

Ms. REKHA MRUGESHKUMAR RATHOD (38

UHID : AHIL.0000843516

AHC No : AHILAH193630

Date : 17/02/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Namaste Ms. REKHA MRUGESHKUMAR RATHOD,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- · Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! © Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880





: Ms. REKHA MRUGESHKUMAR RATHOD (38 /F)

Date

Examined by : Dr. SHASHIKANT NIGAM

UHID : AHIL.0000843516

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH193630



Chief Complaints

For Annual health checkup No specific complaints



Past medical history

Do you have any

- No

allergies?

Do you have any drug - No

allergies? Covid 19

Yes

Hospitalization for

No

Covid 19



Surgical history

Surgical history

Nil



Personal history

Ethnicity

Indian Asian

Marital status

Married

No. of children

2

Female

2

Profession

corporate employed

Diet

Vegetarian

Alcohol

does not consume alcohol

Smoking

No

Chews tobacco

No

Physical activity

Moderate



Family history

Father

- has expired

Aged

70

Mother

alive

Aged

65

Brothers

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Organization Acceptited by Joint Commississississis

1

Coronary artery

none

disease

Cancer None

Physical Examination



General

General appearance - normal Build - normal - 151 Height Weight - 56.9 BMI - 24.96 Pallor - No

Oedema

Cardiovascular system

Heart rate (Per minut) - 82

Rhythm - Regular

- B.P. Supine

Systolic(mm of Hg)

- 114

- no

Diastolic(mm of Hg)

- 74

Heart sounds

- S1S2+

Respiratory system

Breath sounds

- Normal vesicular breath sounds



Abdomen (

Organomegaly

- No

Tenderness

- No

Printed By:

MUKTA S ADALTI

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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



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URINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
рН	5			
Protein:	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	11.1 *	gm%		12-16
Packed cell volume(Calculated)	35.2 *	%		36-46
RBC COUNT (Impedance)	4.41	Million/ul		3.8-5.2
MCV (From RBC Histogram)	79.8 *	fl		80-100
MCH(Calculated)	25.1 *	pg		27-32
MCHC(Calculated)	31.4	%		31-36
RDW(Calculated)	18.3 *	%		11.5-14.5
WBC Count (Impedance)	5271	/cu mm		4000-11000



Within Normal Range



Borderline High/Low



Out of Range

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Name: Ms. REKHA MRUGESHKUMAR RATHC UHID : AHIL.0000843516

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

	1000	5
Date	: 17	/02/2023
AHC No	: A	IDAH193630
		HOSPITALS

_				Name and Address of the Owner, when the Parket of the Owner, when the Parket of the Owner, when the Owner, which the Owner, which the Owner, when the Owner, which the Ow	
	Reutrophils	54	%	•	40-75
	Lymphocytes	36	%		20-40
	Monocytes	07	%		2-10
	Eosinophils	03	%		01-06
	Basophils	00	%		0-1
	Platelet Count (Impedance)	265100	/cu mm		150000-450000
	MPV (Calculated)	8.6	fl		7-11
	ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic— electronic)	58 *	mm/1st hr		0-20

URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range

Urine Glucose (Post Prandial) Nil

URINE GLUCOSE(POST PRANDIAL)

Result	Unit	Level	Range
	Result	Result Unit	Result Unit Level

Urine Glucose (Post Prandial) Nil

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range

BLOOD GROUP: A Positive

LFT (LIVER FUNCTION TEST)

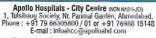
Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range		
ALT(SGPT) - SERUM / PLASMA	19	U/L		0-35		
ALKALINE PHOSPHATASE - SERUM/PLASMA	59	U/L		Adult(Female): 35 - 104		
AST (SGOT) - SERUM	20	U/L		>1 year Female : <32		
Total Bilirubin	0.327	mg/dL		0.300-1.200		
Direct Bilirubin	0.16	mg/dL		Upto 0.3 mg/dl		
Within Normal Range	Within Normal Range Borderline High/Low Out of Range					

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Regd. Office

19, Bishop Gardens, R.A. Puran, Chennal - 600 028

CIN No.: U85110TN1997PL0039016 | GSTin: 24AABCA4150H2Z5

For online appointment: www.askapollo.com



MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Date AHC No

Organization is Accredited by Joint Commission Indurect Bilirubin

0.167

mg/dL

1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL

> 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.59	mg/dL		Adult Female: 0.5 - 1.2

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L		Male : 10 - 71 Female : 6 - 42

GLUCOSE - SERUM / PLASMA (FASTING)

Glucose - Plasma (Fasting)	102 *	mg/dL	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance

Unit

Level

Range

>= 126 : Diabetes Mellitus

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range		
Glucose - Plasma (Poșt Prandial)	124	mg/dL		70-140		
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD						

Result

Test Name Result Unit Level Range

Within Normal Range

Borderline High/Low

Out of Range



Test Name

Organization is Calvicosylated Hemoglobin (HbA1c)

%

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus < 7.0 : Well Controlled Diabetes 7.1 - 8.0: Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Estimated Average Glucose.

