH VARDHAN  
 Registration No : MH010185532 RefHosp No. :  
 ghzb-0000174783  
 Patient Episode : H18000000505  
 Referred By : HEALTH CHECK MGD  
 Receiving Date : 02 May 2023 13:43

Age : 32 Yr(s) Sex : Male  
 Lab No : 202305000134  
 Collection Date : 02 May 2023 10:14  
 Reporting Date : 02 May 2023 18:04

**BIOCHEMISTRY**

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>Glycosylated Hemoglobin</b>			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.8 #	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association(ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk )5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	120	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

**Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood**

**Blood Group & Rh typing O Rh(D) Positive**

**Technical note:**

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

-----END OF REPORT-----



**Dr. Alka Dixit Vats**  
**Consultant Pathologist**

Name : MR AKASH VARDHAN  
Registration No : MH010185532 RefHosp No. :  
ghzb-0000174783  
Patient Episode : H18000000505  
Referred By : HEALTH CHECK MGD  
Receiving Date : 02 May 2023 10:14

Age : 32 Yr(s) Sex :Male  
Lab No : 202305000135  
Collection Date : 02 May 2023 10:14  
Reporting Date : 02 May 2023 17:52

**BIOCHEMISTRY**

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>GLUCOSE-Fasting</b> Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	90.0	mg/dl	[70.0-110.0]

-----END OF REPORT-----

**Dr. Alka Dixit Vats**  
Consultant Pathologist

Name : MR AKASH VARDHAN  
Registration No : MH010185532 RefHosp No. :  
ghzb-0000174783  
Patient Episode : H1800000505  
Referred By : HEALTH CHECK MGD  
Receiving Date : 02 May 2023 14:36

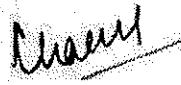
Age : 32 Yr(s) Sex :Male  
Lab No : 202305000136  
Collection Date : 02 May 2023 14:36  
Reporting Date : 03 May 2023 11:05

**BIOCHEMISTRY**

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>PLASMA GLUCOSE</b> Specimen: Plasma GLUCOSE, POST PRANDIAL (PP), 2 HOURS Method: Hexokinase	105.0	mg/dl	[80.0-140.0]

