

NAME	Bhawna KARN	STUDY DATE	25-03-2023 10:03:07
AGE / SEX	042Yrs / F	HOSPITAL NO.	MH010871469
REFERRING DEPT	OPD	MODALITY/Procedure Description	CR /Mammogram Both Breasts
REPORTED ON	26-03-2023 11:57:55	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Impression:

No significant abnormality seen.

Kindly correlate clinically



Dr. Roly Srivastava MBBS ,DNB
DMC No. 45626
Consultant Radiologist

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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010871469

mrs bhawna karn

3/25/2023 10:50:25 AM

42 Years

Female

Rate 90 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Low voltage, precordial leads.....precordial leads <1.0mV
 PR 155 . Baseline wander in lead(s) II
 QRSD 77
 QT 373
 QTc 457

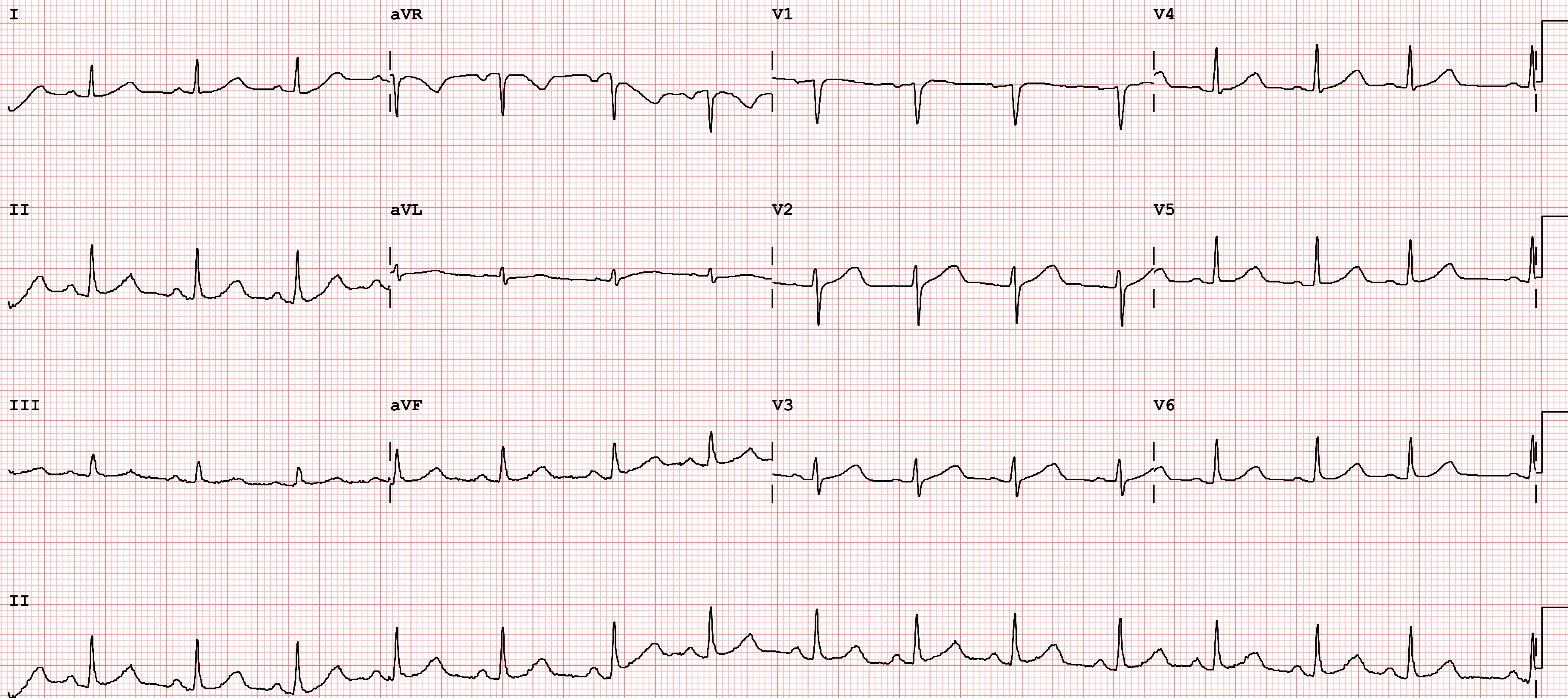
--AXIS--

P 62
 QRS 56
 T 47

- OTHERWISE NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis





Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
Registration No : MH010871469 **Lab No** : 31230301233
Patient Episode : H03000053347 **Collection Date** : 25 Mar 2023 09:22
Referred By : HEALTH CHECK MHD **Reporting Date** : 25 Mar 2023 13:27
Receiving Date : 25 Mar 2023 11:19

