

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS NIDHI VAISHNAVA
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 31 Years
Collected At : GOREGAON EAST MAIN BRANCH

Lab No. : LBA6171 *LBA6171*
Reg. Date : 24-Feb-2024 9:18 am
Report Date : 24-Feb-2024 9:31 pm
Print Date : 02-Mar-2024 8:16 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.00		5 - 20 mg/dl
CREATININE	0.92	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	4.40	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	31		
eGFR	75.68	ml/min	

eGFR calculation based on MDRD guideline 2012
 More than 90 ml / min / 1.73 Sqm - Normal eGFR
 60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .
 Suggest reapt testing in 6 to 12 months.
 Exclude kidney disease in those at high risk (Diabetes & Hypertension
 30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over
 three month .
 Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.
 15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology
 referral

----- End of Report -----

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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BLOOD GROUP

TEST	RESULT
Blood Group	'A'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	99	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	88.1	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Fasting)	Absent		
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	11.9	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	4.04	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	37.7	%	Female : 32 - 47 %
MCV	93.50	fl	80- 96 fl
MCH	29.60	pg	27 - 32 pg
MCHC	31.60	gm%	32 - 37 gm%
RDW	14.4	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	3470	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	150000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Leucopenia present		
Platelets Morphology	Adequate		
ESR (westergren's method)	23	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	176	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	73.2	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	66	mg / dl	35.3 - 79.5 mg / dl
VLDL	14.64	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	95.36	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	2.67		< 5
LDL / HDL	1.44		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report. Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.67	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.2	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.47	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	11.20	U / L	Up to 45 U / L
S.G.O.T.	14.00	U / L	Up to 46 U / L
Alkaline Phosphatase	49.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.56	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.46	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.10	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.44		1.0- 2.3
GGT	17.6	IU/L	55 IU/L

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T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	130.502	ng/dl	91.14 - 237.61 ng/dl
T4 [Thyroxine]	5.900	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	3.506	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

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Sex : FEMALE **Age :** 31 Years
Collected At : GOREGAON EAST MAIN BRANCH

Lab No. : LBA6171 *LBA6171*
Reg. Date : 24-Feb-2024 9:18 am
Report Date : 24-Feb-2024 6:21 pm
Print Date : 02-Mar-2024 8:16 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

Page 9 of 10

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP: SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 82565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS NIDHI VAISHNAVA
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 31 Years
Collected At : GOREGAON EAST MAIN BRANCH

Lab No. : LBA6171 *LBA6171*
Reg. Date : 24-Feb-2024 9:18 am
Report Date : 24-Feb-2024 6:21 pm
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----- End of Report -----

Checked By
JAY

DR. BHAVINI KAMDAR
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Health Check up Booking Confirmed Request(bobS10846),Package Code-PKG10000475, Beneficiary Code-290488

Messages

Mediwheel <wellness@mediwheel.in>
healthcare.medicals@gmail.com
Customer Care: care@mediwheel.in

Thu, Feb 22, 2024 at 2:04



Mediwheel
...Your wellness partner

011-41195959

Hi **Healthcare Medical Centre And Diagnostic,**

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

Hospital Package Name : Mediwheel Full Body Health Checkup Female Below 40

Patient Package Name : Mediwheel Full Body Health Checkup Female Below 40

Package Code : PKG10000475

Contact Details : 8375994242

Email : atul.purohit@bankofbaroda.com

Booking Date : 21-02-2024

Appointment Date : 24-02-2024

Confirmation Status : Booking Confirmed

Preferred Time : 9:00am

Member Information

Booked Member Name	Age	Gender
Nidhi Vaishnava	31 year	Female

We request you to facilitate the employee on priority.

Thanks,
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**, please don't reply to this message.

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HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS <healthcare.medicals@gmail.com>
mediwheel <wellness@mediwheel.in>
Customer Care: care@mediwheel.in

Thu, Feb 22, 2024 at 2:26

HEALTHCARE TEAM,
YOUR REQUEST WILL BE DONE AS PER THE SCHEDULED. BUT GYNAE CONSULTATION & PAP SMEAR IS NOT THERE IN OUR PACKAGE
THANKS & REGARDS,
HEALTHCARE TEAM

[Send text to mobile]

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS
ISO 9001:2008 Certified
Locations: // Kandivali // Dahisar // Gorai // Goregaon // Mira Rd // Vasai, Mumbai.
Phone: 022-32128 // 9022239301 // 28996565 // 28991376
Email: healthcare.medicals@gmail.com ;
Website: www.healthcarediag.com

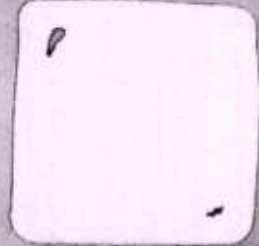
Quality is never an accident, it is always the result of high intention, sincere effort, intelligent direction and skillful execution. It represents the wise choice of many alternatives."

