


DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001113118  
 MS. ARCHITA SHARMA  
 Age: 37 Year(s) Year(s)/Female  
 26 Nov 2022 9:18:48 AM

Name: \_\_\_\_\_  
 Age: \_\_\_\_\_



Age: \_\_\_\_\_ Sex: M/F  
 UHID: \_\_\_\_\_

Physical Examination

General : Build \_\_\_\_\_ Height *157cm* Weight *76.5 kg* BMI : \_\_\_\_\_  
 Icterus \_\_\_\_\_ Cyanosis \_\_\_\_\_ Clubbing \_\_\_\_\_  
 Annemia \_\_\_\_\_  
 Oedema \_\_\_\_\_ Glands \_\_\_\_\_

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

*87 bpm*

B.P. : Supine

*121/89*

Sitting

Standing

*SpO2 100%*

Chest shape

Heart Sounds

Murmurs

Thrills

RS :

Pate & Type

Breath Sounds

*Screening Echo*  
*Normal LV function*  
*EF - 60%*  
*No RWMA*

*abd exam*

**Dr. Shalini Shetty**  
 MBBS, MS (Oph), FRCS (UK)  
 Sr. Consultant - Ophthalmology

Place Label Here

Mrs. Archita Sharma  
 87/F 1113116

If label not available, write Pt. Name, UHID No.,  
 Age, Sex, Date, Name of Treating Physician



Allergies :	<b>Fall Risk Assessment</b>		Wt: _____ Ht: _____ T: _____ P: _____ BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10 <input type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes No		
Gait	Dep. Indep		

Routine Eye Test

R L  
 6/6 6/6

Repairing Eye

with glass

Prescribed New glass

NG NG

**Medicine Reconciliation Dose & Frequency  
 Advice & Plan**

Colom vision  
 $\frac{17}{17}$   $\frac{17}{17}$

*Clinically Normal*

Kindly get this document scanned at the counter for the record purpose


For Dr. Shalini  
 Signature and Date

**Dr. Jyoti Jain**  
 MBBS, DNB (Family Medicine), PGDGM  
 (Dip in Geriatric Medicine)  
 Senior Consultant - Dept. of Apollo Health Check

Place Ticket Here

AHB.0001113118  
 MS ARCHITA SHARMA  
 Age: 37 Year(s) Year(s)/Female  
 28 Nov 2022 9:16:50 AM

No.,




Allergies :  NKDA.	<b>Fall Risk Assessment</b>		Wt: 76.5	Ht: 157	Temp: (N)	P: 91	BP: 121/89
	H/o fall (within 1 year)	Yes No	kg		/10		
	Mobility Aid	Yes No	Pain				
	Gait	Dep. Indep.	<input type="checkbox"/> Psychological & Social Assessment done				

M/O - GDM.

C/O - Acid Reflux.

Prediabetes      FBS - 100; HbA1c - 7.5%  
                          PPBS - 86.

Fatty liver - grade I

LDL-99  
 HDL-48

**Medicine Reconciliation Dose & Frequency  
 Advice & Plan**

Advise - Regular Exercise

• WT Reduction

• low fat, & less spicy diet; More fibres.

• Good Hydration.

Tab. Sompag-Damp 1-00 (BF) x 2 wks.

After 3 mths - FBS, PPBS, HbA1c.

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain  
 28/11/22  
**Signature and Date**



Find...

1 of 1

100%

Main Report



MC-2847

DEPARTMENT OF BIOCHEMISTRY

Name : Ms. ARCHITA SHARMA Age : 37Yr 6Mth 22Days Gender : Female  
 UHID : AHB.0001113116 /AHBHC112602 W/BN/RefNo: AHC  
 SIN \ LRN : 8239708 \ 3607256  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC



**\*AHB 0001113116\***

Collected on : 26-NOV-2022 01:04:51 PM Received on : 26-NOV-2022 02:09:38 PM Reported on : 26-NOV-2022 02:50:21 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	86	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Provisional  
 \* - Abnormal Value

\* END OF REPORT \*

DRAFT

CHECKED BY 138762



Printed On : 26-NOV-2022 02:57:11 PM

## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 26 Nov 2022

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	12.6	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.64	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	39	%	●	34 - 46
MCV (Derived from RBC histogram)	83	fl	●	83 - 101
MCH (Calculated)	27	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	15.3 *	%	●	11.60-14.00
Platelet Count (Impedance)	200	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	5.93	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	63	%	●	40 - 80
Lymphocytes	30	%	●	8.6 -23.8
Monocytes	5	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	41 *	mm/1st hr	●	Adult Female- 0 - 20