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN)
Specimen-Blood

Blood Group & Rh Typing (Agglutination by gel/tube technique)

Blood Group & Rh typing B Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Cell Panel I NEGATIVE
Cell Panel II POSITIVE
Cell Panel III NEGATIVE
Autocontrol NEGATIVE

Final Antibody Screen Result Positive

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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-----END OF REPORT-----

Dr Himanshu Lamba



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Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
Registration No : MH010871469 **Lab No** : 32230309682
Patient Episode : H03000053347 **Collection Date** : 25 Mar 2023 09:23
Referred By : HEALTH CHECK MHD **Reporting Date** : 25 Mar 2023 13:21
Receiving Date : 25 Mar 2023 10:39

BIOCHEMISTRY

Glycosylated Hemoglobin Specimen: EDTA Whole blood
HbA1c (Glycosylated Hemoglobin) 5.4 As per American Diabetes Association(ADA)
% [4.0-6.5]HbA1c in %
Non diabetic adults >= 18years <5.7
Prediabetes (At Risk)5.7-6.4
Diagnosing Diabetes >= 6.5

Methodology (HPLC)

Estimated Average Glucose (eAG) 108 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.34	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.13	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.410	µIU/mL	[0.340-4.250]

1st Trimester:0.6 - 3.4 micIU/mL
2nd Trimester:0.37 - 3.6 micIU/mL
3rd Trimester:0.38 - 4.04 micIU/mL

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness



Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
Registration No : MH010871469 **Lab No** : 32230309682
Patient Episode : H03000053347 **Collection Date** : 25 Mar 2023 09:23
Referred By : HEALTH CHECK MHD **Reporting Date** : 25 Mar 2023 14:15
Receiving Date : 25 Mar 2023 10:17

BIOCHEMISTRY

affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum)			
TOTAL CHOLESTEROL (CHOD/POD)	231 #	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	113	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct)	43	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	23	mg/dl	[10-40]
LDL- CHOLESTEROL	165 #	mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	5.4		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	3.8		<3 Optimal 3-4 Borderline >6 High Risk

Note:
 Reference ranges based on ATP III Classifications.
 Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.



Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
Registration No : MH010871469 **Lab No** : 32230309682
Patient Episode : H03000053347 **Collection Date** : 25 Mar 2023 09:23
Referred By : HEALTH CHECK MHD **Reporting Date** : 25 Mar 2023 12:07
Receiving Date : 25 Mar 2023 10:17

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	0.33	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.13	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.20	mg/dl	[0.20-1.00]
SGOT/ AST (P5P,IFCC)	15.90	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	18.60	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic)*	90	IU/L	[37-98]
TOTAL PROTEIN (mod.Biuret)	7.5	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.6	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.9	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.59		[1.10-1.80]

Note:

**NEW BORN:Vary according to age (days), body wt & gestation of baby

*New born: 4 times the adult value





Name : MRS BHAWNA KARN Age : 42 Yr(s) Sex :Female
Registration No : MH010871469 Lab No : 32230309682
Patient Episode : H03000053347 Collection Date : 25 Mar 2023 09:23
Referred By : HEALTH CHECK MHD Reporting Date : 25 Mar 2023 12:07
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BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	7.00 #	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.76	mg/dl	[0.60-1.40]
SERUM URIC ACID (mod.Uricase)	5.3	mg/dl	[2.6-6.0]
SERUM CALCIUM (NM-BAPTA)	9.8	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	3.2	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	138.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.38	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	103.1	mmol/l	[95.0-105.0]
eGFR	97.1	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



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Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
Registration No : MH010871469 **Lab No** : 32230309683
Patient Episode : H03000053347 **Collection Date** : 25 Mar 2023 11:51
Referred By : HEALTH CHECK MHD **Reporting Date** : 25 Mar 2023 14:15
Receiving Date : 25 Mar 2023 12:11

BIOCHEMISTRY

Specimen Type : Plasma

PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase) 116 mg/dl [70-140]

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 100 mg/dl [70-100]

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Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
Registration No : MH010871469 **Lab No** : 33230305760
Patient Episode : H03000053347 **Collection Date** : 25 Mar 2023 09:22
Referred By : HEALTH CHECK MHD **Reporting Date** : 25 Mar 2023 13:12
Receiving Date : 25 Mar 2023 10:36

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR **31.0 #** **/1sthour** **[0.0-20.0]**