आयकर विभाग
INCOME TAX DEPARTMENT



भारत सरकार
GOVT. OF INDIA

NIDHI VAISHNAVA
DINESH CHANDRA VAISHNAVA
30/08/1992



Permanent Account Number
AXBPV4641A



Nidhi
Signature

Nidhi
(Self-Attested)

Nidhi
Dr. NUPUR RAI
MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)
Reg. No.: 2018115643

HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS
Satellite Gardens, Film City Road,
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- CORPORATE HEALTH CHECKUPS



NAME	NIDHI VAISHNAV	DATE	24/2/2024
HEIGHT: 159CM	WEIGHT : 45KG	AGE	31YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE
PRESENT COMPLAINT:SCIATICA TAKING PHYSIOTHERAPY			
CURRENT MEDICATION: NONE			
PAST HISTORY :NONE			
GYNAECOLOGY HISTORY :MENSES REGULAR			
ALLERGY: NIL	APPETITE: NORMAL	HABITS: NONE	
SLEEP: NORMAL	BLADDER: NORMAL	BOWEL: NORMAL	
FAMILY HISTORY=NONE			
GENERAL EXAMINATION:		ADVICE-	
BP:111/81 MMHG P: 67/MIN		fit for employment	
PALLOR: NIL		Tab. Nemp od 1-0-0	
OEDEMA: NIL		x 2 months	
ICTERUS: NIL			
OTHERS: NIL			
RS: AEBE CLEAR			
CVS: S1S2N			
PA: NAD			
CNS: NAD			
INVESTIGATION:		DR. Y. DI. MURAR RAI	
		MBBS, DIPLOMA CARDIOLOGY (PGDCC)	
		Reg. No.. 2018115643	

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OPHTHALMIC REPORT

NAME Nidhi Vaishnava	DATE 24/2/24
R- NO	AGE 31yr
REF. BY DR.	SEX F.

RIGHT EYE **LEFT EYE**

V.A. WITHOUT GLASSES: 6/60 NG 6/36p .NG

V.A. WITH GLASSES: 6/6 NG 6/6 NG

SLIT LAMP EXAMINATION:

IOP – SCHIOTZ TONOMETER:

FUNDUS:

COLOUR VISION:
(ISHIHARA CHART)

OCULAR MOVEMENTS: WNH BU

RETINOSCOPY:

Prescription:

	SPH	CYL	AXIS
DISTANCE			
NEAR			

CLINICAL IMPRESSION:
ADVICE:

Nidhi Vaishnava
HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS
Satellite Gardens, Film City Road,
Near Satellite Tower, Goregaon (E), Mumbai - 400063.
Ph.- 40126565 / 7977374838 / 7977362922
DR. STAMP & SIGN

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DATE: 24/02/24

TO,

medicureel

This is regarding your client Miss/Mrs./Mr. *Nidhi*

Vaishnava

Proposal number

Visited to our centre on *24/02/24* for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests:

blood examination

Reason:

not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS
Sachin Gardens, Film City Road,
Near Satellite Tower, Goregaon (E), Mumbai - 400063.
Ph. - 40126565 / 7919374838 / 7977362922

Client's sign

[Signature]
Dr. NIPUR RAI
MBBS, DIPLOMA IN CARDIOLOGY (FGDCC)
Reg. No.: 2018115643
Medical Examiner

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS NIDHI VAISHNAVA	DATE	24.02.2024
INVESTIGATION	X-RAY CHEST PA	AGE	31 YRS
REF. BY DR.	MEDIWHEEL	SEX	FEMALE

X-RAY CHEST (PA VIEW)

Both the lungs are equally translucent

The cardiac & aortic silhouettes are normal.

The pleural spaces are clear.

No hilar or mediastinal mass is seen.

Domes of diaphragm are normal in position and contour.

No skeletal abnormality is seen.

CONCLUSION : NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.

Report with compliments to **MEDIWHEEL**

Thank you for the opportunity to participate in the care of your patient.
Please bring this report next time for comparison.

DR. DHANANJAY RASTOGI
{CONSULTING RADIOLOGIST}
(MBBS , DMRD.)