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow		●	Yellow

Within Normal Range
  Boderline High/Low
  Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 25/11/2022

Volume :	30	ml	
Appearance	Clear		Clear
pH	7.5		
Specific Gravity	<=1.005		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL	0.2 - 1.0
Blood :	NEGATIVE		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	Nil	Cells/hpf	0 - 2
Pus Cells	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 25/11/2022

Method: COLUMN AGGLUTINATION

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	31	U/L	●	<= 35

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	3.2	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.4		●	0.8 - 2.0
ALBUMIN - SERUM	4.4	g/dL	●	Adult- 3.5-5.2

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	91	U/L	●	Adult: 30 - 120

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	31	U/L	●	<= 35

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.36	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 26/11/2022

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	106	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	151	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.99	mg/dL	●	Female: 0.6 -1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	33	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	100	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126"

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range



## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 26/11/2022

Glycosylated Hemoglobin (HbA1c)	7.5 *	%	●	"NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5"
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### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	48	mg/dL	●	"Low : <40High: >59"

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	99	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.5	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	139	mmol/L	●	135 - 145

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 26/11/2022

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	122.36	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	12.3	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	100	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.1		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.28	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	22	mg/dL	●	15 - 45

● Within Normal Range      ○ Boderline High/Low      ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 26/11/2022

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.5	mg/dL	●	Adult Female: 2.5 - 6.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	20	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.05	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.31	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	29		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. ARCHITA SHARMA**

FEMALE / 37 Yrs / AHB.0001113116 / AHBHC112602

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 25/11/2022

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR (CONVENTIONAL METHOD)

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA

● Within Normal Range    ● Boderline High/Low    ● Outside Range

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Ms. ARCHITA SHARMA	F   037Y
<b>UHID</b> :	AHB.0001113116	<b>Ward/Bed No.</b> : AHC /
<b>I.P.No./Bill No.</b> :	AHBHC112602	<b>Scanned on</b> : 26-Nov-2022 12:56
<b>Accession Number</b> :	10601.222104008	<b>Reported On</b> :
<b>Referring Doctor</b> :	Dr. MHC	

**ULTRASOUND WHOLE ABDOMEN**

**Clinical Information:** - General health checkup.

Liver appears normal in size, shows diffuse increase in parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.  
Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening.

Uterus anteverted and appears normal in size. Myometrial echoes appear normal with no focal lesions identified. Endometrial thickness measures ~ 5.5 mm.

Right ovary appears normal in size. Left ovary measures ~ 12 cc, appears bulky in size. Both ovaries shows central echogenic stroma with multiple peripherally arranged follicles

No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

Grade I fatty liver

Bilateral polycystic ovarian morphology.

-Suggested clinical correlation.

