

# APOLLO CLINIC

## CONSENT FORM

Patient Name SUSHMA Age 37

LHID Number 206869 company Name \_\_\_\_\_

I Mr/Mrs/Ms SUSHMA Employee of BOB

(Company) Want to inform you that I am not interested in getting USG-Whole Abdomen tests done which is apart of my routine health check package.

And I claim the above statement in my full consciousness.

Patient Signature Sushma Date 26/1/24

APOLLO MEDICAL CENTER  
Door No 11/4, Sivaprakasam Street, T. Nagar,  
Chennai - 600017  
Ph No 044-24341086 / 84396315 #6/18-19

PHYSICAL EXAMINATION

NAME	Mr. Sushma Devi		DATE OF CHECK UP
AGE / GENDER	37	MALE/FEMALE	<input checked="" type="checkbox"/>
HEIGHT	154	Cm	
WEIGHT	65.8	Kgs	
	110/70		
BLOOD PRESSURE		MM/Hg	
EM	27.7		
WAIST	93		
HF	100		
WAIST IP RATION	0.93		
RESPIRATORY RATE	18		
PULSE	72	Min	
CHEST	INSPIRATION		
	EXPIRATION		

OPHTHAL EXAMINATION

COLOUR VISION

VISION	FAR VISION RIGHT	FAR VISION LEFT	NEAR VISION RIGHT	NEAR VISION LEFT	RIGHT	LEFT
WITHOUT GLASS	6/6	6/6	N/G	N/G	(N)	(N)
WITH GLASS						
REMARKS IF ANY						

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies  
History

NO ENT Complaints  
O/E:  
 Eae - BIL TM intact  
 Nose / NAD  
 Throat

*[Handwritten Signature]*

S. N. Venkatesh

Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

To,  
The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SUSHMA DEVI
DATE OF BIRTH	06-02-1986
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	27-01-2024
BOOKING REFERENCE NO.	23M72102100085612S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SINGH ANJANI KUMAR
EMPLOYEE EC NO.	72102
EMPLOYEE DESIGNATION	BRANCH HEAD
EMPLOYEE PLACE OF WORK	VELLORE
EMPLOYEE BIRTHDATE	05-04-1980

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-01-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

