

Dear Oneplus Ultrasound Lab,
City : Delhi . Location : .Pitampura New Delhi,

We have received the following request for Health Check up from

Name : Prakruti
Age : 32
Gender : Female
Member Relations : Spouse
Package Name : Metro BOB Full Body Health Checkup Female Below 40
Package Code : PKG10000241
User Location : Delhi,DELHI,110085
Contact Details : 8375062996
Booking Date : 05-10-2021
Appointment Date : 09-10-2021

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Prakruti	32	Female	Cashless
Total amount to be paid		Cashless	

Please login to your account to confirm the same. Also you mail us for confirmation

Package Name : Metro BOB Full Body Health Checkup Female Below 40 - Includes (37)Tests

Tests included in this Package

Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

ONEPLUS ULTRASOUND LAB
PITAMPURA
DELHI
8375062996
05-10-2021

B बैंक ऑफ बड़ौदा
Bank of Baroda

नाम: PRAKRUTI
कर्मचारी कूट क्र. 103027
E. C. No.



धारक के हस्ताक्षर
Signature of Holder

जारीकर्ता प्राधिकारी, मु. प्र. (सु.) अका., न.दि.
Issuing Authority CM (S), ZO, ND.

Prakruti

Dr. NITIN ...
... 1436

QUINTUS ULTRASONIC LAB
Ph. 011 ...
E-mail ...

[Handwritten signature]

Dr. NITIN...

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Ph. 01...
E-mail...





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Ultrasound Lab
— QUALITY FIRST... ALWAYS! —

Dr. Nitin Agarwal
Pathologist & Director
Ex. Sr. Res. MAMC
& Lok Nayak Hospital
Ex. Chief of Lab Dr. Lal Path Labs.

Dr. Pooja (Garg) Agarwal
Radiologist & Director
MAMC & Lok Nayak Hospital



NAME	:Mrs. PRAKRUTI	Barcode No	:10105815
AGE/GENDER	:32 YRS/Female	SPECIMEN DATE	:09/Oct/2021 09:14AM
PATIENT ID	:85296	SPECIMEN RECEIVED	:09/Oct/2021 09:24AM
REFERRED BY	:Dr. MEDIWHEEL	REPORT DATE	:09/Oct/2021 04:42PM
CENTRE NAME	:ONEPLUS ULTRASOUND LAB	LAB NO.	:012110090010

Test Name	Result	Unit	Ref. Range
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HAEMATOLOGY

Health checkup 2 Female

Glycosylated Hemoglobin (HbA1c)	5.0	%	Non Diabetic adults <5.7 Prediabetic (at risk) 5.7-6.4 Diabetes >6.4
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Estimated average blood glucose (eag)	97
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Reference range (mg/dl):

90 - 120:Excellent control, 121 - 150:Good Control, 151 - 180:Average Control, 181 - 210:Action Suggested

>211:Panic value

REMARKS:-

In vitro quantitative determination of **HbA1C** in whole blood is utilized in long term monitoring of glycemia. The **HbA1C** level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose. It is recommended that the determination of **HbA1C** be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy. On testing of HbA1C by HPLC method the result shows high variant window (93.8%) & no value of HbA1C. Therefore for accurate assay of glycaemic Control Fructosamine assay & for variant analysis Hb electrophoresis should be done.

Assay done by : Bio-Rad : D-10 (HPLC)

BLOOD GROUP (ABO)	O
Rh typing	POSITIVE

NOTE :

- * Apart from major A,B,H antigens which are used for ABO grouping and Rh typing, many minor blood group antigens exist. Agglutination may also vary according to titre of antigen and antibody.
- * So before transfusion, reconfirmation of blood group as well as cross-matching is needed.
- * Presence of maternal antibodies in newborns, may interfere with blood grouping.
- * Auto agglutination (due to cold antibody, falciparum malaria, sepsis, internal malignancy etc.) may also cause erroneous result.

CBC

Haemoglobin	10.0	g/dl	11.5-15.0
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Checked By.

DR. NITIN AGARWAL
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DMC/R/01436

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Test Name	Result	Unit	Ref. Range
Total Leucocyte Count	5210	/cumm	4000-10000
<u>Differential leucocyte count</u>			
Neutrophils	61.5	%	40-80
Lymphocyte	28.30	%	20-40
Monocytes	8.10	%	2-10
Eosinophils	1.8	%	1-6
Basophils	0.3	%	0-2
RBC Count	3.97	million/cumm	3.8-4.8
PCV(Hematocrit)	32.8	%	36-46
MCV	82.6	fL	83-101
MCH	25.3	Pg	27-32
MCHC	30.6	G/dL	32-35
Platelet count	242000	/cumm	150000-450000
RDW-CV	15	%	11.4-14.0
ESR(WESTEGRENs METHOD)	14	mm/1hr	<20
<u>BIOCHEMISTRY</u>			
<u>Blood sugar fasting</u>	97	mg/dL	70-110
<u>Blood sugar pp</u>	118	mg/dL	70.0-140.0
<u>Bun (blood urea nitrogen)</u>	14.50	mg/dl	7-18.7
<u>Uric acid. serum</u>	4.9	mg/dl	2.4-5.7
<u>Creatinine. serum</u>	0.72	mg/dl	0.50-0.9
<u>LFT(LIVER FUNCTION TEST)</u>			
Bilirubin Total	0.56	mg/dl	0.1-1.2
Bilirubin Conjugated	0.27	mg/dl	0-0.4
Bilirubin Unconjugated	0.29	mg/dl	up to 0.7
SGOT (AST)	22	U/L	0-31
SGPT (ALT)	24	U/L	<34
Alkaline phosphatase	95	U/L	35-104

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Test Name	Result	Unit	Ref. Range
Gamma glutamyl transpeptidase	28	U/L	<39
Total Protein	6.8	gm/dl	6.60 - 8.70
Albumin	3.8	g/dL	3.8-5.1
Globulin	3.00	gm/dl	1.8-3.4
Albumin/Globulin Ratio	1.27		1.10 - 2.50
LIPID PROFILE			
Cholesterol	147	mg/dl	50-200
Triglycerides	115	mg/dL	25-150
HDL Cholesterol	45	mg/dL	30 - 70
LDL cholesterol	79	mg/dL	< 130
VLDL cholesterol	23.0	mg/dL	5-40
Cholesterol/HDL Ratio	3.3		Low Risk 3.3-4.97 Average Risk 4.4-7.1 Moderate Risk 7.1-11.0 High Risk >11.0
LDL/HDL Ratio	1.8		0 - 3.55

According to ATP III and NCEP guidelines

Parameter	Normal	Desirable	Borderline	High
Total cholesterol	<200	200-239		240
Triglycerides	<150	150-199	200-499	500
LDL	Optimal <100 Near Optimal 100-129	130-159	160-180	190
HDL	<40 : LOW 60 : HIGH			

ENDOCRINOLOGY

THYROID PROFILE(T3,T4,TSH)

Triiodothyronine total [t3]	0.86	ng/dl	0.52-1.9
Thyroxine total [t4]	8.90	µg/dl	4.8-11.6

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Test Name	Result	Unit	Ref. Range
TSH (Thyroid Stimulating Hormone)	2.00	µIU/ml	0.25-5.0
AGE WISE VARIATION IN TSH			

AGE	TSH(µIU/ml)	AGE	TSH(µIU/ml)
1-4 weeks	1.00 - 19.0	16-20 yrs	0.25 - 5.0
1-12 mths	1.70 - 9.1	21 - 80 yrs	0.25 - 5.0
1-5 yrs	0.80 - 8.2	I st trimester	0.25 - 5.0
6-10 yrs	0.25 - 5.0	II nd trimester	0.50 - 5.0
11-15 yrs	0.25 - 5.0	II rd trimester	0.4 - 6.0

Reference ranges - Interpretation of Diagnostic tests - (Jacques Wallach)

1. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH level.
2. Primary hyperthyroidism is accompanied by elevated serum T3 and T4 levels along with depressed TSH values.
3. Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, renal failure and during therapy with drugs like propranolol and propyl thiouracil.
4. Although elevated TSH levels are nearly always indicative of primary hypothyroidism, and may be seen in secondary thyrotoxicosis

CLINICAL PATHOLOGY

URINE ROUTINE

Physical examination

Quantity	30	ML
Colour	PALE YELLOW	
Transparency	CLEAR	CLEAR
Sp.gravity	1.015	1.010-1.030
pH	6.00	
Reaction	ACIDIC	ACIDIC

Chemical examination

Urine protein	NIL	NIL
Urine sugar	NIL	NIL
Bilirubin, urine	NEGATIVE	NEGATIVE
Urobilinogen	NORMAL	NORMAL

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Test Name	Result	Unit	Ref. Range
Ketones	NEGATIVE		NEGATIVE
<u>Microscopic examination</u>			
Pus cells.	1-2	/HPF	1-2
Epithelial cells	1-2	/HPF	0-5
R.B.C.	NIL	/HPF	NIL
Casts	NIL	/HPF	NIL
Crystals	NIL	/HPF	NIL
Bacteria	NIL	/HPF	NIL
Others.	NIL		NIL

*** End Of Report ***

Checked By.

