

Name : Mr. SANKAR PATHAK (59 /M)

Date : 20/09/2024

Address :

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002188279

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH218887



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Stroke, Asthma
Dyslipidaemia Since - 2010; Medication -
regular
Hyperuricemia Since - 2005; Medication -
regular
Coronary artery disease - Treadmill test; Year -
2010; - Positive; -
Angioplasty; Year - 2010
PTCA and stenting done;
Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :20/09/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;
Bowel habits - constipation; Piles - no

Genitourinary system

- Nil Significant

Eyes

Vision - defective with glasses

ENT

Hearing loss both ears - moderate

Musculoskeletal system

Spine and joints
Neck - pain

Skin

- Spontaneous bruising



Present medications

- T Atorva 20
T Febuget 20



Past medical history

Do you have any allergies? - No
Do you have any drug allergies? - No
Covid 19 - Yes
Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - consumes alcohol
occasionally
Smoking - No
Chews tobacco - No
Physical activity - Moderate



Family history

Father - has expired
Mother - has expired
Brothers - 3
Sisters - 2
Diabetes - father, mother, sisters, brothers

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Hypertension - father
Coronary artery disease - none
Cancer - mother
Type - Stomach

Ophthalmology findings

- PGVA:RE:6/6P LE:6/6P
BCVA:RE:N6P LE:N6P
OCULAR MOVEMENT:
WNL ANT.SEG:WNL(BE)
ACCPT:SPECTACLE PWR
RE:+0.25X165*(6/6)
LE:+0.25X55*(6/6)
ADD(BE):+2.75DSPH (N6)
ADVICE:*Glass Rx.*Review
after 1yr/SOS

PHYSICAL EXAMINATION



General

Build - over weight
Height - 164
Weight - 73
BMI - 27.14
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 66
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 125
Diastolic(mm of Hg) - 94
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.2	g/dl	●	13.0-17.0
RBC COUNT	4.95	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.9	%	●	41-53
MCV	90.7	fl	●	83-101
MCH	30.7	pg	●	27-32
MCHC	33.8	%	●	31.5-34.5
RDW	14.1 *	%	●	11.8-14.0
WBC Count	8700	/cu mm	●	4000-10000
Platelet Count	1.61	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	34	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	+			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
 Crystals: Not Found
 NOTE : - Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	70 *	U/L	●	0-50
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	96	U/L	●	43-115
AST (SGOT) - SERUM	52 *	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.4 *	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	141	mg/dL	●	0-200
Non-HDL Cholesterol	98			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

Albumin/Globulin Ratio 1.3 ● 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	37	U/L	●	0-55

GLOBULIN: (CALCULATED) - SERUM 3.5 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.71	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.93	µg/dL	●	5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	119 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	157 *	mg/dL	●	70-140

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	98	mg/dL	●	0-150

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.3 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.78	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.0	mg/dL	●	2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	43	mg/dL	●	30-70
TC/HDL-C ratio serum	3		●	Optimal<3.5
LDL CHOLESTEROL -SERUM	86	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	12	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.17	ng/mL	●	0.00-6.50

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.9	mg/dL	●	7.0-18.0

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BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	7.9			
BUN (BLOOD UREA NITROGEN)	7.9	mg/dL	●	7.0-18.0

ECG

SINUS BRADYCARDIA.
POOR "R" WAVE PROGRESSION.
EARLY REPOLARIZATION LIKE ST CHANGES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Simple cyst in left kidney.
- * Prostatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

- * Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO

ADDITIONAL INVESTIGATIONS (RADIOLOGY & CARDIOLOGY)

2D ECHOCARDIOGRAPHY

Good left ventricular systolic function with reduced diastolic compliance.



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

Dr.SUCHISMITA BHAUMIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.