भारत सरकार  
Government of India



Issue Date: 12/11/2016



Sushma Devi  
DOB: 06/02/1986  
Female

7343 4534 9889

मेरा आधार, मेरी पहचान



बैंक ऑफ बड़ोदा  
Bank of Baroda



नाम  
Name : ANJANI KUMAR SINGH

कर्मचारी कूट. नं.  
EC No 72102



नियंत्रक प्रभियंता  
Issuing Authority, CM (Coord), EZ

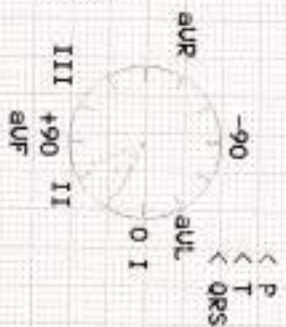


धरक के हस्ताक्षर  
Signature of Holder

AGE: 37

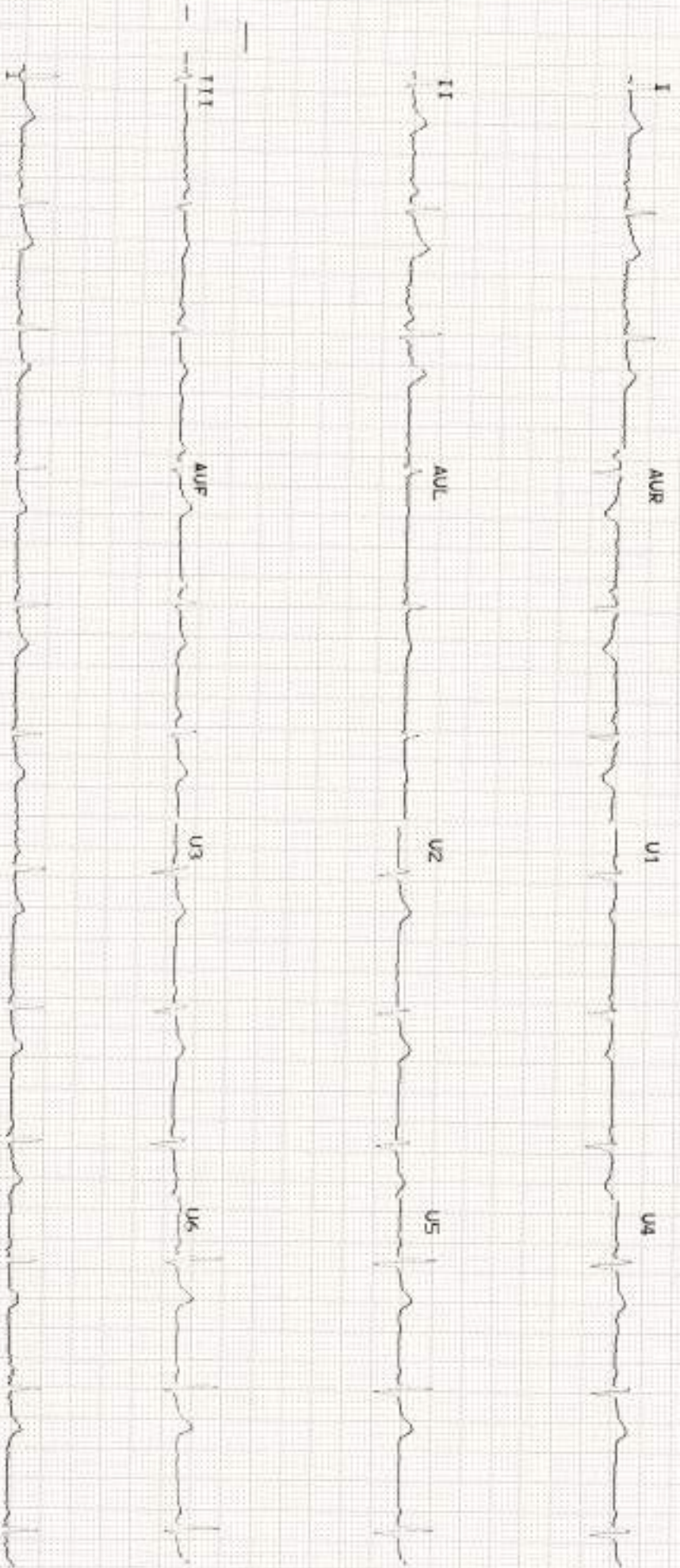
Measurement Results:

QRS	:	86 ms
QT/QTcB	:	398 / 423 ms
PR	:	124 ms
P	:	92 ms
RR/PP	:	888 / 880 ms
P/QRS/T	:	66 / 27 / 44 degrees



Interpretation:  
12SL - Interpretation:  
Normal sinus rhythm ✓  
Low voltage QRS  
Borderline ECG

Unconfirmed report.



Established Patient: No

**Vitals**

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
26-01-2024 12:16	Beats/min	110/70 mmHg	Rate/min	F	154 cms	65.8 Kgs	%	%	Years	27.74	cms	cms	cms		AHLL04091

Established Patient: No

**Vitals**

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Name: Mrs. Sushma Devi  
Age/Gender: 38 Y/F  
Address: chennai  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. T DEVI SHANMUGA PRIYA

MR No: CTNA.0000204869  
Visit ID: CTNAOPV191865  
Visit Date: 26-01-2024 08:56  
Discharge Date:  
Referred By: SELF

**Doctor's Signature**

Patient Name	: Mrs. Sushma Devi	Age	: 38 Y/F
UHID	: CTNA.0000204869	OP Visit No	: CTNAOPV191865
Reported By:	: Dr. ARUNA BABBURI	Conducted Date	: 26-01-2024 13:31
Referred By	: SELF		

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### ECG REPORT

## Impression:

NORMAL SINUS RHYTHM

NORMAL ECG.