108.28

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.12	g/dL		6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.12	g/dL		6.00-8.00
ALBUMIN - SERUM	4.49	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.49	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.63			2.20-4.20
Globulin-Serum/Plasma	2.63			2.20-4.20
A/G ratio	1.71			1.00-2.00
A/G ratio	1.71	#C		1.00-2.00

THYROID PROFILE (T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.2	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	125	nmol/L		Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	1.74	μIU/mL		14-120 years : 0.27 - 4.20

Within Normal Range



Borderline High/Low



Out of Range

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URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.6	mg/dL		Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7	mg/dL		6-20
UREA - SERUM / PLASMA	15	mg/dL		15 - 50
LIPID PROFILE - SERUM				
Test Name	Result	Unit	Level	Range
Total Cholesterol	153	mg/dl	•	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	56	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	62	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	87	mg/dL	•	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	11			< 40 mg/dl
C/H RATIO	2			0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.



Within Normal Range



Borderline High/Low



Out of Range







MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



Organization is tuning fields are clear.

Cardio thoracic ratio is 0.52.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

ECHO/TMT

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

Histopathology

CONVENTIONAL PAP SMEAR /CERVICAL SMEAR

CARDIOLOGY

ECG

Within Normal Range



Borderline High/Low



Out of Range





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Executive Summary



.BODY WEIGHT 56.9 KG,DEAL BODY WEIGHT 43-52 KG .ECG - NORMAL SINUS RHYTHM

.ECHO - NORMAL LV SYSTOLIC FUNCTION , LVEF 60 %

- MILTRAL VALVE PROLAPSE
- MILD MR, MILD TR

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

NO PAH, RVSP:27 MM HG

.USG ABDOMEN - GRADE I FATTY LIVER
.CHEST X-RAY - CARDIO THORACIC RATIO IS 0.52
.EYE - NORMAL
.DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



BALANCED DIET---LOW FAT DIET LOW CARBOHYDRATE DIET

Advice On Physical Activity :-



REGULAR WALK FOR 30 MINS FOR HEALTH, 60 MINS WALK FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 43-52 KG

Printed By: MUKTA S ADALTI

Dr.SHASHIKANT NIGAM

AHÇ Physician / Consultant Internal Medicine

Dr. Shashikant Nigam
Consultant Internat Medicine
Gujarat-352428, INDIA. Regd, No.: G-21951

Note: The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details: N

Ms. REKHA MRUGESHKUMAR RATHOD | Female | 38Yr 2Mth 27Days

UHID

AHIL.0000843516

Patient Location: AHC

Patient Identifier:

AHILAH193630

DRN

223008863

Completed on:

17-FEB-2023 12:32

Ref Doctor

DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified Pancreatic duct appears normal in caliber.

Spleen measures 7.8 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 17 mm.

Both ovaries are normal in size and echopattern.

Mild free fluid is seen in Pouch Of Douglas.

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20-Feb-2023 9:18

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Page 1 of 2









AHILAH193630

APOIC
E HOOT HAL

USG WHOLE ABDOMEN

AHIL.0000843516

No definite evidence of adnexal/pelvic mass is seen.

Ms. REKHA MRUGESHKUMAR RATHOI

IMPRESSION:

NO ABNORMALITY DETECTED.

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

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Page 2 of 2









Radiology

Patient Details: Ms. REKHA MRUGESHKUMAR RATHOD | Female | 38Yr 2Mth 27Days

Patient Identifier:

AHIL.0000843516

Patient Location: AHC

AHILAH193630

DRN

UHID

123021834

Completed on:

17-FEB-2023 09:54

Ref Doctor

DR. SHASHIKANT NIGAM

X-RAY CHEST PA

IMPRESSION

Lung fields are clear.

Cardio thoracic ratio is 0.52.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

-- END OF THE REPORT ----

Colores Colores

Dr. HARSH S VYAS

DNB Resident

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Page 1 of 1









CARDIOLOGY

Patient Details: Ms. REKHA MRUGESHKUMAR RATHOD | Female | 38Yr 2Mth 27Days

UHID

AHIL.0000843516

Patient Location:

Patient Identifier:

AHILAH193630

DRN

5623016039

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Ref Doctor

DR. SHASHIKANT NIGAM

ECHO/TMT

FINDINGS:

Normal cardiac chamber dimensions.

Normal LV systolic function, LVEF: 60%.

No Regional wall motion abnormalities at rest.

Normal LV compliance.

Mild Mitral valve prolapse.

Other cardiac valves are structurally normal.+

Mild MR, Trivial AR, Mild TR.

No PAH, RVSP: 27 mm Hg.

No Clot / Vegetation / effusion.