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Clinical correlation is essential for final diagnosis. • If test results are unsatisfactory please contact personally or on phone. • This report is for perusal of doctors only.
• All disputes Subject to Delhi Jurisdiction only. • Not for medicolegal purposes. • All congenital anomalies in a foetus may not be diagnosed in routine obstetric ultrasound.



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Name	: Mrs. PRAKRUTI	Age/Sex	: 32 YRS/Female
Ref. By	: Dr. MEDIWHEEL	Lab No	: 012110090010
Date	: 09-Oct-2021	Patient ID	: LSHHI85296

ULTRASOUND EXAMINATION----WHOLE ABDOMEN

Liver is normal in size (12.7 cm) and outline with normal echopattern. Intrahepatic biliary radicles are not dilated. No abscess or mass lesion seen. Hepatic veins, portal vein, IVC and aorta are normal. CBD is normal(3.4 mm) in caliber.

Gall bladder is well distended with anechoic lumen .Wall thickness is normal.

Both kidneys are normal in size, shape, position, outline and echopattern. Corticomedullary differentiation is maintained. No pelvicalyceal dilation or mass lesion is seen.

Spleen is normal in size and echotexture. No mass lesion seen.

Pancreas is normal in size, outline and echotexture .

Urinary bladder is normal in shape and position. No evidence of intravesical stone or mass seen.

Uterus. is normal in size (measures 7.4 x 4.4 cm), shape, position and echopattern. No mass seen

Uterine cavity is empty. Endometrial thickness is 6.7 mm

Both ovaries appear normal in size, shape and echopattern. No tubo-ovarian mass seen.

No abnormal bowel wall thickening seen in right iliac fossa.
No free fluid seen anywhere in abdomen.

IMPRESSION:

- Normal study.

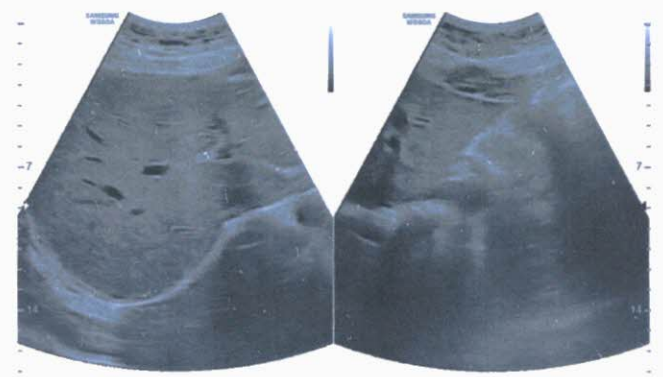
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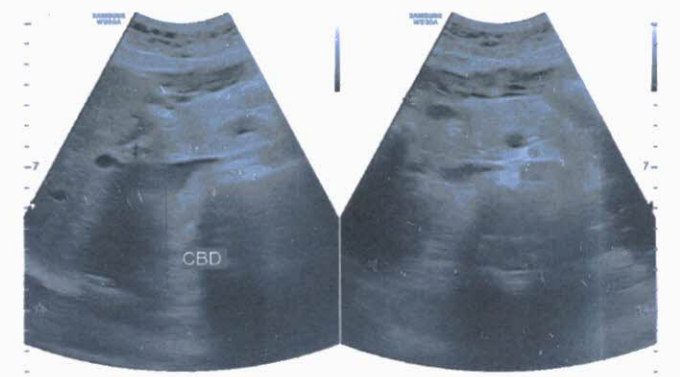
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W500A MRS PRAKRITI 32/F OnePlus Ultrasound Lab MI 1.5 09-10-2021 CA1-7A / Abdomen / FR 23Hz Tib0.2 11:25:46 AM

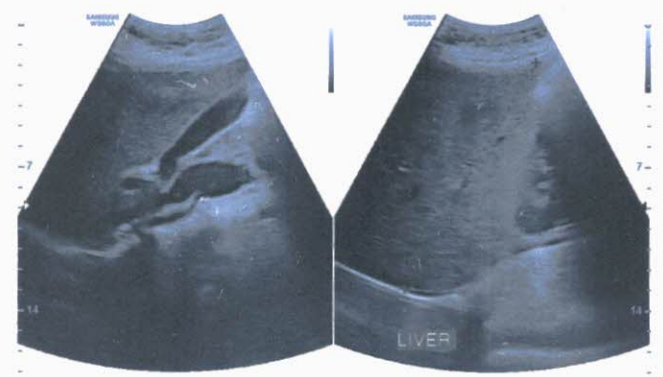


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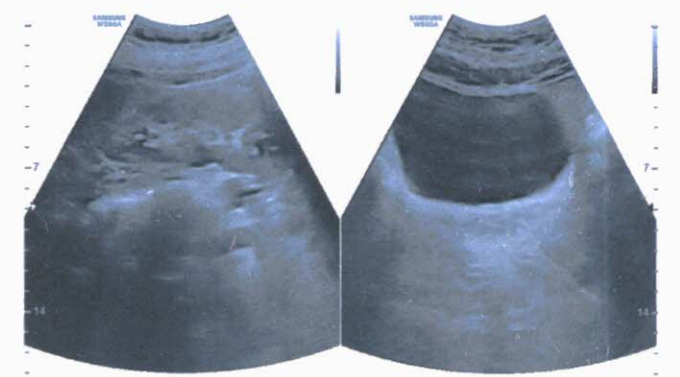
D1 0.34 cm

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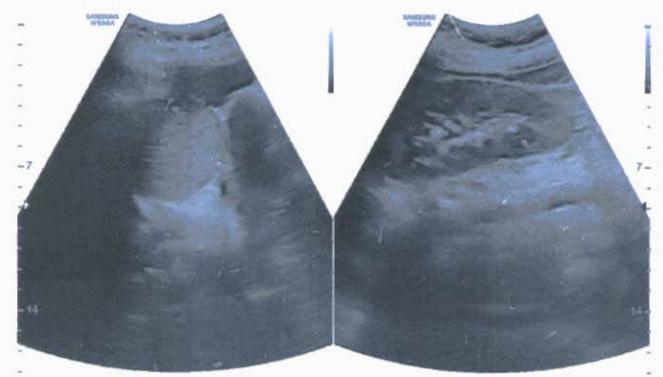


D1 12.71 cm

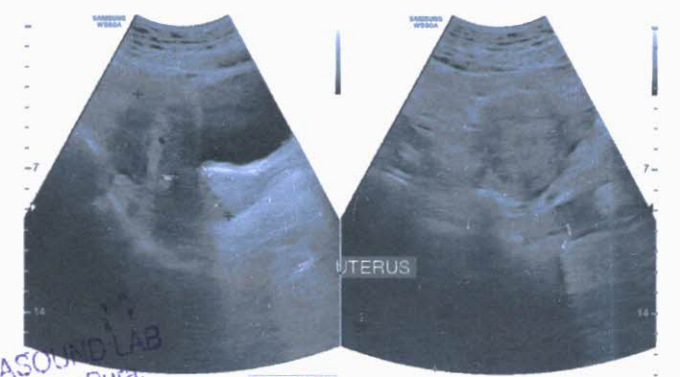
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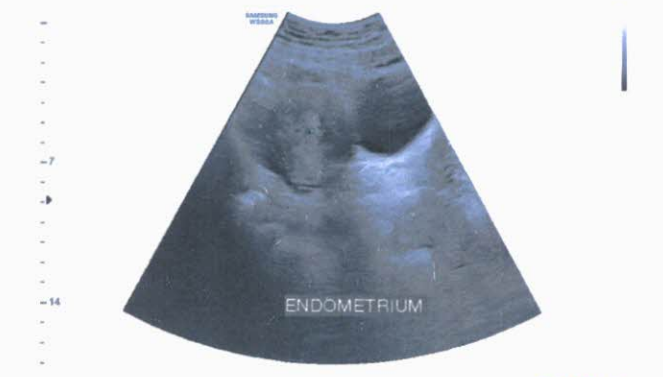
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D1 7.42 cm
D2 4.37 cm