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS NIDHI VAISHNAVA	DATE	24/02/2024
INVESTIGATION	USG ABDOMEN + PELVIS	AGE	31YRS
REF. BY DR.	APOLLO	SEX	FEMALE

REAL TIME ABDOMINAL ULTRASOUND REPORT

- LIVER** : Normal liver parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appears normal. No evidence of any dilated intra or extra hepatic biliary radicals noted.
- GALL-BLADDER** : The physiologically dilated gall-bladder is visualized and appears normal. No evidence of any gall-stones noted.
- PANCREAS** : It is normal in size and reflectivity. No evidence of peripancreatic collection is seen.
- SPLEEN** : The spleen shows normal parenchymal echo pattern.
- KIDNEYS** : Both the kidneys are anatomically normal.
The right kidney measures 9.0 x 3.1 cms.
The left kidney measures 9.1 x 3.2 cms.
No evidence of any renal mass, hydronephrosis or renal calculi noted.

REAL TIME PELVIS ULTRASOUND REPORT

- Anatomically normal urinary bladder.
Anteverted uterus measuring 5.8 cms along its long axis.
The endometrial thickness is 6-7 mm.
Both the ovaries are well visualized and appear normal.
The right ovary measures 2.7 x 1.5 cms.
The left ovary measures 2.9 x 1.8 cms.
No evidence of any ovarian or adnexal mass seen.

- CONCLUSION** : Normal liver and spleen size.
Normal GB and Kidneys with no evidence of stone.
Normal anteverted uterus.
6-7 mm thick endometrium.
Normal ovaries and adnexa.
No ascites or adenopathy seen.

DR. DHANANJAY RASTOGI
{CONSULTING RADIOLOGIST}
(MBBS , DMRD. DNB)

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- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

ELECTROCARDIOGRAM (ECG)

MRS NIDHI VAISHNAVA
ELBA6171
24-Feb-2024
ECG

PATIENT MRS Nidhi Vaishnava

AGE 31 SEX Female

REF. BY DR. Mediwheel DATE 24/2/24

INTERPRETATION : low

HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS
Satellite Centre
Satellite Tower, Corporation Road, Sector-13,
Gurgaon, Haryana, India. 401263651
Ph. - 401263651 / 7977314000 / 797731502322

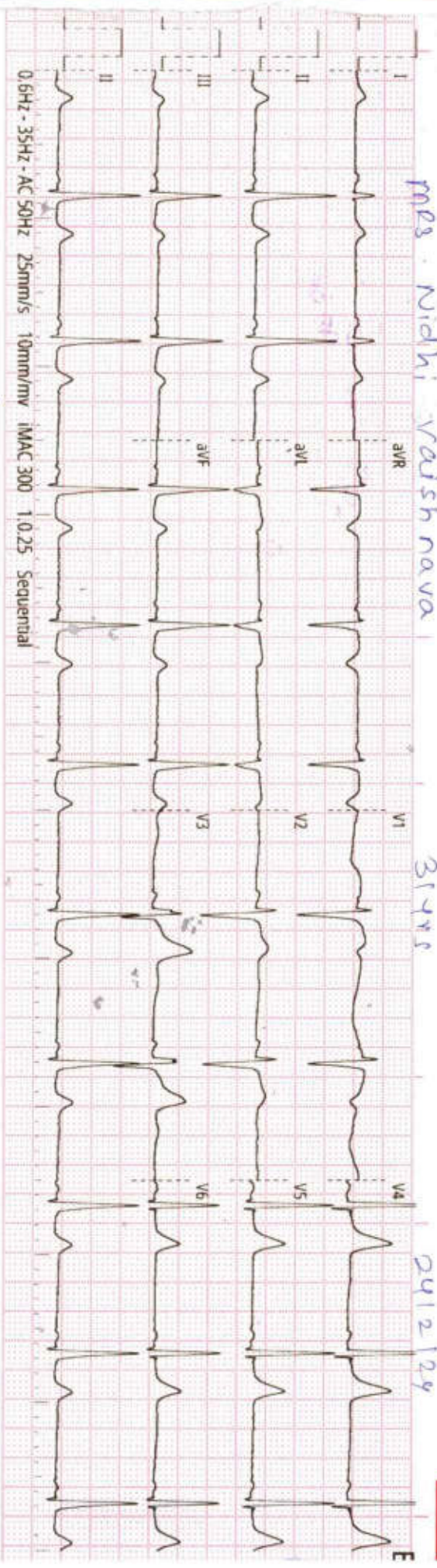


Dr. [Signature]
DR NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (DCC)
Reg. No.: 20181150413

Mrs. Nidhi Varshana

31 yrs

24/2/24



Nidhi
T



History :

B.P. :

Drugs :

Standard :

Auricular Rate :

Ventricular Rate :

Rhythm :

Mechanism :

Voltage :

Axis :

P. Waves :

PR Interval :

Q. Waves :

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS :

Normal