----- END OF THE REPORT -----



Dr. ARUNA BABBURI

Established Patient: No

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**HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS**

**SYSTEMIC REVIEW**

**HT-HISTORY**

**PHYSICAL EXAMINATION**

**SYSTEMIC EXAMINATION**

**IMPRESSION**

**RECOMMENDATION**

**Doctor's Signature**

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Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. REKHA SANJAY

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Patient Name	: Mrs. Sushma Devi	Age	: 38 Y/F
UHID	: CTNA.0000204869	OP Visit No	: CTNAOPV191865
Conducted By:	: Dr. KIRUBAKARAN .	Conducted Date	: 29-01-2024 11:49
Referred By	: SELF		

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## **2D-ECHO WITH COLOUR DOPPLER**

### Dimensions:

Ao (ed)	2.7 CM
LA (es)	2.9 CM
LVID (ed)	4.0 CM
LVID (es)	2.4 CM
IVS (Ed)	1.0 CM
LVPW (Ed)	0.9 CM
EF	70.00%
%FD	40.00%

MITRAL VALVE : NORMAL

AML NORMAL

PML NORMAL

AORTIC VALVE NORMAL

TRICUSPID VALVE NORMAL

RIGHT VENTRICLE NORMAL

INTER ATRIAL SEPTUM INTACT

INTER VENTRICULAR SEPTUM INTACT

AORTA NORMAL

RIGHT ATRIUM NORMAL

LEFT ATRIUM NORMAL

Pulmonary Valve NORMAL

PERICARDIUM NORMAL



Patient Name	: Mrs. Sushma Devi	Age	: 38 Y/F
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## **DOPPLER STUDIES**

PWD: A>E AT MITRAL INFLOW

E/A-E: 0.9m/sec A: 0.7m/sec

VELOCITY ACROSS THE PULMONIC VALVE UPTO 0.7m/sec

VELOCITY ACROSS THE AV UPTO 1.2m/sec

## **IMPRESSION:**

**NO REGIONAL WALL MOTION ABNORMALITIES**

**NORMAL LEFT VENTRICULAR SYSTOLIC FUNCTION**

**NORMAL LEFT VENTRICULAR IN SIZE**

**NO : PE/PAH**

DONE BY  
NIRMALA

Patient Name : Mrs. Sushma Devi Age : 38 Y/F  
UHID : CTNA.0000204869 OP Visit No : CTNAOPV191865  
Conducted By: : Dr. KIRUBAKARAN . Conducted Date : 29-01-2024 11:49  
Referred By : SELF

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Dr.KIRUBAKARAN.

Patient Name	: Mrs. Sushma Devi	Age	: 38 Y/F
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Conducted By:	: Dr. KIRUBAKARAN .	Conducted Date	: 29-01-2024 11:49
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Doctor:  
Department: GENERAL  
Rate Plan: T NAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. USHA V

MR No: CTNA.0000204869  
Visit ID: CTNAOPV191865  
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**RECOMMENDATION**

**Doctor's Signature**

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**Doctor's Signature**

**Patient Name** : Mrs. Sushma Devi

**Age/Gender** : 37 Y/F

**UHID/MR No.** : CTNA.0000204869

**OP Visit No** : CTNAOPV191865

**Sample Collected on** :

**Reported on** : 27-01-2024 15:35

**LRN#** : RAD2217038

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : emp id 72102 dep

---

**DEPARTMENT OF RADIOLOGY**

---

**X-RAY CHEST PA**

Both lung fields and hila are normal .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

Normal study.



**Dr. RASHEED ARAFATH HIDAYATHULLAH**

**MBBS, DNB (RD)**

Radiology



<b>Patient Name</b>	: Mrs. Sushma Devi	<b>Age/Gender</b>	: 37 Y/F
<b>UHID/MR No.</b>	: CTNA.0000204869	<b>OP Visit No</b>	: CTNAOPV191865
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 27-01-2024 15:39
<b>LRN#</b>	: RAD2217038	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: emp id 72102 dep		

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**Liver shows increase in echogenicity suggestive of fatty changes.**

Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus.

Wall thickness appear normal.

Pancreas and spleen appear normal. Spleen measures 8.6 cms.

Portal and splenic veins appear normal.

No evidence of ascites or lymphadenopathy. Diaphragmatic movements are satisfactory.

There is no evidence of sub diaphragmatic pathology or pleural effusion.

Aorta and IVC appear normal.

Right kidney measures 9.8 x 4.5 cms.

Left kidney measures 8.8 x 4.3 cms.

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Uterus is anteverted and measures 6.9 x 3.3 cms.

It shows normal endometrial echoes.

Endometrium thickness measures 5 mm.

**A fibroid is seen in anterior myometrium measures 2.2 x 1.9 cms.**

Cervix and vagina appears normal.

Right ovary measures 1.5 x 1.2 cms.

Left ovary measures 1.0 x 1.0 cms.

Both ovaries are normal in size and echotexture.