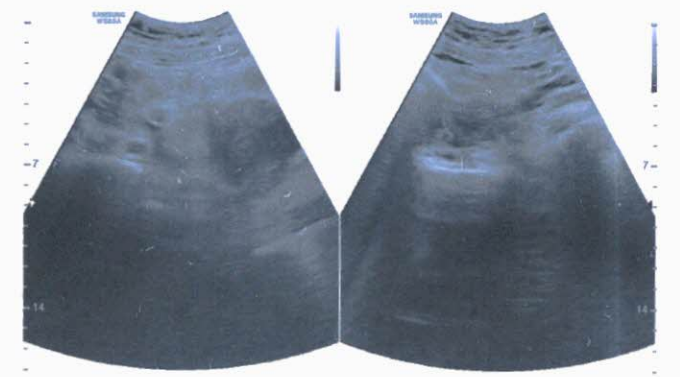
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W500A MRS PRAKRITI 32/F OnePlus Ultrasound Lab MI 1.5 09-10-2021 CA1-7A / Abdomen / FR 23Hz Tib0.2 11:27:18 AM



D1 0.67 cm

W500A MRS PRAKRITI 32/F OnePlus Ultrasound Lab MI 1.5 09-10-2021 CA1-7A / Abdomen / FR 23Hz Tib0.2 11:27:30 AM





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Ref. By	: Dr. MEDIWHEEL	Lab No	: 012110090010
Date	: 09-Oct-2021	Patient ID	: LSHHI85296

X-ray-Chest PA view

Bony cage and soft tissues are normal.
Cardiothoracic ratio is normal.
Mediastinum is normal.
Both hila are normal.
Both costophrenic angles are clear.
Both domes of diaphragm are normal.
Lung fields are clear. No parenchymal lesion seen.

IMPRESSION: Normal Study.

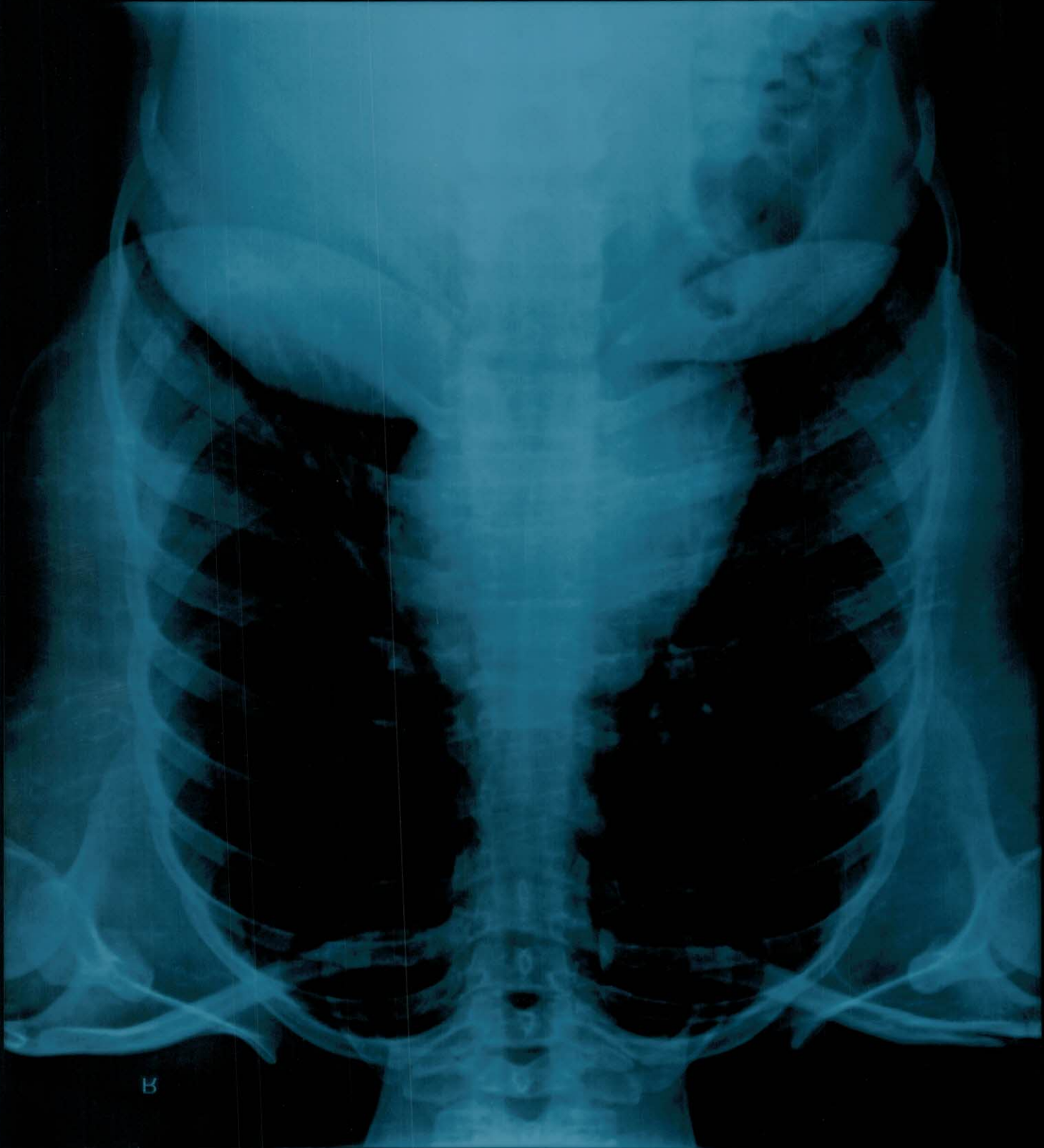
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Type By : pooja

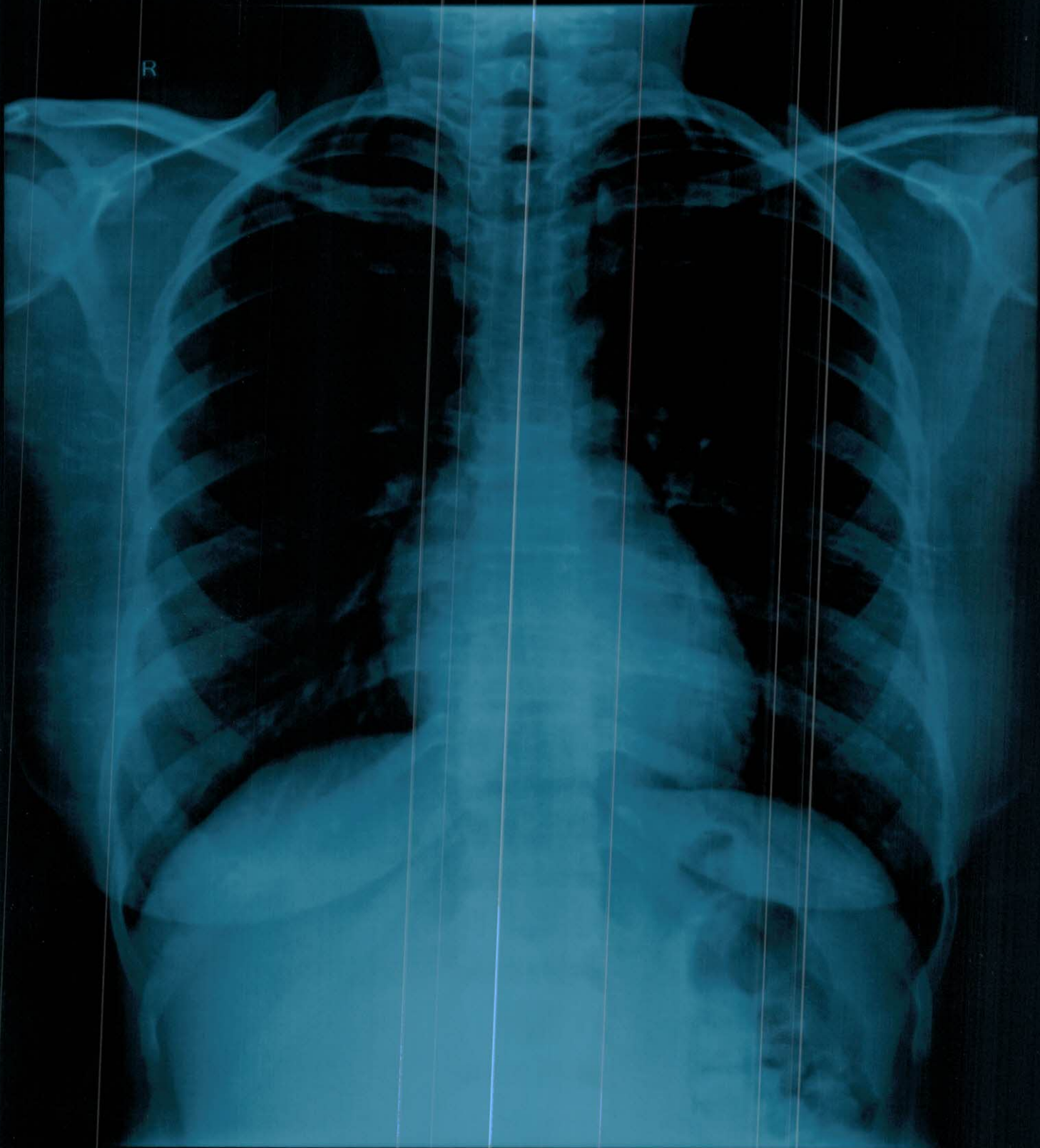
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ОИЕБГУС ПГТРАСОИИД ГАВ'Т-НАРЗН ВНАК'РТАМЬУРА
МРС' БРАКВУТИ 35 УРС 00-10-2021 Е СЕСТ РА ВЕМ