(Enclosed report) Mn

  
**Dr. SAKSHAM SHARMA**  
RESIDENT

**Dr. SHRIVALLI N**  
MBBS, DMRD, DNB  
CONSULTANT RADIOLOGIST

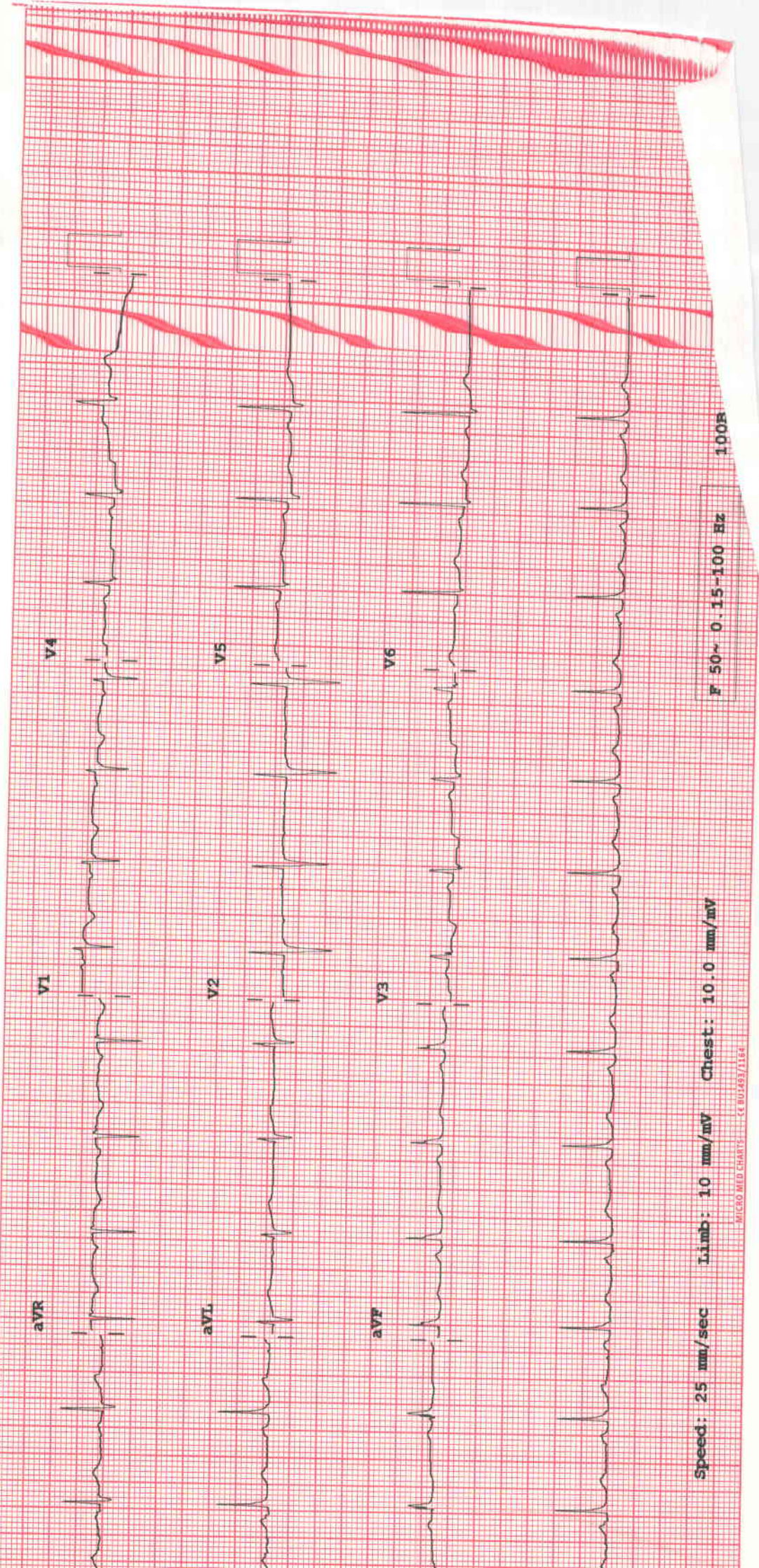
N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

91  
49  
81  
28  
04  
66  
57  
26

AHB000113118  
MS ARCHITA SHARMA  
Age: 37Year(s) Year(s)/Female  
28 Nov 2022 8:18:48 AM



Standard Placement



APOLLO HOSPITALS  
BANNERGHATTA ROAD  
BANGALORE-560076

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: ARCHITA SHARMA,  
Patient ID: AHB/1113116  
Height: 157 cm  
Weight: 76 kg

DOB: 04.05.1985  
Age: 37yrs  
Gender: Female  
Race: Indian

Study Date: 26.11.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: JAGADEESHA A B

Medications:

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Medical History:

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Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:06	0.00	0.00	107	120/90	
	STANDING	00:03	0.00	0.00	107	120/90	
	HYPERV.	00:03	0.00	0.00	106	120/90	
EXERCISE	STAGE 1	03:00	1.70	10.00	141	130/90	
	STAGE 2	03:00	2.50	12.00	144	140/90	
	STAGE 3	01:01	3.40	14.00	162	150/90	
RECOVERY		04:13	0.00	0.00	125	140/90	

The patient exercised according to the BRUCE for 7:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 108 bpm rose to a maximal heart rate of 164 bpm. This value represents 89 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/90 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

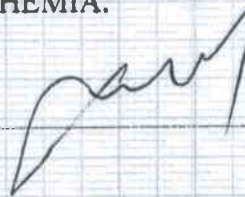
### Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician



Technician




Senior Consultant-Non Invasive Cardiologist  
Apollo Hospitals, Bangalore  
154/11, Opp. IIM,

Bannerghatta Road, Bangalore - 560076.

KMC - 20148 Ph: 9632121999