Both the parametria are free.

Bladder is normal in contour. Both iliac fossae appear normal.

### IMPRESSION:

**Fatty Liver ( Grade I ).**

**Patient Name** : Mrs. Sushma Devi

**Age/Gender** : 37 Y/F

**Uterine fibroid.**



**Dr. A R RAGHUL**  
MBBS MD Radiodiagnosis  
Radiology

Certificate No: **PL-2430**

Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:20PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 04:01PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**

METHODOLOGY	: Microscopic.
RBC MORPHOLOGY	: Predominantly normocytic normochromic RBC's noted.
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.
PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
IMPRESSION	: Normocytic normochromic blood picture.
NOTE/ COMMENT	: Please correlate clinically.



**Dr THILAGA**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240018661

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

**Apollo Health and Lifestyle Limited** (CIN - U85110TG2006PLC115819)  
Regd. Office: 1-11-60/52, Ashoka Baghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 018 |  
www.apollohsl.com | Email ID: enquiry@apollohsl.com, Ph No: 844-8904 7777, Fax No: 8854 7244

ADDRESS:  
B No.70, F - Block, 2nd Avenue, Ashok Nagar ERM, Chennai 600 102,  
Phone - 844 2624804 / 95

**1860 500 7788**  
www.apolloclinic.com

**APOLLO CLINICS NETWORK**  
Telangana: Hyderabad | AS Pao Nagar | Charandi Nagar | Koodapur | Walibanda | Nizampet | Manikonda | Uppal | Anaparthi | Pradiwadi | Madhavaram | Bangalore: Basavanagalli | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Koramangala | Sarjapur Road | Mysore: VV Mohalla | Tamil Nadu: Chennai | Anna Nagar | Kottapattinam | Mogappair | T Nagar | Velamannaikam | Velachery | Maharashtra: Pune | Aundh | Pimpri Chinchwad | Viman Nagar | Warananthi | Uttar Pradesh: Ghaziabad | Indraprastha | Gurgaon | Ahmedabad | Satellite | Punjab: Amritsar | Chandigarh: Sector 29 | Haryana: Gurgaon | Railway Station Road

Certificate No: 101-14310

Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:20PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 04:01PM
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	12.8	g/dL	12-15	Spectrophotometer
PCV	38.90	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.53	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	86	fL	83-101	Calculated
MCH	28.3	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	<b>15.5</b>	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,500	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	62.4	%	40-80	Electrical Impedance
LYMPHOCYTES	27.7	%	20-40	Electrical Impedance
EOSINOPHILS	2.8	%	1-6	Electrical Impedance
MONOCYTES	6.1	%	2-10	Electrical Impedance
BASOPHILS	1.0	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	4056	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1800.5	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	182	Cells/cu.mm	20-500	Calculated
MONOCYTES	396.5	Cells/cu.mm	200-1000	Calculated
BASOPHILS	65	Cells/cu.mm	0-100	Calculated
<b>PLATELET COUNT</b>	223000	cells/cu.mm	150000-410000	Electrical impedence
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>30</b>	mm/hour	0-20	Capillary photometry
<b>PERIPHERAL SMEAR</b>				

METHODOLOGY : Microscopic.

RBC MORPHOLOGY : Predominantly normocytic normochromic RBC's noted.

Page 2 of 16



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www.apolloclinic.com | Email ID: enquiry@apolloclinic.com, Ph No: 040-4904 7272, Fax No: 4864 7244

ADDRESS:  
B No.70, F - Block, 2nd Avenue, Ashok Nagar ERM, Chennai-600 028.  
Phone - 044-2622804 / 95

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Certificate No: **PL-2430**

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ADDRESS:  
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Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 27/Jan/2024 08:38AM
UHID/MR No : CTNA.0000204869	Reported : 27/Jan/2024 09:57AM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	B			Microplate technology
Rh TYPE	Positive			Microplate technology



Dr.KASULA SIDDARTHA  
M.B.B.S,DNB(Pathology)  
Consultant Pathologist

SIN No:HA06393417

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory,Hyderabad

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Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 12:01PM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:15PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 02:44PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	103	mg/dL	70-100	HEXOKINASE

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	114	mg/dL	70-140	HEXOKINASE

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR. R. SRIVATSAN  
M.D.(Biochemistry)