В

R



MRS. PRAKRUTI 32 YRS 09-10-2021 F CHEST PA VIEW
ONEPLUS ULTRASOUND LAB, 47-HARSH VIHAR, PITAMPURA

Ms. PRAKRUTI
I.D. : 990
AGE/SEX : 32/F
RECORDED : 9-10-2021 10:25

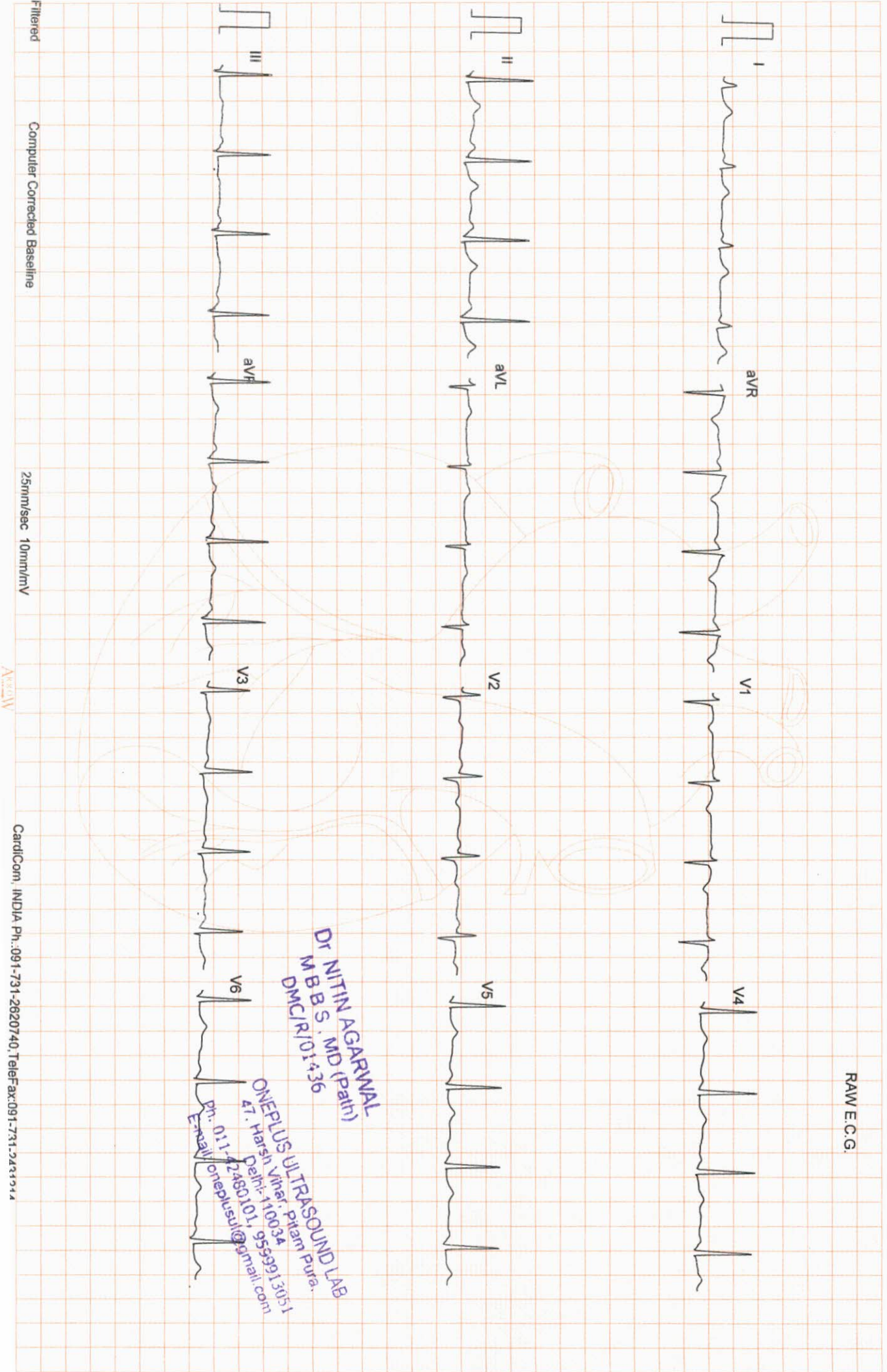
RATE : 92 BPM
B.P. : 110/70 mmHg

ONEPLUS ULTRASOUND LAB

SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

RAW E.C.G.



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ONEPLUS ULTRASOUND LAB

47, HARSH VIHAR PITAMPURA DELHI 110034

Mrs. PRAKRUTI

Age : 32/F

Ref. by : MEDIWHEEL

Indication1 :

Indication2 :

Indication3 :

ID : 990
H/Wt : 150/58
Recorded : 9-10-2021 10:25

TREADMILL TEST SUMMARY REPORT
Protocol: BRUCE

History:
Medication1 :
Medication2 :
Medication3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE STANDING					92	110/70	101	0.0	-0.1	-0.2	
STAGE 1	2:59	2:59	2.70	10.00	90	110/70	99	0.1	-0.3	-0.1	
STAGE 2	5:59	2:59	4.00	12.00	119	124/86	147	0.0	-0.4	-0.1	4.80
STAGE 3	7:29	1:29	5.40	14.00	138	136/90	187	-0.9	-0.7	-0.3	7.10
PEAK EXER	7:41	1:41			165	148/94	244	-1.2	-1.2	-1.0	8.54
RECOVERY	2:59	2:59	0.00	0.00	164	148/94	242	-1.0	-1.1	-1.1	
					94	114/72	107	-0.6	-0.4	-0.5	8.74