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit	Biological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	8520	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.33	million/cu.mm	[3.80-4.80]
Haemoglobin (SLS Method)	12.5	g/dL	[12.0-15.0]
Haematocrit (PCV) (RBC Pulse Height Detector Method)	39.0	%	[36.0-46.0]
MCV (Calculated)	90.1	fL	[83.0-101.0]
MCH (Calculated)	28.9	pg	[25.0-32.0]
MCHC (Calculated)	32.1	g/dL	[31.5-34.5]
Platelet Count (Impedence)	250000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.7	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	67.6	%	[40.0-80.0]
Lymphocytes (Flowcytometry)	22.7	%	[20.0-40.0]

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Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
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HAEMATOLOGY

Monocytes (Flowcytometry)	7.3	%	[2.0-10.0]
Eosinophils (Flowcytometry)	2.0	%	[1.0-6.0]
Basophils (Flowcytometry)	0.4 #	%	[1.0-2.0]
IG	0.60	%	
Neutrophil Absolute(Flourescence flow cytometry)	5.8	/cu mm	[2.0-7.0]x10 ³
Lymphocyte Absolute(Flourescence flow cytometry)	1.9	/cu mm	[1.0-3.0]x10 ³
Monocyte Absolute(Flourescence flow cytometry)	0.6	/cu mm	[0.2-1.2]x10 ³
Eosinophil Absolute(Flourescence flow cytometry)	0.2	/cu mm	[0.0-0.5]x10 ³
Basophil Absolute(Flourescence flow cytometry)	0.0	/cu mm	[0.0-0.1]x10 ³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

-----END OF REPORT-----

Soma Pradhan

Dr. Soma Pradhan



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Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
Registration No : MH010871469 **Lab No** : 38230301958
Patient Episode : H03000053347 **Collection Date** : 25 Mar 2023 09:23
Referred By : HEALTH CHECK MHD **Reporting Date** : 25 Mar 2023 13:00
Receiving Date : 25 Mar 2023 09:54

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	TURBID	
CHEMICAL EXAMINATION		
Reaction[pH] (Reflectancephotometry(Indicator Method))	6.0	(5.0-9.0)
Specific Gravity (Reflectancephotometry(Indicator Method))	1.010	(1.003-1.035)
Bilirubin	Negative	NEGATIVE
Protein/Albumin (Reflectance photometry(Indicator Method)/Manual SSA)	Negative	(NEGATIVE-TRACE)
Glucose (Reflectance photometry (GOD-POD/Benedict Method))	NOT DETECTED	(NEGATIVE)
Ketone Bodies (Reflectance photometry(Legal's Test)/Manual Rotheras)	NOT DETECTED	(NEGATIVE)
Urobilinogen Reflectance photometry/Diazonium salt reaction	NORMAL	(NORMAL)
Nitrite Reflectance photometry/Griess test	NEGATIVE	NEGATIVE
Leukocytes Reflectance photometry/Action of Esterase	NIL	NEGATIVE
BLOOD (Reflectance photometry(peroxidase))	NIL	NEGATIVE
MICROSCOPIC EXAMINATION (Manual) Method: Light microscopy on centrifuged urine		
WBC/Pus Cells	2-4 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	20-30 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

Interpretation:



Name : MRS BHAWNA KARN **Age** : 42 Yr(s) Sex :Female
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CLINICAL PATHOLOGY

URINALYSIS--Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

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Soma Pradhan

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Name: **BHAWNA KARN**

Hospital No: MH010871469

Age: 42 Sex: F

Episode No: H03000053347

Doctor: Health Check MHD

Result Date: 25 Mar 2023 17:07

Order: Tread Mill Test

EXERCISE STRESS TEST REPORT (TMT)

Findings:

Baseline ECG	NSR		
Premedications	Nil		
Protocol	Bruce	MPHR	178
Duration of exercise	7 Minutes 16 sec	85% OF MPHR	151
Reason for termination	THR achieved	METS	10.10
Peak achieved	179	%of MPHR achieved	90 %

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia)	Symptoms
Control	0.00	106	120/80	No ST-T changes seen	Nil
Stage 1	3.00	136	140/80	No ST-T changes seen	Nil
Stage II	3.00	157	140/80	No ST-T changes seen	Nil
Stage III	1.16	179	140/80	No ST-T changes seen	Nil
Recovery	3.00	106	130/80	No ST-T changes seen	Nil

Result:

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Good effort tolerance.



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Hospital No: MH010871469

Age: 42 Sex: F

Episode No: H03000053347

Doctor: Health Check MHD

Result Date: 25 Mar 2023 17:07

Order: Tread Mill Test

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