Note:  
Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

-----END OF REPORT-----

  
Dr. Charu Agarwal  
Consultant Pathologist



akash vardhan

32 years  
Male  
Caucasian

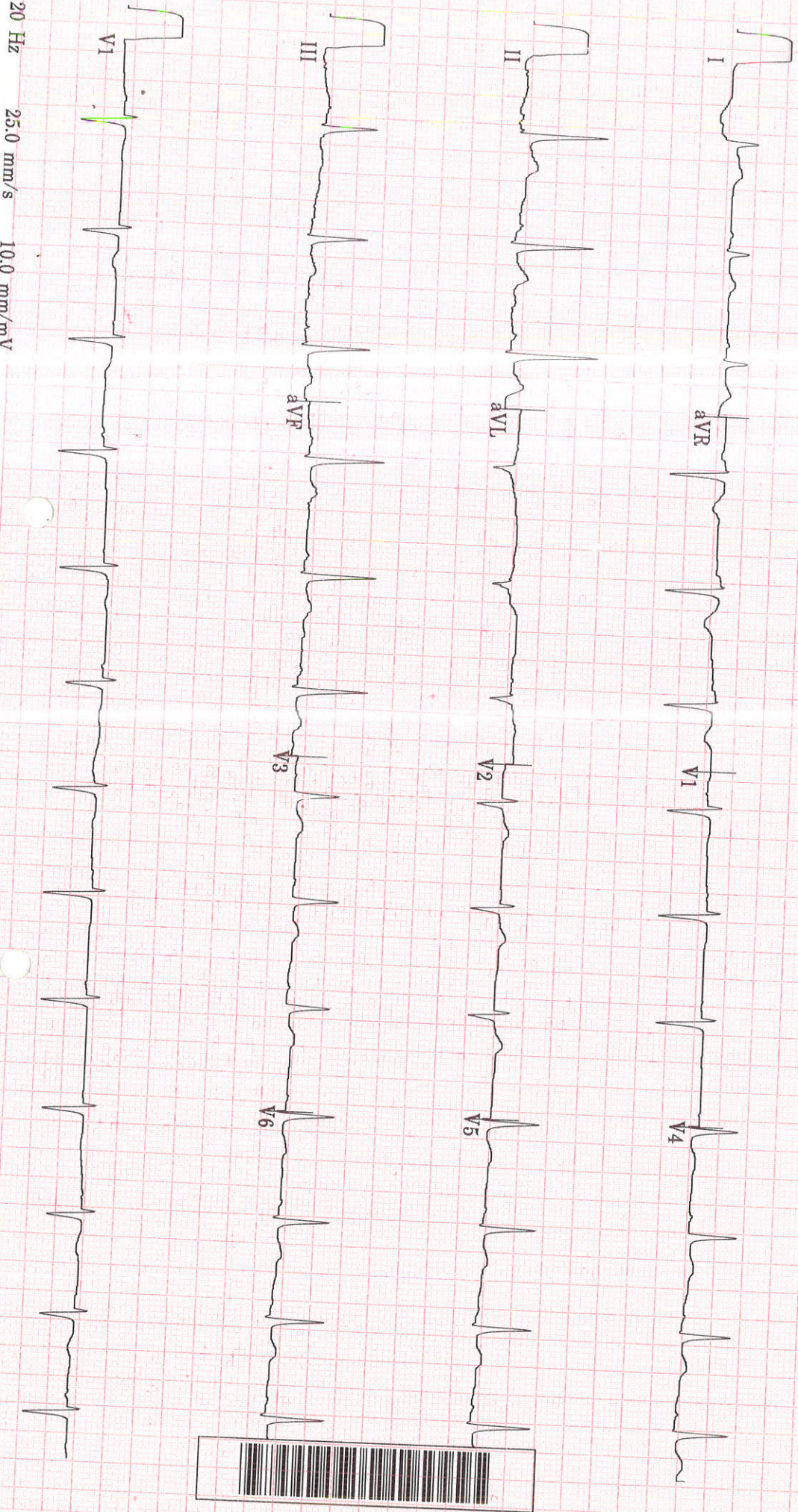
Technician:  
Test ind:

Vent. rate	79 bpm
PR interval	138 ms
QRS duration	82 ms
QT/QTc	348/399 ms
P-R-T axes	52 75 40

ID:  
2-May-2023 13:57:53  
Normal sinus rhythm  
Normal ECG  
Manipal Hospitals, Ghaziabad

Referred by:

Unconfirmed





## TMT INVESTIGATION REPORT

Patient Name : <b>AKASH VARDHAN</b>	Location : Ghaziabad
Age/Sex : 32Year(s)/male	Visit No : V0000000001-GHZZ
MRN No : MH010185532	Order Date : 02/05/2023
Ref. Doctor : HCP	Report Date : 02/05/2023

**Protocol** : Bruce **MPHR** : 188BPM  
**Duration of exercise** : 9min 03sec **85% of MPHR** : 159BPM  
**Reason for termination** : THR achieved **Peak HR Achieved** : 159BPM  
**Blood Pressure (mmHg)** : Baseline BP : 128/74mmHg **% Target HR** : 85%  
Peak BP : 146/80mmHg **METS** : 10.1METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	93	128/74	Nil	No ST changes seen	Nil
STAGE 1	3:00	127	134/74	Nil	No ST changes seen	Nil
STAGE 2	3:00	142	140/74	Nil	No ST changes seen	Nil
STAGE 3	3:00	159	146/80	Nil	No ST changes seen	Nil
STAGE 4	0:03	159	146/80	Nil	No ST changes seen	Nil
RECOVERY	3:01	103	140/80	Nil	No ST changes seen	Nil

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Good effort tolerance.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**

MD, DM (CARDIOLOGY), FACC  
Sr. Consultant Cardiology

**Dr. Abhishek Singh**

MD, DNB (CARDIOLOGY), MNAMS  
Sr. Consultant Cardiology

**Dr. Sudhanshu Mishra**

MD  
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com