RESULTS

Exercise Duration

Max Heart Rate

Max Blood Pressure

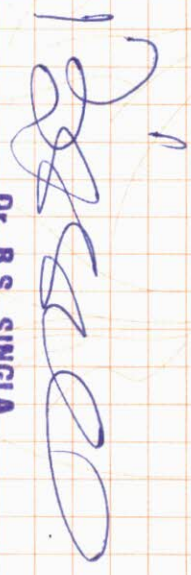
Max Work Load

Reason of Termination

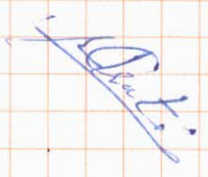
IMPRESSIONS

7:41 Minutes
165 bpm 87 % of target heart rate 168 bpm
148/94 mmHg
8.74 METS

Negative for ischaemic behaviour



Dr. B.S. SINGLA
Cardiologist MBBS MD
Reg. No. 57807



Ms. PRAKRUTI
ID : 990
AGE/SEX : 32/F
RECORDED : 9-10-2021 10:25

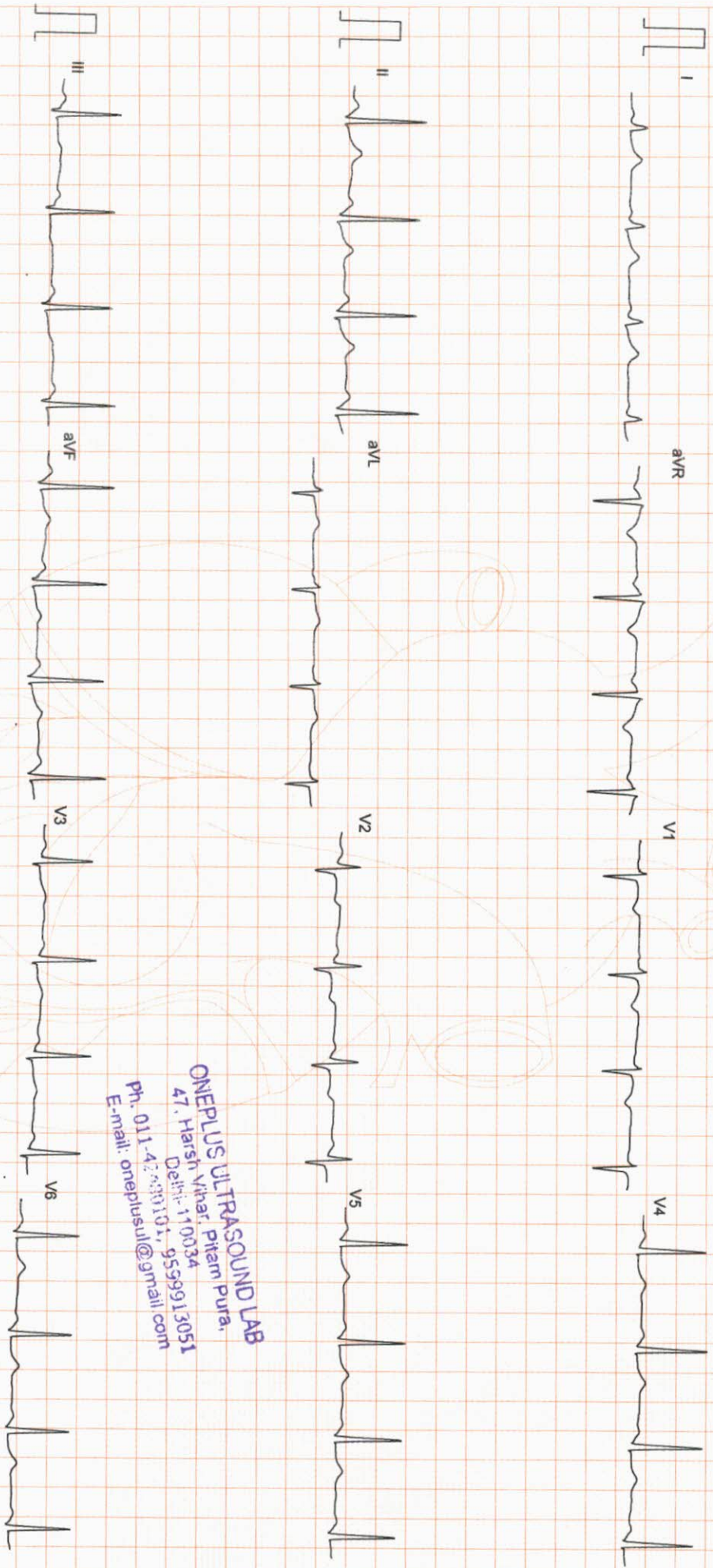
RATE : 92 BPM
B.P. : 110/70 mmHg

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SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

RAW E.C.G.



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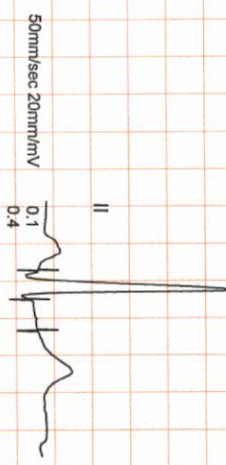
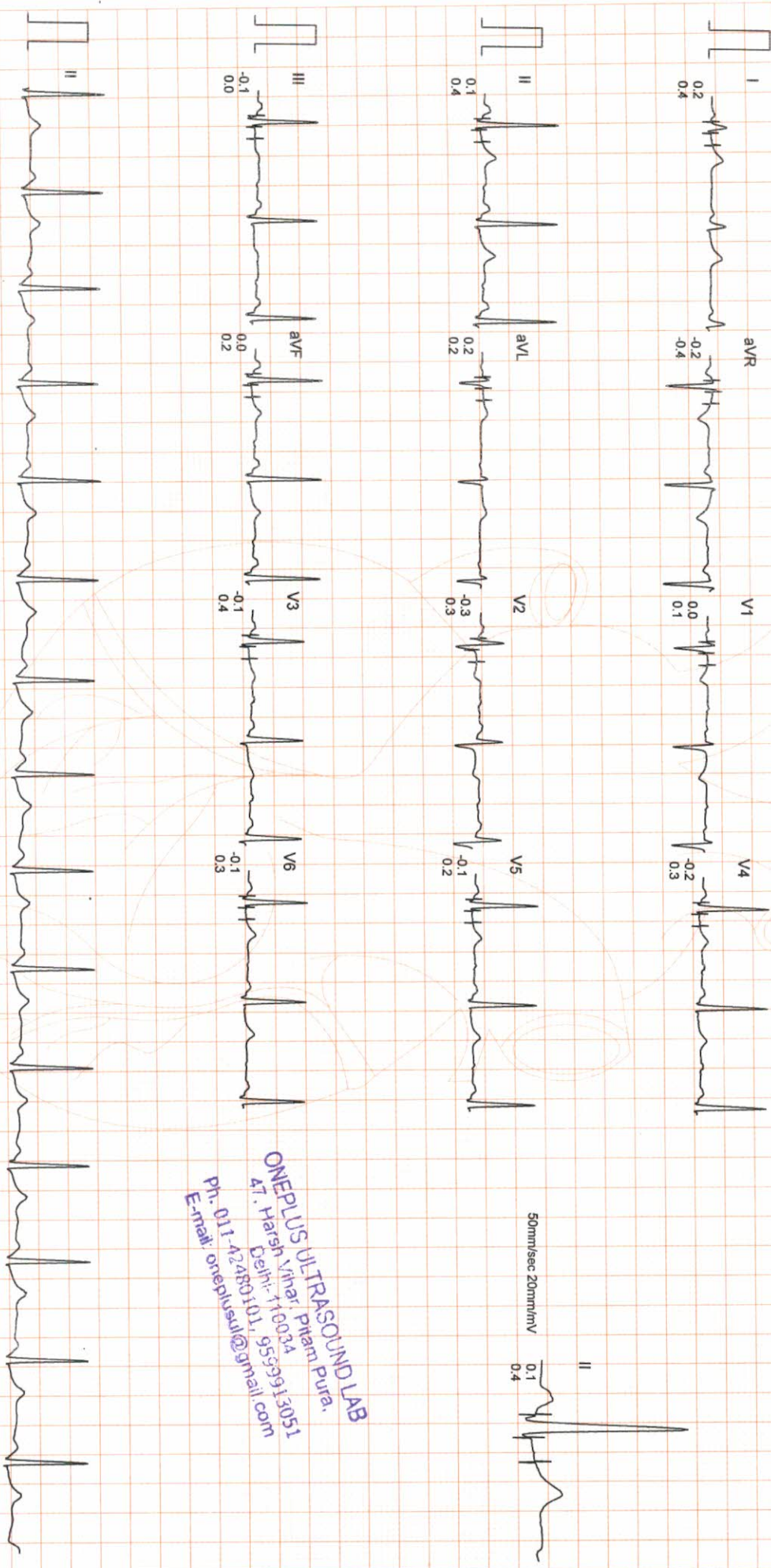
STANDING
PRETEST

ST @ 10mm/mV
80ms PostJ

Ms. PRAKRUTI
I.D. : 990
AGE/SEX : 32/F
RECORDED : 9-10-2021 10:25

RATE : 90 BPM
B.P. : 110/70 mmHg

LINKED MEDIAN



ONEPLUS ULTRASOUND LAB
Dr. Pritam Parua
47, T. Harsahi Vihar, Pitampura
Delhi-110034
Ph: 011-42480101, 95359613051
E-mail: oneplusul@gmail.com

Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

ARCW

CardiCom, INDIA Ph.:091-731-2620740, Tele/Fax:091-731-2431214

ONEPLUS ULTRASOUND LAB

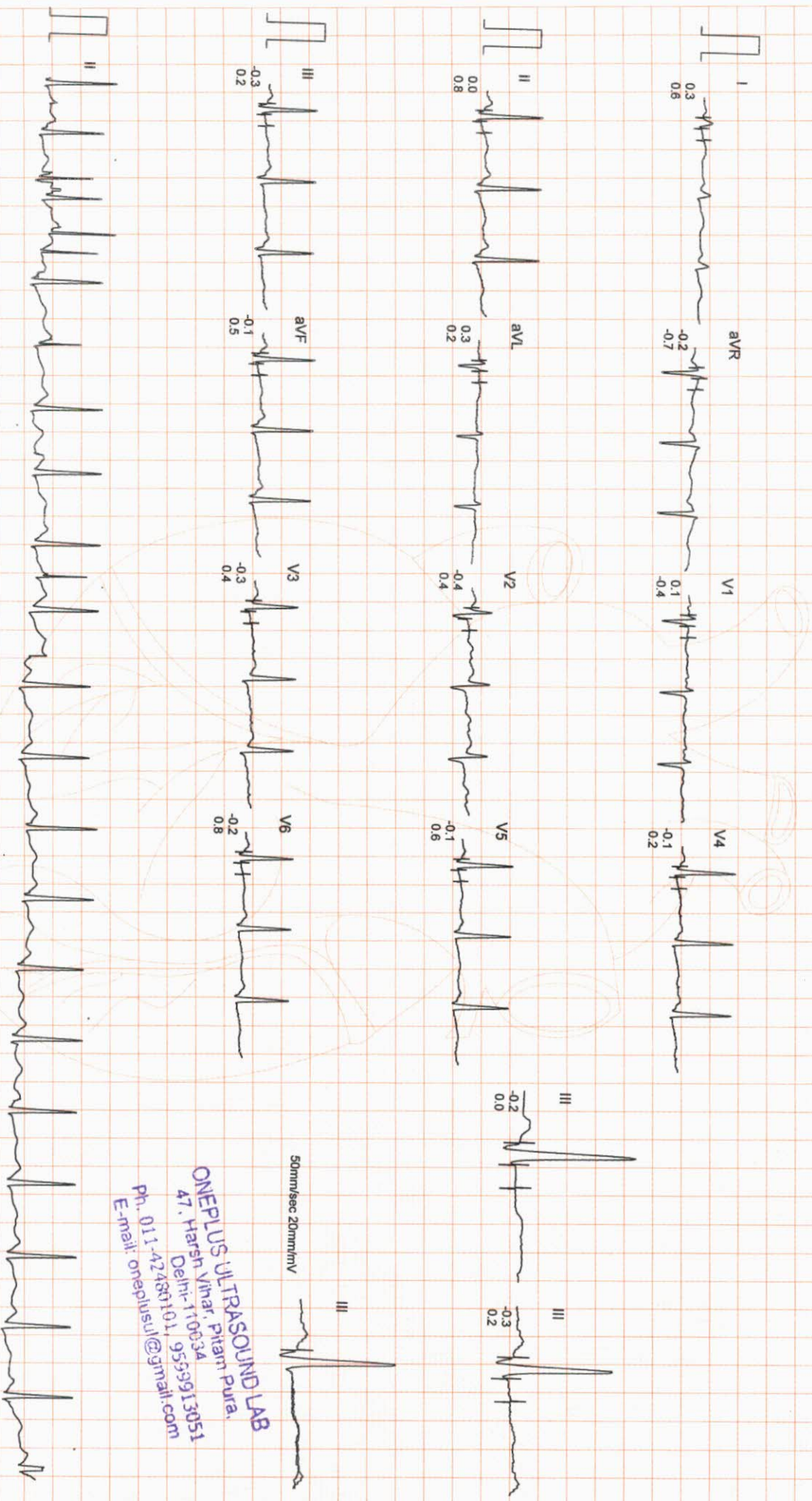
Ms. PRAKRUTI
 ID : 990
 AGE/SEX : 32/F
 RECORDED : 9-10-2021 10:25

RATE : 119 BPM
 B.P. : 124/86 mmHg

BRUCE
 EXERCISE 1
 PHASE TIME : 2:59
 STAGE TIME : 2:59

ST @ 10mm/mV
 80ms PostI
 SPEED : 2.7 Km./Hr.
 GRADE : 10.0 %

LINKED MEDIAN



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 Delhi-110034
 Ph. 011-42487101, 9539913051
 E-mail: onepulsul@gmail.com

ONEPLUS ULTRASOUND LAB

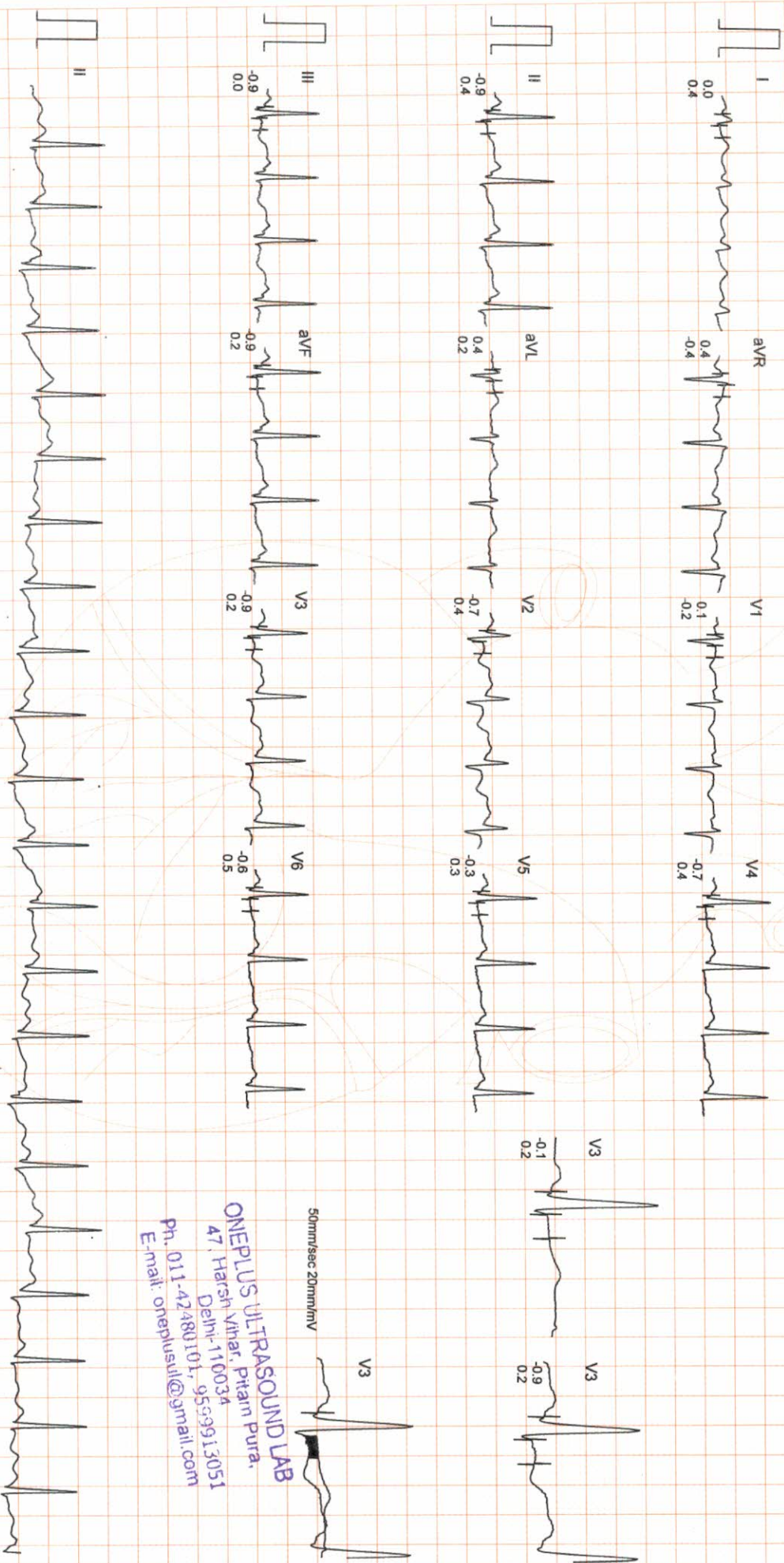
Ms. PRAKRUTI
I.D. : 990
AGE/SEX : 32/F
RECORDED : 9-10-2021 10:25

RATE : 138 BPM
B.P. : 136/90 mmHg

BRUCE
EXERCISE 2
PHASE TIME : 5:59
STAGE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 4.0 Km./Hr.
GRADE : 12.0%