MEASUREMENTS (mm) ::

	LVID diastole	LVID systole	IVSd/LVPW	LA Size	AO (Ruot)	Box size
Measurements (mm)	37	26	9/9	29	22	17

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Page 1 of 2









Ms. REKHA MRUGESHKUMAR RATHOI

AHIL.0000843516

AHILAH193630

ECHO/TMT

PULSED, HPRF, CW AND COLOUR DOPPLER PARAMETERS

- SF	MITRAL	AORTIC	PULMONAR Y
Peak Velocity m/sc.	E:1.05/A: 0.73	1.18	0.97
Peak PR. Gradient mm.Hg.		5.57	3.80

IMPRESSION

--- END OF THE REPORT ----

DR SAMEER DANI MD.DM

Interventional Cardiologist

Dr. Vinitkumar Rajnikant Shah

MBBS., PGDCE, PGDGM

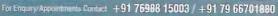
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If label not available, write Pt, Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

OBSTETRICS & GYNAECOLOGY - AHC

Name : _R	AHIL.0000843516 RMS. REKHA MRUGESHKU RATHOD		Date :	3 Unit No.:
Age :	38 Year(s) / Female	nale	Copies to :	
•			ALLEON LIB	
/5		GYNAEC	CHECK UP	
Chief Co	omplaint:	1 0	P2+1	×
Childre	n: 2 9	2	Weight:	
Deliveri	ies: 2 FTND	ũ	BP:	
Last Ch	nild: For / 6 yea	m/FIND		
Abortio	ns: 1 D86	9-4	Breasts:	Normal r: Talun
Periods	: Regular	28-30	PAP Smea	r: Value
LMP:	22/1/23			Medical H/O:
Menop	ause: —		Ma	Moi None.
G. Con	dition: C: >		Fli	410:
P/A:	Soft	*		Surgical H/O:
S/E:	- A	everte		one.
P/V:	Verus: A	D Sire	50 E	, * * *
P/R:	Convix:	realthy !	looking	
Impres	sion:	*		e ,

Doctor Signature
Date & Time

17/2/23

Ms Rekha, Rathod ID: 843516 Female	7.7 Apo Bha Bha	17 02 20 3 10:04 38 Apollo Hos 🌣 / Bhat Gandinagar	Order N. er Indication Medication 1	Julian Communication Communica		/ mmHg
38 Years ORS OIT/OIGBAZ PR PR PP RR/PP PY/ORS/T	350 + 393 m 128 m 128 m 94 m 788 + 789 m 57 / 67 / 29 d	Normal sinus rhytim with sinus arrhythmia Normal ECG:			Technician. Ordering Ph. Attending Ph.	
	avr.			*		3
	₩ ()		V2:	9 %		<u> </u>
			\$	% <u>}</u>		
						<u> </u>
AF WAC2000 1.1	00 4.1 4.2SETM V241	41 25 mm/s	10 mm/mW ADS	0.56-20 Hz 50 Hz	Unconfirmed 4x2.5x3_25_R1	ned 11/1



AHMROP007V1

AHIL.0000843516 ₹ Ms. REKHA MRUGESHKU RATHOD

If 38 Year(s) / Female

DENTISTRY Date: 17/02/23 Occupation: Ref. Physician: Age:..... Sex: Male Female Copies to: DENTAL RECORD **ALLERGIES:** PAIN : Score (0-10) Location: Character: Occasionally Once Twice **DENTAL CLEANING HABIT** Brush Finger Stick Any other Powder Any other Tooth Paste DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? ARE YOUR TEETH SENSITIVE TO HEAT / COLD? **ORAL HYGIENE** Poor Fair **OCCLUSION** PERIODONTAL EXAMINATION **ORAL TISSUE EXAMINATION** III 11 CLASS NORMAL FINDINGS **CROSSBITE** IN DISEASE MILD MOD SEV Lips Hypoplasia **Gingivitis** Impaction Cheeks Calculus Non-vital Tongue Recession Fracture Floor of the mouth: Abcess Periodontal Pockets Palate **Ulcers** Attrition Tonsilar Area Caries VA Erosion Any other Missing Teeth Mobility Supernumerary Others PRESENT COMPLAINT: Roy the Clyrys-☐ DM ☐ HTN ☐ Thyroid ☐ Acidity ☐ Pregnancy PRE-MEDICAL HISTORY: ☐ Anticoagulant ☐ Under Drug Therapy

-NAD-



AHIL.0000843516

Ms. REKHA MRUGESHKU

RATHOD

Name:

38 Year(s) / Female

UHID:

N RECORDS

Distance Vision:

Right Eye - 6

Left Eye -

Near Vision:

Right Eye: N 6

Left Eye: N6

APLN.TN - Right Eye

Both Eye - Colour Vision

Both Eye - Anterior Segment Examinations -

Both Eye Posterior Segment Examinations -

Doctor's Signature

AHMROP028V1

Ophthalmologist Name