SIN No:PLP1411548

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Certificate No: 101-2432

Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:20PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 04:16PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	5.6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	114	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



DR. R. SRIVATSAN  
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SIN No:EDT240007852

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Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:17PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 02:51PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	178	mg/dL	<200	CHO-POD
TRIGLYCERIDES	97	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	51	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	127	mg/dL	<130	Calculated
LDL CHOLESTEROL	<b>107.6</b>	mg/dL	<100	Calculated
VLDL CHOLESTEROL	19.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.49		0-4.97	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



DR. R. SRIVATSAN  
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UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 02:51PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.90	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.15	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.75	mg/dL	0.0-1.1	CALCULATED
ALANINE AMINOTRANSFERASE (ALT/SGPT)	19	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	104.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.20	g/dL	6.6-8.3	Biuret
ALBUMIN	4.20	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.4		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

**1. Hepatocellular Injury:**

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's's diseases, Cirrhosis, but the increase is usually not >2.

**2. Cholestatic Pattern:**

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated. • ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

**3. Synthetic function impairment:**

- Albumin- Liver disease reduces albumin levels. • Correlation with PT (Prothrombin Time) helps.

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DR. R. SRIVATSAN  
M.D.(Biochemistry)



SIN No:SE04609686

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Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
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UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 02:51PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**



**DR. R. SRIVATSAN**  
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**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	<b>0.50</b>	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	<b>13.00</b>	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	<b>6.1</b>	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.50	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.10	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.20	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.9	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	108	mmol/L	101–109	ISE (Indirect)



DR. R. SRIVATSAN  
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	34.00	U/L	<38	IFCC



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M.D.(Biochemistry)



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Certificate No. AP-1930

Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:18PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 08:14PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-iodothyronine (T3, TOTAL)	1.33	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	7.70	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.015	µIU/mL	0.34-5.60	CLIA

**Comment:**

<b>For pregnant females</b>	<b>Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)</b>
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



DR. R. SRIVATSAN  
M.D.(Biochemistry)



SIN No: SPL24012197

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

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Certificate No: **SL-2430**

Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:18PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 08:14PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**



**DR. R. SRIVATSAN**  
M.D.(Biochemistry)



SIN No: SPL24012197

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

**Apollo Health and Lifestyle Limited** (CIN - U85110TG2006PLC115819)  
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Certificate No. AP-2430

Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:14PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 04:11PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE STRAW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 14 of 16



Dr THILAGA  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

SIN No:UR2268454

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Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 08:57AM
Age/Gender : 37 Y 11 M 20 D/F	Received : 26/Jan/2024 02:14PM
UHID/MR No : CTNA.0000204869	Reported : 26/Jan/2024 03:59PM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick



Dr THILAGA  
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Patient Name : Mrs.SUSHMA DEVI	Collected : 26/Jan/2024 12:02PM
Age/Gender : 37 Y 11 M 20 D/F	Received : 27/Jan/2024 11:46AM
UHID/MR No : CTNA.0000204869	Reported : 29/Jan/2024 11:58AM
Visit ID : CTNAOPV191865	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : emp id 72102 dep	

**DEPARTMENT OF CYTOLOGY**

**LBC PAP TEST (PAPSURE) , CERVICAL SAMPLE**

	<b>CYTOLOGY NO.</b>	1561/24
<b>I</b>	<b>SPECIMEN</b>	
<b>a</b>	SPECIMEN ADEQUACY	ADEQUATE
<b>b</b>	<b>SPECIMEN TYPE</b>	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
<b>c</b>	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
<b>d</b>	COMMENTS	SATISFACTORY FOR EVALUATION
<b>II</b>	<b>MICROSCOPY</b>	Superficial and intermediate squamous epithelial cells with benign morphology.  Inflammatory cells, predominantly neutrophils.  Negative for intraepithelial lesion/malignancy.
<b>III</b>	<b>RESULT</b>	
<b>a</b>	<b>EPITHELIAL CELL</b>	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
<b>b</b>	<b>ORGANISM</b>	FUNGAL ORGANISMS MORPHOLOGICALLY CONSISTENT WITH CANDIDA SPP
<b>IV</b>	<b>INTERPRETATION</b>	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY WITH CANDIODIASIS

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

\*\*\* End Of Report \*\*\*

**Dr. Reshma Stanly**  
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Consultant Pathologist

SIN No:CS073455

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory,Hyderabad

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

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