LINKED MEDIAN



50mm/sec 20mm/mV

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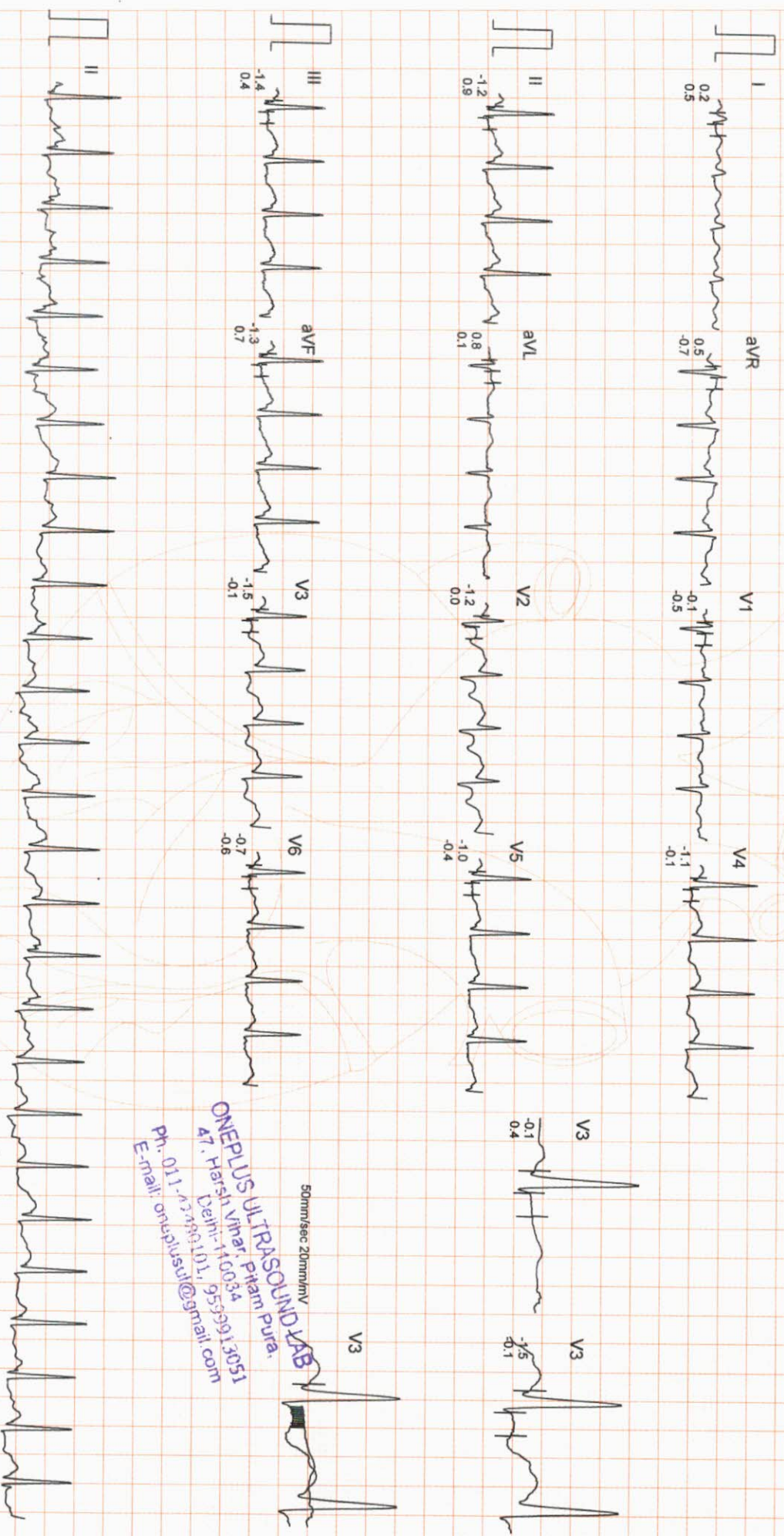
Ms. PRAKRUTI
I.D. : 990
AGE/SEX : 32/F
RECORDED : 9-10-2021 10:25

RATE : 165 BPM
B.P. : 148/94 mmHg

BRUCE
EXERCISE 3
PHASE TIME : 7:29
STAGE TIME : 1:29

ST @ 10mm/mV
80ms PostI
SPEED : 5.4 Km./Hr.
GRADE : 14.0 %

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9539913051
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50mm/sec 20mm/mV

Filtered Computer Corrected Baseline 25mm/sec 10mm/mV

CardiCom, INDIA Ph.:091-731-2620740, TeleFax:091-731-2431214

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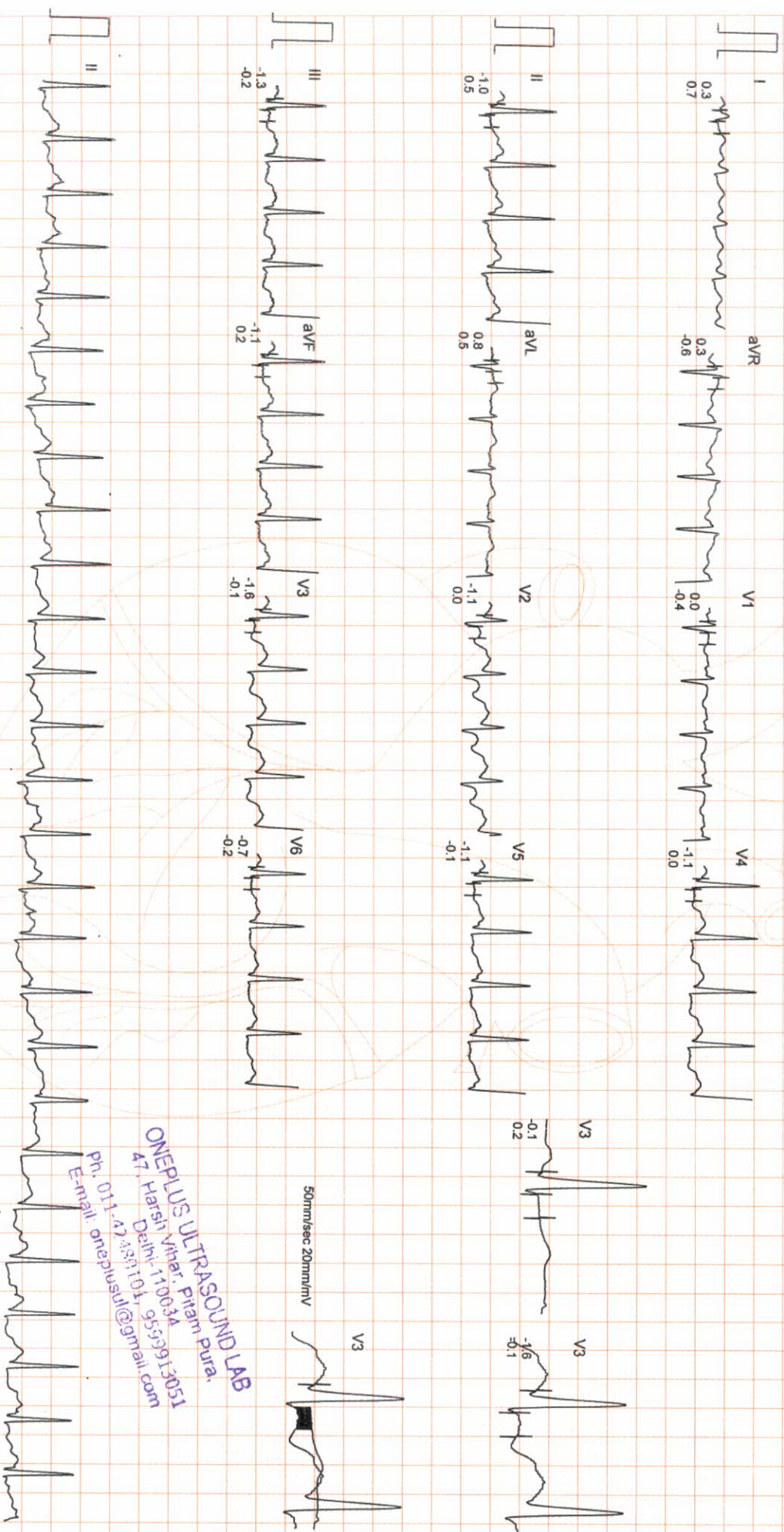
Ms. PRAKRUTI
I.D. : 990
AGE/SEX : 32/F
RECORDED : 9-10-2021 10:25

RATE : 164 BPM
B.P. : 148/94 mmHg

BRUCE
PEAK EXER
PHASE TIME : 7:41
STAGE TIME : 1:41

ST @ 10mm/mV
80ms PostJ
SPEED : 5.4 Km./Hr.
GRADE : 14.0 %

LINKED MEDIAN



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Distt. Khurda, Pin-751011, G-5555666666666666
www.oneplusultrasound.com
E-mail: oneplusul@gnemil.com
Ph. 011-42483110

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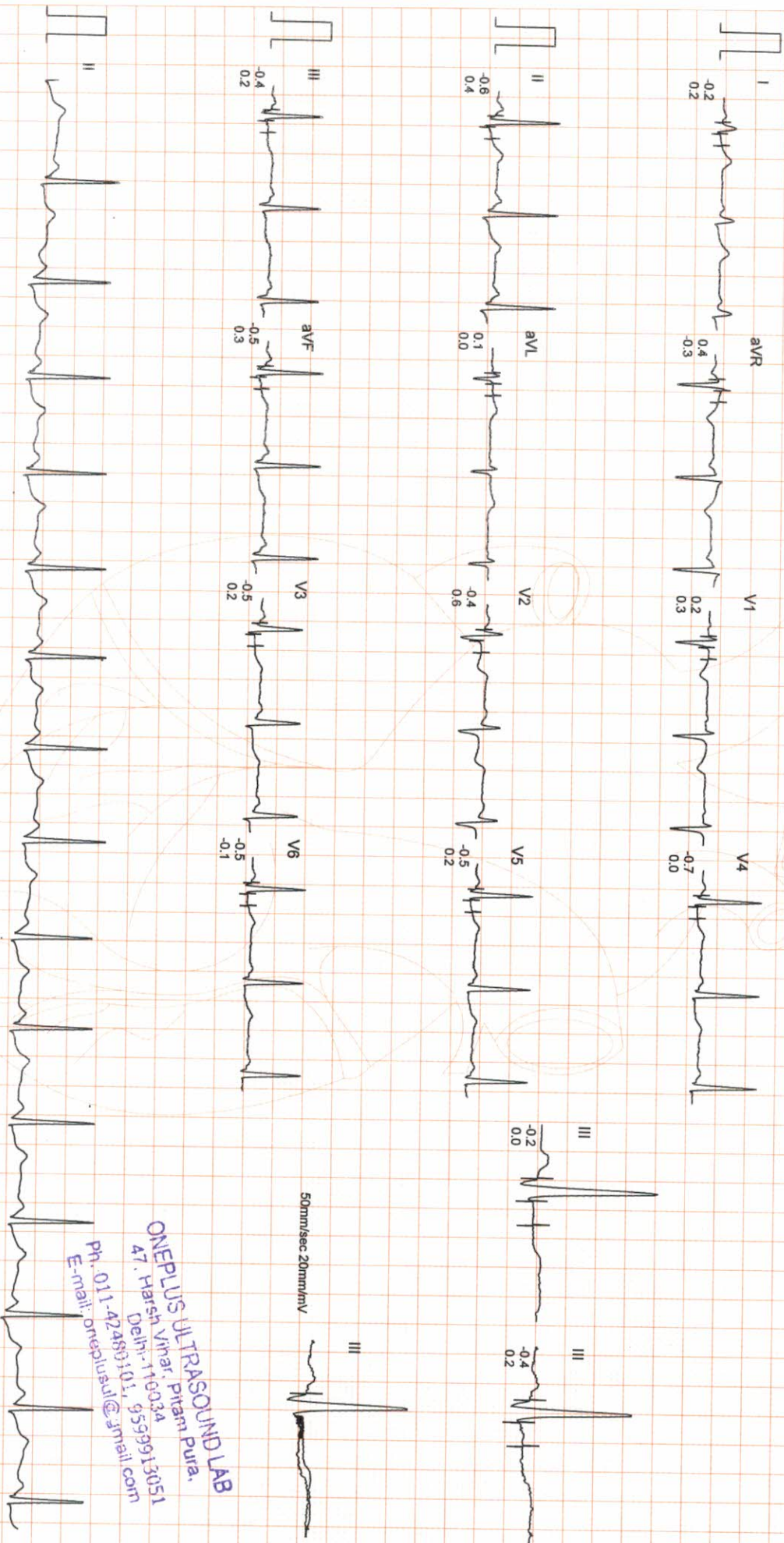
MS. PRAKRUTTI
 ID : 990
 AGE/SEX : 32/F
 RECORDED : 9-10-2021 10:25

RATE : 94 BPM
 B.P. : 114/72 mmHg

BRUCE
 RECOVERY
 PHASE TIME : 2:59

ST @ 10mm/mV
 80ms PostJ
 SPEED : 0.0 Km./Hr.
 GRADE : 0.0 %

LINKED MEDIAN



III -0.4 0.2
 aVF -0.5 0.3
 V3 -0.5 0.2
 V6 -0.5 0.1

II -0.6 0.4
 aVL 0.1 0.0
 V2 -0.4 0.6
 V5 -0.5 0.2

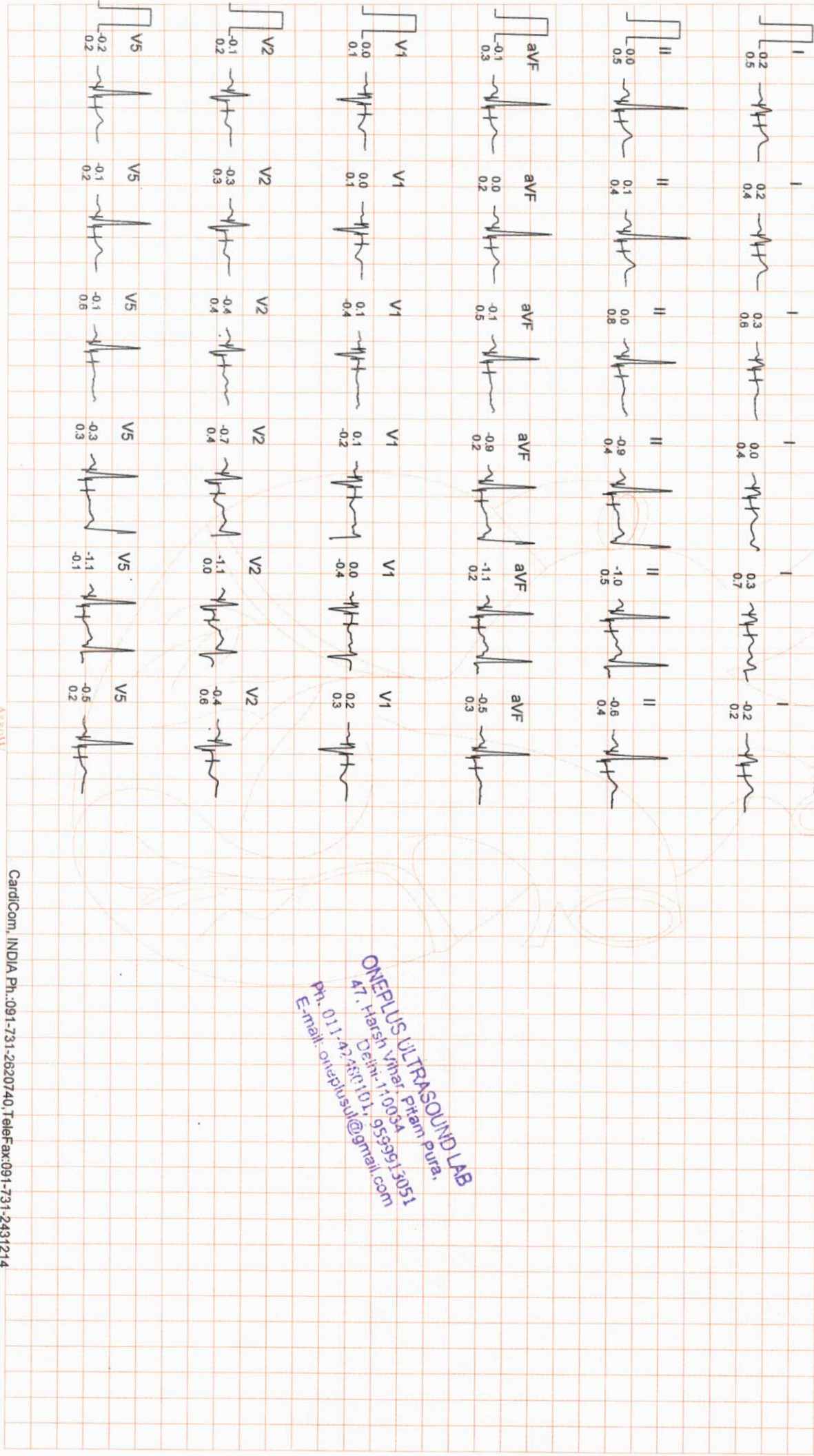
I -0.2 0.2
 aVR 0.4 0.3
 V1 0.2 0.3
 V4 -0.7 0.0

III -0.2 0.0
 III -0.4 0.2

50mmsec 20mm/mV
 III

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STAGE	0.0Kmph	2.59	5.59	7.41	2.59
SUPINE	0.0%	2.59	2.59	1.41	0.0Kmph
STANDING	0.0%	2.7Kmph	4.0Kmph	5.4Kmph	0.0%
STAGE 1	92 bpm	10.0%	12.0%	14.0%	94 bpm
STAGE 2	B.P. 110/70	B.P. 124/86	B.P. 138/90	B.P. 148/94	B.P. 114/72
RECOVERY	80ms PostJ	80ms PostJ	80ms PostJ	80ms PostJ	80ms PostJ



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STANDING

0.0Kmph
0.0%
90 bpm
B.P. 110/70
80ms PostJ

PEAK EXERCISE

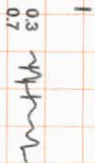
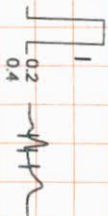
7.41
1.41
5.4Kmph
14.0%
164 bpm
B.P. 148/94
80ms PostJ

STANDING

0.0Kmph
0.0%
90 bpm
B.P. 110/70
80ms PostJ

PEAK EXERCISE

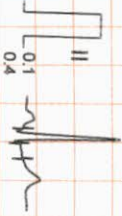
7.41
1.41
5.4Kmph
14.0%
164 bpm
B.P. 148/94
80ms PostJ



I

V1

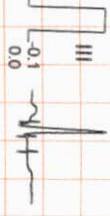
V1



II

V2

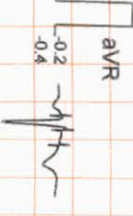
V2



III

V3

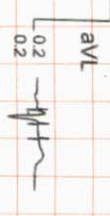
V3



aVR

V4

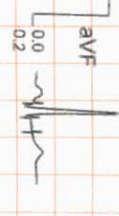
V4



aVL

V5

V5



aVF

V6

V6

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